

REGISTERED COMPANY NUMBER: 02647131 (England and Wales)
REGISTERED CHARITY NUMBER: 1005302

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2019
FOR
NEW DIRECTIONS (RUGBY) LIMITED**

Atkinson Finch & Co
Chartered Accountants
Central Chambers
45-47 Albert Street
Rugby
Warwickshire
CV21 2SG

NEW DIRECTIONS (RUGBY) LIMITED

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FOR THE YEAR ENDED 31ST MARCH 2019**

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

New Directions (Rugby) Limited (New Directions) provides housing and support to vulnerable people, including adults with learning disabilities. The Charity provides residential and respite support in the Charity's own bespoke homes, support to people living in their own homes and also through day opportunities and sessional services.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's objectives are set out in the Articles of Association but have been summarised for the benefit of the Inspection Service under the Care Standards Act and the Essential Standards of Quality and Safety, as follows:

1. The provision and facilitation of housing, social housing, supported housing and specialised supported housing to vulnerable members of society;
2. The provision of residential and day care facilities for vulnerable and learning disabled people, either on a long-term basis or on a short-term basis, and to provide respite for those who are normally cared for by their families, carers or guardians;
3. The provision of transition skills training/facilities for vulnerable and learning disabled people to enable them to learn how to live in their own homes now and in the future;
4. The provision of facilities, in the interests of social welfare, for education, volunteering, employment and for the recreation of such persons and generally such facilities and services as shall be calculated to alleviate their needs.

Our Mission and Vision is:

To make a positive difference to the lives of vulnerable people, including those with learning disabilities, by promoting their rights, independence, choices, inclusion and by providing support and opportunities for them to lead fulfilling lives.

To provide a range of quality accommodation, as well as home care and supported living support, and services to people with learning disabilities and their families/carers to promote their self-respect, individuality, dignity and to ensure they are safe and able to achieve their goals and wishes.

We Believe:

- ☐ Everyone is equal and should have the same chances and choices in life
- ☐ People with learning disabilities should be listened to and supported to make choices that are right for them
- ☐ That the views of families, friends, carers and staff are very important and should be heard
- ☐ People should be supported and encouraged to be as independent as their potential allows
- ☐ That we should always strive to improve our services and adapt them to the changing needs of the people we support whilst ensuring value for money services

We will do that:

- By putting the interests of vulnerable people, including those with learning disabilities, and their families at the heart of everything we do, listening to their wishes, hopes and aspirations of their futures.
- By adopting a person centred approach, promoting individual choice, independence and by valuing and treating everyone with dignity and respect.
- By providing high quality accommodation and support through a range of residential, supported living, short stay/respite, home care options, day, leisure, social activities and support towards volunteering or employment opportunities.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019**

- By ensuring our staff are well supported, trained, highly motivated, able to deliver the highest quality individually tailored support services to each person we are responsible for.
- By striving to improve services, to continually raise local awareness, promoting the positive contribution and potential of people with a learning disability within their community.
- New Directions supports the principles of "Valuing People; Independence, Well-Being and Choice; Independence, Choice and Dignity; and Valuing People Now". The Charity is committed to enhance the rights, independence, choice and inclusion of people with learning disabilities and to provide opportunities for them to lead full and purposeful lives and to be involved in the community they live in.

Public benefit

The Charity exists to support vulnerable people, including those with learning disabilities, their families and carers; their choices and wishes are at the very heart of everything we do, through our person centred services. Our links with families, friends and carers are very important to the Charity and we aim to maintain these and offer support as far as we are able. The Charity regularly reviews the ways in which it engages with people who use the services, families, friends and carers. Current engagement methods include newsletters, emails, social media and meetings with individuals.

In setting the Charity's objectives and strategies we have given due consideration to the Charity Commission's guidance on public benefit.

The Charity currently supports over 100 people with a disability and employs over 140 people from Rugby and the surrounding areas.

We also work with local schools, colleges and businesses to improve their understanding of disability issues, facilitate opportunities for joint partnership working and more inclusion for people with disabilities, both in the community and within social networks.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The Charity continues to consolidate its financial reserves enabling it to invest in innovative new developments and services to meet the needs of its existing and future customers.

Poppy Place and Vicarage Road remain our residential homes, supporting a total of 13 people with disabilities. Poppy Place saw the loss of one of its longest standing residents, in October 2018. The funeral was arranged by John's support team from Poppy Place; while it was sad to say goodbye to John his funeral was a lovely celebration of his life. The space left by John was filled within 7 weeks by another individual who has been supported by New Directions for many years and who is benefitting from the high quality support given at Poppy Place.

