

REGISTERED COMPANY NUMBER: 03246084 (England and Wales)
REGISTERED CHARITY NUMBER: 1059773

REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018
FOR
TOWER HAMLETS PARENTS CENTRE

Raffingers LLP (Statutory Auditors)
19-20 Bourne Court
Southend Road
Woodford Green
Essex
IG8 8HD

TOWER HAMLETS PARENTS CENTRE

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for the year ended 31 March 2018

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TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES **for the year ended 31 March 2018**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2018. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the charity are as follows:

Aims:

The Tower Hamlets Parents Centre (THPC) is a registered charitable educational organisation based in the London Borough of Tower Hamlets. The Centre is a focus for education, training, advice and support for parents, guardians and/or carers of children. It provides a range of services and activities for parents/families in order to enable them to gain new knowledge, skills and confidence to increase involvement and participation in their children's education and to fulfil their roles as parents functioning as a successful 'family unit'. It provides support for parents/families in accessing services and organises programmes of activities encouraging inclusion, participation and connection in order to build stronger communities.

Objectives:

- To encourage active parental participation in their children's education.
- To provide Language classes for local women/mothers to improve their language, literacy and communication skills.
- To provide advice and information for children, parents/families to improve choice and access to education.
- To support parents/families in handling of their children's admissions and secondary transfer process.
- To provide education/training for parents to enable them to bring up their families successfully.
- To work with truants and children with behavioural problems and their families to prevent exclusions.
- To support excluded children to remain in and complete their education.
- To liaise with other organisations in Tower Hamlets doing similar or complimentary work.
- To provide a safe and user-friendly environment where parents can meet to share mutual problems and experiences.
- To provide Homework Support Sessions for local children to improve their attainment.

TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES **for the year ended 31 March 2018**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

1. ICT Embedded ESOL Class (Entry Level 1): Two-two hourly Sessions per week were delivered for newly arrived women at the Parents Centre for 40 weeks. This Class is for beginners with little or no Literacy in English and begins with teaching the main sounds in English and the Alphabet using the Jolly Phonics System. Some of the beneficiaries were assisted and encouraged to use ICT for developing their language. The Class has been following the Adult ESOL Core Curriculum and the termly Syllabus has been closely based on the ESOL Skills for Life Syllabus (18 women attended).
2. ICT Embedded ESOL Class (Entry Level 2): Two-two hourly Sessions per week were delivered for women at the Parents Centre for 40 weeks. This is for students who have completed Entry 1 and/ are ready to move on to more complex Reading, Writing and Speaking or Listening tasks. Eight of the stronger beneficiaries were supported in developing their basic ICT Skills for example: Word Processing, opening emails and doing some language work. The Class has been following the Adult ESOL Core Curriculum and the termly Syllabus has been closely based on the ESOL Skills for Life Syllabus (17 women attended).
3. Employment and Career Guidance to women: The Parents Centre delivered a two hourly Session per week, providing Career Advice and Guidance to the women, who attended the ICT Embedded ESOL Classes, having prepared a Personal Action Plan for the beneficiaries for 42 weeks. Eight of the stronger beneficiaries were supported in developing their basic ICT Skills for example; Word Processing, opening emails and doing some language work (35 same beneficiaries who attended the ESOL Classes)
4. Parenting Skills Course: A Course consisting of a two-hour weekly Session was delivered over 12 weeks. The Session intended to develop the knowledge and skills of young and first time mothers and thus, focused on parenting issues, especially parenting young children from birth to 6/7 years of age and children's Health, diet and illnesses, particularly Obesity among young children and how this serious endemic Health issue could be prevented (16 mothers attended).
5. Educational Advice and Information: The Truancy and Exclusion Project held a weekly Drop-in Session from April 2017 - December 2017, and then the Early Intervention Project continued the Session providing advice and information on educational issues such as - Admissions, Secondary Transfer, Truancy, Free School Meals and Extended Leave, Behavioural Problems and Exclusions (64 + 10 = 74 beneficiaries served).
6. Educational Casework: The Truancy and Exclusion Project undertook casework representing children in Admission Appeals, disciplinary and exclusion hearings (17 cases).
7. Outreach Support for Truants and Excluded children (April - December 2017): The Truancy and Exclusion Project provided Outreach Support to the children who were poorly performing with regard to Truancy and Exclusion and showed signs or were at risk School failure. The Project Officer supported them, by developing a Case Plan for each child through discussion with them. The Project Officer also supported the mothers/ families of the beneficiary children in dealing with their Claims, Medical Care, Debt and Housing problems etc., by accompanying them to different service providers/ support agencies, making enquiries over the Telephone and interpreting for them if required (17 cases served).
8. Educational Advocacy Work (April - December 2017): The Truancy and Exclusion Project provided advocacy support for parents and families in communicating with Schools/ Teachers through interpreting for them where language caused a barrier and promoting understanding between parents and Schools by attending meetings (19 beneficiaries served).
9. Referrals/Access to Services: The Parents Centre supported mothers/families who needed support with their Claims, Immigration, Housing, Debt and Domestic Violence issues through a referral service (105 mothers/families).
10. Saturday Homework Club: A three hourly Session per week on Saturdays was delivered in order to provide additional support for 7 - 11 year old children in their Homework, particularly in English and Maths at Key Stages 1 and 2 (20 children attended).
11. Summer Holiday Activities: The Parents Centre delivered a Programme of activities and events for local children and families from deprived, disadvantaged and ethnic minority backgrounds during the Summer Holiday, 2017. Activities included learning Sessions on Poetry, Reading and Writing, Arts and Crafts, Maths and Games, English and Maths, Film Shows and Games and daytrips to Thorpe Park and Camber Sands Beach (173 children and parents participated).

TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES **for the year ended 31 March 2018**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

12. Books Library: The Parents Centre organised a Books Library by facilitating local ethnic minority parents and children to borrow Books throughout the year (141 mothers and children borrowed Books).

13. Eid Party: The Parents Centre celebrated the Eid by holding a Party in September 2017, which facilitated local parents, children and families to come together, socialise and widen their social networks in order to promote Community Cohesion (72 parents and children attended).

14. Career Support to Unemployed Young People: The Parents Centre delivered a three hour weekly Drop in Session, providing advice and guidance on Employment issues, assisting young unemployed people in filling in Application Forms, writing Supporting statements and preparing for interviews, over 40 weeks (49 beneficiaries).

15. Parents' Meetings: The Parents Centre organised 6 Parents' meetings on the issues; two on Obesity, two on Domestic Violence and two meetings on Forced Marriages, in order to raise awareness and inform parents of these issues (105 parents attended).

16. Health Promotion Week: We organised a Health Campaign Week in August 2018; a week of Health Promotion activities with the objective to raise awareness of Health issues and increase access to Services available in the Borough. The Programme of the week included advice and information Sessions, Workshops and Displays on Health issues, Talks and Presentations on Smoking and Smoking Cessation, Stroke and Stroke Prevention, Blood Pressure, Paan Chewing and Cessation, Cancer and Cervical Screening and "BLIP" tests for beneficiaries. The Programme of the week was extremely successful and it exceeded our expectations in terms of achieving output and outcomes (260 beneficiaries attended).

17. Nutrition and Cookery Classes: A three-hour weekly Nutrition and Cookery Session was delivered for 16 weeks. The first one hour of the Session discussed about nutrition, food value, calories, Child Obesity, protein and vitamins, effects of eating excessive salt, sugar and fat and the need for eating vegetables and less carbohydrates. The second two hours of the Session involved cooking Mediterranean, Chinese, some Indian and vegetarian dishes with less sugar, salt, oil or fat in a Healthy and cost effective way (37 women attended).

18. Fitness and Exercise Sessions: A one-hourly two Sessions per week were delivered for 25 weeks for two cohorts of 36 women. In these Sessions, having developed an Exercise Programme for individual participants, the Trainer advised them on food and diet and weighed them regularly to monitor the impact that the activities made on the Health of the participants. The participants also learnt some easy and light exercise practices and breathing exercise techniques which they could practise in their daily lives (64 women attended).

