

WOMEN'S HEALTH IN SOUTH TYNESIDE
Company Limited by Guarantee
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

Charity Number: 1119901

Company Registered Number: 06175697

Debére Limited
Chartered Accountants
Swallow House
Parsons Road
Washington
Tyne and Wear
NE37 1EZ

WOMEN'S HEALTH IN SOUTH TYNESIDE
FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019

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WOMEN'S HEALTH IN SOUTH TYNESIDE
MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS
YEAR ENDED 31 MARCH 2019

The board of trustees	Donna Di Stefano Jeanette Telfer Chris Westbury Amy Lamb Eva Allen Joyce Welsh
Local Authority representative	Joyce Welsh
Charity secretary	Donna Di Stefano
Registered office	Salus House 33 Mile End Road South Shields Tyne and Wear NE33 1TA
Charity number	1119901
Company registration number	06175697
Accountants	Debère Limited Chartered Accountants Swallow House Parsons House Washington Tyne and Wear NE37 1EZ
Bankers	Yorkshire Bank Plc 22 Denmark Centre South Shields Tyne and Wear NE22 2HQ
Solicitor	Ward Hadaway Sandgate House 102 Quayside Newcastle upon Tyne NE1 3DX

WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT
YEAR ENDED 31 MARCH 2019

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP 2015 (FRS 102)) 'Accounting and Reporting by Charities' effective 1 January 2015.

OBJECTIVES AND ACTIVITIES

WHIST is a registered charity and company limited by guarantee. It was established in 1985 with the following charitable objectives:

To preserve and protect good health, both mental and physical, of women, particularly by providing appropriate health advice, counselling and assistance and finding effective ways of meeting specific health problems.

And

To advance the education of women to enable them to use their talents to the full and to extend their knowledge and specific skills and to encourage them to participate more fully in local and national affairs in voluntary activities and in their working lives.

We are committed to offering services that are open to women over 16, irrespective of class, sexual orientation, ethnic background or disability.

Our values are key to achieving the following outcomes for women:

- Promote independence, choice and control over their lives
- Increase knowledge and skills
- Improve physical and mental health awareness
- Improve access to services
- Promote social inclusion
- Improve confidence, self-esteem and well-being

We offer a wide range of holistic services offering mental, physical and emotional support in a safe, confidential and non-judgemental environment that encourages equality, independence and empowerment.

We encourage women to take control of their health and decision making by supporting them to choose their own route through services to suit their changing needs and supporting them to access services in the wider community to assist their progression.

We achieved our aims by providing the following services in 2018/19:

- Counselling
 - Personal development and training courses
 - Employability support
 - Volunteering opportunities
 - Listening ear service
 - Complementary Therapies
 - Support groups
 - Drop-in sessions/meet and greet
 - Exercise sessions
 - Health and wellbeing support
 - Crèche for under 5s
 - Information, advice & guidance
-

WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2019

Our services complement Local and Government Strategic plans and priorities and we participate in forums and working parties contributing to aligning the development of future services with the needs of local women.

ACHIEVEMENT AND PERFORMANCE

- We continue to develop all services and projects as described in this report during the period of April 2018 - March 2019.
- We offered **3,644** sessions of support services.
- Volunteers developed more services being involved in the planning and delivery of new services and peer support.
- We continued to take part in the North East Women's Network and South of Tyne Women's Partnership contributing to joint funding bids. For the third consecutive year we have worked in partnership to plan and deliver an event around International Women's Day hosting it at our premises.
- We held a **"Thinking Together"** session to review and monitor our progress with our Strategic Plans and to strengthen our teamwork.
- We have secured funding to continue projects including the volunteer project (following the end of a 5-year lottery grant) and the employment project. We secured a further contract for adult learning with the Skills Service and with Social Services for provision of core activities.
- We continued to develop and improve our **database**.
- We have an active membership of **1,083** women.

Provision

We have offered **3,644** sessions of direct delivery of services to women in 2018/19 offering provision as listed in section 1.

Courses

Women have accessed one or more of the **79** different courses, workshops or groups we have provided this year. All courses are aimed at improving Health and Wellbeing, be that on an emotional and/or physical level. Evaluation shows that they enable women to progress in their lives by improving confidence, awareness, skills and social networks enabling progression to other formal and informal courses offered by statutory and non-statutory agencies.

We have worked in partnership with other projects giving them an opportunity to facilitate their courses with our members including Media Savvy, Chilli Art Studios, CAPNE, the Millin Charity, WEA, Tyne and Wear Museums and Workie Ticket Theatre Company. We welcomed young mam's from Bright Futures who came to WHiST to access yoga classes. We developed a partnership with Northern Rights who facilitated Maths and English qualifications from our premises.

Volunteering

- Volunteers have provided over **150** hours of support services a week.
- The project has supported **51** volunteers, **9** new and **42** women who have continued to offer their time, skills and expertise at WHiST. Volunteers have directly provided services to **104** women who identify as being excluded from other services.
- **43** volunteers reported improved levels of confidence enabling **15** to progress into new and more challenging roles and the development of new services. Volunteers have been supported by the project to deal with a range of personal issues including mental health and physical health issues.
- **24** Volunteers have gained skills and qualifications to improve their employability including building confidence, support with CV writing, food hygiene and customer service skills. **4** women were supported to find employment.

WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2019

Volunteering *(continued)*

- Volunteers have established the Luna Women's Collective and have accessed enterprise training facilitated by the Millin Charity and funded by the Winter Family Fund. The collective are using their skills to make and sell craft items and to provide craft sessions that will potentially be marketed in the future as part of a trading arm.
- 35 volunteers have accessed training opportunities to enhance their progression and service delivery.

Counselling

We have offered Cognitive Behavioural Therapy (CBT), Person Centred Therapy, Gestalt, Psychodynamic, Neuro-Linguistic Programming (NLP) and Creative Action Methods derived from Psychodrama.

