

REGISTERED COMPANY NUMBER: (England and Wales)
REGISTERED CHARITY NUMBER: 1155145

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 DECEMBER 2018
FOR
FUTURE LIVING HERTFORD



FUTURE LIVING
HERTFORD

Wilkins Kennedy
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FUTURE LIVING HERTFORD
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FOR THE YEAR ENDED 31 DECEMBER 2018

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FUTURE LIVING HERTFORD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2018

The Trustees present their report and the financial statements for the year ended 31 December 2018. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' (FRS 102) in preparing the annual report and financial statements of charitable company.

The financial statements comply with Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2016).

OBJECTIVES AND ACTIVITIES

Who we are

We provide free, non-judgmental, confidential and impartial support to those seeking recovery from domestic abuse and addictions.

We provide personal counselling, group therapy, training, work access and training, social meet up community café, legal support and advocacy and volunteering opportunities.

We raise awareness in the community of issues surrounding domestic abuse through networking events and awareness training. We carry our research and programme writing connected to domestic abuse and addictions.

We provide support programmes for young people connected to addiction and abuse.

Our aims

To provide therapy and support for vulnerable people with are in recovery from domestic abuse and addictions (men and women).

To provide educational opportunities or our community on awareness surrounding domestic abuse and addiction.

To help people become more self-reliant to deal with life's problems in the future.

Our values

We value diversity, promote equality and challenge discrimination.

We promote a non-judgemental attitude towards people.

We value the freedom to enjoy a full and independent life.

Our service

Drop-In Advice

In person by attending our offices at:

Vale House

4 Cowbridge

Hertford

SG14 1PN

Monday to Friday 9 - 4pm

On the telephone on 01992 537344 or 07775 107520 (dedicated domestic abuse line)

Attending our Drop In Café on Wednesday 9 - 1pm at our office address

By appointment by telephoning 01992 537344

Emailing our service: info@futurelivinghertford.co.uk

Through our website: <http://www.futurelivinghertford.co.uk>

By referral from other service providers

FUTURE LIVING HERTFORD
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OBJECTIVES AND ACTIVITIES

Public benefit

We continue to strive to engage with service users from a variety of backgrounds and offer a level of service using our holistic environment that puts healing at the centre of our work.

To offer opportunity, training in voluntary and paid for work within our community, cementing an ongoing relationship between them.

Through our work we aim to reduce crime, encourage members of our service to embrace a healthy and happy life, and take up volunteering and work opportunities.

Our team

Our patron & trustees

The Lord-Lieutenant Robert Voss, CBE very kindly offered to support the charity's work and has become our Patron. Our board of trustees is made up of senior representative from business, legal, academic and judiciary fields along with other sectors. They work with the CEO to ensure the organisation is governed under strict rules of best practice.

Our staff

We currently have 6 staff made up of 2 full time members and 4 part time members. They manage and support our services, clients and volunteer team with a range of specialist skills including Domestic Abuse and Addiction. Our team all enjoy a personal development programmes providing them with additional skills and support.

Our volunteers

Future Living Hertford is volunteer led and enjoys a large team of placement counsellors, psychologists and admin volunteers, who support our clients and the rest of the team. We have access to specialists who provide a range of ad hoc services such as art therapy, health and wellbeing, fitness, relaxation, debt counselling, legal advice, training, employment and benefit advice.

Training

We offer a bespoke personal development plan for each staff member and volunteer in order to provide them with the skills to carry out their duties to the best of their ability and enhance their overall knowledge. This provides our clients with the best possible opportunity of recovery in a pair of 'safe hands'. The team including the trustees undertake a DBS check and safeguarding vulnerable adults training.

Future Living Hertford is also commissioned to deliver Sunflower Domestic Abuse Awareness Training to the community through a series of short training programmes. Thus far we have trained over 100 people. This work continues.

