

**REGISTERED COMPANY NUMBER: 04894920 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1102628**

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2019  
for  
Carrs Lane Counselling Centre Limited  
(A Company Limited by Guarantee)

Curo Chartered Accountants  
Curo House  
Greenbox  
Westonhall Road  
Bromsgrove  
Worcestershire  
B60 4AL

Carrs Lane Counselling Centre Limited

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for the Year Ended 31 March 2019

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The principal object of the charity is to bring about the relief of persons in need, hardship or distress caused by loss, relationship issues, abuse and mental health issues caused by social or economic circumstances. It continues to develop and maintain a voluntary and confidential counselling service.

### **Significant activities**

#### **Activities for achieving objects**

The Counselling Centre continues to fulfil its charitable objects through the provision of free/low cost one to one counselling to people over the age of 18 who have difficulty in dealing with the anxieties and stresses of living through depression and an inability to cope with life due to physical, mental and sexual abuse, bereavement, relationship breakdown and substance abuse. The Centre is also increasingly seeing people suffering from work-related stress in the current economic climate.

Clients continue to be sign-posted to the Counselling Centre by GPs, Mental Health Trusts, Social Services and other local agencies.

The Centre continues to offer relationship counselling.

There are no other restrictions on who may benefit from the Centre's services and counselling is never refused except where more specialist assistance is required, when clients are sign-posted to more appropriate agencies.

The Counselling Centre continues to provide Continuing Professional Development training throughout the year for volunteer counsellors, volunteer clinical supervisors and also students on counselling placement at the Centre.

### **Review of activities**

The Centre Manager (Robin Yapp) was appointed in May 2016. Working with the trustees, he has completed an overhaul of all the current policies and procedures, this was part of an extensive piece of work so that we could submit our re-application to British Association of Counselling and Psychotherapy (BACP). This application was successful and the service is accredited by the leading professional body in this sphere.

A new group of counsellors was successfully trained and have gone on to volunteer in the centre.

The part-time fund raiser, appointed in Autumn 2017 has secured substantial grant funding although raising sufficient funds remains an issue. The part-time office administrator also remains in post.

As well as the AGM of trustees and volunteers, the quarterly meeting of both groups has been embedded to further communication, transparency and a sense of shared direction. It proves to be an excellent resource

In-house Continuing Professional Development (CPD) workshops for counsellors and supervisors are well attended and are held on a monthly basis.

After the 50th anniversary celebrations in 2017 - 18, the trustees reviewed their effectiveness and looked forward to strengthening the flourishing work of the centre. The charity was delighted to be re-accredited by the relevant professional body, BACP (British Association for Counselling and Psychotherapy). The trustees have worked with a volunteer from The Cranfield Trust to ensure that there is good governance and a better sense of strategic planning so that the work of the centre can continue to grow in healthy and sustainable ways.

The Counselling Centre has maintained its object of providing a professional counselling service to members of the general public.

## **OBJECTIVES AND ACTIVITIES**

### **Review of activities (continued)**

During the period April 2018 to March 2019, the Centre provided a service to 170 clients. Each month there were between 41 and 56 clients in attendance. 1,391 counselling hours were delivered with a mean average of 8.18 sessions per client. A further 122 hours of initial face to face assessments were provided. The volunteer counsellors continue to be supported by a team of eight supervisors, a Clinical Lead Officer, the Counselling Centre Manager and the Board of Trustees.

Peter Orlando Fantini, contracted as a Supervisory Consultant in order to provide clinical supervision to the Centre's volunteer clinical supervisors continues to do so. Peter's interventions have proved extremely useful and we are grateful for his ongoing support.

The Counselling Centre recognises the need to continue to establish and maintain links with local mental health services, specialist agencies (e.g. safeguarding, domestic violence etc.), other third-sector counselling services and the Community Police.

### **Public benefit**

In reviewing their activities the trustees have referred to the general guidance from the Charity Commission on public benefit.

### **Future developments**

The main task in 2019/20 will be to review the funding streams for the charity in order to work from a sound financial base. This will include work on new funding streams.

The Centre is planning to deliver its in-house Standard Entry-Level Training Programme to assess, train and induct prospective volunteer counsellors to work at the Centre in Autumn 2019. This programme is necessary in order to: (1) Respond to the increasing local demand for counselling services, (2) Offset an anticipated annual loss of volunteers from the Centre (e.g. due to sabbaticals, retirement or moving away from the area), (3) Maximise the use of the facilities available, (4) Ensure new recruits to the volunteer workforce are able to perform to the high standards required within a BACP-accredited counselling service.

