

REGISTERED COMPANY NUMBER: 03596496 (England and Wales)
REGISTERED CHARITY NUMBER: 1073963

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2019
FOR
LIFELONG FAMILY LINKS

Leroy Reid & Co
Chartered Certified Accountants
and Registered Auditors
299 Northborough Road
Norbury
London
SW16 4TR

LIFELONG FAMILY LINKS
CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2019

	Page
Reference and administrative details	1
Report of the trustees	2 to 7
Independent examiner's report	8
Statement of financial activities	9
Statement of financial position	10
Statement of cash flows	11
Notes to the financial statements	12 to 19
Detailed statement of financial activities	20 to 21

LIFELONG FAMILY LINKS
REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31ST MARCH 2019

TRUSTEES

Ms Natasha Cheryl Blake
Mrs June Douglas
Ms Jacqueline Johnson
Ms Ehi Ethel Odia
Ms Sandra Nyamekye Yamoah

REGISTERED OFFICE

Laburnum Court
1 Barstow Crescent
Palace Road
SW2 3NS

REGISTERED COMPANY NUMBER 03596496 (England and Wales)

REGISTERED CHARITY NUMBER 1073963

INDEPENDENT EXAMINER

Leroy Reid & Co
Chartered Certified Accountants
and Registered Auditors
299 Northborough Road
Norbury
London
SW16 4TR

LIFELONG FAMILY LINKS
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our objectives are:

- (i) To develop and deliver a range of services which complement and/or supplement those provided by statutory and other support agencies, and to work towards ensuring that current statutory and non-statutory services respond to legislative changes and evidence based on good practice.
- (ii) To participate in a range of local partnerships to share information, good practice and resources to enable the development of responsive services with change over time as children's and adult's needs and wishes change.
- (iii) To provide a range of accessible and relevant information and advice about a wide range of issues important to children and adults with learning disabilities and their carer.
- (iv) To support people with learning disabilities to be at the centre of planning and help ensure that family members and friends are partners in planning, and to involve as many agencies and individuals as is necessary to improve the lives of children and adults with learning disabilities.

Our Aims

Lifelong Family Link will work in partnership with children/young people and adult with a learning disability, their carer, relatives and community based service providers to develop Flexible services within the community.

We will work to ensure that the views of children and adults with a learning disability remain at the heart of our work and at the heart of the work of others.

We will do this by remaining financially strong and by recruiting, retaining and developing excellent staff and strong leadership.

Our values

We believe that everyone is entitled to an active and fulfilling existence, full human and civil rights and to feel valued as a member of the community.

We seek to reduce the disadvantage and discrimination experience by children and adults with learning disability.

We support user empowerment and the development of services that are responsive to users needs and wishes.

We recognise that family and friends of children and adults with learning disabilities may experience disadvantage and discrimination as a result of their caring and responsibilities. We seek to support them in their role and not disadvantage them further by our work.

LIFELONG FAMILY LINKS
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019

STRATEGIC REPORT

Achievement and performance

Charitable activities

The charity has now been operating under the name Lifelong Family Links for about seven years, making it 37 years the charity has been delivering services to disabled children and young people. The Charity has several projects in L.B Lambeth and two projects in L.B Southwark which ended on 31 st March 2019.

The charity has also been operating, the LFL Children Contact Centre (LFLCCC) which started in January 2015. We have applied for The National Association Children Contact centre (NACCC) accreditation for supported and supervised contact and have received it In September 2018. We have 11 families currently accessing the services. The aim is to develop the service to a very high standard.

Lifelong Family Links is still delivering After School Club sessions, four days per week. Mondays Trampolining funded by Sport England, Tuesday independent skill group (funded by short breaks), Wednesday Football Coach and Sensory Activities along with healthy cooking and eating sessions. Saturday Clubs and Friday Youth club, Holiday Playschemes, and activities that encompass a health and wellbeing theme, such as gardening, cycling, Martial art, wall climbing, Drama & Dance, multi-sports along with, 1:1 linking/specialist services, which has vastly increase in 2019.

