REGISTERED COMPANY NUMBER : 07632784 Registered Charity Number 1160267

Report of the Trustees And Unaudited Financial Statements For The Year Ended 31 May 2019

TVRS CARES LIMITED

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TVRS CARES LIMITED Report Of The Trustees for the year ended 31 May 2019

The Trustees submit their annual report and financial statements of Tvrs Cares Limited for year ended 31 May 2019. The Trustees confirm that the annual report and financial statements of the charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (as applied to small entities by section 1A of the standard).

REFERENCE AND ADMINISTRATIVE DETAILS Registered Charity Number 1106267

Principal Address.

The Granary 80 Abbey Road Barking Essex IG11 7BT

Trustees

Ms. Audrey Joseph Ms. Karen Malcolm Mr. Ian Davis Ms. Ian Griffith

Independent Examiner

Fruition Consultants Accountants 31 River Road First Floor Barking IG11 0DA Company Director Business Consultant Management Consultant Business Consultant

TVRS CARES LIMITED Report of the Trustees for the year ended 31 May 2019

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 on 13th May 2011 with a registered charity number 1106267.

Organisational structure

The charity is organised such that the day to day running of the charity has been delegated to the charity director and secretary. The Trustees are consulted on all material issues and determine the strategic direction of the charity. Trustees meet four times in a year and as and when required to review the operations of the charity.

Recruitment and appointment of new trustees

The management of the charity is the responsibility of the trustees who are elected and coopted under the terms of the trust deed.

Policies adopted for the induction and training of trustees

The induction process for any newly appointed member of the trustees comprises an initial meeting with the chairman and other trustees, followed by a series of short meetings with the director and secreatry in charge on the powers and responsibilities of the trustees.

New Trustees are given an understanding of the charity's objectives and the requirements of the Charity Commission. They are also encouraged to attend appropriate external training events where these will facilitate the understanding of their role. Charity Commission bulletins/updates is also forwarded to Trustees as and when issued.

Connected charities

Tvrs Cares has no connected or affiliated charity.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate control. The trustees have assessed the major risks to which the charity is exposed. In particular those related to the operations and finances of the charity, and are satisfied that systems are in place to mitigate our exposure to the major risks and to provide reasonable assurance against fraud and error.

Objectives and activities

The charity's objectives are :

• To assist in such ways as the charity trustees think fit any charity in Barking & Dagenham and surrounding areas, whose aims include advancing education training and support of young people, adults, parents and carers by developing their mental, physical and moral capabilities through leisure time activities.

· For the public benefit to promote learning for pleasure by people no longer in full time employment, education or promotion of independent living skills, through the continued development of their individual capabilities, competencies, skills and understanding in subjects of educational value.

• To preserve and protect the health of those caring for indivduals with physical, mental or sensory impairment within the family or home by offering a short break through the provision of community based support or a short break/residential placement and, at the discretion of the management committee/trustee.

The promotion of equality and diversity for the public benefit by promoting activities to foster greater understanding of the individual needs of those living with a disability;

(i)to educate young people, adults, parents and carers in matters of sex and development to develop amongst them a sense of responsibility in regard to appropriate sexual behaviour.

(ii)to relieve the poverty of young people by the provision of healthy recreational activities to participate in that they could not otherwise afford.

• The promotion of social inclusion among parents and their children who are socially excluded from society, or parts of society, as a result of a disability, additional needs or challenging behaviour:

(i) providing education and information to support and enable young people, adults, parents and carers to maximise educational opportunities;

(ii)raising public awareness of the issues affecting parents and their children, adults and carers, both generally and in relation to their social exclusion;

(iii) providing workshops, forums, advocacy and general support;

(iv) providing recreational facilities and opportunities for those with disabilities, additional needs and challenging behaviour.

• The promotion of social inclusion among parents, carers and their children, young people and adults who are excluded from society, or parts of society, due to their disability by the provision support services to access universal services.

•To provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, gender, infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life.

• To act as a resource for young people with additional needs and their families living in barking & dagenham, and surrounding areas, by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

(i) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;

(ii) advancing education reliving unemployment

Strategies for achieving objectives

The charity has adopted the following strategies for achieving the above objectives:

· Organising recreational activities, mentoring programmes, communal events and excursions to address issues of relevance to the relief of poverty and provision of care and support for the needy as appropriate;

Activities for achieving objectives

Charity - The practice of charity means the voluntary giving of help to those in need, as a humanitarian act.

Between 2018 - 2019, we carried out a variety of different activities. All of these activities were to generate positive outcomes, to benefits our service users, their friends and family; and the wider community.

All our projects and activities help to teach and development our services users; whether a young person, parent, professional or member of the community. Meeting needs either personally, emotionally, socially or physically.

