



The

OASIS CENTRE

ANNUAL REPORT

JANUARY – DECEMBER 2018

THE OASIS CENTRE – CORNWALL

Registered Charity Number 1139355

Introduction

These are challenging times for a small charity like ours. Support for the vulnerable and the needy from public sources is not always readily available and, if it is available, is not always easy to access. There is nothing new in this and public expectations that the charity sector can and will do something to fill the gap are greater than ever.

At the same time, demand for the services of a charity such as ours seems to be increasing. We see this daily. Because we were created to meet local needs, we are also on the alert for indications of new needs that we can do something about. This is where we welcome input from our Friends.

All this costs money. A heavy burden rests on the shoulders of Pat Walton, our Trustee Co-ordinator who is responsible for the bulk of our fundraising effort. It was particularly gratifying therefore to learn in April that she was to receive the Cornwall Civic Award. This was presented to her in the Council Chamber in Truro on the 9th May to mark her “outstanding contribution to the health and wellbeing of the community of St Columb.”. We are proud of her.

There is something else to be proud of too. At a ceremony in Mercers’ Hall in the City of London in November our little charity received the silver award in the Best Rural Project in England category at the Christian Funders Forum Awards. Pat Walton and Pauline Turner were there to receive it.

The credit for this achievement is due to our volunteers – all of them. You can find them on Tuesdays at Chill & Chat in St Eval and on Thursdays at the Wellbeing and Memory Cafés in St Columb. You can find them in the office and at every other activity with which our charity is involved. We are proud of them all.

Sadly, we have lost two of our Trustees in 2018. Anne Walker and Chris Moncaster have both retired after several years of service to our charity. We are very grateful for all they have done. This means of course that we are on the lookout for their replacements.

It has been a good year, a special year for our charity. You can read more about it on the following pages.

Jeremy Simmonds
Chair, The Oasis Centre – Cornwall



Some of our Volunteers

Safeguarding Report.

Safeguarding remains at the top of our agenda and we encourage everyone to be alert to possible issues as we work with the local police, the diocesan safeguarding department and other relevant agencies.

We have worked through the year with the Churches Child Protection Advisory Service (CCPAS) which also covers vulnerable adults. They keep us up to date with any changes to guidelines etc. clarifying the need, or otherwise, for DBS checks. They have recently changed their name to "ThirtyOneEight" – a reference to the book of Proverbs.

Under new guidelines, many of our volunteers do not need to be DBS checked, and this places an extra responsibility on the Trustees to ensure that we take up other ways of ensuring that our members are as fully protected as they can be. In spite of fewer volunteers needing to be checked, there are twenty-nine people across the Benefice holding the Enhanced Certificate. All our volunteers complete the safeguarding training relevant to them.

In the past year we have had two adult safeguarding situations, but none where Child Protection procedures had to be instigated.

Pat Walton.

Co-ordinator's Report.

Each year we say that it's been our busiest yet, and 2018 was no exception. Two Trustees resigned during the year, Anne Walker at the beginning of the year and Chris Moncaster in November. Anne had been one of the original instigators of the Wellbeing and Memory Cafés and, without her, we would not have reached this stage in our development. She left the Cafés a good foundation to build on.

Given that we have grown so much, it was agreed that we would explore new ways of managing the increasing work load. A sub-committee was set up with the responsibility of developing our activities, allocating the work load, and having named people in charge of aspects of our work like safeguarding, first aid etc. with rotas of volunteers looking after the various activities. This seems to have worked

well but we are very aware that their workload is growing and also how fortunate we are to have such a committed group of volunteers.

Also, during the year, the Benefice Committee decided that they needed more space for their office which our Charity could not give them so they moved out in August – a move that has proved mutually beneficial as we both now have more space for development.

