

REGISTERED COMPANY NUMBER: 08436085 (England and Wales)
REGISTERED CHARITY NUMBER: 1152263

REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2018
FOR
SAIL (SEXUAL ABUSE AND INCEST LINE)

Nicholson Tax & Accounts
The Old Dairy
Chevin Green Farm
Chevin Road
Belper
Derbyshire
DE56 2UN

SAIL (SEXUAL ABUSE AND INCEST LINE)

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FOR THE YEAR ENDED 31 MARCH 2018

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SAIL (SEXUAL ABUSE AND INCEST LINE)

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2018**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2018. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The relief and prevention of the further suffering of people in the Derbyshire area who are survivors of childhood sexual abuse or incest, by the provision of assistance, support and services or as the Trustees shall from time to time decide.

Principal activities

SAIL provides face to face counselling, support and information to survivors of child sexual abuse (18+) who live in Derbyshire. A dedicated team of volunteer counsellors, who are qualified to a minimum of Diploma level, or on placement, provide the majority of the direct counselling service.

Summary of the main activities undertaken for public benefit

In carrying out these activities, the trustees have had regard to the guidance issued by the Charity Commission on public benefit.

ACHIEVEMENT AND PERFORMANCE

During the year we offered short and longer term counselling to adult survivors of child sexual abuse.

During the year SAIL:

- took 1923 calls through the office and appointments line
- conducted 127 assessments
- provided counselling for 92 clients for periods of up to 6 months
- offered 1114 on-going counselling sessions

FINANCIAL REVIEW

SAIL's funding is secure until March 2021. Along with other small charity organisations SAIL is reliant on funding for our core service. Within this funding landscape it has been challenging to plan or develop the service. Nevertheless SAIL with the aid of sound financial management and the support of staff and volunteers generated a positive financial outcome for the period. The Core funding sources for SAIL are currently Big Lottery and North Derbyshire Clinical Commissioning Group.

It is the long term aim of SAIL, which is particularly vulnerable to cuts in statutory funding, to build up unrestricted funds (the free reserves of the organisation) equivalent to three months average annual expenditure. This financial year three months running costs would be £13,000.

The charity had £49,946 in reserves at 31st March 2018 of which £48,801 were unrestricted. The trustees feel that this level of unrestricted reserves is sufficient to meet the demands of our reserves policy.

FUTURE PLANS

SAIL plans to continue and strengthen the activities outlined above during the next year. SAIL has plans to strengthen the services and enhance the counselling service by offering other therapies;

- art therapy
- drama therapy
- complimentary therapies

SAIL's service is currently undergoing an evaluation/service review and will act on recommendations as appropriate.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Company (Company number 8436085) was incorporated on 8 March 2013 and its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee and a registered charity (Charity number 1152263). It took over the funds of the unincorporated charity number 1108117, also known as SAIL. These funds were transferred on 1 April 2014. It has no share capital and the liability of each member in the event of winding-up is limited to £1. Overall management of the Charity is the responsibility of the trustee directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

SAIL (SEXUAL ABUSE AND INCEST LINE)

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2018

STRUCTURE, GOVERNANCE AND MANAGEMENT

Under the requirements of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for a period of a year after which they must be re-elected at the next Annual General Meeting. The Management Committee seeks to ensure that the needs of the beneficiaries are appropriately reflected through the diversity of the trustee body. To enhance the potential pool of trustees SAIL advertises on a running basis with the local volunteer centre and also networks with local groups of differing professionals as a way of ensuring a broad mix of skills is represented on the Management Committee.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08436085 (England and Wales)

Registered Charity number

1152263

Registered office

12 Soresby St
Chesterfield
Derbyshire
S40 1TT

Trustees

Miss G R Binnie
Miss M Grant

Project Coordinator
Adult Safeguarding
Manager
Smoking Cessation
Specialist

Miss A Thornton-Delve

Mrs D Trossell

Trustee

- resigned 31.8.17

Company Secretary

Independent examiner

Nicholson Tax & Accounts
The Old Dairy
Chevin Green Farm
Chevin Road
Belper
Derbyshire
DE56 2UN