- 17 counsellors have delivered sessions from WHiST this year.
- 12 are volunteers with WHiST.
- 2 job share the Counselling Coordinators post.
- 2 counsellors from RCTN & 1 from Sunderland Counselling Services (Wise Employment Project) also provided counselling sessions during the year
- All counsellors receive clinical supervision in line with BACP and UKCP regulations, in addition group supervision sessions were delivered. This has included a facilitated discussion around safeguarding issues and clinical practice.
- Training sourced by WHiST has been delivered to all counsellors on Sustainable Self Care, Working with Trauma and Working with Self Harming Behaviours.
- 1,551 sessions of counselling were offered and 90 assessments undertaken.
- We provided 36 hours of counselling on average a week
- 155 women have received counselling of which 56 were new members

Employability project

- Delivered through partnership working with The Wise Steps Project.
- 170 referrals were made from the commencement of the programme up to April 2019.
- 35 women were supported by the programme.
- 78 Specialist Referrals were made to partner organisations.
- 9 previously economically inactive women who joined the programme have moved in to work as they realised their potential.
- Women have enrolled for courses at South Tyneside College, gained online qualifications, took voluntary placements, attended courses at WHiST and gained basic skills.
- The initial programme closed in June 2019 however we have secured funding for a further 18 months and can now work with new clients.

WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2019

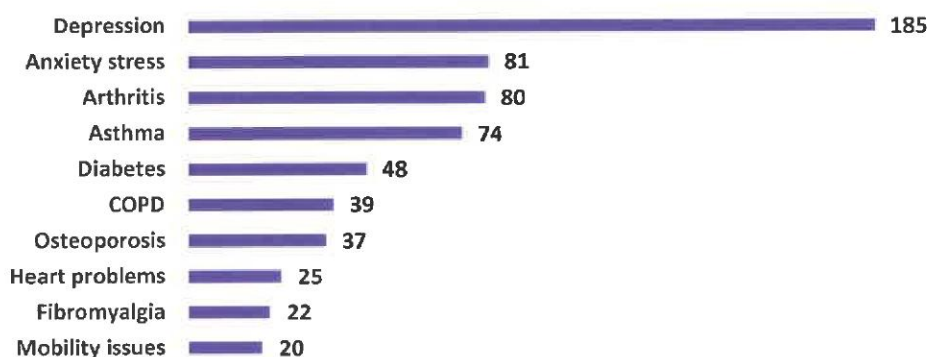
Profile of members

The profile of current members shows that **45%** declared a mental health problem and **55%** declared a physical health problem when becoming a member. More and different problems are usually revealed once women have accessed support and trust is established.

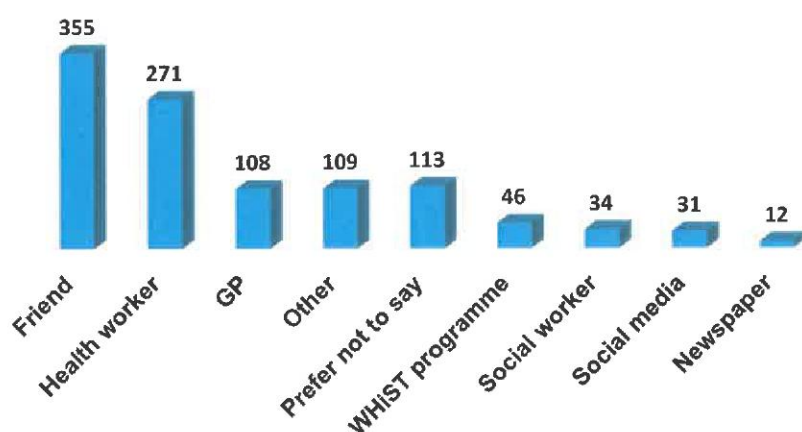
From 56% of our members the top 10 presenting health conditions are shown below:

The number reporting is shown on the right.

17 other individual mental and physical health conditions (not shown) were listed by less than **20** members each.



referral source of 1079 members 2019

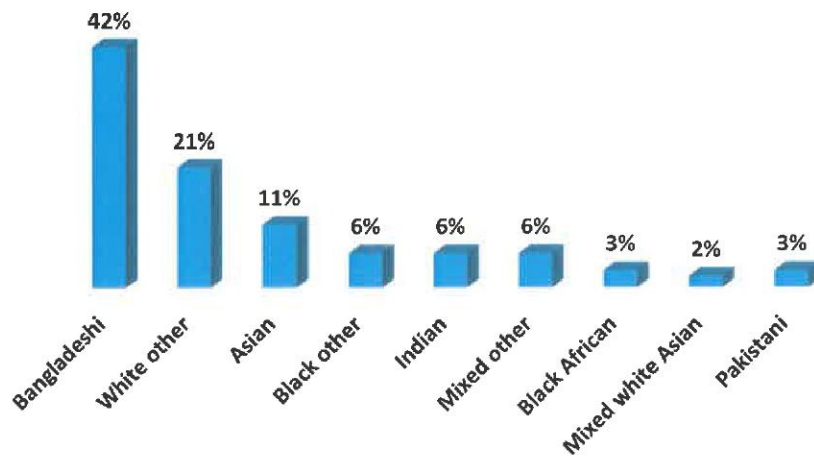


35% of women are referred to WHIST by a health professional while **33%** are referred by word of mouth. Figures based on responses from **89.5%** of members.

**WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2019**

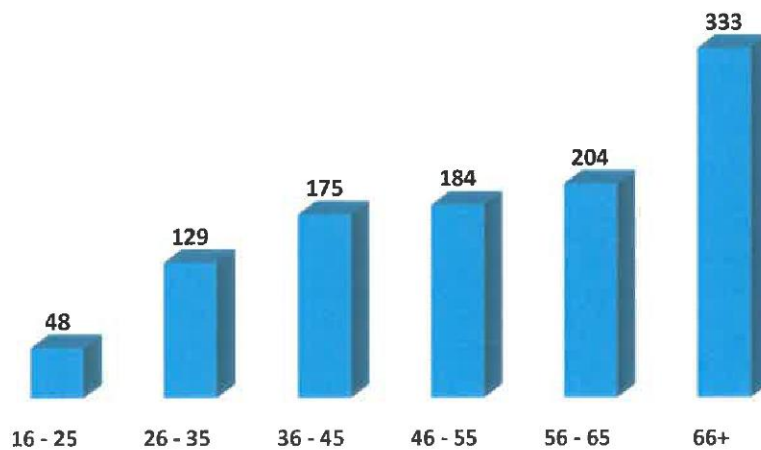
10% of our membership is BAME. This compares with a population of 4.9% BAME* in the Borough as a whole.
* Community Insight 2018

Breakdown of ethnicity groups



We have seen a 30% increase in the 16-25 age category this year.

