COMPANY REGISTRATION NUMBER: 03067995 CHARITY REGISTRATION NUMBER: 1076847

Cardiff & Vale of Glamorgan Parents Federation (Learning Disabilities)

Company Limited by Guarantee Unaudited Financial Statements 31 March 2018

CARSTON

Chartered accountants
1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2018

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Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2018

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2018.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name Cardiff & Vale of Glamorgan Parents Federation (Learning

Disabilities)

Charity registration number 1076847

Company registration number 03067995

office

Principal office and registered Unit 14 Sbectrum Community Centre

Bwlch Road Fairwater Cardiff CF5 3EF

The trustees Philip Harding

Pauline Young Norbert Flynn Denise Pearson Usha Sarangi Elaine Gee Susan McFarland

Company secretary Hasina Kaderbhai

Philippa Keane ACA DChA Independent examiner

1st Floor, Tudor House 16 Cathedral Road

Cardiff **CF119LJ**

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2018

OBJECTIVES AND ACTIVITIES

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing Cardiff & Vale of Glamorgan Parents Federation (Learning Disabilities) aims and objectives and in planning future activities.

Cardiff & the Vale Parents' Federation was set up over 30 years ago by parents of people with a learning disability. It is carer led and focuses upon supporting carers or people with a learning disability. We now have almost 2000 members.

Our stated purpose is '...to promote the health and welfare of people with a learning disability in the areas currently covered by the counties of Cardiff and the Vale of Glamorgan...'.

We achieve this by offering information in a variety of mediums, opportunities for carers to meet and support one another and by coordinating effective carer representation in consultation processes.

Parents and close relatives are typically the prime source of support and assistance in a learning disabled persons life and our services focus around supporting the family carer to be better able to face the challenges of caring. Our work compliments the aims of the Social Services and Well Being Act (2014) and other recent legislation that recognises the importance and value of carers. All our services are free, including the provision of information, literature, individual assistance, organisation membership and newsletters, along with attendance at workshops or events.

We also hold weekly social gatherings where carer can meet one another over a free breakfast, lunch or activity. We rely upon volunteer parents and carers to keep us informed, choose our priorities and speak up for carers and families across the region.

We reimburse members expenses when attending meetings or events on our behalf in a voluntary capacity.

As a small charity we are always seeking funding to ensure our services remain free while looking at better and more efficient ways of working. At a time when the social economy and public finances are under such pressure it is more important than ever that unpaid family carers who save the nation billions, have a voice and a say in policy and service development!

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued) Year ended 31 March 2018

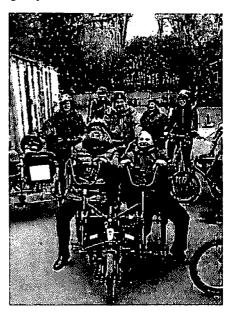
Objectives and activities (continued)

Support for families

Through the year to March 2018 we provided a variety of carer focussed support initiatives including the following:

We coordinated carers' information workshops and training days





We held regular social networking events, promoting activities that benefit carers and their families.

Carers and their disabled relatives are supported to enjoy a variety of social gatherings where they meet and exchange experiences, ideas and socialise.



At these events, parents overcome social isolation and build confidence and skills to help them continue their caring role.

The knowledge and confidence that other carers can share with you is invaluable.

Carers tell us these gatherings are ".. a lifeline..." and a great way to meet others who understand what being a carer involves.

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2018

Objectives and activities (continued)

Connected Carers

In August 2017 we commenced work on a three year Big Lottery funded project with partners from Glamorgan Voluntary Services (GVS) and the Touch Trust. This project extends the successful carers gatherings held in the Vale to all lifelong carers across both counties and we look forward to involving more carers as the scene develops.

Already we have held regular gatherings across both Cardiff and the Vale and extended into activities such as cycling (with Pedal Power), easy led walks (with Valeways and others) and worked alongside existing parent groups to help them grow.



In November 2017 we coordinated the 24th annual Understanding Disability awards.

These awards celebrate the inclusion of people with a learning disability in everyday life. An audience of over 100 enjoyed an award giving, various presentations and entertainment by various groups.





Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2018

Objectives and activities (continued)

Information and Signposting

Information on how to access support or assistance is of critical importance to a disabled individual and their relative/carer. Family carers are very often the only advocate or representative an individual can rely upon to press for the support and services that they should receive. For some families we offer an enhanced level of signposting to ensure that they are put in touch with appropriate sources of support.



We offer support to families that care for a child or adult, the carer's role never ends, even after their loved one has moved into their own home!

During 2017 we developed and launched a new searchable database of our membership. This allows us to search through our large membership to generate texts or emails that are targeted at carers who are most likely to be interested in information we wish to share (rather than flood them with information that does not impact upon them). This means we can share information in real-time- as soon as we hear about something, so do members!!

Our work also includes liaising with families to share information, highlight new ways of doing things and promoting new opportunities. This may include entertaining the idea of families 'taking risks' by trying new or better value approaches to facing challenges in daily life. Over the years we have promoted the use of direct payments, the importance of Person Centred Planning, alternatives to respite provision, innovative community activities and leisure opportunities. We are about to embark on a 3 year project funded by Lloyds Bank Foundation that will create an online Transitions Pathway resource for carers. This will be a carers' guide written by and for parents in plain language with tips and advice on how to go about navigating through difficult transitions in a child's life.

We produced 3 newsletters through the year. These are posted to all members as well as being shared online and distributed at various events and outlets.



We maintain and host a website that gives details of hundreds of activities and resources plus a news section, links to thousands of groups and sources of support and social media.

Our social media presence is very busy with over 1000 friends or followers and we post messages daily on our Facebook and twitter feeds

We maintain and update a detailed information guide (Where You Stand) and hold parent meetings to ascertain their views, needs and experiences. The online version of the Where You Stand website is updated on a daily basis and has been redesigned during this period. During the year we worked with partners in the All Wales Forum to put a funding bid forward that will allow us to develop this resource as a Wales wide resource for carers across the principality



Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2018

Objectives and activities (continued)



We have been involved in the development and piloting of a Wales wide online resource called Dewis Cymru that offers information on a wide range of social care support services.

Speaking Up for Families

The Federation often consults its membership for their views in various consultations and surveys in order that we can offer families a means to have their views listened to.

Our consultation responses are recorded on the website so that members can review our consultation activity. During the year we consulted on the development of the Social Services and Well-being Act (including the advocacy section), services for people on the Autism Spectrum.

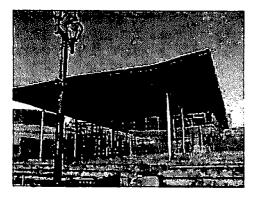


Representation

Another aspect of our work is in pressing for better support services and increased opportunities for people with a learning disability.

This involves our working with many partner bodies and organisations to lobby for improvements, promote or instigate change and encourage new opportunities to be developed.

We have supported volunteer members to participate in key planning forums and networks that influence the strategic direction of existing or future services for people with a learning disability. This covers all age groups and abilities and includes participation in many cross-discipline strategic groups or frameworks at local, regional and national levels.



Members have representation on the Welsh Government and local authority planning groups and various other working groups.

This has included leading on the development of a Respite Strategy for the two counties, chairing the cross county Learning Disability Partnership Group and parental participation in many statutory or third sector initiatives.

We are actively involved in a number of its sub and task groups as well as the Autism Strategic group across Cardiff and the Vale.

Volunteer members have played an active role in pushing for more and better accessible WC's across the country so that disabled people can enjoy trips into their communities and attend to calls of nature with dignity. The Changing Places campaign now has over 30 accessible loos across Wales, a third of these being in Swansea and Neath.

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2018

ACHIEVEMENTS AND PERFORMANCE

During the year 2017-18 demands for our services have risen dramatically. Our membership has risen to almost 2000. This is in part due to increased referrals via our partners in a Families First funded project for families across Cardiff, but also attributable to the work we have carried out as part of other projects supported by the Lloyds Bank Foundation grant.

An increasing number of families and disabled individuals are finding themselves unable to meet the stringent criteria for statutory sector funded support while at the same time facing losing DWP and other benefits income. This has resulted in an increased demand for our signposting and information services.

Feedback from families on the support we offer has been very positive and complimentary, suggesting that our services are well received. Feedback from professionals and agencies has been similarly positive.

