

ST DUNSTAN'S

EAST ACTON

Annual Report and Financial Statements of the Parochial Church Council Year ending 31 December 2018



Vicar's Introduction

2018 saw a significant moment in the Diocese of London with the enthronement of the first female Bishop of London, the Rt Revd and Rt Hon Dame Sarah Mullally DBE. Please pray for Bishop Sarah as she takes on one of the most senior and higher profile posts in the Church of England.

On a more local scale, we had our own significant moment when the PCC employed St Dunstan's first ever full-time children's worker. Sam Bailey had already been with us for two years as a student children's worker. After completing his qualifications, Sam accepted a full-time role with us. Since then, Sam has been building relationships with our local schools - taking lessons and assemblies, offering lunchtime clubs and organising school visits to the church. A hugely successful project was the Remembrance Day workshops for local primary schools. Thank you to everyone who helped make the workshops possible.



With regards to St Dunstan's vision to **Seek, Serve and Share** our Lord Together:

- The **Seek** team organised and offered to the church one-to-one spiritual MOT's. Rachel Westall also started monthly prayer times to pray for the children in the church and David and Sharon Morgans began a new weekly home group.
- The **Serve** Team organised a Spiritual Gifts Course over Lent and started the Many Hands Campaign in the Autumn. A special thanks to Paul Bretherton and Helena Maitland for their work on the Many Hands project.
- The **Share** Team encouraged us to sign up and attend a course at Acton Baptist Church about Islam and how we might build relationships and friendships with our Muslim neighbours. Also, Jacqui Roberts organised and launched our new monthly Community Teas, which are going from strength to strength.

As a church family we had much to celebrate, including the wedding of Mark and Sony. We also shared in harder times. Our thoughts and prayers continue to be with the family and friends of Derek Thomas, Dennis Purvis, Luke Thullainayagau and Bob Heatley.

Just before Christmas we held a Family Memorial Service. Families came from near and far to take a moment before Christmas to remember before God and give thanks for loved ones who had died. It was a precious hour, which many appreciated.

There is so much to thank God for at St Dunstan's. Thank you to all of you who give so much of yourselves – your time, skill and energy - in your desire to serve God here.

2019 will see our 140th anniversary celebrations, the aforementioned Bishop Sarah will be coming to lead a special service on 19th May. The Autumn will see an opportunity for us to take the gospel out to the streets of Acton. Brace yourselves for an exciting year ahead. (Jon Westall)

Seek



Over the last year, the Seek group has looked at ways in which we can enable and encourage the St Dunstan's family to engage more deeply and more personally with the Word of God. Those who completed the Growing with God questionnaires and held follow-up conversations found them helpful.

We want to ensure that opportunities for prayer ministry and for further engagement with God's

Word are offered in Sunday services and small groups.

Recruiting Sam as our Children's Worker has been a catalyst towards greater inclusivity and creativity and we have been grateful to, and inspired by, Ros Yates for her use of art in worship. (James Riddiough)

Services of worship

The normal pattern of Sunday worship at St Dunstan's involves 2 services on a Sunday morning. Holy communion at 9:00 is in a fairly traditional style, with set liturgy and hymns led by our organist Sylvia Coutts and faithful choir of up to 6 people. There are usually 25-30 adults and 3-6 children attending this service.



The second service at 10:45 has communion once a month, and includes worship songs, bible readings, preaching, prayer and testimony. This has between 40 and 80 adults in regular attendance, with 20 to 30 children and teenagers who go out to Sunday Club and 4TL after the initial songs and reading, unless it is all-age worship. The music at 10:45 is led by a band made up from our pool of talented

musicians and singers, organised during 2018 in turn by Ros Yates, Elinor Rhys, Rachel Westall and Richard O'Connor.

The preaching focus is normally the same for both the services, so that the whole church is following a coherent programme together. At festivals and through the

summer, we have an all-age communion service at 10:00 with everyone together, and on Wednesdays at 10:00 is a short, said Communion service, with 6-10 people usually attending.

Sunday Club: worship with children

We have three age groups in the 10:45 Sunday Club, Bubbles (3-5 year olds), Splash (5-8 year olds) and Xstream (8-11 year olds). We usually have 15-25 children at the 10:45 service on a Sunday morning. During the year we've covered 'Christian Commitments' such as: Prayer, the Bible and Worship. We've also covered 'Christian Foundations' such as: Who is God? Who is Jesus? and Jesus' Mission. Other topics have included 'How to have different relationships?' for example; family, friends, how to treat enemies and more. Finally, we looked at 'Christian Character', such as: Trusting God, Love, Joy and Patience.

Along with the 10:45 Sunday Club, we also started a 9:00 Service Sunday Club. We have on average 3-6 children attending. Some of the older children come along as helpers and we have seen their faith and trust in God grow through their help. In this Sunday Club, we have been able to cover the same 'Christian Foundations' topic as the 10:45 Sunday Club.



We have a superb team of volunteers who diligently give up their time to plan and teach our children about God's love for them and we want to thank all of them for their hard work. Over the year we saw

some volunteers leave, but we have had some new ones join the team. However, we are still currently short of volunteers for Splash and for the 9:00 Service Sunday Club. Please do not hesitate to let Sam know if you might be interested in helping out.

We would also value your continued support and prayer for the children and their leaders. (Sam Bailey)

4TL: Sunday worship with teenagers

4TL (For The Lord) is the Sunday club for those who attend high school and takes place in the Chapel upstairs during the 10:45 service.

Resource content comes from the 'Energise' section of the 'Urban Saints' website. This gives the leaders a structure for each subject which is broken down into segments: 'warming up', 'getting started', 'digging in' and 'response'. We have been studying various topics, including 'The 10 Commandments' and 'Apologetics'. First though, we often start with a game or other participation activity to wake the young people up.