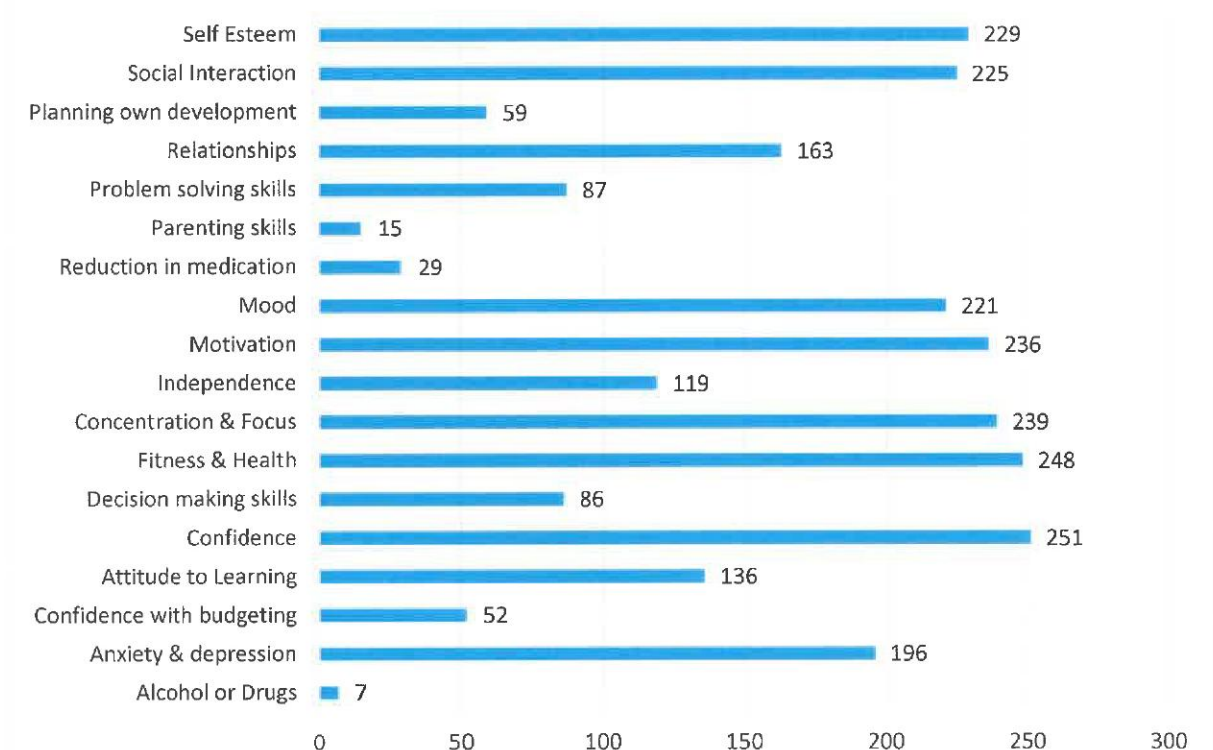
Age groups of 1079 members 2019



**WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2019**

The impact of the services

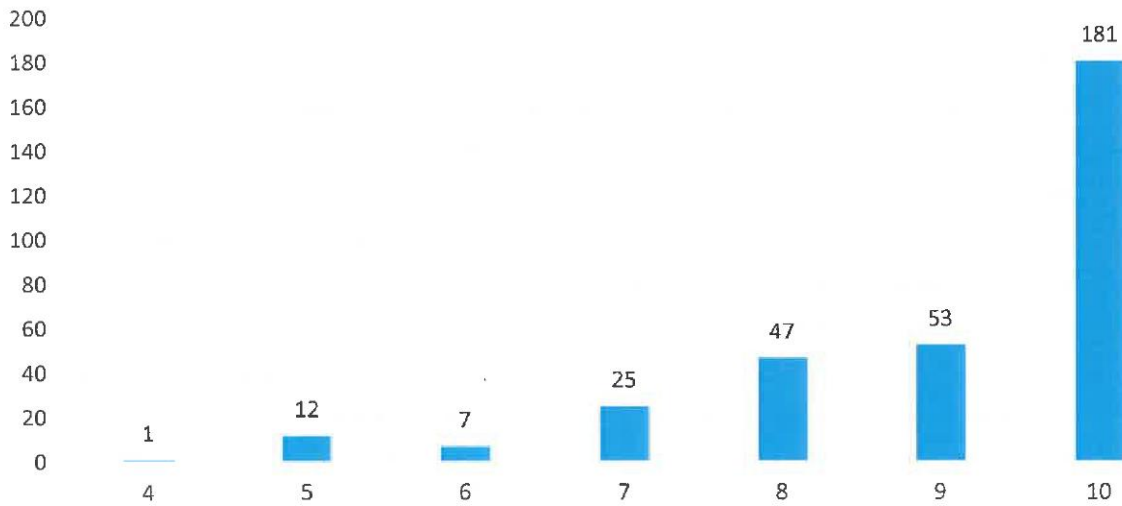
Course Evaluations



The main improvements are in confidence, fitness and health, concentration and focus, motivation and self-esteem all of which are fundamental building blocks of sustainable positive change.

WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2019

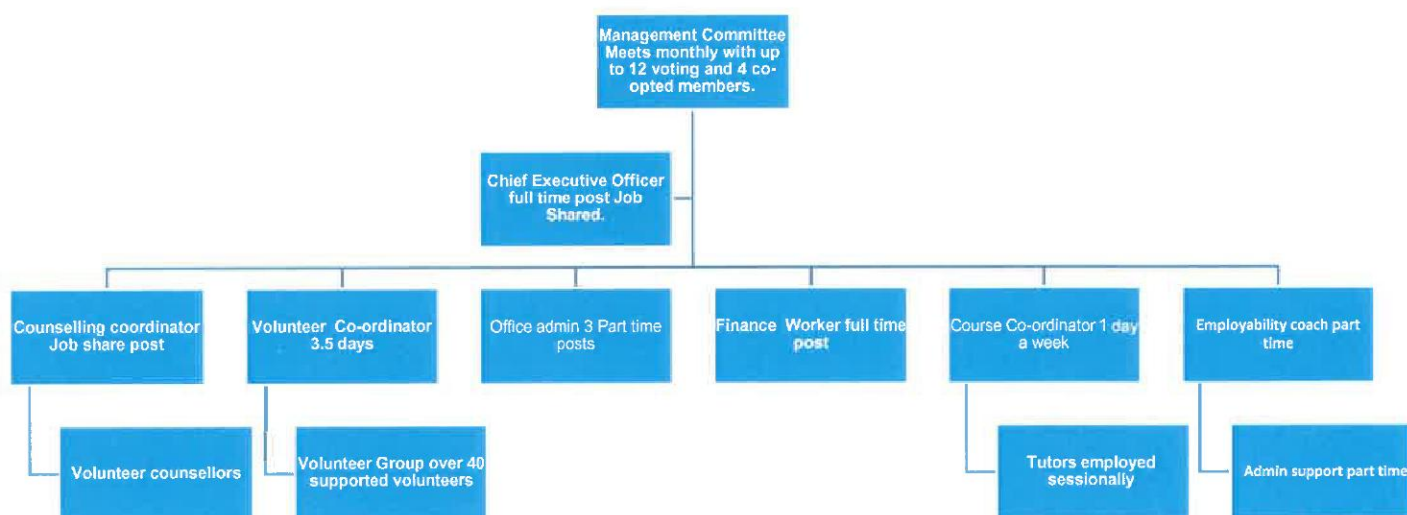
Well-being Scores Post Engagement with the Service



326 women completed course evaluation forms and reported an improvement in wellbeing of 4 or more out of ten. No members have reported no impact at all.

WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2019

Governance



- There have been 8 voting members sitting on the Management Committee during this year (Maximum 12).
- This is a 3 year term of office and persons may then be co-opted for one year.
- There is 1 Co-opted (Local Authority) member (Maximum 4).
- Co-opted members are valued, experienced people who aid discussion but have no voting status.
- Experts/Consultants are invited to attend as required.
- At least 2 staff members attend the meeting but have no voting rights.
- Staff members report on the progress of their projects on a cyclic basis
- Meetings are held monthly.
- Trustees have received training in; financial responsibility, enterprise training, facilitating groups with adults, risk management, working with trauma and self-care.

Team working

WHiST has a strong team working ethic.

Regular "Thinking Together" strategy sessions have been held during the year bringing together staff, volunteers, Management Committee and members to look at specific topics, review progress, develop strategic plans and new initiatives. This year we worked with consultants Cheryl and Donna from 'Now is the time' to review progress around our Strategic Plans and draw up an action plan.

The staff team meet weekly to look ahead at provision, discuss progress, share ideas and address any issues.

WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2019

Networking

Committee members, volunteers and staff play an active part in the wider community attending partnership meetings and forums on a regular basis.

PLANS FOR THE FUTURE

- Due to a challenging funding climate, we will have less staff hours available to deliver services in 2019/20 than we had in 2018/19. Staffing levels from April 2019 reduced by 52 hours per week. This will potentially impact on the level of services WHIST can provide. We intend to maintain delivery by identifying and making applications for funding through grants, contracts, service level agreements, broadening our portfolio to include social enterprise development to generate an income and strengthening partnerships.
- We will monitor and review our progress against our 5 year strategic plans.
- We have secured a Growth and Resilience grant from the Community Foundation to help us realise our plans regarding the CEO transition.
- We have secured funding from the Coalfields Regeneration Trust to develop peer volunteering.
- Grants are secured from the Ballinger Trust, Garfield Weston Foundation, Henry Smiths Foundation, Sir James Knott, The Joicey Trust, The Smallwood Trust.
- We have secured contracts with South Tyneside Skills Service and Social Services for the coming year.
- We will continue to improve the database.
- We will continue to ensure that policies and procedures are kept up to date and that Governance is conducted professionally.

REFERENCE AND ADMINISTRATIVE DETAILS

Advisors and consultants involved during the year were as follows:

'Now is your Time To' Training and Consultancy – running Strategic Development Workshops to review and develop the Five-Year Plan.

Paula Barclay – HR consultant from Professional People Management - to assist with policies ensuring we comply with legislative changes for compliance with our PQASSO kite mark and ongoing HR advice and support.

List of Trustees

Ruth Berkley; Chair – resigned 23 January 2019

Catherine (Kate) Bull; Vice Chair – resigned 6 February 2019

Donna di Stefano; Charity Secretary

Jeanette Telfer – resigned 3 April 2019

Joyce Welsh; Local Authority representative – Treasurer – appointed 8 March 2019; resigned 3 July 2019

Chris Westbury

Amy Lamb

Eva Allen; Chair

Key Employees of the charitable company

Angela Oxberry: Joint Chief Executive Officer

Corrine Devine: Joint Chief Executive Officer

WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2019

RESERVES AND FINANCIAL HEALTH

Our Finances

The Statement of Financial Activities show:

- ❖ Incoming resources of £276,528
- ❖ Expenditure of £379,670

The total funds of £1,092,189 includes:

- ❖ Restricted Funds of £809,051 – mainly consisting of the freehold property and other tangible fixed assets of £809,995
- ❖ Unrestricted Funds of £148,065
- ❖ Designated Funds of £135,073

There are restrictions on the Freehold property in line with the grant funding for the extension.

The Trustees have a reserves and designated funds policy to cover:

- ❖ Reserves for between 3 and 6 months expenditure in light of the main risks of the organisation. In the current year we are running with three months reserves.
- ❖ A continuing programme of maintenance, repairs and regular servicing to ensure the building is well maintained and all statutory regulations are met.
- ❖ Contingencies for end of contractual term to meet legal employment obligations.

The Trustees receive monthly financial reports to ensure the financial viability of the project and grant budgets are on target. In the short term the Trustees have also considered the extent to which activities could be curtailed in the short term should such circumstances arise.

Risk Policy

The Trustees review risks on a regular cycle. Internal control risks are minimised by the implementation of policies and procedures to ensure compliance with accountancy procedures, employment law, health and safety, equality, diversity and inclusion. The policies are updated on a rolling programme to ensure they meet with the charities needs and compliance regulations.

Pension Liability

All pension funds are paid into either stakeholder policies or the auto enrolment pension fund. The assets of the scheme are held separately from those of the charity. The annual contributions payable are charged to the Statement of Financial activities.

Investment Policy

There is funding towards the Contingencies for end of contractual term held in a charitable bond which is renewable every March.

Aside from retaining a prudent amount in reserves most of the charity's funds are spent to meet the organisations objectives.

WOMEN'S HEALTH IN SOUTH TYNESIDE

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2018

The principal funders for this Financial Year are the

- ❖ Big Lottery Fund
- ❖ South Tyneside Adult Service
- ❖ Northumberland Police and Crime Commissioners
- ❖ The Wise Group

Supporting the key objectives

- ❖ The funding from the Big Lottery Fund and South Tyneside Adult Service has paid towards staff salaries and the organisation overheads enabling the project to provide services and support the users.
- ❖ The funding from South Tyneside Business and Employment Services has enabled us to provide personal development courses
- ❖ All funding is used to provide support services for the beneficiaries and to cover the organisation overheads.
- ❖ Northumberland Police and Crime Commissioners re: staff salaries for Domestic Violence work.
- ❖ Wise Group: for Employment Coaching Support.