Our aims remain largely unchanged as we try to reach out to those who need us. We have a Wellbeing Café, Lunch Club, Memory Café, Chill and Chat Group (Mums, child minders and toddlers), Café Church, Chit Chat (for members who prefer a quieter space) Welfare Benefit and Debt Counselling, weekday drop-in sessions and a Foodbank. In all, we reach well over a 100 people each week. We have tremendous support to achieve this, from the community at large, the Mayor, our local police and all who help to fund our activities.

We have continued to visit other areas of the county talking about what we do, and how it could be adapted to other areas.

New developments which have just reached the implementation stage are a Men's Group and a Home Visiting service where we will try to take out to those who are housebound, some of the activities and support that are offered to our Café members.

Looking forward, we are working to ensure that we maintain a firm foundation on which to base our services. Everything we offer is in response to suggestions from the community and the way in which our activities are used proves to us that we are meeting crucial needs in our community. However, we can, and want, to do more to ensure that local needs are met. This is increasingly difficult with the withdrawal of community services but we are committed to keep trying.

It is all good news but it comes at a considerable cost in terms of time and money. The continued pressure of fund raising is always with us as well as the need for more volunteers. If there are any ways in which you feel you could support your local community charity, please get in touch with us.

Pat Walton

Pastoral Care.

Our Pastoral Visitors, commissioned by the Bishop, are checked by the Disclosure and Barring Service and have completed the relevant safeguarding training.. They continue to visit people in their homes, often taking Home Communion to those who can no longer attend church. Our one-to-one work is very important and we will continue to offer this but, wherever possible, we encourage people to come to our Oasis group activities where we can offer more to those who are lonely or isolated.

We also have Café Church each month, largely for those who attend our activities, and who are unable to get to church, although anyone is welcome. This has proved very popular and we thank those clergy, including Bishop Chris, who have led the monthly services.

Pat Walton.



A busy day at our Wellbeing Café

The Wellbeing Café (incorporating the Lunch Club) and the Memory Café

I find it incredible to look back over the last year and see how the Cafés and Lunch Club have grown and blossomed. We are constantly welcoming new members who very quickly settle into the relaxed and happy atmosphere.

The Wellbeing Café, which runs every Thursday morning, offers an environment for friendly chatter over tea and cake, a browse through the newspapers, a little knitting or an opportunity to try a little art. In the new year we are looking to offer a wider variety of activities including crafts. All members are encouraged to pursue their interests in a supportive environment.

Over the last year we have extended the Lunch Club and now provide a hot two-course meal. Our members love nothing better than to tuck in to some nourishing food in a social environment.

Our Memory Café, which runs during Thursday afternoon, provides a safe environment for our members where we offer a wide selection of experiences. These have included chair yoga, exercise to music, musical entertainment from local singers and choirs, storytelling and hand bell ringing, to name but a few. What many of our members most love is a good sing-along and dancing and we encourage this as often as possible.

We run regular trips and this year these have included visits to Newquay Zoo, Wheal Martyn Clay Works, Cornish Goldsmith and Carnon Downs Garden Centre.

None of this would be possible without our committed bunch of volunteers who work very hard every week and who are very much appreciated by the Cafés' members.

Anne Clare



Christmas at our Wellbeing Café – 2018

Chill & Chat

Everyone is welcome at Chill 'n' Chat which meets at Trevisker St Eval community centre every Tuesday morning, although many of our 'regulars' are childminders or parents with young children. The mix of ages is a strength of the group as there are always people around to cuddle a baby or read to a toddler or just chat with different age-groups.



Happy times at Chill & Chat

We have a programme of activities which is discussed and planned by everyone and we try to link them to events and special dates, such as Mothering Sunday, Valentine's Day, Easter, Hallowe'en and

Christmas but there is no compulsion to be involved with these and, sometimes they just don't happen as people would rather just 'chill 'n' chat'!

The activities vary – sometimes they are planned with the children in mind (eg hand-printing, play-dough modelling), sometimes for the adults such as the collages we have worked on together and sometimes for both children and adults – yoga, flower-arranging, baking – are just some of those we have enjoyed. There is no obligation to join in with our activities; our aim is to provide a free and easy place for **all ages** to just take time out and 'chill' for a while.