Annual monitoring of the BACP accreditation process will continue after our successful resubmission.

Trends in counselling needs, provision of the correct level of service and current legislation are continuously monitored by all those involved to ensure that the Centre remains at the forefront of counselling provision in Birmingham.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 10 September 2003.

### **Recruitment and appointment of new trustees**

The management of the charity is the responsibility of the trustees who are elected and co opted in accordance with the Memorandum and Articles of Association.

The trustees act in a voluntary capacity and any fees paid are made in accordance with the Memorandum and Articles of Association and disclosed in note 4 to the financial statements. Any private benefit is incidental to our work. During the year no fees were received by any director of the charity.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Organisational structure**

The Counselling Centre has a specified individual who holds clinical responsibility for the service. There is a clearly defined and effective management structure which includes:

- Counselling Centre Manager who has knowledge and experience of the counselling field and has overall responsibility for the operational and clinical management of the service;
- Office Administrator (part-time);
- Fund Raiser (part-time);
- The voluntary Board of Trustees;
- Voluntary Clinical Lead Officer;
- Voluntary Supervisors
- Voluntary Counsellors.

### **Related parties**

The Counselling Centre has a close relationship with The Church at Carrs Lane (formerly Carrs Lane Church Centre) even though it is registered as a separate charity. The Church continues to be supportive in our mission. Three trustees are appointed by the Church at Carrs Lane.

### **Risk management**

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

Some of the key elements identified:

- Risk assessment and dealing with critical incidents continues to form part of the Induction and Training programme for employed and voluntary staff;
- There are procedures to help all staff identify and deal with clients at risk to themselves or others;
- The service is covered by professional indemnity and public liability insurance;
- BACP recommendations for registration of counsellors are being monitored.

### **Financial review**

The statement of financial activities is shown on page 6 supported by a more detailed analysis in the notes to the Financial Statements. The incoming resources for the year were £47,333 (2018: £50,452). The charity's activities have resulted in a deficit of £10,298 (2018: surplus of £2,245). At the balance sheet date the Centre had £20,401 (2018: £33,774) in unrestricted funds and £3,075 (2018: £Nil) in restricted funds. The analysis of income and expenditure reflects the classification of activities together with costs relating to support of those activities.

### **Reserves policy**

General funds are required to assist with the development of the service and help cover related support costs. The trustees consider it prudent to have reserves to cover projected costs for a six-month period, but the current level of reserves are only approximately 41% of historic expenditure levels. The budget for the next year has anticipated marginally lower expenditure and based on this level of expenditure current reserves equate to around five months of expenditure. In the current climate where fundraising is becoming more challenging, the directors recognise that the current level of reserves is insufficient and are committed to increase funds with the assistance of the part-time fundraiser.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Registered Company number**

04894920 (England and Wales)

### **Registered Charity number**

1102628

### **Registered office**

Carrs Lane Conference Centre  
Carrs Lane  
Birmingham  
B4 7SX

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Trustees**

E Cummings  
C D M O'Reilly  
A K Kalam - resigned 31.3.19  
A Harris  
Reverend C Homan  
C Tudor-Jones - appointed 1.12.18  
J Horwood - appointed 1.4.19

Caroline Homan was appointed as Chair on 1 January 2018.

**Company Secretary**

D A Payne

**Independent examiner**

Anna Madden, FCA  
Curo Chartered Accountants  
Curo House  
Greenbox  
Westonhall Road  
Bromsgrove  
Worcestershire  
B60 4AL

**Bankers**

The Royal Bank of Scotland Plc  
31-33 Birmingham Road  
Sutton Coldfield  
Birmingham  
West Midlands  
B72 1QU

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....  
Reverend C Homan - Trustee

**Independent examiner's report to the trustees of Carrs Lane Counselling Centre Limited ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2019.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Anna Madden, FCA  
Curo Chartered Accountants  
Curo House  
Greenbox  
Westonhall Road  
Bromsgrove  
Worcestershire  
B60 4AL

Date: .....

