



Annual Report 2017/2018

Charity Name: Break Tha Cycle.

Registration number: 1161740

Address: 3 Ching way E4 8YD

Trustee names:

Chair Mrs: Vanessa Brooks

Vice Chair: Anthony Baptiste

Secretary: Vanessa Joseph

Treasurer: Mr James Higbee

Structure: CIO it is managed by a voluntary management committee who are made up of local people, some of which are professional practitioners who feel passionate about the ethos of our charity. The committee is made up of a chair, vice chair, secretary and treasurer. We meet up quarterly to discuss policies, practices and project development. We have a safe guarding and child protection lead that is the chair. As a new charity, we are embedding charity governance and quality assurance systems to improve our delivery. Young people are actively at the core of our decision making. Having adapted our constitution 13th January 2017, we are keen to develop early intervention work with the community and have broadened our reach to include children, young people and their families, in compliance with the Waltham Forest local authority Think Family strategy.

Break Tha Cycle have a safer recruitment policy which we adhered to. Anyone who volunteers for us either as a trustee or to help with the day to day running of the charity will have to fill out an application form, be interviewed; DBS checked and then have for an induction. As part of the recruitment process two references must be produced and followed up, then interviewed to find out what their key motivation is to work with children, young people and their families. Volunteers are offered supervision and one to ones to monitor and support their volunteering experience.

Activities:

Black History Project 2017- Funded by Urban Church Fund

Another successful year at our annual Black History project and event that was funded by Urban Church fund. This year our special Guest comedian was Slim who is one of the hottest comedians around. He captured the audience with his witty jokes and his wonderful charm. Not only does the show create a community atmosphere but the traditional Caribbean food always makes the event fantastic as it is indeed part of Black culture and heritage.



Our aim for Black History is to always bring the community together to embrace culture and to learn informally, to engage in local talent and create social cohesion. Over 150 people benefited from the project and event.



The B.R.E.A.K project update

Break Tha Cycle has successfully delivered a 6 month project aimed at vulnerable women and girls who are at risk of sexual exploitation, pregnancy and abuse.

The B.R.E.A.K project aimed to empower and encourage the growth of positive and healthy relationships between peers, family and other social circles and by doing this reducing the risk of youth violence, child sexual exploitation (CSE) and teen pregnancy.

This project had successfully met the outcomes originally set and the girls have gone onto doing some great things. Attendance and engagement in school has dramatically improved. One of the young girls have begun speaking at events sharing her experiences. Many of the girls stay in touch with Break Tha Cycle and are keen to attend our events and or projects.





Our Aims for 2018/2019

Our organisation's aims for the next financial year is to continue to deliver projects and initiatives that meet the following five areas of need:

- Working towards sustainability
- Create opportunities
- Promoting cohesion
- Engaging and empowering youth
- Continue to build good working relationships

We met our aims and objectives by delivering our initiatives of a high standard which was a direct result of the great passion and commitment from our volunteers. Not only were we supported by a strong team of dedicated volunteers but also the local community who have been very active in supporting our mission and spreading awareness of our projects.

As we progress onto another year we are keen to keep up the positive work that we do and remain consistent in supporting the people we work with.

Our Objectives for 2018/19 are:

- To create community cohesion
- Encourage young people to actively take part in volunteering
- To build networks in and out of the community
- Celebrating Black History and bringing people together
- Build capacity by recruiting more volunteers

Key achievements in 2017/18

- Increased capacity by volunteer recruitment.
- Built on organisation infrastructure through strong network and partnership arrangements Sourced in kind contributions and donations from local companies and businesses
- Increased reach through work in the community with statutory and voluntary services e.g. early intervention in the community
- Began delivering work to young women and girls
- Black History event which was well attended over 130 people



Performance

We are developing a fundraising strategy which will target funding for core costs to provide a combination of full time and part time salaries and sessional posts to recruit an events and fundraising coordinator and project manager.

We review our policies and procedures annually and amend as needed and they are signed off by the trustees.

Break Tha Cycle strive to deliver projects and initiatives for community benefit that challenge stereotypes, create community cohesion and encourage the growth of healthy and positive relationships. We believe that by engaging with people of all ethnicities and backgrounds, encourage social cohesion and bring communities together. This year we reached out to over 140 people.

Financial review

As a small developing charity our funds are below £25,000 please See attached accounts

Our charitable purposes:

To act as a resource for Children, young people and their families living in Waltham Forest and the surrounding areas by providing advice information, guidance and support, developing and delivering programmes and initiatives which cover young children, young people, their families and the wider community. We provide in formal educational and other activities as a means of:

(a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;

(b) Advancing education;

(c) Relieving unemployment;

(d) Providing recreational and leisure time activity in the interests of social welfare, designed to improve their conditions of life.

We carried out these purposes by providing information and advice to young people around specific things that were relevant to their individual needs. We also carried out our purposes by raising awareness on key factors within a young person life. Break Tha Cycle actively



engaged with a cohort of young people to plan and develop an organisational framework, looking at the way in which we work and how our management system runs the charity, in order to grow as an organisation which will effectively help us to deliver services at the highest standard ensuring that young people voices are always heard.

Break Tha Cycle have taken the charity commission's public benefit guidance into account when making any decision for which it is relevant to.

Personal Point

On behalf of Break Tha Cycle I would like to say Thank you to Urban Church Fund, Big Lottery Fund and Waltham Forest Council for funding our projects. A big Thank you to all the young people who participated in our projects and for making progress in their lives. Thank you to the local community for supporting us through our journey so far. It has been a great year and we are very excited for the future of Break Tha Cycle.

Founder K. W



Break Tha Cycle

Annual Income and Expenditure

Tax year April 2017 to March 31st 2018

Income	Totals	April	May	June	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
Fundraising	£5,800						£2000.00	£3040.00			£760.00		
Donations	£0												
Grand Total													
Expenditure	£15,307.26												
		April	May	June	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
Sound Hire								£150.00					
Artist/Cultural							£310.00						
Stationary/Promo			£2.59									£1.00	
Special Guest								£310.00		£			
PC		£34.98											
Equipment/security													
Refreshments		£13.72		£26.30	£10.90								
Facilitator/session worker Fees				£350.00	£4320.00		£4320.00	£3270.00					
Phone		£15.00	£15.39	£15.39	£30.78	£15.39	15.39	£30.78		£15.39	£30.78		£15.39
Travel BTC		£24.84			£10.00								
Black History Film								£250.00					
Expenses			£19.95										
Cash point		£40.00		£130		£40.00		£500.00			£700		
Venue Hire								£273.00					
Total Expenditure	£15,307.26	£128.84	£37.93	£521.69	£4371.68	£55.39	£4645.39	£4783.78	£0	£15.39	£730.78	£1.00	£15.39

Approved by Break Tha Cycle Trustees @ Board meeting on 13th April 2018

Vanessa Brooks

Chair person