We also organise some activities to be outdoors and away from the centre, especially in the summer – a morning on the beach, a walk in a park, visiting the baby lambs or apple-picking on a local farm. There is also a self-contained play area attached where the children can run around and climb freely (or use ride-along toys) weather permitting.

Chill 'n' Chat is run by Oasis volunteers who attend as often as possible and Beth Mitchell who is there every week to provide continuity. We do not charge except for a donation for tea/coffee/juice and biscuits or cake. In the past twelve months we have been able to purchase more toys and musical instruments as well as some craft materials. A popular activity is producing collages on canvas and these have been very successful with requests to purchase the finished articles so we shall be continuing to provide this activity regularly.

Please remember **all** are welcome and we would be happy to see any of Oasis' friends there.

Barbara Hough

Chit Chat

The group has been meeting regularly throughout 2018. Originally, we met on a Wednesday afternoon from 2pm till 4pm and then, in July, switched to a Tuesday from 1.30pm till 3.30pm on request of group members.

Over the year we have had a go at a variety of arts and crafts, making Christmas trees out of old books, pebble painting, card making and knitting. We have also enjoyed a number of outings to local garden centres for lunch and shopping.

The group members (usually seven in number although we have welcomed extra folk) have become close friends and support each other outside the Tuesday sessions. They regularly go to each other's houses for meals, as well as days out, which they plan and organise themselves.

Chit Chat has become a safe, friendly environment in which individuals feel able to open up with each other about their struggles and their achievements. In 2019, we plan to meet and also work on a collective multi-media canvas or two. We would like more folk join us and be part of Chit Chat.

Beth Mitchell

Debt and Welfare Counselling – CAB Cornwall at Oasis Centre

Despite there being no attendees in November and December when there was torrential rain on the day of the monthly sessions there were 36 interviews with clients over the twelve-month period. Cases ranged over a number of issues, the majority being benefit related including eligibility for disability benefits, calculations for various benefits and an appeal. Other issues concerned housing, divorce and debt. The system introduced by Kath to publicise the sessions online had an impact and she is planning to explore additional places for posters in 2019. My thanks to her and all at the Centre for ongoing enthusiasm and support for the service.

Anne Jones

Crisis Fund.

This fund is solely for those in urgent need of financial help. Sadly, with the failure of Universal Credit to get payments to those in need out in time, many people are left virtually destitute. Partly funded by our own fundraising efforts, personal donations and the support of Cornwall Community Foundation, we have been able to help those in danger of becoming homeless, those whose benefit has not stretched to cover rent, those unable to work for a number of reasons and others finding themselves in vulnerable situations. Hopefully our intervention has prevented their situations from deteriorating further.

Pat Walton.

Winter Warmth.

Cornwall Community Foundation appeal each year for people who are in receipt of the Winter Fuel Payment, but who do not need it, to donate it to them. Last year they received sufficient donations to help just under a thousand people to keep warm throughout the winter. We were able to access some of this funding to help some of the most vulnerable people in our community. We believe that we have a special role in reaching out to these people, implementing practical support programmes that really work. We have helped by providing warm meals, support with heating/fuel costs and payments for warm clothes and bedding.

Pat Walton

Food Bank

Newquay Food bank runs from The Oasis Centre each Saturday from 10 till noon, this being one of Newquay Foodbank's three weekly sessions in Newquay and the surrounding area.

Volunteers transport prepared food parcels of long-life foods to the centre each week, parcels are packed suitable for a single person, two persons, and four persons. Each parcel contains food to create three meals a day for three days per person plus hot drinks and biscuits, and are distributed to people in receipt of a voucher from a support agency such as Citizens Advice, Schools, Health Visitors. The Oasis Centre is one of the voucher-holding agencies. In addition to the long-life foods provided, fresh fruit, vegetables, bread and eggs are given and are purchased from donated funds.