Approved by order of the board of trustees on 24 December 2018 and signed on its behalf by:



Miss M Grant - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
SAIL (SEXUAL ABUSE AND INCEST LINE)

Independent examiner's report to the trustees of Sail (Sexual Abuse And Incest Line) ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2018.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

E O'Connor
Nicholson Tax & Accounts
The Old Dairy
Chevin Green Farm
Chevin Road
Belper
Derbyshire
DE56 2UN

24 December 2018

SAIL (SEXUAL ABUSE AND INCEST LINE)

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2018

	Notes	Unrestricted funds £	Restricted funds £	31.3.18 Total funds £	31.3.17 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		26,392	61,534	87,926	52,620
Total		26,392	61,534	87,926	52,620
EXPENDITURE ON					
Charitable activities					
Charitable activities		4,342	81,285	85,627	62,257
NET INCOME/(EXPENDITURE)		22,050	(19,751)	2,299	(9,637)
RECONCILIATION OF FUNDS					
Total funds brought forward		26,750	20,897	47,647	57,284
TOTAL FUNDS CARRIED FORWARD		48,800	1,146	49,946	47,647

The notes form part of these financial statements

SAIL (SEXUAL ABUSE AND INCEST LINE)

BALANCE SHEET
AT 31 MARCH 2018

	Notes	Unrestricted funds £	Restricted funds £	31.3.18 Total funds £	31.3.17 Total funds £
CURRENT ASSETS					
Debtors	5	-	458	458	15,304
Cash at bank		48,801	32,633	81,434	35,392
		<u>48,801</u>	<u>33,091</u>	<u>81,892</u>	<u>50,696</u>
CREDITORS					
Amounts falling due within one year	6	-	(31,946)	(31,946)	(3,049)
		<u>48,801</u>	<u>1,145</u>	<u>49,946</u>	<u>47,647</u>
NET CURRENT ASSETS					
		<u>48,801</u>	<u>1,145</u>	<u>49,946</u>	<u>47,647</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>48,801</u>	<u>1,145</u>	<u>49,946</u>	<u>47,647</u>
NET ASSETS					
		<u>48,801</u>	<u>1,145</u>	<u>49,946</u>	<u>47,647</u>
FUNDS	7				
Unrestricted funds				48,801	26,750
Restricted funds				1,145	20,897
TOTAL FUNDS				<u>49,946</u>	<u>47,647</u>

The notes form part of these financial statements

SAIL (SEXUAL ABUSE AND INCEST LINE)

BALANCE SHEET - CONTINUED
AT 31 MARCH 2018

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 24 December 2018 and were signed on its behalf by:

Miss M Grant -Trustee

The notes form part of these financial statements

SAIL (SEXUAL ABUSE AND INCEST LINE)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2018 nor for the year ended 31 March 2017.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2018 nor for the year ended 31 March 2017.

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.18	31.3.17
Therapeutic Head of Service	1	1
Strategic Head of Service	1	-
Administration	1	1
	<hr/> 3 <hr/>	<hr/> 2 <hr/>

No employees received emoluments in excess of £60,000.

SAIL (SEXUAL ABUSE AND INCEST LINE)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2018

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	13,459	39,161	52,620
Total	13,459	39,161	52,620
 EXPENDITURE ON			
Charitable activities			
Charitable activities	-	62,257	62,257
Total	-	62,257	62,257
 NET INCOME/(EXPENDITURE)	13,459	(23,096)	(9,637)
 RECONCILIATION OF FUNDS			
Total funds brought forward	13,291	43,993	57,284
 TOTAL FUNDS CARRIED FORWARD	26,750	20,897	47,647

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.18 £	31.3.17 £
Other debtors	-	1,450
Accrued income	-	12,937
Prepayments	458	917
	458	15,304

