



ARK Eastleigh

Trustees' report and financial statements
for the year ended 31st December 2018

Charity No. 1157848

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ARK Eastleigh

Trustees' report

The Trustees present their first report and accounts for the year ended 31 December 2018.

Trustees

Lucy Freckleton	Chair
Jeremy Sisley	Treasurer
Chris Steggle	Secretary
Julian Puxley	Appointed 26 th November 2018
Richard Wise	Resigned 29 th January 2018
Dexter DeCouto	Resigned 30 th July 2018
Sharon Mills	Resigned 30 th July 2018

Trustees are appointed by the existing trustees. New trustees are fully briefed on their role and responsibilities. Trustees meet regularly throughout the year and review the risks to which the charity may be exposed.

ARK Eastleigh was constituted as a Charitable Incorporated Organisation on 12th June 2014 and was registered as a charity on 15th July 2014.

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Maling
Kent
ME19 4JQ

Objectives

The objectives of the charity are:

- (1) Promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.
- (2) Prevent or relieve poverty in the borough of Eastleigh Hampshire, by providing items and services to individuals in need and/or charities or other organisations working to prevent or relieve poverty.

In planning our activities for the period we have been mindful of the Charity Commission's general guidance on public benefit and prevention and relief of poverty for the public benefit. The trustees always ensure that ARK Eastleigh's activities are in line with our charitable objectives.

How we work

ARK Eastleigh is a Christian charity. Our Christian values are the foundation for all our work though the beneficiaries of our activities include those of different faiths and those who have no faith. We are a referral only service, working with social services, local schools, health visiting teams and other statutory agencies and charities.

ARK Eastleigh serves families and individuals at times of vulnerability and exclusion through practical acts of kindness, befriending and informal advocacy. The sorts of challenges our clients face include long term unemployment, domestic violence and abuse, addiction, physical and mental health issues and family breakdown and those at risk of having children taken into care. We work in partnership with other local organisations to reduce social isolation and empower clients to overcome the challenges they face.

Trustees report continued

Activities and achievements

Although Eastleigh Borough is an affluent area there are still 10.4% of children (2,400) living in poverty. Life expectancy is 5.2 years lower for men and 5.1 years lower for women in the most deprived areas of Eastleigh than in the least deprived areas (Public Health England, Eastleigh District Health Review 2015). We have supported 52 families in the past year and a number of individuals in the most deprived parts of the borough. We provide the practical help that an extended family would provide, for example, lifts to a hospital appointment, helping someone through the process of applying for benefits or making a school or job application. Volunteers with a listening ear take clients out for coffee who would otherwise have no other adult support. For those in significant financial need we work closely with Eastleigh Basics Bank and Hedge End Food Centre and can arrange delivery of food items to those families that simply cannot afford to buy them.

These practical acts of kindness, befriending and advocacy can prevent difficult situations turning into a crisis, avoiding further strains on families and on those agencies who would otherwise have to support them. During 2018 ARK Eastleigh responded to 21 new referrals and staff and volunteers made 546 contacts with clients. In addition to our regular weekly client support we delivered 73 Christmas hampers and distributed toys donated by Wave 105 FM. ARK Eastleigh has also coordinated DIY and garden projects for the Eastleigh HOPE week. In July 2018 5 projects were completed by ARK volunteers as part of this initiative.

Taking clients on trips and involving them in activities that they wouldn't normally be able to access is an effective way to help clients build confidence, identify talents and make friends. These trips have included family outings to Marwell Zoo, Fort Nelson and a seaside trip to Hillhead.

At the start of 2019 we invited clients to take part in a survey to help us understand the impact of our services. A mixture of new and old clients provided feedback and we were very pleased that over 87% reported feeling less isolated as a result of being referred to ARK Eastleigh and that 62.5% had gained confidence to face challenges or try something new. The same number of clients also reported that they were more aware of other agencies and organisations that offer help.

During the year we sold the van that we had been using to transport large items of second hand furniture and white goods to clients to focus our resources on our core services. If clients need large items of furniture we are now able to use the services of SCRATCH in Southampton to fulfil requirements.

More details about the work of ARK Eastleigh can be found on our website, www.arkeastleigh.co.uk

Volunteers

We have a fantastic team of approximately 15 volunteers who provide regular support to our clients.

Volunteers provide many different services, depending on their own strengths and experiences. Many regularly volunteer to provide practical help, such as cleaning, garden maintenance, DIY projects, providing lifts to hospital appointments and delivering food and other household essentials from Eastleigh Basics Bank. Others are skilled at building relationships and supporting families, for example, helping vulnerable single parents to access mother and toddler groups or providing those with little family support a regular time to chat and get out of the house.

