# REGISTERED COMPANY NUMBER: 08838624 (England and Wales) REGISTERED CHARITY NUMBER: 1157078

# REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019 FOR

**ACORNS (NORTH TYNESIDE)** 

Read, Milburn & Co 71 Howard Street North Shields Tyne and Wear NE30 1AF

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# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

#### **OBJECTIVES AND ACTIVITIES**

# **Objectives and aims**

The principal object of the charity is to relieve the needs of children and young people, adults and families living in North Tyneside and the surrounding area who have suffered from and/or are likely to suffer from violence in their homes in particular by the provision of support services and advice to relieve those needs.

#### Our Vision:

Acorns seeks to reduce the incidence and impact of domestic violence and sexual abuse on children, young people, adults and families by offering a range of services to support and sustain their recovery.

#### **Our Aims:**

We will safeguard and promote the safety, welfare and rights of children, young people and their families who have suffered from violence and abuse within their home. We will:

Improve future life chances and aspirations

Develop new services in line with the needs of individuals and families which improve their lives

Review and improve services through stakeholder consultation

Ensure all services delivered are of high quality, effective and efficient

Work in partnership with individuals and families

#### **Significant activities**

For almost 20 years, Acorns has been providing much valued services to victims and survivors of domestic violence aged 4 to 18 in the heart of North Tyneside. Acorns specialise in play therapy and one to one trauma informed counselling services, as well as offering parent and carer support, group work, prevention and healthy relationships work in schools and colleges, and one to one outreach support both at school and in the community.

### **Public benefit**

Acorns works with victims and survivors of domestic and sexual violence of all ages towards achieving positive outcomes. Specialist services have been developed to tackle the incidence and impact of domestic and sexual violence and abuse by improving safety, improving mental and physical health, increasing self-esteem and confidence and thereby increasing individual and family life chances. Information is well publicised to ensure services reach those with greatest need and with particular focus on safeguarding children, young people and adults at risk of harm.

The trustees consider that they comply with their duty in Section 4 of the Charities Act 2006 to have due regard to public benefit.

#### **Volunteers**

Acorns holds volunteers in high regard for their contributions at all levels of the organisation. This includes trustee duties, fundraising and individual and group peer support.

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

#### ACHIEVEMENT AND PERFORMANCE

# Context and background

Acorns is a North Tyneside based charitable organisation established to provide therapeutic and support services to children affected by domestic violence and support for families and non-abusing carers. Based in North Shields, we provide services to people across the Borough and work closely with other organisations to extend and compliment the services offered to children and families. Acorns provides its services free and delivers contracts and receives grants from a variety of sources.

The ethos of Acorns is 'Safer Lives, Better Chances'. This is fundamental to our work and inbuilt within all of our services for children and families. We aim to empower them in an empathic, person centred approach and through raising their awareness and confidence, to make informed choices in their own future and their future relationships.

Acorns has significant experience of delivering domestic violence services in North Tyneside and of developing and maintaining services to meet ongoing client need. We have offered children and young people's counselling and play therapy services since 1999. We recognise the need to work with non-abusing carers to offer a whole family approach to tackling the impact of domestic and sexual violence and abuse on individuals and families.

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

#### ACHIEVEMENT AND PERFORMANCE

#### Charitable activities

We have three service areas at Acorns:

**PREVENT**: The Children & Young People's workers offer a Healthy Relationships service, providing a range of training opportunities and support for professionals, awareness sessions for groups of young people and small single sex group work for those identified as at risk and/or vulnerable. This work aims to reduce and/or **PREVENT** the likelihood of domestic and sexual violence and abuse in the future.

**COPE**: The children and young people's worker offers support to help **COPE** with current circumstances. The primary aim is to risk assess and safety plan with the child/young person by helping the child/young person to identify supportive and safe people in their lives as well as offering listening and emotional support on a case work basis.

**RECOVER**: Acorns Children's Therapy Service and our Outreach service one to one emotional support, play therapy and counselling for children and young people to help them **RECOVER** from the effects of domestic and sexual violence and abuse on their physical, psychological and emotional health and wellbeing.

