REGISTERED COMPANY NUMBER: 03565696 (England and Wales)
REGISTERED CHARITY NUMBER: 1069802

OSCR NUMBER: SC049296



THE NATIONAL ASSOCIATION OF PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

CONTENTS

	Page
Legal and Administrative Information	1
Report of the Board of Trustees (Incorporating the Directors' Report)	2-12
Independent Examiner's Report	13
Statement of Financial Activities	14
Balance Sheet	15
Statement of Cash flows	16
Notes to the Financial Statements	17-25

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 MARCH 2019

Registered Company number 03565696 (England and Wales)

Registered Charity number

OSCR Number SC049296

Registered office CAM Mezzanine

7-14 Great Dover Street

Borough London England SE1 4YR

1069802

Trustees (During the year and at the date of approval of these financial statements)

Name	Action/Date
Mr J Bakker	
Mr D Brookes	Resigned 14 June 2019
Dr G Cory	Resigned 7 April 2018
Mr T Croft	
Ms P Gale	
Mr J Griffiths	
Dr T Lambert	
Ms G Marks	Appointed 11 April 2018
Ms A Milner	
Ms D Neville	Resigned 21 March 2019
Ms M Newman	
Mr S Spencer	

Secretary Mr T Barclay

Senior Management Team Ms G Shaw Chief Executive

Mr T Barclay Chief Operating Officer

Mr P Saunders Founder

Independent examiner Mark Cummins FCCA FCIE

T C Group The Courtyard Shoreham Road Upper Beeding Steyning West Sussex BN44 3TN

Bankers Metro Bank Lloyds Bank

72-76 High St 6-8 Market Square

Bromley Bromley BR1 1EG BR1 1NA

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

The Board of Trustees, who are also the Directors of the Company for the purposes of the Company law, submit their annual report and financial statements of The National Association of People Abused in Childhood for the year ended 31 March 2019. The Board of Trustees confirm that the annual report and financial statements of the Company comply with the Company's Memorandum and Articles of Association, the Companies Act 2006, the Charities Act 2011, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

GOVERNANCE AND MISSION

Governing document

NAPAC is a charitable company limited by guarantee, incorporated on 12 May 1998 and registered as a charity on 29 May 1998. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. On 28 November 2018, by Special Resolution of its Board of Trustees (also known as members), NAPAC updated its Articles of Association which substitute and supersede the original 1998 Articles of Association as the organisation's governing document.

Mission

NAPAC's vision is of a society in which every adult survivor of childhood abuse in the UK can access the support they need, when they need it, to make a journey of recovery and heal their emotional and psychological wounds.

As the only national organisation in the UK focussed on the needs of both female and male adult survivors of all kinds of childhood abuse, NAPAC has a central and unique role to play in the delivery of this vision.

Values

We have firm beliefs about the damaging impact of childhood abuse on people's lives, and how this damage can and should be repaired. They are the values which underpin everything we do:

- We believe that any abuse of children whether physical, sexual, narcissistic, emotional or ritual, or the result of neglect – is damaging and wrong
- We know that abuse in childhood can cause continuing harm and suffering to millions of people well into adulthood
- We believe that every individual has the right to leave the impact of childhood abuse behind, grow as a person and enjoy a happier and more fulfilled life, not defined by childhood trauma
- We know that survivors of childhood abuse can be empowered to do just that: we have proved that we and others can support them

Purpose

NAPAC aims to make a difference in the lives of adult survivors of childhood abuse by:

- providing a range of services which offer direct support to survivors
- ensuring that survivors know where they can go for help
- spreading best practice in the support of survivors among those who they may approach for help
- working with others to increase the provision and effectiveness of support for survivors
- standing up for survivors and representing their interests among those who are in a position to help improve their lives

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

Public Benefit

The trustees have taken the Charity Commission's general guidance on public benefit contained within their publication Charities and Public Benefit, into account when preparing this Trustees' Annual Report.

ACHIEVEMENTS AND PERFORMANCE - Year from 1 April 2018 to 31 March 2019

Activities

During the year to 31 March 2019, the principal activities of NAPAC included:

- Providing a free and confidential national telephone support line for survivors of childhood abuse
- Over 8,700 requests for support answered
- Over 4,100 hours providing support by phone and email
- Maintaining a website containing information relevant to survivors of childhood abuse napac.org.uk
 - Over 119,000 visitor sessions
 - Over 5,500 visitor hours
- Supplying training, information and resources for those providing assistance to survivors of abuse
- Organising and running intensive 12-session structured support groups for abuse survivors
- The raising of public awareness of the continuing impact of childhood abuse
- Participation and representation at seminars and conferences on subjects related to the alleviation of the impact of childhood abuse
- The publication of materials and information and resources for survivors which are free to download in electronic format

General overview

Reflecting on our stated aim to improve and increase the range and provision of the support we can offer to survivors, NAPAC continues to achieve this. Our website is an accessible and streamlined first point of support; we have increased the numbers of calls answered on our telephone support line; support groups have been rolled out across different parts of the UK and our advocacy and media work have kept the issue of childhood abuse and support for adult survivors firmly in the public eye.

Significant changes in previous years to staffing restructures and enhancement of our governance ability provide the foundation of our success. It means that NAPAC maintains the ability to flex and meet the organisation's business requirements, with strong governance oversight from an experienced and cohesive Board of Trustees.

Significant challenges remain, however. Demand for NAPAC's services, particularly our telephone support line and support groups, far outstrips our current ability to meet it. We know that more generally, adult survivors across the UK face barriers to accessing the support they need, when they need it, and that too often the response they receive is inadequate.

NAPAC has now updated and renewed its strategic plan for the next five years – https://napac.org.uk/wp-content/uploads/2019/07/2018-5-Year-plannew-16pg_P4_LR.pdf – and will incorporate our learning gained over the past reporting period to better meet these challenges.

