



HEAR WOMEN
GARGAR FOUNDATION

IMPACT REPORT 2018

TEN YEARS OF ACCOMPLISHMENTS

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2018

HEAR WOMEN

GARGAR FOUNDATION



Hear Women/GarGar Foundation works with women and girls in fragile countries in Africa and diaspora communities in the UK to promote gender equality and support women's empowerment. The Foundation was established in 2008 in London and is registered under UK, Somali and Gambian law. Hear Women/GarGar Foundation also holds a Special Consultative Status with the UN Economic and Social Council and PIQASSO quality mark for its policies and office procedures.

As articulated in the Sustainable Development Goals, we consider the key to effecting change is to advance women's full and effective participation in decision-making at all levels of political, economic and public life. Women can become key decision makers if provided with the knowledge, skills and support to advocate for themselves.

Our mission is a world where women and girls are equal partners in their communities, free from prejudices and have the right knowledge and skills to make their own decisions, speak up about issues affecting them, and to be economically independent.

Our approach is to form partnership with local women-led groups in Africa and the UK in order to promote local ownership and long-term sustainable change that will shape national policies and create regional dialogues, as well as international awareness on good practices.



CHAIR'S STATEMENT

The objectives that we set up to achieve in 2018 were to provide much needed social support services for our service users. We decided to be very imaginative and innovative in the delivery of those services through understanding and being realistic in the areas that we could be successful and achieve the most successes. These were also the areas that help and support were required the most within the demographics of our beneficiaries, namely health and wellbeing, skills and capacity building, as well as advocacy.



Hear Women has successfully achieved all objectives and targets for 2018. I am also pleased that our founders, partners and most importantly, our service users, see us as a foundation that has the expertise and capacity to deliver much needed social services efficiently and effectively.

I am pleased to report that Hear Women continues to support Grenfell surviving families, positioning us an organisation champion within Kensington and Chelsea.

Our key project, Cook and Talk, is evolving in Positive Women - now addressing the needs of children from Arab, North and East African background next to those of their mothers. Our summer trips were more successful than ever, and our Saturday Cubs attract a huge number of children and parents.

Stepping into the second decade of Hear Women existence, I am exciting to see the progress and impact we will be bringing to our communities. A huge thank you to all our partners, funders and volunteers for your endless support and dedication!

A handwritten signature in red ink, which appears to read 'Samia Azaki'.

SAMIA AZAKI
CHAIR OF HEAR WOMEN

OUR IMPACT

of our beneficiaries Are
coming from North
Africa and the
Middle East

90%

Women's rights organisations
became the first wave of new
partners in our focus countries
to join our efforts to bring about
transformational change for
women



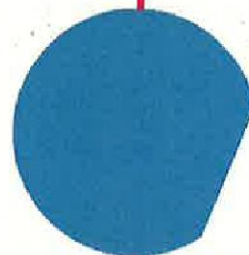
is the number of
organisations that Hear
Women is partnering
with in the UK, Somalia
and The Gambia

15

Trainings on political
participation, and inclusive
democracy for women with political
ambitions and current MPs in
Somalia is top on our priority list.



Actively involving children
and families to promote
overall wellbeing of the
community



Participants in Hear
Women classes and
activities

2562



Governance and Structure

Hear Women/GarGar Foundation is governed by a Board of Trustees consisting of chair, secretary, treasury and members, which have the overall responsibility for governance and management of the organization. The Foundation has six trustees, each undertaking the responsibility of constant development to maintain skills and appropriateness to govern. Hear Women's policies and procedures are recognized by the Quality Mark of Governance PIQASSO.

FOUNDER AND DIRECTOR

Ms Deqa Salad established the foundation in December 2008.

With the aim of using her experience in international development, human rights and gender to support women to be independent and thrive in their communities. Deqa actively advocates for women political participation both in Somalia and the UK. She was awarded Women On The Move Award in 2017 for her dedicated work and passion. Deqa's mission is supported by Hear Women's committed volunteers, most of whom have been previous service users.