Yet again, this year has been challenging. We only have AJ, Sharon and myself leading, with Buzz and Shane assisting. 4TL is continuing without a much-needed youth worker, and there is quite an age gap between most of the leaders/assistants and the youngsters. So I make no apology for repeating my plea of previous Annual Reports - WE NEED SOME YOUNG BLOOD, in tune with the youngsters to get them enthused. Coming to 4TL needs to be more appealing than a lie-in, gaming or any sporting activity for youngsters to want to attend.

Please keep all the leaders, assistants and youngsters in your prayers. (Mark Moszoro)

Dance & Discipleship

Dance & Discipleship with Faith, is held weekly in the church during term time and lasts for an hour. We usually talk about our goals and our dreams for the future or we do some basic bible study. Then we warm up and start on the street dance. Most of the time, Faith has choreography which she teaches us and we can then use, adapt, do some improv or try some other styles of dance. It's a small group which is nice, but it would be amazing if even more people would join the class to add more to the sessions. (Harriet Riddiough)

Kidzone: Fun worship and learning after school on Mondays

KidZone is a short, after-school church service for primary school children and their parents. Its aim is to provide space to learn more about the Bible. We start with refreshments and a game in the hall. We then move into the church for worship and the children act out a story from the Bible. We recap the stories we've been going through which have included stories about Solomon, Elijah, and John the Baptist. We end with a time of prayer followed by another game.



Very happily, we held our very first Baptism at a KidZone service in December.

KidZone from January to July was doing really well and had good numbers. However, since September attendance has dropped for various reasons, including a number of year 6's moving to year 7, competition with other after-school clubs and parents moving away. But, with our connections to East Acton

Primary School growing, we hope to be able to encourage and invite students from there to attend KidZone. We also hope that as our relationship with other schools is nurtured, we will be able to increase the numbers of primary school children in KidZone. (Sam Bailey)

New Wine – a view from the Riddiough family

I'm not sure that 11 years ago, I would have found the idea of a week in a tent very appealing. All I can say is that the fun, fellowship and teaching (not to mention barbecues) that we as a family have experienced at New Wine have completely changed my view. Celia and Harriet are now on team looking after different age groups as part of the excellent children's work.



For those of you who don't know, New Wine is an organisation that looks to encourage churches to communicate effectively the good news of God's promises in our culture. Each year it holds a celebration of God's work in our lives and this usually involves camping!

In 2019, New Wine will be held in Peterborough from 27th July to 3rd August and we hope that more people come along to join in the fun! If

anyone is interested in attending, please speak to James. (James Riddiough)

Praying for our Children

In September 2018, I started offering mums at St Dunstan's the opportunity to meet together once a month to pray for our children. This coincided with the appointment of Sam Bailey as our Children's Worker and the idea was to pray for the wider work with children in the church, as well as needs within our own families. My hope was that mums who don't find it easy to commit to a weekly homegroup might feel able to join the group which usually meets on the first Thursday of the month at the Vicarage.

A small group has met each month and Sam Bailey has contributed prayer requests covering Sunday Club and other church-based activities as well as new initiatives in the local schools and the community. If everyone who has attended over the last 7 months all came at the same time there would be about 10 of us. There are usually 3 or 4 and it has been good to share and pray together.

The group is meant to be very accessible and all women in the church are welcome to join us, or to let me know of things we can pray for if you are not able to attend in person. (Rachel Westall)

Small groups for study and fellowship

There are regular home groups on Monday and Thursday evenings, as well as a Bible study group on a Thursday morning. The people who attend the Wednesday morning communion service also enjoy a Bible study or discussion after the service.

Monday evenings - About 10 of us meet regularly on a Monday evening at James and Sue Riddiough's home to study the Bible and pray together. We continue to share the joys and disappointments and challenges of our daily lives and encourage and support each other through prayer. This is more fun than it may initially sound and we seem to spend a good deal of the time eating, laughing and recounting all that has gone on in the past week as well as talking about what is coming up and getting to grips with God's word. We genuinely walk with each other through the highs and lows.

We are privileged to have Richard O'Connor lead us in worship and we look at the Bible, alternating between the Old and New Testaments and explore what God is saying to us. We then apply this to our lives and the world. In the last year, we particularly enjoyed looking at the book of Joshua, as it challenged us in our lives in the 21st century.

We would be delighted to welcome anyone else to join us.

Thursday evenings - This is held at Sharon and David Morgans, where we have looked at the book of Joshua in its entirety and enjoyed getting to grips with its scope and range of issues. So much so, that the group is now looking at Judges!!

Sharon and David would love to welcome more people along.

Thursday mornings - there is a Bible study group at Anthony and Bella Fowler's. This has about 9 people attending and has recently been looking at Judges and the subject of prophesy in the Bible. (James Riddiough)

Worshipping together with local Christians

Revive East Acton is a bi-monthly event for different denominations to meet to worship the Lord together and importantly to pray for each of our churches and the needs of East Acton. All members of St Dunstan's are welcome at the meetings, so come along and enjoy fellowship with our local Christian brothers and sisters.

Acton Churches Together continues to informally connect local churches and holds occasional joint events, as well as the annual Good Friday Walk of Witness and carols in the Market Place. These events not only celebrate and declare Jesus but present a united witness to our local community.



The Good Friday March is always well attended by St Dunstan's and it is encouraging to join a large group of Christians as we walk together along Acton High Street praying for the area and joining in the worship songs. We display further unity at Christmas, singing carols together.

Serve



1 Peter 4v10 'Each one should use whatever gift he has received to serve others....'

The main focus for the Serve team this year has been the set up and launch of the 'Many Hands Campaign' (from the phrase 'many hands make light work'). It is about opening up opportunities for all of us to help each other, the church or the wider community.

The theory is simple – the more of us who sign up, the more people we can help and the more we can get done in the church.

We are trying to be more organised and introduce a mechanism to put those in need together with those who want help. It also offers something to those who don't know how they might be involved, making different tasks and areas of interest more accessible with the ultimate aim of growing the St Dunstan's family of helpers.

St Dunstan's can provide a sense of local community that we may not necessarily experience from our neighbours or in our place of work. It's the knowledge that if something happened in our lives and we cannot call on our immediate family, there is a willing support network of people available with practical help and prayer.