Volunteers receive induction training and regular training is provided through the year to develop our volunteer team. In 2018 this included a day's training on drug and alcohol awareness run by Inclusion.

We are very grateful for the generous support of our volunteers who make such a difference to the lives of those they serve.

Trustees report continued

Financial review and reserves policy

ARK Eastleigh has enjoyed financial support from many churches in Eastleigh Borough, with local congregations providing £8,070 of donations in 2018 (2017: £15,613). Individuals and businesses also gave on a regular basis, raising £15,281 (2017: £7,375), including gift aid. In addition we received a generous one-off donation of £7,000 from Vivid Housing.

During the year we also won grant funding of £500 from HIWCF. £750 from Hampshire County Council, £200 from Eastleigh Borough Council and £200 from Bishopstoke Parish Council.

We are incredibly grateful for the generosity of the local community, which enables ARK Eastleigh to support some of the most vulnerable families and individuals in the area. We always see this demonstrated at Christmas when we raise funds to deliver Christmas Hampers and toys to those clients who would otherwise have very little. In December 2018 £2,516 was raised (2017: £3,369) in response to our Christmas Hamper appeal.

At present the trustees have agreed that reserves should be held to cover three months of core costs. At 31st December 2018 the balance on unrestricted reserves was £22,113, which represents approximately 12 months' worth of core costs.

The Future

Demand for our services continues and we have frequently had to either delay or reject new referrals. At the start of 2019 the Trustees and staff together with some of our volunteers looked at how we could develop and grow in future given the level of needs in our community. In 2019 we are looking to consolidate and strengthen our team. We have appointed a volunteer prayer coordinator and are actively growing our network so that we can effectively signpost clients to the help they need. We are also recruiting a fundraiser to the Trustee team. We are reviewing our policies and updating safeguarding volunteer training to make sure we have good foundations to build on. Finally, we are reviewing how we can be more efficient in our administration. Once we have completed this consolidation, we will seek funds to appoint another staff member so that we can support significant growth in our volunteer team.


Secretary

16th September 2019

ARK Eastleigh
St Peters Church
Shakespeare Road
Eastleigh
Hampshire
SO50 4FZ

Independent Examiner's report

I report on the accounts of the CIO for the year to 31st December 2018, which are set out on pages 6 to 11.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

examine the accounts under section 145 of the 2011 Act;
to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination. I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



MJ Harris
18a Church Road
Bishopstoke
Eastleigh
Hampshire
SO50 6BH

ARK Eastleigh
Statement of financial activities for the year ended 31st December 2018

	Note			2018	2017
Incoming resources	1	Unrestricted funds	Restricted income funds	Total	Total
		£	£		£
Donations and Gifts					
Churches		7,612	458	8,070	15,613
Businesses		9,840	100	9,940	3,595
Individuals		12,032	1,745	13,777	6,367
Grants		200	1,450	1,650	10,148
Tax reclaimable		1,068	212	1,280	1,186
Fundraising income		150	-	150	403
Total incoming resources		30,902	3,965	34,867	37,312
Resources expended					
Fundraising costs		38	-	38	34
Charitable activities					
Staff costs	4	18,352	-	18,352	24,630
Volunteer costs		47	15	62	304
Office costs		2,536	321	2,857	2,181
Vehicle costs		854	-	854	742
Client expenditure	5	1,123	2,747	3,870	10,386
Fines and Penalties		100	-	100	-
Bank charges		60	-	60	60
Depreciation in year		-	-	-	483
Total expenditure		23,110	3,083	26,193	38,820
Net income/(expenditure)		7,792	883	8,675	(1,508)
Transfers between funds		598	(598)	-	-
Net movement in funds		8,390	285	8,675	(1,508)
Funds balances brought forward		13,723	134	13,857	15,365
Fund balances carried forward		22,113	419	22,532	13,857

ARK Eastleigh holds no endowment funds.

ARK Eastleigh

Balance sheet as at 31 December 2018

	Note	Unrestricted funds	Restricted income funds	2018 £ Total	2017 £ Total
Non-Current assets	6	-	-	-	3,867
Current assets					
Debtors	7	3,536	105	3,641	750
Cash at bank		18,653	314	18,967	12,783
Total current assets		22,189	419	22,608	13,533
Creditors: amounts falling due within one year	8	76	0	76	3,543
Total current assets less current liabilities		22,113	419	22,532	9,990
Total assets less current liabilities		22,113	419	22,532	13,857
Funds of the charity	8				
Restricted income funds		-	419	419	134
Unrestricted funds		22,113	-	22,113	13,723
Total Funds		22,113	419	22,532	13,857

The financial statements were approved by the trustees on 16th September 2019 and were signed on their behalf by



Lucy Freckleton
Chair of Trustees

Notes (forming part of the financial statements)

1. Accounting policies

The accounts present a true and fair view and the following accounting policies have been applied consistently in dealing with items that are considered material in relation to the financial statements of ARK Eastleigh.