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

TRAINING

NAPAC has been training professionals who work with adult survivors of child abuse on an ad-hoc basis for many years. Since 2015, after receiving an initial subsidy for training from the Home Office, these training sessions have developed into a more structured programme that has grown into an integral part of NAPAC's service provisions. NAPAC's one-day training workshop – Supporting Adult Survivors of Child Abuse (SASCA) - was originally based on NAPAC's support line volunteer training. However, to meet the needs of professionals working with adult survivors of abuse in a wide range of settings —health care, social care, criminal justice, educational and religious institutions — the content was deepened and expanded substantially. It now is firmly rooted in the latest research on the impacts of abuse trauma as well as the emerging field of trauma-informed practice. NAPAC is pleased that its training programme has been accredited by the Royal Society for Public Health, the Royal College of Nursing and the British Psychological Society.

Over the current reporting period, NAPAC's training programme has been developed further to fit new audiences – for example insurance case handlers, solicitors, community rehabilitation companies and the like. There has also been growing demand for the training amongst NHS Improving Access to Psychological Therapies (IAPT) providers whose therapists and wellbeing practitioners regularly receive disclosures from people seeking support.

The core content of the SASCA training workshop focuses on:

- the impact of child abuse on physical, mental, emotional and social health in adulthood;
- understanding and responding to common stress reactions and survival strategies;
- practical skills on how to support disclosures of abuse; and how to recognise and guard against vicarious trauma.

All one-day or half-day training workshops include videos, exercises, role-play and practical tools to assist professionals in developing greater expertise and confidence when working with abuse survivors in any professional setting.

Alongside delivering the SASCA training programme to organisations, we also deliver training sessions for individual professionals, in particular counsellors and therapists, at our London office once every quarter.

Furthermore, in May 2018, we launched an e-learning course - Working with Adult Survivors of Childhood Abuse in a Trauma-Informed Way. The National Counselling Society provided technical support for this project and the course was hosted on their website for one year. In the first quarter of 2019, NAPAC decided to bring its the elearning course in-house. Its content was updated, and the course transferred to NAPAC's website for launch in May 2019.

Since August 2018, NAPAC has employed a Business Development Manager to expand the market for its training programme and introduce a more business-focussed and rigorous approach to income generation. This resulted in NAPAC exceeding the surplus targets for the financial year and making a strong start to the new financial year. Specifically, £26,413 was generated from live-training and £4,835 from e-learning – a total of £31,248.

Between 1 April 2018 and 31 March 2019, NAPAC

- Trained eight discrete organisations in England and Wales
- Delivered 11 full-day workshops and three half-day workshops
- Trained a total of 198 professionals in live workshops
- Trained a further 213 individuals via its e-learning programme

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

SUPPORT SERVICES

Telephone support line and email support

NAPAC's support services operation, which encompasses our telephone support line and email support service, is run entirely from our Stockport office. This gives greater efficiency and improved safety and transparency for callers as well as staff and volunteers.

NAPAC's free national telephone support line for adult survivors of childhood abuse - 0808 801 0331 - offers survivors the chance to talk through their experiences with highly-trained volunteers and staff.

We know that for some survivors, writing down their feelings can be easier than talking; NAPAC therefore offers an email support service where people may write to us with any questions or comments about abuse experienced in childhood, its impact in adulthood, their recovery experiences, or to find longer-term support in their area.

In August 2018, additional staff members were recruited to the Stockport support services team. This included three additional call handlers, as well as increasing one of the supervisor roles to full-time. This allowed the team to answer more calls and send written responses to emails within 48 hours – a huge jump from our stated target of five working days.

Between 1 April 2018 and 31 March 2019, the team consisted of 13 active volunteers and six members of staff. The opening hours of the support services operation are 10.00-21.00 Mondays to Thursdays, and 10.00-18.00 on Fridays.

The performance of NAPAC's support services and some interesting findings are described below.

- 7,020 calls were answered out of 76,555 call attempts (or 9.16%). This is more calls answered and fewer
 call attempts than in the previous reporting period, in part as a result of implementing more effective ways
 of managing returning callers
- The average talk time per support line call remained constant as in previous years at 18 minutes
- Calls are now 75% from women, up from 68% in the previous reporting period
- Our new data field shows that 73% percent of calls describe the abuse in childhood (all types) lasting for years rather than one or several occasions or months.
- 13% of abusers (all types of abuse) were siblings, slightly up from 12% in the previous year
- 15% of calls say it was the first disclosure, down from 17% in the previous reporting period
- The most common concern reported is still **anxiety** at 75% of all calls, but distress is now lower at 51% (it was 57% in the previous reporting period)
- 1,683 support emails were answered. This is lower than the previous year, partly because we are discouraging ongoing correspondence more effectively

Support groups

We ran two support groups during the reporting period, both funded by the Philip King Trust. One group ran in London and the other in Nuneaton.

A total of 14 participants benefited from participating in these therapeutic psycho-educational groups and provided excellent feedback.

ADVOCACY

NAPAC works with MPs, policy makers and other key stakeholders to ensure the support needs of survivors are better met. We contribute our expertise and participate in discussions particularly in relation to healthcare, the criminal justice system and the need for a trauma-informed approach to service delivery.

NAPAC also contributes to policy debates about how to make children safer now, such as the proposal for mandatory reporting or the need for healthy relationships education in schools.

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

During the reporting period NAPAC was represented at a number of key international events. NAPAC is a founding member of Ending Clergy Abuse, an international initiative to challenge the Roman Catholic Church over its handling of the child abuse scandal, and was part of an ECA delegation to the United Nations in Geneva in June 2018.

NAPAC was further represented by its founder at ECA events in Germany, Poland, Ireland, Spain, Italy and the United States. A great deal of media interest was generated and NAPAC is now firmly established as an international 'brand'. NAPAC's Chief Executive was also a keynote speaker at the Canadian Centre for Child Protection's international conference in May 2018.

NAPAC was represented at the Independent Inquiry into Child Sexual Abuse where the Founder was a member of the Victims and Survivors Consultative Panel. NAPAC takes similar roles in a number of other bodies including the National Working Group for Child Abuse Linked to Faith or Belief and a number of on-going police investigations.

NAPAC is engaged with national organisations, including those in the health and social care sectors, to discuss their training needs and provide expert input where there are gaps in provision and understanding in how best to support adult survivors. We contribute insights to support public health campaigns such as advice for survivors around cervical screening or mental health campaigns.

