

Trustees Annual Report

01/08/2017 to 31/07/2018

You Raise Me Up Ltd

Charity Number 1147534

58b High Street

Polegate

BN26 6AD

Trustees

Amanda Burnett

Lauren Henty

Natalie Hughes

Anne-Marie Field

Chairman – Fraser Brooks

Type of Governing Document – Memorandum

How Charity is constituted – Company

Trustee Selection Method – Appointed by

Objectives

1. To relieve the mental and physical sickness of persons resident in the UK suffering from bereavement or loss by the provision of counselling and support
2. The relief of financial hardship, either generally or individually, of people living in the UK by making grants of money or paying for items, services or facilities connected with bereavement or loss.
3. To assist in the treatment and care of persons suffering from mental or physical illness of any description or in need of rehabilitation because of such illness, by the provision of facilities for work and recreation
4. To promote and protect the physical and mental health of sufferers of illness of any description in the UK through the provision of financial assistance, support, education and practical advice.

Activities

The organisation carries out the following activities

Makes grants and provides financial assistance to parents that have lost their child between the ages of 16 & 25 by helping pay for the funerals

Makes grants and provides financial assistance to grieving parents who are not ready to return to work immediately by contributing to mortgage, rental & general household repayments.

Provide financial assistance to grieving who cannot afford to see a qualified counsellor but need professional help for their grief

Provide a 24 hour telephone line to provide support for the families

Organise support groups for parents that lost children.

Refer grieving parents to counsellors if professional counselling is wanted

Organise and provide the facilities for a meeting place for support – the YRMU Centre/Coffee Shop

Provide social activities where families can meet in a relaxed atmosphere

Achievements and Performance

Evidence of Charity Counselling Practice for YRMU - July 2017 to July 2018.

By Lauren Henty MBRCPP, DipHC - Counsellor for the charity since 2012.

The charity offers support to families who have lost a young adult between the ages of 16 - 25.

Bereavement of any kind is a painful process to go through, but the loss of a child is probably the most difficult of all, as it does not seem to follow the 'normal' sequence of loss that most of us expect to occur. Parents and families also feel they have lost a part of their future. They may also have lost their child in a particularly traumatic manner and with no warning. This shock and devastation can feel very isolating as they try to come to terms with the loss of their loved one.

The Counselling service we provide means that we can offer support as soon as it is needed, which can be crucial for some particularly in those early days when they are trying to come to terms with the shock of their loss.

We offer sessions on a one to one basis, for couples or as a family group depending on what is required. We provide an initial 6 sessions of 50 minutes each on a weekly basis, followed by a further 6 if necessary with the option to continue if deemed necessary and agreed with the client.

We also provide support groups for the Mothers and Fathers where they can share their feelings and experiences with others. This assists their healing process further and enables them to grow their own network of support around them as they make friends with people 'who know how they feel'. The Mothers group is consistently attended by over 20 women, and the Fathers group regularly has around 6 men. We have now added a monthly siblings group and a group for Mothers who have lost their only child.

We currently have 3 Counsellors offering this service for the charity. I am one of them and a bereaved parent. We have seen 30 clients during this period.

This service is offered free of charge to our families, however many make donations and raise funds to give something back, and further help the charity, which in turn helps their healing with a feeling of belonging, and doing something worthwhile to help others in the same situation, whilst also honouring the lives of their children

Social Media

A significant area of awareness growth has been achieved via social media with 3000 followers on all platforms.

These platforms are used to promote all fundraising events alongside the website

Declaration

The trustees declare that they have approved the Trustees report above

Signed on behalf of the Charity's Trustees

Signature

A handwritten signature in blue ink, appearing to read 'AM Field', with a long horizontal flourish extending to the right.

Anne-Marie Field

Position – Trustee

REGISTERED COMPANY NUMBER: 07711231 (England and Wales)
REGISTERED CHARITY NUMBER: 1147534

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2018
FOR**

YOU RAISE ME UP LIMITED

Watson Associates (Professional Services) Ltd
30-34 North Street
Hailsham
East Sussex
BN27 1DW

YOU RAISE ME UP LIMITED

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2018**

Report of the Trustees	1
Independent Examiner's Report	2
Statement of Financial Activities	3
Balance Sheet	4
Notes to the Financial Statements	5 to 6
Detailed Statement of Financial Activities	7

YOU RAISE ME UP LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 JULY 2018

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2018. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

INCORPORATION

The charitable company was incorporated on 20 July 2011.

