

ENFIELD CARERS CENTRE

(A Company Limited by Guarantee)  
No: 7149774

REGISTERED CHARITY NUMBER 1140089

TRUSTEES REPORT AND FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2018

**ENFIELD CARERS CENTRE**  
**(A Company limited by guarantee)**

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**ENFIELD CARERS CENTRE**  
(A Company limited by guarantee)

Directors and Trustees :	-	T Hellings (Chairman) J Raines J Whyte C Bernard-Moxey C A Davies (To 3 April 2018) D Kanagasingam (Treasurer- To 24 Nov. 2017) K Bence (To 3 April 2018) N Yeomans (Treasurer - From 15 March 2018) P Oseyenum (From 15 March 2018)
Company Secretary:		J Raines
Chief Executive	-	P Burke
Company Registration Number	-	7149774
Charity Registration Number	-	1140089
Registered Office	-	Britannia House 137 - 143 Baker Street Enfield EN1 3JL
Independent Examiner	-	S. Francis-Joseph FCCA Anthony Joseph & Co. Limited Chartered Certified Accountants & Registered Auditors Business & Technology Centre Bessemer Drive Stevenage Herts. SG1 2DX
Bankers	-	CAF Bank 25 Kings Hill Avenue West Malling Kent ME19 4JQ

## TRUSTEES REPORT

Directors' and Trustees' Report for the year ended 31 March 2018

The Trustees present their report and financial statements for the year ended 31 March 2018. The Trustees, who are also directors for the purposes of company law and who served during the year and up to the date of this report are set out on page 1. Enfield Carers Centre operates as both a registered charity and a company limited by guarantee.

### Structure, Governance and Management

Enfield Carers Centre (ECC) is a charitable company limited by guarantee, incorporated on 8 February 2010 and registered as a charity on 27 January 2011. The charitable company is governed by its Memorandum and Articles of Association. The Trustees are appointed or reappointed annually at the Annual General Meeting. Appointment and retirement of Trustees is in accordance with the Articles of Association. All Trustees give their time voluntarily and receive no benefits from the charity.

The overall management of finance is the responsibility of all the Trustees, acting on the recommendation of the Chairman, Treasurer and the Chief Executive. The Trustees form the management committee and meet regularly to oversee the running of the organisation.

The organisation advertises for Trustees or appoints them on recommendation. Trustees with the appropriate skill sets are appointed and training is given to the incoming Trustees.

### Aims and Objectives

The charity's purpose as set out in the objects contained in the Articles of Association is as follows:

To provide benefits to persons suffering from disability arising from age or physical or mental disability by the provision of advice, support and information for those persons caring for persons with such disabilities in the London Borough of Enfield.

At the charity's Annual General Meeting in November 2016 a resolution was passed to amend Article 4 of the charity's Articles of Association by the insertion of a second object so that it reads:

"4. The Charity's objects ("Objects") are specifically restricted to the following:

4.1 The relief of persons suffering from disability arising from age or physical or mental disability by the provision of advice, support and information for those persons caring for persons with such disabilities in the London Borough of Enfield; and

4.2 The relief of sickness and the preservation of health and promotion of well-being among people residing permanently or temporarily in Enfield."

During the period April 2017-March 2018

### **Main Activities and Achievements**

#### Voluntary & Community Sector Re-commissioning

Following Enfield Council's issue of one Voluntary Sector Re-commissioning tender which contained 5 lots, ECC was successfully awarded the main contract to deliver Caring Services for the borough.

Following formal notice of the end ECC's previous council contracts, the new Contract began on 12<sup>th</sup> December 2017. The contract term is 3 years plus two possible 2-year extensions, subject to delivery and performance.

The new Caring Services contract includes counselling, support services, carers' breaks and a training and information programme. ECC has engaged two partners (Crossroads Lea Valley Carers Trust and Alpha Care Specialists (GSCCE) who will be delivering replacement care and emergency respite cover, subject to demand. There is also a commitment by ECC to engage other home care agencies to allow

for personal preference by carers.

#### Carers Benefits Advice Project

Financial Support spanning 3 years was awarded to ECC from City Bridge Trust's Older Londoners Fund in May 2017 for an Older Carers Benefits Advice Officer. The project aims to improve the financial position of carers over 65 by helping them maximise their income, reduce isolation and support them to access relevant information and services which aid their caring circumstance.