We are proud to be recognised as an advocacy leader, exemplified through the Chief Executive sitting on the Advisory Panel for the Victims' Commissioner and the Crown Prosecution Service's national stakeholders group during the reporting period

Over the reporting period, NAPAC participated in ONS plans to produce a compendium of child abuse data, which will over time help to tackle the paucity of robust data about non-recent child abuse.

We receive a huge number of enquiries from national, regional and international media outlets to contribute to news stories or documentaries or requests to advise on drama scripts which relate to non-recent child abuse. We provide comment on the issues we regularly hear about on our support line and information which offers insight and improves the accuracy of portrayals about the impacts of child abuse on adults.

Large increases in call attempts to NAPAC's support line and visits to our website correlate closely with media coverage which features NAPAC or survivors talking about what they suffered, such as the Michael Jackson documentary and storylines in TV or radio soaps and dramas, court cases or police investigations.

NAPAC is proud to have developed and disseminated its media guidelines, following input from IPSO, OFCOM and BBC Editorial guidelines, to assist anyone writing or broadcasting on the subject of non-recent child abuse, so that the needs and impacts on adult survivors are better understood and reported.

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

WEBSITE

We continued to reach many thousands of new people through our NAPAC website – napac.org.uk – this this year. Here are some of the trends we identified.

- We had over **119,000 visitor sessions** on the website over this period
- 84,761 (71%) were **new visitors** to the website
- 34,420 (29%) were returning visitors
- 88% of visitors to our site were in the UK. The remaining 12% were mainly from the US, Australia, Canada and Ireland
- Visitors spend on average over 2:47 minutes on the site
- We had over a **third of a million-page views** (342,124) overall
- Well over half of visitors (61%) use a mobile or tablet to view our website
- Around 72% of website visitors are female and 28% male, a figure which has remained fairly stable over time and which correlates with the gender split of callers to our support line (of those who state their gender)
- We **continue to reach people across all age groups**. Visitors aged 25-34 to our website made up the highest group at 28%, 35-44-year olds comprised 23% of visitors and 45-54 year olds at 20%
- This is a **lower age profile than for callers to our support line**. If people are seeking help earlier in their lives, their road to recovery starts sooner and they are less likely to suffer some of the impacts of abuse
- Our series of six survivor booklets continue to be popular over 30,000 people viewed them
- 10,074 of visitors looked up information about our support groups
- There is demand for factual information we had 9,832 to our key facts page

SOCIAL MEDIA

NAPAC has a strong and consistent public profile. We get high levels of engagement on our social media channels, focusing particularly on Twitter and Facebook.

We do not offer support to survivors on social media channels, as it is an open platform and therefore not a safe environment for disclosure. Anyone requiring support is directed to our email support service or telephone support line.

FINANCIAL REVIEW

We are reporting on the year from 1 April 2018 to 31 March 2019. During this period, gross income of £581,016 was achieved compared to £395,820 in the prior period (10 months).

We were grateful to have had continued support from the Home Office which has again been the principal funding source of the Charity, with £355,670 being received for the year compared with £267,370 in the prior period (10 months). The grant was given from funds made available by the Home Office to non-statutory organisations in England and Wales providing support to victims of sexual abuse to help meet the ever-increasing demand on those services.

This principal source of funding was supplemented by income from grant-making trusts and bodies and ad-hoc personal donations. All these generous donations are acknowledged with much gratitude by the Trustees who are committed to ensuring that NAPAC continues to use the funding it receives effectively. This includes further enhancement and expansion of our core activities to support survivors and ongoing development of our training programme, which we also see as providing an important source of income for the Charity.

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

Resources expended in the period were £546,037 compared to £448,102 in the prior period (10 months). The key elements of expenditure relate to:

- The staffing costs for organisational leadership, advocacy, volunteer coordination and support, developing and delivering training, and coordinating and delivering support to survivors
- Establishment and maintenance of the support line technology with the associated website
- Office accommodation for the administrative and support line centres

Overall, 2018-2019 was once again a challenging period for NAPAC as our services are ever more in demand thanks to the high profile the organisation enjoys, and the prominence afforded to issues raised in the media which prompt calls to our support line.

We experienced a surplus for the period of £34,979 compared to a deficit in the prior year of £52,282 reflecting the fluctuating nature of one-off donations. The Charity has sought to reduce its cost base during this period with the benefits expected to be experienced during the coming year.

RESERVES POLICY

NAPAC's reserves policy is to maintain sufficient unrestricted resources to fund operations for up to six months at a time, at which point those reserves are replenished by the receipt in arrears of the principal grant receivable.

During 2018-2019 we have been able to meet the requirements of this policy at all times. As at 31 March 2019 we had unrestricted free reserves of £332,711 (2018: £260,988), an amount sufficient to fund all operations for approximately the next seven months.

Since funding is often short-term or one-off in nature, the Trustees are cognisant of the need to continue to seek funding for our work and to maintain adequate reserves which we see as critical for the effective support of survivors across the United Kingdom.

STATEMENT OF MAJOR RISKS

The NAPAC Board of Trustees have considered the major strategic business and operational risks to which the charity is exposed.

Financial risk:

As reported in previous years, the main financial risk NAPAC faces in 2018-19 is the lack of continued and long-term funding to allow NAPAC to prosper and develop its own income-generating activities. NAPAC has been grateful to the government for significant grants which make up the majority of its income. However, there is no guarantee that Home Office funding will be continued.

Dependent as it is on statutory funding, NAPAC is mindful of the potential risks of political changes during the on-going period of national uncertainty.

NAPAC is cognisant of the proper and appropriate use of restricted funds, which form the main proportion of the charity's funding arrangements, equating to 61% (2018: 77%) of all income received during the period. As at 31 March 2019, the amount held in our restricted funds stood at £5,404 (2018: £42,148), equivalent to 1.6% (2018: 14%) of our total reserves.

During the early months of 2019, NAPAC became aware of concerns in the national press regarding Metrobank – our main banker. This has prompted NAPAC to seek to minimise the concentration risk of holding nearly all our funds with one bank. To this end, NAPAC is actively seeking to open an additional account elsewhere to diversify the risk.

