

SAMARITANS



Together we can make
change that saves lives

Ipswich & East Suffolk Branch



Annual Report 2019

Branch Director's Report

I am now in my third year as Branch Director of the Samaritans of Ipswich & East Suffolk and as I move towards the end of my period in the role I retain much pride in the branch and especially all the volunteers involved in providing such a valuable service to help and support those in need.

It has been a busy year on many levels. As I write this article we are well on the way to completing our branch refurbishment and we have now relocated into a brand new Operations Room on the first floor of the branch. It is a fantastic facility and will provide volunteers a much better and more conducive space to work in. We will have a new meeting room and training room on the ground floor and the whole centre will benefit from the cleaner and fresher environment. The work has been made possible from some very kind donations to the branch for which we are very grateful.

Samaritans has changed its branding this year to make it more fit for purpose and along with this there are many changes underway from our Central charity as part of the 'There for Everyone' programme which is looking to modernise many aspects of our work, including our training, the way we support our volunteers, as well as increasing our awareness and interaction on social media platforms.

We continue to do a lot of work outside the branch, which enables us to reach local people who may need our help. This is a particular strength of the branch and we have a dedicated team of volunteers who undertake this work and they continue to do this as well as their regular listening duties.

We have developed a very strong partnership with Ipswich Town Football Club, who have supported us during many different events during the year and the players have been extremely supportive of what we do. Our partnership with the Norfolk & Suffolk Foundation Trust has proved to be extremely valuable and we have supported many vulnerable people who have been recognised as in need of specific emotional support. We are in discussions with other potential new partnerships, but we should never forget our key telephone, email and SMS service, the demand for which continues to increase.

As well as the above, we continue to provide regular services to our local prisons, Approved Premises and the local Soup Kitchen. However, none of what we do would be possible without our dedicated listening and support volunteers who work tirelessly in support of our branch.

REGISTERED CHARITY NUMBER: 1168725

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019
FOR

THE SAMARITANS OF IPSWICH
AND EAST SUFFOLK

Ballams
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

THE SAMARITANS OF IPSWICH
AND EAST SUFFOLK

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FOR THE YEAR ENDED 31 MARCH 2019

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**THE SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2019**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity's structure was changed on 11 August 2016 to that of an association charitable incorporated organisation (CIO) and is controlled by its governing document, a constitution, filed on that date.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1168725

Principal address

140 St Helens Street
Ipswich
Suffolk
IP4 2LE

Trustees

Mrs H Peace	Treasurer
C Stuart	Secretary
Mrs H Wilkinson	Chairman
Ms A Reeve	Branch Director
J Wright	Deputy Director
A Reeder	
Mrs J Cassidy	
Mrs R Thompson	
Dr P Athwell	
G Yates	

Independent examiner

M J Mortimer ACA FCCA
Ballams
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

Bankers

HSBC Bank Plc
20 High Street
Saxmundham
Suffolk
IP17 1DB

THE SAMARITANS OF IPSWICH
AND EAST SUFFOLK

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2019

Approved by order of the board of trustees on and signed on its behalf by:

.....
J Wright - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE SAMARITANS OF IPSWICH
AND EAST SUFFOLK

Independent examiner's report to the trustees of The Samaritans of Ipswich and East Suffolk

I report to the charity trustees on my examination of the accounts of the The Samaritans of Ipswich and East Suffolk (the Trust) for the year ended 31 March 2019.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

M J Mortimer ACA FCCA
Ballams
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

Date:

**THE SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2019**

	Notes	Unrestricted funds £	Restricted fund £	2019 Total funds £	2018 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		26,658	-	26,658	47,562
Other trading activities	2	82,475	-	82,475	87,026
Other income		2,827	-	2,827	2,443
Total		<u>111,960</u>	<u>-</u>	<u>111,960</u>	<u>137,031</u>
EXPENDITURE ON					
Raising funds		71,292	-	71,292	79,624
Charitable activities					
Emergency support		37,870	-	37,870	29,543
Other		10,494	-	10,494	13,383
Total		<u>119,656</u>	<u>-</u>	<u>119,656</u>	<u>122,550</u>
NET INCOME/(EXPENDITURE)		<u>(7,696)</u>	<u>-</u>	<u>(7,696)</u>	<u>14,481</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		211,651	-	211,651	197,170
TOTAL FUNDS CARRIED FORWARD		<u>203,955</u>	<u>-</u>	<u>203,955</u>	<u>211,651</u>

