

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDING 31 JANUARY 2019  
FOR  
CITY ESCAPE  
Charity Number: 1069707**

**De Claron Ltd  
3a The Vale  
LONDON  
NW1 8SB**

## **CITY ESCAPE**

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## **CITY ESCAPE**

### **CHARITY INFORMATION** **For the Year Ended 31 January 2019**

<b>TRUSTEES:</b>	Mrs G Traube Mrs R Just Mrs Y Mandel Mrs I Rosenthal
<b>SECRETARY:</b>	Mrs G Traube
<b>REGISTERED OFFICE:</b>	30 Mresby Road London E5 9LF
<b>REGISTERED CHARITY NUMBER:</b>	1069707
<b>BANKERS:</b>	Natwest Bank, 20 Anhurst Road London E6 1QZ
<b>INDEPENDENT EXAMINER:</b>	De Claron Ltd 3A The Vale London NW11 8SB

# **CITY ESCAPE**

## **REPORT OF THE TRUSTEES**

**For the Year Ended 31 January 2019**

The trustees present their annual report together with the financial statements of for the 1 February 2018 to 31 January 2019.

### **Message from the Treasurer**

This past year marked 20 years of providing our annual summer programmes for multiply disadvantaged children and young people. It was a magnificent year with significant growth for our charity. With the increasingly growing demand for a place on our programme we are delighted that our two week summer holiday project saw an 18% increase in user participants. This was made possible by the generous support of our incredible funders as well as the unwavering assistance of our expanded team of dedicated volunteers who worked day and night to enable our largest project yet to take place.

In addition to the many social and financial disadvantages experienced by all beneficiaries, this year our participants included a young teenager who is wheelchair bound. Although this entailed many challenges on our part, I can confidently say that all our volunteers and participants alike gained much from this experience. We hope to include more young people with physical disabilities in our future programmes.

The feedback this year has been unsurpassed. 112 disadvantaged children and young people have experienced an enriching and fun filled summer programme which has already, and will continue, to positively impact on their lives for many years to come. We will maintain contact and follow the developments of our participants so as to ensure their continued progress.

I would like to thank our amazing children and young people who have all developed tremendously during their two most enjoyable weeks together. I wish you all continued happiness, success and growth. Thank you are two words too little to thank our amazing group of young and adult volunteers alike for their tireless efforts all the way through. I must also applaud my fellow trustees whose dedication and leadership skills have enabled our charity to continuously go forward even when the journey may have been rough at times.

Most importantly, it is to our loyal and generous funders who we are most grateful. Our programme would not have been able to go ahead without their support. It is our fervent hope that together we will be able to continue affecting positive change for many more disadvantaged children through our annual Summer Programmes. The trustees wish to thank in particular The BBC Children in Need and the Walter Lees Foundation for their generous support.

### **Policies and objectives**

City Escape aims to improve the lives and opportunities of disadvantaged young people by providing a two week summer holiday programme for financially and socially deprived children from London between the ages of 11 & 16. We take them away from the hot inner city streets where they face great risk of engaging in crime, drugs and anti-social behaviour, and we care for them in a safe and supportive environment, within beautiful rural surroundings. Being a part of our programme enhances the children's social development and improves their confidence and self-esteem so that they return home invigorated and refreshed – physically, mentally and emotionally; complete with the tools they need to enrich their lives and their future

### **Our Impact**

The benefits of our summer holiday programme are manifold, including both short and longer term benefits. These often extend beyond individual children's lives onto their family relationships and engagement with their local community. These benefits are detailed below:

# **CITY ESCAPE**

## **REPORT OF THE TRUSTEES**

**For the Year Ended 31 January 2019**

- **A positive summer holiday environment** - these vulnerable young people will be able to taste the enjoyment and freedom of childhood within an encouraging environment rather than have to while away their summer holidays in the boredom of their crowded homes.

- **Reduced isolation** - our project will enable integration of different marginalised groups from the community to connect with new friends and sympathetic adults, so that positive and supportive friendships can develop. This will likewise result in improvements in social and communication skills.

- **Providing new experiences, raising aspirations and broadening horizons** - For children and young people whose experience of the world is defined and confined by poverty, extending their physical horizon is incredibly important. This will be achieved through our expansive rural location coupled with our wide range of activities, workshops and outdoor trips.

- **Leadership and organisational abilities** - as a result of being involved in all stages of planning, organising and decision making both prior and during our programme the children will develop vital skills and improved self-esteem often leading to new hobbies and pathways to employment.

- **Improved health and well-being** - due to their immersion in a healthy way of life, including diet and life style, and the incentive we will provide them to encourage themselves and each other to continue this new way of life together with friends and family on their return home.