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

Service delivery:

NAPAC has focused on strengthening and developing its service delivery, particularly the telephone support line, training programme and support groups. The demand for NAPAC's support services is particularly high and we are unable to meet this in full. Funding is the key factor in this else we face the risk of being unable to fulfil our main charitable objectives.

Plans to expand our service delivery, as we set out in our strategic five-year plan 'Support on the Journey', is dependent upon more certain funding streams and increasing our own revenue-generating activities such as our training programme as well as recruiting, training and retaining sufficient volunteers.

Staffing:

NAPAC is a small organisation and we face a significant demand for our services. We work in a highly emotional and complex trauma-care setting and the issues that we deal with on a daily basis can be somewhat toxic. These factors combine to present risk to our staff, including the potential loss of key staff and the inability to recruit and retain suitable staff. Trustees are mindful of the effect of stress on staff from working in this field and we have put in place systems (such as strong management and external supervision) to mitigate this.

Governance:

NAPAC continues its focus on ensuring that trustees with the skills and experience appropriate to the sound oversight of all aspects of the charity's activities are appointed and that together they are able to provide the necessary level of support to NAPAC's senior management.

While the trustees are satisfied with the current composition of the Board, this remains a risk area for NAPAC who rely on appropriate people making themselves available to fulfil the required roles.

Reporting:

NAPAC has made significant progress in strengthening the quality and timeliness of the management information it receives. A cloud-based client relationship management (CRM) system has been implemented, which enables NAPAC to hold a database of training clients and donors (current and potential). NAPAC can monitor how it interacts with these stakeholders from initial outreach through to becoming active training clients/donors and develop these relationships in a professional manner.

A major advantage of using a CRM system is the ability to provide regular and accurate reports on income and opportunities. This is essential for visibility and monitoring performance against financial targets.

Training income reports are broken down by type and represented visually and the next phase will be to include cost information to ensure that income is being generated at the required level.

Donor reporting is at an earlier stage and the aim is to produce monthly, quarterly, and annual reports on the pipeline of prospective and current donors, including regular and recurring donations, grants from trusts, and one-off and legacy gifts, and community, corporate, and challenge activities. Improving management information is enabling NAPAC to continually refine its income generation strategy and develop appropriate marketing programmes.

PLANS FOR FUTURE PERIODS

Society is always changing, as are the needs of adult survivors of childhood abuse. NAPAC is therefore continuously rising to the challenge of filling the gaps in service provision in the UK.

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

In line with the ambitions outlined in our strategic plan, NAPAC will do this in a number of ways, including:

Listening in confidence

Our ambition is to radically expand the reach and capacity of the support line by increasing both staff and volunteer numbers to accommodate this. With the Home Office funding for 2018/19, we have already begun that process, alongside other improvements in our core services. We will:

- aim to double the number of calls we take from survivors to 12,000 a year
- make the email answering service more accessible and valuable, by dedicating more staff time, advertising it, and setting a target of two working days for replies
- increase the reach of our services further, by ensuring that our website provides as much support and information as possible, as well as the support line
- improve access for a wider range of survivors, for example by translating our online and print materials into other languages, and by seeking dedicated advice and funding to help us better serve people with disabilities

Supporting in groups

Our ambition is to increase the number of support groups around the UK, so that far more of those who most need our help are able to access them.

Our priority is therefore to widen our search for other sources of funding, so in time we can launch new support groups much more regularly. Alongside this aim, we will:

- expand access to support groups by diversifying their geographical spread to areas where the demand is greatest and where there are experienced and qualified facilitators to run the groups
- demonstrate as clearly as possible the value and lasting impact of support groups exploring alternative
 evaluation tools, and introducing follow-up evaluation of participants after six, 12 and 24 months, and use this to
 seek funding for even more support groups
- improve the support participants have to move on with their lives when the 12 sessions are completed, by introducing two or three facilitated monthly follow-up sessions, encouraging participants to take more of the lead and seek opportunities for peer-to-peer support
- further expand the availability of support groups by exploring franchising the model to other not-for-profit organisations

Training others to give support

Our ambition for the training service is to:

- increase the number of people we train each year (up to 1,000 a year, within existing staff capacity). To achieve this, we will continue to pursue existing customers, mainly in the public sector, as well as develop relations with new ones in others, including the corporate, charity and private health sectors, insurers, and employee assistance programmes
- diversify the training offer to include more face-to-face and e-learning courses, as well as more targeted course modules focused on individual topics or sectors
- increase surpluses from training, to support further organisational development and growth and contribute towards NAPAC's free support services for survivors

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

Sharing our knowledge and expertise

Our key ambitions for the next period of research and information activity are to:

- position NAPAC as a leader in the debate on what works in the support of survivors, initially through a peerreviewed discussion paper comparing NAPAC's approach to others, followed up with regular discussion papers on aspects of trauma treatment and recovery (at least one per year)
- share the evidence for why tackling the health and social costs of childhood abuse on adult survivors is important
- improve the flow, quality and relevance of data gained from calls to the support line
- evaluate support group outcomes more rigorously, developing new qualitative and quantitative measures, and tracking longer-term impacts through the planned follow-up sessions
- develop a pool of case studies (from support group participants and others), which can serve as either examples of our research findings or share their experiences with the media

Raising awareness

Our ambitions for our advocacy work going forward are to:

- ensure the voices of survivors continue to be heard through our high profile among policymakers and service providers, our campaigns, and our strong partnerships across the sector
- ensure that more survivors receive services which match their needs in a trauma-informed manner, by using our evidence to lobby for the right changes in policy
- identify, encourage and support high profile and influential champions for NAPAC's key messages
- build a network of empowered survivors, in particular by maintaining contact with those who have gone through the support group process, who can support our work through advocacy, fundraising or volunteering

Generating income

Like many charities, NAPAC faces heavy competition for funding. The challenge of generating income is exacerbated by the misunderstandings and myths that surround the issue of childhood abuse. NAPAC has consequently so far relied largely upon donations from survivors, or organisations with a specific interest in childhood abuse.

