

REGISTERED COMPANY NUMBER: 07118015
REGISTERED CHARITY NUMBER: 1137825

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR
ENDED 31 DECEMBER 2018
FOR
THREE SPIRES FAMILY SUPPORT TRUST**

THREE SPIRES FAMILY SUPPORT TRUST

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for the year ended 31 December 2018**

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THREE SPIRES FAMILY SUPPORT TRUST

CHAIRMAN'S REPORT for the year ended 31 December 2018

Report from Chair of Trustees

2018 has been yet another successful year for “Coffee Tots” and all that it does. Having read through the financial and managers’ reports I am reminded, yet again, of all the amazing work that goes on: front of house and behind the scenes.

Our vision has continued to develop and evolve due to the tremendous support that we receive and in particular to the expert and dedicated work of the Staff and Trustees. We also continue to liaise with a number of agencies in the city and are recognised for the positive impact we are having on some of Coventry’s most vulnerable and isolated families. Our links with other organisations have strengthened and continue to grow due to the excellent reputation that we have.

ReNew continues to be well used and the courses that run there still have a significant impact on the individuals and families that are involved. We hope and pray that the outcomes will be long lasting.

The Financial Statement demonstrates the continuing generosity and support that we receive, from individuals, charities and churches. The Building Blocks scheme is continuing to bring benefits and the tireless work done by Catherine Bartlem and Catherine Jupp, our Managers, cannot be understated. Ann McCabe and Ros Mortimer join the two Catherines to make up the management team and together they play a huge part in making Coffee Tots all that it is today.

One significant change to Coffee Tots has been the departure of Greg Bartlem, (Vicar of Urban Hope and Chaplain to Coffee Tots Church). I would like to thank Greg for all the amazing work that he has done in this role. His dedication, commitment and love for these “congregations” has been exemplary and it is wonderful to see the impact that this has had on people’s lives. I know that Greg continually went above and beyond expectation and would like to thank him, on behalf of Coffee Tots, for all that he has done. I would also like to wish him well in his new role and that he will continue to bless and be blessed in all that he does.

My thanks also go to all the staff, both voluntary and salaried, for their hard work, dedication, patience and humour, and for always being prepared to go the “extra mile” for the people that they come into contact with. Without such an amazing group of people Coffee Tots would not have the impact that it does. My thanks also go to the Trustees for their faithfulness, support and desire to help enable the staff to do the best job that they can.

I am sure that Coffee Tots will continue to flourish and have a positive impact on the lives of all those that it touches. It has been a privilege to have been part of such a wonderful organisation.

Louise Bentley

Chair of Trustees (Resigned 13 May 2019)

Naomi Grew

Chair of Trustees (Appointed 13 May 2019)

**OPERATING AND FINANCIAL REVIEW
for the year ended 31 December 2018**

Managers Report

Background

Three Spires Family Support Trust is a Christian charitable organisation established in 2010, which seeks to serve the community in practical ways in Coventry City Centre. Set up & run by parents who appreciate the challenges of raising small children in an increasingly isolating society, Three Spires Family Support Trust's aim is to demonstrate God's love to people who may never have encountered God or the Church. Our goal is to help parents enjoy raising their children, to feel supported and unconditionally loved and grow in confidence.

Three Spires Family Support Trust has been running a café/drop-in parenting project in Coventry City Centre called 'Coffee Tots' since October 2010. The project provides a safe and relaxed space for parents with young children offering subsidised fair-trade drinks, snacks and light lunches. A manager & volunteers are available to offer support and care for parents & their families, many of who are struggling to raise their children. Coffee Tots is staffed predominantly by parents; many of whom have themselves struggled with isolation, depression and difficult circumstances. Drawing on their own experience as parents, they are able to come alongside and support customers in a unique and caring way. All of which contributes to the welcome and acceptance that we aim to offer everyone.

Three Spires Family Support Trust began as a monthly group for parents with young children, meeting in a city centre coffee shop recognising that for many parents, toddler groups can be quite intimidating to enter on your own. Our growing group was made up of a number of parents who lacked basic support and struggled with isolation. By talking to these parents and building relationships with them it was recognised that there was a great need within Coventry city centre for a permanent base. Many parents regularly spent great lengths of time in the city centre to escape the house; they did not have any support systems they felt able to access, leaving them lonely and isolated. We found that low-income, single and young parents were the worst affected, however changes in society (a breakdown of families, a loss of community, increased use of internet social network sites) have left many people isolated and lacking contact with other parents, many of whom therefore struggle to cope with the challenges of parenthood. All of our ongoing activities are undertaken to further our charitable purposes and with regard to Charity Commission guidance on public benefit.