Milner House, the residential respite service, has again seen a reduced occupancy rate due to people moving into their own supported living homes throughout the year, many of which are with New Directions. Funding packages are being reduced or restricted, leading to the occupancy being only 74% of capacity. We continue to work with our funders to increase the occupancy rate, identifying new people to support and to maximise the income of the property to ensure that we can secure the future for the service.

The day opportunities service continues to go from strength to strength. We continue to provide a wide range of activities and opportunities to meet the needs of those we support. We support people to develop new skills, make friends, to be included in the community and to plan for their future by unlocking their potential. This year we have seen people taking courses in how to write CVs, learning job skills, improving their literacy, numeracy and computer skills.

Richmond Court, Gateway Court and Lennon Court continue to offer supported housing to 50 people living in their own flats, enabling them to live as independently as possible. Other individuals are supported in their own homes in and around the Rugby area.

We have received a number of donations during the year including several from the families of the people we support and our thanks go to these families.

We received a legacy of just under £20,000 from the estate of Mrs Hanby, the mother of Vince who lived at Richmond Lodge for many years. Our thanks go to the Hanby family for thinking of us during this sad time.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019**

We also received donations as a result of funerals from family members and our thanks goes to the families.

We received generous donations from Mike Hailwood Masonic Lodge, Sir Edward Boughton Long Lawford Charity and The Challenge. Members of our staff team undertook a sponsored walk raising over £1,000 and our thanks goes to those who took part.

Quality Assessments and Achievements

Care Quality Commission Assessments

All our homes and services have received a "Good" rating, under the new assessment regime, with very positive inspection reports with no actions to follow up.

ISO9001 International Quality Standard

Following our annual review in 2018 New Directions successfully maintained its accreditation.

We have successfully achieved this important quality standard for the last 9 years with annual detailed audits carried out by an external auditor. The audit looks at our processes, systems, quality, performance, leadership, customer satisfaction and risk management.

Disability Confident Employer

New Directions maintains its status as a Disability Confident Employer; this is the successor to "Positive about Disability".

Impact Report

The Impact Report highlights the achievements and performance made by New Directions over the year. This is an annual report and is available to all families, carers, friends, professionals and other stakeholders.

Feedback and Involvement by the People we Support

Customer and Stakeholder Satisfaction Feedback

The views of everyone involved with the Charity are very important to us. We obtain regular feedback through user-friendly questionnaires and also through group meetings. These enable customers and stakeholders to tell us what we do well and what they would like us to change.

Person Centred Plans

Everyone we support has a Person Centred Plan, which involves placing the individual at the centre of the Plan, his or her family and friends and support staff. These Plans are reviewed annually and are a key tenet of "Valuing People" and look at what is important to the individual and how they can be supported to achieve their needs and desires.

Voices and Choices and Tenants meetings

The people we support meet on a regular basis, supported by invited staff members, in a Voices and Choices meeting. Tenants are also invited to quarterly meetings to discuss their homes and where they live. The people we support have the opportunity to make suggestions and to tell us about their ideas at these meetings. These groups continue to be involved in shaping future services and to play an active part in governance.

Employment Opportunities for the People we Support

Six people we support currently have part-time jobs or volunteering roles within the Charity. Our day opportunities at The Exchange continues to source employment opportunities for the people we support. Others are volunteers and undertake such activities as helping out in our reception, volunteering at farms, charity shops and day activity centres. Volunteers from the service run a café in the town centre on a Monday, which has been a great success. Everyone is always looking out for other projects that generate income and are also keen to support other charities in their work, such as making dog beds for Paw Prints. New Directions is committed to offering employment and volunteering opportunities to people with disabilities as an equal opportunity employer.

Board of Trustees Finance and Development Sub Group

The Board's Finance and Development Sub Group monitors the financial performance of the Charity ensuring the budgets are maintained. The group reviews the risks and opportunities, both internally and externally, to ensure that future developments and growth are sustainable.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019**

ACHIEVEMENT AND PERFORMANCE

Board of Trustees Quality and Assurance Sub Group

The Board's Quality and Assurance Sub Group continues its review of how our services are delivered. All Trustees are involved in regular unannounced visits to all services and meet directly with customers, producing reports for the Board and staff teams, thus helping to monitor our effectiveness and quality.