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.18 £	31.3.17 £
Social security and other taxes	-	-
Wages control	-	-
Accruals and deferred income	31,946	3,049
	31,946	3,049

SAIL (SEXUAL ABUSE AND INCEST LINE)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2018

7. MOVEMENT IN FUNDS

	At 1.4.17 £	Net movement in funds £	At 31.3.18 £
Unrestricted funds			
Core	26,750	22,051	48,801
Restricted funds			
NHS- PCT Funding	20,897	(20,897)	-
CVS	-	1,145	1,145
	<u>20,897</u>	<u>(19,752)</u>	<u>1,145</u>
TOTAL FUNDS	<u><u>47,647</u></u>	<u><u>2,299</u></u>	<u><u>49,946</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Core	26,392	(4,341)	22,051
Restricted funds			
NHS- PCT Funding	9,001	(29,898)	(20,897)
Big Lottery	51,033	(51,033)	-
CVS	1,500	(355)	1,145
	<u>61,534</u>	<u>(81,286)</u>	<u>(19,752)</u>
TOTAL FUNDS	<u><u>87,926</u></u>	<u><u>(85,627)</u></u>	<u><u>2,299</u></u>

Comparatives for movement in funds

	At 1.4.16 £	Net movement in funds £	At 31.3.17 £
Unrestricted Funds			
Core	13,291	13,459	26,750
Restricted Funds			
NHS- PCT Funding	43,993	(23,096)	20,897
TOTAL FUNDS	<u><u>57,284</u></u>	<u><u>(9,637)</u></u>	<u><u>47,647</u></u>

SAIL (SEXUAL ABUSE AND INCEST LINE)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2018

7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Core	13,459	-	13,459
Restricted funds			
NHS- PCT Funding	38,811	(61,907)	(23,096)
NDVA	350	(350)	-
	<u>39,161</u>	<u>(62,257)</u>	<u>(23,096)</u>
TOTAL FUNDS	<u><u>52,620</u></u>	<u><u>(62,257)</u></u>	<u><u>(9,637)</u></u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2018.

SAIL (SEXUAL ABUSE AND INCEST LINE)

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2018

	Unrestricted funds £	Restricted funds £	31.3.18 Total funds £	31.3.17 Total funds £
INCOME AND ENDOWMENTS				
Donations and legacies				
Private donations	519	-	519	522
Grants	25,873	61,534	87,407	52,098
	<u>26,392</u>	<u>61,534</u>	<u>87,926</u>	<u>52,620</u>
Total incoming resources	26,392	61,534	87,926	52,620
EXPENDITURE				
Charitable activities				
Salaries and pensions	4,341	48,128	52,469	37,919
Social security	-	1,078	1,078	-
Staff costs and expenses	-	87	87	2,876
Volunteer expenses	-	2,186	2,186	3,051
Supervision costs	-	4,475	4,475	-
Training costs	-	701	701	-
Room hire	-	325	325	-
Running costs	-	1,049	1,049	11,714
Office costs	-	1,146	1,146	3,549
	<u>4,341</u>	<u>59,175</u>	<u>63,516</u>	<u>59,109</u>
Support costs				
Management				
Insurance	-	401	401	-
Communication charges	-	1,636	1,636	-
Postage and stationery	-	1,025	1,025	-
Sundries	-	63	63	-
Computer costs	-	10,513	10,513	-
Rent and rates	-	6,212	6,212	-
	<u>-</u>	<u>19,850</u>	<u>19,850</u>	<u>-</u>
Finance				
Bank charges	-	274	274	-
Governance costs				
Accountancy and legal fees	-	1,987	1,987	3,148
	<u>-</u>	<u>1,987</u>	<u>1,987</u>	<u>3,148</u>
Total resources expended	4,341	81,286	85,627	62,257
Net income/(expenditure)	22,051	(19,752)	2,299	(9,637)

This page does not form part of the statutory financial statements