# REGISTERED COMPANY NUMBER: 03179309 (England and Wales) REGISTERED CHARITY NUMBER: 1054890

# TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019 FOR SAFE AND SOUND HOMES

UHY Calvert Smith LLP
Statutory Auditor
Chartered Accountants
31 St Saviourgate
York
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YO1 8NQ

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### TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2019

#### **Foreword**

It is my pleasure as the Chair of the SASH Trustee board to present our Annual Report and Accounts for 2018-19.

As a Trustee, then Chair, since 1997, it has been gratifying to see SASH grow from a small, local charity in York to one working across all of North and East Yorkshire providing an emergency Nightstop scheme, longer-term Supported Lodgings, and a Resettlement scheme. Just as importantly, it has managed to do this without ever losing its identity as a grass-roots organisation working within the communities it serves.

What also hasn't changed is that all our accommodation is provided by our 'hosts', ordinary people who open up their homes and offer their spare room to help vulnerable 16-25 year olds who have nowhere else to go.

The effect of their generosity is twofold: the young person is not left to navigate the trauma of homelessness on their own, and they are cared for in a home environment - the best possible place for a young person who has been made homeless. Our sincere thanks to all of our wonderful hosts – they make our services possible.

Whilst our hosts form the foundation of what we do, we are increasingly reliant on our donors, volunteers, fundraisers and other supporters. As government funding continues to decline, we rely more than ever on their help to raise the funds that we need to run our services. We are grateful to them for the important part they play in ensuring the safety and future prospects of our young people.

I hope as you read this review you will feel as inspired as I do by our work this year. On behalf of all at SASH, thank you to everyone who helped us achieve this.

Sue Thompson

Prea EThampoon

Chair

### TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2019

#### **SASH Mission Statement**

We help young people avoid homelessness across North and East Yorkshire by offering a place to stay in the homes of volunteers, keeping them safe at a time of crisis. We support them to change their lives and build a positive future. Our ambition is that those we help never face homelessness again.

#### **Values**

**Professional** (We set ourselves high standards in our work and we act with integrity towards everyone that we deal with.)

**Compassionate** (Our services are made possible through the compassion of volunteers who open up their homes to help. We care about and support our team, our volunteers and our young people.)

**Inclusive** (We treat everyone with dignity and respect, regardless of background and circumstances. We work to make everything that we do as accessible as possible.)

**Helpful** (We go the extra mile to support and guide our young people towards a positive, independent life.)

**Positive** (We have a positive, ambitious attitude towards our work, and for our young people. We are a fun and friendly team who enable our young people, fundraisers and volunteers to have positive, enjoyable and fulfilling experiences.)

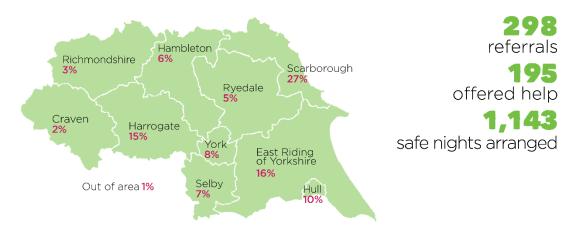
**Challenging** (We challenge ourselves to continually improve the services that we offer and to find the resources to achieve this. We encourage and challenge our young people to step outside of their comfort zones, helping them to gain confidence, overcome barriers and achieve their goals.)

# TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2019

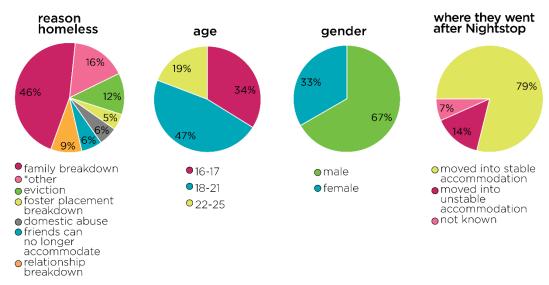
#### **ACHIEVEMENTS AND PERFORMANCE**

#### **Nightstop**

#### Percentage of referrals by area:



#### Those referred:

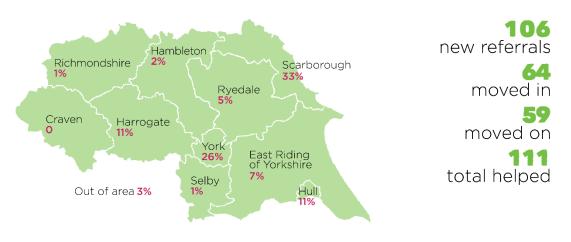


 $<sup>\ ^*</sup> includes: mental \ health \ issues, \ left \ prison \ or \ secure \ accommodation, \ overcrowding, \ violence \ or \ harassment \ from \ local \ community$ 

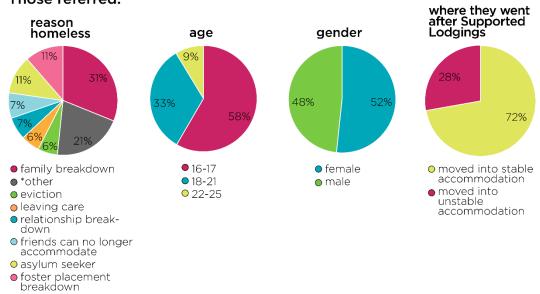
# TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2019

### **Supported Lodgings**

#### Percentage of referrals by area:



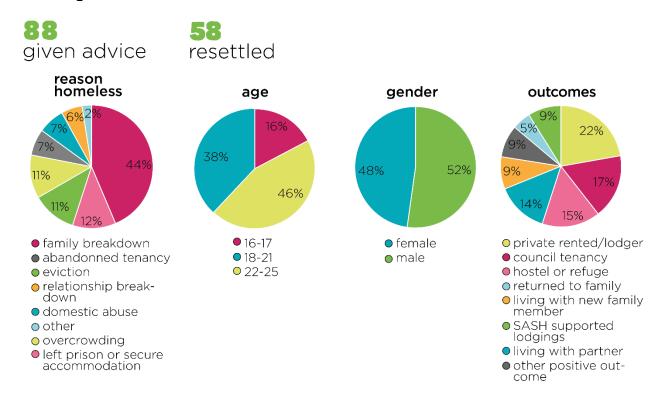
#### Those referred:



\*includes: domestic abuse, end of tenancy, abandoning tenancy, violence or harassment from local community, leaving care, overcrowding, safeguarding concerns

### TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2019

### **East Riding Resettlement Scheme**



# Total helped: 320

It is gratifying that so many young people that we supported were able to move on to suitable accommodation and to begin to establish themselves as independent young adults. None of this would be possible without our hosts who freely give their time to work with us. More hosts are always needed and welcome and we have a dedicated team who work to recruit, train and support our hosts. We invest in marketing and PR to ensure that we draw as much attention as possible to the difference that our hosts make to the lives of young people. We also continue to offer our Supported Lodgings hosts free Level 3 training courses ensuring that their life experiences are underpinned by sound knowledge of how to work with vulnerable young people.

Through the year we had the support of 69 Nightstop and 41 Supported Lodgings hosts who each donated many hours of their time to working with us. We thank them sincerely for their continued commitment to our cause and for the difference they have made to the lives of so many young people.

### TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2019

#### **SASH Active**



Wheelchair basketball with York Sharks

SASH Active is our programme of informal learning, cultural, physical and social activities that support our young people to improve their self-confidence and resilience and reduce the isolation that many experience due to their circumstances. Activities cover a wide spectrum that includes theatre and cinema trips, community volunteering, outdoor residential trips, sporting and physical activities and independent living skills.

Feedback from our young people confirms how much they value SASH Active and we have worked hard to find more resources to expand the programme in the past year. We ran 64 separate activities from wheelchair basketball to community volunteering in 2018-19 compared to 38 in the previous year and 100 young people accessed at least one activity during the year. Some of the highlights include:

- Ten young people took part in at least one of our five 'Enable' volunteering projects in York, helping older residents with decorating and gardening. Enable won 'Best Community Project' at the York Community Pride Awards 2018.
- We took two separate groups totalling 26 young people on a residential course at Peat Rigg Outdoor Centre.
- Our Scarborough team set up regular art therapy sessions
- A total of 28 young people went on one of our two overnight trips to London, visiting museums, the Houses of Parliament and the theatre.