We recognise that we need to diversify our sources of income. NAPAC will therefore work towards the development of a comprehensive and tactical income generation strategy, whose elements will include:

- the development of a strong and consistent case of how NAPAC makes an impact and what funding contributions will help us achieve, together with the alignment of the whole organisation Board, staff, volunteers around that case
- the development of compelling plans for enhancements in our services, which promise a step change in the level of support for survivors, and which can be worked into bids for funding
- the exploration of new sources of funding, in particular for support groups for example, local and regional authorities, local health and social care providers, CCGs and locally-based trusts
- maximising the potential of our champions in the UK and overseas influential friends who are willing to speak up for survivors and recommend NAPAC's work
- a focus on building more sustainability and self-reliance into the funding base, in particular through the further development of our training and consultancy services as revenue-driving activities

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

Statement of Trustees Responsibilities

The Trustees (who are also the Directors of The National Association of People Abused in Childhood) for the purposes of Company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires that the Board of Trustees must not approve financial statements for the financial year unless they are satisfied that they give a true and fair view of the state of affairs of the charitable Company and of the incoming resources and application of resources, including the income and expenditure, of the charitable Company for that period. In preparing those financial statements, the Trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable Company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable Company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

All the current Trustees have taken all reasonable steps, which, to the best of their knowledge and belief they ought to have taken, to make themselves aware of any information needed by the Charity's Independent Examiner for the purpose of completing the accounts and to establish that the Independent Examiner is aware of that information. The Trustees are not aware of any information which they understand would be relevant of which the Independent Examiner is unaware.

Independent Examiner

TC Group has been reappointed as independent examiner for the ensuing year.

Basis of Preparation of Accounts

This report has been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (Charities SORP (FRS 102)) and in accordance with the provisions applicable to companies subject to the small companies' regime.

ON BEHALF OF THE BOARD OF TRUSTEES:

Trustee

Date: 19th September 2019

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE NATIONAL ASSOCIATION OF PEOPLE ABUSED IN CHILDHOOD

I report on the accounts for the year ended 31 March 2019 set out on pages 14 to 25.

Respective responsibilities of Trustees and examiner

As the Charity's Trustees of the Company (and also its directors for the purposes of Company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- (1) accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

TC Group

Mark Cummins FCCA FCIE

For and on behalf of:

T C Group

The Courtyard Shoreham Road Upper Beeding Steyning West Sussex BN44 3TN

Date: 1 October 2019

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2019

Note Unrestricted funds funds Restricted funds funds Mar 2019 Total Total Total Total Total Funds INCOME FROM: INCOME FROM: Donations and grants 4 197,390 355,670 553,060 376,324 Charitable activities 5 27,670 - 27,670 19,238 Investments 6 286 - 286 258 Total income 225,346 355,670 581,016 395,820 EXPENDITURE ON: 7 7 835,670 581,016 395,820 EXPENDITURE ON: 7 835,670 581,016 395,820 Charitable activities: 7 836,888 - 6,888 5,450 Charitable activities: 7 9,724 2,896						
Note funds funds funds Total Total INCOME FROM: INCOME FROM: INCOME FROM: INCOME FROM: INCOME FROM: Income 355,670 553,060 376,324 Charitable activities 5 27,670 - 27,670 19,238 Investments 6 286 - 286 258 Total income 225,346 355,670 581,016 395,820 EXPENDITURE ON: 7 <t< td=""><td></td><td></td><td></td><td></td><td></td><td>Period to 31</td></t<>						Period to 31
INCOME FROM: f <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td></t<>						
NCOME FROM: Donations and grants		NI - 4 -				
Donations and grants 4 197,390 355,670 553,060 376,324 Charitable activities 5 27,670 - 27,670 19,238 Investments 6 286 - 286 258 Total income 225,346 355,670 581,016 395,820 EXPENDITURE ON: 7 <td< th=""><th>INICOME EDONA.</th><th>Note</th><th>£</th><th>£</th><th>£</th><th>Ĺ</th></td<>	INICOME EDONA.	Note	£	£	£	Ĺ
Charitable activities 5 27,670 - 27,670 19,238 Investments 6 286 - 286 258 Total income 225,346 355,670 581,016 395,820 EXPENDITURE ON: 7 Raising funds: Fundraising 6,888 - 6,888 5,450 Charitable activities: Training courses 9,724 - 9,724 2,896 Operation of NAPAC 163,888 365,537 529,425 439,756 Total expenditure 180,500 365,537 546,037 448,102 Net income for the year 44,846 (9,867) 34,979 (52,282) Transfers 13 26,877 (26,877) - - Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418		4	107 200	255 670	EE2 060	276 224
Investments 6 286 - 286 258 Total income 225,346 355,670 581,016 395,820 EXPENDITURE ON: 7 7 7 7 7 7 7 7 7 7 8 7 6,888 5,450 5,450 5,450 5,450 5,450 6,888 5,450 5,450 5,450 5,450 6,888 5,450 5,450 5,450 6,888 5,450 5,450 5,450 6,888 5,450 5,450 6,888 5,450 6,888 5,450 6,888 5,450 6,888 5,450 7,450 7,424 2,896 7,425 439,756 439,756 7,480	-			333,070	•	
Total income 225,346 355,670 581,016 395,820 EXPENDITURE ON: Raising funds: Fundraising 7 ****<				-		
EXPENDITURE ON: 7 Raising funds: Fundraising 6,888 - 6,888 5,450 Charitable activities: Training courses 9,724 - 9,724 2,896 Operation of NAPAC 163,888 365,537 529,425 439,756 Total expenditure 180,500 365,537 546,037 448,102 Net income for the year 44,846 (9,867) 34,979 (52,282) Transfers 13 26,877 (26,877) Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418	investinents	U				238
Raising funds: Fundraising 6,888 - 6,888 5,450 Charitable activities: 9,724 - 9,724 2,896 Operation of NAPAC 163,888 365,537 529,425 439,756 Total expenditure 180,500 365,537 546,037 448,102 Net income for the year 44,846 (9,867) 34,979 (52,282) Transfers 13 26,877 (26,877) - - - Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418	Total income		225,346	355,670	581,016	395,820
Raising funds: Fundraising 6,888 - 6,888 5,450 Charitable activities: 9,724 - 9,724 2,896 Operation of NAPAC 163,888 365,537 529,425 439,756 Total expenditure 180,500 365,537 546,037 448,102 Net income for the year 44,846 (9,867) 34,979 (52,282) Transfers 13 26,877 (26,877) - - - Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418	EVERNETTI DE ON.	7				
Fundraising 6,888 - 6,888 5,450 Charitable activities: Training courses 9,724 - 9,724 2,896 Operation of NAPAC 163,888 365,537 529,425 439,756 Total expenditure 180,500 365,537 546,037 448,102 Net income for the year 44,846 (9,867) 34,979 (52,282) Transfers 13 26,877 - - - Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418		,				
Charitable activities: Training courses 9,724 - 9,724 2,896 Operation of NAPAC 163,888 365,537 529,425 439,756 Total expenditure 180,500 365,537 546,037 448,102 Net income for the year 44,846 (9,867) 34,979 (52,282) Transfers 13 26,877 (26,877) - - Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418			6 888	_	6 999	5.450
Training courses 9,724 - 9,724 2,896 Operation of NAPAC 163,888 365,537 529,425 439,756 Total expenditure 180,500 365,537 546,037 448,102 Net income for the year 44,846 (9,867) 34,979 (52,282) Transfers 13 26,877 (26,877) - - - Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418	runuraising		0,000	-	0,888	3,430
Operation of NAPAC 163,888 365,537 529,425 439,756 Total expenditure 180,500 365,537 546,037 448,102 Net income for the year 44,846 (9,867) 34,979 (52,282) Transfers 13 26,877 (26,877) - - Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418	Charitable activities:					
Total expenditure 180,500 365,537 546,037 448,102 Net income for the year 44,846 (9,867) 34,979 (52,282) Transfers 13 26,877 (26,877) - - Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418	Training courses		9,724	-	9,724	2,896
Net income for the year 44,846 (9,867) 34,979 (52,282) Transfers 13 26,877 (26,877) - - - Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418	Operation of NAPAC		163,888	365,537	529,425	439,756
Net income for the year 44,846 (9,867) 34,979 (52,282) Transfers 13 26,877 (26,877) - - - Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418	Total expenditure		190 500	265 527	E46 027	449 102
Transfers 13 26,877 (26,877) - - Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418	rotai expenditure		180,300	303,337	340,037	440,102
Transfers 13 26,877 (26,877) - - Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418						
Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418	Net income for the year		44,846	(9,867)	34,979	(52,282)
Net movement in funds 71,723 (36,744) 34,979 (52,282) RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418						
RECONCILATION OF FUNDS Total funds brought forward 14 260,988 42,148 303,136 355,418		13				
Total funds brought forward 14 260,988 42,148 303,136 355,418	Net movement in funds		71,723	(36,744)	34,979	(52,282)
	RECONCILATION OF FUNDS					
	Total fineds business formuland	1.4	260.089	42.149	202.126	255 449
TOTAL FLINDS CAPPIED FORWARD 14 322 711 5 404 229 115 202 126	rotai iunus prougnt forward	14	200,988	42,148	3U3,13 b	355,418
TOTAL FLINDS CAPPIED EODWARD 1/4 322 711 5 //0/ 229 11E 202 126						
101AL FORDS CARRILLO FORWARD 14 332,/11 3,404 336,113 305,130	TOTAL FUNDS CARRIED FORWARD	14	332,711	5,404	338,115	303,136