On The Record Newsletter

We continue to produce regular editions of our newsletter called "On The Record", which is formatted in an accessible, easy to read and understandable format. This newsletter highlights the achievements and adventures of our customers and staff along with future developments.

We also send out e-mail news updates, and information through our Facebook, Twitter, LinkedIn and Instagram social media pages and through updates on our website.

Staff

New Directions is committed to and invests in a comprehensive staff training and development programme for all its staff team, so they are knowledgeable, skilled, continually updated and to ensure they can offer the highest quality of services to people with learning disabilities.

The monthly staff newsletter and regular team meetings ensures good communication with the staff team. The "Star of the Month" award which recognises the hard work and commitment of individual staff members continues to be well received and valued.

The Board would like to thank all the staff and volunteers for their hard work and dedication over the last year.

Trustees

Stuart Bayley retired from the Board in October 2018 due to ill-health. It is with sadness that we have to report that Stuart passed away at the beginning of 2019. Stuart made a significant contribution to New Directions during his time as a Trustee. His attention to detail was always gratefully received. Stuart took every opportunity to promote New Directions wherever he went and we would regularly receive small donations in his name.

It is also with sadness that we report the passing of Peter Scott. Peter was the chairman of the Board of Trustees for many years. The legacy that he, and the Trustees of the time, built up has led to New Directions being in the strong position that it is now.

FINANCIAL REVIEW

Review of past financial year

The Charity has had another successful year and continues to build its reserves to ensure the future security for those people it supports.

All services remained sustainable over the last year, despite the very difficult economic climate in which we find ourselves. The growth seen in recent years means that we continue to thrive when some other providers are handing back contracts or ceasing to trade altogether.

The budgets for the new year indicate that all services will make a positive financial contribution to the Charity. Managers are required to report directly to the Board on their service and are held to account if budgets are not maintained.

The Board, CEO and management team acknowledge that these are still difficult economic times and are all committed to keeping the running costs of the Charity as low as possible, whilst maintaining high quality, responsive services. It is also acknowledged that growth is crucial to ensuring the Charity is sustainable for the future and the Trustees acknowledge the need to invest to ensure future development.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019**

FINANCIAL REVIEW

Going Concern basis

National Living Wage has been increasing over recent years, with the government committed to achieving a minimum hourly rate of £9 per hour by 2020. This places a significant burden on the social care sector at a time when government cuts are placing significant pressures on Local Authority and NHS funding. Our funders have announced funding increases of up to 4% across all services for the coming year but continue to indicate that they cannot guarantee to award inflationary increases in the coming years. This funding increase has made it possible for us to pass on a 5% pay award to the majority of our staff. The budgets for the following two years have been based on growth of the Charity, on the assumption that wages will increase and that no further funding increases will be forthcoming; they indicate that we will remain sustainable. The Charity has a plan for growth that is achievable and the Trustees are confident that this growth will enable the Charity to continue to operate as a going concern for the foreseeable future. The Charity will continue to work with our funders to maintain a sustainable business model for the future. The Charity is also committed to consolidating the services that we already have and to securing the future for everyone it supports.

The outcome of a Court Case, between Mencap and HMRC around the payment of arrears to staff who have undertaken sleep-in shifts at rates below National Living Wage over the last 6 years, deemed that the National Living Wage does not apply to sleep-in duties. The case has been referred to the Supreme Court for appeal and we are now awaiting the outcome of this. Should the decision be reversed by the Supreme Court the impact of the payment of any arrears would be significant for the Charity. The issue has been raised at the highest level of Government.

Reserves policy

The Board of Trustees has a policy of maintaining unrestricted reserves of at least twice the annual operating costs. Whilst these reserves have not been met the Trustees can confirm that the policy is still being pursued.

Future Developments

The Charity continues to work with developers and private landlords to develop quality accommodation for those we support.

On 1st April 2019 King's Court, a development of 13 self-contained, one bedroom flats, opened. The site is located next door to The Exchange and will provide high quality accommodation for the people we support. The development benefits from a lift to all floors making the whole building accessible to anyone.

The 2016 Business Plan has come to an end, with the targets and plans that remain relevant being completed. A 5-year Strategic Plan is being drawn up by the Board and the CEO; this will direct the objectives for the charity and will include plans for further growth and development.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The company is a charitable company limited by guarantee originally incorporated on 19 September 1991. A Memorandum and Articles of Association governs the Charity. It is independent from all other organisations and public bodies.

