

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended
31 March 2018
for
The Balint Society**

Gardners
Brynford House
21 Brynford Street
Holywell
Flintshire
CH8 7RD

The Balint Society

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for the year ended 31 March 2018**

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The Balint Society

Report of the Trustees for the year ended 31 March 2018

The trustees present their report with the financial statements of the charity for the year ended 31 March 2018. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives and aims of the Society are to promote and advance discussion groups using the Balint method, and research and studies on the psychological aspects of health and social care, with special reference to the professional-patient/client relationship and to disseminate this knowledge beyond the Society for the improvement of the care of the public at large.

Policies to further objectives

To provide an opportunity for the study of similar problems as experienced by members of branches of other helping professions and in this connection to support and promote Balint Groups of the type already established in this country and elsewhere;

To promote the publication of the transactions of the society and of the relevant material;

To establish relationships with similar charitable societies;

To assist any charitable body or bodies financially or otherwise;

To obtain, collect and receive money and funds by way of contributions, donations, affiliations, subscriptions, legacies, grants and other lawful methods and to accept and receive gifts of property of any description (whether subject to any special trusts or not).

The Balint Society

Report of the Trustees for the year ended 31 March 2018

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Secretary's Report on Achievement & Performance for the year ended 31 March 2018

The Council has continued to bring the Society up to date with its IT presence.

Ceri Dornan and Eamonn Marshall co-produced a General Data Protection Policy and Data Breach Policy to make sure the Society complied with the new regulations that came into force late in March of this year. Eamonn is investigating the viability of a mapping service for leaders and current groups across the country. We have been able to set up a Direct debit system, including payment in Euros, for membership and events using Go-Cardless.

A review by Council of the last year's accounts showed a deficit of income over expenses of £5,000. This had not happened in previous years. There has been an increase in the number of events in the year, some of which have run at a loss. Because Council wanted to continue to support leaders in their work at events and to continue subsidies (to students and non-medical professionals) it was decided to increase the membership fee and the cost of attending events. This was the first increase in many years. We hope the members support this initiative in encouraging Balint work.

The Annual Dinner and study day had Professor Helen Stokes-Lampard PHD, the current Chair of the Royal College of General Practitioners (RCGP), as speaker. There was a lively discussion from society members on the wish for greater encouragement from the college for psychodynamic thinking and reflection of practitioners in their medical work. With this in mind the Society wishes to strengthen its affiliation with the college. The RCGP has agreed to endorse the Balint Society events and asked the Society to present a workshop at the annual conference in Glasgow in October.

Eamonn Marshall and Helen Sheldon are hoping to continue Balint groups for those medical students who have had Balint Group experience as undergraduates in London. There is to be an open day in October to formulate the next steps. There are encouraging indications that more Medical Schools are giving their undergraduates exposure to Balint work.

The Balint Society UK continues its links with the International Balint Federation. Some members abroad are members of the UK Society as a way of promoting Balint Groups and the formation of local societies in those countries. Their contribution to thinking about Balint work is always welcome.

Dr. Richard Pannett

Report on the International Balint Federation (IBF) Congress held in Oxford, 6th to 10th September 2017

The UK Balint Society was host for the biennial IBF Congress in 2017. National Balint Societies volunteer to host this meeting, with the UK last having done so in 1998. The Congress required two years of careful preparation, finding a suitable venue and preparing a programme. The theme of our meeting was 'Balint Theory and Practice: Exploring Diversity'. The programme included talks, presented papers and workshops around the conference theme. Participants also took part in Balint groups or leadership training groups throughout the weekend. A day was also arranged to allow medical students from the UK to attend, to hear talks including presentations from the 3 winners of an international essay prize and have their own Balint group.

We were pleased to have a large attendance of 212 people from around 26 countries. Feedback about the meeting was very positive and we felt that our links with the international Balint community had been strengthened.

Dr Ceri Dornan, former Balint Society Secretary and member of the Congress organising team.

FINANCIAL REVIEW

Financial position

As can be seen from the account, the Society maintains enough income for running costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

Organisational structure

The affairs of the Society are managed by the council according to the constitution.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

261387

The Balint Society

**Report of the Trustees
for the year ended 31 March 2018**

REFERENCE AND ADMINISTRATIVE DETAILS

Principal address

Spindlewood
Fron Bache
Llangollen
Denbighshire
LL20 7BW

Trustees

Dr C Spencer-Palmer
Dr G Fitzgerald
Dr R Pannett
Dr A Evans
Dr T McAnea
Dr J Dammers
Dr A Kothari
Dr S Warden
Dr E Marshall
Dr D Watt
Dr C Dornan
Dr G Mock
Dr S Seigel
Dr S Wraight

President	
Vice President	
Honorary Secretary	- appointed 7/9/17
Honorary Treasurer	
Honorary Editor	
Member of Council	
Member of Council	- appointed 7/9/17
Member of Council	- appointed 7/9/17
Member of Council	- appointed 7/9/17
	- resigned 7/9/17
	- resigned 7/9/17
	- resigned 7/9/17
	- resigned 7/9/17
	- resigned 7/9/17