Fundraising

The volunteers and members raised funds from raffles, sales fairs, coffee bar provision and donations.

RESPONSIBILITIES OF THE TRUSTEES

The trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

RESPONSIBILITIES OF THE TRUSTEES

In preparing the financial statements the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the charities SORP 2015 (FRS 102);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2018

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking responsible steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER

A resolution to re-appoint Claire Miller of Debére Limited as independent examiner for the ensuring year will be proposed at the Annual General Meeting.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

Signed on behalf of the directors

Eva Allen
Chair



Approved by the Trustees on 11 September 2019

WOMEN'S HEALTH IN SOUTH TYNESIDE
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
WOMEN'S HEALTH IN SOUTH TYNESIDE
YEAR ENDED 31 MARCH 2019

I report on the accounts of Women's Health in South Tyneside for the year ended 31 March 2019, which are set out on pages 16 to 33.

Respective responsibilities of trustees and independent examiner

The charity's trustees (who are also the directors of Women's Health in South Tyneside for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 Act (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

(1) which give me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

WOMEN'S HEALTH IN SOUTH TYNESIDE

COMPANY LIMITED BY GUARANTEE

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WOMEN'S HEALTH IN SOUTH
TYNESIDE *(continued)***

YEAR ENDED 31 MARCH 2019

have not been met or;

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Claire Miller BA (Hons) FCA
Independent Examiner

Debere Limited

ON BEHALF OF DEBÉRE LIMITED
Chartered Accountants
Swallow House
Parsons Road
Washington
Tyne and Wear
NE37 1EZ

Date: 11 September 2019

WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME STATEMENT)
YEAR ENDED 31 MARCH 2019

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2019 £	Total Funds 2018 £
Income and endowments					
Donations and legacies:					
Donations and legacies	4	6,950	3,470	10,420	8,661
Charitable activities	5	5,057	5,569	10,626	14,768
Investment income	6	445	—	445	249
Other trading activities	7	<u>14,286</u>	<u>240,751</u>	<u>255,037</u>	<u>253,311</u>
Total income		<u>26,738</u>	<u>249,790</u>	<u>276,528</u>	<u>276,989</u>
Expenditure on:					
Charitable activities		<u>41,508</u>	<u>338,162</u>	<u>379,670</u>	<u>353,850</u>
Total expenditure	8	<u>41,508</u>	<u>338,162</u>	<u>379,670</u>	<u>353,850</u>
Net income/(expenditure)	10	(14,770)	(88,372)	(103,142)	(76,861)
Transfer between funds		(4,194)	4,194	—	—
Balances brought forward		<u>302,102</u>	<u>893,229</u>	<u>1,195,331</u>	<u>1,272,192</u>
Balances carried forward		<u>283,138</u>	<u>809,051</u>	<u>1,092,189</u>	<u>1,195,331</u>

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 18 to 33 form part of these financial statements

WOMEN'S HEALTH IN SOUTH TYNESIDE

COMPANY LIMITED BY GUARANTEE

Registered Number 06175697

STATEMENT OF FINANCIAL POSITION

31 MARCH 2019

	Note	2019 £	2019 £	2018 £	2018 £
Fixed assets					
Tangible assets	11		859,955		893,334
Current assets					
Debtors	12	7,870		10,596	
Cash at bank and in hand <i>(includes unrestricted cash at bank and in hand of £17,882 and restricted/designated cash at bank and in hand of £230,582)</i>		<u>248,464</u>		<u>305,577</u>	
		256,334		316,173	
Creditors: amounts falling due within one year	13	<u>(24,100)</u>		<u>(14,176)</u>	
NET CURRENT ASSETS			<u>232,234</u>		<u>301,997</u>
NET ASSETS			1,092,189		1,195,331
FUNDS					
Restricted income funds	14		809,051		893,229
Unrestricted income funds:					
Designated funds	15		135,073		153,867
General unrestricted funds	15		<u>148,065</u>		<u>148,235</u>
TOTAL FUNDS	16		1,092,189		1,195,331

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)).

For the year ending 31 March 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors/trustees responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors/trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements were approved by the members of the committee and authorised for issue on 11 September 2019 and are signed on their behalf by:

Eva Allen – Chair



The notes on pages 18 to 33 form part of these financial statements

WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019

1 General information

The charity is a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Salus House, Mile End Road, South Shields, Tyne and Wear, NE33 1TA.

2 Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3 Accounting policies

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the levels of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Cash flow exemption

The charity has elected to adopt the exemption from preparing a cash flow statement on the grounds that the charity qualifies as a small charity.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

**WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019**

3 Accounting policies *(continued)*

Incoming resources

Voluntary income includes donations and their associated tax claims, subscriptions (as these are voluntary) and grants that provide core funding or are of a general nature. Voluntary income is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when the donor specifies that the grant or donation relates to future accounting periods.

Other income from charitable activities is recognised as earned, as the related services are provided. Grant income included in this category provides funding to support the charitable activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Grant income

Revenue grants are credited to incoming resources on the earlier date of when they are received or when they are receivable, unless they relate to a specific future period, in which case they are deferred.

Capital grants are credited to income when received and form a restricted fund, which will be transferred to unrestricted funds in line with the depreciation on the grant-funded assets. This treatment accords with the requirements of the Charity SORP but not that of Statement of Standard Accounting Practice No 4 "Accounting for Government Grants".

Interest receivable

Interest is recognised on a receivable basis.

Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of VAT. They include:

- (i) Charitable activities include all costs relating to activities where the primary aim is part of the objects of the charity along with the indirect costs. All of the direct costs have been included within this cost heading. The indirect costs, i.e. support costs include central functions and have been allocated to activity cost categories based on room availability.
- (ii) Cost of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.
- (iii) Governance costs include those incurred in the governance of its assets and are primarily associated with constitutional and statutory requirements.

Staff costs and overhead expenses

Staff costs and overhead expenses are allocated to activities on the basis of staff time spent on these activities.

**WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019**

3 Accounting policies (continued)

Support cost allocation

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs and administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity.

Pension costs

The charity provides a defined contribution scheme for employees. The assets of the scheme are held separately from those of the charity. The annual contributions payable are charged to the Statement of Financial Activities.

Tangible fixed assets and depreciation

Tangible fixed assets are included in the balance sheet at cost or at market value at the date of the acquisition. Tangible fixed assets costing more than £500 are capitalised and included at cost.