2018

This has been our eighth full year of operating Coffee Tots. Coffee Tots welcomes 50 to 70 parents every day with their young children; many of who are regulars and will refer to us as their "Coffee Tots Family", the family they never had.

We continue to work with growing numbers of families that are or have recently been victims of domestic abuse. Generational family breakdown has left many of our parents without good role models and often lacking parenting skills. Over the last couple of years, the success we are having with disadvantaged families is becoming more widely recognised and valued; various of Coventry's most senior Social Workers have publicly acknowledged that Coffee Tots is having more success in effectively engaging with some of the most difficult and vulnerable families in our city than any of the mainstream services. We are in the unique position of being able to tailor the support that we offer families for greatest impact whereas statutory services need the individual to fit into their predetermined framework. Our unique way of working enables us to stay involved with these families after other services have withdrawn, we provide consistency for a group of people that are plagued by a lack of consistency in life. We have been recognised by Voluntary Action Coventry as an Innovation Award Winner for "helping people access the right preventative services before an issue becomes a crisis" and our reputation in this remains strong as Social Care increasingly refer families to us that they themselves are struggling to effectively engage with, often when "all other interventions have been tried and proven unsuccessful".

A key part of the Coffee Tots family is our staff team, both paid and volunteer. Our volunteers have continued to live up to their award-winning reputation, without them we would not be able to do all we do. Our paid staff show great commitment to their roles, going above and beyond what we expect of them to serve families in need across Coventry. Ros in her role as Assistant Manager has continued to show dedication to her role, as well as helping to lead various of our courses with a particular focus on Peaced Together and CrossRoads (which helps to increase self-esteem and self-worth and help individuals to make positive choices); along with Catherine B, Ros has developed a new course focusing on learning and communication as well as helping people to start to dream and hope for a better future. Ann also continues to have a positive impact in her role as Family Support Co-ordinator, running baby and toddler sensory sessions, baby massage and introducing solids courses; along with Catherine J, Ann has trained to be a First Aid course instructor, in which they will train staff, volunteers and parents. Our staff team has been joined by Gemma who has settled in well, other staff members include Lindsay, Becky, Kirsty, Kelly, Stella, Linda, Georgia and Elly who all continue to play a significant role in developing Coffee Tots. This year we have said goodbye to Leisa who has made our delicious cakes for a number of years as well as working in the café and teaching parents how to cook. Jenny continues in her role as Peaced Together course leader and has run many very successful courses (with Ros and Becky), which help to change peoples lives from brokenness to hope, we look forward to continuing to see the

THREE SPIRES FAMILY SUPPORT TRUST

OPERATING AND FINANCIAL REVIEW for the year ended 31 December 2018

transformation of peoples lives through attending the Peaced Together and CrossRoads courses and the additional support they access through Coffee Tots. Becky returned after maternity leave to her role as money management support worker, helping families access benefits, complete paperwork, reduce debt and apply for grants.

Coffee Tots has a play area and craft table encouraging parents to play and interact with their children. Encouraging parents to play with their children not only helps the child to develop socially and mentally but also strengthens the relationship between parent and child. For many parents this comes naturally but for others it is a skill which needs to be learnt, nurtured and developed. Volunteers working alongside Ann and the rest of the staff team have helped to develop arts and crafts sessions through the year.

During Easter week we shared the Easter story through a variety of crafts and activities.

Urban Hope (a Christian Community that has grown out of both Coffee Tots and Bardsley House - a City Centre project aimed at reaching out to marginalised teenagers) continues to meet at Coffee Tots on Sunday afternoons. Part of Coventry Church of England Diocese, services take place around a meal table at Coffee Tots each Sunday, with a varied planned programme of teaching around relevant Bible passages, alongside this there are planned activities for younger children. Urban Hope has continued to work with Coffee Tots over the year to develop joint events (fun days, trips out, kids club, nativity play). Sadly, Urban Hope's Vicar and Coffee Tots Chaplain Greg moved on to a new role in the Diocese, and Urban Hope entered an interregnum appointing a new Vicar to start mid 2019. Greg has made a huge contribution to Coffee Tots and Coffee Tots Church and will be greatly missed; we have enjoyed many joint partnerships and events including weekends away to Wales over Easter. Coffee Tots Church continues to meet on Thursday lunchtimes as a midweek service of Urban Hope for families wanting to be part of this church community. A highlight of the year for Coffee Tots Church was when we visited Breathing Space a to celebrate Easter together, a chance for reflection, celebration and an Easter egg hunt.

