

 *23rd October 2018*
Yearly Annual
Report

Support for Survivors is a Charity – a CIO (registered Charitable Incorporated Organisation number 1165986).

Support For Survivors

A Registered Charity supporting Male & Female SURVIVORS of
Childhood Sexual/Physical/Psychological/Incest Abuse & Rape



Report for year ending 31/12/2018

*We believe it is important to
talk, why?*

*Lack of early interventions can &
will have a devastating impact
on victims & survivors lives with
their;*

Emotional Health

Physical Health

Mental Health

Report Prepared by Maxi 'Leigh Founder & Care Services Director
&
Jez Taylor Chairman

Charity Status Granted by Charity Commission 10/03/2016
Self Help Group set up 25/05/2014

Support for Survivors Charity Board of Trustees Effective for Year 2018

- | | |
|-------------------------|---------------------------------|
| • Jeremy Taylor | Chair & acting Treasurer |
| • Chris Gibbon | Secretary |
| • Maxi 'Leigh | Founder & Care Service Director |
| • Joseph Anthony Curtis | Trustee |
| • Sara Orme | Trustee |
| • Isabella Bowering | Trustee |
| • Dannielle Harris | Trustee |
| • Debs Somerset Melia | Trustee |
| • Damian Harris | Trustee |
| • Ruckshana | Trustee |

We provide support to male & female victims & survivors aged 18 plus, who have been impacted & suffering from a multitude of several types of childhood abuse & experiences. They may have been subjected to either sexual, physical, emotional, neglect, incest abuse, & rape, especially if the abuse continued into adulthood, this type of sexual violence, in most cases familial abuse; i.e. (blood father, mother, brother, sister) etc.

Our purpose is to provide positive pro-active progression pathways into education, training, coaching & mentoring, volunteering, befriending, with back into part time or full-time employment. With help & support in maintaining their place within their communities and society as a whole.

Delivery of continual Survivor 'Personal Development' & Survivor Management Programmes, studying impacts & the effects of childhood abuse, impacts on the victims & survivor's adult life, relationships, family & parenting. We have been able to identify & enhance, confidence, self-esteem, self-worth, awareness & assertiveness with progression, as they recover with their mental, physical health & wellbeing. We have identified those who have suffered mentally & physically can go on to enjoy happy & independent lives, although not everyone recovers, especially those victims & survivors who fit into our elderly generation & those suffering with disabilities who have carried this impact for most of their lives. Everyone as we know is at a different stage when we look at one's recovery process.

What do we Deliver ?

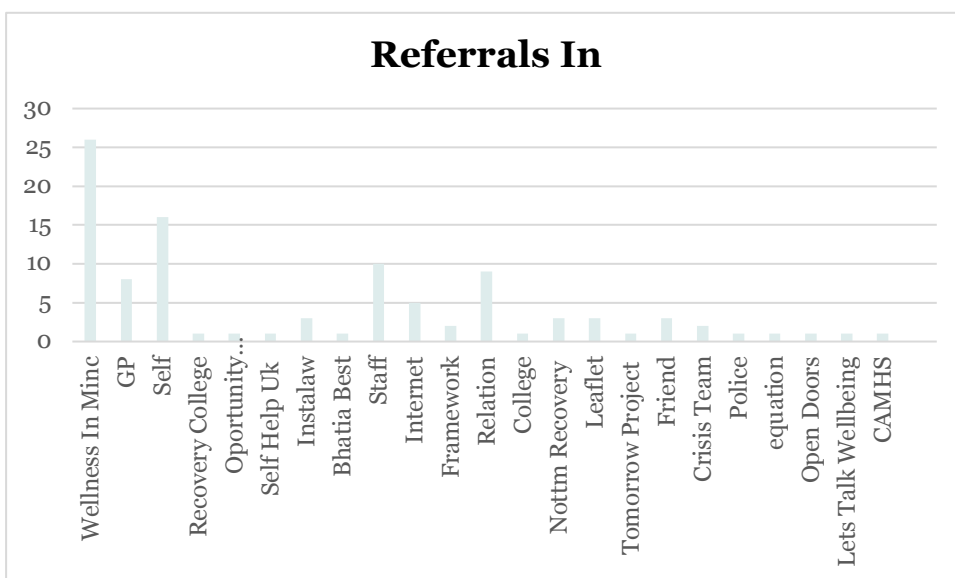
We actively reduce the distress of victims & survivors aged 18 plus and who are victims and survivors of childhood non-recent abuse through a range of 'Peer' led interventions;

- Support groups
- 1-2-1 support
- Family mediation
- Focus groups
- Female drop-in
- Male drop-in
- Mixed group drop-in
- Creative Arts & Crafts Quarter
- Advocacy support
- Outreach & Intervention
- Chaperone & support with Police intervention.
- Legal referrals
- Magistrates, Civil & Crown court advocacy support
- Child Protection support & intervention
- Advocacy support with housing, benefits, welfare advice
- Homeless advocacy support

- Referral support to drug, alcohol and self-harming programmes
- Survivor 'Personal Development Programme'
- Survivor 'Management' Programme
- 12 steps 'Survivor' programme
- Wellbeing & Wellness programmes
- Financial support
- S4S 'Peer Support Volunteer & Befriending' Programme
- Coaching. Mentoring & Training
- Adult learning programmes
- Advocacy support with NHS appointment

Since opening our doors in 2014 to the end of 31st December 2018 in total we have & are supporting 202 male & female victims & survivors.

This year 72 females & 21 males were referred into our Charity.