#### Our work in 2018/19:

#### Tier 1 - Prevent

Open access advice and guidance weekly drop-in service for young people worried about teen relationship abuse, or domestic abuse at home;

Text helpline;

Set timetable of prevention programmes in schools;

One off group sessions in schools where a need is identified;

Partnership working including participating in the Domestic Abuse Champion network, the NT Domestic Abuse Partnership and working closely with Police operations to improve safety within communities.

#### Tier 2 - Cope

Risk and safety planning - helping the child/young person to identify supportive and safe people in their lives as well as developing strategies to stay safe;

Emotional support - a lower level of therapeutic intervention suitable for children and young people who are struggling with current life events but may not be in a position to commit to a structured programme of counselling;

Advocacy - support at meetings and appointments if necessary, with court or within school for example, for both young people and for primary carers;

Practical advice and guidance and mentoring - around future choices and decisions, education, employment, mental and physical health, etc.

Where a child has been identified as needing counselling, we can offer a lower level of support until a place becomes available, ensuring they have someone to talk to in the meantime.

#### Tier 3 - Recover

Counselling and play therapy in house (Counselling team)

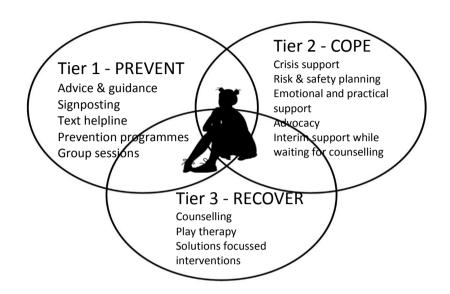
Play therapy and solutions focussed interventions in schools and the community (Outreach team)

1-1 emotional and practical support on a case work basis (Outreach team)

Family Advice Worker for any non-abusing carer whose child attends Acorns, offering practical and emotional support.

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

# ACHIEVEMENT AND PERFORMANCE Charitable activities



#### **Services:**

#### The children and young people that use our services say:

"Just like when people talk about being in a protective bubble, this is how I feel about Acorns. It's a hard shell that finally gives children the safe haven they have wanted. Instead of feeling like just one person lost in this big old world, Acorns helps put the world in your hands. Helping regain confidence and happiness to help give each child the start in life they all deserved. It's okay not to be okay and together we are strong".

"Thank you for all the help you have given me over the last couple of months. The support you have offered has meant so much. Thank you so much for everything"

"I have been able to get all my stress and worries out so that I can feel better"

"Friendly, listened to me and helped me"

#### The parents and carers of the people that use our services tell us:

"It is just fantastic to watch him playing and concentrating like that and looking so relaxed...I hear so much about what he can't do at school and this reminds me that he can do these things when he feels good"

"Thank you for all the help you have given....it has been so nice to see the change in her and the smiles starting to return"

"We have seen a huge improvement to his confidence and he addresses his worries in a more positive manner"

"Everything was tailored to our families needs"

"I can't begin to thank you enough for your kindness and generosity to both myself and XXX. We have been so very lucky to have the support of such wonderful people"

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

#### ACHIEVEMENT AND PERFORMANCE

#### Charitable activities

"To everyone at Acorns - I cannot thank you enough for the support you have given us. I was always quite strong until I noticed how much my children were suffering too due to my ex-partner, after fighting for years for help and losing hope we were introduced to you. Thanks to your work with XXXX we now have a happy, confident young man who is now able to manage his worries more positively.....The staff have always been welcoming and Acorns really has become our safe place"

#### Our partners say that:

"There is such a nice feel to the place and everyone talks so passionately about their work, I can definitely think of families who would benefit from this support" (social worker)

"It is really great for our students to make contact with other organisations, they have all been kept busy and really enjoyed themselves! (teacher)

# Improving the lives of people that use our services

This year we received positive feedback from children, young people, families and professionals which highlights the importance of our services and how they are delivered to them. We:

Offered circa 1,250 individual sessions;

Offered attachment work using Theraplay methods to families;