During 2018 the foodbank joined the 'Fairshare' initiative and collects end-of-day bakery goods, fruit and vegetables from three Newquay supermarkets and these are offered to people using the food bank as extra items.

Additional space within the Oasis Centre for the foodbank team to build shelving has been very useful to ensure enough food parcels are available for the increasing number of people accessing the foodbank service at the Oasis Centre.

St Columb Major Rotary Club awarded a grant of £1000 to the food bank, this has been used to purchase long life and fresh foods for the food parcels distributed from the Oasis Centre.

Further grants and donations of £2,000 enabled the foodbank to run its 'Christmas Giving' project again this year across all three foodbank sites and people who accessed support from the food bank during December received a Christmas pudding, meat, mince pies, and a selection box per child in addition to the usual food parcel. Shoe boxes containing toiletries and gifts were also made by the 'DISC' project in Newquay and were distributed.

Regular food and financial donations are left at Oasis for the food bank from individuals and from businesses such as Pall. Harvest food collections from both the school and church were donated to the food bank and gave a much-needed boost to stock levels.

In the current foodbank year from April 18 to the end of December 2018, food to create 3 meals a day for 3 days for 596 people was distributed through the Oasis Centre. With an average spend per food parcel used for cost calculations, the total value of long life, tinned foods and fresh foods distributed through the Oasis Centre sessions is £7,165, the food coming from donated stock and bought with financial donations and grants.

In the month of December Newquay Foodbank distributed the highest number of food parcels for families with children through the Oasis Centre.

There are sufficient numbers of volunteers for the foodbank sessions.

Thanks to Our Donors

The Trustees of The Oasis Centre – Cornwall are very grateful to all those who donate time, effort, resources and money to our charity. Without that generosity, nothing could be achieved.

The personal contributions of all our individual volunteers every day, week, month and year are particularly valued as are the personal donations from individuals all over the world and particularly here in Cornwall who care for what we do.

Financial Review

The Charity's policy on Reserves

The Charity's policy is designed to address the ever-present danger that, due to economic causes or other circumstances outside the control of the Trustees, grant income may cease to be available and/or donations from other sources may dry up, thus creating a financial emergency.

The adequacy of the reserves has been calculated to cover:

1. The Charity's routine monthly overheads for running its office and keeping its general activities going for a minimum of six months.
2. Contractual liabilities that demand more than one month's notice.
3. The running costs of activities for which restricted grants or donations have been received.

General overview

It is clear that 2018 has been a successful year for our Charity. It has perhaps been one of our most successful years. This does not mean however that it is time for complacency, for the challenges are as great today as they have ever been.

We look forward to what 2019 has to offer in the knowledge that we are supported by a large body of well-wishers and our enthusiastic team of volunteers.

Financial overview

The Charity has had another solid year securing additional grants to support its existing and new projects. However, the general fund has reduced by over £4,000. In 2019 the Charity will receive its final grant from The Joseph Rank Foundation ensuring its viability throughout the year. Moving forward into 2020 there will be increasing pressure on the general fund unless additional general funding can be secured.

Our people and our contact details

Our Trustees

Chair: Jeremy Simmonds
Hon. Treasurer: Anne Clare
Hon. Secretary: Mary Mitchell
Members: Rev. Helen Baber, Ian Gibson, Barbara Hough, Pauline Turner, Pat Walton, William Wood.