19. Self-Help Groups for Women: A two hourly Session per week for women was delivered at the Parents Centre for 12 weeks. In these Sessions, the participants talked about their illnesses and issues that they were experiencing and they also supported each other within the peer group (17 women attended).

20. Workshops on Healthy Eating: Five Workshops on Healthy Eating, especially emphasising the importance of eating fruit and vegetables, were delivered for 2 cohorts of 21 women, in partnership with Mohila Ongon (20 women).

21. Health Workshops for women on the ICT Embedded ESOL Courses: We delivered 4 Workshops for the women, who attended the ICT Embedded ESOL Course, in order to raise their awareness of the issues like Obesity, harmful effects of Paan Chewing, Tobacco Chewing and benefits of Cervical Screening (40 women).

22. Health Workshops for Women: An hourly two/three Sessions per week were delivered at the Tower Hamlets College for five cohorts of 64 women for 18 weeks. These Workshops showed Videos and discussed a range of issues such as Blood Pressure, Diet, Anaemia, Heart Disease, Osteoporosis, Asthma, Diabetes, Depression, Cervical Cancer and Breast Cancer etc. (64 women attended).

23. Health Workshops for Men and Women (Mixed Groups): We delivered an hourly 20 Workshops for four mixed cohorts of 45 men and women. These Workshops discussed different Health related issues like Healthy lifestyle, Healthy eating, Diet, Smoking Cessation, Keeping Fit, the need for Exercise and eating fruit and vegetables (45 beneficiaries).

TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES for the year ended 31 March 2018

ACHIEVEMENT AND PERFORMANCE

Charitable activities

24. Healthy Food Exhibition: In order to promote Healthy eating, we organised a Healthy Food Exhibition in September 2018, in partnership with Mohila Ongon. The Programme of the Event included display of Continental, Mediterranean and traditional Indian and vegetarian dishes, cakes and savoury dishes cooked with less salt, sugar, oil and fat, by "Health Matters" staff and volunteers. The Health Promotion Officers also explained to participants how they could prepare and serve similar dishes in a Healthy and cost effective way for their families and children. Our staff also encouraged them to eat more fruit, vegetables, fibre and fish to improve their Health (161 attended).

25. Health Advocacy Work: A half a day Health Advocacy Session per week was provided at the Parents Centre for 40 weeks. In this Service, users were supported in making appointments, translating letters from Service Providers, showing the use of Gluco Meter (Blood Pressure Monitor), booking Physio-therapy Sessions, referring to local Gyms, Paan and Smoking Cessation Service and advising users how to lose weight, arranging Blood Tests, writing letters for making appointments, explaining use of medication and provided users with information on Health issues bi-lingually (117 people attended).

26. Blip Tests: We provided 'Blip Tests' to 45 beneficiaries, to measure their fitness levels, by attending Events in other Venues in the Borough and referred them to relevant Services like Gyms, Sports Clubs, Swimming Pools and Health Clinics (32 attended).

27. Drop-in-Support Sessions: A half a day weekly Drop-in Session was held for 40 weeks. These Sessions provided users with information on Health issues, supported them by making appointments for them, interpreting letters, explaining the use of medication, booking Physio-therapy Sessions, registering them in local Gyms and Sports Centres and communicating with Service Providers through telephone etc. Through these Sessions, users were registered in other activities and services delivered at the Parents Centre and some were referred to other Agencies such as Citizens Advice Bureaux, The Law Centre and Health Clinics (Served 119 users).

28. Outreach Health Support: Outreach support was provided through home visits, holding Stalls in Community Events and by visiting other partner Organisations. The support given involved providing advice and information on Health issues, accompanying patients to Service Providers; GPs and the Hospital, explaining patients' conditions over the telephone, monitoring patients' Blood Pressure, giving "BLIP" tests to beneficiaries to examine their fitness and assisting users to control and cope with their conditions such as Diabetes, High Blood Pressure, Heart Disease, Asthma, Depression and Obesity (112 users).

29. Paan Cessation Workshops: Three Paan Cessation Workshops were delivered. These workshops discussed the harmful effects of Paan Chewing and how this habit can be given up. As a follow up to these Workshops, a number of women who came to the Centre were given advice and information on the issue and refer them to the Cessation Service at The Royal London Hospital, Whitechapel (103 users).

