

Annual Report for 2018/2019

This is the ninth Annual General Meeting of Bolton Neuro Voices. Our membership is made up of five local neuro groups; Bolton West Stroke Support Group, Bury/Bolton ME/CFS Support Group, Manchester and District MND Association, Bolton and District MS Society and Parkinson's UK Bolton – plus 33 individual members.

Aims and Objectives Bolton Neuro Voices was set up to improve the quality of neurological health and care services in Bolton, to create a forum in which local groups could work together and to extend membership to individuals and carers who have no local support group. In particular, we wanted to facilitate improvements in quality of life, ensure access to information and provide continued monitoring of local services.

Activities in 2018 - 2019

This has been a good year with consolidation of our regular activities and some exciting new developments.

Hydrotherapy	1 new 5-week course for 21 participants + 33 Continuation sessions with more than 40 participants. Our long campaign for improved facilities at Bolton One resulted in more handrails, improved signage plus some seats in the foyer and easier Blue Badge parking.
Arena Exercise	36 dry exercise sessions for 20 participants
Facebook page	31 members
Social activities	Summer buffet and Christmas lunch – both at Ridgmont House, Horwich
Committee	Two Committee meetings and many consultations via phone and email
Information and Monitoring	Information stall at Brightmet Health Centre Participation in first GMNA Café Neuro in November 2018
Keeping up to date re:	Data Protection, Safeguarding and Care of Volunteers – Our thanks to Bolton CVS for access to their excellent training opportunities
Involvement in local volunteering	via regular attendance at Bolton CVS Health, Care and Well-being Forum.
Involvement in Greater Manchester developments-	Newsletter received and feedback sent
Involvement in the Neurological Alliance	- 1 meeting of its North Region attended by 3 committee members.

Our application to Register with the Charity Commission as a Charitable Incorporated Organisation was accepted and our charity number is 1178772. This will now appear on all our stationery and literature

None of this activity could happen without the constant support and encouragement of our professional colleagues, our committee members, our volunteers and our participants. I would like to thank Susan Pattison and her staff for their huge contribution to the success of our hydrotherapy courses and programmes and Barbara Tew, Sue Larmett, Thaira Qureshi, Christine Lee, Saba Hussain and Joan Rose for providing the crucial dryside support. I also offer a special welcome to Sanya Anwar who has volunteered to help with co-ordinating our Hydrotherapy services. Sue Hayes and Oliver Waugh-Swain and Jennie Swarbrick have led the exercise sessions at Horwich Arena and with Moyra McDermott helped to make them safe and enjoyable. Annette Stuart and Andy Morris look after our accounts and Annette has continued to curate her Bolton Neuro Voice Facebook page. Thanks also to our committee, Barbara Tew, Annette Stuart, Moyra McDermott, Peter Shakespeare, Susan Harbot and Ian Flint. Last but not least, a huge thank you to all the people with neurological conditions who take part in our activities and give each other so much mutual support and encouragement. Bolton Neuro Voices is very fortunate in its members and friends and I am honoured to be its chair and to present this report. *Marie Oxtoby*

Working together
to improve the quality of life of Bolton people with neurological conditions

