

**Art Therapy Yorkshire (ATY)  
Charitable Incorporated Organisation**

**Annual Report and Accounts  
for the year ended 31 October 2018**

**Charity Number: 1169577**

**Rayner & Co Limited  
Chartered Certified Accountants  
6 Arundel Place  
Scarborough  
North Yorkshire  
YO11 1TX**

## **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

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## Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

### Reference and administrative information

**Charity Registration number** 1169577

**Trustees**

Ms Moyra Bentley  
Mr Steven Phipps  
Mrs Agata Syzmanska-Skelton  
Mr Michael McCauley  
Mrs Leslie Stones  
Mrs Moira Davies

**Principal officers**

Chair	- Ms Moyra Bentley
Vice Chair	- Mrs Leslie Stones
Treasurer	- Mr Michael McCauley
Membership Secretary	- Mrs Moira Davies

**Principal office**

Unit 404, Woodend Creative Workspace  
The Crescent  
Scarborough  
North Yorkshire  
YO11 2PW

**Bankers**

Royal Bank of Scotland  
Scarborough Branch  
19 Huntriss Row  
Scarborough  
North Yorkshire  
YO11 2ED

**Independent examiner**

Mr R D Thorpe  
Rayner & Co Limited  
Chartered Certified Accountants  
6 Arundel Place  
Scarborough  
North Yorkshire  
YO11 1TX

# **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

## **Trustees' report for the year ended 31 October 2018**

### **Introduction**

The Trustees present their report and financial statements for the period ending 31 October 2018.

The Charity is a Charitable Incorporated Organisation (CIO) governed according to the Constitution dated 1 October 2016. The CIO was established 10 October 2016 to take forward the work of its previous incarnation.

The CIO's annual reports will be published on the Charity Commission Website. (note the 2017 period end accounts were the first set of accounts prepared by the CIO).

The CIO is an independent charity and not part of any "umbrella" body.

### **Structure, governance and management**

The original trustees which were appointed upon creation of the CIO are recorded below (with an appointment date of 10/10/16). Subsequent trustees are appointed by a resolution of the existing trustees.

The members of the CIO may be an individual, a corporate body, or [an individual or corporate body representing] an organisation which is not incorporated.

Membership of the CIO can not be transferred to anyone else, except in the case of an individual or corporate body representing an organisation which is not incorporated, whose membership may be transferred by the unincorporated organisation to a new representative.

Liability of members to contribute to the assets of the CIO if it is wound up

(1) If the CIO is wound up, each member of the CIO is liable to contribute to the assets of the CIO such amount (but not more than £1) as may be required for payment of the debts and liabilities of the CIO contracted before that person or organisation ceases to be a member, for payment of the costs, charges and expenses of winding up, and for adjustment of the rights of the contributing members amount themselves.

(2) In sub-clause (1) of this clause "member" includes any person or organisation that was a member of the CIO within 12 months before the commencement of the winding up.

(3) But subject to that, the members of the CIO have no liability to contribute to its assets if it is wound up, and accordingly have no personal responsibility for the settlement of its debts and liabilities beyond the amount that they are liable to contribute.

## **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

### **Trustees' report for the year ended 31 October 2018**

#### **Trustees**

The trustees are as follows :

Ms Moyra Bentley	(Chair)	(Appointed 10/10/16)
Mr Steven Phipps		(Appointed 10/10/16)
Mrs Agata Syzmanska-Skelton		(Appointed 10/10/16)
Mr Michael McCauley	(Treasurer)	(Appointed 10/10/17)
Mrs Leslie Stones	(Vice Chair)	(Appointed 10/10/17)
Mrs Moira Davies	(Membership Secretary)	(Appointed 10/10/17)

The constitution states that there must be at least three charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.

Every trustee of the charity must be a natural person, and must also be a member of the CIO.

The maximum number of charity trustees is twelve. The charity may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

At the first annual meeting of the CIO, all of the charity trustees shall retire from office. Section 13 of the constitution covers in detail the methodology for the retirement of the trustees.

The vacancies so arising at the annual meeting may be filled by the decision of the members, and any outstanding vacancies will be filled by the decision of the members at a later date.

Any person who retires as a charity trustee by rotation or by giving notice to the CIO is eligible for reappointment.

#### **Financial review**

The receipts and payments account for the year can be found on pages 7 - 8 and together with the statement of assets and liabilities on page 9, represent a financial summary of the charity's activities for the period to 31 October 2018 and its financial position at that date.

## **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

### **Trustees' report for the year ended 31 October 2018**

#### **Reserves policy**

The charity currently holds its funds in bank accounts held with Royal Bank of Scotland.