FUTURE LIVING HERTFORD
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ACHIEVEMENT AND PERFORMANCE

Charitable activities
2018/19 at a glance

We supported 380
client's and enquiries

We provided group
therapy to 94 clients in
recovery from
addictions

We provided group
therapy for 40 women
in recovery from
domestic abuse

We provided over 1500
hours of personal
counselling to clients

We supported isolated
community members
with 150 hours of meet
ups

We provided over 500
hours of group therapy to
clients

We helped prevent over
40 women from returning
to abusive relationships

We provided free training
for over 120 people

Income gained:
Our specialist fund raiser
raised over £110,000 for
the charities work

We worked with over 40
volunteers during the
period

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ACHIEVEMENT AND PERFORMANCE

Client comments

From the Monica programme

I feel like an adult with a sense of freedom to do what pleases me.

I don't know where I would be today without this programme.

I like the fact that the programme is run by counsellors, they really understand what it feels like to be me.

This programme has literally saved my life.

From Wise Guys programme for men

Was a nice place to start the work with identifying male attitudes and challenging them.

The programme was powerful and it allowed me the time to look back on a situation I often found myself in, and view it from a different perspective.

I liked the values statement that allows you to create a new belief built from previous work in the programme.

Helped me identify boundaries for any new relationship.

Addictions group

Future Living is a beacon of hope and light.

It was so nice to sit in a small group with people who had been where I have been and understood.

From the day I walked into Future Living it change my life.

Future Living has helped me become a hands-on grandmother and has given me purpose.

I've found new inspiration and enthusiasm.

I've grown into the person I didn't believe I could be.

Case Study

Age 34, Female with 4 Female Children, 13, 10, 7, and 4 years of age. 1 male 12 years Presenting problem: Anxiety and depression resulting from childhood abuse and several abusive relationships as an adult with partners and between her children. Problems with substance misuse to cope with her anxiety.
Client access the Monica programme for survivors of domestic abuse, the addictions group and personal counselling.

Client stated that when she first attended Future Living for assessment before joining the new Monica programme she felt isolated, afraid, lonely and depressed. Her life no longer had meaning and was getting worse, and because of circumstances with her children she felt they would be better off without her. She felt out of control and suicidal. To cope with her feelings she isolated herself having few friends, ate too much becoming overweight, and used prescription medication and alcohol to numb her feelings, which left her unable to cope as a mother.

From the start of attending the group the client stated that she felt safe and comfortable in a single sex group with small numbers and the fact that it would remain a closed group for the duration helped her to deal with her anxiety. She immediately felt welcomed and got along well with the other members knowing that their experiences had been similar to her own. She understood that she was not alone with managing difficulties with her children. She felt able to speak openly and without judgement, and felt supported by other clients and staff alike. She felt there might be a hope for the future and that given time, she would be able to learn techniques that would enable her to cope. The group and the programme helped her to manage situations better as the work and tools of the course were solution focused.

Outcomes for the client:

Improvement in self care, and resulting weight loss and better health.

More confident parenting with age appropriate boundaries.

Vocalising difficult material and not being afraid of the past.

Feeling valued through volunteering work.

Reduced mental health issues.

The client left the charity in July 2018 citing that she was ready to take up some training and go out into the world. She has since started a counselling course at a local college, wanting to give back to her community in the future. She has also become employed which is a huge step forward for her.

We wish her every success

FUTURE LIVING HERTFORD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2018

ACHIEVEMENT AND PERFORMANCE

Client comments

FINANCIAL REVIEW

Reserves policy

Future Living Hertford is committed to being an organisation that grows and develops in sustainable manner. To this end we will work towards ensuring a diverse funding stream and to achieve a unrestricted reserve account that is in line with Charity Commission guidance of being no less than three months running costs.

FUTURE LIVING HERTFORD
REPORT OF THE TRUSTEES
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THE FUTURE

Services within the community

Our work with survivors of domestic abuse has shown huge growth in the 4 years we have been delivering the Monica programme for women. During 2017 Hertfordshire County Council recognised the value of this work within the County and commissioned a full time Sunflower domestic abuse case worker for East Hertfordshire based within our charity.

Recognition of men also becoming victims and survivors of domestic abuse through recent studies carried out by the Police & Crime Commissioner for Hertfordshire and ourselves, led to Future Living Hertford developing and launching a specialist programme for men only, 'Wise Guys' in 2017. The writing of this programme was funded by a local County Councillor, and since then has completed its pilot and is ready to launch a second 12 week programme on 3rd June 2019.

