Medact
Report and Accounts
31 January 2019

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COMPANIES HOUSE

# **Company Information**

#### **Status**

Medact has charitable status and is a company limited by guarantee and not having a share capital.

# Directors and company secretary serving throughout the year (who also serve as trustees for the purpose of charity law)

Paul Cotterill

(Treasurer & Company Secretary)

Carlos Salvador Grijalva Eternod

Sridhar Venkatapuram

Alice Rose Bell

Joanna Claire Howard

Daniel Flecknoe

Jeremy Wight

Jonathan Cunliffe

Penelope Milsom

Lesley Morrison

Margaret Jackson

Keerthi Mohan Alan Maryon-Davis

Guppi Bola

Yannis Gourtsoyannis

Frank Arnold

Neena Modi

(Elected AGM 21st September 2018)

(Elected AGM 21st September 2018)

(Elected AGM 21st September 2018)

(Co-opted 11th October 2018)

(Resigned 1st August 2018) (Resigned 30th August 2018)

(Resigned AGM 15th September 2018)

(Elected AGM 21st September 2018, resigned 4th March 2019)

# Registered office

The Grayston Centre 28 Charles Square

London N1 6HT

# **Auditors**

Brookfield & Co 18 Concanon Road

London SW2 5TA

# **Registered Company Number**

02267125

# **Registered Charity Number**

1081097

Registered number:

02267125

Report of the trustees

### Objects of the charity

- (1) To advance the education of doctors, other health professionals and the public in the medical, psychological, social and economic causes and effects of warfare and other violent conflict, poverty and environmental degradation;
- (2) To conduct, promote or otherwise further research into the medical, psychological, social and economic causes of warfare and other violent conflict, poverty and environmental degradation, their impact on health and human rights, and to publish or disseminate the useful results of such research;
- (3) To assist in the relief of need, suffering and distress arising from or caused by the physical and psychological effects of armed conflict;
- (4) To advance education in the ways of peace and in peaceful methods of resolving international disputes and to promote the study of peaceful relationships between nations

### **Charitable activities**

- · Urging the abolition of nuclear weapons and other weapons of mass destruction;
- · Seeking to understand the causes of violent conflict and working towards its prevention;
- Advocating changes to those economic policies which harm the health of individuals and communities;
- Promoting environmental policies which contribute to global health.

# Overview of the financial year to 31st January 2019

There was a financial year increase in total unrestricted funds from £108,820 to £172,513 as of January 31st 2019. Total funds rose from £140,473 to £238,987. These increases were largely as a result of new multi-year project funding cycles commencing within the 2018-2019 financial year, as well as a substantial windfall in Gift Aid reclaims, which came in larger than estimated for the previous two years.

The charity therefore enjoys a stable financial position from which to grow in future years.

#### **Principal Income Sources**

There were four principal sources of funding in this financial year:

- · Membership subscriptions
- Donations from members and non-members
- · Grants from a variety of funding bodies

Registered number:

02267125

Report of the trustees

· Earned income for services to partner charitable organisations

#### **Reserves Policy**

The trustees have examined the charity's requirements for reserves in light of the main risks to the organisation, its income flows and its objectives aims to maintain sufficient reserves in the bank to wind up the organisation should there be a crisis, and taking account of a reasonably predictable income from members over the years of Medact's existence.

A fresh reserves policy was adopted in the financial year ending January 2019. The reserve requirement is set at 3 months of core expenditure, plus three months of all other payroll expenditure. The reserve requirement set at the end of the 2018-19 financial year according to these criteria is £53,089, comfortably within the overall unrestricted funding envelope of £172,513 at year end.

#### **Plans for Future Periods**

Medact plans:

- to continue to meet its charitable objectives by taking forward its activities as set out above, and in line with the strategic plan agreed in 2018-19;
- to continue to reflect and engage the interests of its membership, and continue its cooperation and collaboration with a wide range of actors; and
- to ensure a sound financial basis for this ongoing work through prudent financial management and strategic fundraising, taking into account the current financial environment, and through the support of Medact members.