- **A stronger community** - our project will greatly improve community cohesion and identity. We will empower the young people to set themselves on a happier and more successful track in life. This will lead them to overcome their current disadvantage and grow up to become active and productive members of the community.

In setting objectives and planning for activities, the trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

### **Achievements and performance**

This year, we are pleased to report that once again we ran an extremely successful Summer Programme with a significant increase in the number of participants. 112 disadvantaged children between the ages of 11 and 16, together with a committed group of 18 volunteer leaders aged 16 to 19 took part in our project. After a most enjoyable and invigorating two weeks together, it was inspiring yet emotional to bid farewell to this amazing group of children and young people who were able to positively connect and leave behind any difficulties they may have and enrich themselves through our stimulating programme.

Due to the increasing risk of obesity in today's society, our project placed a significant emphasis on the benefits of healthy living and eating. Our diverse programme included food workshops, music, dance, sport competitions, swimming, cycling along the countryside, and hiking with the aid of maps and compasses. The participants were given opportunities to prepare healthy food, experimenting with locally produced and pick your own fruit and vegetables. The programme also included plenty of opportunities for role-plays and drama. We produced a big Showcase as a fitting finale to the project, which involved all users, and demonstrated their individual achievements in the field(s) they chose to specialise in.

## **CITY ESCAPE**

### **REPORT OF THE TRUSTEES**

**For the Year Ended 31 January 2019**

Every young person played an active role in our programme planning and delivery and we regularly consulted with them regarding different ideas for the project. Throughout the programme, the children were involved by presenting ideas, creating songs, and producing artwork during workshops and activity sessions. All this involvement created a harmonious atmosphere with all involved feeling a great sense of achievement and empowerment.

Being a part of our programme enhanced the children's social development and improved their confidence and self-esteem so that they returned home invigorated and refreshed, equipped with the tools to improve their lives and their future.

#### **Funding activities / Income generation**

Our beneficiaries are all financially or socially disadvantaged children from BME communities who live within the economically deprived inner city areas of Hackney and Haringey. Most participants can only make a small contribution to the cost, if at all, and the charity therefore depends heavily on grants from third parties to finance its activities, particularly as the cost of renting premises in the summer is exceedingly high.

The project is run entirely by volunteers. We have a management committee comprised of four main volunteer workers. Between them they have a wealth of skills and relevant experience in working with children & young people. In addition we have a group of 25 young volunteers aged 16-19 who act as youth leaders, kitchen staff, co-heads of camp and social activity organisers. They work alongside our adult volunteers who join our programme and serve as our directors and 'camp mothers'. This capable group of volunteers helps us reduce our costs and direct our income in its entirety to benefit our disadvantaged participants.

#### **Plans For The Future**

Strategy A: City Escape would like to help even more children and young people be included in our summer programme in August 2020. This will primarily depend on raising more funds.

- We hope to develop new fundraising strategies so as to widen our database of potential funders, as well as to run local fundraising activities so as to raise the scope of local donations from within the community.

Strategy B: We will develop our programme and innovate effectively so as to provide for the up and coming needs of the disadvantaged children most effectively. We will improve on our

- monitoring and evaluation methods. We will also establish a user council where the children and young people will play an even greater role in the actual decision making throughout the entire project planning and delivery.

Our vision is that during their time spent planning and directing our programme, we will

- provide the opportunity for our group of young volunteers to achieve AQA accreditation on Teamwork and Leadership Skills. This will help them for future employment prospects.

#### **Structure, governance and management**

##### **- Constitution**

The charity is governed by declaration of trust dated 3 May 1998 and is run by the trustees.

##### **- Method of appointment or election of Trustees**

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

## **CITY ESCAPE**

### **REPORT OF THE TRUSTEES**

**For the Year Ended 31 January 2019**

**- Commitment to quality and best practice**

programme to improve effectiveness. Since our charity works with vulnerable children and families, safeguarding is considered the greatest inherent risk in its work. We have a framework of consents, controls, policies and reviews to mitigate the associated risks. All our volunteers are DBS checked and undergo appropriate child safeguarding training. As an established organisation, we have excellent policies and procedures that are reviewed on an annual basis. This leads to smoothly run, safe activities, and sound back up plans if necessary.

This report was approved by the trustees, on 7 November 2019 and signed on their behalf by:



.....  
G Traube  
Trustee

## **INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF CITY ESCAPE**

### **Independent Examiner' s Report to the Trustees of City Escape**

I report on the accounts of the Charity for the year ended 31 January 2019, which are set out on pages 6 to 10.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity's trustees those matters that I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work or for this report.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on March 2018 which is referred to in the extant regulations but has been withdrawn.

This has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on the after March 2018.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the financial statements, and they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act; and
- state whether particular matters have come to my attention.