The Southwark Befriending Project, along with the Health and Well-being support Project to elderly adults and adults with learning difficulties in LB Southwark. The funding ended in March 2019. The project has not grown in the last year, but we predict lots of improvements as Southwark are re-strategising ways of delivering services in Southwark. LFL has been part of these support forum and working party.

LFL is hoping to work with a number of different partners in the coming year amongst which, are Walcot consultant, Lambeth Children and Adolescent Mental Health Services (CAMHS), The Lambeth Multi-Agency Team (MAT), Family and Children's Services -Royal Borough of Kensington & Chelsea, Wandsworth Borough Social Services, Fulham social services, Lambeth Short Break Team, CAFCASS, Mary Sheridan Centre for Child Health, Lloyds Employment Law Consultancy and NACCC.

LFL has been recognised for delivering quality and much needed short break services. The specialised care services are targeted to a much more challenging group of children and young people with behavioural difficulties, communication needs, including mental health and social exclusion. The projects offer a range of activities to stimulate disabled children and young people and encourage their social and emotional development not only by participating in activities specifically designed for CYP with ASD disabilities but also by promoting integration and socialisation with peers in universal settings in a safe, nurturing, supportive environment. Moreover, we are working on outcomes that will develop emotional resilience and help them feel more positive about themselves.

New staff, volunteers and trustees are put through an induction programme to support them in their roles. Training is also provided both face to face and online. These cover areas such as (Paediatric First Aid, Moving and Handling, Food Hygiene, Autism awareness, dealing challenging behaviours, Fire Prevention, Health & Safety, Safeguarding, Safe administering of Medicine, Makaton and Midas) and regular supervision, along with DBS (Disclosure and Barring Service) checks through an online system. We also require all staff to have two references. These checks are to protect our venerable adults and young people. More senior staff are offered leadership training and NVQ level 3 in social care.

All policies and procedures are updated annually.

The management committee considers that the performance of the charity for 2018/19 has been most acceptable and a vast improvement from previous years. However, the charity would not be able to provide such a wide range of services to its stakeholders without the support of the staff and volunteers and its very committed Director, Deputy Manager and Trustees. Because of their leadership and dedication, the organisation is much more stable in 2019 when compared to the same period in 2018..

Lifelong Family Links is still working with a lower level of office staff than is needed to run the charity due to the funding situation. Funding from Short Breaks comes to an end on March 2018, and the funding is based on young people attending the projects. However the funding was extended to March 2020.

Lifelong Family Links have four full- time, office staff and two volunteers and a pool of 12 - 15 support/playworkers. They have been changes to the staffing, and we have a much stable group of staff team.

LIFELONG FAMILY LINKS
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019

STRATEGIC REPORT

Achievement and performance

Charitable activities

1:1 Linking

Lifelong Family Links provides 1-1 support services to 49 young people, who are either on Direct Payment or Lambeth Children with Disabilities on a spot purchase order, which we refer to as 'Core' funding. We are aware there are many families who prefer this service and potentially are on the waiting list. We have proved through our performance that we can deliver changes in our services, challenging behaviours.

Playschemes

Lifelong Family Links continues to provide out of School Activities for young people with special needs within the borough. Holiday Playschemes are one of the most requested short break services that we provide. The Playscheme has a structured day with on-site activities like drama, sensory play, healthy cooking. Multi-sport Off-site activities such as trips to the seaside, Hewitt's farm in Kent, football sessions, wall climbing, cycling are also offered. The attendance has increased to 15-21 children per day overall projects. YLC had for the last two year funded part of our play scheme. This has been a great help, as it has enabled us to deliver a better project and offer more activities for young people.