30. Smoking Cessation Workshops: Four Workshops were delivered, attended by 107 men. These Workshops discussed the harmful effects of Smoking, the ways to give up this habit and support Provision available in the Borough (131 users).

31. Cervical Screening Workshops: Eight Cervical Screening Workshops were delivered, attended by 125 women. These Workshops discussed the symptoms of Cervical disease and users were encouraged to undertake screening, emphasising the fact that early diagnosis of the illness can save lives (125 users).

32. Sewing Session: We provided a two hourly Sewing Session per week for a group of 12 unemployed women, over a period of 16 weeks. The participants of these Sessions made Shelwar, Kamiz and other outfits of their choice, cutting patterns and designs by themselves and improved their skills and confidence in this field. The beneficiaries were also given language support in the Class and one-to-one Career Advice and Guidance so that they can progress into employment in the local Retail Sector (12 women attended).

33. Walking Group: A Walking Group was organised for an elderly group of women with the objective to improve their mobility by providing them with the opportunity to come out of their homes for 12 weeks. In this Group, the participants visited a few places of interest in the locality like the Park, Art Gallery, Library and the Idea Store etc. (14 women attended).

TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES **for the year ended 31 March 2018**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

34. Football Tournament: We organised Two Football Tournaments in partnership with "SPLASH" Youth Project; both of these events were respectively participated by 12 teams and watched by a total number of 204 spectators. The days were designed to raise awareness of Health issues; the need for Fitness and Physical Exercise among young people in the Community. The activities of the days included - Blood Pressure Monitoring, Exercise and Fitness activities, "BLIP" tests and displays on Health issues like Cancer and Cervical Screening and harmful effects of Smoking and Smoking Cessation (204 users).

35. Women's International Day: The Parents Centre celebrated the Women's International Day in March 2018, in partnership with Mohila Ongon, in order to promote Women's issues such as Gender Equalities, Education and Careers, Safeguarding against Domestic Violence and Forced Marriages. The Programme of the day included a talk on Domestic Violence and a presentation on Cancer and Cervical Screening which dealt with the symptoms of the killer disease and encouraged women to undertake screening with an emphasis on the fact that early screening and diagnosis of the disease can save lives (173 women attended).

36. Yoga Session for Men: A one-hour weekly Session was delivered for 24 weeks for two cohorts of 23 men. In these Sessions, the beneficiaries practices different light exercise and Yoga Techniques that led to improved Mental and Physical Health (25 men attended).

37. Yoga Session for Women: A one-hour weekly Session was delivered for 24 weeks for two cohorts of 30 women. In these Sessions, the beneficiaries practices different light exercise and Yoga Techniques that led to improved Mental and Physical Health (38 women attended).

38. Health Talks in Schools: We delivered Health Talks in 5 Schools to raise awareness of young children about Healthy Eating, the negative effects of unhealthy food on human body and life, highlighting the importance of Exercise, information on Healthy meals, the main Food Groups, causes of Obesity and Mental Health issues (594 children attended).

39. Women's Sports Day: We organised a Women's Sports Day on the 18th September 2017, to involve women in Sports and Games and to encourage them to lead a Healthier lifestyle (80 women attended).

40. Referrals to Sports Clubs: We referred young people to Sports Clubs in order to encourage and enable them to undertake regular Fitness and Exercise activities (109 referrals).

41. Workshop on Career and Employment Prospects for ICT/ ESOL students: We delivered one Workshop for the women who attended the ICT/ESOL Classes, inviting 2 Advisers from WorkPath LBTH, to develop their understanding of the World of Work and provide them with advice and information on Career Opportunities (11 women attended).

42. Accreditation to women who attended ICT/ESOL Courses: We gave Accreditation to 23 women on ICT Embedded ESOL Courses; of whom 8 achieved Distinction in Step 1 Certificate in ESOL (Speaking and Listening), 4 achieved Merit in Step 1 Certificate in ESOL (Speaking and Listening), 8 achieved Distinction in Step 2 Certificate in ESOL (Speaking and Listening) and 3 achieved Merit in Step 2 Certificate in ESOL (Speaking and Listening), examined and awarded by Trinity College London (23 women).