Depreciation is calculated so as to write off an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Freehold	– 2% straight line
Equipment	– 25% straight line
Database development	– 33.33% straight line

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement after allowing for any trade discounts due.

WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019

3 Accounting policies (continued)

Funds

The funds held by charity are either:

- Unrestricted general funds – these are funds which are available for use at the discretion of the directors in furtherance of the general objectives of the Charity and which have not been designated for other purposes; or
- Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Funds are held as restricted funds until such time as the purposes for which the funds were received have been fulfilled, at which time they are transferred to general funds; or
- Designated funds are unrestricted funds earmarked by the trustees for particular purposes. In the year ended 31 March 2019 designated funds relate to the building fund (i.e. on-going maintenance of the building), a general reserve (i.e. to retain a minimum of three months reserves) and the redundancy fund.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

4 Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total funds 2019 £	Total funds 2018 £
Donations	5,791	–	5,791	5,682
Subscriptions	1,159	–	1,159	1,039
Gifts in kind	<u>–</u>	<u>3,470</u>	<u>3,470</u>	<u>1,940</u>
	<u>6,950</u>	<u>3,470</u>	<u>10,420</u>	<u>8,661</u>

**WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
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5 Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total funds 2019 £	<i>Total funds 2018 £</i>
Fundraising events	1,886	—	1,886	1,632
Room hire	2,835	5,569	8,404	12,950
Volunteer Therapists	66	—	66	186
Unfunded classes	<u>270</u>	<u>—</u>	<u>270</u>	<u>—</u>
	<u>5,057</u>	<u>5,569</u>	<u>10,626</u>	<u>14,768</u>

6 Investment income

	Unrestricted Funds £	Restricted Funds £	Total funds 2019 £	<i>Total funds 2018 £</i>
Bank interest receivable	<u>445</u>	<u>—</u>	<u>445</u>	<u>249</u>

**WOMEN'S HEALTH IN SOUTH TYNESIDE
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7 Other trading activities

	Unrestricted Funds £	Restricted Funds £	Total funds 2019 £	<i>Total funds 2018 £</i>
STC – Chief Executive Officer	–	32,912	32,912	32,912
Coffee bar sales	2,114	–	2,114	3,060
Breakfast club income	1,031	–	1,031	1,058
Drop-in sales	6,252	–	6,252	4,889
Miscellaneous income	4,889	31	4,920	2,528
Big Lottery Fund – Wise Group	–	40,555	40,555	31,992
Business Education Skills	–	8,645	8,645	13,765
Community Foundation Women's Fund	–	–	–	3,000
Willan Charitable Trust	–	4,800	4,800	–
Northumbria University	–	–	–	2,850
Community Fund – Winter Family	–	3,000	3,000	–
Northumbria Police and Crime Commissioner	–	42,578	42,578	40,000
Coalfields – courses and equipment	–	–	–	3,740
Big Lottery Fund – volunteers, admin, crèche	–	108,178	108,178	97,793
Changing Lives	–	5,116	5,116	5,030
The Hadrian Trust	–	–	–	1,000
NHS Focus Group Work	–	–	–	600
Disc grant	–	(5,064)	(5,064)	4,194
Santander	–	–	–	4,900
	<u>14,286</u>	<u>240,751</u>	<u>255,037</u>	<u>253,311</u>

**WOMEN'S HEALTH IN SOUTH TYNESIDE
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8 Total resources expended Costs of charitable activities

	Staff Costs £	Direct Costs £	Depre- ciation £	Support Costs £	Total Funds 2019 £	Total Funds 2018 £
Charitable activities:						
Crèche	51,255	2,130	6,708	10,184	70,277	65,968
Coffee shop	51,255	1,401	6,708	14,826	74,190	69,689
Studio	51,255	12,977	6,708	10,184	81,124	78,269
Counselling	51,256	2,257	6,708	10,184	70,405	67,009
Seminars	51,256	9,537	6,707	10,184	77,684	68,515
Gifts in kind	—	—	—	3,470	3,470	1,940
Governance costs	—	—	—	2,520	2,520	2,460
	<u>256,277</u>	<u>28,302</u>	<u>33,539</u>	<u>61,552</u>	<u>379,670</u>	<u>353,850</u>

Support costs have been allocated across activities on the basis of room usage. These include costs associated with providing accommodation, finance, personal and other central activities to the charity's clients.

9 Staff numbers and emoluments

The aggregate payroll costs were:

	2019 £	2018 £
Wages and salaries	221,891	188,867
Social security costs	11,331	10,893
Other pension costs	<u>23,055</u>	<u>26,535</u>
	<u>256,277</u>	<u>226,295</u>

Particular of employees

The average number employees during the year, calculated on the basis of full time equivalents, was as follows:

	2019 £	2018 £
Number of management and administration staff	6	6
Number of staff	<u>2</u>	<u>2</u>
	<u>8</u>	<u>8</u>

No employee received emoluments of more than £60,000 during the year (2018: £60,000 - none).

The total remuneration and benefits paid to key management amounted to £50,972 (2018: £59,374).

No (2018: two) trustee received reimbursement of expenses for their role as a volunteer. The amount claimed was £Nil (2018: £30). Trustee/volunteer indemnity insurance has been provided by the charity at a cost of approximately £550 (2018: £550).

**WOMEN'S HEALTH IN SOUTH TYNESIDE
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10 Net movements in funds

Net movement in funds is stated after charging:

	2019	2018
	£	£
Accountancy and Independent Examination	2,520	2,460
Depreciation	<u>33,539</u>	<u>36,262</u>

11 Tangible fixed assets

	Database Development £	Freehold Property £	Equipment £	Total £
Cost				
At 1 April 2018	10,260	1,126,792	79,031	1,216,083
Additions	—	—	160	160
Disposals	<u>—</u>	<u>—</u>	<u>(35,788)</u>	<u>(35,788)</u>
At 31 March 2019	<u>10,260</u>	<u>1,126,792</u>	<u>43,403</u>	<u>1,180,455</u>
Depreciation				
At 1 April 2018	4,151	247,699	70,899	322,749
Charge for the year	3,417	22,536	7,586	33,539
Disposals	<u>—</u>	<u>—</u>	<u>(35,788)</u>	<u>(35,788)</u>
At 31 March 2019	<u>7,568</u>	<u>270,235</u>	<u>42,697</u>	<u>320,500</u>
Net book value				
At 31 March 2019	<u>2,692</u>	<u>856,557</u>	<u>706</u>	<u>859,955</u>
At 31 March 2018	<u>6,109</u>	<u>879,093</u>	<u>8,132</u>	<u>893,334</u>