### **Responsibilities of Trustees**

Company law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date, and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the management committee should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

Registered number:

02267125

Report of the trustees

The Board of Trustees is responsible for maintaining proper accounting records which disclose, with reasonable accuracy at any particular time, the financial position of the charitable company, and which enable them to ensure that the financial statements comply with the Companies Act 2006. The Board of Trustees is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Statement of disclosure of information to auditors

We, the directors of the company who held office at the date of approval of these Financial Statements, as set out above, each confirm so far as we are aware, that:

In accordance with company law, as the company's Directors, we certify that there is no relevant audit information of which the company's auditors are unaware; and as the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors are aware of that.

This report has been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and in accordance with the special provisions of the Companies Act 2006 relating to small entities.

Approved by the Board of Trustees on and signed on its behalf by:

Paul Cotterill

**Board Member & Company Secretary** 

# Medact Independent auditors' report to the members of Medact

We have audited the accounts of Medact for the year ended 31 January 2019 which comprise the Profit and Loss Account, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS102 ' The Financial Reporting Standard Applicable in the UK and the Republic of Ireland'.

This report is made solely to the company's members, as a body, in accordance with International Standards on Auditing (UK) (ISAs(UK)) and applicable law. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

#### Respective responsibilities of trustees and auditors

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

In accordance with the exemption provided by APB Ethical Standard - Provisions Available for Smaller Entities (Revised), we have prepared and submitted the company's returns to the tax authorities and assisted with the preparation of the accounts.

#### Opinion on the accounts

In our opinion the accounts:

- give a true and fair view of the state of the company's affairs as at 31 January 2019 and of its profit for the year then
  ended:
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Opinion on other matters prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Report for the financial year for which the accounts are prepared is consistent with the accounts.

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the accounts are not in agreement with the accounting records and returns; or
- · certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the accounts and the trustees' report in accordance with the small companies regime.

the trustees' use of the going concern basis of accounting in the preparation of the accounts is not appropriate

J A Brookfield

(Senior Statutory Auditor)

for and on behalf of

Brookfield & Co

Accountants and Statutory Auditors

18 July 2019

18 Concanon Road

London

SW2 5TA

Medact Statement of Financial Activities for the year ended 31 January 2019

		Restricted Funds	Unrestricted Funds	Total Funds	Total Funds year to 31 January
	Notes	2019	2019	2019	2018
		£	£	£	£
Incoming resources					
Voluntary Income	5	948	132,744	133,692	114,011
Investment income		-	42	42	8
Income from charitable activities	6	195,587	29,184	224,771	251,168
Total Incoming Resources		196,535	161,970	358,505	365,187
Resources expended					
Costs of generating funds		-	11,493	11,493	9,332
Charitable activities and support costs		161,714	72,790	234,504	365,530
Governance		-	13,994	13,994	14,873
Total resources expended	7	161,714	98,277	259,991	389,735
Net incoming resources for the Year Transfers between funds		34,821	63,693	98,514	(24,548)
Funds brought forward		31,653	108,820	140,473	165,021
Total Funds carried forward		66,474	172,513	238,987	140,473

All of the above results derive from continuing charitable grants and activities and there were no recognised gains or losses other than the above results

The notes on pages 8 to 14 form part of these accounts.

# Medact Balance Sheet as at 31 January 2019

	Notes	. 2019 £	2018 £
Tangible fixed assets	8	1,368	638
Current assets			
Debtors	9	57,786	26,828
Cash at bank and in hand		192,713	130,320
		250,499	157,148
Creditors: amounts falling			•
within one year	10	(12,880)	(17,313)
Net Current Assets		237,619	139,835
Net Assets		238,987	140,473
Funds of the Charity	12		
Restricted Funds	12	66,474	31,653
Unrestricted Funds		172,513	108,820
Total Funds		238,987	140,473

The directors acknowledge their responsibilities for complying witht the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