Organisational structure

The Charity is governed by a Board of Trustees (Directors), supported by a management team led by a Chief Executive. The management team consists of a Finance Manager, a Head of Operations, a Human Resources Manager, Registered Managers, Deputy Managers and an Office Manager. The Chief Executive is responsible for the day to day running of the Charity and is appointed as the Responsible Individual as required by the Care Standards Act and the Essential Standards of Quality and Safety. The Chief Executive, Finance Manager, Head of Operations, Human Resources Manager and Registered Managers report directly to the Board of Trustees.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019**

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Board of Trustees presently consists of ten members and meets a minimum of four times per annum. The maximum number of Trustees is twelve and shall be not less than five. The powers of the Board are defined in the Articles of Association dated 7th January 2014. The Board is made up of members who have a range of experience in areas such as special needs education, finance, psychology, business development, housing and local authority, legal matters and family members of customers, who can give an insight into living with people with learning disabilities, their needs and aspirations. The board members provide complimentary skills, experience and knowledge ensuring an objective view in any management discussion.

The Board has two sub-groups being Finance and Development and Quality Assurance and Policy: both made up of Trustees and are supported by the management team. The Sub-Groups have delegated powers and agreed Terms of Reference and report to the Full Board of Trustees.

As a provider of supported living, respite, supported housing and residential care services the Charity is subject to regulations set out by the Care Quality Commission. The Charity is subject to planned and unplanned inspections to ensure that all regulations are complied with. The Chief Executive reports the findings of all inspection reports to the Board and any action taken or needed. In complying with the Essential Standards of Quality and Safety from the Care Quality Commission, the Trustees are of the opinion that all risks relating to the activities of the Charity have been identified and robust systems and procedures are in place to manage those risks.

The Charity works closely with Warwickshire County Council and the National Health Service. Most customers are financed by fees paid by either Warwickshire County Council or the National Health Service. The Charity has developed good working relationships with Warwickshire County Council and the NHS and has developed innovative services and accommodation in line with the needs of the people it supports and commissioning intentions. Some customers also pay out of their own personal budgets.

The Chief Executive is responsible for ensuring that all the financial controls are in place. The Finance Manager carries out the day to day functions and is responsible to the Chief Executive.

Major financial decisions are made by the Board of Trustees.

The Board has confirmed its compliance with the Good Governance Code of Practice as recommended by the Charity Commission. This includes internal controls, financial, governance and risk management, whistle-blowing, equality and diversity, performance appraisal, clarity of roles and measures to avoid personal benefit or conflicts of interest.

Risk management

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Charity has a risk strategy in place; this along with the risk register, which is reviewed by the Trustees at every Board meeting, ensures that the risks are identified, assessed and managed.

NEW DIRECTIONS (RUGBY) LIMITED (REGISTERED NUMBER: 02647131)

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
02647131 (England and Wales)

Registered Charity number
1005302

Registered office
Richmond Lodge
27 Bilton Road
Rugby
CV22 7AN

Trustees
W Back (Chair)
M E Sedgley
S Shaw
J Sanders
S Bayley - resigned 29.10.2018
P A Jenkins (Vice Chair)
D J Rayner
S S Barhey
J V Phillips
M R Orrill
P J Hughes

Chief Executive
D Woodward

Company Secretary
J Jarman FCA

Auditors
Atkinson Finch & Co
Chartered Accountants
Central Chambers
45-47 Albert Street
Rugby
Warwickshire
CV21 2SG

Bankers
Handelsbanken
Suite 1
Bloxam Court
Corporation Street
Rugby
CV21 2DU

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019**

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of New Directions (Rugby) Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Atkinson Finch & Co, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on13.8.19..... and signed on its behalf by:



J Jarman FCA - Secretary

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF NEW DIRECTIONS (RUGBY) LIMITED (REGISTERED NUMBER: 02647131)

Opinion

We have audited the financial statements of New Directions (Rugby) Limited (the 'charitable company') for the year ended 31st March 2019 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2019 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
NEW DIRECTIONS (RUGBY) LIMITED (REGISTERED NUMBER: 02647131)**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Stuart Bolton FCA (Senior Statutory Auditor)
for and on behalf of Atkinson Finch & Co
Chartered Accountants
Central Chambers
45-47 Albert Street
Rugby
Warwickshire
CV21 2SG

