

RESTLESSBEINGS TRUSTEES REPORT FOR THE YEAR ENDED 31 JULY 2019

Governing Document

Restless Beings (RB) is constituted as a charitable association registered with the Charity Commission on 24 March 2010 under charity number 1135134. It is governed by a constitution adopted on 18th March 2010.

Objects

The objects of the charity are:

The prevention or relief of poverty anywhere in the world by providing or assisting in the provision of education, training, healthcare and all necessary support designed to enable individuals to generate a sustainable income and become self-sufficient – The promotion of human rights (as set out in the universal declaration of human rights and subsequent United Nations conventions and declaration) throughout the world by:

- a) relieving need among the victims of human rights abuse,
- b) raising awareness of human rights issues:

Aims and Objectives

The aims and objectives of the charity are the prevention or relief of poverty (or financial hardship) anywhere in the world by providing or assisting in the provision of education, training, healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient. RB seeks to promote human rights throughout the world

Trusteeship & Organisational Structure

The current trustees are Dilraj Singh Tiwana and Rahima Begum

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration. The trustees meet regularly and are responsible for decisions taken in relation to running The Charity.

Risk Management: The trustees have assessed the risks the charity faces and have identified the major risks by area of activity and the nature of those risks. The trustees review risk regularly and strengthen their perspective on this issue through meetings. The trustees are satisfied that systems are in place, or arrangements are in hand to manage the risks which have been identified

Use of Volunteers

Volunteers are an essential resource in RB activities. Volunteers are involved in all of our Activities and meet regularly at team meetings. We make the necessary checks to ensure volunteers carry the appropriate traits for the organization and understand the objectives

Public Benefit

In planning our activities we keep in mind the Charity Commission's guidance on public benefit. The focus of our activities remains our projects which help marginalised communities across the globe. Our projects benefit people through boosting their confidence and dignity.

Financial Review: Income & Costs

The incoming resources during this period was £181,829. The resources expended during this period was 182,580.

Charity's policy on reserves

As at 31st July, we hold cash at bank of £132,441 of which £77,192 belongs to a restricted fund. The remainder is used for the sustenance of another project and ongoing running costs.

Future plans

The key strategies are to remain the same, The coming year will see a continued emphasis on our major projects, building an awareness of human rights issues.

Trustees:



Dilraj Singh Tiwana and Ms Rahima Begum

4th November 2019



Receipts and payments accounts

CC16a

For the period
from

01/08/2018

To

31/07/2019



Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations and Legacies	177,008	-	-	177,008	340,648
Charitable Activities	4,815	-	-	4,815	2,522
Investments	6	-	-	6	6
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	181,829	-	-	181,829	343,176
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	181,829	-	-	181,829	343,176
A3 Payments					
Project Costs	84,886	-	-	84,886	-
Directors' Remuneration	46,617	-	-	46,617	-
Rent & Rates	15,497	-	-	15,497	-
Travel	17,451	-	-	17,451	-
Accountancy	2,812	-	-	2,812	-
Printing & Stationery	2,700	-	-	2,700	-
Charitable Activities	-	-	-	-	-
Paypal Bank/Fees	2,171	-	-	2,171	-
Event Costs	5,487	-	-	5,487	-
IT/Telco	1,484	-	-	1,484	-
Other	3,474	-	-	3,474	-
Resources expended on Charitable Activities					278,529
Resources expended on Raising funds					43,559
	-	-	-	-	-
	-	-	-	-	-
Sub total	182,580	-	-	182,580	322,088
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	182,580	-	-	182,580	322,088
Net of receipts/(payments)	- 751	-	-	- 751	21,088
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds, last year end	-	1	-	-	04/11/2019

<i>Cash funds this year end</i>	-	751	-	-	-	751	21,088
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Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current a/c	55,249	-	-
	Fund	-	77,192	-
		-	-	-
	Total cash funds	55,249	77,192	-
	(agree balances with receipts and payments account(s))	Error	Error	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Accruals		-	-
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		DILRAJ SINGH TIWANA	04/11/2019
		RAHIMA BEGUM	04/11/2019



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report
on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

RESTLESS BEINGS

On accounts for the year
ended

31/07/19

Charity no
(if any)

1135134

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/07/2019.

Responsibilities and
basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in any material respect,:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

T. H. L.

Date:

31/10/19

Name:

TARIQ ISLAM

Relevant professional
qualification(s) or body
(if any):

CIMA

Address:

23 STONEHALL AVENUE
IG1 3SH

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here details of any items that the examiner wishes to disclose.

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