

NESTAC



New | Step for African Community

## ANNUAL REPORT 2018



Reg. Charity Number: [1110686]

Website: [[www.nestac.org.uk](http://www.nestac.org.uk)]

Tel: [ 0(1706) 868993]

237 Newstead. Rochdale. OL12 6RQ



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## FROM THE CHAIR OF THE BOARD

When NESTAC started in 2003, African community living in the borough of Rochdale, especially refugees and asylum seekers, was living with a little knowledge of available services in the borough and was feeling neglected and isolated, demanding for a better system of integration. It is unlikely that 15 years later our work would be as relevant today as it was then. Today, NESTAC promotes one of the best models of BME community cultural integration into the wider society in the region. We have developed a truly cross cultural therapeutic service for our clients, which is delivered across Greater Manchester by experienced bilingual staff and peer mentors counsellors. NESTAC provide a voluntary service in which the community can benefit from, socially and mentally.

We believe that by means of such programmes, we are able to:

- Invest in young people to become role models for their peers, and to become youth leaders in their communities.
- Create platforms for youths, for women and for men to be able to speak up and learn about the importance of living in a cohesive society, where their rights as human beings are respected.
- Empower disadvantaged population within the BME community to develop skills and talents in the varying fields in which they aspire to thrive.

The last five years have presented many complex challenges in the charity sector, including greater regulatory control over fundraising, and budget reductions in local government commissioned services to address people's critical needs. The consequences of Brexit will bring yet more uncertainty, which may result in further reductions in voluntary giving and Government spend. As the recession gripped the UK economy it is little surprise that we had several anxious moments over our financial position in 2017. However, we have come through that, and indeed we have managed to secure new funding streams for this financial year, while the challenge still continues for the upcoming years to sustain further funding in view of continuing to deliver our activities.

At NESTAC, we are proud to have developed and sustained our key projects known as Support Our Sisters (SOS) and the Guardian Project, which provide safe spaces to support families (children and young people; women; men) affected by Female Genital Mutilation (FGM), prioritising the safeguard of children and young people within those communities.

NESTAC's trustees, management and staff have further forged a brave and ambitious new strategy focused on making the biggest difference to young people's lives, through all our projects involving

children and youths, such as the NESTAC Supplementary School (NSS) and the Guardian Project. The professionalism and love with which NESTAC staff and volunteers work with to care for the children and young people is remarkable. It was such a privilege for me to immerse in staff work this year, having volunteered with them for four weeks, to understand challenges they encounter when supporting children and young people. This experience was needed to add to the board's perspective when working on strengthening our safeguarding policies and strategies. It was a fantastic experience in different ways, and I can only congratulate our team for their devoted work and for their commitment to their project. The whole experience increased both my passion to help and safeguard these children and my admiration for the staff. It is so fortunate that most of our staff and volunteers are local from the Greater Manchester region, with a real understanding of the issues and difficulties experienced by BME families, particularly from African descent.

Finally, I would like to thank the staff and volunteers for their commitment, care and sense of responsibility in what they do. I would like to thank my fellow board members for helping me to lead and govern this great organisation. I would also like to thank families with whom and for whom it is our privilege to work. Their resilience and courage continue to inspire us. They keep us true to our core purpose in supporting them to flourish and thrive, and to overcome the challenges they face. Lastly, I would also like to thank all our funders, institutions, and individuals who have supported us throughout our hard but rewarding journey in this financial year.

**Gael Owono Essono**

**Chair, 2018**

### **Strategic Highlights**

- To focus our work on supporting children and young (CYP) people experiencing multiple disadvantage in their lives.
- To transform our ability to innovate and to disrupt the conditions that perpetuate multiple disadvantage by leading academic researches and publications.
- To achieve greater reach and impact for BME families facing multiple challenges.
- To maximize our impact on women and CYP through a fully supportive and high performing service.

#### **Our approach in responding to these challenges included:**

- Implementation of culturally adapted risk assessment tools that are being used with all families during initial assessments, to identify various level of risks.

- Provision of specialist advice in identifying and assessing risks of FGM to professionals, mainly within the health and social care, education, children services, and other relevant agencies, including attendance to strategy meetings.
- Such advice and guidance service extended to supporting professionals via the telephone and emails, especially to educational institutions and to the Police, with an increase observed prior to Summer holiday, considered as a high-risk period for FGM.
- Provision of FGM training and awareness sessions to professionals across the region, our trainings being adapted to the needs of the professionals' fields. Courses are One CPD registered with the University of Salford.