THE TEAM

The UK team is led by Deqa and supported by Shaima and Ellie. Shaima implements the UK programmes, and Ellie looks after the domestic and international fundraising. Our small office is supported by committed volunteers, who believe in Hear Women's mission. Some of them have been previous service users. In Somalia we have a dedicated team that implements our "Change-Makers" programme. In The Gambia Hear Women has a committed team led by Susan and supported by Nndey and Yaya. They implement gender-focused hygiene programmes.

USER-LED CHARITY

KNOWLEDGE AND EXPERIENCE

All our programmes are user-led and the initial development of programmes is always based on clearly identified needs of the community we serve.

FOCUS GROUPS

Hear Women service users are regularly given the opportunity to feedback their needs both formally and informally.

USER FEEDBACK

This is important to past, existing and future programmes. Information gathered from the evaluation and the monitoring of systems is the basis of evidence.

MONITORING AND EVALUATION

The performance of services and projects are regularly checked to review those programmes that work and those that do not, as this helps us to improve and learn from mistakes.



UK PROGRAMMES

ON-GOING PROJECTS

POSITIVE WOMEN

The aim of the project is to support marginalized women from East, North Africa and Middle East to improve their physical and mental wellbeing.

KNOW-HOW

The project aims to support refugee and migrant women living in the UK to gain new skills, increase their health and wellbeing and activities include (English classes, money management, active healthy living sessions and arts and crafts).

SUMMER TRIPS AND FESTIVE DAYS

We organise summer day trips to the best summer sports in the country. We also celebrate all holidays with cakes, children entertainment, music and more!

SATURDAY CLUB

The club's activities strengthen the relationship between parents and children, improve the health and improve their health and wellbeing through healthy cooking workshops, football and martial arts, story reading workshops, youth leadership club, power, leadership and reflection sessions.

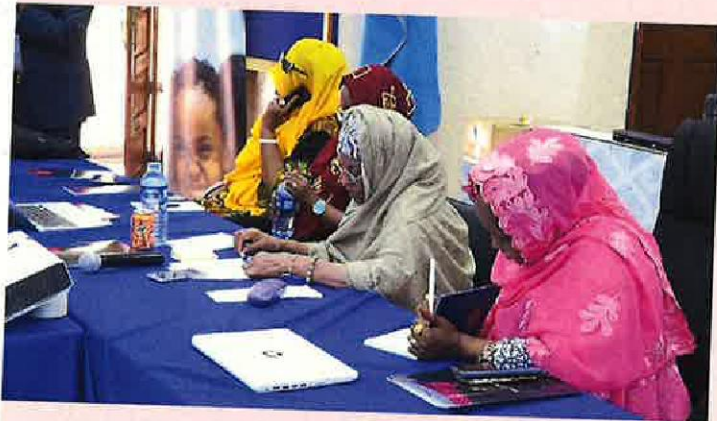
GRENFELL RESPONSE

- Coffee Mornings for surviving women to socialize and explore the neighbourhood
- Counselling and outdoor week-long outdoor camp for surviving families
- Cook and Talk sessions for surviving women - counselling, advice and socialisation in safe enabling groups
- Saturday Club for children attending two community centres in close proximity to Grenfell tower



OUR GLOBAL WORK

SOMALI WOMEN AS CHANGE-MAKERS



In Somalia, Hear Women is hosting a series of conferences on the role of women in peace- building, conflict resolution and counter-extremism. These events gather high-profile persons, Somali and international politicians, as well as prominent religious leaders.

Our organisation is trying for the first time to bring women groups in the country and join their efforts so that the Somali society can prosper and move away from the culture of violence and all form of extremism which had resulted pain and suffering for the last three decades.

ADVOCACY AND AWARENESS IN THE GAMBIA



In The Gambia we are providing awareness trainings around hygiene, gender-based violence and substance misuse. We are equipping schools around the country with hygiene necessities.

ACHIEVEMENTS

in 2018 HEAR WOMEN...



Our volunteer Ulvi won the Inspirational Award of Westminster Community Awards 2018, and our Chair Samia was highly commended for the same!



Hear Women has achieved PQASSO qualification for our quality policies and procedures.