Staff and volunteers have maintained a visible presence at the various forums and in consultations throughout this time, while volunteers have continued to successfully lobby for improvements in services and against changes and cutbacks.

Our social gatherings that aim to link families and carers with one another to enable mutual support and overcome social isolation have been a great success. These continue to flourish with support from the Vale of Glamorgan Council and Lloyds Bank Foundation.

Our social media presence continues to grow with over 1000 friends or followers, this offers an invaluable means to communicate with families in real time. Our website is well supported and is generating new referrals and feedback from carers.

Ongoing support from the Cardiff and Vale of Glamorgan councils as well as the Families First team in Cardiff, Lloyds Bank Foundation and Consensus has ensured that we have maintained a high quality service and a visible presence during very challenging times.

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2018

FINANCIAL REVIEW

The statement of financial activities and the statement of financial position describe the state of the charitable company's finances for the year.

As in previous years, the bulk of the funding is from both Cardiff and Vale of Glamorgan councils and other grants from organisations such as Action for Children, All Wales Forum and GVS.

Total income for the year was £97,955 (2017 £112,146), of which £55,367 was restricted (2017 £56,196). Total expenditure for the year was £104,867 (2017 £99,001).

This resulted in a deficit for the year of £6,912 (2017 surplus of £13,145). Of this deficit, £7,614 was net spending against restricted funds brought forward and received in the year. There was a £702 surplus for the year on the restricted fund.

Reserves Policy

Reserves at the year-end stand at £6,117, of which £4,136 is restricted and £1,981 is unrestricted.

We do not have a reserve contingency fund and have agreed that we need a minimum of 3 months running costs (approximately £26,000). We plan to achieve our stated target over the coming four years by close management of spend and ongoing reduction of overheads. This is a continuing challenge given the pressures on funding.

Going Concern

Our financial situation during the year was difficult but we managed to balance expenditure within income after having covered the costs incurred in downsizing our staff team to save future funds.

We have secured all of our projected income requirements for the current year (2018-19) but trustees are mindful of the uncertainty of future funding and shall continue to monitor the financial situation and take whatever steps are required to ensure that expenditure stays within income at all times.

We cannot be sure what the future holds for us and trustees meet regularly to monitor budgets and agree any steps that need to be taken to stay solvent. This may involve implementing cuts in services that are not explicitly funded or reducing staff levels, but trustees are confident that the organisation will still be in a position to fulfil its core obligations.

Fundraising remains a priority and several bids are in hand including more consortia bids while others are awaiting an outcome. We encourage carers to make voluntary donations or engage in fundraising as trustees have identified these mechanisms as ways carers can support us without needing to pay a membership subscription. We do not believe that carers should be charged for services as they already give their time freely.

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2018

PLANS FOR FUTURE PERIODS

We are involved in several partnership bids for funding that would ensure our longer term sustainability. These include third sector organisations within and outside the disability field.

Our services are constantly changing to reflect needs of our members and in order to ensure best value and efficacy while pursuing our goal of reaching even more difficult to contact families.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The organisation is a charitable company limited by guarantee and is governed by a Memorandum and Articles of Association. The company was incorporated on 14 June 1995 and amended by special resolution on 13 July 1999. The charity was registered on 2 August 1999.

The directors of the company also serve as trustees of the charity.

Trustees can be voted for at the Annual General Meeting annually by the members or can be co-opted by the board of trustees at any time.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 20 December 2018 and signed on behalf of the board of trustees by:

Signed

Print

Pulp C. Hardy, (how).
PHILED HARDERS.

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Cardiff & Vale of Glamorgan Parents Federation (Learning Disabilities)

Year ended 31 March 2018

I report to the trustees on my examination of the financial statements of Cardiff & Vale of Glamorgan Parents Federation (Learning Disabilities) ('the charity') for the year ended 31 March 2018.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2. the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4. the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

The charitable company's going concern position at 31 March 2018 was uncertain due to the low level of free reserves. We would draw your attention to the trustees' explanation of the actions they have taken, included in the financial review section of the trustees' annual report and also to the going concern accounting policy. However, we are satisfied that the trustees have taken all reasonable steps to control and monitor the position and we do not propose to modify our above opinion on the accounts.