43. Mentoring Young Children (January - March 2018): The Early Intervention Project, working with parents, provided Outreach support and mentored young children through home visits and regular one-to-one support, having developed a Case Plan for each child, with due consideration to their individual holistic needs and aspirations (4 children benefitted).

44. Domestic Violence Work: The Domestic Violence Pilot Project worked with Domestic Abuse victims of Bangladeshi and BME backgrounds by providing Advocacy, Counselling and links to other services (25 women).

For 2017/2018, the Parents Centre has worked with over 3,600 clients (parents and children).

FINANCIAL REVIEW

Investment policy and objectives

Under its Memorandum of Association the charity has power to invest in any way the trustees wish.

TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES **for the year ended 31 March 2018**

FINANCIAL REVIEW

Reserves policy

The trustees have established the level of reserves (that is those funds that are freely available) that the charity ought to have. Reserves are needed to bridge the funding gaps between spending on activities and receiving resources through voluntary grants. The trustees consider that the ideal level of reserves as at 31 March 2018 would be three months of resources expended which equates to £39,608.

The actual reserves as at 31 March 2018 were £6,836 which is £32,772 less than our target figure. In calculating the reserves, the trustees have excluded from total funds the restricted income funds (£40,027).

The trustees are actively pursuing sources of funding in order to ensure that there are sufficient reserves to provide to financial stability and flexibility.

FUTURE PLANS

Tower Hamlets Parents Centre will continue to expand and develop its activities to provide encouragement for active parental participation in their children's education.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Tower Hamlets Parents Centre is a charitable company limited by guarantee and is governed by its Memorandum and Articles of Association.

Recruitment and appointment of new trustees

New Trustees are appointed due to their interest in the work of charity and their recognised experience in specific fields which will further support the work of the Tower Hamlets Parent Centre.

Organisational structure

The board of trustees administers the charity. The board meets quarterly.

Induction and training of new trustees

New trustees are appointed due to their interest in the work of the charity and their recognised experience in specific fields which will further support the work of Tower Hamlets Parents Centre. New trustees are given a full induction by the director. Trustees can retire when they wish as they do not serve under a fixed term of tenure.

Wider network

At present Tower Hamlets Parents Centre does not consider itself part of a wider network.

Related parties

Tower Hamlets Parents Centre has no tied organisations or companies.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03246084 (England and Wales)

Registered Charity number

1059773

Registered office

Unit 1 Links Yard
29 Spelman Street
London
E1 5LX

TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES **for the year ended 31 March 2018**

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Mr G Mortuza	Vice-Ch, Ex-Local Councillor & Local Par
Mr S Miah	Chair, Ex-Local Councillor and Local Bus
Mr S Ahmed	Treasurer, Local Retired Teacher
Mr M Islam	Trustee and User Representative
Md M S A Khan	Trustee, User and School Governors' Repr
Mrs F Ahmed	Secretary, User & Women Group's Represent
Mr M C Ray	Trustee, Retired Teacher

Company Secretary

Mrs F Ahmed

Auditors

Raffingers LLP (Statutory Auditors)
19-20 Bourne Court
Southend Road
Woodford Green
Essex
IG8 8HD

PUBLIC BENEFIT STATEMENT

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

TOWER HAMLETS PARENTS CENTRE

REPORT OF THE TRUSTEES **for the year ended 31 March 2018**

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Tower Hamlets Parents Centre for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

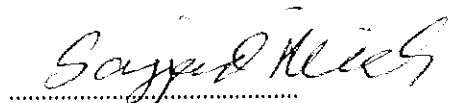
In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Raffingers LLP (Statutory Auditors), will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 12 December 2018 and signed on its behalf by:



Mr S Miah - Trustee

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
TOWER HAMLETS PARENTS CENTRE**