The Knitting Club continues to meet weekly and has helped staff and customers to learn to knit as well as providing an opportunity for the more accomplished knitters to develop skills. This is a time of calm for some mums who don't often sit and concentrate on something for long. We appreciate too the supply of knitted blankets from members of the Mothers Union and other groups around Coventry and Warwickshire.

In the Summer we were able, thanks to St Peter's Church Kineton, to take a coach load of families to the seaside, for some their first time to the beach. A great day was had by all and it had a real community spirit feel, with much excited chatter on the coach home.

Many of our supporters are "Building Blocks for Coffee Tots" where we ask individuals to donate £10 or more each month to help support and develop the work of Coffee Tots and at the end of 2018, this support generating 29% of the monies needed for our core charitable activities. Our prices in Coffee Tots are heavily subsidised to keep it affordable and accessible. We want customers to be able to come and spend time in Coffee Tots, accessing support and developing their own friendship networks, regardless of how much money they have available to spend. Many of our customers will stay from 2 to 4+ hours in any one day but might only have one drink or portion of food (spending less than £3). We want to be able to afford to do this; to be able to develop these vital relationships and therefore, "Building Blocks for Coffee Tots" is a key part of our funding strategy.

The Claverdon Churches generously gave us food from their harvest collections in the autumn, which we used to stock our informal foodbank and we have been grateful for support from Churches around the Diocese in helping to stock our swap shop of baby and children's clothes and equipment.

We closed the year with a Christmas Party, where Father Christmas visited; we made Christmas crafts, gave small gifts and took part in the Christmas Story. This year we had lots of toys and presents donated from St Peters Church, Wooton Wawen, St John's Church, Kenilworth and Holy Trinity Coventry which enabled us to create a Santa's Grotto where parents could come and choose gifts for their children and wrap them up giving them ownership and pride over the donated gifts. In addition, were able to give a present to every parent who needed one, for many this was their only present to open on Christmas Day.

Coffee Tots has become an integral part of the day-to-day lives of many families in Coventry, we pride our selves on the relationships we have built up over the last eight years and the support we have been able to offer families particularly in times of crisis.

Catherine Jupp & Catherine Bartlem
Managers

THREE SPIRES FAMILY SUPPORT TRUST

OPERATING AND FINANCIAL REVIEW for the year ended 31 December 2018

Financial Report

These accounts represent the eighth full year of operating Coffee Tots, having opened our doors for the first time in October 2010, and we are very grateful once again to all those who have helped to make it happen, from our customers, staff and volunteers, to our regular supporters, to local churches, community groups and businesses who support us in a variety of ways, to the various Grant Bodies who have given us grants over the year.

The income of Three Spires Family Support Trust can be split into four main streams: income generated by the project through cafe sales; general grant income; grants for development projects; and donations.

Reflecting the financial difficulties facing many of our families, our café takings remain lower than two years ago although they have increased slightly over the last year. Despite numbers accessing the café remaining high, we have seen the average spend per family drop as personal finances are tight. The numbers of children's meals sold remains steady but the numbers of adult meals sold has dropped compared to our first six years.

We continue to run a three year rolling fundraising plan for grant applications, overseen by Catherine Jupp (one of the founder managers). Our grant income has almost doubled since opening ReNew as we have sought additional funding to extend and develop the extra support that we are offering families through the provision of ReNew. Grants totalling £85,042 were received during 2018 from: Children in Need, Good News Evangelical Mission (GEM), Groundwork UK (Tesco), Santander Foundation, Souter Charitable Trust, The General Charities of the City of Coventry, The Henry Smith Charity, Tudor Trust, WPH Charitable Trust and the West Midlands Police.

This year was our second full year of additional financial support from a local business. Their support enabled us in June 2016 to take on another unit (ReNew, 15 City Arcade) next door but one to Coffee Tots and to increase staff hours. They have agreed to maintain this support for a three-year period (matching the length of the lease on ReNew), which takes us to April 2019. This has obviously impacted significantly on our figures over the last three years, increasing our turnover by 52% from 2015 to 2018. Aware that this corporate support income is due to draw to a close in 2019, work started in 2018 to secure the additional income needed to ensure future sustainability, with the necessary monies needed for 2019 secured early 2019.

