

IYH CC REPORT 2017/18 ANNUAL REVIEW

In Your Hands Charity 2017/18

HISTORY OF IN YOUR HANDS

"In Your Hands" ("IYH") was started to help raise funds for the people of Nepal after the devastating earthquakes in April and May 2015.

In Your Hands was registered with the Charity Commission in the UK in September 2015. The objectives of the charity were identified as helping to support schools and their communities as a result of the earthquake both in terms of their immediate and future need.

IYH began by organising a series of major fund-raising events in 2015. The money from these events enabled the charity to re-build their first two schools. IYH were able to trust the results of their efforts by working with their long-term friends and partners in Nepal, The Mandala Organisation (NGO). They have subsequently helped us to develop other welfare and educational projects along with rebuilding/repairing a further three schools in 2016/17 and the sixth school in 2018.

This started as a five-year program. Nepal is one of the poorest countries in the world and we have been advised that it could take that long to rebuild due to the extent of the earthquake damage. However, the IYH strategy has evolved as we learn more and get more involved with the projects that will help the schools and communities we support. As a result, during 2016/17 and then again in 2017/18 we developed a long term and more broad reaching approach. We are hoping to develop and support an improvement in both education and the health and well-being of those in the school communities that were so badly affected by the earthquake and we are now supporting.

IYH PROJECTS NEXT STEPS

IYH started by wanting to raise money to simply rebuild state schools that were destroyed by the earthquakes. We chose six schools that were in the worst affected areas from the earthquake and were not a priority for support from the government due to location or caste hierarchy. It could have been years before these schools were rebuilt with an unthinkable consequence of hundreds of children being vulnerable to exploitation on the streets. So, our strategy was to reduce that risk by building the schools as the first step in safeguarding the children.

We have always wanted to work hand in hand with government policy in terms of supporting national curriculum, uniforms and policies. We have no intention of privatizing these schools. Our goal is to support and aid the government to create better educated and healthier schools.

We learned very quickly that although the buildings were crucial, they were only one small part of the problem facing rural education in Nepal. We are working with partners, experts and volunteers in Nepal and internationally with the intention of helping school communities to be in a better position than before the earthquake with the skills and systems to maintain the improvements when

our charity leaves. We have never wanted to create donor dependant projects. Our goal is self-sustaining improvements.

We have focused on specific projects to improve education of the teachers, children as well as offering an opportunity to have a more informed understanding of women's health, plus general health and wellbeing.

In 2017 we engaged an IYH Manager in Nepal, Shanta Nepali whom has proven to be invaluable to making the IYH projects a reality. She is vocational to the cause and always goes the extra mile. She is also Vice President of TMO, so our partnership could not be stronger. Her local knowledge and insights have led us to meet the right people to help us move our strategies forward and her ability to make things happen is outstanding.

An IYH Director, Jo Pawley, co-ordinated a visit to Nepal in February 2017 and 2018. She led a group of supporters and charity partners. The information and discussions that were held were a major contribution to updating the 2017/18 strategies.

BUILDING SCHOOLS

In 2015/ 2016 IYH was on target for rebuilding two schools and identifying a further four schools in areas of Nepal worst affected by the earthquakes.

In 2016/17 IYH hit their target of repairing/rebuilding a total of five schools to a higher and safer standard for the children to go to school. The sixth school was such a big project that it was identified as a 2017/18 rebuild.

2017/18 IYH with financial support from another British charity CWT, funded and co-ordinated the building of the sixth school alongside the government.

NEXT STEPS: Now six of the schools are rebuilt/repared and have improved toilet and washing facilities, the next step for 2018/19 is to upgrade all the educational facilities. We hope to provide schools that look good, feel safe and have enough facilities to provide a healthy and well- resourced education. First Steps have offered a consultation process to help us with this. We hope to review and action this in 2019.

VOLUNTEERS PROGRAM

It was established that the standard of teaching was very poor in rural schools, especially for English. A Volunteers Program was introduced in February 2016 to help both the Nepali children and teachers in the IYH supported schools. The first volunteers arrived in autumn of 2016 at Gorkha. This is the only school that had suitable accommodation and resources for the volunteers to live comfortably enough. This was important to us because we wanted their energy to go into teaching. We do not underestimate the effort needed to live in a developing world in isolated areas with no running water or toilet facilities. This was the correct decision. The volunteers have provided invaluable insights to the needs of the school as well as offering a modern and fun approach to learning English.