We have created a database of the help that is needed and what needs doing in the life of St Dunstan's. The aim is to match what and when people feel they can offer help with a genuine need and at the time it is needed.

HELP !

St DUNSTAN'S
east valley

Could one of our SERVE teams help **YOU?**

CONTACT:
Jon Westall or
Chantelle Adams
in the office.....
0208 740 1383
office@stunstanchurch.org.uk

SERVE CHAMPIONS:
Chantelle Adams
Jon Westall
David Roberts
Sara Ballon
David Ploggers
Sue Bolton
Lillian Pizzaro
Hannah Pizzaro
Rita Yates

- Emergency lifts, meals, tea & coffee
- Prayer needs, Pastoral care, Bible reading
- Night shelter & Events
- Kidsworld
- Welcome team & Maintenance
- Catering
- Gardening
- Flowers
- Photo

OR do you want to help St DUNSTAN'S by joining one of our SERVE teams?

We are still in the process of collecting this information for our database and Chantelle Adams, as the gate keeper, can then match what you can offer, either as a group or on your own, with any request for help that comes in. All information submitted is subject to data protection restrictions.

Going forward, we will monitor the scheme and review its strengths and weaknesses, adapting it and continually improving it, to make it work for St Dunstan's. (Paul Bretherton)

Pastoral care

Alison Wood has stood down from leading the pastoral care team. I'd like to thank Alison for helping to form a team and for the training sessions she also organised, as well as the many home and hospital visits she made throughout the year.

Consequently, pastoral visiting has probably been a little less organised. I am very grateful though, to the many people in St Dunstan's who continue to offer lifts to hospital, cook meals for households and spend time visiting people in the parish.

If you are aware of someone who may appreciate a visit or a bit of help, please let either Jon or Chantelle know. (Jon Westall)

Men in the church

Men have been meeting on the third Thursday of the month, most recently at The Aeronaut. Attendance has been declining, so any ideas for events would be great.

Jon's brother, Clive, a headteacher, came to speak to the Men's Breakfast in September and Sam has started a Dads and Toddlers breakfast / play session. Bacon is always a winner!!

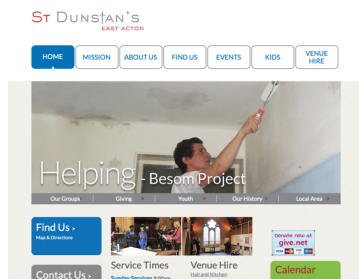
There are also events occasionally put on by New Wine or other organisations designed to encourage men in their faith – the last being in November. (James Riddiough)

Website and Facebook

The St Dunstan's website at www.stdunstanschurch.org.uk lets people know about who we are and what we do. People can download and listen to a sermon they missed, and the church diary is available for those wanting to book rooms or check the time of services. You can also make on-line donations via the homepage.

For more immediate updates, Chantelle Adams maintains our Facebook presence with a few posts a week about what's on, sermon topics, and Christian commentary on current events. To see the posts, you can "like" @StDunstansChurchEastActon, and join in conversations about what is happening.

If anyone has any ideas about our social media presence, please do get in contact with Chantelle.

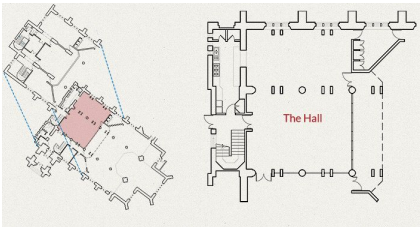


Our church building

Since last year’s Annual Report, Chantelle has worked incredibly hard to build on the previous years’ successes in raising the income from hiring our church buildings. Our calendar remains full most days of the week with regular weekly bookings, plus occasional bookings for training days and parties, and we have a caretaker to help manage the practical side of these events.

We continue to hire the building to, amongst others:

- The Angela Grant Ballet School.
- The Hammersmith Dog & Puppy club.
- A Zumba group.
- The Marley Watson School of Dance.
- Soundsteps.
- The Christian Mission who runs its services in Russian in the church every Sunday afternoon. This accounts for a sizable portion of our monthly rental income.



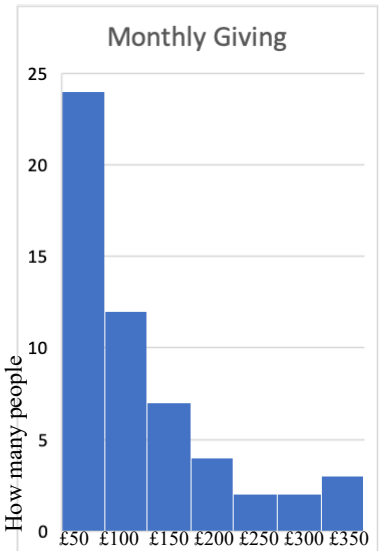
We continue to utilise the space in our spire by renting space to a telecommunications company.

Running costs (utilities) have increased significantly, and our heating system needs upgrading, not least to improve efficiency and reduce the annual running costs, but it’s mostly all good news. We continue to thank God for providing us with the extra income to help us run our church. (Chantelle Adams)

Stewardship and Fundraising

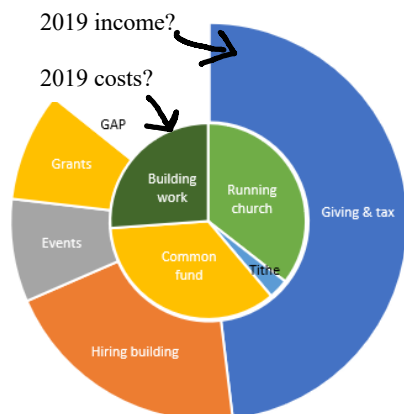
Our financial giving: As at the end of 2018, there were 57 households giving regularly to the church. 40 of these use the Parish Giving Scheme (PGS) and 2 use others similar schemes. 4 have standing orders direct to our bank, and 11 give cash or cheques in regular giving envelopes.

