

Robin Lane Health and Wellbeing Charity

Charity number 1153331

Annual Report and Financial Statements for the year ended 31 March 2018



West Yorkshire Community Accounting Service

Robin Lane Health and Wellbeing Charity

Annual Report and Financial Statements for the year ended 31 March 2018

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Prepared by West Yorkshire Community Accounting Service

Robin Lane Health and Wellbeing Charity

Trustees' report for the year ended 31 March 2018

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Kathleen Hill	Chair	
Patricia Trenaman	Treasurer	Appointed July 2017
Geoffrey Thorne		
Josephine Jarosz		Resigned May 2018
Laurence Wood		Resigned February 2018
Linda Belderson		
Carolyn Weaver		Appointed October 2017
Eleanor Scougall		Appointed September 2018
Isabel Vickers		Appointed April 2018
Sophie Gross		Resigned May 2017
Methven Forbes		Resigned October 2017
Mick Coulson		Resigned May 2018
Roderick Wood		Resigned April 2018
Noreen Finister		
John Telford		Resigned May 2018

Charity number

The charity was registered with the Charity Commission for England and Wales, number 1153331, on 9 August 2013. The name of the charity was changed to Robin Lane Health and Wellbeing Charity on 18 July 2017.

Principal address

Pudsey Wellbeing Centre
23 Robin Lane
Pudsey
West Yorkshire
LS28 7BR

Bankers

Yorkshire Bank
Waver Green
Pudsey
LS28 7BG

Independent examiner

Stephen Procter

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a charitable incorporated organisation (CIO) registered on 9 August 2013 and is governed by a constitution as amended 18 July 2017. The charity's only voting members are its charity trustees.

Method of recruitment and appointment of trustees

The charity is managed by a committee of at least 7 and no more than 12 trustees, of which between 6 and 10 are appointed by the trustees at a properly convened meeting and a further 1 or 2 are nominated by Robin Lane Medical Centre. Members serve for 3 years before seeking re-appointment or nomination.

Robin Lane Health and Wellbeing Charity

Trustees' report (continued) for the year ended 31 March 2018

Objectives and activities

The charity's objects

- 1) To advance health in Pudsey, both physical and mental, by providing a range of health related activities and interventions to enable people to live longer and healthier lives that are full and meaningful.
- 2) To promote for the benefit of the inhabitants of Pudsey and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.

The charity's main activities

The main activities undertaken for the public benefit in relation to the charity's objects are:

- 1) The provision of space within Pudsey Wellbeing Centre for a range of free, volunteer led activities.
- 2) A range of activities, services and community events offered through the social, health and volunteering sector.

The charity is a social hub which provides free activities for the community, all run by volunteers.

We currently have 26 groups running at the charity which are open to everybody in the community. Our aim is to support health and wellbeing and improve the quality of life for the general public by giving people an opportunity to meet new people and make new friendships.

Through our volunteer programme the local community can be inspired to get involved and engage with our town. It is an opportunity for people to be creative and enables our volunteers to share their skills or life experiences, as well as being part of a friendly and supportive group. All money raised at our events and from charity fundraising is used to provide free activities for the local community.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

Achievements and performance

In 2017 – 2018 there were 26 volunteer led groups meeting regularly in the Wellbeing Centre, providing activities, stimulation, interest and a welcoming meeting place for the many local people who benefit from them. We also have businesses, such as Pianoworks piano lessons and Weight Watchers, that complement our objectives and rent space within the Centre thereby providing income for the charity.

This year the charity supported the first group to run outside of the Wellbeing Centre building. A wood workshop has been set up as a space for men to have an open conversation while creating something. The workshop is currently focussed on helping men in particular in response to research which says that suicide is now the biggest killer of men under 45 in the UK. The wood workshop is housed outside of the wellbeing centre because a local volunteer offered his fully equipped workshop as well as his time to run this group. The sessions are run on a one to one basis for 10 weeks. So far we have had two participants for the wood workshop and we are looking forward to welcoming more people in 2018-2019.

The Youth Café has had another successful year there are now 45 members with 15-20 young people attending each week. We decided to open the Youth Café after identifying a gap in the age groups using the wellbeing centre. We had groups for babies, toddlers and new parents and also had groups for working age and retired people but only one group for young people, the Youth Choir.

The charity applied for some funding from Leeds City Council through the Youth Activity Fund which was granted; the council have also provided the Youth Café with two trained Youth Workers who run the Youth Café alongside Love Pudsey staff and volunteers.

There have been a number of fantastic fundraisers this year; our main fundraising events were our annual Summer Fair and Christmas Craft Market! Both events were well attended and helped raise awareness of the charity in the local community.

Robin Lane Health and Wellbeing Charity

Trustees' report (continued) for the year ended 31 March 2018

Achievements and performance

A special thank you goes to Dorothy Cossey who organised a fundraising event at a local restaurant. In conjunction with the restaurant she sold tickets for the event and organised an auction raising an incredible £1091.71 for the charity.

We have had good support from local business in Pudsey this year. Santander donated £42.84 towards "The Great Get Together" an event held to bring people in the community together for a celebration.

B&M kindly offered to have collection boxes for the charity next to their tills and Sainsbury's allowed volunteers to give out information about the charity and collect money.

The money from the Leeds Inspired grant was used to fund some excellent performances. All Turn, Eduardo Niebla and Cabaret Heaven were really well received and raised £782 in ticket sales.