Hear Women was nominated for the Queens Award for Voluntary Service

FUTURE DIRECTIONS



Somalia

In Somalia, Hear Women will host a series of conferences on the role of women in peace-building, conflict resolution and counter-extremism. These events will gather high-profile persons, Somali and international politicians, as well as prominent religious leaders. Our organisation is trying for the first time to bring together all women groups in the country and join their efforts so that the Somali society can prosper and move away from the culture of violence and all form of extremism which had resulted pain and suffering for the last three decades. Hear Women aims to coordinate and strengthen women's participation in politics, security, health services, education, developmental projects and innovative ways that can help jobs to be created for young women. Hear Women believes that women throughout Somalia can work together and can be counted a main contributor to the prosperity of the country. This will be achieved only if women are consulted, encouraged and provided the right training for their roles.



The Gambia

In 2018 Hear Women will expand its geographical focus and implement a project targeting adolescent boys and girls in rural schools across The Gambia. The project will be an example of a locally owned project that addresses the needs of awareness on gender-based violence, hygiene and sanitation have been identified by the local communities, and the design of the project activities were fully led by the beneficiaries.

The UK

Hear Women identifies the need of activities that encourage stronger bonds between parents and children as key priority for 2019. Our service users share that our therapy classes and self-help groups are benefiting their mental health, thus we will sustain the services. Next, our beneficiaries express the need of more physical activities, therefore Hear Women will encourage active life for parents and children.

OUR FUNDERS AND PARTNERS

thank you

WLCCG
KINGSINGTON &
CHELSEA FOUNDATION
HEALTH WATCH
PEOPLE'S HEALTH TRUST
JOHN LYON'S FOUNDATION
LLOYDS FOUNDATION
ETHAR RELIEF
PIMCO FOUNDATION
AL-KHAIR FOUNDATION
ONE WESTMINSTER
HENRY DICKENS COMMUNITY
CENTRE STOWE YOUTH CENTRE

ERITREAN PARENTS GROUP
BME HEALTH FORUM
PADDINGTON DEVELOPMENT TRUST
IFTEEN RELIEF
ENTRELLES ASSOSSIATION
MOROCCO CITY UNIVERSITY
MOGADISHU WOMEN'S BUREAU THE
GAMBIA PUNTLAND RESEARCH AND
DEVELOPMENT CENTRE
MAOYR OF PUNTLAND
HEAR WOMEN SOMALIA
HEAR WOMEN THE GAMBIA CHAPTER

May 2017



Hear Women convened a conference in Garowe, Puntland covering women's role in Islam, peace and development, bringing together religious leaders, prominent traditional elders, women from the Lower and Upper Houses of Somali Federal government, the Somali Foreign Minister, the Planning Minister, Civil Society Consortium, as well the head of Independent Electoral Commission. The objective of this conference was to create a space for women to voice their concerns, as well as suggestions for changing their communities.

July 2018



Our summer trips were very popular this summer, with almost 300 children and parents enjoying days out in Brighton, Bournemouth, Southend-on-sea, South Bank and Margate.

HEAR WOMEN

GARGAR FOUNDATION



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Facebook: HearWomen

Charity Number 1135763

HEAR WOMEN/ GARGAR FOUNDATION

Annual Report and Accounts

The year ended on 31 December 2018

25th April 2019

REGISTERED CHARITY NUMBER 1135763

ANNUAL REPORT AND ACCOUNTS

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Gargar Foundation / Hear Women
Income and Expenditure Account for year ended on 31 December 2018

		2018		2017
	Notes	Restricted Funds	Unrestricted Fund	Total Funds
		£	£	£
INCOMING RESOURCES:				
Voluntary Grants			-	-
Donations and other Income		94,759.09	23,689.77	118,448.86
ACTIVITIES FOR GENERATING FUNDS:				101,773.00
Investment Income		-		
Other Activities		-	-	-
Total Incoming Resources		94,759.09	23,689.77	118,448.86
RESOURCES EXPENDED:				
COST FOR GENERATING FUNDS:				
Charitable Expenses		111,624.80	27,906.20	139,531
Investment Income		-	-	-
Other Activities		-	-	-
		111,624.80	27,906.20	139,531
CHARITABLE EXPENITURE:				
Restricted Funds				
TOTAL RESOURCES EXPENDED:		111,620.80	27,906.20	139,531
Net Surplus for the year	-	16,861.80	- 4,216.43	21,082.14
Opening Funds		44,346.25	11,086.56	55,432.81
Transfer of funds				-
CLOSING FUNDS:		27,484.25	6,870.13	34,350.67
				55,432.81