Increased capacity within our Outreach services and Counselling services;

Designed and are now delivering open access and crisis services for children and young people; Provided 'added value' activities for parents and carers such as access to trips and activities and coffee mornings;

Sent over 90 children and their carers to pantomimes in Whitley Bay and Newcastle at Christmas; Delivered targeted group work sessions for: Tyne Metropolitan College, New Beginnings, The Princes Trust, Whitley Bay Health Day, and John Spence School, and x2 focussed safety programmes for vulnerable girls in Southlands School;

We delivered a focussed support programme of intervention and additional play sessions in North Shields Refuge in partnership with Harbour;

We arranged and funded places for for ten Y10 students to take part in a focussed safety workshop and watch a performance delivered by She Productions, called 'It's different for girls';

We attended and contributed to various consultation events including for the Draft Domestic Abuse Bill, and 'Working together to prevent abuse';

Expanded our services into Northumberland.

#### **Financial Stability**

We successfully managed all contracts and grants, reaching targets and milestones as required; We successfully re-tendered for a two-year contract (with a possible one-year extension) to deliver recovery and support services for children and young people, for North Tyneside Council; We successfully secured grant funding from Children in Need to continue to provide a Play Therapist for a further three years;

We embarked on a pilot programme for counselling in rural areas for Northumberland County Council, which has been oversubscribed. We hope to add capacity to the project in the coming period;

We are in year 3 of a four-year Big Lottery Fund grant;

We were granted funding from the Office of the Police Crime Commissioner to provide a 'First Response' crisis support worker for children and young people affected by domestic abuse;

We carried out a successful pilot programme of support for children and young people in refuge, in partnership with Harbour, funded by the Community Foundation for Tyne & Wear;

We are delivering an open access drop-in for children and young people affected by domestic abuse, using funding awarded from the County Durham Community Fund Tampon Tax Fund.

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

#### ACHIEVEMENT AND PERFORMANCE

#### Charitable activities

We were very grateful to receive a small grants award from the Charles Hayward Foundation towards our core costs.

#### **Networking and information sharing**

We contributed to LSCB Domestic Abuse awareness training held quarterly.

We provided training and information sharing for professionals as part of the Young Peoples Preventative Work to improve professional responses for young victims of domestic and sexual violence and abuse and including a focus on teen relationship violence and abuse;

We promoted Domestic Abuse week delivering a focussed programme of information events including an open day for professionals and families, and Safe Week;

We regularly attend local meetings and forums such as the Domestic Abuse Champions Forum, the North Tyneside Domestic Abuse Partnership, and the Domestic Abuse Scrutiny Panel.

# Strengthening the organisation

All new staff and current staff completed appropriate Child and Adult Protection training as required, as well as other sector specific training as needed including around coercive control, Adolescent to Parent violence and abuse, and cyber stalking and harassment;

Regular in house team training for all staff was provided including on health and safety and data protection;

Ongoing continuous professional development for counselling staff was undertaken as required by BACP:

The current Board are passionate about the work of Acorns and service improvement, and hope to continue to grow and add further new members to compliment the current knowledge within the group, including developing the role for a service user representative. The Board have been meeting monthly throughout the year, which demonstrates their commitment to Acorns.

#### FINANCIAL REVIEW

#### Reserves policy

The trustees have explored the charity's requirements for reserves in light of the main risks to the organisation. The aim is to build up unrestricted funds representing at least three months of the charity's normal expenditure. The reserves are needed to meet the working capital requirements of the charity in order to maintain the charity's current activities. The present level of reserves available to the charity of £96,788 meets this target level.

#### **Financial position**

Incoming resources in the period were £225,966. Of this amount £173,853 related to restricted project activities.

There was a surplus of £4,447 in the period. At 31 March 2019 total reserves were £143,622 of which restricted funds were £46,834 and £96,788 of unrestricted.

Acorns could not carry out the work that it does without the generous support of its funders and contractors. We are grateful to The National Lottery Community Fund, Children in Need, North Tyneside Council, The Community Foundation, The County Durham Community Fund-Tampon Tax Community Fund, Northumberland County Council and The Charles Hayward Foundation for the valuable contribution that they make.