*NESTAC has also invested in engaging with FGM practicing communities.*

*Tailored trainings for community members have been developed: Peer Mentoring and Health Advocacy trainings. Community Health Advocates and Peer Mentors are messengers in their communities, supporting and educating their peers, including male champions.*

*Our new Fundraising strategy intends to maintain NESTAC's sustainability by developing further our paid services. We are building on our strengths and re-affirming our commitment to ensuring vulnerable people's voices are heard to make the most difference to their lives.*

## Our vision

Vulnerable people realise their potential and discover their worth.

## Our mission

We fight for change, supporting people to have better lives.

## Our values

Safe family is the better environment for the child to grow and develop.

## Strategic Report

This year has been particularly intensive in supporting FGM work and the work of the NESTAC Supplementary School (NSS).

This report describes our work in the past twelve months, and together with our partners, we have achieved some vital breakthroughs: from campaigning to helping people getting a better life; delivering new services around mental health; or supporting families who have experienced FGM and other forms of multiple disadvantages, with a focus on children and young people.

## Achievements and performance

### The Guardian Project

- This is a development of FGM services dedicated only to children and young people (under 18)'
- The Guardian Project has been established across Greater Manchester and work closely with multiple agencies in view of safeguarding children against FGM.
- The Guardian Project provides emotional support and coordinating the care for girls and young women.
- This is a free service covering Greater Manchester and working directly with families and professionals involved in their cases.
- Assessment tools that are youth friendly and accessible, as well as other relevant resources have been developed to inform on how to emotionally work and support girls and young women who have been through FGM.
- Due to the dearth of information on how to support young people affected or at risk of FGM, there was a need to develop such valuable tools.
- ***Therefore, we believe that our work is unique and pioneering in the UK.***

### NESTAC Supplementary School (NSS)

- Through this year, **1440** children received FGM trainings within schools across Greater Manchester, delivered by our dedicated staff through the **DFE National Schools Programme**, part of a consortium with our long-term national partner FORWARD.
- **110** children and young people were supported throughout this year via our supplementary school, with services such as emotional support, homework support and educational activities.
- NESTAC has worked closely with local schools under this programme to help enhance refugee and asylum seeker children's educational capacity.
- Young people have produced a film documentary to campaign against FGM and other forms of discrimination.

### NESTAC Drop in and Work Coaching Club

- **2080** people received ongoing support in family and community setting to help them successfully reintegrate in the community through our **drop-in session** and our **work coaching club sessions** these last twelve months.

## Financial Highlights

The Executive Committee of The New Step for African Community (NESTAC) presented their annual report and unaudited accounts for the year ended 31<sup>st</sup> March 2018, and confirmed they complied with the requirements of the Charities Act 1993, as amended by the Charities Act 2006, the trust deed and the Charities SORP 2005.

### Reference and administrative details:

Information related to reference and all administrative details are shown in the schedule of members of the board and professional advisers on page 2 of these accounts.

### Board members:

During the year covering this period, five trustees were part of the board , respectively:

M.P.Massamba

Mr G.Owono

Mr M. Boulal

Ms M. Giblin

Ms H. Sharif

### NESTAC Status

New Step for African Community is a registered charity since 2005. Its governing documents are its Memorandum and Articles and it has a Management Committee currently comprising 5 members. Members are selected as part of proceedings at the Annual General Meeting. In order to meet the aims of the organisation, the Management Committee has the power to employ staff, rent or buy premises, raise funds, enter into partnerships and work with other organisations.

NESTAC went through another challenging financial year; however, we still managed to pursue our vision and values, delivering all our services with very little. As a voluntary-led organisation, our volunteers have once again created the difference by hitting our set targets through the provision of all services needed by our clients. Our volunteering scheme is still demonstrating its importance through the excellent and helpful services provided by a dedicated team. This gave the time to our part-time paid staffs to work with the management committee and look for extra funding. NESTAC recognises that without their support, its aims and vision would have never been achieved.

