

COMPANY REGISTRATION NUMBER: 04421138
CHARITY REGISTRATION NUMBER: 1094458

**St Martins Centre for Health and Healing
Company Limited by Guarantee
Unaudited Financial Statements
31 December 2018**

St Martins Centre for Health and Healing

Company Limited by Guarantee

Financial Statements

Year ended 31 December 2018

	Page
Trustees' annual report (incorporating the directors' report)	1
Independent examiner's report to the trustees	7
Statement of financial activities (including income and expenditure account)	8
Statement of financial position	9
Notes to the financial statements	10
The following pages do not form part of the financial statements	
Detailed statement of financial activities	20
Notes to the detailed statement of financial activities	22

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report)

Year ended 31 December 2018

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 December 2018.

Objectives and activities

The principal activity of the company continued to be promoting, for the benefit of the public good, physical, mental, spiritual and emotional health in accordance with Christian principles. The trustees have, as a result of carrying out this activity complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to the guidance published by the Charity Commission.

Providing professional, accredited counselling and psychotherapy and Financial Conduct Authority authorised Money Advice and operating from the heart of Birmingham City Centre, the Centre for Health and Healing aims to alleviate the suffering and distress of the most vulnerable and excluded people in and around the city by: "empowering people to improve their own lives"

The counselling service continued to deliver a contract on behalf of all three of the cities Clinical Commissioning Groups (CCG'S) and Birmingham Mental Health Consortium - The Living Well Consortium, providing Low Intensity Therapy under the Improving Access to Psychological Therapy Programme. Additional income was generated through general donations and the hosting of NHS High Intensity Practitioners/Therapists.

Social Return on Investment

As for the wider impact a recent Social Return on Investment audit (2018) demonstrated that for every £1 spent, we contribute £7.26 in societal benefit - including direct therapeutic benefit, reductions in family breakdown and associated cost, reduction in costs to the NHS, Social Services, Debt reduction and benefits payments.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 December 2018

Achievements and performance

Impact-A Theory of Change

The centre believes that we have a duty of care to ensure our services are effective and works hard to ensure our work has a positive impact.

The Centre uses a Theory of Change model, "mapping backwards" from the desired Impact to identify the Primary & Secondary Outcomes, determine the interventions needed to achieve these Outcomes and develop indicators for each Outcome. This approach enables us to assess overall performance towards achieving the Impact and make changes/modifications to the model as necessary.

For example, all our therapy is monitored with clients completing, at every session, a variety of scientifically validated measurements tools, including NHS standard tools. Money Advice clients complete the detailed Money Advice Service Debt Evaluation Toolkit, based on 15 Outcome measures.

In 2018 79% of clients report that the service received:

- "better equipped them to take control of and improve their lives"
with 82% of therapy clients saying the therapy they received:
- "contributed significantly to making sense of and improving their ability to deal with challenging circumstances and improving their overall mental health"
and 76% of money management clients reporting:
- "a significant improvement in their financial circumstance and overall wellbeing"

We recorded an overall satisfaction rate of 89%.

OUR SERVICES

Counselling and Psychotherapy Service

Dedicated to making free professionally counselling and psychotherapy as accessible as possible, St Martin's Centre for Health and Healing Therapy Service has been working to improve the mental health and wellbeing of Birmingham residents for nearly 20 years. All our clients can be classed as vulnerable, many at risk, often with multiple issues, and predominantly coming from the most marginalised, impoverished parts of our community.

That's over 14,000 vulnerable people supported in developing the insight, resilience and self-management skills to improve their mental health and make a positive contribution to their overall quality of life in often very difficult personal and economic circumstances.

In 2018 the demand for our services was greater than ever and our 60+ BACP/UKCP/BABCP volunteer therapists (all either qualified or accumulating hours after academic studies), and 6 staff offered free, confidential counselling and psychotherapy to 1056 vulnerable people from our purpose premises in the centre of the city.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 December 2018

Achievements and performance *(continued)*

Street Level Money Advice

Street Level complemented our counselling service by ensuring vulnerable people were moving towards being Debt free; were better able to manage money and were receiving the Welfare Benefits and services they were entitled to.

