

**REGISTERED COMPANY NUMBER: 05081953 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1169747**

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2018  
for  
The Haven Project**

## The Haven Project

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## **The Haven Project**

### **Report of the Trustees for the Year Ended 31 March 2018**

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2018. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

#### **OBJECTIVES AND ACTIVITIES**

##### **Significant activities**

Our main purpose is to help those diagnosed with a personality disorder in North East Essex (Colchester and the Tendring Peninsula) to cope with the condition and achieve a better quality of life. We have registered 36 new clients since March 2017 bringing our total client numbers to 183. The reason this number does not exceed last year's is because we have let a number of clients go who had not used the service for a significant period or had moved away. This amounted to 24 clients.

Our services include recovery groups which enable clients to manage their condition better, one to one sessions which heals the deeper trauma most will have experienced, and telephone support for the occasions when clients begin to feel that their emotions may be getting out of control. In addition, the project offers outdoor activities to promote well-being. An outreach service was developed to reach those who, for whatever reason, are anxious and cannot or will not leave their homes. The wellbeing outcomes our clients achieve are remarkable and measured by a nationally validated system.

We also provide placements for students from Frontline - a social worker training college, University of Essex, the Mental Health Trusts' (EPUT) Community Services as well as occasionally the police cadets and individuals from the voluntary services.

##### **Public benefit**

The Haven Project makes a positive difference to the clients' wellbeing as well as the carers and family. This in turn impacts on the community in which they live. A reduction in A&E attendance and emergency admissions to mental wards is significantly reduced (60-80% within the first year of registration at the project). The reduction amounts to significant savings as well as an increased wellbeing for the clients who avoid spending time in these units. There are also benefits accruing from reduction in public disorder and social services input.

##### **Future Plans**

Given the recent grant of further funding from the Big Lottery for three years, albeit on a gradually reducing basis, we will continue our efforts to engage with the Essex Partnership Trust and the relevant Clinical Commissioning Groups to secure long term government funding during and after the three years lottery funding comes to an end. We have been very actively engaged in the work stream dealing with the new Essex University Partnership University trust (EPUT) and its PD strategy. Haven services do now form part of the PD pathway in the area even if it is still on an unfunded basis. We must plan for a future where the statutory funding accounts for less than it is in fact worth and are prepared to seek other sources of funding as indeed we are already doing - and successfully so - see below.

More significantly we will be piloting Personal Health Budget together with the trust in the near future.

We have been encouraged by Susanna Howard, the CEO of the Transformation and Sustainability Board to engage at an active level in the alliances that work across organisational boundaries.

## **The Haven Project**

### **Report of the Trustees for the Year Ended 31 March 2018**

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#### **OBJECTIVES AND ACTIVITIES**

##### **Funding**

We have received a further 3 years funding from the Big Lottery on a tapering basis. But plans are in place and are being fulfilled to bridge the gap left by the taper. There are also reserves in place to cover temporary blips in the timing of the funding income. At the moment this will be sufficient to keep the project running 4 to 5 months at the end of the Grant.

However, we are anticipating a well-planned transition from the Lottery Funding to a more sustainable spread of other funding streams.

So we are active and successfully pursuing the new sources of funding platforming a major donor event and making £5,000, applying to grant makers and so far securing £7,500 having three more applications in the pipeline, putting on special fundraising events with our clients, rolling out shopping apps, taking part in supermarket token schemes and much else besides.

We hope that the personal health budget pilot referred to above will provide a further revenue stream and we continue to engage with the CCG and EPUT at every opportunity to lobby for long term NHS funding at the end of the grant.

Clients and friends and local community groups have been very generous and are very busy raising funds for us: clients raised more than £12,000 during the past year; a long-term supporter of the Haven raised £2,200 with a sponsored walk. This year we have police cadets aiming to raise £2,000 and we are also recruiting a team of cyclists to ride for us, hopefully raising £3,700 in the process.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

##### **Charity constitution**

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/04/2004 and registered as a charity on 18/10/2016. The Company was established under a Memorandum of Association which established the objects & powers of the charitable company and is governed under its Articles of association, amended by special resolution on 23rd May 2016.