BALANCE SHEET AS AT 31 December 2018

STATEMENT OF FINANCIAL
POSITIONGargar Foundation/ Hear Women
AS AT 31 December 2018

	Notes	2018 £	2017 £
<u>FIXED ASSETS</u>			
Land	-	-	-
Building	-	-	-
Vehicles & Equipment	-	-	-
Total Assets	-	-	-
<u>CURRENT ASSETS</u>			
Debtors	-	-	-
Prepayments	-	-	-
Cash at Bank & in hand	-	34,350.67	55,423.81
Total Current Assets	-	34,350.67	55,423.81
<u>CURRENT LIABILITIES</u>			
Overdraft			
Net Assists	-	34,350.67	55,432.81
<u>FINANCED BY</u>			
Restricted Funds		27,480.54	44,346.25
Unrestricted Funds	-	6,870.13	11,086.56
Total	-	34,350.67	55,432.81

NOTES FORMING PART OF THE FINANCIAL STATEMENTS:

ACCOUNTING POLICIES

- a) The financial statements have been prepared under the historical cost convention, with the exception of investment, which are valued at the prevailing market prices. The financial statements have been prepared in accordance with the statement of Recommended Practice-Accounting and reporting by the charities (SORP2005) issued in March 2005, applicable in the preparations of the financial statements are set out below.

INCOME RESOURCES

- b) Voluntary income includes donations, gifts, legacies and grants that provide core funding or are of general nature are recognised where there is an entitlement, certainly of receipts and the amount can be measured with sufficient reliability. Such income is only deferred when:
- c) The Donor specified that the grant or donation must only be used in future accounting periods, or
- d) The Donor has imposed conditions, which must be met before the charity has unconditional entitlement.
- e) Income from commercial trading activities is recognised as earned as the related goods and services are provided
- f) Investment income is recognised on a receivable basis
- g) Income from charitable activities include income received under contract or where entitlement to grant funding is subject to specific performance conditions is recognised as earned (as the related goods or services are provided). Grant income includes in the category provided funding to support performance activities and is recognised where there is an entitlement, certainly of receipts and the amount can be measured with sufficient reliability.
- h) Income is deferred when admission fees or performance related grants are received in advance of the performances or event to which they relate.

RESOURCES EXPENDED

Expenditure is recognised when a liability is incurred. Contractual agreements and performance related grants are recognised as goods or services are supplied. Other grants payments are recognised when a constructive obligation arises that result in the payment being unavoidable.

- The cost of generating funds is those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds

- Charitable activities including expenditure associated with the activities are included the direct costs and support costs relating to these activities
- Governance costs include those incurred in the governance of the charity and its assets and the primarily associated with constitutional and statutory requirements.

h) Restricted funds:

Restricted funds are to be used for specified purposes as laid down by the founder. Direct and support expenditure, which meets these criteria, is defined to the fund together with a fair allocation of other costs

i) Unrestricted funds

Unrestricted funds are funds received which no restrictions placed in their use and are available as general funds.

j) Revenue grants are credited to incoming resources on the earlier of when they are received on when they are due.

Independent Examiner's Report to the Trustees of the Hear Women/ Gargar Foundation

Report to the trustees of

Hear Women/ Gargar Foundation

On accounts for the year ended

31 December 2018

Charity no

1135763

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

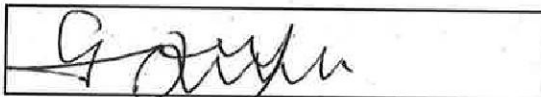
My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention;

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

25th April 2019

Name:

Abdullah Mohamud ACMA, CGMA ;
Chartered Management Accountant

Address:

196 Edgware Road, London, W2 2DS

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Charities Acts require the trustees to prepare financial statement that gives a true and fair view of the organization's financial activities during the year and its financial position at the end of each financial year. Under Charities Acts, the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company for that period.

In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102);
- make a judgement and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the Financial Statements; and
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charities Acts 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the trustees:

Name of the Trustee

Samia Zaki



.....

Name of the Trustee

ABDI HAMUD



.....

Name of the Trustee

.....