#### GP & Hospital Support Project

ECC was also successfully awarded 3-year funding from The Henry Smith Trust in September 2017 for a combined GP and Hospital Liaison Project. The fund supports one full-time project worker to liaise with GP Practices within Enfield and the three hospitals which support Enfield Residents: North Middlesex Hospital; Chase Farm Royal Free Hospital and Barnet Hospital.

#### Home From Hospital Project

In December 2017, ECC began working in partnership with Alpha Care Specialists (trading arm of Greek & Greek Cypriot Community of Enfield) to provide a Carers Hospital Discharge Support Officer, working 30 hours each week over each of the three hospitals mentioned above.

The Home From Hospital project is a newly contracted service which forms part of the Council's recommissioning of voluntary sector services. This project provides a home care service for patients, being discharged from hospital, who need assistance but whose needs do not require a full social services package of care. The Discharge Support Officer liaises with staff from the hospital discharge teams to promote the service and encourage referrals. The Officer also visits various hospital wards where they are able to speak directly to patients and carers about the project and the wider services on offer at the Carers Centre.

#### Carers Assessments

Enfield Carers Centre (ECC) was appointed Trusted Assessor for carers' assessments in January 2016. In recognition of its successful performance in this area, Enfield Council increased the Carers Centre Assessment staffing team from two to three Assessment Officers. This enhanced offer was made specifically to increase the number of reviews conducted on the council's behalf.

The new service level agreement targets of 480 carers assessments and 1000 reviews were exceeded by ECC Assessment Officers. ECC achieved a total of 492 Assessments and 1167 Reviews. Of the 492 Assessments, 478 were for adult carers and 14 for young carers at transition age (16yrs+).

During the year 62 new Direct Payments were issued to carers. At end March 2018, 118 carers were in receipt of Direct Payments and a further 229 carers' needs were met via universal services (accessing services already in existence in the voluntary, statutory or charitable sector).

#### Young Carers Project

Warburtons awarded one year's funding to ECC for young carers support. The funding provides one part-time Young Carers Worker and the overall project aims to identify and support Young Carers (YCs) aged 7 plus and Young Adult Carers (YACs) and their families by working closely with educationalists to: achieve better educational outcomes and their employability prospects; ensure young carers have earlier access to practical advice and support; improve families' financial stability.

Carers Trust funding for Young Carers support ended in this financial year.

In addition to the funding above, ECC were also successful in securing BBC Children In Need (CiN) Funding for a 3 year period. The funding provides the main source of income for the ECC's Young Carers Project which is called EyPIC (Enfield Young People In Caring). As a result of the funding, ECC

employs another part-time Young carers Worker and sessional staff for the fortnightly Young Carers Activity Hubs. The CiN funding also contributes to the cost of quarterly outings and newsletters and allows ECC to provide a dedicated young carers service, where children from 5 to 18 years can enjoy a break from caring, meet other children and young people in similar circumstances and receive support, training and information about services for their cared for persons.

ECC also provides a weekly homework club for young carers where they can receive assistance with and encouragement to complete homework assignments.

Local Business Metaswitch have taken a keen interest in supporting the future and career development prospects of Enfield's young carers. The Metaswitch Young Carers Fund provides financial support for disadvantaged young carers to assist them with educational or career related expenses such as: computers, interview clothes, travel costs, textbooks etc.

### **Future Plans**

ECC intends to continue raising the profile of the Centre and its services to all parts of the borough. A major demonstration of our commitment to bringing services closer to home for carers is an increasing use of satellite venues in Palmers Green, Enfield Highway, Edmonton and Winchmore Hill.

ECC plans to reshape its internal management structure slightly to ensure frontline staff are adequately supported and senior management have space and capacity to address strategic issues and focus on securing additional funding for Young Carers services.

The Board of Trustees continues to seek additional members, particularly those with personal experience of caring, to strengthen the infrastructure of the organisation, ensure service user input and continue to meet the challenges of the future.

### **How Activities Deliver Public Benefit**

Our main activities are described above. All our charitable activities focus on the provision of advice to the general public and are undertaken to further our charitable purpose for the public benefit.

### **Financial Review**

ECC's main funding income streams are the restricted and non-restricted grants from the London Borough of Enfield (LBE) and other funders. Details of these are in note 2 to the accounts. It must be noted that ECC receives excellent support from LBE.