Family Referrals

Referrals come from social workers in the Mat team, Early intervention, Children with disabilities team other charitable organisations and self-referrals. Within a week, we are contracted to respond to all referrals where an initial assessment is carried out, and families are registered with LFL to have access to the services we provide. We are in the process of restructuring our charges/fees for the new financial year, 2019/20.

Family Outings

LFL provides families outings mainly during the School Holiday period. Families and their children had the opportunity to visit Southend -On-Sea for the day. This outing was well received, and we tend to be oversubscribed.

After School Club

The charity runs After School Club sessions which offers 12 hours of respite per week for parents, over four days, Monday to Thursday during term time. There is a transport service to drop the children home after the sessions, which has proved to be in demand. The transport service was introduced for a small number of children in local mainstream schools who were not provided with SEN Transport. The ASC provides healthy eating, rambling, multi-sports, and sensory play.

Swimming Club

The weekly swimming activity has been very popular, and we continue to receive funding from BBC Children in Need. It is a 39-week programme running for two hours, which provided our young people with the opportunity to learn to swim the funding also pays for a swim coach for each session. Each swimmer was awarded a certificate after completing a number swimming sessions. We now have several young people that have achieved level 6 in swimming.

Allotment Visits

The allotment project has not been that popular this year. The young people have learnt to plant seeds, water, and cultivate plants and learn about the benefits of healthy eating and enjoying the cooking sessions in the Afterschool sessions and Saturday club sessions.

Cycling Club

The Cycling club was part of the after school club session but come to an end in this financial year because of funding. We have now introduced it to the Playscheme and it runs for 1 hour each session. It has proven to be very successful, and there is a great demand for this activity. A number of our young people have graduated from 3 wheel bicycles to 2 wheel bicycles, and they enjoy the activity.

Life Skills

We will work with 45 young people over three years. Each student will have an interview, and if the project is mutually judged to be suitable, a personalised learning plan will be developed with the full participation of the young person. An induction path will then be mapped out to guide them during the project. Learning plans will be developed with consideration to the young person's interests and abilities.

LIFELONG FAMILY LINKS
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019

STRATEGIC REPORT

Achievement and performance

Charitable activities

Participants will follow a personal development programme accredited by ASDAN, a charitable curriculum development and awarding organisation offering a range of nationally approved qualifications. LFL had successfully run ASDAN accredited courses before and achieved a 100% pass rate. The project's customised ASDAN programme has been specifically developed to support the skills needed for a successful transition to adulthood and independent living.

Southwark

LFL has been delivering services in Southwark from April 2012, and the funding is due to end on March 2019. The Council has extended the contract. The funding is for Wellbeing planning project and a Befriending and Social Interaction project.

The project has been empowering adults with disabilities and learning disabilities to make life choices that lead to healthy and fulfilling lives and also provide staff (paid and volunteers) recruited from the local community to work as befrienders with disabled adults of all kinds, encouraging and supporting them in social interaction.

Funding

BBC Children in Need funding has been extended for two years from April 2018. The project has promoted a Healthier lifestyle through sports activities, for example swimming, football and cycling. We hope these programmes will improve both the children and young people in Lambeth and the adults in Southwark lifestyles, keeping them fit and active as well eating more fruits and vegetables in their diet.

Lifelong Family Links Children Contact Centre (LFLCCC)

LFL Children Contact Centre was set up in January 2015 to provide a safe, comfortable, friendly and neutral environment for parents and children who live apart to spend time together. Access to the Centre is by a referral that can be made by a parent, solicitor, courts, family mediator, social worker, CAFCASS officer and family support worker. Both parties on referral form are separately assessed before contact commences. Our services include Supported Contact, Supervised Contact and Handing Over / Pick Up and Drop Off (PUDO). The cost of the contact area as follows, One-off Administration Fee - £35

Supported Contact - £20 per hour; Supervised Contact - £65 per hour and Handing Overs - £20 per session.