The Advice process is often extremely time consuming and lengthy. Most of our clients cannot navigate complex systems and are unable to negotiate on their own behalf. So, numbers of people accessing the service will always be low compared to our counselling service. However, the Impact on the lives of the individuals and their families is significant and usually long-lasting.

In 2018 the service has:

- 'headed' off 19 eviction notices
- restructured the unmanageable debts of 22 people
- secured Benefits entitlements for 32 people
- supported securing accommodation for 8 people
- provide 97 general Advice Sessions
- signposted over 100 for specialist support

Financial review

Principal funding sources are Birmingham Cross City Commissioning Groups (NHS), the Living Well Consortium, the Training of CBT therapists under contract to Health Education England and the hosting of Birmingham and Solihull Mental Health Foundation Trust mental health clinics.

We also receive small fees direct from our clients for some of the counselling services as well as a number of grants. During the year the charity received grant funding of £46,466 (2017: £103,851) and £164,128 (2017: £142,100) from room hire and counselling fees. Costs incurred were £193,234 (2017: £189,689). The overall result for the year was a surplus of £17,366 (2017: £56,266). The surplus has been added to reserves leaving a total of £129,557 carried forward to 2019.

Included in the above are grants received specifically for the Street Level Money Advice service. Total grants were £21,375 (2017: £16,250). All of this money was spent on salaries in providing the service or in costs directly related to the service. There were no restricted funds carried forward to 2019.

Going Concern

The trustees confirm they have considered all available information about the future for at least 12 months from the date the accounts were approved and have concluded that there is no uncertainty relating to going concern. Accordingly the accounts have been prepared on a going concern basis.

Reserves

The trustees' policy is to try and maintain an amount of unrestricted reserves ie those not restricted or designated for specific purposes, equivalent to six months normal operating expenditure. Actual reserves of £129,557 exceeded the calculated amount of approximately £95,000 by £35,000. The trustees intend that this excess will be used as part of the running of the Street Level Service and will review the situation at the end of 2019. The trustees are also, however, conscious of the economic climate and the pressures on health services and recognise that grants and other income can diminish.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 December 2018

Plans for future periods

Street Level

2019 will see Street Level expand its services offering free Money Advice Surgeries in several churches across the city. Establishing and running a money advice service is costly and time consuming and often beyond the capacity of local parish churches.

The ambition is to create a network of churches working together to deduce unmanageable debt, ensure those they come into contact with receive all the Welfare Benefits they are entitled too and improve the mental health and wellbeing of people across the city. Partnership agreements have been entered into with two churches with several more under discussion.

Structure, governance and management

The charity is a charitable company, incorporated on 19 April 2002 and is governed by its Memorandum and Articles of Association as amended on 28 July 2008.

Recruitment and induction of new trustees

The body of trustees, who are also directors for the purpose of company law, comprises five trustees appointed by the Parochial Church Council of St Martin in the Bull Ring and up to 10 persons co-opted for a fixed period of two years by the trustees currently in place. The chair of trustees is nominated by the Rector of St Martin in the Bull Ring.

Organisational structure

Day to day management is delegated to the chief executive, Mr Rob Jones.

Induction and training of new trustees

The board ensures that all members are aware of their responsibilities as trustees. Any new trustees are supplied, on their appointment, with appropriate literature issued by Charities Commission detailing their responsibilities.