SASH Active is funded entirely through donations from our supporters.

### TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2019

Case Study: Adam



'I'm 20; I've been in SASH for about 2 years. When I was younger I was a bit of a troublemaker, I was very short-tempered. I was permanently excluded from school in Year 9. I had a fall-out with my family and left home when I was 16.

I went to stay with a mate. I didn't see my family for two years. When everything happened, my emotions just died back and it didn't bother me. At my mate's, I was running pretty wild. I stayed there until I was 18 and then I couldn't stay there anymore so I went to the council for help.

I was offered a couple of options by the council and one of them was SASH. I chose SASH as it seemed like a good support route. I thought if I went into a shared house with other young people it might not end well.

I wasn't too sure what to expect in Supported Lodgings, but I was looking forward to it. The first day they showed me around, and the two cats came and sat on my lap. I'm an animal person, so it was nice. I had my own room, nice animals around, it was good.

When I started at SASH I went to the Prince's Trust. I did courses on team skills, employability skills and I did a CV workshop. I like nature and I did a work placement at Cober Hill as a gardener. I stayed on as a volunteer after that because I liked it so much. Now I'm back at college, doing a catering course.

I'm happier since I've been in SASH. I've had a lot of support. They helped me work on my anger issues and my anxiety. I still get anxious, but it's easier to control it. Now I just try to look at the positives, not the negatives. I feel like I've grown up a bit. Everyone nowadays knows me as 'that big friendly guy'.

Being in SASH has been good guidance. It keeps you on the right path, if you stray a bit, they guide you back. If I hadn't gone into SASH, I'd probably be causing some trouble somewhere to be honest. I don't think I'd be happy, I feel I wouldn't be me. I see my family now. If I'd chosen the other path I was offered when I went to the council, I wouldn't have gone down the good route.'

### TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2019

#### **Directors' Report**

The Trustees (who are also the Directors of the Charity for company law purposes, and whose details are shown in the reference and administrative section of this report) are pleased to present their Annual Report together with the Financial Statements of the Charity for the year ended 31 March 2019.

The Financial Statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The Charity is a Public Benefit Entity.

#### STRUCTURE GOVERNANCE AND MANAGEMENT

Safe and Sound Homes (SASH) is a company limited by guarantee and a registered charity governed by its Memorandum and Articles of Association dated 15 March 1996. The Articles were updated on 16 November 2009 and on 22 October 2012.

The Articles of Association specify that the Management Committee shall have not less than five and not more than eleven members. At each Annual General Meeting one third of the members of the Management Committee are required to retire, though they may stand for re-election. The members of the Management Committee are the Trustees of the Charity and the Directors of the Company.

The trustees undertake periodic reviews of governance and these include skills audits for the current board. When a vacancy occurs on the trustee board it will be advertised via appropriate media, with an indication of the skills that are sought. Applicants are invited to apply by CV and covering letter with suitable candidates interviewed by the Chair and the Director. A recommendation to appoint a suitable candidate will be put to the whole board for their approval. New trustees are provided with a trustee handbook detailing their duties and setting out relevant policies and procedures. They are inducted through meetings with key staff and other board members. All trustees are provided with training on the role and responsibilities of charity trustees.

The Charity is managed by the Management Committee which meets four times per year. Day to day operations are managed by the Director who is appointed by the Trustees. Trustees are responsible for setting the remuneration for the key management personnel (the Director) and this is done with reference to a well-established Job Evaluation system whereby job roles are assessed against a set of criteria, with the resulting 'score' indicating the appropriate point in the salary scale.

#### **OBJECTIVES AND ACTIVITIES**

SASH's Charitable Objectives as set in the Memorandum and Articles of Association are:

a) The relief of poverty of persons aged between sixteen and twenty-five years in York, North Yorkshire and other areas in the North of England ("the Area") who are homeless, in particular through the provision of emergency overnight accommodation:

### TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2019

b) To promote and undertake such other charitable activities as are considered to be for the benefit of young homeless people in the Area.