During 2018 we have also been supported by The Newfield Trust, the Talisman Charitable Trust and the WE Dunn Trust, through the year, who have given individual grants for a number of our customers enabling us to buy essential furniture and white goods on their behalf, helping to improve family life.

We continued to be encouraged by the support of individuals and groups through our regular giving scheme for supporters – Building Blocks for Coffee Tots which has continued to grow over the last year and now provides us with 29% of the monies needed for our core charitable activities. We are very grateful for the support of all our Building Blocks.

In addition to the support of individuals, we have been financially supported during 2018 by an increasing number of churches from Coventry and Warwickshire. It has been great to continue to develop these links as well as building new links with other Churches. It has been particularly good to build relationships with the various church families; highlights include a day out at the seaside with St Peter's Kineton and joining with Christ Church for their Christmas Fair.

We couldn't do what we do without the support we receive and we are incredibly grateful for this, thank you.

Mrs C A Bartlem
Co-Manager (Finance)

THREE SPIRES FAMILY SUPPORT TRUST

REPORT OF THE TRUSTEES for the year ended 31 December 2018

The trustees who are also the directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2018. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 effective 1 January 2015)

FINANCIAL REVIEW

Reserves policy

In the trustees' view, the reserves should provide the charity with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

New trustees are elected by the 'Board of Trustees'

Risk management

Risk assessments have been carried out for the day to day activities of Coffee Tots and form part of the preparations for any one-off events. The Trustees review these along with all other policies and procedures on a regular basis.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07118015

Registered Charity number

1137825

Registered office

11 City Arcade
Coventry
West Midlands
CV1 3HX

Trustees

L K Day
L A Bentley
J C Halliday
J Howard
N Grew (Appointed 11 July 2018)
J Davies (Appointed 11 July 2018)
S J Ockenden (Appointed 11 July 2018)
J K McCabe (Appointed 24 November 2018)

Independent Examiner

Spencer Gardner Dickins Limited
3 Coventry Innovation Village
Cheetah Road
Coventry
CV1 2TL

THREE SPIRES FAMILY SUPPORT TRUST

REPORT OF THE TRUSTEES for the year ended 31 December 2018

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Three Spires Family Support Trust for the purposes of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on and signed on its behalf by:

Naomi Grew

Chair of Trustees (Appointed 13 May 2019)

Independent examiner's report to the trustees of Three Spires Family Support Trust ("the company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2018.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102) (effective 1 January 2018).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Debra Knighton FCCA
Spencer Gardner Dickins Limited
3 Coventry Innovation Village
Cheetah Road
Coventry
CV1 2TL

Date:

THREE SPIRES FAMILY SUPPORT TRUST

STATEMENT OF FINANCIAL ACTIVITIES For the year ended 31 December 2018

	Notes	Unrestricted funds £	Restricted funds £	2018 Total funds £	2017 Total funds £
INCOME FROM					
Donations and legacies	3	119,029	54,832	173,861	181,113
Other Trading Activities	4	13,547	-	13,547	12,856
Total income		132,576	54,832	187,408	193,969
EXPENDITURE ON					
Raising Funds	5	43,475	8,205	51,680	43,751
Charitable Activities					
Provision of advice, assistance and programmes	6	79,324	52,338	131,662	133,364
Total expenditure		122,799	60,543	183,342	177,115
NET INCOME/(EXPENDITURE)		9,777	(5,711)	4,066	16,854
Total funds brought forward		3,379	18,107	21,486	4,632
TOTAL FUNDS CARRIED FORWARD		13,156	12,396	25,552	21,486

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

THREE SPIRES FAMILY SUPPORT TRUST

**BALANCE SHEET
At 31 December 2018**

	Notes	Unrestricted funds £	Restricted funds £	2018 Total funds £	2017 Total funds £
Fixed Assets					
Tangible Assets	11	3,513	-	3,513	4,133
Current Assets					
Cash at bank		14,385	12,396	26,781	24,595
Creditors					
Amounts falling due within one year	12	(4,742)		(4,742)	(7,242)
Net Current Assets/(Liabilities)		9,643	12,396	22,039	17,353
Total Assets Less Current Liabilities		13,156	12,396	25,552	21,486
Net Assets		13,156	12,396	25,552	21,486
Funds					
Unrestricted funds	14			13,156	3,379
Restricted funds				12,396	18,107
Total Funds				25,552	21,486

The notes form part of these financial statements

THREE SPIRES FAMILY SUPPORT TRUST

BALANCE SHEET - CONTINUED

At 31 December 2018

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on and were signed on its behalf by:

Trustee

Trustee

Trustee

Company Registration No. 07118015

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 December 2018

1 COMPANY STATUS

The charity is a company limited by guarantee and incorporated in England and Wales. The members of the company are the trustees who are also the directors. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The charitable company's registered numbers and registered office address can be found in the Report of the Trustees.

