

**1 Life to Live**

Accounts and Trustees Report

Period Ended 31 March 2019

# **1 LIFE TO LIVE**

## **Accounts and Trustees Report for the period ended 31 March 2019**

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**Trustees Report for the period ended 31 March 2019**

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**Introduction**

The trustees submit their accounts of the 1 Life to Live for the period ended 31 March 2019.

The results for the year are presented in the form of a Receipts and Payments account, a Statement of Assets and Liabilities and the related notes.

**Principal Aims and Activities**

The principal activity of the charity throughout the year was the education, training and promotion of physical and mental health and well-being. In particular to those on the margins of society and sufferers of drug and alcohol related conditions. The charity also aims to educate the public at large in all matters relating to the achievement of physical and mental health and the impact on individuals and their families.

**Review of activities, financial performance and reserves policy**

On a pure Receipts and Payments basis, expenses exceeded income by £2,498 for the year. The trustees will pursue a policy of maintaining the reserves and financial strength of the charity wherever possible and will utilise the income of the charity for the furtherance of its charitable objectives.

**The Trustees for the Charity**

The following persons were trustees of the charity, as defined by the provisions of the Charities Act 2011 and were in office at 31 March 2019 and served throughout the year:

Mrs E B Bidwell  
Mrs J E Bentley  
Mrs R E Catlow-Patterson

**Trustees' responsibility statement**

Charity law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of its income and expenditure for the year. In preparing the attached accounts the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue to operate.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

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## Trustees Report for the period ended 31 March 2019 (Continued)

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### Bankers

The principal bankers for the charity are:

HSBC  
12 Manchester Road  
Burnley, BB11 1JH

### Independent Examiner

Stephen Robinson ACA  
Champion Accountants  
4 Nile Close  
Nelson Court Business Centre  
Preston PR2 2XU  
Tel: 01772 723500 Fax: 01772 723501

By order of the Trustees

.....  
EB Bidwell

Mrs E B Bidwell  
Trustee

.....  
12-10-19

Date of approval



# 1 LIFE TO LIVE

## Independent Examiners' Report for the period ended 31 March 2019

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I report on the accounts of the charity for the period ended 31 March 2019, which are set out on pages 4 to 7.

### Respective responsibilities of trustees and examiners

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

### Basis of independent examiners' report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### Independent examiners' statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



S M Robinson ACA  
Champion  
4 Nile Close  
Riversway  
Preston PR2 2XU

Date: 11/11/19

# 1 LIFE TO LIVE

## Receipts and Payments account for the period ended 31 March 2019

	Note	Unrestricted Funds	
		2019	2018
			£
<b>Receipts:</b>			
Donations and legacies		-	200
Charitable activities		-	11969
<b>Total receipts</b>		-	12169
<b>Payments:</b>			
Charitable activities	2	2027	13481
Other	2	471	558
<b>Total payments</b>		2498	14039
<b>Net increase / (decrease) for the year</b>		(2498)	(1870)
<b>Reconciliation</b>			
Balance brought forward		6908	8778
Balance carried forward		4410	6908

The notes on pages 6 to 7 form part of these financial statements.

# 1 LIFE TO LIVE

## Statement of Assets and Liabilities as at 31 March 2019

	Notes	2019	2018
		£	£
<b>Current assets</b>			
Cash at bank		4122	6620
Cash in hand		288	288
		<hr/>	<hr/>
<b>Net current assets</b>		4410	6908
		<hr/>	<hr/>
<b>Net assets</b>		4410	6908
		<hr/>	<hr/>
Represented by:			
<b>FUNDS</b>			
<b>Unrestricted funds</b>		4410	6908
		<hr/>	<hr/>
		4410	6908
		<hr/>	<hr/>

On behalf of the Trustees

*E B Bidwell*  
.....

Approved by the Trustees on *12-10-19* .....

**Mrs E B Bidwell**  
Trustee

The notes on pages 6 to 8 form part of these financial statements.

**1 Accounting policies**

*Basis of Accounting*

The accounts have been prepared in accordance with the provisions of The Statement of Recommended Practice – Accounting by Charities (“the 2015 SORP”).

The accounts have been prepared in accordance with the historical cost convention.

The Charity has taken advantage of the exemption in Financial Reporting Standard No. 1 from the requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

*Donations, Legacies and Other Voluntary Income*

Donations, Legacies and Other Voluntary Income are credited to the Statement of Financial Activities as they are received.

Where funds are received for a specific purpose as defined by the donor, these are credited to a Restricted Fund, and are matched against expenditure incurred with the purpose as specified.

*Value Added Tax*

Value Added Tax is not recoverable by the charity, and as such is included in the relevant costs in the Receipts and Payments account.



## 1 LIFE TO LIVE

Notes to the accounts for the period ended 31 March 2019 *(Continued)*

### 2 Payments

	Charitable Activities Costs 2019 £	Other Costs 2019 £	Total 2019 £	Total 2018 £
Project and training costs	-	-	-	12460
Equipment etc	-	-	-	364
Food and provisions	-	-	-	173
Travel	-	-	-	232
Accommodation	-	-	-	252
Donations	2027	-	2027	-
Insurance	-	231	231	231
Accountancy	-	240	240	240
Sundry	-	-	-	87
	<hr/>	<hr/>	<hr/>	<hr/>
	2027	471	2498	14039
	<hr/>	<hr/>	<hr/>	<hr/>

None of the trustees received any emoluments during the year.

None of the trustees received reimbursement for any expenses in the year.