Stay safe – through ensuring they have a secure and stable staffing network and surroundings.

 \cdot Be healthy – ensuring we support the healthy maintenance of the physical, mental and emotional health of each young person. Promoting positive and healthy lifestyle choices.

Enjoy and achieve – supporting personal, educational and social growth and development, as well as balancing a recreational activities.

 Make a positive contribution - engage in decision-making and support the community and environment, whilst building positive relationships and promoting positive behaviour.
Achieve economic well-being - engage in developmental activities, whether education, training or employment; as well as understanding the importance to sustainable communities.

Projects we have created and implemented within TVRS Cares :

Summer scheme - We had a fun filled summer scheme, which involved structured activities with trained staff. Including arts and crafts, music and dance therapy, cultural and historical learning through museums and shows.

Mentoring scheme - This year we launched our mentoring scheme through which our young people were able to develop strongly and social independent skills and were assigned dedicated mentors, who were similar of age bracket to them, to learn how to engage, enjoy and behaviour in social settings. We had a dedicated trained member of staff accompanying the young people, but the scheme encourages developing social skills for the age group and learning how to interact and take part in activities that affect their age group and local community with peers they can relate to.

Recycling project - Renewable energy and global warming are factors which are affecting our young people's short term and long-term future, and any practices and initiatives we can implement internally in TVRS Cares to help advocate the importance of this factors we will. Our young people take part in weekly recycling projects. They recycle within the activity centre.

Healthy choices - This year we have enhanced our focus on healthy lifestyle choices through the food we eat. Key working sessions are completed with the young people who access our services about the food they ate and how it affects them. We have monthly smoothie sessions, where the young people create their own healthy smoothies of their choice selecting various fruits as ingredients and sell them the neighbours and local residents. In addition, the young people make their own pizzas and cookies and once shared between themselves, they feed local homeless residents in the area, who may not have had a meal.

Community – Give Back - Our young people learn to uplift and empower one another, and work with local grounds maintenance wardens to pick up leaves and rubbish at a park. They also improve the homes grounds, by having a clear out day and donating goods no longer used to others.

Celebrations and festivals - All the young people who access our service enjoy the festivities and celebrations from a range of cultures all year round. We celebrate all young people's birthdays within our services. In addition, we celebrate and allow each young person to celebrate traditions from their culture, religion or background.

We place importance on equality and diversity and keep up to date with worldwide celebrations by engaging with local community and our equality and diversity calendar.

The Vine Kidz - The Vine Kidz project was launched last year. We ensure we provide a safe a secure stimulating environment, support offered is undertaken with trained, specialist members of staff.

We deliver a friendly service, with an inclusive approach and emphasis on teamwork and building family networks.

All our young people are to be developed - we help build self-esteem, confidence and display respect to receive respect. We ensure all our service users are provided with the opportunity to be creative, and spontaneous; get involved in activities, educational learning and play, trips and excursions and problem-solving tasks and find solutions, we encourage independence.

Breakfast Club

7am-9am Monday – Friday including transport to school* (breakfast provided)

The fee includes transport to school. School must be within LBBD.

The Vine Kidz breakfast club give young people the best start to their school day ahead. We aim to ensure your child arrives at school settled, safe and presentable, ready to start their school day.

• A hearty, healthy breakfast - Hot drinks, fresh juices, water, sandwiches, hearty oats porridge or warm breakfast with protein and several fruit options. Vegan and vegetarian options are available.

• Therapeutic, educational and recreational indoor activities, using our resources and equipment

Acknowledgement and rewards of good behaviours, helpfulness.

• The Vine Kids has a good working relationship with the schools in the local area and are recommended by many schools.

Afterschool Club 3pm-7pm Monday – Friday including transport from school* (dinner provided)

The fee includes transport from school. School must be within LBBD. Our afterschool club offer young people a safe, relaxed environment to unwind from their busy school days and prepare for their evening at home. We aim to ensure your child arrives home, settled, safe and presentable, ready to settle in at home, and they are fed a nourishing snack.

• A hearty, healthy snack - Hot drinks, fresh juices, water, sandwiches, warm meals and several fruit options. Vegan and vegetarian options are available.

 Educational, therapeutic and recreational activities delivered run by professional coaches and tutors – football, yoga, art and much more; as well as indoor activities, using our resources and equipment

Acknowledgement and rewards of good behaviours, helpfulness

 The Vine Kids has a good working relationship with the schools in the local area and are recommended by many schools

Weekend & Holiday Club

9am-6pm Saturday – Sunday & School Holiday period (mid-morning snack, lunch, afternoon snack provided)

The Vine Kidz holiday club offer young people a safe, fun and stimulating environment over the school holidays. Our club gives them a break from their day to day home life or environment, a chance to interact and engage with others, make friends, get involved with exciting, fun and educational excursions and in-house activities.