Our Charity's

Address: 26 Fore Street, St. Columb, Cornwall. TR9 6RH.
Telephone: 01637 889682
E-mail: admin@oasiscentre.plus.com
Website: <http://oasiscentre-cornwall.org.uk>

Our Volunteers (surnames in alphabetical order)

OFFICE

VOLUNTEERS

Jill Biddick
David Crewes
Alison Dawe
Barbara Hough
Gill Lovegrove
Mary Mitchell
Joanna Scoffham
Kath Tucker
Pauline Turner
Pat Walton
Barbara Wyper

VOLUNTEERS

(Commissioned by The Bishop of Truro)

Alison Kidner

Sylvia Kneale
Mary Mitchell
Lesley Richardson
Peter Richardson
Joanna Scoffham
Pauline Turner
Anne Walker
Pat Walton

PROJECT

VOLUNTEERS

Ros Adams
Nancy Barker
Sophie Boundy
Angela Butler
Anne Clare
Nolan Craze
Alison Dawe

Glynis Duffield
Barbara Hough
Sylvia Kneale
Tess Lowe *
Beth Mitchell
Sheila Neal
Brian Nowell
Jodie Prowse
Lesley Richardson
Trevor Simpson
Jean Smith
Nicky Smith
Di Stephenson
Sharon Tate
Liz Turner
Gillian Wathan
Sandra Wood
* Clergy team

Our Independent Examiner

Martin Saunders, Hursley, Trevone, PL28 8QX 01841 520080

The Trustees submit their annual report and the financial statements of The Oasis Centre – Cornwall (the Charity) for the year ended 31st December 2018. The Trustees confirm that the annual report and the financial statements of the Charity comply with current statutory requirements and the requirements of the Charity's governing document.

Method of appointment or election of trustees.

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Constitution.

Constitution, policies and objectives.

The Charity is a registered charity, number 1139355. The principal objectives of the Charity are:

"to relieve persons resident in the parishes of St. Columb, St. Ervan, St. Eval, St. Mawgan and surrounding areas who are in a condition of need, hardship, distress, ill-health, disability or other disadvantage"

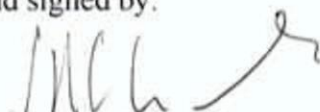
There have been no changes in these principal objectives since the Charity was registered.

Trustees' responsibilities.

Law applicable to charities in England/Wales requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of the surplus or deficit of the Charity for the period. In preparing those financial statements the Trustees:

- Select suitable accounting policies and apply them consistently;
- Make judgements and estimates which are reasonable and prudent;
- Prepare the financial statements on a going concern basis.
- The Trustees have overall responsibility for ensuring that the Charity has an appropriate system of controls, financial and otherwise. They are also responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity, and hence taking reasonable steps for the detection and prevention of fraud and other irregularities.

This report was approved by the Trustees on 18th, February 2019 and signed by:


Jeremy Simmonds – Chair.

Independent Financial Examiner's Report

To the Trustees of The Oasis Centre - Cornwall

I report on the attached financial statements of the Charity for the year ended 31st December 2018, which are set out on pages 14 to 17.

My examination was carried out under section 145 of the Charities Act 2011 in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the Trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

In connection with my examination no matter has come to my attention:

1. which gives me reasonable cause to consider that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 130 of the Charities Act 2011; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the said Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 18 February 2019.

H M Saunders

Name: H. M. Saunders FCA

Address: Hursley, Trevone, Padstow PL28 8QX

THE OASIS CENTRE - CORNWALL
BALANCE SHEET

As at 31st December 2018

	2018	2017
	£	£
Bank balances	33,434	29,591
Cash in hand	215	215
Debtors	0	243

	33,649	30,049
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General Fund	15,479	19,724
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Restricted Funds	18,170	10,325
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	33,649	30,049
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The financial statements on this and the following three pages were approved by the Board of Trustees on 18th, February 2019 and signed on its behalf by