NESTAC would like to thank these devoted members of the NESTAC family and we are also grateful to all who funded our work through the year 2017

### Independent examiner

**Francois Ngwewa** has been appointed as independent examiner for this financial year.

Signed by order of the Trustees

Gael Owono Essono

Chair

**ADMINISTRATIVE INFORMATION**  
**FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2018**

**Registered charity name:** New Step for African Community (NESTAC)

**Charity number:** 1110686

**Principal office:** 237 Newstead  
Rochdale  
Lancashire OL12  
6RQ

**Trustees:** Mr P. Massamba Mr.  
Gael Owono Mr M.  
Boulal  
Ms M Giblin Ms H.  
Sharif

**Key Staff:**

Chief Executive	Guy Bochar
General Manager	Marc L. Midy
Health & Wellbeing Manager	peggy Mulongo

**Bankers:** Natwest Bank  
The Rock,  
Bury BL9 0NU

**Accountants**

**and Independent examiner:** Finance Prof Limited  
4-6 St. Mary's Gate  
Rochdale, Lancashire.  
OL16 1DZ

Francois Ngwewa  
Accountant  
22 Myrtle Place, Salford  
M7 1NG



## Financial review

NESTAC's Trustees are responsible for preparing the Trustees Annual Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping and preparing proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with section 130 of the 2011 Charities Act and the Charity (Accounts and Reports) Regulations 2008.

The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

**NEW STEP FOR AFRICAN COMMUNITY (NESTAC)**  
**Independent Examiner's Report to the Trustees of NESTAC**  
**YEAR ended 31<sup>st</sup> March 2018**

**1. Accounting policies**

**Basis of accounting**

The financial statements have been prepared under the historical cost convention and in accordance with applicable United Kingdom accounting standards, the Statement of Recommended Practice "Accounting and Reporting by Charities" issued in March 2005 (SORP 2005) and the Charities Act 2011.

**Basis of independent examiner's statement**

I have reviewed the NESTAC Financial Statement for the year 2018. In regard to my review, no matter has come to my attention to suggest in any material respect the requirement:

- To keep accounting records in accordance with section 130 of the 2011 Act
- To prepare accounts which accord with the accounting records and comply with accounting requirement of the 2011 Act

I, therefore approved the accounts.

Francois Ngwewa

Accountant

22 Myrtle Place, Salford

**Statement of Financial activities**  
**For Period Ended 31st March 2018**  
**NESTAC 2017- 2018**

	notes	Unrestricted Funds( £)	Restricted Funds( £)	Total Funds 2018	Total funds 2017
<b>Incoming resources</b>					
Voluntary Income	2	£ 54,378.91	£ 142,009.67	£ 196,388.58	£ 140,297.95
Activities for generating funds	3	£ 6,783.20	£ -	£ 6,783.20	£ 7,600.94
Other	4	£ 440.19		£ 440.19	
				£ -	
<b>Total incoming resources</b>		<b>£ 61,602.30</b>	<b>£ 142,009.67</b>	<b>£ 203,611.97</b>	<b>£ 147,898.89</b>
<b>Resources expended</b>					
Costs of generating funds:					
Costs of generating voluntary activities	5	-£ 623.20	£ -	-£ 623.20	-£ 516.52
Charitable activities	6	-£ 36,591.39	-£ 21,130.00	-£ 57,721.39	-£ 36,844.00
Governance costs	7	-£ 20,099.24	-£ 96,210.94	-£ 116,310.18	-£ 109,183.93
Sundry expenses					
<b>Total resources expended</b>		<b>-£ 57,313.83</b>	<b>-£117,340.94</b>	<b>-£ 174,654.77</b>	<b>-£ 146,544.45</b>
<b>Net (outgoing)/incoming resources</b>					
		£ 4,288.47	£ 24,668.73	£ 28,957.20	£ 1,354.44
Transfer/Adjustment		-£ 3,631.53		-£ 3,631.53	
Total funds brought forward		£ 933.14	£ 7,493.36	£ 8,426.50	£ 7,072.06
<b>Total funds carried forward</b>		<b>£ 1,590.08</b>	<b>£ 32,162.09</b>	<b>£ 33,752.17</b>	<b>£ 8,426.50</b>