##### **Recruitment and appointment of new trustees**

The trustees also serve as directors as we are a charitable company. There has been an effort made to attract more diversity into our board and now includes a young person who has PD. As we are a user led organisation, the clients are also represented on the board by the chair of the client community. A knowledgeable individual with a background in governing Health Trusts has also been recruited.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

05081953 (England and Wales)

##### **Registered Charity number**

1169747

##### **Registered office**

10 St Peters Court  
Middleborough  
Colchester  
Essex  
CO1 1WD

## The Haven Project

### Report of the Trustees for the Year Ended 31 March 2018

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#### REFERENCE AND ADMINISTRATIVE DETAILS

##### Trustees

I D Mullins

Ms F D G Leader

S L Leader

Ms K Magee

N J Tweed

D M Wrathall

Sir R E Russell

L F Thomas

- resigned 3.9.18

A J L Milner

J Addison

- appointed 2.2.18

##### Independent examiner

JTF

Chartered Certified Accountants

Electra House

1A Gilberd Road

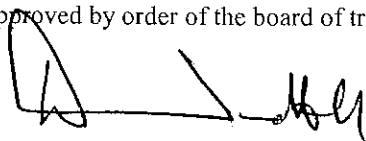
Colchester

Essex

CO2 7LR

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 3 December 2018 and signed on its behalf by:



D M Wrathall - Trustee

## **Independent Examiner's Report to the Trustees of The Haven Project**

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### **Independent examiner's report to the trustees of The Haven Project ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2018.

#### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

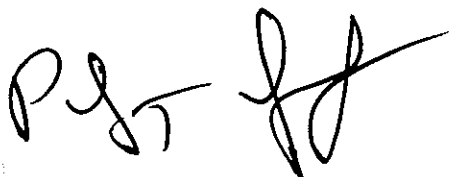
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



P J T Frost  
FCCA  
JTF  
Chartered Certified Accountants  
Electra House  
1A Gilberd Road  
Colchester  
Essex  
CO2 7LR

3 December 2018

# The Haven Project

## Statement of Financial Activities for the Year Ended 31 March 2018

			Year Ended 31.3.18	Period 18.10.16 to 31.3.17
	Notes	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>				
Donations and legacies		14,130	-	824
<b>Charitable activities</b>				
Maximising the recovery of people diagnosed with personality disorder		129,973	30,000	111,096
Other trading activities	2	7,907	-	5,376
Investment income	3	405	-	140
<b>Total</b>		<b>152,415</b>	<b>30,000</b>	<b>117,436</b>
<b>EXPENDITURE ON</b>				
Raising funds		55	-	-
<b>Charitable activities</b>				
Maximising the recovery of people diagnosed with personality disorder		133,225	30,824	97,460
<b>Total</b>		<b>133,280</b>	<b>30,824</b>	<b>97,460</b>
<b>NET INCOME/(EXPENDITURE)</b>		<b>19,135</b>	<b>(824)</b>	<b>19,976</b>
<b>Transfers between funds</b>	12	<b>580</b>	<b>(580)</b>	<b>-</b>
<b>Net movement in funds</b>		<b>19,715</b>	<b>(1,404)</b>	<b>19,976</b>
<b>RECONCILIATION OF FUNDS</b>				
<b>Total funds brought forward</b>		<b>101,880</b>	<b>4,404</b>	<b>86,308</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>121,595</b>	<b>3,000</b>	<b>106,284</b>

The notes form part of these financial statements

The Haven Project

Balance Sheet  
At 31 March 2018

	Notes	Unrestricted funds £	Restricted funds £	31.3.18 Total funds £	31.3.17 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	8	1,756	-	1,756	1,866
<b>CURRENT ASSETS</b>					
Debtors	9	5,901	-	5,901	6,122
Cash at bank and in hand		120,151	3,000	123,151	107,322
		<u>126,052</u>	<u>3,000</u>	<u>129,052</u>	<u>113,444</u>
<b>CREDITORS</b>					
Amounts falling due within one year	10	(6,213)	-	(6,213)	(9,026)
<b>NET CURRENT ASSETS</b>		<u>119,839</u>	<u>3,000</u>	<u>122,839</u>	<u>104,418</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>121,595</u>	<u>3,000</u>	<u>124,595</u>	<u>106,284</u>
<b>NET ASSETS</b>		<u>121,595</u>	<u>3,000</u>	<u>124,595</u>	<u>106,284</u>
<b>FUNDS</b>	12				
Unrestricted funds				121,595	101,880
Restricted funds				3,000	4,404
<b>TOTAL FUNDS</b>				<u>124,595</u>	<u>106,284</u>