The notes on pages 8 to 14 form part of these accounts

Paul Cotterill

Treasurer & Company Secretary

Approved by the board on 18 July 2019

# 1. Basis of accounting and accounting policies

# a) Accounting Conventions

The financial statements have been prepared under the historical cost convention and on a going concern basis, which is dependent upon the availability of adequate continued funding. The nature of the charity's funding is inherently uncertain as it is only agreed by the funding bodies every one to three years. Should grant funding be discontinued in future years, the charity would have to find other sources of funding, or significantly curtail its activities. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16/7/14, The Financial Reporting Standard for Smaller Entities (effective January 2015) and the Companies Act 2006. Assets and liabilities are intially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

#### Change in basis of accounting

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year.

#### b) Incoming resources

Incoming resources are included in the SOFA when the charity becomes entitled to the resources, the Trustees are virtually certain they will receive the resources and the monetary value can be measured with sufficient certainty. Where incoming resources have related expenditure (as with fundraising for contract income), the incoming resources and related expenditure are stated gross in the SOFA. Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the funds. The value of any volunteer help received is not included in the accounts, but is described in the Trustee's annual report. Investment income is included when receivable.

#### c) Resources Expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources. Resources expended include attributable VAT which cannot be recovered. Governance costs include costs on the preparation and examination of statutory accounts, the costs of Trustee meetings and costs of any legal advice to the Trustees on governance or constitutional matters. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of the resources e.g. Staff costs by the time spent and other costs by their usage.

### d) Restricted and Unrestricted Funds

The accounts distinguish between restricted and unrestricted funds. Restricted funds are received from donors and are subject to restrictions on the purposes for which they may be used. Unrestricted funds are those where there are no externally imposed restrictions and are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

### Basis of accounting and accounting policies (Continued)

# e)Tangible fixed assets

Tangible fixed assets are measured at cost or valuation less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Equipment 20% of cost or valuation

### f)Debtors

Trade and other debtors are recognised at the setlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

# h) Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

#### i) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured ore estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

# j) Legal status of the Charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

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	2019	2018
	£	£
2 Net Income for the year is stated after charging: Auditor/Independent Examiners' Remuneration (Inc VAT) - Brookfield & Co	2,250	1,180
3 Expenses paid to trustees or persons connected with trustees		
The aggregate amount of expenses paid to trustees was	88	-
4 Staff Costs and Emoluments	2019 £	2018 £
Gross Salaries	161,424	123,015
Social security costs	13,113	11,491
Pension costs	3,006_	1,145
	177,543	135,651
Numbers of full time employees or full time equivalents	2019	2018
None of the Trustees received any remuneration during the year (2018: Nil) No employees earned more than £60000 pa or more. (2018: Nil)	Nos	Nos
The average number of employees		
Engaged on Project Service	2.6	2.7
Core staff	2.1	1.5
Parental Leave	1.1	
	5.8	4.2

The company operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

5	Voluntary Income	2019 £	2018 £
	Subscriptions	64,802	63,141
	Appeals	19,051	19,090
	Donations and legacies	15,587	25,954
	Gift Aid tax refunds *	34,252	5,826
		133,692	114,011

 $<sup>^{\</sup>star}$  Included with-in Gift Aid tax refunds of £34,251 above is £18,539 re claims in respect of earlier years confirmed and refunded by HMR&C after the balance sheet date.

Income from Charitable Activities	2019	2018
	£	£
Project grants		
Esmee Fairbairn Foundation - Sustainable Food, Diets & Health	(2,946)	3,000
Joseph Rowntree Charitable Trust - ICAN UK	32,000	33,000
Joseph Rowntree Charitable Trust - Conflict & health	21,038	45,249
Joseph Rowntree Charitable Trust - Health for peace	43,402	-
Trust for London - Healthcare access	22,275	-
Open Society Foundations - Prevent in the NHS	18,295	-
Sainsbury Family Charitable Trusts - Fossil Fuel Divestment	35,000	-
Waterloo Foundation - Fossil Fuel Divestment	10,000	
Other Small Grants	16,523	27,066
Total Project Grants	195,587	108,315
Core Grant - Polden Puckham Charitable Foundation	10.000	-
Events	480	127,849
Contracts with Partners	17,740	14,104
Consultancy Work	400	· -
Sale of Educational Materials	564	900
	224,771	251,168