Related Parties

The charity maintains a close working relationship on all operational matters with the Parochial Church Council of St Martin in the Bull Ring. Transactions with the PCC are disclosed in the accounts.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 December 2018

Reference and administrative details

Registered charity name	St Martins Centre for Health and Healing
Charity registration number	1094458
Company registration number	04421138
Principal office and registered office	St Martin's Church Edgbaston Street Birmingham B5 5BB

The trustees

J Barber	
Co-opted	
Revd Dr M Branscombe	(Resigned 12 January 2019)
SA Ferris	
Co-opted	
A Standing	
Co-opted	
CM Marshall	
Appointed by PCC	(Resigned 12 January 2019)
MC Rushen	
Appointed by PCC	
MJ Woodward	
Appointed by PCC	
D Hawker	(Resigned 10 January 2018)
Co-opted	
Canon SW Jones	(Resigned 19 January 2018)
Appointed by PCC	
Revd J Allcock	(Appointed 30 May 2019)
Revd E Blair Chappell	(Appointed 30 May 2019)
S Blair Chappell	(Appointed 30 May 2019)

Company secretary MJ Woodward

Accountants David Seeley FCA
Chartered accountant
Accuo Accounting Limited
Chartered Accountants
Alvechurch
Birmingham
B48 7JX

Events after the end of the reporting period

The trustees are not aware of any events occurring since the balance sheet date that need to be disclosed.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 December 2018

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 18 June 2019 and signed on behalf of the board of trustees by:



A Standing
Trustee

St Martins Centre for Health and Healing

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of St Martins Centre for Health and Healing

Year ended 31 December 2018

I report to the trustees on my examination of the financial statements of St Martins Centre for Health and Healing ('the charity') for the year ended 31 December 2018.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

DAVID SEELEY FCA
Chartered accountant

Accuo Accounting Limited
Chartered Accountants
Alvechurch
Birmingham
B48 7JX

St Martins Centre for Health and Healing

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

31 December 2018

		Unrestricted funds £	2018 Restricted funds £	Total funds £	2017 Total funds £
	Note				
Income and endowments					
Donations and legacies	5	25,091	21,375	46,466	103,851
Other trading activities	6	164,128	—	164,128	142,100
Investment income	7	6	—	6	4
Total income		<u>189,225</u>	<u>21,375</u>	<u>210,600</u>	<u>245,955</u>
Expenditure					
Expenditure on raising funds:					
Costs of raising donations and legacies	8	234	—	234	656
Expenditure on charitable activities	9,10	171,625	21,375	193,000	189,033
Total expenditure		<u>171,859</u>	<u>21,375</u>	<u>193,234</u>	<u>189,689</u>
Net income and net movement in funds		<u>17,366</u>	<u>—</u>	<u>17,366</u>	<u>56,266</u>
Reconciliation of funds					
Total funds brought forward		112,191	—	112,191	55,925
Total funds carried forward		<u>129,557</u>	<u>—</u>	<u>129,557</u>	<u>112,191</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 10 to 18 form part of these financial statements.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Statement of Financial Position

31 December 2018

		2018 £	2017 £
Fixed assets			
Tangible fixed assets	16	653	1,125
Current assets			
Debtors	17	6,289	11,703
Cash at bank and in hand		129,570	109,881
		135,859	121,584
Creditors: amounts falling due within one year	18	6,955	10,518
		128,904	111,066
Net current assets		129,557	112,191
Total assets less current liabilities		129,557	112,191
Net assets			
Funds of the charity			
Unrestricted funds		129,557	112,191
Total charity funds	19	129,557	112,191

For the year ending 31 December 2018 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 18 June 2019, and are signed on behalf of the board by:



A Standing
Trustee/Director

The notes on pages 10 to 18 form part of these financial statements.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 December 2018

1. General Information

The charity is a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is St Martin's Church, Edgbaston Street, Birmingham, B5 5BB.

The charity is a public benefit entity.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The charity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under FRS 102:

No cash flow statement has been presented for the company.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2018

3. Accounting policies *(continued)*

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Significant judgements

The trustees consider there are no judgements (apart from those involving estimations) that management has made in the process of applying the entity's accounting policies and that have a significant effect on the amounts recognised in the financial statements.

Key sources of estimation uncertainty

Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome. There are no key assumptions or other sources of estimation uncertainty that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and may fall into one of two sub-classes: restricted income funds or endowment funds. At present there are no endowment funds.