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

#### **FUTURE PLANS**

Acorns plans to continue with the expansion of our services including developing the provision of our open access teen relationship drop-in and our First Response service offering short term interventions to children and young people in crisis situations. We are seeking funding to provide an adult counselling service for primary carers, enabling us to create a holistic service which is responsive to the needs of our clients, and gives the whole family unit the best chance of recovery and success.

Acorns intends to continue to strengthen both its reporting and impact measurement so that we can better evidence and articulate the difference that we make to the lives of the children, young people and adults that use our services.

Acorns will build upon its reputation as a centre for excellence for children and young people by partnering with other services for young people and domestic abuse services across the region to enhance our offer and the quality of our provision.

Acorns will focus on careful strategic expansion of our work to other areas in need, never forsaking our commitment to keeping young people at the core of all that we do.

# STRUCTURE, GOVERNANCE AND MANAGEMENT

# **Governing document**

Acorns (North Tyneside) is a charitable company limited by guarantee, incorporated on 9th January 2014 and registered as a charity on 16th May 2014. The company was established under a Memorandum and Articles of Association establishing the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

# Recruitment and appointment of new trustees

The trustees consist of at least two and not more than 10 individuals over the age of 18 all of whom must support the objects of the charity. The trustees are elected on a rolling basis at Board Meetings.

#### **Organisational structure**

The charity and its property is administered and managed by the trustees in accordance with the Memorandum, the Articles and the Companies Act.

### **Induction and training of new trustees**

New trustees are given the charitable status handbook.

#### Related parties

We work closely with the local authority domestic abuse teams, children's services and with Harbour, Victims First and local schools and colleges to support families affected by domestic abuse. We feed into MARAC and are members of the North Tyneside Domestic Abuse Partnership, and are involved with the Domestic Abuse Champions scheme. The Manager attends the Northumbria OPCC Domestic Abuse Scrutiny Panel.

#### REFERENCE AND ADMINISTRATIVE DETAILS

**Registered Company number** 

08838624 (England and Wales)

#### **Registered Charity number**

1157078

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

# REFERENCE AND ADMINISTRATIVE DETAILS Registered office

7 Alma Place North Shields Tyne and Wear NE29 0LZ

Trustees

Helen Woods-Waters

Nick Turnbull Claudene Cetinoglu

Joanne Curry
Caz Lawson

Ruth Lewis Anita Lord Acting chairperson

Treasurer

resigned 23 August 2018 resigned 17 December 2018

appointed 25 April 2018 appointed 14 January 2019 appointed 13 November 2018

Independent examiner

Read, Milburn & Co 71 Howard Street North Shields Tyne and Wear NE30 1AF

#### **Bankers**

Barclays Bank Plc 3 Northumberland Square North Shields Tyne and Wear NE30 1QX

**Company Secretary** 

A Burton

**Key Management Personnel** 

A Burton

H Woods-Waters - Trustee

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ACORNS (NORTH TYNESIDE)

Independent examiner's report to the trustees of Acorns (North Tyneside) ('the Company') I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2019.

# Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act;
   or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Nicholas J Liley FCA

Institute of Chartered Accountants in England and Wales

Read, Milburn & Co

North Shields

Tyne and Wear

**NE30 1AF** 

Date: 542 November 2019

# STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2019

				2019	2018
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Not		£	£	£
INCOME AND ENDOWNERING EDOM	es				
INCOME AND ENDOWMENTS FROM Donations and legacies	L	1,654	_	1,654	3,816
Charitable activities	3	1,054		1,054	3,010
Grant income		50,187	173,853	224,040	220,559
Investment income	2	39	-	39	23
Other income		233		233	75
Total		52,113	173,853	225,966	224,473
EXPENDITURE ON					
Charitable activities	4				
Staff and support costs		41,342	134,456 1,346	175,798 1,346	213,947 1,375
Training Activities expenses and equipment		7,603	7,372	1,340	3,136
Premises and administration costs		12,600	16,800	29,400	44,774
Total		61,545	159,974	221,519	263,232
NET INCOME/(EXPENDITURE)		(9,432)	13,879	4,447	(38,759)
Transfers between funds	13	<u>(77</u> )	77		<u>-</u>
Net movement in funds		(9,509)	13,956	4,447	(38,759)
RECONCILIATION OF FUNDS					
Total funds brought forward		106,297	32,878	139,175	177,934
TOTAL FUNDS CARRIED FORWARD	)	96,788	46,834	143,622	139,175