TO	r the year ended 31 January 2019				
7	Resources Expended			2019	2018
		Restricted Funds	Unrestricted Funds	£ Total	£ Total
	Costs of generating funds				
	Appeals	-	1,579	1,579	1,936
	Payment Processing	_	2,314	2,314	2,466
	Staff costs	_	7,600	7,600	4,930
			11,493	11,493	9,332
	Direct Charitable Activities				-,
	Communications	2,075	498	2,573	24,251
	Consultancy	2,375		2,375	9,448
	Events	3,115	1,378	4,493	136,099
	Grants to Partners	27,488	- 1,070	27,488	25,000
	Misc Charitable Activities	12	23	35	414
	Staff wages and pensions	116,764	37,979	154,743	118,974
	Publications	1,201	57,575	1,201	8,832
	Support for Other Charities	490	1,384	1,874	2,114
	Volunteer Training & Expenses	490			
	volunteer training & Expenses	152 520	102 41,364	102	1,158
	Support Coata	153,520	41,304	194,884	326,290
	Support Costs Administrative cost transfers	7,642	(7.642)		
	Insurance	7,042	(7,642)	1.055	1 000
	Office Administration	400	1,055	1,055	1,008
		108	3,203	3,311	5,149
	Premises	-	29,957	29,957	28,909
	Recruitment	338	464	802	2,427
	Staff Training & Expenses	106	589	695	1,747
	Staff time on support		3,800	3,800	<del></del>
	Governance Costs	8,194	31,426	39,620	39,240
	Audit/Independent examination	-	2,250	2,250	2,260
	Committee expenses and AGM	-	301	301	710
	Legal		30	30	2,040
	Other Company Admin	-	13	13	13
	Staff time on governance	-	11,400	11,400	9,850
	•		13,994	13,994	14,873
		404 744	00.077	250.004	200 725
		161,714	98,277	259,991	389,735
8	Fixed Assets - Equipment				
	Cost				
	Balance at 31 January 2018				31,073
	Additions in the year				1,188
	Balance at 31 January 2019			- -	32,261
	Depreciation				
	Balance at 31 January 2018				30,435
	Charge for the year				458
	Balance at 31 January 2019			_	30,893
	Data not at 51 bandary 2015			-	50,035
	Net Book Value				
	Balance at 31 January 2019			_	1,368
	Balance at 31 January 2018			_	638

9 Debtors  Gift aid recoverable 42,69 Other debtors and prepayments 15,09 57,78  10 Creditors: amounts falling due within one year  Other creditors and accruals 12,88  11 Analysis of net assets between funds	16,828 6 26,828 2018 £ 17,313
Other debtors and prepayments  15,09 57,786  10 Creditors: amounts falling due within one year  201 Other creditors and accruals  12,886 12,886	16,828 6 26,828 2018 £ 17,313
10 Creditors: amounts falling due within one year  201  Other creditors and accruals  12,886  12,886	2018 2018 2017,313
10 Creditors: amounts falling due within one year  201  Other creditors and accruals  12,886  12,886	2018 : £ ) 17,313
Other creditors and accruals  12,886 12,886	£ 17,313
Other creditors and accruals  12,886 12,886	£ 17,313
Other creditors and accruals 12,880	£ 17,313
12,880	
	17,313
The Analysis of her about bothesin fallas	
Restricted Unrestricte	d Total
Funds Funds	Funds
£	£
Tangible fixed assets - 1,366	1,368
Current Assets 66,474 184,029	
Current Liabilities - (12,880	) (12,880)
66,474 172,513	238,987
AO Franks (the beath)	
12 Funds of the charity  At Incoming	
1/2/18 Resources Outgoing	At
Resources Transfers	31/1/19
Restricted Funds:	
Sustainable Food, Diet & Health 12,075 (2,946) (9,129)	
ICAN UK 4,000 32,000 (30,144)	5,856
Conflict & health 10,469 21,038 (31,507)	· 20,355
Health for Peace - 43,402 (23,047) People v PFI 1,326 948 (382)	1,892
Healthcare access - 22,275 (14,463)	7,812
Prevent in the NHS - 18,295 (3,850)	14,445
	16,114
Other small Grants 16,523(16,523)	<u> </u>
Total Restricted Funds 31,653 196,535 (161,714)	66,474
Unrestricted Funds:	
Designated Funds	
RSG Calais 681 -	- 681
Doctors against Diesel - 105 (105)	. <u>-</u>
Movement Builder (5,970) 5,970	! -
Total Designated Funds 681 105 (105)	681
General Funds 108,139 161,865 (98,172) (5,976)	) 171,832
Total Unrestricted Funds 108,820 161,970 (98,277)	172,513
Total Funds 140,473 358,505 (259,991)	