**Statement of Financial activities**

**For Year ended 31st March 2018**

<b>Balance Sheet 31 March 2018</b>		<b>2018</b>		<b>2017</b>	
	Notes	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	8		£ 2,443.82		£ 3,258.42
<b>Current assets</b>					
Debtors (Prepayment)	9	£ 2,420.08		£ 2,991.00	
Cash at bank		£ 29,786.86		£ 12,661.44	
		£ 32,206.95		£ 15,652.44	
<b>Creditors: Amounts falling due within one year/over one year</b>	10	-£ 15,208.34		-£ 10,484.36	
<b>Net current assets/liabilities</b>			£ 16,998.61		£ 5,168.08
<b>Total assets less current liabilities</b>			£ 19,442.42		£ 8,426.50
<b>net assets</b>			£ 19,442.42		£ 8,426.50
<b>Funds</b>					
Restricted income funds	11		£ 17,852.34		£ 7,493.36
Unrestricted income funds	12		£ 1,590.08		£ 933.14
<b>Total funds</b>	13		£ 19,442.42		£ 8,426.50

Signed on Behalf of the Charity:

..... Guy Bochar .....25<sup>th</sup> November 2018.....

## **NOTES TO FINANCIAL STATEMENTS**

**Nestac 2017-2018**

**Annual Account**

**Statement of Financial activities**

**Notes 2: Voluntary income**

	<b>Unrestricted Funds (£)</b>	<b>Restricted Funds (£)</b>	<b>Total Funds 2018</b>	<b>Total funds 2017</b>
<b>Grants receivable</b>				
Youth Music	/	£2,991.00	£2,991.00	£26,918.00
The Henri Smith Foundation	/	£26,000.00	£26,000.00	£24,800.00
BBC Children in needs	/	£27,780.00	£27,780.00	£27,380.00
Forward	£31,838.91		£31,838.91	£19,165.64
Saheli		£3,000.00	£3,000.00	£0.00
WEA	/		£0.00	£6,167.50
GMPCC/Guardian Project	/	£35,416.67	£35,416.67	£0.00
RMBC and Bury council	£4,540.00	/	£4,540.00	£705.00
Rosa		£750.00	£750.00	£5,079.50
Comic Relief		£46,072.00	£46,072.00	£0.00
Manchester City council	£18,000.00		£18,000.00	£9,700.00
Home Office			£0.00	£10,000.00
<b>Total</b>	<b>£54,378.91</b>	<b>£142,009.67</b>	<b>£196,388.58</b>	<b>£129,915.64</b>

### **Notes 3: other incoming**

	<b>Unrestricted Funds (£)</b>		<b>Total Funds 2018</b>	<b>Total funds 2017</b>
Fees for Services	£ 6,783.20		£ 6,783.20	£ 10,135.37

### **Notes 4: incoming from fundraising**

	<b>Unrestricted Funds (£)</b>		<b>Total Funds 2018</b>	<b>Total funds 2017</b>
Fundraising events	£ 440.19		£ 440.19	£ 1,648.00

**Notes 5: Costs of generating**

<b>voluntary income</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total Funds</b>	<b>Total funds</b>
	<b>Funds (£)</b>	<b>Funds (£)</b>	<b>2018</b>	<b>2017</b>
Publicity and Marketing	£ 623.20	£ -	623.2	2950
Fundraising				0
			<b>£ 623.20</b>	<b>£ 2950</b>

<b>Notes 6: Costs of charitable activities by fund type</b>				
	<b>Unrestricted Funds (£)</b>	<b>Restricted Funds (£)</b>	<b>Total Funds 2018</b>	<b>Total funds 2017</b>
Project management	£ 3,911.00	£ 3,680.00	£ 7,591.00	£ 6,120.00
Tutors fees	£ 24,651.00	£ -	£ 24,651.00	£ 13,165.00
primary purpose activities	£ -		£ -	£ 54.25
travel expenses	£ 3,169.39	£ 2,230.00	£ 5,399.39	£ 1,827.19
Venue Hire	£ 4,860.00	£ 12,720.00	£ 17,580.00	£ 1,590.00
Refreshment			£ -	£ 4,656.96
Monitoring & Evaluation		£2,500.00	£ 2,500.00	
Other			£ -	
			£ -	
			£ -	
			£ -	
	<b>£ 36,591.39</b>	<b>£ 21,130.00</b>	<b>£ 57,721.39</b>	<b>£ 27,413.40</b>