The recruitment of volunteers was helped by Jane Halsall (IYH Education Manager) offering a weekend of training before they go to give them some top tips on what works in Nepal. We encouraged TEFL trained candidates and experienced teachers of all ages. Every candidate has to

send a CV, covering letter, a character reference and complete the ICPC (International Child Protection Certificate).

NEXT STEPS: In 2018/19 we will put the volunteer program on hold until the other schools have suitable accommodation and conditions for volunteers. The level of remote and basic living is something that only a certain kind of person could adapt to for long periods of time. This is an area we will be reviewing in 2018/19 to decide if as a Charity we are happy to continue taking responsibility for the volunteers. Despite their obvious beneficial contribution, we are not naive to the fact that remote and unfamiliar cultures come with their own dangers. Gorkha School is situated close our great friends' resort (Equator Expeditions Resort) and is suitable and safe. However, we feel we are best to pause this program until we have more resources to support it.

TEACHER TRAINING PROGRAM

Thanks to the feedback from our volunteers and insight from The Mandala Organisation, it was established some rural teachers in Nepal are qualified, but some have no training at all. The government schools are free but suffer from a lack of respect from the local communities compared to the alternative private schools. Therefore it is the poorest children and often the least motivated teachers that seem to be in these schools. Both suffer from low self-esteem as nobody invests in them or believes in what their school can achieve. There are exceptions to this especially where there is an exceptional Head Teacher.

The consequences of this are that neither the children or teachers were motivated or engaged with the benefits of education. IYH hosted a two-day workshop during the visit of 2017 lead by Jane Halsall. Jane is the IYH Education Manager. It was so well received that the strategy to develop a long-term Teacher Training Program was developed. We introduced a pilot Teacher Training Strategy.

2017/18 IYH introduced two Nepal based teachers to IYH. Annu Ranna who is a teacher at an Ullens School in Kathmandu, and Vanessa Schroeter who is Swiss and has spent time in Nepal teaching with her TEFL qualification. The goal was for them to run two Teacher Training Programs.

Annu was to have 100 days to develop their teaching skills in Nepali supported by a five-day residential training course hosted by First Steps, a charity from New Zealand but with a teaching academy in Nepal.

Vanessa was to offer 100 days of English training. These programs were to be documented and certificates awarded for completion of each module.

RESULT: Annu was only able to deliver 3 one day workshops up until July 2018.

Vanessa was not able to extend her work visa but did deliver 3 weeks of English training before July 2018. First Steps delivered a very successful residential course.

NEXT STEPS 2018/19: IYH plans to develop a more robust Teacher Training Program with First Steps.

LINKED SCHOOLS

Five schools are linked to five British schools with a view to long term exchange of information and ideas. The sixth school will be linked in 2019. A key reason to link each school in Nepal to an English-speaking school is to improve the opportunities for education. Our hope is for regular updates via shared Face Book page videos and stories as well as teaching aids being shared.

NEXT STEPS: Due to the lack of computer skills and secure areas for storage of computers and lack of wi-fi the communication between link schools has not been active. The reality is that the teachers need to complete sufficient teacher training and attend a computer course before we distribute the computers.

NEXT STEPS: We have a 2019/20 deadline for computers to be in each school and communication to start in earnest with their link school. This also allows time to establish energy and Wi-Fi supply.

HAGAM SENIOR SCHOOL

During the IYH 2017 visit, a representative of BISP School in Thailand, identified a project his school wanted to support and IYH agreed to manage it with TMO. Hagam Senior School is the school where most of the children will move on to who attend the IYH supported primary schools. They were desperately short of computers. In February 2018: IYH bought and delivered 15 suitable computers after assessing the needs and appropriate support were established.

NEXT STEPS: IYH will stay in contact to receive reports from the school to show the computers are in use. It needs to be noted that the government is currently building a completely new school which will involve temporary storage of the computers.

WOMENS PROJECT

During the 2017 visit, Jo and Jan MacNeil a supporter of IYH from a Rotary Club in Canada, spoke in depth to women and the Director of the REWA charity in Kathmandu. REWA supports and offers work to women who have been victims of various atrocities. They make reusable sanitary packs. IYH have established the need for the education about women's health and the need for these packs in our school communities. It is essential that girls do not miss school every month once they have started menstruation. We need to educate the children, teachers and families in each community without disrespecting their culture.

NEXT STEPS: IYH will deliver a workshop and distribute sanitary packs for all the females in the school communities of the six schools. The workshop will cover essential information on how to use the sanitary packs and women's health and welfare in general. This is scheduled for the end of 2018.