Giving is confidential to the Stewardship Recorder, and obviously depends on each family’s circumstances. This histogram shows how many people (or households) give different amounts. If this were unchanged throughout 2019, we would give a total of £66,576.



Other income: as well as our giving, we earn money from hiring out our building (including for the mobile phone mast in the tower). We also raise some funds through events like the Christmas Fair, and sometimes have been able to apply for grants.

Balancing the Books: In 2018, we didn't quite manage to balance our books (£3700 overspend). In 2019, costs will be higher. We will have our Children Worker, Sam, for the whole year, and there is some expensive building work needed (like replacing the boilers). We have a new fundraising group, looking at ideas for money-making events and applying for grants. We hope that the 140th anniversary will be an opportunity to raise some funds. However, we are unlikely to be able to bridge the financial gap this year.



New systems: During 2018, there were big financial changes for St Dunstan's as we moved our bank account to CAF, and signed up to PGS. It was a bit of an upheaval for everyone, but there have been considerable advantages.

We now have online banking with CAF so we can easily pay bills and accept payments electronically, and can view the state of our current account at any time. With PGS, Gift Aid is credited automatically every month, rather than having to make one big claim at the end of the year. There is also increased confidentiality as the bank account doesn't show the individual donors' names.

How to give to St Dunstan's:

- Through the Parish Giving Scheme – fill in a Gift Form
- By standing order: CAF Bank 40-52-40 account number 00030966
- Through a payroll giving / charity giving scheme like Charities Trust or Stewardship.org
- By cash or cheque (to St Dunstan with St Thomas East Acton) in regular giving envelopes
- Via the giving button on www.stdunstanschurch.org.uk
- By debit or credit card, or mobile payment.



We continually give thanks to the generosity of all you who give not only your money but also your time to the church. Your generosity is changing lives and your giving allows us to accomplish the mission we have serving our Lord.

Share



We want to be a church that shares the good news of Jesus together and as individuals—at home, at work and in our local community—through our actions and words. As you will see from the reports below there is a lot going on but we still want to be open to opportunities to further strengthen and develop our outreach. The Pain Exchange also continues to be busy and to serve those who are struggling with long-term pain and all its consequences.

This coming year, we will be working to get more people involved and so if you feel you have something to contribute, please come and speak to David Morgans or anyone on the PCC. (David Morgans)

Alpha

A small but dedicated Alpha Group ran during the first part of 2018. John Durston kindly led worship, whilst Ros and Jon led the course. One of the great riches of Alpha is the weekly group discussion – a varied group of people offering different perspectives on subjects as diverse as ‘Is there a God?’, ‘Who is Jesus?’, ‘What is the purpose of life?’ I have attended and run countless Alpha courses but still come away each week with food for thought.



James and Sue Riddiough are hosting the 2019 Alpha course with the help of their home group. (Jon Westall)

TLG Early Intervention

The Transforming Lives for Good (TLG) Early Intervention project supports mentors from churches who work with primary school children who have emotional or behavioural issues which might lead them to be excluded from school. Mentors spend an hour a week in 1-to-1 sessions with the child for a year, working on fun projects and talking about the issues they face. We are currently working in partnership with East Acton Primary School.

In 2018, Jacqui Roberts coached a couple of children from East Acton Primary School. Sam attended the training day in September and is starting coaching in early 2019. The school is keen for us to continue with more pupils, and through contact with the Ealing Schools Counselling Partnership, we hope to expand to other local primary schools. In order to do this, we will need to recruit more coaches in the coming year, with the aim for new coaches to be trained at St Paul's Hammersmith in September. If you are interested in this rewarding work, please speak to Sam. (Sam Bailey)

Little Acorns Toddlers



The Little Acorns Toddler group on Friday mornings continues to be hugely popular. 2018 saw us celebrate our 10 Year Anniversary with a weekend get-together where many past and present members attended over crafts, cake and a film.

The Friday session runs from 9:45 to 11:15 during term time, with toys, crafts, snacks, stories, and songs. On average, we have 15-20 toddlers, plus several babies, coming with their parents, nannies or grandparents.

Sam organises the admissions and activities, with the help of Ros, Alison, Esther, Janine, Deborah, and Natalie - including the faithful presence of Geoffrey and Josie in the kitchen. However, some of the volunteers have stepped down due to other commitments and so we are constantly looking for additional helpers. The parents/carers also willingly help out with crafts, refreshments, clearing away toys etc. We even have former parents who come back to visit - they miss being there!

Some have started coming to church, and many come along to special events like the summer barbecue, seasonal crafts, Christingle and Mothering Sunday services. It is wonderful to see friendships flourishing among the adults as the children play. We have many opportunities to give support and advice to each other. Some ask for prayer and there is interest in child baptism.

We always pray before the group at about 9:30 and we would welcome anyone who wishes to join us in prayer, or practical support. Do drop in!

As we say goodbye to Ros in 2019, we would especially like to thank her for her originality, artistry, cheerfulness and generous commitment over the years. We will miss you! (Sam Bailey)

Boys' Club

The Boys' Club is for boys in school years 3-6. It runs every Wednesday during term time. We play a lot of different board and card games and group activities that involve lots of running around. Twice a term, we hold a hotly-anticipated nerf war.

Peter Westall has now been helping me for a couple years and he has been amazing - he engages with the boys really well and has their respect as a leader.



The Boys' Club is currently low on numbers as we have seen a lot of the Year 6 boys moving on to Year 7. However, I am building strong relationships with the boys who are now coming along and they are developing good friendships amongst themselves.

The ultimate aim of Boys' Club is to be able to invite those who do not regularly come to Church on Sundays. We hope it will be a stepping stone to regular attendance at KidZone, so please pray for opportunities to invite pupils from the local primary schools.