Date: 14-8-19

NEW DIRECTIONS (RUGBY) LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST MARCH 2019

		Unrestricted funds £	Restricted funds £	2019 Total funds £	2018 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2		31,219	31,219	28,436
Charitable activities	4				
Residential Care		768,062	-	768,062	862,579
Supported Living		1,574,076	-	1,574,076	1,502,842
Respite Care		180,485	-	180,485	166,912
Community Choices Network		388,421	-	388,421	355,653
Rental Income		589,851	-	589,851	517,348
Central Activities		4,180	-	4,180	2,267
Investment income	3	1,503	-	1,503	956
Total		3,506,578	31,219	3,537,797	3,436,993
EXPENDITURE ON					
Charitable activities	5				
Residential Care		600,481	2,999	603,480	683,890
Supported Living		1,430,075	985	1,431,060	1,339,257
Respite Care		137,076	968	138,044	177,201
Community Choices Network		281,994	10,769	292,763	245,718
Rental Income		397,120	-	397,120	346,823
Central Activities		483,631	11,834	495,465	505,725
Total		3,330,377	27,555	3,357,932	3,298,614
NET INCOME		176,201	3,664	179,865	138,379
RECONCILIATION OF FUNDS					
Total funds brought forward		2,177,492	391,110	2,568,602	2,430,223
TOTAL FUNDS CARRIED FORWARD		2,353,693	394,774	2,748,467	2,568,602

The notes form part of these financial statements

NEW DIRECTIONS (RUGBY) LIMITED (REGISTERED NUMBER: 02647131)

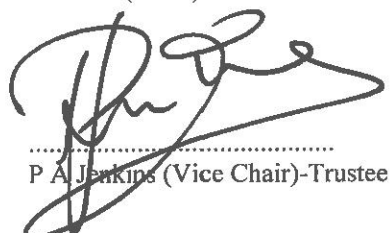
**BALANCE SHEET
AT 31ST MARCH 2019**

	Notes	Unrestricted funds £	Restricted funds £	2019 Total funds £	2018 Total funds £
FIXED ASSETS					
Tangible assets	11	2,519,000	345,059	2,864,059	2,853,957
CURRENT ASSETS					
Debtors	12	545,250	-	545,250	634,665
Cash at bank and in hand		493,714	49,715	543,429	334,266
		<u>1,038,964</u>	<u>49,715</u>	<u>1,088,679</u>	<u>968,931</u>
CREDITORS					
Amounts falling due within one year	13	(201,571)	-	(201,571)	(210,936)
NET CURRENT ASSETS		<u>837,393</u>	<u>49,715</u>	<u>887,108</u>	<u>757,995</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>3,356,393</u>	<u>394,774</u>	<u>3,751,167</u>	<u>3,611,952</u>
CREDITORS					
Amounts falling due after more than one year	14	(1,002,700)	-	(1,002,700)	(1,043,350)
NET ASSETS		<u>2,353,693</u>	<u>394,774</u>	<u>2,748,467</u>	<u>2,568,602</u>
FUNDS	18				
Unrestricted funds				2,353,693	2,177,492
Restricted funds				394,774	391,110
TOTAL FUNDS				<u>2,748,467</u>	<u>2,568,602</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 13.8.17 and were signed on its behalf by:


W Back (Chair)-Trustee


P A Jenkins (Vice Chair)-Trustee

The notes form part of these financial statements

NEW DIRECTIONS (RUGBY) LIMITED

**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2019**

	Notes	2019 £	2018 £
Cash flows from operating activities:			
Cash generated from operations	1	313,232	(9,398)
Interest paid		(35,029)	(31,771)
Net cash provided by (used in) operating activities		278,203	(41,169)
Cash flows from investing activities:			
Purchase of tangible fixed assets		(43,443)	(135,187)
Interest received		1,503	956
Net cash provided by (used in) investing activities		(41,940)	(134,231)
Cash flows from financing activities:			
New loans in year		-	112,000
Loan repayments in year		(27,100)	-
Net cash provided by (used in) financing activities		(27,100)	112,000
Change in cash and cash equivalents in the reporting period		209,163	(63,400)
Cash and cash equivalents at the beginning of the reporting period		334,266	397,666
Cash and cash equivalents at the end of the reporting period		543,429	334,266