NUTRITION PROJECT

Gorkha School was identified as having a serious nutrition problem to the point children were not attending school. IYH bought and supplied a kitchen, cook and food with the financial support of an Italian charity Associazione P.S. Funding is in place for 2018-2019.

NEXT STEPS: IYH would like to support a self-sufficient approach to food for the future. Talks will start in 2018 about how community funded projects can support the school lunches to reduce donation dependence.

UNIFORMS

IYH believes that how you feel about yourself is an important part of how you perform. Self-esteem is an aspect we want to include in any educational strategy going forward. Looking smart in a uniform is part of that strategy. We included in our 2015/16 strategy, the intention of buying uniforms so every child would take pride in their appearance and feel they were equal and belonged to a team. We had intended to buy and provide uniforms in 2016/17. However, on reflection we decided to postpone this action until the schools had been upgraded to a better standard. It seemed more appropriate to have smart uniforms in a smart school to give a stronger message. We are guided by the government policy on uniforms. We chose the standard uniform with allowable extras such as a warm fleece, warm leggings for the girls, shoes and a school rucksack.

The uniforms were distributed by Jo Pawley (Director of IYH) when she led a team of IYH supporters and partners in February 2018.

NEXT STEPS: Review how the uniforms are used and impact after 6 months to a year.

2017/18 IYH OVERVIEWS FOR SCHOOLS & EDUCATION

IYH has learnt a great deal in 2017/18 about the needs of teachers, children and volunteers. We have tried to listen, learn and action strategies to support these needs as well as trying to achieve our original goals of rebuilding safe schools.

We are also looking further than a child's education at primary school. We hope to develop confidence in the children and their families that going to senior school is worth it and ultimately, they could take opportunities to go on to higher education. It would be a success to reduce the drop-out rate on the change from primary to senior school.

The communities we are working with have not got confidence in free government education. Our long-term goals will only be achievable if we get it right at this stage in their primary education and build trust and get results not just for the children but for the teachers and families.

The following list is a summary of our 2017/18 strategies moving into 2018/19 and beyond.

1. Schools must look smart.
2. Schools are safe (earthquake proof)
3. Schools have enough classrooms
4. Schools have separate toilets for boys and girls with running water, washbasins and soap.
5. Classrooms have enough desks and chairs
6. Classrooms have access to necessary teaching aids such as whiteboards, computers, books and safe storage for all resources.
7. Teachers should have sufficient training, support and acknowledgement to motivate them to deliver a good standard of education
8. Each school should have effective, educational and trustworthy links to a British link school with view to developing long term relations.

2017/18 IYH OVERVIEW FOR HEALTH & WELL BEING

The IYH strategy for health and wellbeing is an ongoing project. We are always talking and learning from people who are offering their expertise. We have not incorporated all we hope to achieve in our current strategy but that does not mean we will not in the future. One example would be a mobile medical clinic. We need to do more research before we know how much we need to raise and who can manage it.

However, 2017/18 strategy is specific and achievable in the near future and can be summarised as follows:

1. No child should be prevented from attending school because she has a period
2. No child should be prevented from going to school because of hunger
3. A hygiene program should be in place, so children wash their hands before eating and after going to the toilet and the toilets and washbasins are cleaned regularly.
4. Each child should have a school uniform supported initially by IYH that will contribute to their self-worth and sense of belonging to a team.

2017/18 IYH OVERVIEW FOR COSTS & FUNDRAISING

The initial fund raising for the charity was established thanks to a road show of motivational talks and an on-line auction organised and delivered by the two Trustees and co-founders, Jo Pawley and Pauline Sanderson.

Once the charity was registered the fundraising continued in many different forms. This included donations, sales of local Nepalese merchandise by the IYH team (which also helps and benefits Nepal's local retail industry), leading trips of supporters to Nepal, other charities identifying our projects as ones they would like to support, and individuals being inspired to do extreme things and host events as well as business policies to match fund their employees' efforts.

Each school that linked to a Nepalese school was also obliged to raise an initial amount of £1500 to help fund the re-build of their link school in Nepal. However, all of them have raised far more and as the progress continues, we hope this stream of funding will continue for years to come alongside the educational support and friendships.

Our strategy moving forward is more of all the above plus a strategic recruitment of supporters who either host fund raising events or give monthly donations.

All administration for IYH has been done free of charge by lawyers, accountants, website designers and general goodwill. Those involved in the charity cover all their own expenses, including flights and living expenses in Nepal to co-ordinate projects. This means all the money raised goes directly to the IYH projects and not on administration or expenses. As a result, there are no costs showing in the annual accounts aside from the provision of funding to TMO to manage the school re-building and refurbishments, teaching resources and training on behalf of IYH.