Carrs Lane Counselling Centre Limited

Statement of Financial Activities  
for the Year Ended 31 March 2019

	Notes	Unrestricted fund £	Restricted fund £	2019 Total funds £	2018 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		39,710	3,188	42,898	48,083
<b>Charitable activities</b>					
Training and counselling		4,435	-	4,435	1,810
Investment income	2	-	-	-	559
<b>Total</b>		<u>44,145</u>	<u>3,188</u>	<u>47,333</u>	<u>50,452</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Training and counselling		<u>57,518</u>	<u>113</u>	<u>57,631</u>	<u>48,207</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>(13,373)</u>	<u>3,075</u>	<u>(10,298)</u>	<u>2,245</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>33,774</u>	<u>-</u>	<u>33,774</u>	<u>31,529</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>20,401</u></u>	<u><u>3,075</u></u>	<u><u>23,476</u></u>	<u><u>33,774</u></u>

The notes form part of these financial statements

Balance Sheet  
At 31 March 2019

	Notes	2019 £	2018 £
<b>FIXED ASSETS</b>			
Tangible assets	7	2,210	-
<b>CURRENT ASSETS</b>			
Debtors	8	2,195	3,174
Cash at bank and in hand		21,748	32,070
		<u>23,943</u>	<u>35,244</u>
<b>CREDITORS</b>			
Amounts falling due within one year	9	(2,677)	(1,470)
<b>NET CURRENT ASSETS</b>		<u>21,266</u>	<u>33,774</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		23,476	33,774
<b>NET ASSETS</b>		<u><u>23,476</u></u>	<u><u>33,774</u></u>
<b>FUNDS</b>	12		
Unrestricted funds		20,401	33,774
Restricted funds		3,075	-
<b>TOTAL FUNDS</b>		<u><u>23,476</u></u>	<u><u>33,774</u></u>

Balance Sheet - continued

At 31 March 2019

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on ..... and were signed on its behalf by:

.....  
Reverend C Homan -Trustee

## 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### **Company status**

The charity is a private company limited by guarantee. The members of the company are the trustees named on page 4. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Trust that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, the legacy is treated as a contingent asset and disclosed if material.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

### **Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - Straight line over 3 years

All assets costing more than £200 are capitalised.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

**1. ACCOUNTING POLICIES - continued**

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Debtors**

Trade and other debtors are recognised at the settlement amount after any trade discount offered.

**Cash at bank and in hand**

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**Going concern**

The financial statements have been prepared on the going concern basis on the grounds that the trustees believe that there is sufficient funding in place to support the charity for the next twelve months from the date of approval of the financial statements.

**2. INVESTMENT INCOME**

	2019	2018
	£	£
Bank interest and compensation	-	559
	<u>          </u>	<u>          </u>

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2019	2018
	£	£
Independent examiner's fee	690	660
Depreciation - owned assets	113	-
Rental of premises	10,249	10,250
	<u>          </u>	<u>          </u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018 .

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018 .

**5. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2019	2018
Centre manager	1	1
Fundraiser	1	-
Administration	1	-
	<u>3</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

**6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	48,083	-	48,083
<b>Charitable activities</b>			
Training and counselling	1,810	-	1,810
Investment income	559	-	559
<b>Total</b>	<u>50,452</u>	<u>-</u>	<u>50,452</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Training and counselling	48,207	-	48,207
<b>Total</b>	<u>48,207</u>	<u>-</u>	<u>48,207</u>
<b>NET INCOME/(EXPENDITURE)</b>	<u>2,245</u>	<u>-</u>	<u>2,245</u>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	31,529	-	31,529
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>33,774</u></u>	<u><u>-</u></u>	<u><u>33,774</u></u>

**7. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £
<b>COST</b>	
At 1 April 2018	8,602
Additions	2,323
	<hr/>
At 31 March 2019	10,925
	<hr/>
<b>DEPRECIATION</b>	
At 1 April 2018	8,602
Charge for year	113
	<hr/>
At 31 March 2019	8,715
	<hr/>
<b>NET BOOK VALUE</b>	
At 31 March 2019	2,210
	<hr/> <hr/>
At 31 March 2018	-
	<hr/> <hr/>

**8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2019 £	2018 £
Other debtors	1,688	2,664
Prepayments and accrued income	507	510
	<hr/>	<hr/>
	2,195	3,174
	<hr/> <hr/>	<hr/> <hr/>

**9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2019 £	2018 £
Accruals and deferred income	2,677	1,470
	<hr/>	<hr/>

**10. LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2019 £	2018 £
Within one year	-	10,250
	<hr/> <hr/>	<hr/> <hr/>

The lease for the Charity's premises expired on 31 March 2019 and has not yet been formally renewed so there was no commitment at 31 March 2019.