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- income from room hire is recognised when the booking has taken place
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2018

3. Accounting policies *(continued)*

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT as this cannot be recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events and non-charitable trading activities.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.
- All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. Any aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. There are no tangible assets carried at revalued amounts,

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings - 25% straight line

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2018

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £
Donations			
Donations	2,072	–	2,072
Gift Aid	–	–	–
Grants			
Albert Hunt Trust	–	2,000	2,000
Erach and Roshan Sadri Foundation	–	–	–
Richard Cadbury Charitable Trust	–	400	400
GJW Turner Trust	–	2,000	2,000
Botteley Trust	–	1,000	1,000
29th May 1961 Trust	–	4,000	4,000
Lord Austin Trust	–	1,000	1,000
The Dumbreck Charity	–	1,000	1,000
Health Education England	–	–	–
Joan Lamb Charitable Trust	–	2,475	2,475
NHS Cross City CCG	22,419	–	22,419
The W.E.D Charitable Trust	–	500	500
Limoges Trust	–	–	–
The Grimmitt Trust	–	1,000	1,000
Westhill Endowment	–	–	–
Deritend Chapel Endowment	–	1,000	1,000
Edward Cadbury Charitable Trust	–	5,000	5,000
Sundry grants < £500	600	–	600
	<u>25,091</u>	<u>21,375</u>	<u>46,466</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £
Donations			
Donations	1,629	–	1,629
Gift Aid	328	–	328
Grants			
Albert Hunt Trust	3,000	–	3,000
Erach and Roshan Sadri Foundation	1,000	–	1,000
Richard Cadbury Charitable Trust	2,000	–	2,000
GJW Turner Trust	–	2,000	2,000
Botteley Trust	–	–	–
29th May 1961 Trust	–	–	–

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2018

5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £
Grants (continued)			
Lord Austin Trust	—	—	—
The Dumbreck Charity	—	—	—
Health Education England	56,464	—	56,464
Joan Lamb Charitable Trust	3,280	—	3,280
NHS Cross City CCG	17,350	—	17,350
The W.E.D Charitable Trust	1,000	—	1,000
Limoges Trust	1,000	—	1,000
The Grimmer Trust	—	3,000	3,000
Westhill Endowment	—	5,000	5,000
Deritend Chapel Endowment	—	1,250	1,250
Edward Cadbury Charitable Trust	—	5,000	5,000
Sundry grants < £500	550	—	550
	<u>87,601</u>	<u>16,250</u>	<u>103,851</u>

6. Other trading activities

	Unrestricted Funds £	Total Funds 2018 £	Unrestricted Funds £	Total Funds 2017 £
Room bookings	25,715	25,715	22,015	22,015
Counselling fees- individual	36,130	36,130	27,998	27,998
Counselling fees-corporate	780	780	880	880
Living Well Consortium Contract				
Counselling delivery	92,805	92,805	91,207	91,207
Salary support	8,698	8,698	—	—
	<u>164,128</u>	<u>164,128</u>	<u>142,100</u>	<u>142,100</u>

7. Investment Income

	Unrestricted Funds £	Total Funds 2018 £	Unrestricted Funds £	Total Funds 2017 £
Bank interest receivable	6	6	4	4

8. Costs of raising donations and legacies

	Unrestricted Funds £	Total Funds 2018 £	Unrestricted Funds £	Total Funds 2017 £
Fundraising costs	234	234	266	266
Office costs	—	—	390	390
	<u>234</u>	<u>234</u>	<u>656</u>	<u>656</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2018

9. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £
Counselling and room hire	98,789	—	98,789
Street Level	1,325	21,375	22,700
Support costs	71,511	—	71,511
	<u>171,625</u>	<u>21,375</u>	<u>193,000</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £
Counselling and room hire	95,473	—	95,473
Street Level	—	20,105	20,105
Support costs	73,455	—	73,455
	<u>168,928</u>	<u>20,105</u>	<u>189,033</u>

10. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2018 £	Total fund 2017 £
Counselling and room hire	98,789	68,946	167,735	167,008
Street Level	22,700	—	22,700	20,105
Governance costs	—	2,565	2,565	1,920
	<u>121,489</u>	<u>71,511</u>	<u>193,000</u>	<u>189,033</u>