We currently have three staff including one volunteer. The Supported Contact service is covered by two staff during the Supervised Contact by staff and also the input from the Director. Currently, we have 14 active families using the centre providing a safe, neutral and comfortable place for children to see their non-resident parent or family, these sessions are supported, but where a child is risk assessed and if found to be at risk, this requires a supervisor to observe and record contact sessions. We also assist in building and sustaining positive relationship between a child and members of their non-resident family to ensure the physical safety and emotional well-being of the families. I have increased our numbers mainly due to referrals from our neighbouring borough of Wandsworth.

Financial review

Principal funding sources

During the financial year, LFL has successfully secured funding from various sources;

- (a) The Young Lambeth Cooperative (YLC)
- (b) Lambeth Short Breaks (ends 2019)
- (c) Southwark council (ends in March 2019)
- (d) BBC Children In Need (ends in October 2018)
- (e) Walcott Foundation
- (f) LFL Children Contact Centre
- (g) St Walter St John
- (h) CAFCASS
- (i) Aiming High
- (j) Axis Foundation
- (k) Baily Thomas
- (l) Lottery - awards for all, and reaching communities

LIFELONG FAMILY LINKS
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019

STRATEGIC REPORT

Financial review

Reserves policy

The Trustees have established a reserves policy to enable the charity to function effectively and meet its obligations in the event of a decline in our income or a major cost. Having considered the relevant risks of changes in income and expenditure, the trustees have determined that the appropriate level of reserves is in the range £200,000 to £300,000 would be reasonably adequate for a charity of our size.

Future plans

What we shall achieve in 2018 to 2020

a) Clear shared a vision of our future

We are conscious that LFL needs a clear shared vision of where it wants to be in five years' time, or there is a risk that we will focus on short-term challenges and pay insufficient attention to the long term sustainability of the business. Preparing this plan has involved Trustees, staff, young people, parents/carers, partners and other stakeholders and we are confident that we have identified a way forward that not only builds on existing expertise but tackles the emerging social agenda and the field of disabilities in general.

Our strategy therefore is to build on our expertise of working with young people who have a disability and have challenging behaviours and/or complex needs (Short break Projects) together with people with disabilities and/or mental health issues and are in need of a befriender (Southwark Project) and to focus more sharply on generating evidence required to demonstrate that we are meeting our outcomes. This will also assist us to meet the demands of payment by results. The Southwark Projects will continue for a further two year on the bases of a lead provider dealing with the seven organisations and the council dealing with one organisation as a pilot scheme. Funding levels remain the same during this period.

(b) Developing good working relationships

In addition, we need to develop good working relationships with local employers, in order to secure work placements for those young people who are nearly working ready, and with providers who will help young people to find jobs such as, Amicus Horizon, employment exchange, wheels for wellbeing, Oasis Venture, Sunshine Art, Active living Support, CWD and Southwark Works.

We also aim to form closer partnerships with other providers so that we can replicate the collaborative approach we have followed in Lambeth and Southwark to gain more contracts.

(c) Focus on marketing

There will be major changes in the way services are purchased and provided in the next five years. Personal health budgets will enable us to provide services to people who have not been referred by secondary/Lambeth or Southwark social care teams. This transition from a block contract to individual contracting needs to be handled carefully. Otherwise, it could destabilise the organisation.

Marketing our services need to be robust and ongoing. Ensuring we have a high profile in Lambeth and Southwark among purchasers, people in need of support and other providers are crucial and require using social media and the website effectively.

We have managed to secure several new contracts, YLC, (playscheme), Walcot Foundation for three years, Baily Thomas 1 year Short break services for two years, and Southwark for further one year.

The organisation is looking extremely good. The hall, toilets and rooms have been redecorated, new furniture and new play equipment. We have had a full cleanout and made ready for the forthcoming challenges the organisation will face in the coming years.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

LIFELONG FAMILY LINKS

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2019

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

The organisation is a charitable company limited by guarantee, incorporated on 10th July 1998 and registered as a charity on 15th February 1999. The company was established under a memorandum of Association which established the objects and power of the charitable company and is governed under its Articles of Association. In event of the company being wound up members are required to contribute an amount not exceeding £10.

