

Summer Adventure For Inner Londoners (SAIL)

Report

and

Financial

Statements

For The Year Ended

31 December 2018

Charity Number 1086709

Summer Adventure For Inner Londoners (SAIL)

A message from our Chair Person

Thanks to our generous supporters, we were able to provide a most wonderful residential holiday this year for about 100 children. Coming from homes that could not afford to send their children away and gain this valuable experience, we were thrilled to be able to provide these life building skills to so many vulnerable children.

The project focuses on bringing out the latent talents of these children and building up their skills. Primarily we concentrated on social skills, diet and exercise, and management skills. In a fun and relaxed environment, valuable life lessons were learnt. At the beginning some children were afraid to join in all the sports and activities, but once things got moving there was no looking back! The children were involved in the management of the project from its beginning to the very end, and they really felt that they had found a place that they belonged to. The friendships that were made, will last for a long time! Once again we would like to thank all our generous donors, without which this project would not be a reality.

SUMMER ADVENTURE FOR INNER LONDONERS

BACKGROUND TO OUR GROUP

Sail is based in Stamford Hill, North London. This area is unique in that it hosts a large numbers of ethnic minorities, each with its own cultural ethos and needs that are not met by statutory authorities. Added to that, ours is a poor community situated in the third most deprived borough in the country, and with over 13,000 young people, there is lots of work to be done. A proportion of families are well established financially, but there are thousands of people on the bread line, struggling to make ends meet, and provide for their daily basic needs. Main stream facilities that provide leisure time opportunities are culturally unsuitable for these children and we have to provide accordingly.

OUR GOALS

To provide a positive summer holiday experience to 100 disadvantaged inner city young people.
To improve the physical health and wellbeing of our users and give them opportunities that they would otherwise not have.

For the young people to go home with a positive self image and renewed hope and optimism for the future.

OUR PROJECT

The highlight of our year is our annual sleep away – a high-quality summer holiday programme for about 100 teenagers aged 13-16 years, from the inner city borough of Hackney, London, who would otherwise be spending the school holidays at home.

Our programme includes activities such as, debates, discussion, role plays, and opportunities for drama song and dance, and will focus particularly on the promotion of health, relaxation and rejuvenation, through sports-focused trips, exercise sessions and outdoor games. SAIL provides nutritious, appealing meals, and encourages healthy snacking by offering five portions of fresh fruit and vegetables daily. We operate a no smoking policy and our ethos proves to our users that they do not need to resort to smoking to feel fulfilled and mature. SAIL recognizes teenage boys' zest for life and their need for independence; we help them discover ways in which to utilize their talents, creating opportunities for them to become actively involved in the daily and behind-the-scenes running of the camp. We provide a framework within which they can assist in the planning and executions of many aspects of the camp, such as planning the daily schedule and incorporating their own wishes and ideas whenever appropriate, rather than presenting them with a finished programme. The young people take great pride in being able to help run their own camp and they demonstrate ability and talent far beyond what one would expect from young people of their age. This develops their maturity and feelings of self worth and self confidence.

BUDGET

Wages for 10 youth workers	£6,000
Transport to and from destination	£4,000
Trips and sports activities	£5,000
Healthy food including fresh fruit and vegetables	£7,000
Admin and insurance	£1,000
Total	£35,000

WHY OUR PROJECT IS NEEDED

The vast majority of our participants are from families who live in cramped conditions and where the parents are unable to afford even the smallest holiday extras. Their children attend cash strapped schools which focus on core curriculum subjects and they urgently need the summer holidays to provide a much needed break which will include leisure activities in a relaxing, structured and supervised setting, appropriate for impressionable young teenagers; and particularly important for them as they are surrounded by dangerous crime ridden inner city streets. Before SAIL began running its summer project, the school holidays posed a real problem for young people. Too young to get holiday jobs yet above the age of play schemes, and with their parents at work, they grew bored and frustrated, accomplishing nothing of real value, all the while at risk of taking part in dangerous or even criminal activities in and around their neighbourhoods.

THE DIFFERENCES WE HAVE ACHIEVED

For the 12 years that SAIL has been running summer holiday sleep aways, it has been a story of ongoing success. Our project has this year again had a tremendous impact. The boys felt a strong sense of camaraderie and they learnt how to get along with each other, forming a cohesive team, with one helping the other in order to achieve.