2 ACCOUNTING POLICIES

Basis of preparation

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The financial statements are prepared in sterling which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year.

Income

All incoming resources are included on the Statement on Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Voluntary income resources by the way of grants, donations and gifts are included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Donated services are included at the value to the charity where this can be quantified. The value of service provided by volunteers has not been included in these accounts.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries, it includes both costs that can be allocated directly to such activities and those costs of indirect nature necessary to support them.

Governance costs includes those costs associated with meeting the constitutional and statutory requirements of the charity and include costs linked to the strategic management of the charity.

Irrecoverable VAT is charged as a cost against the act for which the expenditure is incurred.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 15% reducing balance

Computer Equipment - 3 year straight line

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 December 2018

2 ACCOUNTING POLICIES - continued**Fund Accounting - continued**

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire Purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial Instruments

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the income statement.

3 DONATIONS AND LEGACIES

	2018	2017
	£	£
Corporate support income	50,000	48,000
Donations	33,860	31,188
Gift aid	4,359	5,705
Sundry income	600	-
Grants	85,042	96,220
	173,861	181,113

Grants received, included in the above, are as follows:

	2018	2017
	£	£
Other Grants Received	18,820	25,200
Coventry General Charities	11,390	9,400
Tudor Trust	25,000	23,695
Trusthouse	-	9,000
Weston	-	10,000
Children in Need	9,182	2,925
Henry Smith	16,000	16,000
West Midlands Police	4,650	-
	85,042	96,220

THREE SPIRES FAMILY SUPPORT TRUST

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 December 2018

4 OTHER TRADING ACTIVITIES

	2018	2017
	£	£
Café takings	13,547	12,856

5 RAISING FUNDS

Other Trading Activities	2018	2017
	£	£
Purchases	12,415	9,407
Staff Costs	39,265	34,344
	51,680	43,751

6 CHARITABLE ACTIVITIES COSTS

	Support costs (See note 7)	
	2018	2017
	£	£
Provision of advice, assistance and programmes	131,662	133,364

7 SUPPORT COSTS

	Management	Human Resources	Other	Governance costs	Totals
	£	£	£	£	£
Provision of advice assistance and programmes	54,341	62,554	12,457	2,310	131,662

Support costs, included in the above, are as follows:

	2018	2017
	£	£
Wages	14,093	15,683
Rent	27,800	27,800
Rates and water	4,103	3,014
Insurance	721	1,804
Travel, including outings and families	309	815
Training and courses	7,315	4,815
Support worker staff costs (Children and family, and money management)	62,554	62,238
Light and Heat	3,174	4,730
Printing, postage and stationery	1,403	250
Sundries	5,396	6,499
Repairs and renewals	1,864	3,764
Depreciation of tangible fixed assets	620	782
Accountancy and legal fees	2,310	1,170
	131,662	133,364

8 NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2018	2017
	£	£
Depreciation - owned assets	620	782
Other operating leases	27,800	27,800
Independent examination	500	1,170

THREE SPIRES FAMILY SUPPORT TRUST

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED for the year ended 31 December 2018

9 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2018 nor for the year ended 31 December 2017.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2018 nor for the year ended 31 December 2017.

10 STAFF COSTS

	2018	2017
	£	£
Wages and salaries	106,394	105,591
Employers NI	7,487	6,029
Other pension costs	2,031	645
	<u>115,912</u>	<u>112,265</u>

No employees received employee benefits of more than £60,000 (2017: None)

The average monthly number of employees during the year was as follows:

2018	2017
13	18

11 TANGIBLE FIXED ASSETS

	Plant and Machinery £	Computer Equipment £	Totals £
Cost			
At 1 January 2018	<u>10,194</u>	<u>629</u>	<u>10,823</u>
Depreciation			
At 1 January 2018	6,061	629	6,690
Charge for year	<u>620</u>	<u>-</u>	<u>620</u>
At 31 December 2018	<u>6,681</u>	<u>629</u>	<u>7,310</u>
Net Book Value			
At 31 December 2018	<u>3,513</u>	<u>-</u>	<u>3,513</u>
At 31 December 2017	<u>4,133</u>	<u>-</u>	<u>4,133</u>