The organisation also received donations in the year totalling £12,290. The donors included: Tesco, Marks & Spencer, Bush Hill Park Golf Club, Metaswitch Networks, Care UK Community Partnership, The Freemasons Grand Charity, donations in memory of the late Jessie Burley and a host of other donors including private donors.

The total Incoming Resources in the year amounted to £671,460 (2017: £523,176). Of this amount £654,622 (2017: £502,280) was from grants received in the year.

The total Resources Expended in the year was for Charitable Activities. This amounted to £569,734 (2017: £537,482). Included within this amount are Governance Costs totalling £8,714 (2017: £8,739) and Support Costs totalling £2,728 (2017: £5,257).

The net effect of the above amounts is a surplus for the year of £101,726 (2017: Deficit of £14,306) with the total reserves carried forward of £502,409.

### **Reserves**

The Board has assessed the Charity's requirements for reserves in the light of the main risks to the organisation. As a result, the Board has approved a policy whereby the unrestricted fund is not committed, should be held in reserve and maintained at a level which ensures that ECC's core activity could continue during a period of unforeseen difficulty. The target reserve is to be six months of expenditure and this is subject to annual review.

In the following financial year, Trustees have agreed use of unrestricted funds, in excess of the reserves policy amount, to strengthen the infrastructure of the Carers Centre. This will allow the charity to deliver additional services which contribute to its overall objectives.

In addition, the remaining reserves provide a safe guard against the probable cessation of two significant sources of funding which may end in March 2019.

### **Risk Management**

The Trustees have worked to identify the major risks which impact upon our work and have ranked these by likelihood and impact. The risks include matters relating to key management staff, ensuring that the board has the requisite number of Trustees with the appropriate skill sets and future sustainability of payments.

The Trustees are confident that adequate procedures are in place to mitigate this.

### **Statement of Trustees' Responsibilities**

The trustees (who are also the directors for the purpose of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees must prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and then apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue to operate.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees confirm that they have properly discharged their responsibilities in accordance with the above.

### Approval

The report was approved by the Board of Directors and Trustees on 17 September 2018 and signed on its behalf by:

  
T Hellings  
Chairman



# **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ENFIELD CARERS CENTRE**

(A company limited by guarantee)

I report to the trustees (who are also Directors for the purpose of company law) on my examination of the financial statements of Enfield Carers Centre ('the charitable company') for the year ended 31 March 2018, which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

## **Responsibilities and basis of report**

As trustees of the charitable company you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

## **Independent examiner's statement**

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
ENFIELD CARERS CENTRE

(A company limited by guarantee)  
(Continued)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



S. Francis-Joseph FCCA  
Anthony Joseph & Co. Limited  
Chartered Certified Accountants  
& Registered Auditors  
Business & Technology Centre  
Bessemer Drive  
Stevenage  
Herts. SG1 2 DX

Date: 17 September 2018

**ENFIELD CARERS CENTRE**  
(A company limited by guarantee)

**Statement of Financial Activities**  
For the year ended 31 March 2018

	Notes	Unrestricted Funds	Restricted Funds	Total Funds 2018	Total Funds 2017
		£	£	£	£
<b>Incoming Resources</b>					
Voluntary Income:					
Grants	2	324,736	329,886	654,622	502,280
Donations and Legacies	3	3,785	8,505	12,290	19,404
Investment income	4	423		423	152
Other Income:					
Letting income	5	275		275	1,340
Sundry Income		3,610	240	3,850	
<b>Total incoming resources</b>		<b>332,829</b>	<b>338,631</b>	<b>671,460</b>	<b>523,176</b>
<b>Resources Expended:</b>					
Charitable activities	6	270,005	299,729	569,734	537,482
<b>Total resources expended</b>		<b>270,005</b>	<b>299,729</b>	<b>569,734</b>	<b>537,482</b>
<b>Net Income/(Outgoing) Resources before transfers</b>		<b>62,824</b>	<b>38,902</b>	<b>101,726</b>	<b>(14,306)</b>
Transfers between funds	14	32,734	(32,734)	-	
<b>Net movement in funds/Net income/ (expenditure) for the year</b>					
Balance brought forward at 1 April 2017		313,379	87,304	400,683	414,989
<b>Balance Carried Forward</b>	<b>14</b>	<b>408,937</b>	<b>93,472</b>	<b>502,409</b>	<b>400,683</b>