They gained immeasurably from the change in the environment, which spilled over into their year ahead schedule. The wide variety of interesting activities as well as the feelings of maturity and independence they developed in this break also served a vital role in enabling them to feel equal to their (heretofore!) more fortunate peers who go away in the holidays, and so much bitterness and resentment was removed. This, together with the developing of their talents and abilities, and having had their strengths highlighted, helped them to overcome much of their personal difficulties at home. Such a fulfilling holiday, put them in the right frame of mind to return to school ready to apply themselves to their studies with renewed enthusiasm and optimism.

As the boys continue to advance through their school career, there is much opportunity for volunteer work requiring skills, and responsible input. Our emphasis on user involvement means that our programme often is the catalyst for increasing their self confidence and helping them put their talents to good use. Their successes and ensuing good feelings fostered spur them on to arrange activities on their own. This is evident in various carnival that they arrange, weekly social club, maintaining an extensive library and running a popular bookbinding club. They reap great pleasure from making contributions to society. Our project has been a springboard for their development into mature adults, and for maximizing their potential, paving the way to their future as dependable adults, with a sense of self-esteem – an asset to society.

WHY WE ARE THE BEST PEOPLE TO DO THE WORK

As members of the same community as the people we serve, we are in the best position to understand and meet their needs. We have been working hard for many years to make life better for disadvantaged young people, and have gained valuable experience in the process, all the while maintaining contact with other groups providing similar or related services, thereby building up an ever expanding network of connections, which benefit our participants. We work closely with local schools, and also with community services that provide financial and social support to families in need or at risk, and we enjoy their full support and wholehearted endorsement.

Dealing hands on, with young teens has honed our ability to tailor the programme to their utmost benefit – we insist on recruiting staff of the highest calibre; and many successful years of experience has put our project firmly “on the map” as an important, reliable and vital community service. Our organisational standards are high and we work in line with quality guidelines published by “Hackney Quality in Play”, following their recommendations which enable us to monitor the quality of every aspect of the project tailoring them to fit our users’ specific and unique needs, thus ensuring that we deliver a service which has high quality standards and outcomes, across the board.

Summer Adventure For Inner Londoners (SAIL)

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Summer Adventure For Inner Londoners (SAIL)

Trustees

Mr. Jamie Friedman
Mrs. Rivka Rand
Mr. Isaac Deutsch
Mrs. Esther Posen
Mrs. Feige Rosenberg

Administration Address

1 Knightland Road
London E5 9HR

E mail: sail4boys@gmail.com

Charity Number 1086709

Accountants

Carl Rosen ACCA
50 Craven Park Road
South Tottenham
London N15 6AB

Summer Adventure For Inner Londoners (SAIL)
Report of the Trustees

The Trustees present their annual report with accounts of the Charity for the Year Ended 31 December 2018.

Status and Administration

The Charity, constituted by trust deed, dated 1st January 2001 and is a Registered Charity.

Trustees

The Trustees in office throughout the year were Jamie Friedman, Rivka Rand and Isaac Deutsch.

Mr. Jamie Friedman

Mrs. Rivka Rand

Mr. Isaac Deutsch

Mrs. Esther Posen

Mrs. Feige Rosenberg

No trustee nor any person connected with them received any remuneration during the year.

Investment Powers

The Trust Deed authorises the trustees to make and hold investments using the general funds of the Charity.

Constitution, Objects and Policies

S.A.I.L. was established to benefit young boys from low income homes and to further their education by providing them with affordable and culturally suitable education.

The policy of S.A.I.L. continues to be to derive all its income from grants and donations from various institutions, and from membership fees.

Activities and Achievements

The Management Committee is made up of five dedicated parents who are all members of our community, each member contributing their personal expertise.

Our annual camp took place close to the pennines, where approximately 100 city boys were able to stretch their wings and breathe in the pure Country Air. A healthy lifestyle programme was initiated, including natural foods and many different sports.

The boys were encouraged to use their skills and talents to help and organise this holiday, and the spirit of comradeship remained with them long after they had returned home.

Refreshed and invigorated, they were able to approach the New School Year with improved confidence.

We are deeply grateful to our generous donors who helped turn our dream into reality.

A regular home work club was attended by boys who needed extra help with their school work.

Teachers reported that the results were excellent with improved participation in class and better results.

Risk Management

The Governors have assessed the major risks to which the Charity is exposed.