REFERENCE AND ADMINISTRATIVE

Registered Company Number

07711231 (England and Wales)

Registered Charity Number 1147534

Registered Office

58b High Street
Polegate
East Sussex
BN26 6AD

Trustees

Mrs J Brooks (Deceased 07.12.17)
Mrs A J Burnett
Mr F Brooks
Mrs L E Henty
Mrs N Hughes
Miss A Field

Independent Examiner

Watson Associates (Professional Services) Ltd
30-34 North Street
Hailsham
East Sussex
BN27 1DW

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

ON BEHALF OF THE BOARD:



.....
Mrs A J Burnett - Trustee

Date: 25th April 2019
.....

INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF YOU RAISE ME UP LIMITED

I report on the accounts for the year ended 31 July 2018 set out on pages three to six.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for the period (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 1245(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Watson Associates

Watson Associates (Professional Services) Ltd
30-34 North Street
Hailsham
East Sussex
BN27 1DW

Date: 25th April 2019

YOU RAISE ME UP LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 JULY 2018**

	Notes	
INCOMING RESOURCES		
Incoming resources from charitable activities		
YRMU	142,519	100,313
RESOURCES EXPENDED		
Charitable activities		
YRMU	<u>128,947</u>	<u>72,182</u>
NET INCOMING RESOURCES	<u>13,572</u>	<u>28,131</u>
TOTAL FUNDS CARRIED FORWARD	<u>13,572</u>	<u>28,131</u>

The notes form part of these financial statements

YOU RAISE ME UP LIMITED

BALANCE SHEET AS AT 31 JULY 2018

	Notes	2018 Unrestricted Funds	2017 Unrestricted Funds
FIXED ASSETS			
Tangible assets		12,630	1,034
CURRENT ASSETS			
Cash at bank		45,260	43,284
NET CURRENT ASSETS		57,890	44,318
TOTAL ASSETS LESS CURRENT LIABILITIES		57,890	44,318
NET ASSETS		57,890	44,318
FUNDS			
Unrestricted funds		57,890	44,318
TOTAL FUNDS		57,890	44,318

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 July 2018.

The members have not required the charitable company to obtain an audit of its financial statements for the period ended 31 July 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 286 and 287 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared with the special provision of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 25th APRIL 2019 and were signed on it behalf by:

A Burnett
Mrs A J Burnett - Trustee

The notes form part of these financial statements

YOU RAISE ME UP LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2018

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditures is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

25% straight line.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND RELATED PARTY TRANSACTIONS

During the period, following the loss of the founder of You Raise Me Up Limited, Mrs Jane Brooks, the charity funded the costs of her funeral totalling £14,783. Mrs Jane Brooks was the wife of Mr Fraser Brooks who is a trustee of the charity.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 July 2018.

3. TANGIBLE FIXED ASSETS

NET BOOK VALUE

at 31 July 2018

at 31 July 2017

Plant and
machinery etc
£

12,630

1,034

The notes form part of these financial statements

YOU RAISE ME UP LIMITED

**NOTES TO THE FINANCIAL STATEMENTS – CONTINUED
FOR THE YEAR ENDED 31 JULY 2018**

4. MOVEMENT IN FUNDS

	at 01.08.17 £	Net movement in funds £	at 31.07.18 £
Unrestricted funds			
General fund	<u>44,318</u>	<u>13,572</u>	<u>57,890</u>
TOTAL FUNDS	<u><u>44,318</u></u>	<u><u>13,572</u></u>	<u><u>57,890</u></u>

YOU RAISE ME UP LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 JULY 2018****INCOMING RESOURCES**

Incoming resources from charitable activities

	2018	2017
Total incoming resources	142,519	100,313

RESOURCES EXPENDED**Charitable activities**

Telephone	1,627	1,381
Postage and stationery	960	-
Light and heat	3,977	2,191
Advertising	-	1,977
Sundries	785	25
Bank charges	66	782
Professional fees and counselling	8,302	9,891
Funeral fees and donations	37,094	14,526
Training fees	-	-
Sponsorship	-	-
Consumables / Shop supplies	-	5,216
Depreciation	2,496	-
Rent, rates and water	17,044	5,352
Shop fitting and equipment	-	-
Shop wages	53,162	27,002
T-Shirts	3,052	2,845
Insurance	382	994
Total resources expended	128,947	72,182

Net Income	13,572	28,131
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The notes form part of these financial statements



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
YOU RAISE ME UP LIMITED

On accounts for the year
ended

31 JULY 2018

Charity no
(if any)

1147534

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 July 2018.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

23.4.19

Name:

John Charles Males

Relevant professional
qualification(s) or body
(if any):

ICAEW FCA

Address:	30-34 North Street
	Hailsham
	East Sussex BN27 1DW

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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