- **Basis of preparation**

These accounts have been prepared under the historical cost convention with items recognized at cost or transaction value and on a going concern basis. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, (FRS 102 SORP) and with FRS 102 and with the Charities Act 2011.

There are no differences between brought forward funds under previous generally accepted accounting practice and those determined under FRS102.

- **Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; the Trustees are virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

- **Grants and donations**

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

In the case of performance related grants, income must only be recognized to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

- **Offsetting**

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102

- **Tax reclaimable on gifts and donations**

Gift aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

- **Donated services and facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Notes (continued)

- **Volunteer help**

The value of any voluntary help received is not included in the financial statements but is described in the trustees' report.

- **Governance and support costs**

ARK Eastleigh incurs no governance nor support costs.

- **Liability recognition**

Liabilities are recognised as soon as it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources.

- **Tangible fixed assets**

These are capitalized if they can be used for more than one year, and cost at least £500. They are valued at cost or, if gifted, at the value to the charity on receipt.

2. Trustee expenses

No trustee received any remuneration from the charity during the year. One of the trustees is related by marriage to a staff member. This has been communicated to, and approved by, the Charity Commission.

3. Independent examiner's remuneration

The independent examiner has waived his fees for the examination of these financial statements.

4. Staff costs

	2018	2017
	£	£
Gross wages, salaries and benefits in kind	18,011	23,863
National insurance	-	-
Staff expenses	341	766
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	18,352	24,630
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The average number of full-time equivalent employees in the year was 0.9 (2017: 1.1). Both employees deliver ARK Eastleigh's charitable activities.

Notes (continued)

	2018 £	2017 £
5. Client expenditure		
Christmas hampers	1,918	3,238
Client trips and activities	739	1,462
Other client expenditure	1,213	5,686
	<hr/>	<hr/>
	3,870	10,386
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Other client expenditure includes spending on food, utilities, clothing, furniture and white goods. It also includes the cost of DIY and garden projects

6. Non-current Assets

Cost	Motor Vehicles
At beginning of year	4,350
Additions	-
Disposals	(4,350)
	<hr/>
At end of year	-
Depreciation	
At beginning of year	483
Charge for year	362
Disposals	(845)
	<hr/>
At end of year	-
Net book value	
At beginning of year	3,867
At end of year	-

Vehicles are depreciated monthly over three years on a straight-line basis

	2018 £	2017 £
7. Debtors		
Trade debtors	-	-
Gift Aid receivable	580	397
Prepayments and accrued income	3,061	328
Tax and NI overpayments	-	25
	<hr/>	<hr/>
	3,641	750
	<hr/>	<hr/>

Notes (continued)

8. Creditors

	2018	2017
	£	£
Payroll	13	-
Tax and NI	40	-
Accruals	23	3,543
	<hr/>	<hr/>
	76	3,543
	<hr/>	<hr/>

9. Restricted funds

Funds held and movement during the current reporting period

Fund names	Fund balances brought forward	Incoming resources	Outgoing resources	Transfers	Fund balances carried forward
	£	£	£		
Christmas Hampers	-	2,515	(1,918)	(598)	-
Essential Client					
Purchases	-	750	(750)		-
HIWCF Volunteer Fund	-	500	(415)		85
Gardening Equip.	134	200	-		334
Unrestricted funds	13,723	30,902	(23,110)	598	22,113
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Total	13,857	34,867	(26,193)	-	22,531
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

In 2018 donors were informed that any funds collected in excess of the costs of providing Christmas Hampers would be used as general funds.

Funds held and movement during the *previous* reporting period:

Fund names	Fund balances brought forward	Incoming resources	Outgoing resources	Transfers	Fund balances carried forward
	£	£	£		
Christmas Hampers		3,369	(3,238)	(131)	-
Furniture Delivery		1,200	(1,200)		-
HCC Grant		4,000	(4,000)		-
Individual Items		675	(672)	(3)	
Gardening project	950	500	(1,316)		134
Unrestricted funds	14,415	27,568	(28,394)	134	13,723
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Total	15,365	37,312	(38,820)	-	13,857
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