Opinion

We have audited the financial statements of Tower Hamlets Parents Centre (the 'charitable company') for the year ended 31 March 2018 which comprise the Statement of Financial Activities, the Balance Sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2018 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note 15 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you were:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
TOWER HAMLETS PARENTS CENTRE**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Mr Thuraiatnam Sudarshan FCCA (Senior Statutory Auditor)
for and on behalf of Raffingers LLP (Statutory Auditors)
19-20 Bourne Court
Southend Road
Woodford Green
Essex
IG8 8HD

Date: 12 December 2018

TOWER HAMLETS PARENTS CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2018

		Unrestricted fund	Restricted fund	Total 2018 funds	Total 2017 funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	<u>16,275</u>	<u>149,596</u>	<u>165,871</u>	<u>142,690</u>
Total		16,275	149,596	165,871	142,690
 EXPENDITURE ON					
Charitable activities	3				
Education training and advice		17,027	129,893	146,920	119,836
Governance cost		<u>-</u>	<u>11,512</u>	<u>11,512</u>	<u>16,300</u>
Total		17,027	141,405	158,432	136,136
NET INCOME/(EXPENDITURE)		(752)	8,191	7,439	6,554
 RECONCILIATION OF FUNDS					
Total funds brought forward		7,588	31,836	39,424	32,870
TOTAL FUNDS CARRIED FORWARD		<u>6,836</u>	<u>40,027</u>	<u>46,863</u>	<u>39,424</u>

The notes form part of these financial statements


TOWER HAMLETS PARENTS CENTRE

BALANCE SHEET
At 31 March 2018

		Unrestricted fund	Restricted fund	Total	2018 funds	Total	2017 funds
	Notes	£	£		£		£
FIXED ASSETS							
Tangible assets	10	-	3,384		3,384		3,981
CURRENT ASSETS							
Debtors	11	-	2,260		2,260		2,260
Cash at bank and in hand		<u>13,336</u>	<u>52,679</u>		<u>66,015</u>		<u>57,384</u>
		13,336	54,939		68,275		59,644
CREDITORS							
Amounts falling due within one year	12	(6,500)	(18,296)		(24,796)		(24,201)
NET CURRENT ASSETS		<u>6,836</u>	<u>36,443</u>		<u>43,479</u>		<u>35,443</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>6,836</u>	<u>40,027</u>		<u>46,863</u>		<u>39,424</u>
NET ASSETS		<u>6,836</u>	<u>40,027</u>		<u>46,863</u>		<u>39,424</u>
FUNDS	13						
Unrestricted funds					6,836		7,588
Restricted funds					<u>40,027</u>		<u>31,836</u>
TOTAL FUNDS					<u>46,863</u>		<u>39,424</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 12 December 2018 and were signed on its behalf by:


.....
Mr S Miah -Trustee

TOWER HAMLETS PARENTS CENTRE

NOTES TO THE FINANCIAL STATEMENTS **for the year ended 31 March 2018**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Critical accounting judgements and key sources of estimation uncertainty

Preparation of the accounts requires the trustees and management to make significant judgements and estimates. The items in the accounts where these judgements and estimates have been made include:

- estimating the useful economic life of tangible fixed assets.
- allocation of support costs across charitable activities.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Charitable activities comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

Governance costs comprise those costs associated with meeting the constitutional and strategic requirements of the charity and the audit fees and costs linked to the strategic management of the charity.

Allocation and apportionment of costs

Overhead and support costs relating to charitable activities have been apportioned based on staff time.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% on reducing balance
Computer equipment	- 15% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

TOWER HAMLETS PARENTS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2018

1. ACCOUNTING POLICIES - continued

Cash at bank and in hand and debtors

Cash at bank and in hand represents such accounts and instruments that are available on demand or have a maturity of less than three months from the date of acquisition. Deposits for more than three months but less than one year have been disclosed as short term deposits.

Debtors are recognised at their settlement amount, less any provision for non-recoverability. Prepayments are valued at the amount prepaid. They have been discounted to be present value of the future cash receipt where such discounting is material.

Creditors and provisions

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the moment the charity anticipates it will pay to settle the debt. They have been discounted to the present value of the future cash payments where such discounting is material.