The results of the year derive from continuing activities and there are no gains or losses other than those shown above.

The notes on pages 17 to 25 form part of these accounts.

BALANCE SHEET

AS AT 31 MARCH 2019

		2010	2010
	Maka	2019	2018
	Note	£	£
CURRENT ASSETS			
Debtors	10	187,280	172,551
Cash at bank and in hand	11	189,530	152,946
Total current assets		376,810	325,497
		3.1.7,5_5	,
LIABILITIES			
	40	(22.50=)	(22.251)
Creditors falling due within one year	12	(38,695)	(22,361)
NET CURRENT ASSETS AND NET ASSETS		338,115	303,136
			
FUNDS			
Unrestricted funds	14	332,711	260,988
Offiestricted fullus	14	332,/11	200,966
Restricted funds	14	5,404	42,148
TOTAL FUNDS		338,115	303,136

The charitable Company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the charitable Company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The Trustees acknowledge their responsibilities for:

- ensuring that the charitable Company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable Company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable Company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Statement of Recommended Practice applicable to charities in accordance with FRS 102. The financial statements were approved by the Board of Trustees on 19th September 2019 and were signed on its behalf by:

Trustee

The notes on pages 17 to 25 form part of these accounts.

Company number: 07311390.

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2019

	20	19	20	18
Notes	£	£	£	£
	34,979		(52,282)	
10	(14,729)		(123,771)	
12	16,334		(1,909)	
	(286)		(258)	
_		36,298		(178,220)
	286		258	
		286		258
	•	36,584		(177,962)
		152,946		330,908
11		189,530	 - <u>-</u>	152,946
	·		_	
	1 Apri	il 2018	Cashflow	31 March
	•	£	£	2019 £
	15	52,946	36,584	189,530
	10 12 -	Notes £ 34,979 10 (14,729) 12 16,334 (286) 286	34,979 10 (14,729) 12 16,334 (286) 36,298 286 286 36,584 152,946 11 189,530	Notes £ £ £ £ 10 (14,729) (123,771) 12 16,334 (1,909) (286) (258)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

1. STATUTORY INFORMATION

The National Association for People Abused in Childhood is a Company Limited by Guarantee, incorporated in the England and Wales and has no share capital. The Charity is under the control of the Trustees. Its registered office is 7-14 Great Dover Street, Borough, London, England, SE1 4YR.

2. ACCOUNTING POLICIES

2.1 Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and the Charities Act 2011.