In particular, the operational and finance risks have been assessed: the Governors are satisfied that systems are in place to mitigate their exposure to major risks.

Reserves Policy

The trustees retain reserves as necessary to maintain the operational capability of the Charity.

Summer Adventure For Inner Londoners (SAIL)
Report of the Trustees

Responsibilities of the Trustees

Charity Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet Date, and of its incoming resources, including income and expenditure for the financial year.

In preparing those financial statements, the Trustees should follow best practice and

- a. Select suitable accounting policies and the apply them consistently.
- b. Make judgements and estimates that are reasonable and prudent.
- c. Follow applicable accounting standards and the Charities SORP 2015 disclosing and explaining any departures in the financial statements.
- d. Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law.

The Trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.

Board Of Trustees

The members of the Board Of Trustees are set out on Page 1.

Approved by The Trustees of Summer Adventure For Inner Londoners on 23 October 2019,
and signed on behalf of them all.

Trustee
Mr. Jamie Friedman

Summer Adventure For Inner Londoners (SAIL)

Statement Of Financial Activities

For The Year Ended 31 December 2018

	Notes	Unrestricted Funds £	Restricted Funds £	2018 Total Funds £	2017 Total Funds £
INCOMING RESOURCES	2	<u>49,371</u>	<u>1,300</u>	<u>50,671</u>	<u>39,029</u>
Total Incoming Resources		49,371	1,300	50,671	39,029
RESOURCES EXPENDED					
Cost of Generating Funds		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Net Incoming Resources Available For Charitable Application		49,371	1,300	50,671	39,029
Cost of Activities In Furtherance of the Charity's Objects		51,696	0	51,696	41,791
Support Costs		0	0	0	0
Governance Costs		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Total Charitable Expenditure		51,696	0	51,696	41,791
Total Resources Expended	3	<u>51,696</u>	<u>0</u>	<u>51,696</u>	<u>41,791</u>
Net Movement In Funds		(2,325)	1,300	(1,025)	(2,762)
Transfer To / (From) Reserves		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Net Reserves for the Year		<u>(2,325)</u>	<u>1,300</u>	<u>(1,025)</u>	<u>(2,762)</u>
Total Funds at 31 December 2017		2,630	(1,254)	1,376	4,138
Total Funds at 31 December 2018	11	<u>£ 305</u>	<u>£ 46</u>	<u>£ 351</u>	<u>£ 1,376</u>

Summer Adventure For Inner Londoners (SAIL)

Balance Sheet at 31 December 2018

	Notes	2018 £	2017 £
Current Assets			
Cash at Bank and in Hand		<u>351</u>	<u>1,376</u>
		351	1,376
Creditors : Amounts falling due within one year	9	<u>0</u>	<u>0</u>
Net Current Assets		<u>351</u>	<u>1,376</u>
Total Assets less Current Liabilities		<u>351</u>	<u>1,376</u>
 Net Assets	10	 <u>£ 351</u>	 <u>£ 1,376</u>
 Restricted Funds	11	 46	 (1,254)
Unrestricted Funds	12	<u>305</u>	<u>2,630</u>
Total Funds		<u>£ 351</u>	<u>£ 1,376</u>

Approved by the Trustees on 23 October 2019, and signed on behalf of them all.

Trustee
Mr. Isaac Deutsch

The notes on pages 6 and 7 form part of these accounts.

Summer Adventure For Inner Londoners (SAIL)
Notes To The Accounts - 31 December 2018

1) Principal Accounting Policies

Basis of Accounting

The Accounts have been prepared under the historical cost convention in accordance with the Charities (Accounts and Reports) 2005, and the Financial Reporting Standard for Smaller Entities (effective April 2008), and follow the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (Issued May 2005 and updated April 2008).

Cash Flow

The accounts do not include a cash flow statement because the charity as a small reporting entity is exempt from the requirement to prepare such a statement.

Donations and Fund Accounting

Donations received for the general and main purposes of the Charity is included as unrestricted funds in the Statement of Financial Activities when receivable.

Donations and Grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the Trustees.

Resources Expended

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

The irrecoverable element of VAT is included with the item of expense to which it relates.