The notes form part of these financial statements

**THE SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**STATEMENT OF FINANCIAL POSITION
AT 31 MARCH 2019**

	Notes	Unrestricted funds £	Restricted fund £	2019 Total funds £	2018 Total funds £
FIXED ASSETS					
Tangible assets	6	114,016	-	114,016	117,491
CURRENT ASSETS					
Stocks	7	1,390	-	1,390	1,650
Debtors	8	8,095	-	8,095	7,276
Cash at bank and in hand		82,077	-	82,077	87,437
		<u>91,562</u>	<u>-</u>	<u>91,562</u>	<u>96,363</u>
CREDITORS					
Amounts falling due within one year	9	(1,623)	-	(1,623)	(2,203)
		<u>89,939</u>	<u>-</u>	<u>89,939</u>	<u>94,160</u>
NET CURRENT ASSETS					
		<u>89,939</u>	<u>-</u>	<u>89,939</u>	<u>94,160</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>203,955</u>	<u>-</u>	<u>203,955</u>	<u>211,651</u>
NET ASSETS		<u>203,955</u>	<u>-</u>	<u>203,955</u>	<u>211,651</u>
FUNDS	10				
Unrestricted funds				<u>203,955</u>	<u>211,651</u>
TOTAL FUNDS				<u>203,955</u>	<u>211,651</u>

The financial statements were approved by the Board of Trustees on and were signed on its behalf by:

.....
J Wright -Trustee

The notes form part of these financial statements

**THE SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 33% on cost and 25% on reducing balance
Motor vehicles	- 25% on reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

THE SAMARITANS OF IPSWICH
AND EAST SUFFOLK

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

2. OTHER TRADING ACTIVITIES

	2019	2018
	£	£
Fundraising events	6,423	6,411
Shop income	75,378	79,351
"100" Club	615	773
N.O.M.S	59	491
	<hr/>	<hr/>
	82,475	87,026
	<hr/>	<hr/>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018 .

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018 .

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2019	2018
Shop manageress	1	1
Deputy shop manager	1	1
Cleaner	1	1
	<hr/>	<hr/>
	3	3
	<hr/>	<hr/>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	47,562	-	47,562
Other trading activities	87,026	-	87,026
Other income	2,443	-	2,443
	<hr/>	<hr/>	<hr/>
Total	137,031	-	137,031
 EXPENDITURE ON			
Raising funds	79,624	-	79,624
Charitable activities			
Carried forward			

THE SAMARITANS OF IPSWICH
AND EAST SUFFOLK

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted fund £	Total funds £
Charitable activities			
Brought forward			
Emergency support	29,543	-	29,543
Other	13,383	-	13,383
Total	122,550	-	122,550
NET INCOME/(EXPENDITURE)	14,481	-	14,481
RECONCILIATION OF FUNDS			
Total funds brought forward	197,170	-	197,170
TOTAL FUNDS CARRIED FORWARD	211,651	-	211,651

6. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Motor vehicles £	Totals £
COST				
At 1 April 2018	186,883	45,058	17,851	249,792
Additions	-	3,307	-	3,307
At 31 March 2019	186,883	48,365	17,851	253,099
DEPRECIATION				
At 1 April 2018	77,159	42,939	12,203	132,301
Charge for year	3,738	1,632	1,412	6,782
At 31 March 2019	80,897	44,571	13,615	139,083
NET BOOK VALUE				
At 31 March 2019	105,986	3,794	4,236	114,016
At 31 March 2018	109,724	2,119	5,648	117,491

THE SAMARITANS OF IPSWICH
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NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

7. STOCKS

	2019	2018
	£	£
Stocks	1,390	1,650
	<u> </u>	<u> </u>

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019	2018
	£	£
Other debtors	8,095	7,276
	<u> </u>	<u> </u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019	2018
	£	£
Trade creditors	-	(93)
Other creditors	1,623	2,296
	<u> </u>	<u> </u>
	1,623	2,203
	<u> </u>	<u> </u>

10. MOVEMENT IN FUNDS

	At 1.4.18	Net movement in funds	At 31.3.19
	£	£	£
Unrestricted funds			
General fund	211,651	(7,696)	203,955
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	211,651	(7,696)	203,955
	<u> </u>	<u> </u>	<u> </u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	111,960	(119,656)	(7,696)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	111,960	(119,656)	(7,696)
	<u> </u>	<u> </u>	<u> </u>

THE SAMARITANS OF IPSWICH
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NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.17 £	Net movement in funds £	At 31.3.18 £
Unrestricted Funds			
General fund	197,170	14,481	211,651
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>197,170</u>	<u>14,481</u>	<u>211,651</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	137,031	(122,550)	14,481
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>137,031</u>	<u>(122,550)</u>	<u>14,481</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.17 £	Net movement in funds £	At 31.3.19 £
Unrestricted funds			
General fund	197,170	6,785	203,955
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>197,170</u>	<u>6,785</u>	<u>203,955</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	248,991	(242,206)	6,785
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>248,991</u>	<u>(242,206)</u>	<u>6,785</u>

THE SAMARITANS OF IPSWICH
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NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2019.