The company changed their name from Lambeth Family Link to Lifelong Family Link on 3rd December 2012.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The supervised centre is also has the input of the Director. Currently we have 14 active families using the centre providing a safe, neutral and comfortable place for children to see their non-resident parent or family, these sessions are supported but where a child is risk assessed and if found to be at risk, this requires a supervisor to observe and record contact sessions. We also assist in building and sustaining positive relationship between a child and members of their non-resident family to ensure the physical safety and emotional well-being of the families. I have increase our numbers mainly due to referrals from our neighbouring borough of Wandsworth.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 1st Oct 2019 and signed on the board's behalf by:



Ms Natasha Cheryl Blake - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
LIFELONG FAMILY LINKS**

Independent examiner's report to the trustees of Lifelong Family Links ('the Company')

We report to the charity trustees on our examination of the accounts of the Company for the year ended 31st March 2019.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied ourselves that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, we report in respect of our examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out our examination we have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. We can confirm that we are qualified to undertake the examination because we are a registered member of Association of Chartered Certified Accountants which is one of the listed bodies

We have completed our examination. We confirm that no matters have come to our attention in connection with the examination giving us cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Leroy Reid & Co

Ebenezer Okai BSc FCCA
Association of Chartered Certified Accountants
Leroy Reid & Co
Chartered Certified Accountants
and Registered Auditors
299 Northborough Road
Norbury
London
SW16 4TR

Date: 1/10/2019

LIFELONG FAMILY LINKS

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2019

		Unrestricted funds £	Restricted fund £	Total 2019 funds £	Total 2018 funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	1,414	-	1,414	21
Charitable activities	4				
Charitable activities		462,203	69,811	532,014	433,999
Investment income	3	228	-	228	64
Other income	5	<u>25,569</u>	<u>-</u>	<u>25,569</u>	<u>52,203</u>
Total		489,414	69,811	559,225	486,287
 EXPENDITURE ON					
Charitable activities	6				
Charitable activities		<u>369,392</u>	<u>-</u>	<u>369,392</u>	<u>313,786</u>
NET INCOME		120,022	69,811	189,833	172,501
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>362,754</u>	<u>-</u>	<u>362,754</u>	<u>190,253</u>
 TOTAL FUNDS CARRIED FORWARD		<u><u>482,776</u></u>	<u><u>69,811</u></u>	<u><u>552,587</u></u>	<u><u>362,754</u></u>

The notes form part of these financial statements

LIFELONG FAMILY LINKS
STATEMENT OF FINANCIAL POSITION
AT 31ST MARCH 2019

	Notes	2019 £	2018 £
FIXED ASSETS			
Tangible assets	12	27,463	18,280
CURRENT ASSETS			
Debtors	13	247,564	138,511
Cash at bank and in hand		<u>280,868</u>	<u>213,604</u>
		528,432	352,115
CREDITORS			
Amounts falling due within one year	14	(3,308)	(7,641)
NET CURRENT ASSETS		<u>525,124</u>	<u>344,474</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		552,587	362,754
NET ASSETS		<u>552,587</u>	<u>362,754</u>
FUNDS	16		
Unrestricted funds		482,776	362,754
Restricted funds		<u>69,811</u>	-
TOTAL FUNDS		<u>552,587</u>	<u>362,754</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees on 01-10-2019 and were signed on its behalf by:



Mrs June Douglas -Trustee

The notes form part of these financial statements

LIFELONG FAMILY LINKS
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31ST MARCH 2019