The notes form part of these financial statements

NEW DIRECTIONS (RUGBY) LIMITED

**NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2019**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2019	2018
	£	£
Net income for the reporting period (as per the statement of financial activities)	179,865	138,379
Adjustments for:		
Depreciation charges	33,341	36,205
Interest received	(1,503)	(956)
Interest paid	35,029	31,771
Decrease/(increase) in debtors	89,415	(267,464)
(Decrease)/increase in creditors	(22,915)	52,667
Net cash provided by (used in) operating activities	313,232	(9,398)

NEW DIRECTIONS (RUGBY) LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2019

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- not provided
Short leasehold	- 20% on cost
Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

The trustees consider that the freehold buildings are maintained in such a state of repair that their residual value is at least equal to their net book value. As a result the corresponding depreciation would not be material and therefore is not charged in the Statement of Financial Activities.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used in accordance with specific restrictions imposed or which have been raised by the charity for particular purposes.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Significant estimates and key judgements

There are no significant judgements that have a material effect on the accounts nor any accounting estimates that have a high risk of causing a material adjustment in a future period.

NEW DIRECTIONS (RUGBY) LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2019**

2. DONATIONS AND LEGACIES

	2019	2018
	£	£
Donations	11,541	28,436
Legacies	19,678	-
	<u>31,219</u>	<u>28,436</u>

3. INVESTMENT INCOME

	2019	2018
	£	£
Deposit account interest	<u>1,503</u>	<u>956</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2019	2018
		£	£
Residential services	Residential Care	768,062	862,579
Home care/Supported living	Supported Living	1,574,076	1,502,842
Respite care	Respite Care	180,485	166,912
Day opportunities	Community Choices Network	388,421	355,653
Rental income	Rental Income	589,851	517,348
Miscellaneous income	Central Activities	4,180	2,267
		<u>3,505,075</u>	<u>3,407,601</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 6)	Totals
	£	£
Residential Care	603,480	603,480
Supported Living	1,431,060	1,431,060
Respite Care	138,044	138,044
Community Choices Network	292,763	292,763
Rental Income	397,120	397,120
Central Activities	495,465	495,465
	<u>3,357,932</u>	<u>3,357,932</u>

NEW DIRECTIONS (RUGBY) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2019

6. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2019	2018
	£	£
Staff costs	2,671,502	2,587,832
Rent	225,459	227,171
Rates and water	36,330	42,085
Insurance	18,926	18,395
Light and heat	32,378	30,249
Repairs and maintenance	62,350	73,830
Advertising and marketing	13,378	10,177
Telephone	24,524	25,040
Other office expenses	27,285	37,197
Food and household	36,497	47,306
Nursing and hygiene	10,800	11,658
Activities and materials	21,676	7,231
Social activities	1,250	1,434
Technology costs	28,751	27,967
Motor and travelling	17,535	12,879
Registration fees	5,037	7,591
Staff training	23,615	18,238
Staff DBS and medical	3,173	3,223
Governance costs and training	2,528	2,604
Legal and professional	12,198	23,892
HR support	9,270	9,539
Auditors remuneration	5,100	5,100
Depreciation	33,341	36,205
Interest payable and similar charges	35,029	31,771
	<u>3,357,932</u>	<u>3,298,614</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2019	2018
	£	£
Depreciation - owned assets	33,341	36,205
Other operating leases	<u>225,459</u>	<u>227,171</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2019 nor for the year ended 31st March 2018.

The Trustees neither received nor waived any emoluments during the year (2018 - Nil).

During the year directors liability insurance was purchased as part of a combined business insurance package and therefore cannot be quantified.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2019 nor for the year ended 31st March 2018.

NEW DIRECTIONS (RUGBY) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2019

9. STAFF COSTS

	2019 £	2018 £
Wages and salaries	2,464,628	2,408,932
Social security costs	167,125	150,435
Other pension costs	39,749	28,465
	<u>2,671,502</u>	<u>2,587,832</u>

The average monthly number of employees during the year was as follows:

	2019	2018
Senior managers	3	3
Care managers	4	4
Administrative staff	7	6
Support staff	97	86
	<u>111</u>	<u>99</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2019	2018
£60,001 - £70,000	1	1

	2019 £	2018 £
Senior managers	192,321	189,701
Care managers	166,581	135,061
Administrative staff	161,452	120,415
Support staff	2,018,377	1,857,845
Agency and subcontract staff	132,771	284,810
	<u>2,671,502</u>	<u>2,587,832</u>