2. DONATIONS AND LEGACIES

	2018	2017
	£	£
Donations	16,275	14,222
Grants	<u>149,596</u>	<u>128,468</u>
	<u>165,871</u>	<u>142,690</u>

Grants received, included in the above, are as follows:

	2018	2017
	£	£
London Borough of Tower Hamlets	11,053	10,002
BBC Children in Need Appeal	8,537	-
Charles S French Charitable Trust	1,250	1,000
Wakefield Trust	-	2,500
Garfield Weston Foundation	2,000	-
The Hale Trust	750	800
The Lloyds TSB Foundation	14,950	-
City Bridge Trust/City of London Corporation	9,487	-
Big Lottery Fund/Restricted Funds	95,069	99,666
Access 4 Charitable trust	1,000	-
29th May 1961 Charitable Trust	2,000	-
St James Place Foundation	-	10,000
The Woodward Charitable Trust	500	500
The February Fund	-	3,000
The Magdalen Hospital	-	1,000
Clifford Chance LLP	2,000	-
The Worship Company of Insurers	<u>1,000</u>	<u>-</u>
	<u>149,596</u>	<u>128,468</u>

TOWER HAMLETS PARENTS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2018

3. CHARITABLE ACTIVITIES COSTS

	Direct costs	Support costs (See note 4)	Totals
	£	£	£
Education, training and advice	101,321	45,599	146,920
Governance cost	<u>-</u>	<u>11,512</u>	<u>11,512</u>
	<u>101,321</u>	<u>57,111</u>	<u>158,432</u>

4. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Education, training and advice	40,406	5,193	45,599
Governance cost	<u>8,212</u>	<u>3,300</u>	<u>11,512</u>
	<u>48,618</u>	<u>8,493</u>	<u>57,111</u>

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2018	2017
	£	£
Auditors' remuneration	1,800	1,500
Depreciation - owned assets	<u>597</u>	<u>702</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2018 nor for the year ended 31 March 2017.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2018 nor for the year ended 31 March 2017.

TOWER HAMLETS PARENTS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2018

7. STAFF COSTS

	2018	2017
	£	£
Wages and salaries	107,374	98,562
Social security costs	<u>3,503</u>	<u>2,476</u>
	<u>110,877</u>	<u>101,038</u>

The average monthly number of employees during the year was as follows:

	2018	2017
Charitable expenditure	6	4
Administration	<u>1</u>	<u>1</u>
	<u>7</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

No employee received remuneration amounting to more than £60,000 in either year.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	<u>14,222</u>	<u>128,468</u>	<u>142,690</u>
Total	14,222	128,468	142,690
EXPENDITURE ON			
Charitable activities			
Education, training and advice	19,222	100,614	119,836
Governance cost	<u>-</u>	<u>16,300</u>	<u>16,300</u>
Total	<u>19,222</u>	<u>116,914</u>	<u>136,136</u>
NET INCOME/(EXPENDITURE)	(5,000)	11,554	6,554
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>12,588</u>	<u>20,282</u>	<u>32,870</u>
TOTAL FUNDS CARRIED FORWARD	<u>7,588</u>	<u>31,836</u>	<u>39,424</u>

TOWER HAMLETS PARENTS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2018

9. DEFERRED INCOME

Deferred income comprised of grants from several institutions.
 Income deferred in the current year relates to grants received from institutions for use in future accounting periods.

	£
Balance as at 1 April 2017	21,450
Amount released to incoming resources	(21,450)
Amount deferred in the year	<u>21,646</u>
Balance as at 31 March 2018	<u><u>21,646</u></u>

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2017 and 31 March 2018	<u>16,418</u>	<u>11,663</u>	<u>28,081</u>
DEPRECIATION			
At 1 April 2017	15,128	8,972	24,100
Charge for year	<u>194</u>	<u>403</u>	<u>597</u>
At 31 March 2018	<u>15,322</u>	<u>9,375</u>	<u>24,697</u>
NET BOOK VALUE			
At 31 March 2018	<u><u>1,096</u></u>	<u><u>2,288</u></u>	<u><u>3,384</u></u>
At 31 March 2017	<u><u>1,290</u></u>	<u><u>2,691</u></u>	<u><u>3,981</u></u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018 £	2017 £
Prepayments	<u>2,260</u>	<u>2,260</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018 £	2017 £
Accrued expenses	<u>24,796</u>	<u>24,201</u>