Bolton Neuro Voices CIO registered number 1178772

BNV FINANCIAL SUMMARY FROM 1/04/18 to 31/03/19

Code		Apr-18 2018/4	May-18 2018/5	Jun-18 2018/6	Jul-18 2018/7	Aug-18 2018/8	Sep-18 2018/9	Oct-18 2018/10	Nov-18 2018/11	Dec-18 2018/12	Jan-19 2019/1	Feb-19 2019/2	Mar-19 2019/3	Total
Income														
ICD	Core Donations	0.00	0.00	0.00	90.00	-1,300.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	-1,210.00
ISUB	Membership Subscriptions	20.00	0.00	0.00	80.00	110.00	20.00	0.00	30.00	0.00	10.00	0.00	0.00	270.00
IHD	Hydrotherapy Grants/Donations	0.00	0.00	2,000.00	0.00	1,300.00	0.00	0.00	0.00	500.00	0.00	0.00	0.00	3,800.00
IUSER	User Contributions (Continuation)	1,080.00	215.00	0.00	20.00	0.00	660.00	45.00	0.00	0.00	810.00	45.00	15.00	2,890.00
IUSERN	User Contributions (New Course)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	475.00	50.00	0.00	0.00	0.00	525.00
IAREND	Arena Grants/Donations	40.00	40.00	40.00	50.00	40.00	40.00	45.00	40.00	155.00	40.00	50.00	50.00	630.00
ICOND	Continuation Donations	0.00	5.00	300.00	5.00	0.00	0.00	40.00	307.00	567.00	15.00	20.00	25.00	1,284.00
IARENU	Arena User Contributions	400.00	0.00	0.00	20.00	15.00	45.00	90.00	10.00	10.00	125.00	105.00	0.00	820.00
IOTH	Other	0.00	0.00	0.00	60.00	0.00	0.00	220.00	40.00	520.00	0.00	0.00	0.00	840.00
Total Income		1,540.00	260.00	2,340.00	325.00	165.00	765.00	440.00	902.00	1,802.00	1,000.00	220.00	90.00	9,849.00
Expenditure														
<u>BNV Core Funds</u>														
CEADMIN	Stationery/Printing/Postage	-2.49	0.00	0.00	0.00	-36.61	0.00	0.00	0.00	-33.26	0.00	0.00	0.00	-72.36
CEINS	Insurance	0.00	0.00	0.00	0.00	0.00	0.00	-253.32	0.00	0.00	0.00	0.00	0.00	-253.32
CEMEET	Meeting expenses	0.00	-82.00	0.00	0.00	0.00	-16.00	0.00	0.00	0.00	0.00	0.00	0.00	-98.00
CEMISC	Miscellaneous	-65.49	0.00	0.00	-75.00	0.00	-12.50	0.00	-20.00	-820.00	-78.00	0.00	0.00	-1,070.99
Sub-Total - Core Funds		-67.98	-82.00	0.00	-75.00	-36.61	-28.50	-253.32	-20.00	-853.26	-78.00	0.00	0.00	-1,494.67
<u>BNV Hydrotherapy</u>														
HEPHYEX	Physiotherapist Expenses Continuation	0.00	-46.60	0.00	0.00	0.00	0.00	-46.60	0.00	0.00	0.00	-46.60	0.00	-139.80
HEPHYEXN	Physiotherapist Expenses New Course	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	-146.40	-248.60	0.00	0.00	-395.00
HEPHYS	Physiotherapy Services (Continuation)	0.00	-200.00	0.00	0.00	0.00	0.00	-200.00	0.00	0.00	0.00	-160.00	0.00	-560.00
HEPHYSN	Physiotherapy Services (New Course)	0.00	0.00	0.00	0.00	0.00	0.00	-120.00	-1,040.00	-643.00	-1,000.00	0.00	0.00	-2,803.00
HEPOOL	Pool Hire (Continuation)	0.00	-458.46	-244.51	0.00	-81.50	-244.51	-217.34	0.00	0.00	-108.67	-217.34	-217.34	-1,789.67
HEPOOLN	Pool Hire (New Course)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	-271.68	0.00	0.00	-271.68
HEMISC	Miscellaneous	0.00	0.00	0.00	0.00	0.00	-1.00	0.00	0.00	0.00	0.00	0.00	0.00	-1.00
HEVOL	Volunteer Expenses (Continuation)	-76.90	0.00	0.00	-34.20	-83.20	0.00	0.00	-3.22	-92.00	-50.70	0.00	0.00	-340.22
HEVOLN	Volunteer Expenses (New Course)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	-68.50	-12.00	0.00	-80.50
Sub-Total - Hydrotherapy		-76.90	-705.06	-244.51	-34.20	-164.70	-245.51	-583.94	-1,043.22	-881.40	-1,748.15	-435.94	-217.34	-6,380.87
<u>Arena</u>														
EARENA	Arena Costs	0.00	0.00	0.00	0.00	-440.00	0.00	-120.00	-160.00	-160.00	-80.00	-120.00	-280.00	-1,360.00
EARENAM	Arena Miscellaneous	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Sub-Total - Awards for All		0.00	0.00	0.00	0.00	-440.00	0.00	-120.00	-160.00	-160.00	-80.00	-120.00	-280.00	-1,360.00
Total Expenditure		-144.88	-787.06	-244.51	-109.20	-641.31	-274.01	-957.26	-1,223.22	-1,894.66	-1,906.15	-555.94	-497.34	-9,235.54
Surplus / Deficit		1,395.12	-527.06	2,095.49	215.80	-476.31	490.99	-517.26	-321.22	-92.66	-906.15	-335.94	-407.34	613.46
		868.06	2,963.55	3,179.35	2,703.04	3,194.03	2,676.77	2,355.55	2,262.89	1,356.74	1,020.80	613.46		
Balance Brought forward		8,289.65	9,684.77	9,157.71	11,253.20	11,469.00	10,992.69	11,483.68	10,966.42	10,645.20	10,552.54	9,646.39	9,310.45	8,289.65
Balance Carried forward		9,684.77	9,157.71	11,253.20	11,469.00	10,992.69	11,483.68	10,966.42	10,645.20	10,552.54	9,646.39	9,310.45	8,903.11	8,903.11