



Compassion

addressing domestic abuse

Annual Report

2017-2018

Charity Reg. No. 1157970

REFERENCE AND ADMINISTRATIVE INFORMATION
AS AT MARCH 2017

| | | |
|------------------------|--|---|
| Charity Name | Compassion | |
| Registered Charity no. | 1157970 | |
| Registered address | 19 Kings Hill Great Cornard Sudbury Suffolk CO10 0EH | |
| Website address | www.compass-ion.org | |
| Trustees | Cathy Press Julie Penney Jenny Antill Caroline Duffy Graeme Garden Paul Little Shirley Osborne | Chair Treasurer (resigned September 2017) (resigned May 2017) (resigned July 2017) (resigned November 2017) |
| Projects Manager | Andy Fell | |
| Bankers | Barclays Bank 35 Market Hill Sudbury Suffolk CO10 2EP | |

TRUSTEES' REPORT FOR THE YEAR ENDING 31 MARCH 2018.

The Trustees present their annual report for the year ended March 2018, incorporating the Reference and Administration information on page 1.

Structure, Governance and Management

Compassion was established in 2001 as a voluntary organisation and became registered as a Charitable Incorporated Organisation, by the Charity Commission in 2014.

Under the constitution the power to appoint Trustees, of which there shall be at least 3 and is not limited by any maximum.

In the event of the Charity being wound up, the Trustees of the Charitable Incorporated Organisation have no liability to contribute to its assets and no personal responsibility for settling its debts or liabilities.

The Trustees met 7 times during the year in pursuance of the Charity's objectives, performance, policies, management and to decide strategic direction and in support of the volunteers in their work with women, children, young people and partner organisations.

Objectives and Activities

1. The relief of emotional distress and suffering and the preservation and protection of the mental and physical health of men, women, young people and children who have suffered or are exposed to domestic abuse by the provision of advice, information, programmes of support and such other ways as shall be determined.

2. To advance the education of the public, organisations and agencies in all aspects of domestic violence including its impact on individuals and wider society.

Public benefit

The charity's public benefits are outlined in the charitable objectives above. All our charitable activities focus on the relief of need, hardship and distress of persons who have suffered and are suffering from domestic abuse and any children of such persons. These activities are undertaken to further our charitable purposes for the public benefit.

Financial Review

The financial statements are included in the report, for the year and the financial situation at 31st March 2018.

While broadly satisfied with the financial position the Trustees are very conscious that there is considerable unmet need that could be met by the Charity with greater funds.

The Trustees are focused on the longer term development and sustainability of the charity and being able to retain core services, the reserves policy informs this sustainability.

REVIEW OF THE YEAR'S ACTIVITIES, PERFORMANCE AND ACHIEVEMENTS

Chair's Review 2017 – 2018

During 2017-2018 Compassion continued to offer free and accessible support and services to many victims of domestic abuse and violence across Sudbury, Great Cornard and the wider Babergh district.

Over the course of this year 92 women have reached out for our help, participating in our programmes, support group and one to one support.

I have seen how our volunteers have been a listening ear for many, been there to hold someone's hand when times were tough, provided programmes that enable women and children to begin the journey to rebuild lives free of abuse, advocating with agencies and celebrating the changes that have been made.

Our commitment as a charity is to do whatever we can to help woman and children and all victims of domestic abuse break free from violence and abuse.

I want Compassion, to be the best service we possibly can - we continuously review our internal and external processes – identifying what do we want to achieve and where do we want to be.

Through feedback from our service users we listen to their opinions about the services we provide and the impact we are making. Are we making a difference? I see this feedback as vital to the future success of the organisation and its long-term sustainable future.

I would like to acknowledge and thank our tremendous volunteers and facilitators who work hard to support and work with women, children and young people who have or are experiencing domestic abuse – without their support and commitment Compassion would not be able to offer the programmes and services that we do or be the organisation that we are.

I would also like to thank those volunteers who have put on excellent, entertaining fund-raising events to support the work that we do. Those who have made personal donations and to the Rotary Club of Sudbury who made us one of their Charities of the Year.

Whilst we celebrate another support-filled year outlined in this Annual Review, we continue to face the challenges of the socio-economic environment. Thresholds for victims are at an all-time high. Thereby victims of domestic abuse are staying in their abusive relationships longer, with an average of 50 separate incidents before they ever tell anyone, (an increase of 15 incidents over the past 3 years), I am pleased and proud that Compassion has been there when they needed us.

I am sure that our unique position as a grass roots, community based domestic abuse charity – offering support for as long as women, children and young people need it – will enable us to continue our work, respond flexibly to local need and enables us to be creative and innovative.