The notes form part of these financial statements



**The Haven Project**

**Balance Sheet - continued**  
**At 31 March 2018**

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The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 3 December 2018 and were signed on its behalf by:



D M Wrathall -Trustee

The notes form part of these financial statements

## 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	- 25% on cost
Office equipment	- 25% on cost

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

In the event of restricted funds being used to purchase a fixed asset which can then be used for the general purposes of the charity, the purchase is included within fixed asset additions and a transfer is shown from restricted funds to unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	Year Ended 31.3.18 £	Period 18.10.16 to 31.3.17 £
Fundraising events	<u>7,907</u>	<u>5,376</u>

3. INVESTMENT INCOME

	Year Ended 31.3.18 £	Period 18.10.16 to 31.3.17 £
Bank interest receivable	<u>405</u>	<u>140</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	Year Ended 31.3.18 £	Period 18.10.16 to 31.3.17 £
Depreciation - owned assets	1,000	522
Other operating leases	<u>17,000</u>	<u>7,708</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2018 nor for the period ended 31 March 2017.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2018 nor for the period ended 31 March 2017.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2018

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	Year Ended 31.3.18	Period 18.10.16 to 31.3.17
Crisis workers	4	4
Therapeutic and support	2	2
Finance and administration	2	2
	<u>8</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies			
<b>Charitable activities</b>	824	-	824
Maximising the recovery of people diagnosed with personality disorder	89,026	22,070	111,096
Other trading activities	5,376	-	5,376
Investment income	140	-	140
<b>Total</b>	<u>95,366</u>	<u>22,070</u>	<u>117,436</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Maximising the recovery of people diagnosed with personality disorder	79,794	17,666	97,460
<b>Total</b>	<u>79,794</u>	<u>17,666</u>	<u>97,460</u>
<b>NET INCOME/(EXPENDITURE)</b>	<u>15,572</u>	<u>4,404</u>	<u>19,976</u>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	86,308	-	86,308
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>101,880</u>	<u>4,404</u>	<u>106,284</u>

# The Haven Project

## Notes to the Financial Statements - continued for the Year Ended 31 March 2018

### 8. TANGIBLE FIXED ASSETS

	Equipment £	Office equipment £	Totals £
<b>COST</b>			
At 1 April 2017			
Additions	241	6,224	6,465
	-	890	890
At 31 March 2018	241	7,114	7,355
<b>DEPRECIATION</b>			
At 1 April 2017			
Charge for year	190	4,409	4,599
	25	975	1,000
At 31 March 2018	215	5,384	5,599
<b>NET BOOK VALUE</b>			
At 31 March 2018	26	1,730	1,756
At 31 March 2017	51	1,815	1,866

### 9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.18	31.3.17
Prepayments and accrued income	£	£
	5,901	6,122

### 10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.18	31.3.17
Trade creditors	£	£
Tax	1,104	943
Social security and other taxes	-	45
Other creditors	2,111	2,228
Accruals and deferred income	128	3,890
	2,870	1,920
	6,213	9,026

### 11. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.18	31.3.17
Within one year	£	£
Between one and five years	17,000	-
	19,833	53,833
	36,833	53,833

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2018

12. MOVEMENT IN FUNDS

	At 1.4.17 £	Net movement in funds £	Transfers between funds £	At 31.3.18 £
<b>Unrestricted funds</b>				
General fund	85,882	19,135	(38)	104,979
Designated fund - Big Lottery	15,998	-	618	16,616
	<u>101,880</u>	<u>19,135</u>	<u>580</u>	<u>121,595</u>
<b>Restricted funds</b>				
Awards for All Grant	4,404	(3,824)	(580)	-
Tudor Trust	-	3,000	-	3,000
	<u>4,404</u>	<u>(824)</u>	<u>(580)</u>	<u>3,000</u>
<b>TOTAL FUNDS</b>	<u>106,284</u>	<u>18,311</u>	<u>-</u>	<u>124,595</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	152,415	(133,280)	19,135
<b>Restricted funds</b>			
Awards for All Grant	-	(3,824)	(3,824)
Essex Community Foundation	7,500	(7,500)	-
ICCF	15,000	(15,000)	-
Tudor Trust	7,500	(4,500)	3,000
	<u>30,000</u>	<u>(30,824)</u>	<u>(824)</u>
<b>TOTAL FUNDS</b>	<u>182,415</u>	<u>(164,104)</u>	<u>18,311</u>