11. Analysis of support costs

	Counselling and room hire £	Total 2018 £	Total 2017 £
Staff costs	66,946	66,946	69,135
General office	1,200	1,200	2,400
Governance costs	2,565	2,565	1,920
	<u>70,711</u>	<u>70,711</u>	<u>73,455</u>

12. Net income

Net income is stated after charging/(crediting):

	2018 £	2017 £
Depreciation of tangible fixed assets	<u>472</u>	<u>472</u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2018

13. Independent examination fees

	2018 £	2017 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	600	600
Other financial services	1,320	1,320
	<u>1,920</u>	<u>1,920</u>

14. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2018 £	2017 £
Wages and salaries	126,432	128,640
Social security costs	7,751	7,832
Employer contributions to pension plans	2,370	1,944
	<u>136,553</u>	<u>138,416</u>

The average head count of employees during the year was 5 (2017: 4). The average number of full-time equivalent employees during the year is analysed as follows:

	2018 No.	2017 No.
Director	1	1
Administration	2	1
Counselling	2	2
	<u>5</u>	<u>4</u>

No employee received employee benefits of more than £60,000 during the year (2017: Nil).

Key Management Personnel

The charity considers the key management personnel to be the trustees and the Chief Executive. The trustees receive no remuneration and the total employee benefits are £54,000 (2017: £50,000).

15. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2018

16. Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 January 2018 and 31 December 2018	16,648
Depreciation	
At 1 January 2018	15,523
Charge for the year	472
At 31 December 2018	15,995
Carrying amount	
At 31 December 2018	653
At 31 December 2017	1,125

17. Debtors

	2018 £	2017 £
Trade debtors	6,289	8,805
Other debtors	—	2,898
	6,289	11,703

18. Creditors: amounts falling due within one year

	2018 £	2017 £
Trade creditors	1,990	4,392
Social security and other taxes	1,432	3,499
Other creditors	3,533	2,627
	6,955	10,518

19. Analysis of charitable funds

Unrestricted funds

	At 1 January 2018 £	Income £	Expenditure £	At 31 December 2018 £
General funds	112,191	189,225	(171,859)	129,557

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2018

19. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 January 20 18	Income	Expenditure	At 31 December 2018
	£	£	£	£
Street Level Service	—	21,375	(21,375)	—

20. Analysis of net assets between funds

	Unrestricted Funds	Total Funds 2018	Total Funds 2017
	£	£	£
Tangible fixed assets	653	653	1,125
Current assets	135,859	135,859	121,584
Creditors less than 1 year	(6,955)	(6,955)	(10,518)
Net assets	129,557	129,557	112,191

21. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2018	2017
	£	£
Later than 5 years	322,560	342,720

22. Related parties

During the year the charity entered into the following transactions with related parties:

	Transaction value		Balance owed by/(owed to)	
	2018	2017	2018	2017
	£	£	£	£
St Martin's Parochial Church Council	37,301	35,691	(1,371)	(4,445)

There are transactions with the Parochial Church Council of St Martin in the Bull Ring.

(a) The Rector of the church has the power to appoint the chair of trustees and the PCC has the power to appoint up to five trustees to the charity.

(b) The building in which the charity operates is leased from the PCC and the PCC also makes recharges to the charity in respect of a number of services provided; telephone, heat and light, photocopying, and a staff service charge. The amounts charged in the year were £17,141 (2017: £15,531);

(c) The lease is for a period of 20 years, due to finish in 2035 and the annual rent payable is £20,160.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Management Information

Year ended 31 December 2018

The following pages do not form part of the financial statements.