**11. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted fund £	Restricted fund £	2019 Total funds £	2018 Total funds £
Fixed assets	-	2,210	2,210	-
Current assets	23,078	865	23,943	35,244
Current liabilities	(2,677)	-	(2,677)	(1,470)
	<u>20,401</u>	<u>3,075</u>	<u>23,476</u>	<u>33,774</u>

The Restricted Fund is used for the purpose of Capital equipment funding.

**12. MOVEMENT IN FUNDS**

	At 1.4.18 £	Net movement in funds £	At 31.3.19 £
<b>Unrestricted funds</b>			
General fund	33,774	(13,373)	20,401
<b>Restricted funds</b>			
Capital funding	-	3,075	3,075
<b>TOTAL FUNDS</b>	<u>33,774</u>	<u>(10,298)</u>	<u>23,476</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	44,145	(57,518)	(13,373)
<b>Restricted funds</b>			
Capital funding	3,188	(113)	3,075
<b>TOTAL FUNDS</b>	<u>47,333</u>	<u>(57,631)</u>	<u>(10,298)</u>

**Comparatives for movement in funds**

	At 1.4.17 £	Net movement in funds £	At 31.3.18 £
<b>Unrestricted Funds</b>			
General fund	31,529	2,245	33,774
<b>TOTAL FUNDS</b>	<u>31,529</u>	<u>2,245</u>	<u>33,774</u>

**12. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	50,452	(48,207)	2,245
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>50,452</u>	<u>(48,207)</u>	<u>2,245</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.17 £	Net movement in funds £	At 31.3.19 £
<b>Unrestricted funds</b>			
General fund	31,529	(11,128)	20,401
<b>Restricted funds</b>			
Capital funding	-	3,075	3,075
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>31,529</u>	<u>(8,053)</u>	<u>23,476</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	94,597	(105,725)	(11,128)
<b>Restricted funds</b>			
Capital funding	3,188	(113)	3,075
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>97,785</u>	<u>(105,838)</u>	<u>(8,053)</u>

**13. RELATED PARTY DISCLOSURES**

Prior to its incorporation as a separate legal entity in 2003, the Counselling Centre operated as part of the Carrs Lane Church Centre (now The Church at Carrs Lane). A trading company, Carrs Lane Conference Centre Limited, operates the conference activity on behalf of The Church at Carrs Lane and there is a close relationship between these entities.

Elizabeth Cummings is also a trustee of The Church at Carrs Lane.

During the year rent of £10,249 (2018: £10,250) was paid to these bodies for use of the premises and £2,091 (2018: £1,342) was paid for meeting room hire and associated costs. Salary, employers' national insurance and pension costs of £34,267 (2018: £28,174) were also reimbursed to Carrs Lane Conference Centre which operates the payroll function of the Counselling Centre on their behalf.

At the year end there was a balance due to Carrs Lane Conference Limited of £126. At 31 March 2018 no balance was due to either entity.

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2019

	2019 £	2018 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	41,210	46,819
Gift aid	1,688	1,264
	<hr/>	<hr/>
	42,898	48,083
<b>Investment income</b>		
Bank interest and compensation	-	559
<b>Charitable activities</b>		
Room rentals	-	10
Training fees	2,755	-
Membership fees	1,680	1,800
	<hr/>	<hr/>
	4,435	1,810
<b>Total incoming resources</b>	<hr/>	<hr/>
	47,333	50,452
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Telephone	92	129
Advertising and website costs	362	814
Training costs	6,531	2,754
Room hire and licence fees	12,340	11,592
Subscriptions	314	554
	<hr/>	<hr/>
	19,639	15,843
<b>Support costs</b>		
<b>Management</b>		
Wages and salaries	31,837	27,904
Social security	1,928	-
Pensions	502	270
Insurance	752	745
Postage and stationery	525	442
Sundries	565	1,049
Bank charges	175	150
Repairs and maintenance	-	39
Depreciation of fixtures and fittings	113	-
	<hr/>	<hr/>
	36,397	30,599
<b>Governance costs</b>		
Independent examiner's fee	690	660
Accountancy fees	870	810
Legal and professional fees	35	295
	<hr/>	<hr/>
	1,595	1,765
<b>Total resources expended</b>	<hr/>	<hr/>
	57,631	48,207

Carrs Lane Counselling Centre Limited

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2019

	2019 £	2018 £
<b>Net (expenditure)/income</b>	<u>(10,298)</u>	<u>2,245</u>

This page does not form part of the statutory financial statements