We continue to support abstinent clients in recovery from addiction as some of our core work, and are expanding some of this work into our domestic abuse programmes.

Personal counselling has always been high on our list of priorities. We have evidenced that engaging with counselling alongside our group programmes is a recipe for success. We are now rolling out the counselling service to members of the public at heavily discounted rates, which is proving a great support for those in our community suffering from anxiety and depression.

Reaching out to young people

More and more young people aged 16 - 24 years of age are coming to our attention through our current work and the effects on them from domestic abuse, addiction and social media. We want to make our service more accessible to them.

We are currently researching and evidencing two new programmes for young people to support their needs through:

- a schools programme on relationships and
- a programme relating to internet usage.

We are delighted to be offering training to our existing therapists and counsellors to enable them to take forward the work with young people in the future.

Digital support

We know that people who, for one reason or another, cannot access our service in person but need to be supported. We are currently in the later stages of developing phone apps that will offer a variety of digital tools and also access some of our specific programmes (where appropriate). This will not replace the personal and individual attention we provide for our clients, but will offer them choice, out of hours and emergency opportunities. It will include a number of vital helpline numbers too.

Partnership working

Over the past twelve months Future Living Hertford has reached out to even more partners than in previous years, establishing a pattern of combining talents and services from within the County, providing best practice in many areas.

Accreditation

During the coming year the charity is focusing on gaining accreditation for some of its programmes with a view to rolling out co-curricular activities within other organisations, and promoting the use of their programmes throughout the UK.

Funding

As a local independent charity, Future Living Hertford is reliant on a combination of local authority grants, project funding from charitable trust, support from fundraising activities, private donations and social enterprise.

FUTURE LIVING HERTFORD
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We do not receive any funding directly from Central Government and need between £120,000 and £200,000 a year in order to provide our free services, invest in technology, provide continual training to our existing and new team members and to find new ways of reaching the growing population of Hertfordshire.

Ways you can support us:-

Sponsor our Events and services

Fundraise for us

Commission our service - Employers for example can commission our services to provide bespoke support to their staff or training opportunities.

They can commission us to provide counselling to their staff.

Donate via our website <https://www.futurelivinghertford.co.uk>

Leave a legacy

Volunteer with us to learn new skills, explore career options and support the community in which you live. You can volunteer in lots of ways including receptionist, co facilitator or work with our research teams.

Placements

We also engage placement counsellors, psychologists and research assistants through a variety of educational establishments. An application form can be found on our website. <https://www.futurelivinghertford.co.uk>

STRUCTURE, GOVERNANCE AND MANAGEMENT
REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

(England and Wales)

Registered Charity number

1155145

Registered office

4 Boxwood Cottages

Woollens Brook

Hoddesdon

Hertfordshire

EN11 9BL

Trustees

Mr C B Melliush

Mr S Conte

Mr F McMullen

Mrs R Eames

Mr C S J Fraser

Mrs H Warne

Independent examiner

Mandy Wilson FCA

Wilkins Kennedy

Accountants

5 Yeomans Court

Ware Road

Hertford

Hertfordshire

SG13 7HJ

FUTURE LIVING HERTFORD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2018

ANNUAL REVIEW

Christopher Melliush, Chairman

One of most memorable moments of the year was when the Lord-Lieutenant of Hertfordshire, Robert Voss, CBE, offered to become our Patron. He visited the charity and the ladies domestic abuse group and felt it was something he wanted to be involved with. We are really grateful for his support.

I am extremely proud of what the team at Future Living Hertford has achieved in the past year with such excellent leadership from the top.

It would appear however that the demand for help from those abstaining from their addictions is somewhat less demanding, although the challenge is always there. We do however have more demand from those needing help with domestic abuse, where the awareness of domestic abuse is very much on the increase. I believe that Future Living Hertford does this work extremely well.

It is encouraging to see a closer relationship to the University of Hertfordshire while the plans to work with children and young people in the future are most worthwhile.