### **Basis of Independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements
  - to keep accounting records in accordance with section 130 of the Act; and
  - to prepare financial statements which accord with the accounting records, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard in the UK and Republic of Ireland (FRS 102) and in other respects comply with the accounting requirements of the Act.



## **INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF CITY ESCAPE**

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

A handwritten signature in black ink, appearing to be 'H. H.', written over a light blue background.

De Claron Ltd.  
3a The Vale  
LONDON NW1 8SB  
7 November 2019

**CITY ESCAPE**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 JANUARY 2019**

	31. 01. 2019		31. 01. 2018	
	£	£	£	£
	Restricted Funds	Unrestricted Funds	Restricted Funds	Unrestricted Funds
	£	£	£	£
<b>INCOMING RESOURCES</b>				
<u><b>RESTRICTED FUNDS</b></u>				
Grants Received	50,930		49,400	
<u><b>UNRESTRICTED FUNDS</b></u>				
Donations		31,483		21,367
Interest Received				
	50,930	31,483	49,400	21,367
<b>TOTAL INCOMING RESOURCES</b>		<u>82,413</u>		<u>70,767</u>
<u><b>CHARITABLE PROGRAMS</b></u>				
Premises Expenses	33,724		28,000	
Transport And Travel	17,640		10,813	
Outings And Activity	11,785		8,146	
Food And Kitchen Supplies	16,655		11,308	
Other Costs	1,830		1,707	
<u><b>ADMINISTRATING EXPENDITURES</b></u>				
Advertising	1,854		220	
Accountancy & Admin	456		1,932	
Independent Examination	-		-	
Bank Charges	-		31	
<u><b>Total Resources Expended</b></u>	<u>83,944</u>	<u>-</u>	<u>62,157</u>	<u>-</u>
<b>NET MOVEMENTS IN FUNDS FOR THE YEAR</b>	<u>(33,013.90)</u>	<u>31,483</u>	<u>(12,756.86)</u>	<u>21,367</u>
		<u>(1,531)</u>		<u>8,610</u>
<b>FUNDS CARRIED FORWARD</b>		15,313		6,703
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>13,782</u>		<u>15,313</u>

**CITY ESCAPE  
BALANCE SHEET  
AT 31 JANUARY 2019**

	<u>31. 01. 2019</u>		<u>31. 01. 2018</u>	
	£	£	£	£
FIXED ASSETS		-		-
CURRENT ASSETS				
Debtors		-		-
Cash in hand and at bank	<u>13,782</u>		<u>15,313</u>	
		13,782		15,313
CURRENT LIABILITIES				
Short term Creditors	<u>-</u>		<u>-</u>	
		-		-
NET CURRENT ASSETS		<u>13,782</u>		<u>15,313</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		13,782		15,313
		<u><u>          </u></u>		<u><u>          </u></u>
FUND ACCOUNT				
Funds		13,782		15,313
		<u><u>          </u></u>		<u><u>          </u></u>

## **CITY ESCAPE**

### **Notes to the Financial Statements For the Year Ended 31 January 2019**

#### **1 ACCOUNTING POLICIES**

##### **1.1 Basis of preparation of financial statements**

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2015 which has since been withdrawn.

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on March 2018 and Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and Charities Act 2011.

City Escape constitutes a public benefit entity as defined by FRS 102.

##### **1.2 Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of the donation.

##### **1.3 Income**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably

##### **1.4 Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources.

Charitable activities and Governance costs are costs incurred on the charity's educational operations, including support costs and costs relating to the governance of the charity apportioned to charitable activities

# CITY ESCAPE

## Notes to the Financial Statements For the Year Ended 31 January 2019

### 1.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

### 1.6 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

### 1.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges

### 1.8 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

## 2. INCOME FROM DONATIONS AND LEGACIES

£	£	£	£
2019	2019	2019	2018
Unrestricted	Restricted		
Funds	Funds	Total	Total
£	£	£	£
50,930	31,483	82,413	70,767

## CITY ESCAPE

### Notes to the Financial Statements For the Year Ended 31 January 2019

#### 3. CHARITABLE ACTIVITIES

£	£	£
2019	2019	2018
<u>CHARITABLE PROGRAMS</u>	<u>Summer Camp</u>	<u>Summer Camp</u>
Premises Expenses	33,724	28,000
Transport And Travel	17,640	10,813
Outings And Activity	11,785	8,146
Food And Kitchen Supplies	16,655	11,308
Other Costs	<u>1,830</u>	<u>1,707</u>
	81,633	59,974

#### 4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Accruals and deferred income	£	£
	2019	2018
	-	-
	<u>          </u>	<u>          </u>