**WOMEN'S HEALTH IN SOUTH TYNESIDE
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12 Debtors

	2019	2018
	£	£
Trade debtors	22	3,990
Prepayments and accrued income	<u>7,848</u>	<u>6,606</u>
	<u>7,870</u>	<u>10,596</u>

13 Creditors: amounts falling due within one year

	2019	2018
	£	£
Trade creditors	3,854	4,133
Taxation and social security	2,930	3,275
Other creditors	795	1,528
Accruals	<u>16,521</u>	<u>5,240</u>
	<u>24,100</u>	<u>14,176</u>

14 Restricted funds

	<i>Balance at 1 Apr 2018</i>	Movement in resources:			Balance At 31 Mar 2019
	£	Incoming £	Outgoing £	Transfers £	£
Freehold property ***	793,720	—	(23,791)	—	769,929
South Tyneside Business Skills and Employment	57,919	8,645	(62,091)	—	4,473
Coalfields Regeneration Trust	—	—	(346)	346	—
Changing Lives	6,260	5,116	(2,250)	—	9,126
Willan Charitable Trust	—	4,800	—	—	4,800
STC – Chief Executive Officer	729	32,912	(31,132)	—	2,509
Disc – Grant	5,064	(5,064)	—	—	—
WEA	—	5,600	(4,899)	—	701
Garfield Weston **	3,294	—	(70)	—	3,224
Community Foundation – IT equip **	621	—	(621)	—	—
Community Foundation Women's Fund	—	—	(930)	930	—
Better u Health	—	—	(2,777)	2,777	—
Big Lottery Fund – volunteers, admin, crèche	—	108,178	(105,482)	—	2,696
Community Foundation	—	—	(141)	141	—
Cloth Workers Fund **	6,084	—	(550)	—	5,534
Community Foundation – Business Training	—	3,000	—	—	3,000

WOMEN'S HEALTH IN SOUTH TYNESIDE
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14 Restricted funds (continued)

	Movement in resources:				
	<i>Balance at 1 Apr 2018 £</i>	<i>Incoming £</i>	<i>Outgoing £</i>	<i>Transfers £</i>	<i>Balance At 31 Mar 2019 £</i>
WM Webster Extension costs **	167	–	(167)	–	–
Northumbria Police and Crime Commissioner	–	42,578	(42,211)	–	367
BLF Building Capacity, Database	6,109	–	(3,417)	–	2,692
Wise Group BBO	9,205	40,555	(49,760)	–	–
Cultural Spring	477	–	(477)	–	–
Gifts in Kind	–	3,470	(3,470)	–	–
Santander	3,580	–	(3,580)	–	–
	<u>893,229</u>	<u>249,790</u>	<u>(338,162)</u>	<u>4,194</u>	<u>809,051</u>

2018 comparatives

	Movement in resources:				
	<i>Balance at 1 Apr 2017 £</i>	<i>Incoming £</i>	<i>Outgoing £</i>	<i>Transfers £</i>	<i>Balance At 31 Mar 2018 £</i>
Freehold property ***	818,861	–	(25,141)	–	793,720
South Tyneside Business Skills and Employment	73,265	13,766	(29,112)	–	57,919
Coalfields Regeneration Trust	1,993	3,739	(2,884)	(2,848)	–
Changing Lives	3,110	5,030	(1,880)	–	6,260
Heritage Lottery – Angelou – BAME Sisterhood project	2,851	–	(3,598)	747	–
STC – Chief Executive Officer	624	32,912	(32,807)	–	729
STCCG – Counselling	–	–	(3,838)	3,838	–
Disc – Grant	870	4,194	–	–	5,064
Heritage Lottery	–	–	500	(500)	–
Garfield Weston **	7,350	–	(4,056)	–	3,294
Community Foundation – IT equip **	1,540	–	(919)	–	621
Community Foundation Women's Fund	–	3,000	(792)	(2,208)	–
Better u Health	7,698	–	(2,188)	(5,510)	–
Big Lottery Fund – volunteers, admin, crèche	–	97,793	(99,600)	1,807	–
Community Foundation	–	–	(132)	132	–
Cloth Workers Fund **	6,720	–	(636)	–	6,084
STC – Children, adults and health	30,000	–	(30,232)	232	–
WM Webster Extension costs **	417	–	(250)	–	167
Northumbria Police and Crime Commissioner	–	40,000	(39,421)	(579)	–

**WOMEN'S HEALTH IN SOUTH TYNESIDE
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YEAR ENDED 31 MARCH 2019**

14 Restricted funds (continued)

2018 comparatives (continued)

	<i>Balance at 1 Apr 2017</i>	Movement in resources:			Balance At 31 Mar 2018
		Incoming	Outgoing	Transfers	
BLF Building Capacity, Database	9,637	–	(3,417)	(111)	6,109
Wise Group BBO	7,009	31,992	(29,796)	–	9,205
Big Lottery fund – Celebration Fund	–	–	80	(80)	–
Cultural Spring	–	1,400	(923)	–	477
Gifts in Kind	–	1,940	(1,940)	–	–
Santander	–	4,900	(1,320)	–	3,580
	<u>971,945</u>	<u>240,666</u>	<u>(314,302)</u>	<u>(5,080)</u>	<u>893,229</u>

** Capital funds (i.e. where the assets have been capitalised and the depreciation is charged against these balances).

*** The balance brought forward combines freehold property, Big Lottery Fund – Extension and Big Lottery Fund – Grant for Extension balances taken from the 2015 financial statements.

Sufficient funds are held in an appropriate form to enable each fund to be applied in accordance with any restrictions placed on it.

South Tyneside Business Skills and Employment

This represents funding towards the cost of tutors, administration and building costs to provide courses and exercise.

South Tyneside Adult Services

Funding from South Tyneside Adult Services towards the Chief Executive Officer salary costs.

Coalfields Regeneration Trust

Funding received for courses.

Garfield Weston

Funding received towards the refurbishment of the kitchen. This fund is being reduced each year by the depreciation charge. The capital balance carried forward is £3,224.

Community Foundation Women's Fund

Funding received for courses.

Community Foundation – Business Training

Funding received for running a level 1 enterprise course to develop business skills, grow ideas and increase confidence and well-being.

**WOMEN'S HEALTH IN SOUTH TYNESIDE
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14 Restricted funds (continued)

Big Lottery – volunteers, admin, crèche

Funding received to help towards salary and core costs.