We would also like to expand Boys' Club into a Board Games Club for both Boys and Girls. To do this we will need a female helper. Please pray for someone to step forward to fill this role. (Sam Bailey)

Dads and Toddlers

We ran one Dads and Toddlers session in the Autumn Term of 2018. We will be running two a term throughout 2019. We had 10 toddlers and 8 dads at the first one. We are looking to invite dads of toddlers from Little Acorns. Our Autumn session coincided with the Love St Dunstan's Day and so some of the helpers doubled up! Our key helpers were James, Jon, Josie, Geoffrey, and Sam. We are looking to increase our helpers so if you are a male and would like to know more, do contact Sam. (Sam Bailey)

Ealing Churches Winter Night Shelter

St Dunstan's opened its doors for its ninth season providing emergency accommodation over what transpired to be a bitterly cold six-week period at the beginning of the year. We hosted 14 guests on Tuesday nights - those who are sleeping on the streets, are at immediate risk of rough sleeping locally or are the 'hidden homeless' who don't have a permanent place to stay. We offer them overnight shelter, a comfortable bed, and an evening meal and breakfast, as well as friendship and fellowship.

This year we welcomed 11 men and 3 women. Most of our guests spoke very good English so we heard many of their stories. We learnt about the difficulties and frustrations they faced and witnessed, in most cases, their brave determination to move forward. It was heart-warming to see our guests support one another and to see our volunteers come alongside them with understanding and compassion.



As we reflect on the people we have met and their stories, we pray that their brief respite in the ECWNS's programme has given them the space, time, help, confidence, and support - whatever they needed - to move forward with their lives. We thank God for the conversations, the laughter and the tears we shared and for the friendships made. We especially remember our friend Dino who died suddenly in his sleep on 19 February. He was a lovely man with a cheeky sense of humour, always willing to give a helping hand. He was a kindly, wise role model for some of the younger guests. It was a reminder to us all how fragile life can be.

Again, this year we were helped by a handful of friends from our neighbourhood and the Ealing Youth Justice Service. We must give a special **'thank you'** to those on the cooking rota for preparing such delicious meals, to those brave souls who volunteered for the overnight shift and for those who cleaned the toilets!!

Everyone I have spoken to who is involved with the night shelter has felt that the project is a great blessing to St Dunstan's and is so worthwhile. The project has allowed us to work as a team, make new friends or deepen existing friendships and most importantly, it has enabled us to show God's love to the poor and vulnerable in our community.

A huge THANK YOU to all our wonderful volunteers – your willingness certainly makes the job of completing the rota for the various tasks so much easier. (Jacqui Roberts)

Charities we support

St Dunstan's supports the following 5 charities across the world:

- Hope for Kids, which does such great work with The Oasis in Guatemala – This is a home in Guatemala for girls who have suffered from domestic abuse and which provides a refuge and support for them, rebuilding their lives and showing God's love in action. Tony spearheads our relationship with The Oasis – he took a group there in 2018 and saw first-hand the difference that international support makes to the lives of the girls and the house-mothers. Do read his report below.
- ALMA, supporting our link parish in Mozambique, St. Mark's Matola.
- CMS, which specifically brings support to women in Sudan via our link missionary.
- The Pain Exchange, helping those in long-term pain. See the report below.
- A Rocha, seeking to improve the environment based in Southall.



If anyone would like to be a “Champion” for any of the above to promote their profile within church, please let James Riddiough know. (James Riddiough)

Oasis Girls’ Home, Guatemala

2018 saw the 5th short-term mission trip to the Oasis from St Dunstan’s. There were 9 people in total on the team this time and we were able to see the completed prayer garden on which our teams have worked for the previous 3 years.



This year we refurbished the (very large) front and rear steel gates, converted a flat to offices, dug a soakaway and fitted suspended ceilings for the new floor at Casa Ester – the semi independence home for older girls. We also cooked the now customary lunch for 120, this time in the form of chicken tikka masala to bring a touch of English cuisine to Central America....

Of course, the most memorable times once again were spent with the girls on a visit to the water park, doing craft activities, playing games and enjoying the movie and pizza night.

We were entertained by the residents and staff of Casa Ester one evening and heard more about how their programme is expanding to care for young mums leaving the Oasis with their toddlers and for older girls who will need to stay in supported accommodation due to learning difficulties. The way that the programme adapts to meet the needs of girls in so many different situations is an incredible example of God’s love being reflected in a family situation.

Our visit to the Source of Hope School in Zapote this year meant that we saw firsthand the devastation caused by the eruption of the Fuego Volcano a few months beforehand. The lava hit the next village along from Zapote and killed possibly thousands. This and the continuing social, emotional and economic consequences for this area is heart-breaking to see but the strength of faith and community among the people there is also humbling. Our St Dunstan’s family generously participated in an appeal for those affected and the money went towards providing a therapeutic art camp for local people.



The overwhelming impressions from the trip this year were:

- the impact that sending teams regularly has on the local staff and girls who thanked us all (on team and back in London) for our continuing support and prayer for them.
- the impact that the trip had on team members, especially the non-Christians with us, who once again talked about the way their lives had been changed by the experience.
- The realisation once again that this is a ministry that is leading the way for the standard of care it provides and the reach of its influence not just within Guatemala but also to other ministries throughout Latin America.

Hope for Kids International is evolving to become closer still to Kids Alive International in the US. Tony is very involved in this process and will now be joined by David Morgans who has accepted an invitation to join as another trustee. We are very keen to build the link with St Dunstan's still further and any additional interest from members of our church family would be warmly welcomed.

We will be taking a break from running a trip in 2019 but already have plans for a trip in August 2020, so let Tony know if you would like to join the trip. Start saving! (Tony Bailey)

The Pain Exchange

The Pain Exchange (PEX) is St Dunstan's own charity, caring for those in chronic pain. It meets on Mondays in the Goldsmiths Room.

Participant attendance for the classes for 2018 totalled 628, with 83 additional one-to-one sessions for advice and treatment. The PEX saw 26 new patients which is 2 more patients than the target. The current number of participants on the books is 36 and 15 patients were discharged in 2018.



Of the 15 patients who were discharged, 9 met the objectives of the PEX, which include returning to work or a more active involvement in the local community or family life. These outcomes compare better to those reported in chronic pain research.