Jeremy Simmonds
Chairman



Anne Clare
Hon. Treasurer

Charity Number 1139355

THE OASIS CENTRE - CORNWALL

Income and Expenditure Account

For the year ended 31st December 2018

	General Fund £	Restricted Funds £	2018 £	2017 £
Receipts from Benefice	3,042	0	3,042	4,056
Grants	11,000	17,356	28,356	28,083
Donations	998	5,958	6,956	4,392
Fundraising	1,320	0	1,320	1,034
Sundry	0	0	0	111
Total Receipts	16,360	23,314	39,674	37,676
Fees for administrative services	4,427	2,347	6,774	5,400
Administration/Management	0	0	0	125
Office Rent	4,800	0	4,800	4,800
Office Costs	6,554	0	6,554	6,076
Volunteer Training & Expenses	1,533	63	1,596	857
Total Overhead Costs	17,314	2,410	19,724	17,258
Debt & Welfare Counselling	454	666	1,120	1,924
Venue Hire	1,260	3,352	4,612	3,386
Vehicle Hire	110	475	585	1,121
Sundry	431	24	455	612
Chill & Chat	597	659	1,256	661
Diocese activities	0	0	0	324
Food Bank	0	0	0	0
Memory Café	428	803	1,231	3,417
Wellbeing Café	11	6,640	6,651	7,231
Winter Warmth	0	440	440	211
Total Charitable Outlays	3,291	13,059	16,350	18,887
Total Payments	20,605	15,469	36,074	36,145
Net Deficit/Surplus	-4,245	7,845	3,600	1,531
Funds on 1st January 2018	19,724	10,325	30,049	28,517
Funds on 31st December 2018	15,479	18,170	33,649	30,049

Receipts

Up to 30th September 2018 The Lann Pydar Benefice donated £338.00 per month as a contribution towards the Charity's overheads, particularly those of the office at 26, Fore Street, St Columb. The Benefice no longer uses the office space and contributions have therefore ceased.

Payments

Many of the grants received may only be spent on one or more of the Charity's activities or under one or more of the Charity's heads of expenditure. These are treated as restricted funds.

During the year a new printer was purchased at a cost of £2394. This has been fully written off in this year's accounts.

The General Fund

The General Fund is the only fund freely available to the Trustees for expenditure on all of the Charity's activities and purposes. In 2018 we continued to benefit from the £10,000 annual grant from the Joseph Rank Fund. The final grant of £10,000 will be received from them in 2019. This grant is available to use on any of the Centre's activities.

The Restricted Funds

All the other funds are restricted funds because expenditure from them may only be incurred for activities or purposes designated by the donors. Movements in these funds are shown overleaf.

Fees for services received/Volunteer expenses

Fees for services received and volunteer expenses include payments made to one of the Charity's volunteers who is also a Trustee. The main nature of the work carried out includes fund raising, dealing with safeguarding issues, supporting volunteers and training.

Fees and expenses have also been paid to other volunteers, one of whom was also a Trustee (until 30 April 2018), for work carried out supporting the main charitable activities run by the Oasis Centre. These payments are included in the costs for these activities and are as follows:

	Debt & Welfare Counselling	Chill & Chat	Memory Café	Wellbeing Cafe
	£	£	£	£
Fees	303	889	653	3,071
Expenses		228	151	299

These payments have been approved by the Board of Trustees.

Prior Year Adjustment

There is a small prior year adjustment of £135 relating to cash payments, made in 2017, from the Crisis Fund. These payments were omitted from the records in error.

THE OASIS CENTRE - CORNWALL RESTRICTED FUNDS

FUND	At 01/01/18 £	Income 2018 £	Expenditure 2018 £	At 31/12/18 £
Albert van den Bergh	0	2,500	236	2,264
Archbishops' Council for Mission	653	0	24	629
Awards for All	3,572	8,800	4,974	7,398
Chill & Chat	377	109	463	23
Cornwall Community - Crisis Fund	15	300	0	315
Cornwall Rural Communities Council	203	1,600	515	1,288
Elmgrant Trust	0	500	0	500
Food Bank	0	0	0	0
Grantscape	1,000	500	1,193	307
Memory Café	399	0	225	174
St. Breock Fund	700	0	700	0
St. Columb Institute	930	0	930	0
Trenouth Wind Farm	0	3,047	129	2,918
Wellbeing Café and Prevention	2,448	5,308	5,639	2,117
Winter Warmth	27	650	440	237
	10,324	23,314	15,468	18,170