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 18.10.16 £	Net movement in funds £	Transfers between funds £	At 31.3.17 £
<b>Unrestricted Funds</b>				
General fund	86,308	15,572	(15,998)	85,882
Designated fund - Big Lottery	-	-	15,998	15,998
	<u>86,308</u>	<u>15,572</u>	<u>-</u>	<u>101,880</u>
<b>Restricted Funds</b>				
Awards for All Grant	-	4,404	-	4,404
<b>TOTAL FUNDS</b>	<u>86,308</u>	<u>19,976</u>	<u>-</u>	<u>106,284</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	95,366	(79,794)	15,572
<b>Restricted funds</b>			
Awards for All Grant	9,804	(5,400)	4,404
<b>TOTAL FUNDS</b>	<u>105,170</u>	<u>(85,194)</u>	<u>19,976</u>

The Awards for All fund is in respect of a grant received for the provision of wellbeing activities.

The ICCF fund, the Essex Community Foundation fund and the Tudor Trust funds are in respect of grants received towards the salary of therapeutic support workers.

The designated fund - Big Lottery is in respect of the Big Lottery grant received towards the charity's costs for the year ended 14 May 2018. The trustees have apportioned the grant evenly over the period and the balance of the fund represents the amount allocated towards the costs of the charity for the period 1 April 2018 to 14 May 2018.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2018.

# The Haven Project

## Detailed Statement of Financial Activities for the Year Ended 31 March 2018

	Year Ended 31.3.18 £	Period 18.10.16 to 31.3.17 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	14,130	824
<b>Other trading activities</b>		
Fundraising events	7,907	5,376
<b>Investment income</b>		
Bank interest receivable	405	140
<b>Charitable activities</b>		
Grants	159,973	98,830
<b>Total incoming resources</b>	<b>182,415</b>	<b>105,170</b>
<b>EXPENDITURE</b>		
<b>Other trading activities</b>		
Fundraising costs	55	-
<b>Charitable activities</b>		
Wages	58,592	15,485
Social security	2,443	1,659
Pensions	4,043	1,664
Other operating leases	11,333	5,139
Rates and water	1,210	640
Insurance	3,789	1,633
Light and heat	2,008	1,749
Communications	3,306	1,386
Postage and stationery	1,614	760
Sundries	516	425
Service user activities	900	4,800
Training	1,336	1,330
HR and health & safety	-	1,077
IT support services	2,395	743
Cleaning	400	254
Office consumables	660	148
Office supplies	846	57
Agency workers	4,042	1,578
Professional services	-	15,300
Property service charge	1,423	641
Repairs and maintenance	1,521	156
Carried forward	<b>102,377</b>	<b>56,624</b>

This page does not form part of the statutory financial statements



**The Haven Project**

**Detailed Statement of Financial Activities  
for the Year Ended 31 March 2018**

	Year Ended 31.3.18 £	Period 18.10.16 to 31.3.17 £
<b>Charitable activities</b>		
Brought forward		
Supervision	102,377	56,624
Travel	1,260	535
Dues and subscriptions	1,340	502
Equipment	50	-
Office	-	11
	1,000	511
	<u>106,027</u>	<u>58,183</u>
<b>Support costs</b>		
<b>Management</b>		
Wages		
Social security	43,645	18,113
Pensions	1,437	1,422
Other operating leases	3,512	1,595
Rates and water	5,667	2,569
Light and heat	605	321
Property service charge	1,004	-
	711	320
	<u>56,581</u>	<u>24,340</u>
<b>Finance</b>		
Bank charges		
<b>Governance costs</b>	157	44
Accountancy fees		
Payroll administration	750	1,560
Other professional fees	534	372
	-	695
	<u>1,284</u>	<u>2,627</u>
<b>Total resources expended</b>	<u>164,104</u>	<u>85,194</u>
<b>Net income</b>	<u>18,311</u>	<u>19,976</u>

This page does not form part of the statutory financial statements