Cathy Press – Chair

In 2017 / 2018

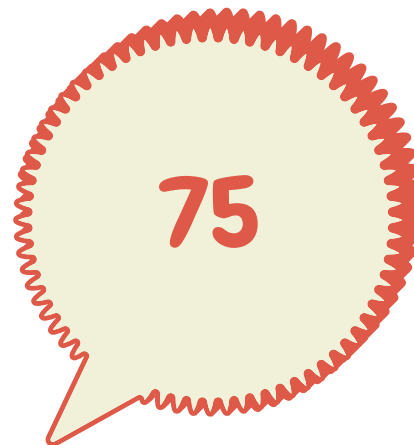


women contacted us who had or were experiencing domestic abuse seeking support, information or help

Of the women we have supported and worked with

42 % had experienced **physical abuse**
100 % had experienced **emotional abuse**
17 % had experienced **sexual abuse**

16 % had experienced **stalking & harassment**
25 % had experienced **financial abuse**
33 % had experienced **psychological abuse**



women and their families who we provided support to and worked with



Programmes

- our volunteers provided;

- **160 hours** of the **Freedom Programme**

- **78 hours** of **Support Group** time for survivors / victims of domestic abuse



- **104 hours** of **One to One** support for survivors / victims of domestic abuse



112

children and young people were supported through our direct work with their mothers

our **oldest woman** looking for support was



our **youngest woman** looking for support was



CompassionCharity number 1157970Receipts and Payments Account for the Year Ended 31st March 2018

| | | | |
|-------------------------------|------------------|--------------------------------------|------------------|
| Restricted Suffolk Foundation | 2,000.00 | Cash Expenses B/Fwd | |
| Restricted Suffolk Police | 14,493.63 | | |
| Restricted Dulverton Trust | 4,379.00 | | |
| Community Account C/Fwd | 2,302.46 | | |
| Cash In Hand B/Fwd | 267.08 | Expenses:- | |
| Income | | Insurance | 579.40 |
| | | Survivor Dvd's | 0.00 |
| Survivors Stories DVD's | 466.00 | Freedom Programme Co-Ordinator's | 495.17 |
| | | Room Hire | |
| | | Stronger Families | 795.47 |
| | | Training | 0.00 |
| | | Travel | 0.00 |
| Suffolk Police | 19,351.00 | Stationery | 0.00 |
| | | Postage | |
| | | Miscellaneous | 2,087.38 |
| | | Website | 75.00 |
| | | Catering | |
| | | Who's in charge | 0.00 |
| | | Salaries | 15,998.10 |
| General fundraising | 3,028.75 | Equipment | 0.00 |
| Comic Relief | 4,200.00 | Memberships | 0.00 |
| | | Advertising | 0.00 |
| | | Clothing | 0.00 |
| | | Telephone | 0.00 |
| | | Just Giving Fees | 90.00 |
| | | Escape The Trap | 0.00 |
| Income Total | 27,045.75 | Expenses Total | 20,120.52 |
| Cash Expenses O/S | | Restricted Joy Abbott Fund | 2,000.00 |
| | | Restricted Suffolk Police | 14,493.63 |
| | | Restricted Dulverton Trust | 4,379.00 |
| | | Unrestricted Community Account C/Fwd | 8,975.61 |
| | | Unrestricted Petty Cash | 252.08 |
| | <u>50,220.84</u> | | <u>50,220.84</u> |

Bank reconciliationFunds summary

| | | | |
|-------------------------------|------------------|--------------------|------------------|
| Income | 27,045.75 | Restricted Funds | 20,872.63 |
| Expenditure | 20,120.52 | Unrestricted Funds | 9,227.69 |
| Profit for the Year | 6,925.23 | | <u>30,100.32</u> |
| Bank Accounts Brought Forward | 17,662.51 | | |
| Cash expenses | 15.00 | | |
| Bank Accounts Carried Forward | <u>24,602.74</u> | | |
| Outstanding cheques | 4,663.36 | | |
| Bank balance per statements | <u>29,266.10</u> | | |

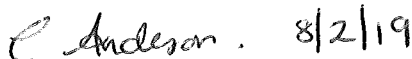
These accounts have been prepared by the Trustees and approved by them on 30 January 2019.



Vincent Chandler (acting Treasurer)

Independent Examiners Report

I have examined these receipts and payments accounts as prepared by the Trustees and confirm that the charity qualifies for exemption from audit and also qualifies from exemption to prepare accounts under the accruals basis.



Clare Anderson FCCA