St Martins Centre for Health and Healing

Company Limited by Guarantee

Detailed Statement of Financial Activities

31 December 2018

	2018 £	2017 £
Income and endowments		
Donations and legacies		
Donations	2,072	1,629
Gift Aid	—	328
Albert Hunt Trust	2,000	3,000
Erach and Roshan Sadri Foundation	—	1,000
Richard Cadbury Charitable Trust	400	2,000
GJW Turner Trust	2,000	2,000
Botteley Trust	1,000	—
29th May 1961 Trust	4,000	—
Lord Austin Trust	1,000	—
The Dumbreck Charity	1,000	—
Health Education England	—	56,464
Joan Lamb Charitable Trust	2,475	3,280
NHS Cross City CCG	22,419	17,350
The W.E.D Charitable Trust	500	1,000
Limoges Trust	—	1,000
The Grimmitt Trust	1,000	3,000
Westhill Endowment	—	5,000
Deritend Chapel Endowment	1,000	1,250
Edward Cadbury Charitable Trust	5,000	5,000
Sundry grants < £500	600	550
	<u>46,466</u>	<u>103,851</u>
Other trading activities		
Room bookings	25,715	22,015
Counselling fees- individual	36,130	27,998
Counselling fees-corporate	780	880
Living Well Consortium Contract Counselling delivery	92,805	91,207
Salary support	8,698	—
	<u>164,128</u>	<u>142,100</u>
Investment income		
Bank interest receivable	6	4
	<u>210,600</u>	<u>245,955</u>
Total income		

St Martins Centre for Health and Healing

Company Limited by Guarantee

Detailed Statement of Financial Activities *(continued)*

31 December 2018

	2018 £	2017 £
Expenditure		
Costs of raising donations and legacies	234	656
Other office costs		
Expenditure on charitable activities	126,432	128,640
Wages and salaries	7,751	7,832
Employer's NIC	2,370	1,944
Pension costs	20,160	20,160
Rent	451	681
Rates and water	3,955	4,819
Light and heat	500	—
Repairs and maintenance	4,013	3,154
Insurance	435	277
Other establishment	1,920	1,920
Legal and professional fees	977	625
Telephone	10,849	4,352
Other office costs	472	472
Depreciation	9,800	7,972
Management charges	390	2,410
Counselling and volunteer expenses	1,200	2,400
Book-keeping	—	225
Publicity	1,325	1,150
Training courses	193,000	189,033
	<u>193,234</u>	<u>189,689</u>
Total expenditure		
	<u>17,366</u>	<u>56,266</u>
Net Income		

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Detailed Statement of Financial Activities

31 December 2018

	2018	2017
	£	£
Costs of raising donations and legacies		
Costs of raising donations and legacies - Donations		
Fundraising costs	234	266
	<u> </u>	<u> </u>
Costs of raising donations and legacies - Grants receivable		
Office costs	—	390
	<u> </u>	<u> </u>
Costs of raising donations and legacies	234	656
	<u> </u>	<u> </u>

St Martins Centre for Health and Healing

Company Limited by Guarantee

Notes to the Detailed Statement of Financial Activities *(continued)*

31 December 2018

	2018 £	2017 £
Expenditure on charitable activities		
Counselling and room hire		
<i>Activities undertaken directly</i>		
Salaries	47,432	49,219
Employer's NIC	—	2,327
Rent	20,160	20,160
Rates & water	451	681
Light & heat	3,955	4,819
Repairs & maintenance	500	—
Insurance	4,013	3,154
Other establishment costs	435	277
Telephone	977	625
Other office costs	10,204	3,357
Depreciation	472	472
Management charges	9,800	7,972
Counselling and volunteer expenses	390	2,410
	<u>98,789</u>	<u>95,473</u>
 Support costs		
Salaries	57,625	61,686
Employer's NIC	7,751	5,505
Pension costs	2,370	1,944
Book-keeping	1,200	2,400
	<u>68,946</u>	<u>71,535</u>
 Street Level		
<i>Activities undertaken directly</i>		
Salaries	21,375	17,735
Office costs	—	995
Publicity	—	225
Training courses	1,325	1,150
	<u>22,700</u>	<u>20,105</u>
 Governance costs		
Legal and other professional fees	1,920	1,920
Governance costs - other office costs	645	—
	<u>2,565</u>	<u>1,920</u>
 Expenditure on charitable activities	<u>193,000</u>	<u>189,033</u>