The PEX also provides education covering topics such as fears, anxieties, beliefs, stress, focus and attention. Patients have an opportunity to discuss the impact of these on their pain and management strategies are suggested. In 2018, the education days included themes such as "myth busters" and "it's never too late to exercise". These were campaigns run by the Chartered Society of Physiotherapy and so we were able to use their information sheets for the patients. The PEX also offers one-to-one sessions where patients have the opportunity to discuss their fears and anxieties.

Nutrition, art therapy, discussion and meditation are key components of what the PEX offers. We record our thanks to Ros Yates for her time, effort, enthusiasm and for the unending encouragement and love she displays to the participants. She will be most missed.

Sharon Morgans would welcome some more support, so if you know any local physiotherapists or if you would like to assist in any other capacity, please let her know. (James Riddiough)

Social Events

The social team had a relatively quiet year in 2018 due to a combination of illness, bereavement and other commitments. Despite this, the church family and the wider community still came together to enjoy some great social events and raise some valuable funds!

The first main event of the year was a fish and chip quiz night in February. It was hosted by the wonderful Nigel Middlemiss. Everyone had a fun and informative night and we raised around £150.

In June, we held a joint fundraising event for Christian Aid and the Oasis project. We sold cakes and home produce made and donated by the congregation. We also had a very successful plant stall. Outside, the young folk washed our cars for a fee.

Our annual BBQ was held in a very hot and sunny July, and was well attended.

Our biggest fundraiser was the Christmas Fair, which was a huge success once again. The Fair is happily now a firm fixture in our local community's calendar, and we raised nearly £3,500. A huge amount of work from a dedicated few, weeks in advance, is put into



the organisation of the Fair and we would urge you to get involved in this fun and satisfying service.



We rounded off the year with a new project, the Community Tea, to reach out to people in the local area. The inaugural event was in December and featured light bites and Prosecco. This was well attended. We intend this to be a regular event, scheduled on the second Monday of every month.

We have a number of plans for 2019 including a stall on Easter Sunday selling Easter crafts, cakes and plants, various cake sales throughout the year, as well as a night out/dinner for the ladies. Whilst we won't be holding a BBQ this year, due to our

140th celebration in May, we will be having a share and socialise event on 14th September.

We would urge anyone to come on board with new ideas or even just as an extra pair of hands helping out at events. If you feel you would like to be more involved, please talk to any of us in the Social team. (Social team: Lesley Moszoro, Paula Haenlein, Jacqui Roberts, Sue Bolton.)



Seek, serve and share our Lord together

Parish of St Dunstan with St Thomas, East Acton Friars Place Lane,
London W3 7AW

Diocese of London, Willesden area, Ealing Deanery, parish 2218

Incumbent: Rev'd Jon Westall

Administrator & Child Protection Officer: Chantelle Adams

Children & Families worker: Sam Bailey

Parochial Church Council

The PCC comprises the Clergy, Churchwardens, Representatives of the Deanery Synod and up to 12 elected plus up to 2 co-opted members of the congregation. The job of the PCC is to co-operate with the vicar in promoting the mission of the Church in the parish. Those who have served on the PCC since January 2018 are:

- ex-officio: Jon Westall (vicar), Ros Yates (deacon), Sue Bolton (Deanery Synod representative), Camilla Slade Viles (Deanery Synod representative), Innocent Annaba-Jones (church warden) and David Morgans (church warden).
- elected: James Riddiough (lay chair), Paul Bretherton, Julie Gordon, San-San Haddoub, Martin Haenlein, Helena Maitland (PCC secretary), Lesley Moszoro, Carlyon Viles, Alison Wood (treasurer) and Neil Yates with Chantelle Adams, Emma King and Grace Quansah until April 2017.

The PCC met 6 times in 2018.

The Standing and Finance committee, which met 5 times in 2018, comprises the vicar Jon Westall, church wardens David Morgans and Innocent Annaba-Jones, secretary Helena Maitland, treasurer Alison Wood (until April 2018), Sue Bolton (from April 2018) and PCC lay chair James Riddiough. This committee carries out PCC business, as directed by the PCC, in between its meetings.

Electoral Roll

The Electoral Roll stands at 126. 3 people were removed from the roll since 2017 and 5 added. (Mark Moszoro)

Fabric (the church buildings)

At the end of the 2017 it was discovered that part of the north-east corner of the building (the single storey kitchen extension) had suffered subsidence and as a result of the continuing movement, it was agreed with the church architect to underpin the affected area before repairing the damage. This work has now been completed and the PCC wishes to record its gratitude to Tony Bailey who led the procurement and oversaw the work of the contractors at no cost to the church. To prevent further problems, a number of large trees along the north-east boundary with Prideaux Place were cut down and as a result we will need to replace the fence along this boundary. The total cost of the remediation and associated works was a little under £20,000 although we did receive a grant of £7,500 from the Diocese for which the PCC was extremely grateful.

A more welcome change was the arrival of the sofas that have allowed us to create a relaxed seating area next to the crèche. Thanks to Paul Bretherton for organising this – again at no cost to the church.

During 2018, the church architect undertook our Quinquennial inspection. We have not yet received his written report but expect that in the short term we will need to consider updating or replacing parts or all of the central heating system and the fire alarm system. We will also need to repair the church path, which is uneven in some parts.

Many thanks to all those members of the congregation who give of their time to keep the church building and its grounds looking beautiful. We are always looking for more helpers so if you would like to be involved, please speak to David Morgans. (David Morgans)

Deanery Synod Report

The Ealing Deanery Synod met 4 times in 2018. It brings together representatives from all the churches in the Deanery and all the meetings are open to any church member. Our PCC representatives on the Deanery Synod are Sue Bolton and Camilla Slade Viles.

Synod meetings include talks by inspiring speakers, case studies of good practice from the Deanery, and formal processes such as voting on issues related to the wider Church of England. The Synod also distributes the Mission Fund in the summer each year.