In determining costs, the IYH Trustees have been provided with estimates of project costs. There have been assessments of the work done by actual site visits and the actual costs incurred have been reviewed, as far as possible, all of the receipts for costs incurred provided. TMO provide a monthly cost sheet with receipts where appropriate.

An independent review has been undertaken of the annual report and accounts, and this too has been provided on an honorary basis.

COME AND GET INVOLVED

Visit: www.inyourhandscharity.org

Contact: info@inyourhandscharity.org

Donate: https://uk.virginmoneygiving.com/donation-web/charity?charityId=1013517&stop_mobi=yes

OUR THANKS

We would like to thank all those who have made this charity so much more than just a fund-raising organization. In 2017/18 we have yet again had the privilege to meet and make friends with many truly inspiring individuals.

The individuals and organisations we would like to acknowledge from 2017/18 and give special thanks to include:

The Mandala Organisation – IYH partners in Nepal
Shanta Nepali – IYH Manager Nepal
Jane Halsall – IYH Director of Education
Emma Morley – IYH Financial Advisor
Sue Adhill - IYH Women's Project Co-Ordinator
Sully Mogra FCCA - Independent reviewer of the annual accounts
Grafika Ltd - website design and management

William Hancock -Partner, Collyer Bristow LLP, legal support

Rotary Canada - Jan MacNeil a working partner with IYH

Dr. William Harkness – Medical Development

Equator Expeditions – support for volunteers and IYH visiting teams

UK LINK SCHOOLS

Auchnagatt Primary School, Aberdeen, Scotland, UK
Barlows School, Liverpool, UK
Blessed Sacrament School, Liverpool, UK
St Francis De Sales, Liverpool, UK
Sydenham High School, London, UK

Corporate Charitable Matching Donors:
BP

Charity No: 1163623
Registered Address: 103 Turney Road, London, SE21 7JB, UK

Registered: England & Wales



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

In Your Hands

1163623

Receipts and payments accounts

CC16a

For the period from

1/8/17

To

Figure 1

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest \$	to the nearest \$	to the nearest \$	to the nearest \$	to the nearest \$
A1 Receipts					
Voluntary Receipts	48,164.39	0	0	48,164.39	22,797
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
Sub total(Gross Income for AR)	48,164.39	0	0	48,164.39	22,797

A2 Asset and investment sales, (see table).					
	0	0	0	0	0
	0	0	0	0	0
Sub total	0	0	0	0	0

Total receipts	48,164.39	0	0	48,164.39	22,797
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A3 Payments					
Costs of Charitable Activities	38,304.11	0	0	38,304.11	20,458
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
Sub total:	38,304.11	0	0	38,304.11	20,458

A4 Asset and investment purchases, (see table)					
	0	0	0	0	
	0	0	0	0	
Sub total	0	0	0	0	0
Total payments	38,304.11	0	0	38,304.11	20,458

Net of receipts/(payments)	9,860.28	0	0	9,860.28	2.33
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Net of receipts/(payments)	9,860.28	0	0	9,860.28	2,331.00
A5 Transfers between funds	0	0	0	0	0

A5 Transfers between funds	0	0	0	0	
A6 Cash funds last year end	17,209	0	0	17,209	11.83

Cash funds last year end	17,209	0	0	17,209	14,87
Cash funds this year end	27,069.28	0	0	27,069.28	17,50

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
81 Cash funds		27,069	0	0
		0	0	0
		0	0	0
		0	0	0
	Total cash funds	27,069	0	0

(figures balances with receipts and payments are in millions)

[illegible]

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			0	
			0	
			0	
			0	

B4 Assets retained for the charity's own use			0	0
			0	0
			0	0
			0	0
			0	0
			0	0
			0	0
			0	0
			0	0
			0	0

B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			0	
			0	
			0	
			0	
			0	

Signed by one or two trustees on behalf of all the trustees

Signature

Joanna Pawley

Print Name

JOANNA J. PAWLEY

Date of approval

29.5. 2019.



CHARITY COMMISSION
FOR ENGLAND AND WALES

**Independent examiner's
report on the accounts**

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

In Your Hands

**On accounts for the year
ended**

31/07/18

**Charity no
(if any)**

1163623

Set out on pages

1 to 9

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/07/2018**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

30th May 2019

Name:

Suleman Mogra

**Relevant professional
qualification(s) or body
(if any):**

FCCA, MBA

Address:

55 Stoughton Road

Oadby, Leicestershire

LE2 4DS