	Notes	2019 £	2018 £
Cash flows from operating activities:			
Cash generated from operations	18	<u>81,781</u>	<u>65,997</u>
Net cash provided by (used in) operating activities		<u>81,781</u>	<u>65,997</u>
Cash flows from investing activities:			
Purchase of tangible fixed assets		(14,745)	-
Interest received		<u>228</u>	<u>64</u>
Net cash provided by (used in) investing activities		<u>(14,517)</u>	<u>64</u>
		<u> </u>	<u> </u>
Change in cash and cash equivalents in the reporting period		<u>67,264</u>	<u>66,061</u>
Cash and cash equivalents at the beginning of the reporting period		<u>213,604</u>	<u>147,543</u>
Cash and cash equivalents at the end of the reporting period		<u><u>280,868</u></u>	<u><u>213,604</u></u>

The notes form part of these financial statements

LIFELONG FAMILY LINKS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2019

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

ALLOCATION AND APPORTIONMENT OF COSTS

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

LIFELONG FAMILY LINKS

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2019

2. DONATIONS AND LEGACIES

	2019	2018
	£	£
Donations	-	21
Grants	<u>1,414</u>	<u>-</u>
	<u>1,414</u>	<u>21</u>

Grants received, included in the above, are as follows:

	2019	2018
	£	£
Other grants	<u>1,414</u>	<u>-</u>

3. INVESTMENT INCOME

	2019	2018
	£	£
Deposit account interest	<u>228</u>	<u>64</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	2019 Charitable activities £	2018 Total activities £
Lambeth Council	363,961	333,258
Southwark Council	45,515	46,973
BBC Children in Need	14,349	28,280
Young Lambeth Co-op	15,000	15,000
Big Lottery Fund Awards for All	9,947	-
Bailey Thomas Charitable Trust	20,000	-
Sir Walter St John's Charity	22,170	-
Linking services (service users)	<u>41,072</u>	<u>10,488</u>
	<u>532,014</u>	<u>433,999</u>

5. OTHER INCOME

	2019	2018
	£	£
Other income	7,126	9,954
Lifelong Family Links Children Contact Centre	<u>18,443</u>	<u>42,249</u>
	<u>25,569</u>	<u>52,203</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 7) £	Support costs (See note 8) £	Totals £
Charitable activities	<u>281,908</u>	<u>87,484</u>	<u>369,392</u>

LIFELONG FAMILY LINKS

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2019

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2019	2018
	£	£
Staff costs	251,714	228,557
Sundries	-	827
Volunteers	9,199	4,693
Outing and refreshments	8,680	8,130
Staff welfare	1,195	375
Staff training	5,558	2,261
Depreciation	<u>5,562</u>	<u>4,837</u>
	<u>281,908</u>	<u>249,680</u>

8. SUPPORT COSTS

	Other	Governance costs	Totals
	£	£	£
Charitable activities	<u>84,176</u>	<u>3,308</u>	<u>87,484</u>

Support costs, included in the above, are as follows:

Other

	2019 Charitable activities	2018 Total activities
	£	£
Office rental and garage	17,614	11,892
Insurance	1,800	1,933
Telephone	5,853	5,663
Printing, postage and stationery	2,514	1,481
Database and IT support	2,040	2,423
Repairs and maintenance	2,174	817
Cleaning	2,016	2,016
Motor running cost	11,859	8,320
Membership and subscription	2,938	570
Legal and Professional	33,837	23,583
Advertising	567	572
Bank charges	88	102
Travel cost	<u>876</u>	<u>239</u>
	<u>84,176</u>	<u>59,611</u>

Governance costs

	2019 Charitable activities	2018 Total activities
	£	£
Auditors' remuneration	<u>3,308</u>	<u>4,495</u>

LIFELONG FAMILY LINKS

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2019

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2019	2018
	£	£
Examiner fees	3,308	3,308
Accountancy	-	1,187
Depreciation - owned assets	<u>5,562</u>	<u>4,837</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2019 nor for the year ended 31st March 2018.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31st March 2019 nor for the year ended 31st March 2018.