# **BALANCE SHEET AT 31 MARCH 2019**

	Not es	2019 £	2018 £
CURRENT ASSETS Debtors Cash at bank and in hand	10	498 147,903	702 203,759
		148,401	204,461
CREDITORS Amounts falling due within one year	11	(4,779)	(65,286)
NET CURRENT ASSETS		143,622	139,175
TOTAL ASSETS LESS CURRENT LIABILITIES		143,622	139,175
NET ASSETS		143,622	139,175
FUNDS Unrestricted funds Restricted funds	13	96,788 46,834	106,297 32,878
TOTAL FUNDS		143,622	139,175

# BALANCE SHEET - CONTINUED AT 31 MARCH 2019

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on ...30 . (0 ... (9 ... and were signed on its behalf by:

H Woods-Waters -Trustee

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019

#### 1. ACCOUNTING POLICIES

# Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

#### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

# **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. INVESTMENT INCOME

	2019	2018
	£	£
Interest received	39	23

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

#### 3. INCOME FROM CHARITABLE ACTIVITIES

	2019	2018
	2019	Total
	Grant	activities
	income	ucti vities
	£	£
North Tyneside Council	72,500	58,000
Community Foundation	5,276	50,000
Big Lottery Fund - 0010279920	122,330	119,402
Children in Need	122,330	39,457
Rape Crisis Tyneside and Northumberland	-	3,700
Northumberland County Council	7,457	3,700
•	7,437	-
County Durham Community Foundation-Tampon Tax Community	0.477	
Fund Charles Harmand Franchick	9,477	-
Charles Hayward Foundation	7,000	
	224,040	220,559
CHARITABLE ACTIVITIES COSTS		
Direct costs	Support costs	Totals
	(See note 5)	

# 4.

	Direct costs	Support costs (See note 5)	Totals
	${f \pounds}$	£	£
Staff and support costs	123,073	52,725	175,798
Training	1,346	-	1,346
Activities expenses and equipment	14,975	-	14,975
Premises and administration costs		29,400	29,400
	139,394	82,125	221,519

#### 5. **SUPPORT COSTS**

	G	overnance	
	Management	costs	Totals
	£	£	£
Staff and support costs	52,725	-	52,725
Premises and administration costs	28,080	1,320	29,400
	80,805	1,320	82,125

Support costs, included in the above, are as follows:

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

# 5. SUPPORT COSTS - continued

			2019	2018
		Premises and		
	Staff and	administratio	Total	Total
	support costs	n costs	activities	activities
	£	£	£	£
Wages	45,577	-	45,577	28,120
Social security	3,205	-	3,205	1,114
Pensions	-	-	-	20
Support costs	3,943	3,201	7,144	33,166
Rent	-	10,000	10,000	8,500
Sundries	-	282	282	179
General running	-	14,597	14,597	20,165
Accountancy		1,320	1,320	1,290
	52,725	29,400	82,125	92,554

# 6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2019	2018
	£	£
Accountancy charges	1,320	1,290

# 7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018.

# Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018.

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

# 8. STAFF COSTS

	2019 £	2018
XX7 1 1 '		L 167.720
Wages and salaries	156,316	167,738
Social security costs	11,190	12,302
Other pension costs	1,396	436
	168,902	180,476

The charity's key management personnel comprise the Trustees and the Manager. The total employee benefits of the key management personnel were £31,275 (2018 - £51,089).

The average monthly number of employees during the year was as follows:

Project Administration	2019 8 2	2018 8 2
	10	10

No employees received emoluments in excess of £60,000.