We are most grateful to all the volunteers who work hard and contribute enormously to the healing atmosphere. So too does the Wednesday "drop in" in the cafe which appears to be helping to make Future Living Hertford very much a feature of Hertford and the surrounding area. This again I find most encouraging and wish very much to thank all those involved.

I would also like to take this opportunity of thanking all of our supporters, those who donate their time and provide funding for the charity, without whom we wouldn't exist. In the current economic climate funding for charity work is most challenging and I am delighted that organisations such as the Hertfordshire Community Foundation continue to support our work.

Sandra Conte, CEO

Future Living Hertford has enjoyed an exciting year with the expansion of their domestic abuse services through a commissioned contract with Hertfordshire County Council for a full time Sunflower Domestic Abuse Caseworker based within the charity. This has enabled us to expand our services to both men and women to support them with group programmes, personal counselling and case working together with a myriad of other ad hoc services. We are also delighted to have been able to roll out free access domestic abuse awareness training to our community, local businesses and other service providers making domestic abuse "Everybody's Business".

I am really proud of the recognition by donors and charitable grant makers of our work and their financial support. It's never easy to obtain repeat funding and there is much interest in new projects. However, our feeling is that if it works, don't change it - and we know it works. Hertfordshire Community Foundation have been particularly supportive in the past year with their understanding of the needs of charities such as our own. Their training courses and grant options and real interest in our work has been amazing, so a big thank you to them.

I must not forgot our hard working volunteer team. I always say the same -without them we don't exist, but its true. They bring a variety of real skills to the charity supporting the most vulnerable in our society - so a BIG thank you to them all.

A real thank you also to our clients whose journey has sometimes been a hard one, but they are moving forward and getting onto the ladder of life - something we are humbled to be a part of. We have listened to their needs and put things into place that will support their journey.

Our plans for the future embrace work with young people and their addiction to technology and experiences of domestic abuse. As always we look forward to the challenge.

FUTURE LIVING HERTFORD
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2018

Approved by order of the board of trustees on and signed on its behalf by:

.....
C B Melliish - Trustee

FUTURE LIVING HERTFORD
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2018

	Not es	Unrestricted funds £	Restricted fund £	2018 Total funds £	2017 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		23,963	65,286	89,249	94,211
Other trading activities	2	7,019	-	7,019	10,848
Other income		<u>940</u>	<u>1,386</u>	<u>2,326</u>	<u>2,547</u>
Total		31,922	66,672	98,594	107,606
EXPENDITURE ON					
Raising funds		1,690	407	2,097	2,996
Charitable activities					
Charitable objectives		30,894	78,303	109,197	113,548
Other		<u>8,587</u>	<u>115</u>	<u>8,702</u>	<u>4,142</u>
Total		41,171	78,825	119,996	120,686
NET INCOME/(EXPENDITURE)		(9,249)	(12,153)	(21,402)	(13,080)
RECONCILIATION OF FUNDS					
Total funds brought forward		8,646	18,490	27,136	40,216
TOTAL FUNDS CARRIED FORWARD		<u>(603)</u>	<u>6,337</u>	<u>5,734</u>	<u>27,136</u>

The notes form part of these financial statements

FUTURE LIVING HERTFORD

**BALANCE SHEET
AT 31 DECEMBER 2018**

	Notes	Unrestricted funds £	Restricted fund £	2018 Total funds £	2017 Total funds £
FIXED ASSETS					
Tangible assets	7	1,762	11,513	13,275	19,977
CURRENT ASSETS					
Debtors	8	6,250	-	6,250	7,010
Cash at bank and in hand		<u>7,721</u>	<u>406</u>	<u>8,127</u>	<u>12,841</u>
		13,971	406	14,377	19,851
CREDITORS					
Amounts falling due within one year	9	<u>(16,336)</u>	<u>(5,582)</u>	<u>(21,918)</u>	<u>(12,692)</u>
NET CURRENT ASSETS/(LIABILITIES)		<u>(2,365)</u>	<u>(5,176)</u>	<u>(7,541)</u>	<u>7,159</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>(603)</u>	<u>6,337</u>	<u>5,734</u>	<u>27,136</u>
NET ASSETS		<u>(603)</u>	<u>6,337</u>	<u>5,734</u>	<u>27,136</u>
FUNDS					
Unrestricted funds	10			(603)	8,646
Restricted funds				<u>6,337</u>	<u>18,490</u>
TOTAL FUNDS				<u>5,734</u>	<u>27,136</u>