Independent examiner

Melanie Langton-Davies, ACA, FCCA
Gardners
Brynford House
21 Brynford Street
Holywell
Flintshire
CH8 7RD

Approved by order of the board of trustees on 13 September 2019 and signed on its behalf by:

Dr J Dammers - Trustee



**Independent Examiner's Report to the Trustees of
The Balint Society**

Independent examiner's report to the trustees of The Balint Society

I report to the charity trustees on my examination of the accounts of the The Balint Society (the Trust) for the year ended 31 March 2018.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Melanie Langton-Davies, ACA, FCCA
Gardners
Brynford House
21 Brynford Street
Holywell
Flintshire
CH8 7RD

13 September 2019

The Balint Society

Statement of Financial Activities
for the year ended 31 March 2018

		2018 Unrestricted fund £	2017 Total funds £
	Notes		
INCOME AND ENDOWMENTS FROM			
Donations and legacies		4,742	-
Charitable activities			
Charitable activities		167,696	51,199
Investment income	2	2	681
Total		172,440	51,880
EXPENDITURE ON			
Raising funds		3,240	2,988
Charitable activities			
Charitable activities		181,057	72,133
Total		184,297	75,121
Net gains/(losses) on investments		-	5,642
NET INCOME/(EXPENDITURE)		(11,857)	(17,599)
RECONCILIATION OF FUNDS			
Total funds brought forward		116,602	134,201
TOTAL FUNDS CARRIED FORWARD		104,745	116,602

The notes form part of these financial statements

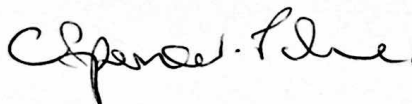
The Balint Society

Balance Sheet
At 31 March 2018

	Notes	2018 Unrestricted fund £	2017 Total funds £
FIXED ASSETS			
Investments	5	93,104	93,246
CURRENT ASSETS			
Debtors	6	897	455
Cash at bank		10,894	23,051
		<u>11,791</u>	<u>23,506</u>
CREDITORS			
Amounts falling due within one year	7	(150)	(150)
NET CURRENT ASSETS		<u>11,641</u>	<u>23,356</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		104,745	116,602
NET ASSETS		<u>104,745</u>	<u>116,602</u>
FUNDS	8		
Unrestricted funds		104,745	116,602
TOTAL FUNDS		<u>104,745</u>	<u>116,602</u>

The financial statements were approved by the Board of Trustees on 13 September 2019 and were signed on its behalf by:

Dr C Spencer-Palmer - Trustee



Dr A Evans - Trustee



The notes form part of these financial statements

The Balint Society

Notes to the Financial Statements for the year ended 31 March 2018

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	2018	2017
	£	£
Other fixed asset invest - FII	-	675
Deposit account interest	2	6
	<u>2</u>	<u>6</u>
	<u>2</u>	<u>681</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

Payments were made to trustees, acting in their professional capacity, for leading groups at study days and workshops amounted to £1,850 for the year ended 31 March 2018.

Trustees' expenses

Payments made to trustees for travel expenses amounted to £697 for the year ended 31 March 2018.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund
	£
INCOME AND ENDOWMENTS FROM	
Charitable activities	
Charitable activities	51,199
Investment income	<u>681</u>
Total	<u>51,880</u>

The Balint Society

Notes to the Financial Statements - continued
for the year ended 31 March 2018

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £
EXPENDITURE ON	
Raising funds	2,988
Charitable activities	
Charitable activities	72,133
Total	75,121
Net gains/(losses) on investments	5,642
NET INCOME/(EXPENDITURE)	(17,599)
RECONCILIATION OF FUNDS	
Total funds brought forward	134,201
TOTAL FUNDS CARRIED FORWARD	116,602

5. FIXED ASSET INVESTMENTS

	Listed investments £
MARKET VALUE	
At 1 April 2017	93,246
Revaluations	25
Impairments	(167)
At 31 March 2018	93,104
NET BOOK VALUE	
At 31 March 2018	93,104
At 31 March 2017	93,246

There were no investment assets outside the UK.

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018 £	2017 £
Trade debtors	897	455

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018 £	2017 £
Other creditors	150	150

The Balint Society

Notes to the Financial Statements - continued
for the year ended 31 March 2018

8. MOVEMENT IN FUNDS

	At 1/4/17 £	Net movement in funds £	At 31/3/18 £
Unrestricted funds			
General fund	116,602	(11,857)	104,745
TOTAL FUNDS	<u>116,602</u>	<u>(11,857)</u>	<u>104,745</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	172,440	(184,297)	(11,857)
TOTAL FUNDS	<u>172,440</u>	<u>(184,297)</u>	<u>(11,857)</u>

Comparatives for movement in funds

	At 1/4/16 £	Net movement in funds £	At 31/3/17 £
Unrestricted Funds			
General fund	134,201	(17,599)	116,602
TOTAL FUNDS	<u>134,201</u>	<u>(17,599)</u>	<u>116,602</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	51,880	(75,121)	5,642	(17,599)
TOTAL FUNDS	<u>51,880</u>	<u>(75,121)</u>	<u>5,642</u>	<u>(17,599)</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2018.