The notes on pages 12 to 18 form part of these accounts

**ENFIELD CARERS CENTRE**  
(A company limited by guarantee)  
Balance Sheet at 31 March 2018

	Notes	2018	2017
		£	£
<b>Fixed Assets</b>			
Tangible assets	11	330	662
<b>Current Assets</b>			
Debtors	12	28,006	29,885
Cash at bank and in hand		<u>537,450</u>	<u>395,251</u>
		565,456	425,136
<b>Less Creditors: amounts falling due within one year</b>	13	<u>(63,377)</u>	<u>(25,115)</u>
<b>Net Assets</b>		<u>502,079</u>	<u>400,021</u>
		<u>502,409</u>	<u>400,683</u>
<b>Funds</b>			
Unrestricted funds		408,937	313,379
Restricted funds		93,472	87,304
<b>Total Funds</b>	14	<u>502,409</u>	<u>400,683</u>

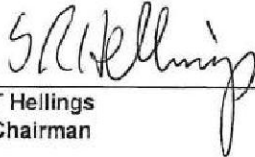
For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

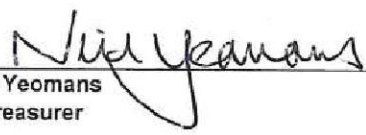
No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The accounts were approved by the board on 12 September 2018 and signed on its behalf by:

  
T Hellings  
Chairman

  
N Yeomans  
Treasurer

The notes on pages 12 to 18 form part of these accounts

# ENFIELD CARERS CENTRE

## CASHFLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2018

	Note	2018 £	2017 £
Net cash inflow/(outflow) from operating activities	17	141,776	133,128
Returns on investments and servicing of finance	18	423	152
<b>Increase/(decrease) in cash in the period</b>		<u>142,199</u>	<u>133,280</u>
<b>Reconciliation of net cash flow to movement in net debt</b>			
Increase/(decrease) in cash in the period	19	<u>142,199</u>	<u>133,280</u>
<b>Movement in net debt in the period</b>		142,199	133,280
<b>Cash and Cash Equivalents at the start of the Year</b>		<u>395,251</u>	<u>261,971</u>
<b>Cash and Cash Equivalents at the end of the Year</b>		<u>537,450</u>	<u>395,251</u>

The notes on pages 12 -18 form part of the accounts

**ENFIELD CARERS CENTRE**  
**(A company limited by guarantee)**  
**Notes to the accounts for the year ended 31 March 2018**

**1) Accounting Policies**

**(a) Basis of preparation**

These financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)-(Charities SORP (FRS102)), the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS102), and the Companies Act 2006.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transition value unless otherwise stated in the relevant accounting policy note(s)

In preparing the financial statements the trustees have considered whether in applying the accounting policies required by FRS102 and the Charities SORP FRS102, the restatement of comparative items was required. After due consideration, it was concluded that no restatement of the comparatives was required.

The financial statements have been prepared on a going concern basis. In arriving at this conclusion the trustees have taken into account any material uncertainties that may affect the charity's ability to continue as a going concern. The period covered by this assessment is at a minimum level of 12 months from the date of the approval of the accounts.

**(b) Incoming resources**

Voluntary income including donations, gifts and grants that provide core funding or are of a general nature are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income is recognised on a receivable basis.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions is recognised as earned (as the related goods or services are provided). Grant income included in this category provides funding to support performance activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

**(c) Resources expended**

Resources expended are included in the Statement of Financial Activities on the accruals basis inclusive of VAT which cannot be recovered. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

**(d) Tangible fixed assets and depreciation**

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life as follows:

Fixtures, fittings and equipment - 25% on cost

**(e) Funds structure**

The charity has a number of restricted income funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose.

All other funds are unrestricted funds.

**(f) Pensions**

The charity operates a defined contribution scheme. The pension charge recorded in the accounts is the amount of contributions payable in the accounting year.

**ENFIELD CARERS' CENTRE**  
**(A company limited by guarantee)**  
**Notes to the Accounts for the year ended 31 March 2018**

**(g) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**(h) Cash at bank and in hand**

Cash at bank and in hand includes cash and short term highly liquid investments in deposits or similar accounts.