11. STAFF COSTS

	2019	2018
	£	£
Wages and salaries	231,926	215,546
Social security costs	18,215	12,364
Other pension costs	<u>1,573</u>	<u>647</u>
	<u>251,714</u>	<u>228,557</u>

The average monthly number of employees during the year was as follows:

	2019	2018
Admin and centre staff	<u>27</u>	<u>30</u>

No employees received emoluments in excess of £60,000.

LIFELONG FAMILY LINKS

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2019

12. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST				
At 1st April 2018	12,568	62,525	9,901	84,994
Additions	<u>-</u>	<u>14,085</u>	<u>660</u>	<u>14,745</u>
At 31st March 2019	<u>12,568</u>	<u>76,610</u>	<u>10,561</u>	<u>99,739</u>
DEPRECIATION				
At 1st April 2018	11,470	48,845	6,399	66,714
Charge for year	<u>362</u>	<u>4,379</u>	<u>821</u>	<u>5,562</u>
At 31st March 2019	<u>11,832</u>	<u>53,224</u>	<u>7,220</u>	<u>72,276</u>
NET BOOK VALUE				
At 31st March 2019	<u>736</u>	<u>23,386</u>	<u>3,341</u>	<u>27,463</u>
At 31st March 2018	<u>1,098</u>	<u>13,680</u>	<u>3,502</u>	<u>18,280</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Trade receivable	243,129	133,260
Other debtors	1,000	3,657
Prepayments	<u>3,435</u>	<u>1,594</u>
	<u>247,564</u>	<u>138,511</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Other creditors	-	4,333
Accrued expenses	<u>3,308</u>	<u>3,308</u>
	<u>3,308</u>	<u>7,641</u>

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted fund £	Total 2019 funds £	Total 2018 funds £
Fixed assets	27,463	-	27,463	18,280
Current assets	458,621	69,811	528,432	352,115
Current liabilities	<u>(3,308)</u>	<u>-</u>	<u>(3,308)</u>	<u>(7,641)</u>
	<u>482,776</u>	<u>69,811</u>	<u>552,587</u>	<u>362,754</u>

LIFELONG FAMILY LINKS

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2019

16. MOVEMENT IN FUNDS

	At 1.4.18 £	Net movement in funds £	At 31.3.19 £
Unrestricted funds			
General fund	362,754	120,022	482,776
Restricted funds			
Restricted fund	-	69,811	69,811
TOTAL FUNDS	<u>362,754</u>	<u>189,833</u>	<u>552,587</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	489,414	(369,392)	120,022
Restricted funds			
Restricted fund	69,811	-	69,811
TOTAL FUNDS	<u>559,225</u>	<u>(369,392)</u>	<u>189,833</u>

Comparatives for movement in funds

	At 1.4.17 £	Net movement in funds £	Transfers between funds £	At 31.3.18 £
Unrestricted Funds				
General fund	190,253	52,288	120,213	362,754
Restricted Funds				
Restricted fund	-	120,213	(120,213)	-
TOTAL FUNDS	<u>190,253</u>	<u>172,501</u>	<u>-</u>	<u>362,754</u>

LIFELONG FAMILY LINKS

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2019

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	52,288	-	52,288
Restricted funds			
Restricted fund	433,999	(313,786)	120,213
	<u>486,287</u>	<u>(313,786)</u>	<u>172,501</u>
TOTAL FUNDS			

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.17 £	Net movement in funds £	Transfers between funds £	At 31.3.19 £
Unrestricted funds				
General fund	190,253	172,310	120,213	482,776
Restricted funds				
Restricted fund	-	190,024	(120,213)	69,811
	<u>190,253</u>	<u>362,334</u>	<u>-</u>	<u>552,587</u>
TOTAL FUNDS				

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	541,702	(369,392)	172,310
Restricted funds			
Restricted fund	503,810	(313,786)	190,024
	<u>1,045,512</u>	<u>(683,178)</u>	<u>362,334</u>
TOTAL FUNDS			

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2019.

18. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2019 £	2018 £
Net income for the reporting period (as per the statement of financial activities)	189,833	172,501
Adjustments for:		
Depreciation charges	5,562	4,837
Carried forward	5,562	4,837

LIFELONG FAMILY LINKS

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2019

18. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES - continued

	2019 £	2018 £
Adjustments for:		
Brought forward	5,562	4,837
Interest received	(228)	(64)
Increase in debtors	(109,053)	(113,617)
(Decrease)/increase in creditors	<u>(4,333)</u>	<u>2,340</u>
Net cash provided by (used in) operating activities	<u><u>81,781</u></u>	<u><u>65,997</u></u>

LIFELONG FAMILY LINKS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2019

	Unrestricted funds £	Restricted funds £	2019 Total funds £	2018 Total funds £
INCOME AND ENDOWMENTS				
Donations and legacies				
Donations	-	-	-	21
Grants	<u>1,414</u>	<u>-</u>	<u>1,414</u>	<u>-</u>
	1,414	-	1,414	21
Investment income				
Deposit account interest	228	-	228	64
Charitable activities				
Lambeth Council	363,961	-	363,961	333,258
Southwark Council	-	45,515	45,515	46,973
BBC Children in Need	-	14,349	14,349	28,280
Young Lambeth Co-op	15,000	-	15,000	15,000
Big Lottery Fund Awards for All	-	9,947	9,947	-
Bailey Thomas Charitable Trust	20,000	-	20,000	-
Sir Walter St John's Charity	22,170	-	22,170	-
Linking services (service users)	<u>41,072</u>	<u>-</u>	<u>41,072</u>	<u>10,488</u>
	462,203	69,811	532,014	433,999
Other income				
Other income	7,126	-	7,126	9,954
Lifelong Family Links Children Contact Centre	<u>18,443</u>	<u>-</u>	<u>18,443</u>	<u>42,249</u>
	<u>25,569</u>	<u>-</u>	<u>25,569</u>	<u>52,203</u>
Total incoming resources	489,414	69,811	559,225	486,287
EXPENDITURE				
Charitable activities				
Wages	231,926	-	231,926	215,546
Social security	18,215	-	18,215	12,364
Pensions	1,573	-	1,573	647
Sundries	-	-	-	827
Volunteers	9,199	-	9,199	4,693
Outing and refreshments	8,680	-	8,680	8,130
Staff welfare	1,195	-	1,195	375
Staff training	5,558	-	5,558	2,261
Fixtures and fittings	362	-	362	541
Motor vehicles	4,379	-	4,379	3,420
Computer equipment	<u>821</u>	<u>-</u>	<u>821</u>	<u>876</u>
	281,908	-	281,908	249,680
Support costs				

LIFELONG FAMILY LINKS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2019

	Unrestricted funds £	Restricted funds £	2019 Total funds £	2018 Total funds £
Other				
Office rental and garage	17,614	-	17,614	11,892
Insurance	1,800	-	1,800	1,933
Telephone	5,853	-	5,853	5,663
Printing, postage and stationery	2,514	-	2,514	1,481
Database and IT support	2,040	-	2,040	2,423
Repairs and maintenance	2,174	-	2,174	817
Cleaning	2,016	-	2,016	2,016
Motor running cost	11,859	-	11,859	8,320
Membership and subscription	2,938	-	2,938	570
Legal and Professional	33,837	-	33,837	23,583
Advertising	567	-	567	572
Bank charges	88	-	88	102
Travel cost	876	-	876	239
	<u>84,176</u>	<u>-</u>	<u>84,176</u>	<u>59,611</u>
Governance costs				
Auditors' remuneration	<u>3,308</u>	<u>-</u>	<u>3,308</u>	<u>4,495</u>
Total resources expended	<u>369,392</u>	<u>-</u>	<u>369,392</u>	<u>313,786</u>
Net income	<u>120,022</u>	<u>69,811</u>	<u>189,833</u>	<u>172,501</u>