<b>Notes 7: Governance costs</b>				
	<b>Unrestricted Funds (£)</b>	<b>Restricted Funds (£)</b>	<b>Total Funds 2018</b>	<b>Total funds 2017</b>
Sundry expenses			£ -	
salaries and wages	£ -	£ 65,073.33	£ 65,073.33	£ 39,920.00
Premises costs	£ 6,142.86	£ 4,000.00	£ 10,142.86	£ 903.04
staff training	£ 6,430.00	£ 5,900.00	£ 12,330.00	£ 3,980.00
Professional fees	£ 450.00	£ 12,603.00	£ 13,053.00	
Volunteers & trustee costs	£ 1,440.00	£ 1,560.00	£ 3,000.00	£ 2,767.51
telephone and internet	£ 659.48		£ 659.48	£ 579.27
Depreciation		£ 814.61	£ 814.61	£ 1,646.25
Insurance	£ 416.90		£ 416.90	£ 132.00
Cleaning			£ -	
Stationary	£ -	£ 1,520.00	£ 1,520.00	£ 3,348.91
Consultancy	£ 3,900.00	£ 3,540.00	£ 7,440.00	£ 14,312.67
Learning Materials	£ 660.00	£ 1,200.00	£ 1,860.00	
<b>Total</b>	<b>£ 20,099.24</b>	<b>£ 96,210.94</b>	<b>£ 116,310.18</b>	<b>£ 67,589.65</b>

Notes 8: Tangible fixed assets		
		<b>Equipment £</b>
<b>Cost</b>		
At 1st April 2017		£ 3,258.42
Addition		£ -
<b>At 31st March 2018</b>		<b>£ 3,258.42</b>
<b>Depreciation</b>		
At 1st April 2017		£ 5,209.44
Charge for the year		£ 814.61
<b>At 31st March 2018</b>		<b>£ 6,024.05</b>
<b>Net Book Value</b>		
<b>At 31st March 2018</b>		<b>£ 2,443.82</b>
At 31st March 2017		£ 3,258.42

	<b>2018 £</b>	<b>2017 £</b>
<b>Depreciation</b>	£ 6,024.05	£ 5,209.44

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Notes 9: Debtors		
	2018 £	2017 £
Prepayment/Debtors	£ 830.00	£2,991.00

Notes 10: Creditors		
	2018 £	2017 £
Other Creditors		£
Accruals	£15,208.34	10,484.36
	£15,208.34	£ 10,484.36

#### Notes 11: Restricted income Funds

	Balance at 01-Apr-17 £	Incoming Resources £	Outgoing Resources £	Transfers £	Balance at 31-Mar-18 £
GMPCC/Guardian Project		£ 35,416.67	£ 20,208.33		£ 15,208.34
Comic relief		£ 46,072.00	£ 42,497.00		£ 3,575.00
Saheli		£ 3,000.00	£ 3,830.00		-£ 830.00
The Henri Smith Foundation		£ 26,000.00	£ 26,041.00		-£ 41.00
BBC CIN	£ -	£ 27,780.00	£ 27,780.00		£ -
Rosa	£ -	£ 750.00	£ 750.00		£ -
Home Office	-£ 60.00		£ -		-£ 60.00
Youth Music	-£ 2,991.00	£ 2,991.00			£ -
	-£ 3,051.00	£ 142,009.67	£ 121,106.33	£ -	£ 17,852.34

notes 12: Unrestricted income funds					
	Balance at 01-Apr-17	Incoming Resources	Outgoing Resources	Transfers	Balance at 31-Mar-18
	£	£	£	£	£
Forward		£ 31,838.91	-£ 31,838.91	£ -	£ -
RMBC and Bury council		£ 4,540.00	-£ 4,540.00		£ -
General Funds		£ 6,783.20	-£ 10,854.92	£ 3,631.53	-£ 440.19
Manchester council	£ -	£ 18,000.00	-£ 18,000.00	£ -	£ -
Donation		£ 440.19	£ -		£ 440.19
	£ -	£ 61,602.30	-£ 65,233.83	£ 3,631.53	£ 0.00

notes 13: Analysis of net assets between funds			
	Tangible Fixed assets £	Net current assets £	Total £
<b>Restricted Income Funds:</b>			
GMPCC/Guardian Project		£ 15,208.34	£ 15,208.34
Comic relief	£ 3,374.82	£ 200.18	£ 3,575.00
Saheli	-£ 830.00		-£ 830.00
The Henri Smith Foundation	-£ 41.00		-£ 41.00
Home Office	-£ 60.00		-£ 60.00
	£ 2,443.82	£ 15,408.52	£ 17,852.34
<b>Unrestricted Income Funds:</b>	£ -	£ 0.00	£ 0.00
<b>Total Funds</b>	£ 2,443.82	£ 15,408.52	£ 17,852.34