#### Funds of the charity

#### Sustainable Food, Diet & Health

Funds for a project on sustainable food systems, diets and health - primarily from a grant from the Esmee Fairbairn Foundation. Activities include work on antibiotics and farming, undergraduate education, hospital food and wider governmental food policy.

#### **ICAN UK**

Funds for ICAN UK, the UK branch of the International Campaign to Abolish Nuclear Weapons. Primarly from a shared grant from the Joseph Rowntree Charitable Trust funds Medact, the Acronym Institute for Disarmament Diplomacy, Article 36 and the Campaign for Nuclear Disarmament to co-ordinate research, publications, meetings, parliamentary engagement, a social media presence, events and outreach as part of ICAN's international strategy to outlaw and ban nuclear weapons.

#### Conflict & health

Funds for a project to harness the voice of public health professionals in countering militarisation in wider society - primarily from a grant from the Joseph Rowntree Charitable Trust.

#### **Health for Peace**

Funds for continued work to build our Peace & Security programme, engaging and leading health workers on advocating for peace, demilitarisation and broader conceptions of security - from a new grant from Joseph Rowntree Charitable Trust.

#### People v PFI

Funds for the People vs PFI campaign to end the use of the Private Finance Initiative by the UK government.

#### Healthcare access

Funds for a campaign to challenge restrictions to healthcare access for migrants in the UK. Work in London is primarily funded by a grant from Trust for London.

#### Prevent in the NHS

Funds for work researching how the UK's PREVENT counter-terrorism duties impact on the day-to-day work of health professionals in the National Health Service - from a grant from Open Society Foundations.

# **Fossil Fuel Divestment**

Funds for work to campaign for health sector institutions to divest from fossil fuels - primarily from a grant from the Sainsbury's Family Charitable Trusts

### **RSG Calais**

Funds to support members of Medact's Refugee Solidarity Group in contributing to providing first aid to the migrant population in Calais.

#### **Doctors against Diesel**

Funds for the Doctors Against Diesel campaign - using the voice of health professionals to drive policy to combat the detrimental health effects of urban air pollution

#### **Movement Builder**

Funds for employing a dedicated staff member for driving membership recruitment and engagement.

### 13 Related party transactions, Conduit Funding and trustees' remuneration

# **Trustees' Remuneration**

Trustees received no remuneration in respect of their services as Trustees (2018 £nil). Expenses of £87.80 were paid in the period (2018 £Nil).

### **Related Party Transactions**

There were no related party transactions in the year

### **Conduit Funding**

In the year a total of £33,363 (2018 £30,739) in conduit funding was received to pay the salary and social support costs of the Centre for Health and the Public Interest's researcher, who is paid through Medact's payroll sysytem, but neither the Income or Expenditure in relation to this have been included in the accounts or the payroll figures above.

Further to this, Medact also acted as a conduit charity for a number of small grants for another partner organisation (which is not itself a charity) ForcesWatch. The funders have therefore paid money to Medact which was then passed on to ForcesWatch. The total of such funds received in 2019 was £13,246.