We started the year at St Mary's Church, Acton where we experienced worship in the Benedictine Tradition of peace, stillness and thankfulness. Revd Steve Morris, Vicar at St Cuthbert's North Wembley, then gave a wonderful presentation of the weekly Memory Cafe set up at his church. Although intended for those with dementia and their carers, others come to enjoy the company. A paid trainer leads chair exercise and memory quizzes. Speakers on topics such as the latest scams are invited in.

School governors were also elected

In May, we attended the Deanery Celebration and Archdeacon’s Visitation at Holy Cross, Greenford and in July, we met to deal with important admin matters - the Annual Accounts, the Mission Fund and the election of Deanery Synod officers and standing committee members.

In October, we met at Christ the Saviour, Ealing Broadway and welcomed the new Bishop of London, The Rt Revd & Rt Hon Dame Sarah Mullally who celebrated Deanery Eucharist. We then enjoyed a question and answer session with her and learned that Bishop Sarah felt a key challenge facing London in the next 5 years was bringing Jesus to the wider community, especially ‘millennials’ who don’t see the relevance of God. We should be listening to what God wants us to do in sharing the hope we have found and encouraged us to look at Nathaniel in John’s Gospel, who at first showed resistance! Her words inspire us to be creative and bold! (Sue Bolton)

Sidespeople

Our grateful thanks to those who served as Sidespeople during 2018 including Tony Bailey, Sue Bolton, Charlie Caplowe, Nyuk Lau, Mark Moszoro, Eva Nabeta, Julia O’Conor, Adam Shaw, Paula Shaw, Livingstone St Louis, Joshua Yates and Neil Yates.

Safeguarding

St Dunstan’s church has due regard to House of Bishops’ guidance on safeguarding children and vulnerable adults. Our Child Protection Officer is Chantelle Adams, and our Children’s Advocate is Esther Brown.

Glossary

Fabric	the physical church building and contents
Incumbent	the priest responsible for the parish (vicar)
Parish	(Ecclesiastical Parish) The area in which the Church of England has given St Dunstan’s responsibility for the people
PCC	the Parochial Church Council - people elected by the congregation to help the vicar run the church
Sidespeople	those who greet people on a Sunday morning, give out leaflets, guide people up to communion, and help services run smoothly
Wardens	churchwardens, along with the vicar, responsible for the day-to-day operation of the church

Finances for the year ending 31st December 2018

External Examiner: David Stephens

Bank: CAC Bank Ltd, 25 Kings Hill Avenue, Kings Mill, West Malling, Kent ME19 4JQ

Treasurer: Alison Wood

Independent Examiner's Report to the PCC of St Dunstan with St Thomas, East Acton

I report on the accounts of the PCC for the year ended 31st December 2018.

Respective responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under Section 145 of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under Section 145 of the Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioner under Section 145(5)(b) of the Act; and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or
2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



David Stephens FCCA
Chartered Certified Accountant
13 Newlands Road
Tunbridge Wells, Kent
TN4 9AS

15 March 2019

Dated

End of year financial statements for St Dunstan with St Thomas, East Acton

Year Ending 31st December 2018

Registered Charity 1177614

Receipts and Payments Account

	General funds	Designated funds	Restricted funds	2018 Total funds	2017 Total funds
Receipts					
Donations and legacies	94,726		4,230	98,956	95,041
Income from charitable activities	4,449	838	460	5,747	5,709
Fundraising	4,424	38	330	4,793	4,168
Hall Hire	19,355			19,355	14,334
Other income	14,700			14,700	14,300
Investments	389			389	243
Total receipts	138,043	876	5,020	143,939	133,743
Payments					
Raising funds	1,247	89	520	1,856	743
Expenditure on charitable activities	135,577	285	9,744	145,606	138,304
Other expenditure	181			181	7,451
Total payments	137,005	374	10,264	147,643	146,543
Excess of receipts over payments before transfer	1,038	502	(5,244)	(3,704)	(12,800)
Transfers					
Gross transfers between funds - in	141,555	125,767	9,712	277,034	3,140
Gross transfers between funds - out	(135,478)	(137,377)	(4,179)	(277,034)	(3,140)
Excess of receipts over payments before other gains / losses	7,115	(11,108)	289	(3,704)	(12,800)
Net movement in funds	7,115	(11,108)	289	(3,704)	(12,800)
All assets at 01 January 2018	82,447	14,175	598	97,220	110,020
All assets at 31 December 2018	89,562	3,067	887	93,516	97,220
Represented by					
Unrestricted					
General fund	89,562			89,562	82,447
Designated					
Children and Youth Work		0			
Cooker					12,210
Toddlers		2,067		2,067	1,565
Vicar's Discretionary Fund		1,000		1,000	400
Restricted					
Bell Fund			130	130	130
Charlotte Rose Memorial Fund					48
Mission Fund (Guatemala)			597	597	
Organ Fund			40	40	300
Pew Bible & Lectionary Fund			120	120	120

Analysis of Receipts and Payments

Receipts	General	Designated	Restricted	2018	2017
<i>Donations and legacies</i>					
Giving (bank & PGS)	55,030			55,030	49,802
Sunday giving envelopes	7,351			7,351	6,215
Sunday giving plate	3,955			3,955	3,118
One-off Gift Aid gifts	980		4,230	5,210	15,259
One-off gifts no Gift Aid	1,306			1,306	8,400
Tax recoverable on Gift Aid	17,872			17,872	12,349
Non-recurring one-off grants	7,500			7,500	
Other income	733			733	94
<i>Donations and legacies Totals</i>	94,726		4,230	98,956	95,236
<i>Income from charitable activities</i>					
Fees for weddings and funerals	1,343			1,343	2,257
Hall hire - mission	2,507			2,507	2,682
Church activities income	599	838	460	1,897	1,895
<i>Income from charitable activities Totals</i>	4,449	838	460	5,747	5,461
<i>Fundraising activities</i>					
Fairs and Sales	4,424	38	330	4,793	4,168
Mobile Mast	14,700			14,700	14,300
Hall hire - one-off	1,715			1,715	2,370
Hall hire - regular	17,640			17,640	11,964
<i>Fundraising activities Totals</i>	38,479	38	330	38,847	32,802
<i>Investments</i>					
Bank interest	389			389	243
<i>Investments Totals</i>	389			389	243
Receipts Grand totals	138,043	876	5,020	143,940	133,743