Cloth Workers Fund

Funding received towards the refurbishment of the kitchen. This fund is being reduced each year by the depreciation charge. The capital balance carried forward is £5,534 (property balance is £5,534; equipment balance is £nil).

Community Foundation – IT equip

Funding received towards IT equipment. The capital balance carried forward is £nil.

WM Webster Extension costs

Funding received towards the extension costs. This fund is being reduced each year by the depreciation charge each year. The capital balance carried forward is £nil.

Northumbria Police and Crime Commissioner

Funding received towards work with Victims of Domestic Violence.

BLF Building Capacity, Database

Funding received for building capacity (database)

Changing Lives

Funding received towards partnership work to support the work of the NCRC to facilitate GPs work

Better u Health

Funding received towards activities and services to improve health.

Santander

To fund a six-week course and support group, to support women with mental ill health to build confidence and overcome barriers to progression. To pay for tutor costs and towards overhead fees.

STC – Children, adults & health

Funding received towards the service provision.

Disc – grant

Partnership agreement with the European Social Fund co-funded initiative with the Big Lottery Fund, the aim of tackling poverty, promoting social inclusion and supporting people in the area to secure long term employment. Monies received during the year were repaid as the project could not be delivered.

Wise Group BBO

Partnership agreement with the European Social Fund co-funded initiative with the Big Lottery Fund to provide and Employment Coach to identify referrals, provide coaching and wrap around support, provide employability support when appropriate and signposting to wider wrap around support from within the wider partnership and within mainstream services.

**WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2019

14 Restricted funds (continued)

Cultural Spring

Women will be given the opportunity to try different aspects of creativity from photography to design and planning. Benefits include increased skills and confidence in the volunteer team who are organising the activity and also in the women attending. The course will encourage peer support with mental health and help isolated women to make connections with other learners. Women will be motivated to progress onto further learning including art courses. Taking part in the course will help women realise that they can try new things and be successful.

The fund helps to pay for Artists Fees, materials, travel costs and towards overheads.

Willan Charitable Trust

Funding received for teacher training.

WEA

Funding received to pay for course costs for venue and training materials.

Gifts in Kind

Gifts in kind includes HR advice and support, some counselling and food for buffets.

15 Unrestricted funds

	<i>Balance at 1 Apr 2018 £</i>	Incoming £	Outgoing £	Transfers £	Balance At 31 Mar 2019 £
<i>Designated funds:</i>					
Building Maintenance and Repair	9,707	–	–	–	9,707
Reserves	79,000	–	–	866	79,866
Contingencies for end of contractual term	<u>65,160</u>	–	<u>(18,794)</u>	<u>(866)</u>	<u>45,500</u>
Total designated funds	153,867	–	(18,794)	–	135,073
<i>General funds</i>	<u>148,235</u>	<u>26,738</u>	<u>(22,714)</u>	<u>(4,194)</u>	<u>148,065</u>
	<u>302,102</u>	<u>26,738</u>	<u>(41,508)</u>	<u>(4,194)</u>	<u>283,138</u>

**WOMEN'S HEALTH IN SOUTH TYNESIDE
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15 Unrestricted funds (continued)

2018 comparatives

	<i>Balance at 1 Apr 2017 £</i>	Incoming £	Outgoing £	Transfers £	Balance At 31 Mar 2018 £
<i>Designated funds:</i>					
Building Maintenance and Repair	18,604	—	(4,905)	(3,992)	9,707
Reserves	69,000	—	—	10,000	79,000
Contingencies for end of contractual term	<u>52,199</u>	<u>—</u>	<u>—</u>	<u>12,961</u>	<u>65,160</u>
Total designated funds	139,803	—	(4,905)	18,969	153,867
<i>General funds</i>	<u>160,444</u>	<u>36,323</u>	<u>(34,643)</u>	<u>(13,889)</u>	<u>148,235</u>
	<u>300,247</u>	<u>36,323</u>	<u>(39,548)</u>	<u>5,080</u>	<u>302,102</u>

The Committee feel it is prudent to hold some designated funding for the enhancement and continuation of the services and the upkeep of the building.

Building Maintenance and Repair

Funding set aside to ensure that the building complies with all legal and health and safety legislation and is repaired and maintained to a reasonable standard. Maintaining the asset is part of the agreement for the building extension grant from the Big Lottery Fund.

Reserves

A minimum of three months reserves have been set aside to enable the Charity to fulfil all of its legal obligations.

Contingencies for end of contractual term

Due to current economic climate the decision has been taken to hold sufficient funding to meet its contractual liabilities, safeguarding the ability of the charity to meet its objectives.

**WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
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16 Analysis of net assets between funds

	Tangible Fixed Assets £	Net Current Assets £	Total £
Restricted funds			
Freehold Property	769,929	–	769,929
South Tyneside Business Skills and Employment	–	4,473	4,473
Changing Lives	–	9,126	9,126
Garfield Weston	3,224	–	3,224
Community Foundation – Administration	–	3,000	3,000
Cloth Workers Fund	5,534	–	5,534
Northumbria Police – Crime Commissioner	–	367	367
BLF Building Capacity, Database	2,692	–	2,692
STC – Chief Executive Officer	–	2,509	2,509
BLF – Volunteers, admin and creche	–	2,696	2,696
WEA	–	701	701
Willan Charitable Trust	<u>–</u>	<u>4,800</u>	<u>4,800</u>
	781,379	27,672	809,051
Designated funds:			
Building maintenance and repair	–	9,707	9,707
Reserves	–	79,866	79,866
Contingencies for end of contractual term	–	45,500	45,500
General unrestricted funds	<u>78,576</u>	<u>69,489</u>	<u>148,065</u>
Total funds	<u>859,955</u>	<u>232,234</u>	<u>1,092,189</u>

17 Future Sustainability

We will continue to apply for grant funding to provide a sustainable range of services to support the women in South Tyneside. The extension will enable us to drive forward new initiatives and develop our partnership work.

We have a large asset in the building which we operate from and this is shown in the accounts. The asset has significant restrictions imposed by the Big Lottery Fund for the next 6 years under the terms and conditions of the grant awarded. This appears that the charity is richer on paper than we are in real life.

**WOMEN'S HEALTH IN SOUTH TYNESIDE
COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019**

18 Related party transactions

There have been no related party transactions during the year.

19 Company limited by guarantee

The company is limited by guarantee and has no share capital. In the event of a winding up, every member undertakes to contribute such an amount as may be required for the payment of liabilities not exceeding a total of £1 each.