THE SAMARITANS OF IPSWICH
AND EAST SUFFOLK

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2019

	2019 £	2018 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations and gifts	20,970	43,531
Covenants and gift aid	5,688	4,031
	<hr/>	<hr/>
	26,658	47,562
Other trading activities		
Fundraising events	6,423	6,411
Shop income	75,378	79,351
"100" Club	615	773
N.O.M.S	59	491
	<hr/>	<hr/>
	82,475	87,026
Other income		
Other Income	2,827	2,443
	<hr/>	<hr/>
Total incoming resources	111,960	137,031
 EXPENDITURE		
Other trading activities		
Opening stock	1,650	1,350
Wages	22,144	30,153
Other selling costs	48,888	49,771
Closing stock	(1,390)	(1,650)
	<hr/>	<hr/>
	71,292	79,624
Charitable activities		
Business rates	666	615
Insurance	1,667	-
Water light and heat	3,013	4,045
Emergency telephone	3,353	3,448
Advertising and publicity	2,466	4,089
Repairs and renewals	15,309	4,362
Cleaning and housekeeping	1,531	1,379
Volunteer travel expenses	3,457	5,629
Freehold property depreciation	3,364	3,364
Fixtures & fittings depreciation	1,632	696
Carried forward	36,458	27,627

This page does not form part of the statutory financial statements

THE SAMARITANS OF IPSWICH
AND EAST SUFFOLK

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2019

	2019 £	2018 £
Charitable activities		
Brought forward	36,458	27,627
Motor vehicle depreciation	1,412	1,883
	<hr/>	<hr/>
	37,870	29,510
Support costs		
Management		
Business rates	74	68
Water light and heat	335	449
Printing postage & stationery	221	905
Sundries	3,756	3,536
Professional fees	755	1,305
Vehicle expenses	541	2,187
Branch affiliation fee	1,572	2,236
Repairs and renewals	1,701	485
Cleaning and housekeeping	170	153
Conference expenses	995	1,145
Branch visit	-	573
Freehold property depreciation	374	374
	<hr/>	<hr/>
	10,494	13,416
	<hr/>	<hr/>
Total resources expended	119,656	122,550
	<hr/>	<hr/>
Net (expenditure)/income	<hr/> (7,696) <hr/>	<hr/> 14,481 <hr/>

This page does not form part of the statutory financial statements

Branch Treasurer's Report

Last year I reported that our Branch was in a strong position to advance our plans for refurbishing the Centre. At the time of writing I can now report that all work on the refurbishment is, more-or-less, complete and – apart from some last-minute bills which are still to come in from contractors - all paid for. By the end of the year on March 31st, 2019, about one quarter of the total cost had been paid for. The bulk of these costs will therefore come into the spending for the current year (2019/20).

Fundraising activities have once again played an important part in securing a healthy Bank Balance for the Branch. One of the most outstanding of these activities is a two-part Charity walk undertaken by our Listening Volunteers Anne 362. During the late Spring of 2018 and 2019 Anne has been walking 370 miles of the Camino de Santiago in Spain. The sponsorships from this walk have now raised over £5,000 for our Branch! We are extremely grateful to Anne for taking this on, and we all hope that she enjoyed the experience.

Our Charity Shop continues to flourish under the leadership of our Shop Manageress Janice, and her band of wonderful volunteers. This year the Shop has produced around £4,000 more profit than last year!

In order to maintain the level of sales that our Shop enjoys, we need to also maintain the level of donations that we receive into the Shop, and much of this comes from our own Volunteers. Not only does this give us a continuous stream of goods to sell into the Shop, but also enables us to add Gift aid to our income, and this is increasing year after year.

Many of our Listening and Support Volunteers take part in the various Outreach activities which our Deputy Director Anne organizes, and most of these events - as well as raising awareness of our Charity - raise money for the Branch by way of donations from the Public who attend.

Without the generosity of all our Volunteers who give up so much of their time for fundraising as well as supporting our Callers, the Branch would struggle to keep running as smoothly as it does.

Thank you to all of you. Your generosity is helping to save lives!