The National Association for People Abused in Childhood meets the definition of a public benefit entity under FRS 102. In view of the Charity's positive cash and reserves positions, the Charity has no material uncertainties in relation to its ability to continue operating and as such the accounts have been prepared on a going concern basis. Assets and liabilities are initially recognised at their historical cost or transaction value unless otherwise stated in the relevant accounting policy notes. The Charity's presentation currency is the Pound Sterling.

The National Association for People Abused in Childhood is not part of a group. These financial statements therefore reflect the activity of the Charity as an individual entity.

2.2 Length of reporting period

The comparative figures in these financial statements cover a shorter period of account of ten months as a result of a change in the company's accounting reference date from May to March. The change was implemented to align the accounting reference date with major funders. The current year figures disclosed are for a twelve month period and the differing periods of account means that some comparative amounts presented in the financial statements may not be entirely comparable.

2.3 Judgements and key sources of estimation uncertainty

In the application of the company's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

The Trustees do not consider that there are any critical judgments made in applying the Charity's accounting policies or that there are any critical accounting estimates or assumptions which may have a significant risk of causing a material adjustment to carrying amounts of assets and liabilities within the next financial year.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

2. ACCOUNTING POLICIES - Continued

2.4 Income

All incoming resources are included in the Statement of Financial Activities when entitlement has passed to the Charity, it is probable that the economic benefits associated with the transaction will flow to the Charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- Donations and grant income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.
- Legacy income is recognised when receipt is probable and entitlement is established.
- Income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably. In which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- Income from contract for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.
- Interest on funds held on deposit is included when receivable and the amount can be measured reliably. This is typically upon notification of the interest being paid by the bank.

All income is measured net of any discounts and as the Charity's activities are exempt from VAT the application of VAT and other sales taxes is not required.

2.5 Expenditure

Where incoming resources have related expenditure or a legal or constructive obligation arises, the incoming resources and related expenditure are reported gross in the Statement of Financial Activities.

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the Statement of Financial Activities to which it relates.

Expenditure on charitable activities includes all costs incurred by the Charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs relating to the governance of the Charity apportioned to charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Employee termination costs are recognised in the period in which formal agreement of such payments are reached by the Trustees.

2.6 Support and governance costs

Support costs are those functions that assist the work of the Charity but do not directly undertake charitable activities. The bases on which support costs have been allocated are set out in note 8.

Governance costs include the costs of preparation and examination of statutory accounts, the costs of the Annual General Meeting and trustees' meetings and costs of any legal advice to trustees on governance or constitutional matters.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

2. ACCOUNTING POLICIES - Continued

2.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Basic financial instruments are recognised at amortised cost.

2.8 Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of opening the deposit or similar account.

2.10 Creditors

Creditors are recognised when there is a present obligation arising from a past event, the settlement of which will likely result in resources embodying economic benefits being transferred from the Charity. Accruals are recognised at their settlement amount once a reliable measurement can be obtained.

2.11 Fund accounting

General unrestricted funds are available for use in accordance with the charitable objectives at the discretion of the Trustees.

Designated funds are unrestricted funds which have been ring fenced by the board of trustee for specific purposes. The funds can be un-designated at any time. There are no such funds this year or in the comparative period.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or through the terms of an appeal, and fall into two sub-classes: restricted income funds or endowment funds. Further explanation of the nature and purpose of each restricted fund is included in the notes to the financial statements.

2.12 Pensions

The Charity operates a defined contribution pension scheme. Contributions payable to the Charity's pension scheme are charged to the Statement of Financial Activity in the period to which they relate as unrestricted expenditure. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund. At the balance sheet date £5,227 was due to the pension scheme (2018: £6,734).

2.13 Leasing Commitments

Rentals paid under operating leases are charged to the Statement of Financial Activity on a straight-line basis over the period of the lease.

3. TAXATION

The Company is registered as a Charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

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4. INCOME FROM LEGACIES, DOMATIONS AND GRANTS	4.	INCOME FROM LEGACIES	, DONATIONS	AND GRANTS
---	----	----------------------	-------------	------------

	Unrestricted funds	Restricted funds	Year to 31 Mar 2019 Total £	Unrestricted funds	Restricted Funds	Period to 31 Mar 2018 Total £
<u>Legacies</u>	59,850	-	59,850	-	-	-
<u>Donations</u>						
Trusts	19,742	_	19,742	_	10,500	10,500
Partnerships	20,000	_	20,000	16,500		16,500
Consultancy	-	_	_	1,440	_	1,440
Adhoc	46,966	_	46,966	27,284	-	27,284
Double O	12,000	-	12,000	12,000	-	12,000
Justgiving	11,663	-	11,663	9,899	-	9,899
Paypal	7,619	_	7,619	4,454	-	4,454
General	19,550	-	19,550	-	26,877	26,877
<u>Grants</u>						
Home Office	-	355,670	355,670	-	267,370	267,370
	197,390	355,670	553,060	71,577	304,747	376,324
CHARITABLE ACTIVITES					r to 31 r 2019 £	Period to 31 Mar 2018 £
Training courses					27,670	19,238
INVESTMENT INCOME					r to 31 r 2019 £	Period to 31 Mar 2018 £

286

258

All investment income is unrestricted in both 2019 and 2018.

Bank interest receivable

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

7.	EXPENDITURE ON RAISING FUNDS AN	D CHARITABLE ACT	IVITIES		
				Year to 31	Period to 31
		Wages	Other	Mar 2019	Mar 2018
		Costs	costs	Total	Total
		£	£	£	£
	Cost of raising funds:				
	Fundraising	-	6,888	6,888	5,450
	Total cost of raising funds	-	6,888	6,888	5,450
	Charitable activity expenditure				
	Training courses	-	9,724	9,724	2,896
	Operation of NAPAC	371,823	157,602	529,425	439,756
	Total charitable expenditure	371,823	167,326	539,149	442,652
	Total expenditure	371,823	174,214	546,037	448,102
				Year to 31	Period to 31
				Mar 2019	Mar 2018
	Included in the above is the following costs:	governance		£	£
	Governance costs:				
	Previous independent examiner re	emuneration for exa	amination	_	3,500
	Previous independent examiner r			8,360	6,600
	Current independent examiner re			3,600	-
	Current independent examiner re			5,472	_
	Background checks			13	13
	Trustees' expenses			2,750	2,191
	Total governance costs			20,195	11,804
8.	STAFF COSTS			Year to 31 Mar 2019	Period to 31 Mar 2018
				f f	iviai 2018 £
	Wages and salaries			329,133	255,670
	Employers national insurance			28,762	24,332
	Pension costs (defined contribution pla	ın)		13,928	18,280
				371,823	298,282
	Other staff costs			21,626	22,899
				393,449	321,181

There are no employees with emoluments above £60,000 (2018: none).