• A hearty, healthy mid-morning snack and lunch dinner – we taste and learn about traditional foods from a range of cultures, cold drinks and hot drinks, fresh juices, water, and several fruit options available. Vegan and vegetarian options are available.

 Onsite activities include - educational, therapeutic and recreational run by professional coaches and tutors

• Offsite excursions – seaside and picnics, science museum, theatre shows, child friendly exhibitions, animal farms and shelters, football tours and stadium visits.

Develop independence and interpersonal skills

Acknowledge equality and diversity days around the world

Educational and social excursions and activities undertaken by our young people include, with risk assessments completed during breakfast club, afterschool club, weekend and holiday club.

The following activities were carried out between June 18 - May 19

June 2018

Lea Valley stables, swimming at Woolwich waterfront, Hollow ponds, V&A childhood museum, Baking cooking, papier mache

July 2018

Picnic in Olympic Park, trampolining, made smoothies, New Cross Gate Cutting, Painting, Flag football, making cupcakes, Barking splash park

August 2018

Carnival celebrations, outing to Southend, Tie dye t'shirts, Victoria Park, Hackney Farm, Valentine's Park, Movie marathon, Eid celebration party – made samosas, Maritime museum, Mudchute Park and Farm, making apple turnovers, swimming, Lea Valley Stables, Plane watching at City Airport

September 2018

Brook Farm, cinema, London Museum, pasta jewellery making, youth parade at Newham park, making vegetable tarts and Barking park fun fair

October 2018

Gruffulo Trial, Pumpkin picking, making Halloween masks, Halloween party, Epping Forest hike, Museum of London, making of Gingerbread men biscuits

November 2018

Fireworks flick painting, maritime museum, movie marathon, indoor sports, baking cupcakes and cookies

December 2018

Winter Wonderland, Christmas cards, Chinese New Year colour pictures, making Chinese lanterns, Chinese New Year calendars,

January 2019

Making pizza, Lolly stick and string painting, Valance House museum,

February 2019

Make Valentine's cards, baked Valentine's Day cookies, Epping Ongar Railway. Making pancakes, pancake relay race, Greatfield park

March 2019

Mother day cards, can we limbo game, Science museum, rice krispies cakes, Barking Abbey park, Arts and craft

April 2019

Easter cards, making of Easter baskets, Easter hunt, bonnets, baked cookies and cupcakes. Brook's farm, Lea Valley Stables

May 2019

Making ice lollies, baking chocolate banana cake, Jubilee Park

Some of the young people would not always want to participate in all the indoor and outdoor activities, therefore they would have occupied themselves with something else. This could be something such as playing with toys, listening to music on the computers, read books or browse the internet.

Throughout this time some upgrades have been made to the activity centre and to some of the equipment.

- Paintings on the walls are now more colourful and inviting
- Sign in and sign out board for YP with their own pictures of themselves
- We have large games like Jenga, playing cards, connect 4
- Incorporated a feelings wall with Emojis
- Scribble blackboard
- Messy play table

More supplies eg for the young people that have difficulties with coordination such as large pens, crayons

More appropriate DVD's were bought

Some toys and games were donated such as cars, books, computer games.

Trustees' responsibilities statement

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to.

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charity SORP;
- Make judgements and estimates that are reasonable and prudent;

 Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions

This report was approved by the Trustees on 15 August 2019 and signed on their behalf by

udrev Joseph

TVRS CARES LIMITED for the year ended 31 May 2019

Independent Examiner's Report To the Trustees of TVRS CARES LIMITED

I report on the accounts for the year ended 31 May 2019 set out on pages ten to fifteen.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required. The charity's gross income exceeded £25,000 and i am qualified to undertake the examination by being a member of Chartered Certified Accountants (ACCA).

It is my responsibility to: - examine the accounts under Section 145 of the 2011 Act to follow the procedures laid down in the General Directions given by the Charity Commission (under Section I45(5)(b) of the 2011 Act); and to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:- 1) which gives me reasonable cause to believe that, in any material respect, the requirements to keep accounting records in accordance with Section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Clelew.