ATY believes that it is essential to build reserves whenever possible in order to be in a position to deal with unplanned financial circumstances, and to draw on in the event of cash flow problems. It has now built up some reserve funding.

#### **Objectives and activities**

The object of the CIO is the relief of sickness and the promotion of good health in Scarborough and the surrounding area by the provision of Art Therapy.

When planning our activities for the year the trustees have considered the commissions guidance on public benefit and, in particular, the specific guidance on charities for the advancement of health.

Art Therapy Yorkshire, originally founded in 2012, has, since its registration as a Charitable Incorporated Organisation on October 10th 2016, continued with its ongoing programme of activities delivered for the public benefit, and in most cases, free to the beneficiaries. When undertaking any decision making or reporting, the trustees have regard for the Charity Commission Guidance on Public Benefit: rules for charities issued on 14 February 2014. This guidance is drawn to the attention of any potential or newly appointed trustee.

ATY has maintained two core groups in 2018. They are our women's group, the learning disability group and been able to work with a considerable number of individuals through the Action toward Inclusion project.

We completed the European Social Fund Community Grants 4 women's project and a number of persons were helped through the Two Ridings Trust Arts for Change fund.

As Approved Providers through the Pathway to Adoption scheme we contracted with East Riding County Council to deliver art therapy interventions to those young people referred to us.

As part of our wider remit we have delivered to, and hosted, higher and further education students who wished to know more about art psychotherapy and about health-related careers in the arts.

ATY is also committed to responding positively to requests to train future art therapists undertaking their Masters degree, and have a trainee at present.

ATY also takes part in many community events linked to the promotion of health, well-being and related issues in the deprived community in which it is situated.



## Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

### Trustees' report for the year ended 31 October 2018

#### Achievements and performance

We worked hard to further our funding programme in 2018, with most coming to fruition in the later stages of this year.

Although the benefit to those receiving support from ATY will be felt in the 2018/19 financial year, we were delighted to receive core funding from the Garfield Weston Trust in August.

As the charity of the year we were supported by the local branch of our Co-op store, received this funding in November. Again, this will be felt by our beneficiaries in 2019.

The latter part of the year was a busy time. Through the Two Ridings Foundation ATY was invited to take part in the High Sheriffs Dragons Den. We were successful here and this will fund our much needed men's work in 2019.

#### Further financial review details

ATY is heavily reliant on charitable foundations for the major part of its income. A second important revenue stream comes from work commissioned by schools or county councils to support young people who are struggling either with remaining in education or with their placement families.

We are grateful for the support of the Garfield Weston Foundation and the Co-op Community Fund both of whom have given generously to enable us to continue our work into 2019.

It is worth noting that, because of the nature of its work with vulnerable clients, confidentiality both inhibits the use of volunteers and has to be taken into account when fundraising ie funding providers of any kind can only have access to, for example, redacted evaluations by clients or therapists. However, ATY has secured funding from North Yorkshire Stronger Communities, an overarching local authority funding organisation, to commission an independent piece of work aimed at more effective use of client feedback linked to bidding for funding.


#### Review of major risks

The trustees have assessed the major risks to which the charity is exposed, in particular those relating to the operations and finances of the trust, and are satisfied that systems are in place to mitigate exposure to the major risks.

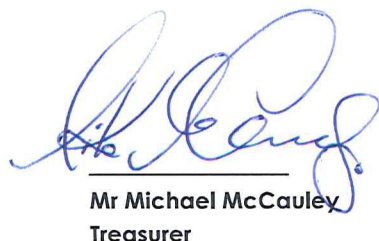
#### Declaration

The trustees declare that they have approved the foregoing trustees' report.

Signed on behalf of the charity's trustees:-

 10/7/19  
Ms Moyra Bentley  
Chair

Date

 10/7/2019  
Mr Michael McCauley  
Treasurer

Date

**Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

**Independent examiner's report to the trustees of Art Therapy Yorkshire**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 October 2018 which are set out on pages 7 to 10.