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018	2017
	£	£
Social security and other taxes	2,699	2,699
Accrued expenses	<u>2,043</u>	<u>4,543</u>
	<u>4,742</u>	<u>7,242</u>

THREE SPIRES FAMILY SUPPORT TRUST

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 December 2018

13 LEASING AGREEMENTS

Total lease payments under non-cancellable operating leases fall due as follows:

	2018	2017
	£	£
Within one year	15,150	30,300
Between one and five years	-	15,150
	<u>15,150</u>	<u>45,450</u>

14 MOVEMENT IN FUNDS

	At 1.1.18	Net movement in funds	At 31.12.18
	£	£	£
Unrestricted funds			
General fund	3,379	9,777	13,156
Restricted funds			
Awards for All	1,797	(1,797)	-
Tudor Trust	1,423	(1,423)	-
Weston	783	(783)	-
Children in Need	2,501	(831)	1,670
Henry Smith	11,603	(2,397)	9,206
West Midlands Police	-	1,520	1,520
	<u>18,107</u>	<u>(5,711)</u>	<u>12,396</u>
TOTAL FUNDS	<u>21,486</u>	<u>4,066</u>	<u>25,552</u>

Net movement in funds, included in the above are as follows:

	Incoming Resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	132,576	(122,799)	9,777
Restricted funds			
Awards for All	-	(1,797)	(1,797)
Tudor Trust	25,000	(26,423)	(1,423)
Weston	-	(783)	(783)
Children in Need	9,182	(10,013)	(831)
Henry Smith	16,000	(18,397)	(2,397)
West Midlands Police	4,650	(3,130)	1,520
	<u>54,832</u>	<u>(60,543)</u>	<u>(5,711)</u>
TOTAL FUNDS	<u>187,408</u>	<u>(183,342)</u>	<u>4,066</u>

THREE SPIRES FAMILY SUPPORT TRUST

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 December 2018

14 MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.17 £	Net movement in funds £	At 31.12.17 £
Unrestricted funds			
General fund	(2,889)	6,268	3,379
Restricted funds			
Awards for All	7,521	(5,724)	1,797
Tudor Trust	-	1,423	1,423
Weston	-	783	783
Children in Need	-	2,501	2,501
Henry Smith	-	11,603	11,603
	7,521	10,586	18,107
TOTAL FUNDS	4,632	16,854	21,486

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	132,349	(126,081)	6,268
Restricted funds			
Awards for All	-	(5,724)	(5,724)
Tudor Trust	23,695	(22,272)	1,423
Trust house	9,000	(9,000)	-
Weston	10,000	(9,217)	783
Children in Need	2,925	(424)	2,501
Henry Smith	16,000	(4,397)	11,603
	61,620	(51,034)	10,586
TOTAL FUNDS	193,969	(177,115)	16,854

15 RESTRICTED FUNDS

Awards For All

In Autumn 2015 the charity received a grant from Awards for All. This grant was restricted towards a new project "Best Start" which targets the first 1000 days of a child's life and being 'ready for school'. The monies from this grant cover a range of activities from baby and toddler sensory sessions to speech and language support. It also covers parenting courses as well as the purchase of resources and equipment such as story sacks and sensory toys and equipment.

Tudor Trust

In Spring 2017 a grant was received from the Tudor Trust. This was restricted towards salary costs for our Fresh Start Support Worker, Family Support Co-ordinator and a new trainee café staff worker as well as associated training and management costs.

Garfield Weston Foundation

In spring 2017 a grant was received from the Garfield Weston Foundation. This was restricted towards development costs of our Family Cookery and Cooking in Schools programme

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 December 2018

15 RESTRICTED FUNDS - continued

Children in Need

A grant was received from Children in Need which was restricted towards our work targeting the physical and emotional well being and development of babies/toddlers; seeking to provide opportunities to improve this and increase their bond with their parents

The Henry Smith Charity

In winter 2017 a grant was received from Henry Smith Charity. This was restricted towards the running costs of Coffee Tots Church, incorporating salary of the managers.

West Midlands Police

Funding is restricted towards providing training opportunities for all staff (paid and volunteer) and associated costs.

16 RELATED PARTY DISCLOSURES

Key management remuneration totals £70,544 (2017 - £68,157). This includes £22,573 (2017 - £24,003) in respect of consultancy fees.

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