The senior managers line represents the remuneration paid to the key management personnel.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	-	28,436	28,436
Charitable activities			
Residential Care	862,579	-	862,579
Supported Living	1,502,842	-	1,502,842
Respite Care	166,912	-	166,912
Community Choices Network	355,653	-	355,653
Rental Income	517,348	-	517,348
Central Activities	2,267	-	2,267
Investment income	956	-	956
Total	<u>3,408,557</u>	<u>28,436</u>	<u>3,436,993</u>

NEW DIRECTIONS (RUGBY) LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2019**

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
EXPENDITURE ON			
Charitable activities			
Residential Care	670,595	13,295	683,890
Supported Living	1,336,010	3,247	1,339,257
Respite Care	176,853	348	177,201
Community Choices Network	242,737	2,981	245,718
Rental Income	346,823	-	346,823
Central Activities	505,725	-	505,725
Total	3,278,743	19,871	3,298,614
NET INCOME	129,814	8,565	138,379
RECONCILIATION OF FUNDS			
Total funds brought forward	2,047,678	382,545	2,430,223
TOTAL FUNDS CARRIED FORWARD	2,177,492	391,110	2,568,602

11. TANGIBLE FIXED ASSETS

	Freehold property £	Short leasehold £	Fixtures and fittings £	Motor vehicles £	Totals £
COST					
At 1st April 2018	2,773,377	44,025	108,582	39,280	2,965,264
Additions	-	-	37,948	5,495	43,443
Disposals	-	-	(1,288)	-	(1,288)
At 31st March 2019	2,773,377	44,025	145,242	44,775	3,007,419
DEPRECIATION					
At 1st April 2018	-	12,208	64,780	34,319	111,307
Charge for year	-	4,440	23,011	5,890	33,341
Eliminated on disposal	-	-	(1,288)	-	(1,288)
At 31st March 2019	-	16,648	86,503	40,209	143,360
NET BOOK VALUE					
At 31st March 2019	2,773,377	27,377	58,739	4,566	2,864,059
At 31st March 2018	2,773,377	31,817	43,802	4,961	2,853,957

NEW DIRECTIONS (RUGBY) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2019

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Trade debtors	479,220	562,998
Other debtors	15,238	15,632
Prepayments and accrued income	50,792	56,035
	<u>545,250</u>	<u>634,665</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Bank loans and overdrafts (see note 15)	54,200	40,650
Trade creditors	20,167	29,191
Social security and other taxes	37,354	41,647
Other creditors	5,053	5,743
Pension contributions	5,939	3,179
Accrued expenses	78,858	90,526
	<u>201,571</u>	<u>210,936</u>

14. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2019 £	2018 £
Bank loans (see note 15)	<u>1,002,700</u>	<u>1,043,350</u>

15. LOANS

An analysis of the maturity of loans is given below:

	2019 £	2018 £
Amounts falling due within one year on demand:		
Bank loans	<u>54,200</u>	<u>40,650</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	<u>54,200</u>	<u>54,200</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>162,600</u>	<u>162,600</u>
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more 5 yr by instal	<u>785,900</u>	<u>826,550</u>

NEW DIRECTIONS (RUGBY) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2019

16. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2019	2018
	£	£
Within one year	227,610	226,833
Between one and five years	713,509	793,848
In more than five years	195,000	278,000
	<u>1,136,119</u>	<u>1,298,681</u>

17. SECURED DEBTS

The following secured debts are included within creditors:

	2019	2018
	£	£
Bank loans	<u>1,056,900</u>	<u>1,084,000</u>

The bank loans are secured on Richmond Lodge, 27 Bilton Road, Rugby CV22 7AN and Poppy Place, 1-3 Alfred Street, Rugby CV21 2EL, together with a fixed and floating charge over all the charity's other assets.

18. MOVEMENT IN FUNDS

	At 1.4.18	Net movement in funds	At 31.3.19
	£	£	£
Unrestricted funds			
General fund	2,177,492	176,201	2,353,693
Restricted funds			
Residential Building Covenant	340,938	-	340,938
Transport Fund	11,927	(756)	11,171
Residential Gardening Fund	12,839	(1,082)	11,757
Day Opportunities Fund	8,585	(3,316)	5,269
Respite Fund	1,020	(468)	552
Community Access for Disabled People Fund	7,826	(7,826)	-
Gateway Court Computer Fund	217	(217)	-
Big Lottery Awards for All - Fit2B	1,922	(1,922)	-
Technology Fund	292	4,054	4,346
Changing Places and Sensory Areas Fund	2,058	(2,058)	-
Residential vehicle fund	2,501	(2,501)	-
27a/27b Bench Fund	985	(985)	-
Holiday Benevolent Fund	-	20,741	20,741
	<u>391,110</u>	<u>3,664</u>	<u>394,774</u>
TOTAL FUNDS	<u>2,568,602</u>	<u>179,865</u>	<u>2,748,467</u>