TOWER HAMLETS PARENTS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2018

13. MOVEMENT IN FUNDS

	At 1.4.17 £	Net movement in funds £	At 31.3.18 £
Unrestricted funds			
General fund	7,588	(752)	6,836
Restricted funds			
Health matters programmes	<u>31,836</u>	<u>8,191</u>	<u>40,027</u>
TOTAL FUNDS	<u>39,424</u>	<u>7,439</u>	<u>46,863</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	16,275	(17,027)	(752)
Restricted funds			
School exclusion and truancy	13,500	6,500	4,000
Homework club	10,527	5,470	3,057
Summer programme	10,500	15,366	1,134
Health matters 2 programme	95,069	95,069	-
Women ICT embedded with ESOL	19,680	18,680	-
Parenting skills course	<u>320</u>	<u>320</u>	<u>-</u>
	<u>149,596</u>	<u>141,405</u>	<u>8,191</u>
TOTAL FUNDS	<u>165,871</u>	<u>158,432</u>	<u>7,439</u>

Comparatives for movement in funds

	At 1.4.16 £	Net movement in funds £	At 31.3.17 £
Unrestricted Funds			
General fund	12,588	(5,000)	7,588
Restricted Funds			
Restricted fund	<u>20,282</u>	<u>11,554</u>	<u>31,836</u>
TOTAL FUNDS	<u>32,870</u>	<u>6,554</u>	<u>39,424</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	14,222	(19,222)	(5,000)
Restricted funds			
Restricted fund	<u>128,468</u>	<u>(116,914)</u>	<u>11,554</u>
TOTAL FUNDS	<u>142,690</u>	<u>(136,136)</u>	<u>6,554</u>

TOWER HAMLETS PARENTS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2018

13. MOVEMENT IN FUNDS - continued

Name of fund	Description, nature and purpose for the fund
Health matters 2 programme	To provide a range of services in order to reduce inequalities in health by improving physical and mental health of disadvantaged ethnic minority communities. The services and activities delivered include Outreach Support, Health Advocacy. Workshops on Health issues, Fitness Exercise and Swimming Sessions, Nutrition and Cookery Class, Healthy Food Exhibition and Workshops on Smoking and Paan Cessation and Cervical Screening.
School Exclusion and Truancy	To provide support for excluded children and represent them in admission appeals, disciplinary and exclusion hearings.
Homework Club	To provide additional support for 7-11 year old children in their homework particularly in English and Maths at Key Stage 2.
Summer Programme	To deliver programmes of activities and events for local children and families during the Summer Holiday 2013.
Women ICT embedded with ESOL	To provide ICT embedded with ESOL classes to improve women's literacy and ICT skills.

Restricted funds represent funds, which have been given for particular purposes in connection with the provision of advice, education, training and support in line with the charity's objectives.

Unrestricted funds represents funds available to the trustees for the general purposes of the charity.

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2018.

15. APB ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES

In common with many other businesses of our size and nature we use our auditors to prepare and submit returns to the tax authorities and assist with the preparation of the financial statements.

16. DONATIONS

	2018 £	2017 £
P Jacobs Charitable Trust	50	-
Sir Jules Thorn	750	-
Holman Fenwick Wilam LLP	2,000	-
Armourer & Braisers Guanlet Trust	-	750
The Worshipful Society of Apothecaries General Charity Ltd.	-	-
The Worshipful Company Of Basket Makers	5,000	-
The John and Susan Bowers Fund	-	500
Dentons Charitable Trust	750	1250
Wpp Plc 2005 Ltd	-	1000
Bank of England	350	350
Albert Hunt Trust	2,000	2,000
The Worshipful Company of Coopers	1,500	2,500
The Austin and Hope Pilkington Trust	-	1,000
Ruben Foundation	250	250
The City London solicitors' company	1,400	2,372
Schroder Charity Trust	-	2,000
Other/Beneficiaries' Contribution	2,225	250
	<u>16,275</u>	<u>14,222</u>