**(i) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**2) Grants received**

	Unrestricted funds £	Restricted funds £	2018 Total £	2017 Total £
L.B. Enfield - Core Carers Grant	286,786		286,786	240,000
L.B. Enfield - CCG Section 75	35,000		35,000	35,000
L.B. Enfield - EMHC Project		68,607	68,607	110,304
Home from Hospital Project		8,333	8,333	-
L.B. Enfield - Counselling Project		6,885	6,885	10,000
L.B. Enfield - Carers Assessment Project		101,180	101,180	65,575
L.B. Enfield - Southern Enfield Carers Support		4,073	4,073	6,092
EyPIC - Young Carers:				
Warburtons Young Carers		3,607	3,607	
BBC Children In Need		12,865	12,865	
Metaswitch Networks		1,350	1,350	
Carers Trust		4,688	4,688	26,678
Warburtons Benefits Project		1,219	1,219	8,631
London Fire Brigade		9,420	9,420	
Awards For All		9,800	9,800	
CEPN NHS England		70,000	70,000	
The Henry Smith Charity		5,809	5,809	
City Bridge Trust		20,250	20,250	
NHS Enfield CCG		2,000	2,000	
Carers Trust - Transition Project	2,950		2,950	
	<b>324,736</b>	<b>329,866</b>	<b>654,622</b>	<b>502,280</b>

**3) Donations and Legacies**

	Unrestricted funds £	Restricted funds £	2018 Total £	2017 Total £
Legacy - The Late Gwen James Estate			-	10,000
Donations	3,785	8,505	12,290	9,404
	<b>3,785</b>	<b>8,505</b>	<b>12,290</b>	<b>19,404</b>

**4) Investment income**

	Unrestricted funds £	2018 Total £	2017 Total £
Bank interest receivable	423	423	152



**ENFIELD CARERS CENTRE**  
(A company limited by guarantee)  
Notes to the Accounts for the year ended 31 March 2018

5) Other incoming resources

	Unrestricted funds £	2018 Total £	2017 Total £
Letting income	275	275	1,340

6) Costs of charitable activities - by fund type

	Unrestricted funds £	Restricted funds £	2018 Total £	2017 Total £
L.B. Enfield-Core Carers Grant (Inc. Governance Cost)	267,055		267,055	247,308
L.B. Enfield - EMHC Project		81,610	81,610	108,943
Enfield CCG - GP Liaison Project		27,057	27,057	39,176
Alpha Care - Home from Hospital Project		8,333	8,333	
Big Lottery Fund - Hospital Liaison Project			-	14,771
L.B. Enfield - Counselling Project		7,377	7,377	16,013
L.B. Enfield Carers Assessment Project		92,403	92,403	65,575
EyPIC - Young Carers		29,171	29,171	27,056
L.B. Enfield - Southern Enfield Carers Support		4,889	4,889	10,009
Warburtons - Benefits Project		1,219	1,219	8,631
London Fire Brigade		553	553	
Awards For All		4,900	4,900	
CEPN NHS England		9,378	9,378	
The Henry Smith Charity		5,809	5,809	
City Bridge Trust		25,030	25,030	
NHS Enfield CCG		2,000	2,000	
Carers Trust - Transition Project	2,950		2,950	
	270,005	299,729	569,734	537,482

7) Costs of charitable activities - by activity

	Grant funding services £	Support costs £	2018 Total £	2017 Total £
L.B. Enfield-Core Carers Grant (Inc. Governance Cost)	267,055		267,055	247,308
L.B. Enfield - EMHC project	78,927	2,683	81,610	108,943
Enfield CCG - GP Liaison Project	27,057		27,057	39,176
Alpha Care - Home from Hospital Project	8,333		8,333	
Big Lottery Fund - Hospital Liaison Project			-	14,771
L.B. Enfield - Counselling Project	7,377	-	7,377	16,013
L.B. Enfield Carers Assessment Project	92,403		92,403	65,575
EyPIC- Young Carers	30,345	45	30,390	27,056
L.B. Enfield - Southern Enfield Carers Support	4,889		4,889	10,009
Warburtons - Benefits Project			-	8,631
London Fire Brigade	553		553	
Awards For All	4,900		4,900	
CEPN NHS England	9,378		9,378	
The Henry Smith Charity	5,809		5,809	
City Bridge Trust	25,030		25,030	
NHS Enfield CCG	2,000		2,000	
Carers Trust - Transition Project	2,950		2,950	
	567,006	2,728	569,734	537,482