I have no other concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Philippa Keane ACA DChA Independent Examiner

1st Floor, Tudor House 16 Cathedral Road Cardiff

CF11 9LJ

Date: 2.1. December 2018

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2018

			2018		2017
		Unrestricted	Restricted		
		funds	funds	Total funds	Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	5	55,367	42,587	97,954	112,132
Investment income	6	1		1	14
Total income		55,368	42,587	97,955	112,146
Expenditure					·
Expenditure on charitable activities	7,8	54,666	50,201	104,867	99,001
Total expenditure		54,666	50,201	104,867	99,001
Net (expenditure)/income and net					
movement in funds		702	(7,614)	(6,912)	13,145
Reconciliation of funds					
Total funds brought forward		1,279	11,750	13,029	(116)
Total funds carried forward		1,981	4,136	6,117	13,029
Total funds carried forward		1,981	4,136	6,117	13,029

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Company Limited by Guarantee

Statement of Financial Position

31 March 2018

		2018		2017
	Note	£	£	£
Fixed assets Tangible fixed assets	14		-	259
Current assets Debtors Cash at bank and in hand	15	12,818 1,571 14,389		5,359 10,799 16,158
Creditors: amounts falling due within one year	16	8,272		3,388
Net current assets			6,117	12,770
Total assets less current liabilities			6,117	13,029
Net assets			6,117	13,029
Funds of the charity Restricted funds Unrestricted funds			4,136 1,981	11,750 1,279
Total charity funds	18		6,117	13,029

For the year ending 31 March 2018 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 20 December 2018, and are signed on behalf of the board by:

Signed

Print

Trustee

Company Registration Number: 03067995

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2018

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Unit 14 Sbectrum Community Centre, Bwlch Road, Fairwater, Cardiff, CF5 3EF.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006 as well as applicable company and charity law.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

As at 31 March 2018 the charitable company had reserves of £6,117, of which only £1,981 are free reserves. The trustees have considered the going concern position in some detail and are satisfied that in the immediate future the steps that they have already taken to reduce costs and secure additional funding for the next financial year should be sufficient to keep the charity operational for at least 12 months. The detailed justification for this has been included in the financial review section of the trustees' annual report. On this basis the trustees are satisfied that no adjustments are required to the accounts at 31 March 2018 to reflect any uncertainty in going concern.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2018

3. Accounting policies (continued)

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

• income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

expenditure on charitable activities includes all costs incurred by a charity in undertaking
activities that further its charitable aims for the benefit of its beneficiaries, including those
support costs and costs relating to the governance of the charity apportioned to charitable
activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Computer equipment

20% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. There were no such impairments required in the year.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2018

3. Accounting policies (continued)

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

Every member of the charitable company undertakes to contribute to the assets of the charitable company, in the event of the same being wound up while he or she is a member, or within one year after he or she ceases to be a member, for payment of the debts and liabilities of the charitable company contracted before he or she ceases to be a member, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves, such amount as may be required not exceeding one pound sterling (£1).

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2018

5. Donations and legacies

6.

		Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £
Donations Donations - other		_	-	-
Grants Cardiff CC Core Grant Vale of Glam Council Core Grant Lloyds Bank Action for Children All Wales Forum Consensus - Understanding Disability GVS		26,467 26,400 — — — 2,500 —	33,999 2,400 - 6,188	26,467 26,400 33,999 2,400 2,500 6,188
		55,367	42,587	97,954
		Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £
Donations Donations - other		10	-	10
Grants Cardiff CC Core Grant Vale of Glam Council Core Grant Lloyds Bank Action for Children All Wales Forum Consensus - Understanding Disability GVS		27,286 26,140 — — 2,500 — 55,936	14,600 33,996 7,600 — — 56,196	27,286 26,140 14,600 33,996 7,600 2,500
		<u> </u>	50,130	112,102
Investment income				
	Unrestricted Funds £	Total Funds 2018 £	Unrestricted Funds £	Total Funds 2017 £
Bank interest receivable	1	1	14	14

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2018

7. Expenditure on charitable activities by fund type

Promotion of health and welfare	Unrestricted	Restricted	Total Funds
	Funds	Funds	2018
	£	£	£
	51,217	50,201	101,418
Support costs	3,449 54,666	50,201	3,449 1 <u>04,867</u>
Promotion of health and welfare	Unrestricted	Restricted	Total Funds
	Funds	Funds	2017
	£	£	£
	50,691	44,446	95,137
Support costs	3,864 54,555	44,446	3,864 99,001