The notes form part of these financial statements

FUTURE LIVING HERTFORD
BALANCE SHEET - CONTINUED
AT 31 DECEMBER 2018

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on and were signed on its behalf by:

.....
C B Melliush -Trustee

The notes form part of these financial statements

FUTURE LIVING HERTFORD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2018

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The use of the going concern basis of accounting is appropriate because there are no material uncertainties related to events or conditions that may cast significant doubt about the ability of the charity to continue as a going concern.

Income recognition

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

Voluntary income including donations and gifts is included in full in the SOFA when receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on cost
Fixtures and fittings	- 25% on cost

Taxation

The company is a registered charity and is therefore entitled to the exemptions from corporation tax afforded by section 505 of the Income and Corporation Taxes Act 1988. Accordingly, there is no corporation tax charge in these financial statements.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

FUTURE LIVING HERTFORD

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 DECEMBER 2018

1. ACCOUNTING POLICIES - continued

Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

Costs of raising funds are those costs incurred in attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs allocation

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs, and administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters. Where support costs cannot be directly attributed to particular headings they have been allocated to cost of raising funds and expenditure on charitable activities on a basis consistent with use of the resources.

Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Judgements and key sources of estimation uncertainty

Accounting estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

There are no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

2. OTHER TRADING ACTIVITIES

	2018	2017
	£	£
Fundraising events	5,330	8,312
Cafe income	<u>1,689</u>	<u>2,536</u>
	<u>7,019</u>	<u>10,848</u>

FUTURE LIVING HERTFORD

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2018**

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2018	2017
	£	£
Depreciation - owned assets	8,454	8,040
Deficit on disposal of fixed asset	<u>-</u>	<u>195</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There was no trustee's remuneration or other benefits for the year ended 31 December 2018.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2018 nor for the year ended 31 December 2017.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2018	2017
Staff	<u>3</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	48,512	45,699	94,211
Other trading activities	10,068	780	10,848
Other income	<u>2,547</u>	<u>-</u>	<u>2,547</u>
Total	61,127	46,479	107,606
 EXPENDITURE ON			
Raising funds	1,697	1,299	2,996
Charitable activities			
Charitable objectives	58,967	54,581	113,548
Other	<u>3,947</u>	<u>195</u>	<u>4,142</u>
Total	<u>64,611</u>	<u>56,075</u>	120,686
 NET INCOME/(EXPENDITURE)	(3,484)	(9,596)	(13,080)

FUTURE LIVING HERTFORD

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2018**

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued	Unrestricted funds £	Restricted fund £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	12,130	28,086	40,216
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD	<u>8,646</u>	<u>18,490</u>	<u>27,136</u>

7. TANGIBLE FIXED ASSETS	Plant and machinery £	Fixtures and fittings £	Totals £
COST			
At 1 January 2018	30,829	3,171	34,000
Additions	<u>1,752</u>	<u>-</u>	<u>1,752</u>
At 31 December 2018	<u>32,581</u>	<u>3,171</u>	<u>35,752</u>
 DEPRECIATION			
At 1 January 2018	11,932	2,091	14,023
Charge for year	<u>7,677</u>	<u>777</u>	<u>8,454</u>
At 31 December 2018	<u>19,609</u>	<u>2,868</u>	<u>22,477</u>
 NET BOOK VALUE			
At 31 December 2018	<u>12,972</u>	<u>303</u>	<u>13,275</u>
At 31 December 2017	<u>18,897</u>	<u>1,080</u>	<u>19,977</u>

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2018 £	2017 £
Other debtors	-	760
Prepayments and accrued income	<u>6,250</u>	<u>6,250</u>
	<u>6,250</u>	<u>7,010</u>