8) Governance

	Unrestricted funds £	2018 Total £	2017 Total £
Independent examiners fee	2,280	2,280	1,920
Accountancy charges	5,810	5,810	5,280
Cost of Trustees meeting and AGM costs	624	624	1,539
	8,714	8,714	8,739



**ENFIELD CARERS CENTRE**  
(A company limited by guarantee)  
Notes to the Accounts for the year ended 31 March 2018

**9) Analysis of support costs**

	EMHC £	Carers Trust £	Total 2018 £
Premises			
Comm& IT	209	45	254
Office Exp.	2,474		2,474
	<u>2,683</u>	<u>45</u>	<u>2,728</u>

**10) Staff costs**

	2018 Total £	2017 Total £
Wages and salaries	331,136	302,443
Social security costs	26,972	23,400
Pension costs	2,879	202
	<u>360,987</u>	<u>326,045</u>

No employee received emoluments of more than £60,000 (2017: Nil). No trustee received any remuneration in respect of their role as trustee. The average monthly number of employees was 14 (2017: 13). This includes the CEO, two managers (2017: 2) and eleven Project & Support Staff (2017: 10). The key management personnel of the charity comprise the Trustees and the CEO. The total employee benefits of the key management personnel of the charity was £46,452 (2017: £45,000).

**11) Fixed Assets**

	Fixtures & Fittings £	Computer Equipment £	Total £
<b>Cost</b>			
At 1 April 2017	11,537	35,066	46,603
Additions in year	-	-	-
At 31 March 2018	<u>11,537</u>	<u>35,066</u>	<u>46,603</u>
<b>Depreciation</b>			
At 1 April 2017	11,537	34,404	45,941
Charge for the year	-	332	332
At 31 March 2018	<u>11,537</u>	<u>34,736</u>	<u>46,273</u>
Net book Value 31 March 2018	<u>-</u>	<u>330</u>	<u>330</u>
Net Book Value 31 March 2017	<u>-</u>	<u>662</u>	<u>662</u>

**12) Debtors**

	2018 £	2017 £
Trade Debtors	27,320	28,726
Other Debtors and Prepayments	686	1,159
	<u>28,006</u>	<u>29,885</u>

**13) Creditors: Amounts due within one year**

	£	£
Trade Creditors	3,737	5,056
Other Creditors	7,608	-
Accruals and Deferred Income	52,032	20,059
	<u>63,377</u>	<u>25,115</u>

**ENFIELD CARERS CENTRE**  
(A company limited by guarantee)  
Notes to the accounts for the year ended 31 March 2018

**14) Restricted Funds**

	Balance 01/04/2017	Movement of Resources		Transfers	Balance 31/03/2018
	£	Incoming £	Outgoing £	£	£
L.B. Enfield - EMHC project	36,236	68,607	81,610	(23,233)	-
Enfield CCG - GP Liaison Project	27,057		27,057		-
Home from Hospital Project	-	8,333	8,333		-
L.B. Enfield - Counselling Project	12,899	6,685	7,377	(12,207)	-
L.B. Enfield - Carers Assessment Project		101,180	92,403		8,777
L.B. Enfield - Southern Enfield Care	2,890	4,073	4,889	(2,074)	-
EyPIC - Young Carers (Note 16)	8,222	31,255	29,171		10,306
Warburtons - Benefits Projects		1,219	1219		-
London Fire Brigade		9,420	553		8,867
Awards For All		9,800	4,900		4,900
CEPN NHS England		70,000	9,378		60,622
The Henry Smith Charity		5,809	5,809		-
City Bridge Trust		20,250	25,030	4,780	-
NHS Enfield CCG		2,000	2,000		-
	87,304	338,631	299,729	(32,734)	93,472

**Unrestricted Funds**

	Balance 01/04/2017	Movement of Resources		Transfers	Balance 31/03/2018
	£	Incoming £	Outgoing £	£	£
	313,379	332,829	270,005	32,734	408,937

The transfers relate to project costs being funded/recouped by/from Unrestricted Funds.

**Analysis of Assets and Liabilities between Funds**

	Unrestricted Funds £	Designated Funds	Restricted Funds £	Total £
Tangible Fixed Assets	330			330
Net Current Assets	408,607		93,472	502,079
	408,937	-	93,472	502,409

**15) Details of funds**

Unrestricted Funds

The Unrestricted Funds of the charity are for the provision of advice and support services to carers in relation to their rights, responsibilities and services available to them.