8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2018 £	Total fund 2017 £
Promotion of health and welfare	101,418	1,229	102,647	96,543
Governance costs	-	2,220	2,220	2,458
	101,418	3,449	104,867	99,001

9. Analysis of support costs

	Analysis of		
	support costs	Total 2018	Total 2017
	£	£	£
Human resources	830	830	1,024
Finance costs	399	399	382
Governance costs	2,220	2,220	2,458
	3,449	3,449	3,864

10. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2018	2017
	£	£
Depreciation of tangible fixed assets	259	260
		

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2018

11. Independent examination fees

	2018 £	2017 £
Fees payable to the independent examiner for: Independent examination of the financial statements	2,040	1,920

12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2018	2017
	£	£
Wages and salaries	70,427	61,821
Social security costs	4,919	4,531
Employer contributions to pension plans	7,127	6,543
	82,473	72,895

The average head count of employees during the year was 5 (2017: 4). The average number of full-time equivalent employees during the year is analysed as follows:

	2018	2017
	No.	No.
Direct charitable staff	5	4

No employee received employee benefits of more than £60,000 during the year (2017: Nil).

13. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

One trustee claimed travel expenses of £19 during the year.

14. Tangible fixed assets

	Equipment £
Cost At 1 April 2017 and 31 March 2018	2,332
Depreciation At 1 April 2017 Charge for the year	2,073 259
At 31 March 2018	2,332
Carrying amount At 31 March 2018	
At 31 March 2017	259

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2018

15. Debtors

16.

Prepayments and accrued income Other debtors	2018 £ 240 12,578	2017 £ 281 5,078
	12,818	5,359
Creditors: amounts falling due within one year		
	2018	2017
	£	£
Bank loans and overdrafts	5,010 3,262	967 2,421
Accruals and deferred income	3,202	2,721

17. Pensions and other post-retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £7,127 (2017: £6,543).

3,388

8,272

18. Analysis of charitable funds

Unrestricted funds

General funds	At 1 April 2017 £ 1,279	Income £ 55,368	Expenditure £ (54,666)	At 31 March 2018 £ 1,981
General funds	At 1 April 2016 £ (116)	Income £ 55,950	Expenditure £ (54,555)	At 31 March 2017 £ 1,279

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2018

18. Analysis of charitable funds (continued)

Restricted funds	At			At 31
	1 April 2017 £	Income £	Expenditure £	March 2018
Families First Lloyds Bank All Wales Forum GVS	11,750	34,000	(34,000) (8,935)	2,815
	- -	2,400 6,187	(2,400) (4,866)	1,321
	11,750	42,587	(50,201)	4,136
	At			At 31
	1 April 2016 £	Income £	Expenditure £	March 2017 £
Families First Lloyds Bank All Wales Forum GVS		33,996	(33,996)	_
	- -	14,600 7,600	(2,850) (7,600)	11,750 -
	_		<u> </u>	
		56,196	(44,446)	11,750

Lloyds Bank have provided a grant to fund the salary and office costs of a Development Officer.

The Families First grant provides funding with a clear emphasis on prevention and early intervention for families, particularly those living in poverty.

Glamorgan Voluntary Services (GVS) is a grant that will fund support to family carers of people with lifelong or life-limiting conditions.

All Wales Forum grant was received to develop the Cardiff & Vale Parents' Federation website to ensure it provides a Wales wide information resource.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2018

19. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £
Tangible fixed assets	- 10,253	- 4,136	_ 14,389
Current assets Creditors less than 1 year	(8,272)	-	(8,272)
Net assets	1,981	4,136	6,117
	Unrestricted	Restricted	Total Funds
	Funds	Funds	2017
	£	£	£
Tangible fixed assets	259	-	259
Current assets	4,408	11,750	16,158
Creditors less than 1 year	(3,388)		(3,388)
Net assets	1,279	11,750	13,029

20. Related parties

One of the trustees of Cardiff & Vale of Glamorgan Parents Federation is also a trustee of Vision 21, to which rent and other office costs of £5,631 was paid during the year.