# 9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds
INCOME AND ENDOWMENTS FROM			
Donations and legacies	3,816	-	3,816
Charitable activities Grant income		220.550	220.550
Grant income	-	220,559	220,559
Investment income	23	-	23
Other income	75		75
Total	3,914	220,559	224,473
EXPENDITURE ON Charitable activities			
Staff and support costs	38,392	175,555	213,947
Training	-	1,375	1,375
Activities expenses and equipment	795	2,341	3,136
Premises and administration costs	11,982	32,792	44,774
Total	51,169	212,063	263,232
NET INCOME/(EXPENDITURE)	(47,255)	8,496	(38,759)

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

9.	COMPARATIVES FOR THE STATI	EMENT OF FINA	NCIAL ACT	TIVITIES - co	ntinued
		Ţ	Unrestricted	Restricted	Total funds
			funds	funds	
			£	£	£
	RECONCILIATION OF FUNDS				
			150 550	24.202	155.004
	Total funds brought forward		153,552	24,382	177,934
	TOTAL FUNDS CARRIED FORWA	RD	106,297	32,878	139,175
					<del></del>
10.	DEBTORS: AMOUNTS FALLING D	OUE WITHIN ON	E YEAR		
				2019	2018
	Other debtors			£ 307	£ 134
	Prepayments and accrued income			191	568
	repayments and accrued meome				
				498	702
11.	CREDITORS: AMOUNTS FALLING	S DUE WITHIN C	NE YEAR		
11.		JULI WIIII			
				2019	2018
				£	£
	Other creditors			3,459	63,048
	Accrued expenses			1,320	2,238
				4,779	65,286
12.	ANALYSIS OF NET ASSETS BETW	EEN FUNDS			
				2019	2018
		Unrestricted		Total funds	Total funds
		funds	funds		
		£	£	£	£
	Current assets	99,181	49,220	148,401	204,461
	Current liabilities	(2,393)	(2,386)	(4,779)	(65,286)
		96,788	46,834	143,622	139,175
		70,700	10,054	1 13,022	137,173

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

# 13. MOVEMENT IN FUNDS

	At 1/4/18 £	Net movement in funds £	Transfers between funds £	At 31/3/19 £
Unrestricted funds	107.000	(0. 420)	220	06.700
General fund	105,882	(9,432)	338	96,788
Funds for clients assistance	415	<del></del>	(415)	
	106,297	(9,432)	(77)	96,788
Restricted funds				
Panto funds	2,761	(2,751)	(10)	-
Training Beneficiaries	2,007	-	-	2,007
BLF - Children's Therapy Sessions	20,186	367	-	20,553
Children in Need - Play Therapy Sessions	7,924	(8,011)	87	-
Counselling and Play Therapy Sessions	-	12,099	-	12,099
Outreach and Schools		12,175		12,175
	32,878	13,879	77	46,834
		<del></del>		
TOTAL FUNDS	139,175	4,447		143,622

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	52,113	(61,545)	(9,432)
Restricted funds			
BLF - Children's Therapy Sessions	122,330	(121,963)	367
Children in Need - Play Therapy Sessions	-	(8,011)	(8,011)
Counselling and Play Therapy Sessions	20,558	(8,459)	12,099
Outreach and Schools	30,965	(18,790)	12,175
Panto funds		(2,751)	(2,751)
	173,853	(159,974)	13,879
TOTAL FUNDS	225,966	(221,519)	4,447

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

# 13. MOVEMENT IN FUNDS - continued

-		Net	
	At 1/4/17	movement in funds	At 31/3/18
	£	£	£
Unrestricted Funds			
General fund	153,137	(47,255)	105,882
Funds for clients assistance	415		415
	153,552	(47,255)	106,297
	133,332	(47,233)	100,297
Restricted Funds			
Panto funds	2,761	-	2,761
Training Beneficiaries	2,007	-	2,007
BLF - Children's Therapy Sessions	19,614	572	20,186
Children in Need - Play Therapy Sessions		7,924	7,924
	24,382	8,496	32,878
TOTAL FUNDS	177,934	(38,759)	139,175