2018 we supported victims & survivors covering a wide area, receiving calls from outside of the East Midlands, as far as Brinsley, Birmingham Bامbury & Durham. Our highest areas came from Bulwell, Aspley, Clifton, Sneinton, Bilborough, Sutton in Ashfield & Mansfield, including 36 City & County areas and not forgetting our Homeless with no fixed abode.

The eldest referral was born in 1949 with our youngest being born in 2001

We had six active volunteers, who worked over & beyond for their passion with helping and supporting our vulnerable men and women all suffering from childhood trauma. I would like to thank them all for their dedication, making a difference to victims & survivors' lives.

Total volunteer hours worked 4452.39 (four thousand, four hundred & fifty-two hour 39 minutes. We have no paid staff on our books.

Ethnicities

<i>White British</i>	<i>73</i>
<i>White Welsh</i>	<i>1</i>
<i>Mixed Race heritage</i>	<i>2</i>
<i>Black Caribbean</i>	<i>7</i>
<i>Black African</i>	<i>1</i>
<i>Indian</i>	<i>2</i>
<i>Pakistani</i>	<i>4</i>
<i>White European</i>	<i>1</i>

Delivery;

- *Female one-to-one's, we held 161 sessions & 41 male sessions*
- *We held **29 female** drop-ins with **344 women** with only **4 male** drop-in sessions **16 men** accessing, this is because, male victims & survivors not wanting to engage with other male victims & survivors, although this has massively changed at this moment in time. This also included mediation with 2 couples.*
- *10 outreach intervention with 9 female & 1 couple support*
- *S4S focus group we had 5 private sessions, inviting outside speakers with 76 victims & survivors engaging.*
- *Legal drop-in saw 23 victims & survivors seeking legal advice, which we hosted.*
- *We held 3 coaching sessions held by 'Bright Ideas' 29 attended the 3-week course.*
- *Jewelry making also held by 'Bright Idea's held 4 workshops with 48 women engaging.*
- *Survivor Management program, we held 5 sessions with the engagement of 63 who engaged and attended*

Donations, Fundraising & Grants Received;

<i>Donations</i>	<i>1410.01</i>
<i>Gift Cards</i>	<i>20.00</i>
<i>Misc. Banking</i>	<i>210.42</i>
<i>Nottinghamshire County Council</i>	<i>200.00</i>
<i>Nottingham City Council</i>	<i>1221.00</i>
<i>The Mary Robertson Trust</i>	<i>3000.00</i>
<i>WHSmith Trust</i>	<i>100.00</i>
<i>The Thomas Farr Charity</i>	<i>3000.00</i>
<i>Greggs Foundation</i>	<i>2376.00</i>
<i>Charities Trust</i>	<i>300.00</i>

TDX Group

159.87

Total

£11997.30

Sincere thanks to all of you who have helped to continue the vital help and support required for 'Support for Survivors' male and female survivors of non-recent abuse.

*We have now been delivering services from the **Sherwood Community Centre, 'Woodthorpe House' Mansfield Road, Sherwood, Nottingham, NG5 3FN**, and what a wonderful experience it is, and we would like to say a massive thank you to Kevin (Centre Manager) & Alison (Admin) who have been extremely supportive to us and also to Jill Chair of the 'Sherwood Community Centre, she has been very supportive, along with everyone else who has welcomed us from the Centre.*

Maxi was invited out to Rome again by the International Survivor Advisory Panel of the Pontifical Commission for the protection of minors to contribute to global planning.

2018 was a year celebrating 100 years of women's centenary and Maxi was chosen along with 99 other amazing women chosen for their remarkable work within our communities. A celebration was held at Nottingham Think Tank with a photographic display of all 100 women. Throughout the whole day we were individually exposed above the Victoria Centre digital screening, it was magical and extremely emotional.

Maxi was also awarded an award by NCVS celebrating 40 years of volunteers who have been committed and contributed, as a volunteer, who has made a difference in Nottingham City.

October 2018 was a huge year for Nottingham & Nottinghamshire victims and survivors. The National Inquiry into childhood sexual abuse inquiry was held for children in care in children's homes, institutions and foster care. Most of the 2018 was taken up with supporting survivor's and victims who were core participants of the inquiry. It was highly emotional at times, with lots of appointments with us and our legal teams, gathering information from our victims & survivors who were having to re-live their childhood. The hearing came to Nottingham and was held and heard at 'Nottingham Cricket Ground' for two weeks and then held in London at 'Oval Cricket Ground'. There was a lot of media attention, and the inquiry hearings were horrific. I am aware the Nottingham City & County strand is one of the largest of all the hearings with approximately 89 core participants from the City & County hearing testimonies of miss failures whilst under the social care of Nottingham City & Nottinghamshire County Council. The report to be heard next year July 2019.

Maxi was also heavily involved with the 'Truth Project'. The 'Truth Project', is a vital part of the inquiries work, and they still are hearing from those sexually abused whilst being cared for in institutions. Survivors & victims shared, lived experiences and engagement has been fantastic, and we would like to thank all the staff who engaged with our victims & survivors who feedback to say that their experience was positive & meaningful. Some sharing for the first time.

The "Truth Project" want to understand our experiences and learn by the miss failures. They will listen, and treat everyone with dignity & respect, it is vital that we are heard to help protect our future generations.

We are so honored and humbled being able to support, 'Support for Survivors' victims & survivors, who were boys and girls sexually abused in childhood.

We are now a part of History!

We would like to thank all our partners who we refer to, and who refer to 'Support for Survivors'. There are some remarkable people in our communities working over and beyond Thank You.

Most of all thank you to all our Trustees who have supported us, along with our magical volunteers, and not forgetting our remarkable male and female survivors of childhood abuse.

You are surviving and thriving!

*Maxi 'Leigh
Founder & Care Services Director*

*Jez Taylor
Chair*