**Responsibilities and basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect :

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



**Mr Robert David Thorpe FCCA**  
**Rayner & Co Limited**  
**Chartered Certified Accountants**  
**6 Arundel Place**  
**Scarborough**  
**North Yorkshire**  
**YO11 1TX**

18/7/2019 Date



**Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

**Receipts and payments account  
for the year ended 31 October 2018  
Charity Number 1169577**

	<b>Unrestricted</b>		<b>2018</b>	<b>2017</b>
	<b>General</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
	<b>Funds</b>	<b>Funds</b>	<b>Funds</b>	<b>Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Receipts</b>				
PHT	-	-	-	15,288
Awards for all	-	-	-	9,860
Monday is Art Day	1,015	-	1,015	2,885
One/one clients	6,310	-	6,310	3,870
AT in schools	2,728	-	2,728	1,603
NY/ER Children	13,470	-	13,470	1,920
ATI BBO	-	7,700	7,700	11,590
YCL innovation fund	-	8,840	8,840	13,260
YCL ESF CG #4	-	3,951	3,951	9,219
Sundry donations	10,318	-	10,318	1,215
Bank interest received	6	-	6	7
Garfield weston foundation	7,500	-	7,500	-
2 Ridings art for change	2,000	-	2,000	-
<b>Total receipts</b>	<b>43,347</b>	<b>20,491</b>	<b>63,838</b>	<b>70,717</b>
<b>Charitable payments</b>				
Therapists	17,045	34,153	51,198	56,942
Registrations	-	-	-	45
Art materials	104	249	353	694
Supervision	810	1,365	2,175	1,495
Training	190	285	475	822
Rent payable	1,272	5,306	6,578	5,826
Insurance	184	226	410	406
Office expenses	373	343	716	1,096
Advertising	234	177	411	696
Refreshments	151	27	178	433
Travelling expenses	2,898	203	3,101	2,461
Sundry expenses	-	-	-	93
Cost of fundraising	170	86	256	-
Computer costs	50	4	54	-
Legal & professional	40	42	82	-
Accountancy	900	-	900	-
	<b>24,421</b>	<b>42,466</b>	<b>66,887</b>	<b>71,009</b>

# **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

## **Other payments**

Assets retained for the charity's own use

-	-	-	528
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## **Total payments**

<u>24,421</u>	<u>42,466</u>	<u>66,887</u>	<u>71,537</u>
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## **Net surplus/(deficit) for the year**

18,926	(21,975)	(3,049)	(820)
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Accumulated surplus/(deficit) brought forward

4,257	8,141	12,398	-
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Brought forward from previous incarnation

-	-	-	13,218
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Non cash transactions

290	-	290	-
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Transfers to unrestricted

120	(120)	-	-
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Project funded by unrestricted funds

<u>(14,412)</u>	<u>14,412</u>	<u>-</u>	<u>-</u>
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## **Cash funds carried forward**

<u>9,181</u>	<u>458</u>	<u>9,639</u>	<u>12,398</u>
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**Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

**Statement of assets and liabilities  
as at 31 October 2018**

	Unrestricted £	Restricted £	2018 £	2017 £
<b><u>Cash funds</u></b>				
Royal Bank of Scotland (Treasurer's Account)	9,131	458	9,589	12,332
Petty cash	50	-	50	66
<b>Total cash funds</b>	<u>9,181</u>	<u>458</u>	<u>9,639</u>	<u>12,398</u>
<b><u>Tangible fixed assets</u></b>				
IT Equipment				
As at 1 November 2017	239	-	239	-
Additions in year	-	-	-	239
Fixtures & Fittings				
As at 1 November 2017	289	-	289	-
Additions in year	-	-	-	289
<b>Total tangible fixed assets</b>	<u>528</u>	<u>-</u>	<u>528</u>	<u>528</u>
<b><u>Liabilities</u></b>				
Creditors	(290)	-	(290)	-
<b>Total liabilities</b>	<u>(290)</u>	<u>-</u>	<u>(290)</u>	<u>-</u>
<b>Total assets less liabilities carried forwards</b>	<u>9,419</u>	<u>458</u>	<u>9,877</u>	<u>12,926</u>

Signed on behalf of the trustees:

Ms Moyra Bentley  
Chair

Date

10/7/19.

## **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

### **1. Notes to the financial statements**

#### **1.1. CIO formation and related party**

As disclosed in the introduction section of the Trustees' report, the charity operates as a Charitable Incorporated Organisation (CIO), and the CIO was established on 10 October 2016 to take forward the work of the previous incarnation of the charity.

The previous incarnation of the charity transferred its assets to the newly formed CIO upon formation and this was verbally agreed between the trustees, however this was not formally documented until an EGM of the trustees on 3 January 2018.

The transfer between the organisations consisted of cash and bank balances (transferred at their value at 10 October 2016), together with other small sundry assets, which were deemed to have a negligible financial value.

##### **Other related party**

During the period, the charity paid for therapy services from Mrs Susan Holmes, who acts as bookkeeper for the charity (she is not remunerated for bookkeeping services). The therapy services are assumed to have taken place on an arm's length basis, under normal commercial terms.

During the prior period (2017), the company also received an interest free loan from Mrs Susan Holmes, which was both received and repaid in full during the period.