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds	~		~
General fund	3,914	(51,169)	(47,255)
Restricted funds			
Childrens project	58,000	(58,000)	-
BLF - Children's Therapy Sessions	119,402	(118,830)	572
Children in Need - Play Therapy Sessions	39,457	(31,533)	7,924
Rape Crisis Tyneside and Northumberland-Young			
People's Prevention Pilot Partnership Project	3,700	(3,700)	
	220,559	(212,063)	8,496
TOTAL FUNDS	224,473	(263,232)	(38,759)

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

# 13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/17 £	Net movement in funds £	Transfers between funds £	At 31/3/19 £
<b>Unrestricted funds</b>				
General fund	153,137	(56,687)	338	96,788
Funds for clients assistance	415	-	(415)	-
Restricted funds				
Panto funds	2,761	(2,751)	(10)	-
Training Beneficiaries	2,007	_	-	2,007
BLF - Children's Therapy Sessions	19,614	939	-	20,553
Children in Need - Play Therapy Sessions	_	(87)	87	_
Counselling and Play Therapy Sessions	-	12,099	-	12,099
Outreach and Schools		12,175		12,175
	24,382	22,375	77	46,834
TOTAL FUNDS	177,934	(34,312)		143,622

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources M expended £	Novement in funds
Unrestricted funds			
General fund	56,027	(112,714)	(56,687)
Restricted funds			
Childrens project	58,000	(58,000)	-
BLF - Children's Therapy Sessions	241,732	(240,793)	939
Children in Need - Play Therapy Sessions	39,457	(39,544)	(87)
Rape Crisis Tyneside and Northumberland-Young			
People's Prevention Pilot Partnership Project	3,700	(3,700)	_
Counselling and Play Therapy Sessions	20,558	(8,459)	12,099
Outreach and Schools	30,965	(18,790)	12,175
Panto funds		(2,751)	(2,751)
	394,412	(372,037)	22,375
TOTAL FUNDS	450,439	<u>(484,751</u> )	(34,312)

The restricted funds comprise grants received from funders for a specific purpose or project and can be expended only in the way already agreed to by the charity.

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

# 13. MOVEMENT IN FUNDS - continued

#### **Transfers between funds**

Transfers between funds comprise management costs and remaining funds on the completion of a project.

# 14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2019.

# 15. ULTIMATE CONTROLLING PARTY

The charitable company is under the control of the trustees.

# DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2019

	2019 £	2018 £
INCOME AND ENDOWMENTS		
<b>Donations and legacies</b> Donations	1,654	3,816
Investment income Interest received	39	23
Charitable activities North Tyneside Council Community Foundation Big Lottery Fund - 0010279920 Children in Need Rape Crisis Tyneside and Northumberland Northumberland County Council	72,500 5,276 122,330 - 7,457	58,000 119,402 39,457 3,700
County Durham Community Foundation-Tampon Tax Community Fund Charles Hayward Foundation	9,477 7,000 224,040	220,559
Other income Other income Total incoming resources	233 225,966	<u>75</u> 224,473
EXPENDITURE		
Charitable activities Wages Social security Pensions Travel Equipment and materials Consultancy and supervision Training Room hire Recruitment Panto trip Redundancy Building capabilities	110,739 7,985 1,396 2,492 9,113 1,481 1,346 80 461 2,751 1,550	139,618 11,188 416 1,552 552 2,433 1,375 151 190 

**Support costs** 

# DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2019

	2019	2018
N/ /	£	£
Management		20.120
Wages	45,577	28,120
Social security	3,205	1,114
Pensions	-	20
Rent	10,000	8,500
Sundries	282	179
General running	14,597	20,165
Redundancy	-	10,372
Administration support	3,943	8,154
Professional fees	3,201	14,640
	80,805	91,264
Governance costs		
Accountancy	1,320	1,290
Total resources expended	221,519	263,232
Net income/(expenditure)	4,447	(38,759)