Payments	General	Designated	Restricted	2018	2017
<i>Raising funds</i>					
Costs of stewardship campaign	80			80	
Costs of fetes & other events	1,167	89	520	1,777	1,078
<i>Raising funds Totals</i>	1,247	89	520	1,856	1,078
<i>Expenditure on charitable activities</i>					
Giving - tithe to charities	6,000			6,000	9,000
Giving - charity donations	574	68		642	20
Ministry	2,626			2,626	2,106
Children and Families	4,639		9,413	14,052	17,129
Overseas Mission	2,266				
Common Fund (Diocesan Quota)	65,328			65,328	65,695
Diocesan Schools Levy	653			653	634
Fees - Diocese share					390
Assistant staff costs	100			100	70
Salary of parish administrator	7,646			7,646	7,387
Working expenses of incumbent	2,032			2,032	2,623
Vicarage expenses	174			174	124
Parish training and mission					62
Church running - insurance	4,922			4,922	4,774
Church office - telephone	636			636	751
Church maintenance	3,865	218		4,083	2,314
Cleaning	2,454			2,454	3,094
Upkeep of services	3,450		331	3,781	3,497
Administration	1,130			1,130	2,862
Visiting speakers & clergy	100			100	300
Church running - electricity	1,936			1,936	2,571
Church running - gas	6,257			6,257	4,587
Church running - water	470			470	458
Governance - examination fee	330			330	320
Church major repairs	20,254			20,254	4,980
<i>Expenditure on charitable activities Totals</i>	135,577	285	9,744	145,606	138,015
<i>Other expenditure</i>					
Uncleared Cheques	(152)			(152)	
Miscellaneous	333			333	7,451
<i>Other expenditure Totals</i>	181			181	7,451
Payments Grand totals	137,005	374	10,264	147,644	146,543

Statement of assets and liabilities

	General	Designated	Restricted	2018	2017
Current assets –					
Cash at bank and in hand					
HSBC current account					7,578
CAF current account	6,529			6,529	2,724
CCLA (CBF) deposit account	83,033	3,067	887	86,987	86,584
Cash in hand					334
Totals	89,562	3,067	887	93,516	97,220

Total assets of £93,516 of which £89,562 are General funds and £3,954 are Designated or Restricted Funds. This is split between £887 in Restricted Funds and £3,067 in Designated Funds.

Assets recognised but not valued;

- 1 Fixed assets retained for Church use include the land purchased at cost in February 2011.
- 2 Movable church furnishings held by the churchwardens on special trust on behalf of the PCC.

No remuneration was paid to any member of the PCC for their rôle on the PCC. All payments made to reimburse members of the PCC for expenses properly incurred have been documented. The financial statements of the PCC have been prepared in accordance with the Church Accounting Regulations using the Receipts & Payments basis.

The accounts are prepared on a going concern basis, and there are sufficient reserve funds to cover calculated losses.

The accounts were approved by the PCC on 7 March 2019 and signed on their behalf by:

James Riddiough, PCC Chair

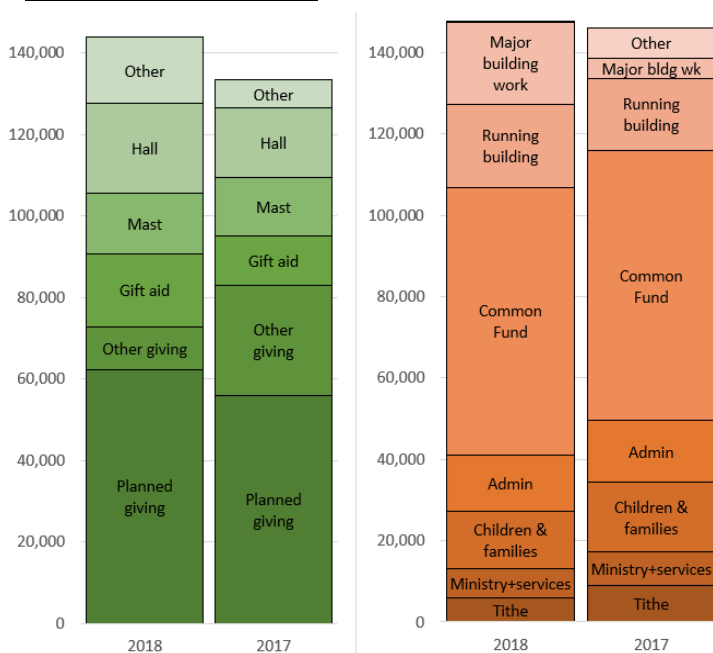
Alison Wood, Treasurer

Breakdown of 2018 and 2017 Income and Expenditure

Income	2018	2017
Planned giving	62,380	56,017
Other giving	10,470	26,777
Gift aid	17,872	12,349
Mast	14,700	14,300
Hall	22,386	17,539
Other	16,131	6,372
Total	143,939	133,353

Expenditure	2018	2017
Tithe	6,000	9,000
Ministry & services	7,148	8,251
Children & families	14,052	17,129
Admin	13,729	15,091
Common Fund	65,981	66,329
Running building	20,298	17,922
Major building work	20,254	4,980
Other	181	7,451
Total	147,643	146,153

BALANCE	-3,704	-12,800
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NOTES

1. Planned giving has increased by 11% since 2017, and hall receipts by 28% (partly from timing)
2. Gift aid income high in 2018, as it was previously claimed in arrears but PGS sends monthly
3. "Other" income in 2018 includes £7,500 grant for underpinning
4. "Other giving" in 2018 included gifts for Children's work. In 2017 it included gifts for kitchen
5. Children & families was high in 2017 because of catching up on missed college fees
6. Tithe in 2017 was for 2 years as 2016 gifts were late
7. "Other" expenditure in 2017 was transfer of Pain Exchange money
8. Common fund in 2017 included catching up on missed payments