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

The average headcount of employees during the year was 13 (2018 period: 10). The average number of full time equivalent employees during the year is analysed as follows:

Employee headcount	2019 Number	2018 Number
Management	3	3
Administration	6	5
	9	8

9. TRUSTEE EXPENSES AND KEY MANAGEMENT PERSONNEL

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

The total amount of expenses reimbursed to two trustees was £837 (2018: three trustees were reimbursed £444).

The total amount of employee benefits received by the senior management team for their services to the charity was £136,507 (2018 period: £111,183). The senior management team comprises the chief executive, the founder and the chief operating officer.

10. DEBTORS

		Total 2019 £	Total 2018 £
	Trade debtors	8,110	9,000
	Prepayments and accrued income	179,170	163,551
		187,280	172,551
11.	CASH AT BANK AND IN HAND		
		Total	Total
		2019	2018
		£	£
	Cash at bank	189,209	152,713
	Cash in hand	321	233
		189,530	152,946

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

12.	CREDITORS: AMOUNTS FALLING	DUE WITHIN ONE	E YEAR			
					Total	Total
					2019	2018
					£	£
	Trade creditors				7,079	4,547
	Accruals and deferred income				17,414	2,922
	Social security and other taxes				8,975	8,158
	Other creditors				5,227	6,734
				_	38,695	22,361
13.	ANALYSIS OF FUNDS					
		Balance at 1	Incoming	Resources		Balance at 31
		April 2018	resources	expended	Transfers	March 2018
		£	£	£	£	£
	General funds	260,988	225,346	(180,500)	26,877	332,711
	Restricted funds:					
	Home Office	-	355,670	(355,670)	-	-
	City Bridge Trust	3,862	-	(3,862)	-	-
	Atlantic Trading	38,286	-	(6,005)	(26,877)	5,404
		42,148	355,670	(365,537)	(26,877)	5,404

Home Office

The charity was successful in receiving a grant from the Home Office, under the latter's 'Support for Victims and Survivors of Child Sexual Abuse' (SVSCSA) fund for the financial year 1 April 2018 to 31 March 2019. This SVSCSA Fund was part of a wider allocation of £7,000,000 made available by the Ministry of Justice and the Home Office for voluntary sector organisations supporting victims and survivors of child sexual abuse, in recognition of the increasing demand such organisations are experiencing. Of this £7,000,000, £600,000 was withheld and allocated centrally from the Home Office through the SVSCSA Fund for organisations working at the national level. Organisations competed for a share of this SVSCSA Fund, and NAPAC was awarded £355,670.

This grant ran through the 2018- 2019 year, and expenditure has been in full accordance with the terms and conditions of the grant awarded to NAPAC.

City Bridge Trust

The charity was awarded a grant totalling £31,000 over three years for the costs of running six support groups in London for adult survivors of childhood abuse. The grant ran from 1 June 2015 to 1 June 2018, and in the final year of the grant NAPAC received its third and final tranche of funding totally £10,500.

Atlantic Trading

The charity carried forward the funding originally received from the Atlantic Trading Charitable Trust in the 2015-2016 financial period. This funding was used to pay for the costs of an external policy consultant in this 2018-2019 financial period. The transfer represents prior period expenditure which was incorrectly allocated to unrestricted expenditure.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

31 March 2019	Unrestricted Fund £	Restricted Funds £	Total 2019 £
Current assets	371,406	5,404	376,810
Creditors: due within one year	(38,695)	-	(38,695)
	332,711	5,404	338,115
	Unrestricted	Restricted	Total
31 March 2018	Funds	Funds	2018
	£	£	£
Current assets	265,972	59,525	325,497
Creditors: due within one year	(4,984)	(17,377)	(22,361)
	260,988	42,148	303,136

15. RELATED PARTY DISCLOSURES

The Chief Operating Officer's spouse, Monique Barclay, was originally hired by NAPAC as a contractor in 2017/18 to assist planning and managing NAPAC's office move into the current premises. She was subsequently tasked with organising NAPAC's paper archive and scanning it into an electronic format. During the 2018-2019 period she was paid £6,922 (2018: £6,151) in connection with this purpose.

16. LEASE COMMITMENTS

At 31 March 2019 the Charity had total commitments under non-cancellable operating leases payable as follows:

	Land & Buildings		
	2019	2018	
	£	£	
Within one year	24,510	24,345	

Included within expenditure on charitable activities are charges relating to the Charity's rental leases of £39,717 (2018 period: £49,824).

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

17. COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account) YEAR ENDED 31 MARCH 2018 (10 months)

				Period to 31	Year to 31
		Unrestricted	Restricted	Mar 2018	May 2017
		funds	funds	Total	Total
	Note	£	£	£	£
INCOME FROM:					
Donations and grants	4	71,577	304,747	376,324	680,162
Charitable activities	5	19,238	-	19,238	34,725
Investment income	6	258		258	572
Total income		91,073	304,747	395,820	715,459
EXPENDITURE ON:	7				
Raising funds: Fundraising		5,450		5,450	11 420
runuraising		3,430	-	5,430	11,430
Charitable activities: Training courses and operation of					
NAPAC		75,629	367,023	442,652	557,139
Total expenditure		81,079	367,023	448,102	568,569
Net income/(expenditure		9,994	(62,276)	(52,282)	146,890
Transfer between funds	14	(84,236)	84,236		
Net movement in funds		(74,242)	21,960	(52,282)	146,890
RECONCILIATION OF FUNDS					
Total funds brought forward		335,230	20,188	355,418	208,528
TOTAL FUNDS CARRIED FORWARD	14	260,988	42,148	303,136	355,418

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