Abiodun Coker (ACCA, AFA) Chartered Certified Accountant 31 River Road Barking IG11 0DA

Date 15-08.2019

Statement of financial activities for the year ended 31 May 2019

Income Resources	Notes	Unrestricted	2019 Total Fund <u>£</u>	2018 Total Fund <u>£</u>
General fund Total Income Resources	2	78,710	78,710	84,890
		78,710	78,710	84,890
Resources Expended Support costs and management Governance costs	3	74,148 1,617	74,148 1,617	82,990 835
Total Resources Expended		75,765	75,765	83,825
NET INCOMING RESOURCES		2,945	2,945	1,065
RECONCILATION OF FUNDS Total Funds Balances b/fwd		10,502	10,502	9,437
Total Funds Balances c/fwd		13,447	13,447	10,502

The Notes Form Part of These Financial Statements

Balance Sheet for the year ended 31 May 2019

	Notes	2019 Total Funds £	2018 Total Funds £
Fixed assets Tangible assets	5	-	1,144
Current assets Debtors Cash at bank and in hand	6	9,665 4,982	- 10,158
Creditors Amounts falling due within one year	7	1,200	800
Net current assets		13,447	9,358
CURRENT LIABILITIES	-	13,447	10,502
Net assets	.—	13,447	10,502
Unrestricted Funds	8		
Unrestricted Funds		13,447	10,502
TOTAL FUNDS	_	13,447	10,502

The financial statements were approved by the Board of Trustees on 15 August 2019 and were signed on its behalf by:

Approved by Board of Trustees Ms. Audrey Joseph (For the Trustees)

The Notes Form Part of These Statements

TVRS CARES LIMITED Notes to the Financial Statementss for the year ended 31 May 2019

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The finacial statements have been prepared in accordance with the statements of Recommended Practice : Accounting and Reporting by Charities preparing their accounts in accordance with the Finnacial Reporting Standard applicable n the United Kingdom and Republic of Ireland (FRS 102) (as applied to small entities by section 1A of the standard) and and Charities Act 2011.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to paricular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

3

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

2 VOLUNTARY INCOME

Income	2019 £ 78,710 78,710	2018 £ 84,890 84,890
GOVERNANCE COSTS Accountancy Professional fees	2019 1,450 <u>167</u> 1,617	2018 800 35 835

4 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for year ended 31 May 2019.

TVRS CARES LIMITED Notes to the Financial Statementss for the year ended 31 May 2019

5 TANGIBLE FIXED ASSETS

	Plant and machinery etc
Cost	£
At 1 June 2018 At 31 May 2019	5,715
Depreciation	
At 1 June 2018 Charge for the year At 31 May 2019	4,571 1,144
Net book value At 31 May 2019	5,715
At 31 May 2018	1,144

6	DEBTORS : amounts falling due within one year	2019 £	2018 £
	Other debtors	9,665 9,665	
7	CREDITORS: amounts falling due within one year	2019	2018

CREDITORS, amounts failing due within one year	2019 £	2018 £
Other creditors	1,200	800

8	MOVEMENT IN FUNDS	At 01 06 18 £	Net Movement In Funds £	At 31 05 19 £
	Unrestricted funds	10,502	2,945	13,447
	Total fund	10,502	2,945	13,447

TVRS CARES LIMITED Notes to the Financial Statementss for the year ended 31 May 2019

Net movement in funds, included in the above are as follows:

	Incoming Resources	Resources Expended	Movement in Funds
Unrestricted funds	£	£	£
General fund	78,710	75,765	2,945
Total fund	78,710	75,765	2,945

Detailed Statement Of Financial Activities For The Year Ended 31 May 2019

	Unrestricted	Restricted	2019 Total Fund Fund	2018 Total Fund Fund
	£	£	£	£
INCOMING RESOURCES			£	£
Income	78,710.00		78,710.00	84,890.00
Total Incoming Resources	78,710.00	-	78,710.00	84,890.00
RESOURCES EXPENDED				
Charitable Activities				
Activity and event expenses	4,796.00		4,796.00	4 152 00
Activity centre repairs and maintenance	1,088.00		1,088.00	4,152.00 2,236.00
	5,884.00	-	5,884.00	6,388.00
Governance Costs				
Accountancy fees	1,450.00		1,450.00	800.00
Professional charges	167.00		167.00	35.00
	1,617.00	-	1,617.00	835.00
Support Costs Management				
Rent	31,563.00		31,563.00	66,929.00
Rates	2,640.00		2,640.00	2,101.00
Stationery and printing	408.00		408.00	662.00
Bank charges	281.00		281.00	139.00
Insurance	577.00		577.00	-
Cleaning	600.00		600.00	885.00
Telephone & fax	1,802.00		1,802.00	2,267.00
Computer expenses	1,668.00		1,668.00	1,156.00
Wages & salaries	26,860.00		26,860.00	-
Depreciation	1,144.00		1,144.00	1,143.00
Equipment Hire	721.00		721.00	1,320.00
-	68,264.00	-	68,264.00	76,602.00
TOTAL RESOURCES EXPENDED	75,765.00	-	75,765.00	83,825.00
NET INCOME	2,945.00	•	2,945.00	1,065.00