Financial review

The Pudsey Wellbeing Centre building, which houses the charity and Café Lux, is owned by the partners at Robin Lane Medical Centre, Pudsey. The charity leases the building for a notional £1 a year. The partners from Robin Lane continued to provide financial support for the charity.

The Trustees raised a total of £88,639 in 2017-18, which is slightly less than in the previous year. During the course of the year, changes were made to how receipts are allocated to provide a more accurate statement of accounts. Receipts from "room & event hire" have increased whilst "donations" have reduced. Unrestricted funds raised account for more than 90% of the total.

A review of room hire and rental charges was undertaken when it became apparent that premises costs were substantially increasing in 2017-18. Hopefully, the changes made will have a positive influence in 2018-19. At the end of 2017-18, the charity was due a refund of £1,471 from Yorkshire Water which was received in April 2018.

Net expenditure for the year was £9,453, including net expenditure of £9,016 on unrestricted funds and net expenditure of £437 on restricted funds, after transfers.

Reserves policy

The charity's free cash reserves at the year end were £4,731.

The charity's current reserves policy is to maintain a contingency fund as a reserve against potential cash-flow issues of approximately £5,000. Trustees will continue to keep that figure under review.

Signed on behalf of the board of trustees:

Signed:

Date:

Name (Trustee)

Robin Lane Health and Wellbeing Charity

Independent examiner's report to the trustees of Robin Lane Health and Wellbeing Charity Charitable Incorporated Organisation ('the CIO')

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2018, which are set out on pages 6 to 9.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Name: Stephen Procter

Date:

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Robin Lane Health and Wellbeing Charity

Receipts and payments account

for the year ended 31 March 2018

	Notes	2018	2018	2018	2017
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
		£	£	£	£
Receipts					
Grants and donations	(2)	42,615	4,789	47,404	59,059
Room and event hire		31,810	30	31,840	26,266
Events		2,641	1,072	3,713	1,662
Fundraising		2,914	2,558	5,472	6,548
Other income		210	-	210	-
Total receipts		80,190	8,449	88,639	93,535
Payments					
Staff costs		32,805	-	32,805	31,354
Premises		50,390	-	50,390	31,765
Office costs		1,078	-	1,078	1,431
Equipment		479	-	479	3,486
Group costs		3,345	6,663	10,008	10,930
Fundraising and PR costs		649	2,162	2,811	5,979
Volunteer costs		430	-	430	889
Sundries		91	-	91	5
Total payments		89,267	8,825	98,092	85,839
Net receipts / (payments)		(9,077)	(376)	(9,453)	7,696
Transfers between funds		61	(61)	-	-
Net movement in funds after transfers		(9,016)	(437)	(9,453)	7,696
Cash fund balances brought forward		13,747	1,686	15,433	7,737
Cash fund balances carried forward	(3)	4,731	1,249	5,980	15,433

Robin Lane Health and Wellbeing Charity

Statement of assets and liabilities

as at 31 March 2018

	2018 Unrestricted	2018 Restricted	2018 Total	2017 Total
	£	£	£	£
Cash funds				
Cash at bank	4,731	1,249	5,980	14,649
Cash in hand	-	-	-	784
Total cash funds	<u>4,731</u>	<u>1,249</u>	<u>5,980</u>	<u>15,433</u>

Other monetary assets	£
Yorkshire Water (refund due)	<u>1,471</u>

Liabilities	£
Independent examination	<u>504</u>

Approval of the accounts

The financial statements were approved by the board of trustees on

Date:

Signed: (Trustee)

Name

Robin Lane Health and Wellbeing Charity

Notes to the accounts

for the year ended 31 March 2018

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a registered charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Robin Lane Health and Wellbeing Charity

Notes to the accounts continued

for the year ended 31 March 2018

2 Grants and donations	2018	2018	2018	2017
	Unrestricted funds	Restricted funds	Total funds	Total funds
	£	£	£	£
Leeds Inspired	-	-	-	13,073
LCC Wellbeing Fund	-	3,289	3,289	-
YBS Charitable Trust	-	1,500	1,500	-
Groundwork	1,000	-	1,000	-
Donations (inc. Robin Lane Partnership)	41,615	-	41,615	45,986
	<u>42,615</u>	<u>4,789</u>	<u>47,404</u>	<u>59,059</u>

3 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
LCC Wellbeing Fund	(3,228)	3,289	-	(61)	-
Leeds Inspired	5,044	2,713	5,922	-	1,835
LCC Youth Activity Fund	(130)	947	1,403	-	(586)
YBS Charitable Trust	-	1,500	1,500	-	-
	<u>1,686</u>	<u>8,449</u>	<u>8,825</u>	<u>(61)</u>	<u>1,249</u>

Fund name

Purpose of restriction

LCC Wellbeing Fund	Towards the costs of building a pram shelter. (Transfer due to payment received in arrears was more than expended can be used for general purposes).
Leeds Inspired	Towards the costs of running the Arts programme.
LCC Youth Activity Fund	To provide workshops for young people during the Youth Café sessions. (Deficit on account at year end due to grant being paid in arrears).
YBS Charitable Trust	To support the 'Bosom Buddies' project.

4 Trustee expenses

No trustee received any expenses during this year or the previous year.

5 Related party transactions

There were no related party transactions during this year or the previous year.