NEW DIRECTIONS (RUGBY) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2019

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	3,506,578	(3,330,377)	176,201
Restricted funds			
Transport Fund	2,917	(3,673)	(756)
Residential Gardening Fund	20	(1,102)	(1,082)
Day Opportunities Fund	884	(4,200)	(3,316)
Respite Fund	500	(968)	(468)
Technology Fund	4,855	(801)	4,054
Residential vehicle fund	-	(2,501)	(2,501)
Tesco - Groundwork Fund	1,302	(1,302)	-
27a/27b Bench Fund	-	(985)	(985)
Holiday Benevolent Fund	20,741	-	20,741
Community Access for Disabled People Fund	-	(7,826)	(7,826)
Gateway Court Computer Fund	-	(217)	(217)
Big Lottery Awards for All - Fit2B	-	(1,922)	(1,922)
Changing Places and Sensory Areas Fund	-	(2,058)	(2,058)
	<u>31,219</u>	<u>(27,555)</u>	<u>3,664</u>
TOTAL FUNDS	<u><u>3,537,797</u></u>	<u><u>(3,357,932)</u></u>	<u><u>179,865</u></u>

NEW DIRECTIONS (RUGBY) LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2019**

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.17 £	Net movement in funds £	At 31.3.18 £
Unrestricted Funds			
General fund	2,047,678	129,814	2,177,492
Restricted Funds			
Residential Building Covenant	340,938	-	340,938
Transport Fund	15,651	(3,724)	11,927
Residential Gardening Fund	586	12,253	12,839
Day Opportunities Fund	2,367	6,218	8,585
Respite Fund	1,238	(218)	1,020
Community Access for Disabled People Fund	15,595	(7,769)	7,826
Gateway Court Computer Fund	464	(247)	217
Big Lottery Awards for All - Fit2B	1,922	-	1,922
Technology Fund	958	(666)	292
Changing Places and Sensory Areas Fund	2,058	-	2,058
Residential vehicle fund	768	1,733	2,501
27a/27b Bench Fund	-	985	985
	<u>382,545</u>	<u>8,565</u>	<u>391,110</u>
TOTAL FUNDS	<u>2,430,223</u>	<u>138,379</u>	<u>2,568,602</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	3,408,557	(3,278,743)	129,814
Restricted funds			
Transport Fund	754	(4,478)	(3,724)
Residential Gardening Fund	15,324	(3,071)	12,253
Day Opportunities Fund	6,218	-	6,218
Respite Fund	130	(348)	(218)
Technology Fund	292	(958)	(666)
Residential vehicle fund	1,733	-	1,733
Tesco - Groundwork Fund	3,000	(3,000)	-
27a/27b Bench Fund	985	-	985
Community Access for Disabled People Fund	-	(7,769)	(7,769)
Gateway Court Computer Fund	-	(247)	(247)
	<u>28,436</u>	<u>(19,871)</u>	<u>8,565</u>
TOTAL FUNDS	<u>3,436,993</u>	<u>(3,298,614)</u>	<u>138,379</u>

NEW DIRECTIONS (RUGBY) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2019

18. MOVEMENT IN FUNDS - continued

Residential building covenant

One of the buildings originally owned by New Directions (Rugby) Limited was the subject of a covenant which restricted its use to providing residential accommodation to people with learning disabilities. This property has since been sold and the amount shown in the Fund represents the proceeds from the sale which still have to be used to provide residential accommodation for people with learning disabilities under the conditions of the original covenant.

19. RELATED PARTY DISCLOSURES

An amount of £4,687 (2018 - £2,223) was paid to Leader Systems LLP, a limited liability partnership of which P A Jenkins is a 60% partner, for the provision of alarm maintenance services.

20. COMPANY STATUS

The Charity is a company limited by guarantee. All members guarantee an amount not to exceed £10 payable in the event of the company being wound up with a deficiency of assets. At 31st March 2019 there were 51 members (2018 - 55 members).