	Unrestricted Funds £	Restricted Funds £	Total 2018 £	2017 £
2) Incoming Funds				
Donations	49,371	1,300	50,671	26,682
Grants Received				
BBC Children In Need		0	0	10,000
Bixenspan		0	0	420
HSBC TRust		0	0	1,927
Total Grants	0	0	0	12,347
Total Grants and Donations Received	<u>£ 49,371</u>	<u>£ 1,300</u>	<u>£ 50,671</u>	<u>£ 39,029</u>

Summer Adventure For Inner Londoners (SAIL)

Notes To The Accounts - 31 December 2018

3) Analysis of Total Resources Expended	Unrestricted	Restricted	Total	Total
Charitable Activities	Funds	Funds	2018	2017
Cost of Activities In Furtherance of the Charity's Objects			<u>£</u>	<u>£</u>
Summer Camp				
Rent	24,784	0	24,784	15,290
Travel and Trips	10,791	0	10,791	10,650
Wages	0	0	0	5,230
Activities	4,617	0	4,617	1,392
Food	8,290	0	8,290	4,900
Equipment	2,549	0	2,549	2,000
Household	0	0	0	1,771
Club	0	0	0	450
Office Expenses	<u>665</u>	<u>0</u>	<u>665</u>	<u>108</u>
Total Summer Camp	51,696	0	51,696	41,791
Total Cost of Activities In Furtherance of the Charity's Objects	51,696	0	51,696	41,791
 4) Cost of Generating Funds			<u>£ 0</u>	<u>£ 0</u>
 5) Governance Costs				
Accountancy			0	0
Bank Charges			0	0
Depreciation			<u>0</u>	<u>0</u>
			<u>£ 0</u>	<u>£ 0</u>
6) Taxation				
The Charity is exempt from taxation on its charitable activities.				
 7) The average number of Employees during the year, on a full time equivalent basis was			2018	2017
			<u>1</u>	<u>1</u>
 No Employee was paid above £60,000 per year.				

Summer Adventure For Inner Londoners (SAIL)

Notes To The Accounts - 31 December 2018

9) Creditors: Amounts falling due within one year

	2018	2017
	£	£
Accruals	<u>0</u>	<u>0</u>
	<u>£ 0</u>	<u>£ 0</u>

10) Net Assets of The Charity's Funds

	Fixed Assets	Net Current Assets	Long Term Liabilities	Fund Balances
	£	£	£	£
Restricted Funds	0	46	0	46
Unrestricted Funds	<u>0</u>	<u>305</u>	<u>0</u>	<u>305</u>
Total Funds	<u>£ 0</u>	<u>£ 351</u>	<u>£ 0</u>	<u>£ 351</u>

11) Restricted Funds : Movements In The Year

	31 December 2017	Income	Expended	31 December 2018
	£	£	£	£
Grants	<u>(1,254)</u>	<u>1,300</u>	<u>0</u>	<u>46</u>
Total Funds	<u>£ (1,254)</u>	<u>£ 1,300</u>	<u>£ 0</u>	<u>£ 46</u>

12) Unrestricted Funds : Movements In The Year

	31 December 2017	Income	Expended	31 December 2018
	£	£	£	£
General Reserve	<u>2,630</u>	<u>49,371</u>	<u>51,696</u>	<u>305</u>
Total Funds	<u>£ 2,630</u>	<u>£ 49,371</u>	<u>£ 51,696</u>	<u>£ 305</u>

**Accountants Report to the Trustees on the Unaudited Accounts of the Charity
Summer Adventure For Inner Londoners (SAIL)
For the Year Ended 31 December 2018**

We report on the financial statements of Summer Adventure For Inner Londoners (SAIL) for the Year Ended 31 December 2018

which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

These financial statements have been prepared, under the historical cost convention, and in accordance with the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (Issued 2015), and the Financial Reporting Standard for Smaller Entities 102 (effective 2016), and the accounting policies set out therein.

Respective Responsibilities Of Trustees and Reporting Accountants

As described on page 3, the trustees of the charity are responsible for the preparation of the accounts, and they consider that the audit requirement of section 144 of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 144 of the Act, whether particular matters have come to our attention.

Basis of Accountant's Report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

These procedures provide only the assurance expressed in our opinion.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Opinion

In our opinion, no matter has come to our attention,

- 1) which gives us reasonable cause to believe that, in any material respect, the requirements
 - a) to keep accounting records in accordance with section 130 of the Act; and
 - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or
- 2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date 23 October 2019

Reporting Accountant

Carl Rosen ACCA
50 Craven Park Road
South Tottenham
London N15 6AB