Restricted Funds

**EMHC Project** - This covers: Carers Advocacy Service, Carers' Respite Programme, Emergency Respite Scheme, Carers Consortia Training Programme and Mental Health Carers Training Programme.

**Enfield CCG GP Liaison Project** -To identify and support carers at GP practices and establish improved Carers support at each practice.

**Home from Hospital Project** - Working with hospital discharge teams to identify and support carers in hospital setting. Assisting carers with the discharge planning process and referring suitable patients to Home From Hospital Services aimed at reducing readmissions to hospitals.

**Counselling Project** - Provision of psychotherapy service to support carers' health and wellbeing.

**L. B. Enfield Southern Enfield Carers Support** - Provision of monthly support group and complementary therapy services

**ENFIELD CARERS CENTRE**  
(A company limited by guarantee)  
Notes to the accounts for the year ended 31 March 2018

**15) Details of funds (Continued)**  
*Restricted Funds (Continued)*

**Carers Assessment Project** - Appointed Trusted Assessor for Enfield Council. Provision for stand-alone (carer only) assessment and processing of carers direct payments where appropriate.

**The Henry Smith Charity: Carers GP & Hospital Support Project** - To identify and support carers at GP practices and hospitals at an earlier stage and establish improved support for Carers. To support practice and hospital staff with carer awareness training and increase signposting to Enfield Carers Centre.

**City Bridge Trust: Older Carers Benefits & Advice Project** - Supporting carers aged 65+ to maximise their income by ensuring they receive full financial and welfare benefit entitlements and do not experience financial hardships.

**London Fire Brigade: Carers Fire Prevention Project** - Identifying carers and cared for persons with mobility or sensory impairment in need of fire prevention equipment or services e.g. smoke alarms, flame retardant bedding etc.

**CEPN NHS England: CEPN Safer Discharge Project** - Aimed at reducing hospital readmissions and promoting the involvement of carers in smoother, faster, safer discharges from hospital. Also the production of 2 videos: one aimed at hospital staff - improving carer awareness and promoting the advantages of including carers in discharge planning. The second video is aimed at family/unpaid carers and explains: the discharge process; the need for carer involvement and the importance of planning for the discharge date. The project also provides a post-discharge training programme for carers covering topics such as: medication management, signs of infection, dehydration and pressure sores etc.

**Awards For All** - This relates to the work in respect of the Dementia/Active Ageing Project.

**NHS Enfield CCG** - Dual diagnosis and mental health training.

**16) EyPIC Young Carers Project**

The EyPIC Young Adult Carers project is part funded by grants as detailed in Note 2, page 13 of the accounts and also donations received in the year.

This project involves working closely with local schools delivering assemblies and teacher training to raise awareness about YCs and YACs aimed at: a) Identifying hidden carers and adopting a Schools 'Young Carers' Protocol

b) Referring them to ECC for ongoing support c) Reducing absenteeism d) Improving educational attainment and their future prospects.

**ENFIELD CARERS CENTRE**  
**NOTES FORMING PART OF THE FINANCIAL STATEMENTS**

Note

**17 RECONCILIATION OF THE NET (OUTGOING)/INCOMING RESOURCES TO NET CASH INFLOW/(OUTFLOW) FROM OPERATING ACTIVITIES**

	2018	2017
	£	£
Net incoming/(outgoing) resources	101,726	(14,306)
Depreciation charges	332	332
Interest received	(423)	(152)
(Increase)/Decrease in debtors	1,879	140,652
(Decrease)/Increase in creditors	38,262	6,602
Fixed Assets Additions	-	0
<b>Net cash inflow/(outflow) from operating activities</b>	<u><u>141,776</u></u>	<u><u>133,128</u></u>

**18 ANALYSIS OF CASH FLOWS FOR HEADINGS NETTED IN THE CASH FLOW STATEMENT**

	2018	2017
	£	£
Returns on investments and servicing of finance	£	£
Interest received	<u>423</u>	<u>152</u>
<b>Net cash inflow for returns on investments and servicing of finance</b>	<u>423</u>	<u>152</u>

**19 ANALYSIS OF CHANGES IN CASH AND CASH EQUIVALENTS**

	At 1.4.17	Cash flow	At 31.3.18
	£	£	£
Net Cash:			
Cash at bank	<u>395,251</u>	<u>142,199</u>	<u>537,450</u>
Total	<u>395,251</u>	<u>142,199</u>	<u>537,450</u>