FUTURE LIVING HERTFORD

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2018

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018 £	2017 £
Trade creditors	9,786	2,540
Social security and other taxes	555	3,072
Other creditors	5,000	5,436
Net wages control	5,027	109
Accruals and deferred income	<u>1,550</u>	<u>1,535</u>
	<u>21,918</u>	<u>12,692</u>

10. MOVEMENT IN FUNDS

	At 1.1.18 £	Net movement in funds £	At 31.12.18 £
Unrestricted funds			
General fund	8,646	(9,249)	(603)
Restricted funds			
General - restricted	18,490	(12,153)	6,337
	<u>27,136</u>	<u>(21,402)</u>	<u>5,734</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	31,922	(41,171)	(9,249)
Restricted funds			
General - restricted	66,672	(78,825)	(12,153)
	<u>98,594</u>	<u>(119,996)</u>	<u>(21,402)</u>

FUTURE LIVING HERTFORD

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2018

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.17 £	Net movement in funds £	At 31.12.17 £
Unrestricted Funds			
General fund	12,130	(3,484)	8,646
Restricted Funds			
General - restricted	28,086	(9,596)	18,490
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>40,216</u>	<u>(13,080)</u>	<u>27,136</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	61,127	(64,611)	(3,484)
Restricted funds			
General - restricted	46,479	(56,075)	(9,596)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>107,606</u>	<u>(120,686)</u>	<u>(13,080)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.17 £	Net movement in funds £	At 31.12.18 £
Unrestricted funds			
General fund	12,130	(12,733)	(603)
Restricted funds			
General - restricted	28,086	(21,749)	6,337
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>40,216</u>	<u>(34,482)</u>	<u>5,734</u>

FUTURE LIVING HERTFORD

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2018

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	93,049	(105,782)	(12,733)
Restricted funds			
General - restricted	<u>113,151</u>	<u>(134,900)</u>	<u>(21,749)</u>
TOTAL FUNDS	<u>206,200</u>	<u>(240,682)</u>	<u>(34,482)</u>

11. RELATED PARTY DISCLOSURES

In the year to 31st December 2018, Mrs S Conte, the wife of the trustee Mr S Conte, received a salary of £38,215 which was fully funded by grants received.

FUTURE LIVING HERTFORD

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2018**

	2018 £	2017 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	23,785	36,941
Grants	<u>65,464</u>	<u>57,270</u>
	89,249	94,211
Other trading activities		
Fundraising events	5,330	8,312
Cafe income	<u>1,689</u>	<u>2,536</u>
	7,019	10,848
Other income		
Room rental	<u>2,326</u>	<u>2,547</u>
Total incoming resources	98,594	107,606
EXPENDITURE		
Raising donations and legacies		
Event costs	1,714	2,355
Other trading activities		
Cafe expenses	383	641
Charitable activities		
Wages	50,798	41,308
Social security	5,067	-
Training	2,745	1,161
Other course costs	-	155
Advertising	2,781	625
Sundry expenses	1,756	319
Professional fees	858	532
PAYE late payment interest	<u>-</u>	<u>3</u>
	64,005	44,103
Other		
Loss on sale of tangible fixed assets	-	195
Support costs		
Finance		
Bank charges	40	103

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FUTURE LIVING HERTFORD

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2018**

	2018	2017
	£	£
Other		
Rates and water	75	408
Insurance	980	866
Light and heat	2,407	5,030
Telephone	1,783	1,703
Postage and stationery	2,405	1,749
Sundries	45	1,317
Repairs & renewals	6,453	23,276
Travel & subsistence	977	1,190
Computer costs	180	580
Group supervision fees	-	(70)
Rent	25,000	25,000
Hire of equipment	41	983
Plant and machinery	986	7,247
Fixtures and fittings	<u>7,468</u>	<u>793</u>
	48,800	70,072
Governance costs		
Accountancy fees	4,704	2,292
Legal fees	-	400
Bookkeeping	<u>350</u>	<u>525</u>
	5,054	3,217
Total resources expended	119,996	120,686
	_____	_____
Net expenditure	<u>(21,402)</u>	<u>(13,080)</u>

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