The Trustees confirm that they have complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission when reviewing the charity's aims and objectives and in planning future activities.

The Trustees consider that the public benefit requirement is met through providing services to young people aged 16-25 who are at risk of homelessness. Services include accommodation and support that help young people stabilise their lives at times of crisis and then learn the skills they need to live as independent young adults in their community. Early intervention in young people's lives helps them to live positive and productive lives rather than enter a cycle of benefit dependency and homelessness with many associated negative impacts on society. SASH's services are accessible through referral pathways with partner agencies. Other than meeting referral criteria, SASH's services are available to all young people between 16-25 in our area of operation.

The Trustees have identified the major risks to which the Charity is exposed and these are discussed at trustee meetings and recorded in the Charity's Risk Register, which is reviewed annually.

#### **FINANCIAL REVIEW**

The year to 31 March 2019 was challenging from a financial perspective. Following years of substantial growth in operations the need to invest in additional support staff was recognised so that frontline services can be delivered effectively and efficiently. New staff, including one senior post, were recruited inevitably leading to a higher cost base. In that respect it is considered a reasonable performance that the charity achieved a modest unrestricted surplus of £4,053

Income declined slightly from £1,307,526 in 2017-18 to £1,216,359, primarily due to a number of restricted grants received in 2017-18 for expenditure in the following year. Total expenditure of £1,281,180 included these restricted balances so that an unrestricted surplus of £4,053 was achieved along with a restricted balance of £825. At the year-end unrestricted reserves stood at £198,258 up from £194,205 at 31 March 2018.

The Directors and Trustees wish to express their gratitude to all of the many individuals and organisations who made financial and in-kind contributions to the work of SASH during the year. The monies raised in these ways are crucial to the ongoing viability of our services.

During the course of the year, the Trustees reviewed the reserves policy and agreed to adopt a new policy as follows:

SASH recognises the need to hold an adequate reserve for the purposes of: meeting day-to-day working capital needs; to bridge any short-term funding gaps and to ensure an orderly winding up of the charity is achievable. SASH calculate that these needs are met by holding a minimum of £180k. For added security, SASH aspires to hold up to £275k.

At the year-end, the unrestricted reserve was £198,258, which is a little over the minimum reserve target. We are confident that this level of reserves is more than adequate to cover all potential liabilities and provide sufficient working capital.

### TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2019

During the year the Government completed its review into the future of Supported Housing. The outcome was that the stated intention to remove 'short-term accommodation', including Supported Lodgings, from the benefit system was abandoned. This means that young people in SASH placements are still able to access support from Housing Benefit at enhanced rates. This removes the immediate uncertainty over future arrangements, although the Government still plans to phase out Housing Benefit by 2022, with all future claims to be made under Universal Credit. We have no reason to believe this change will lead to a loss of revenue for SASH.

Looking ahead, we are in discussion with North Yorkshire County Council over arrangements to extend our current contract through to September 2021. This extension will allow the Council to undertake a full review of the existing 'Young People's Pathway' in order to inform a full re-commissioning of services to commence in October 2021. We will take an active role in the review process, and anticipate both challenges and opportunities to emerge as a result.

#### **FUNDRAISING REVIEW**

We are pleased to report a strong performance from our fundraising team during 2018 -19. Total income raised was £312k. Underlying this figure was a further £55k brought forward from the previous year so that we delivered £367k in total against a target of £358k. Importantly, we are now raising more than 28% of our total budget through fundraised income; an encouraging return on the investment in our professional fundraising team. We were supported by many charitable trusts; individual supporters both regular and one-off donors and large and small businesses who continue to be generous. We also thank our fundraising volunteers who spread the message for SASH far beyond what we could achieve through staff alone.

Thank you to all our supporters and volunteers who have enabled this to happen.

Highlights this year were many and varied, including:

- A one-off grant of £30,000 from the Garfield Weston Foundation
- A donation of £10,000 from The Four Acres Trust, which opened up a further £10,000 in matched funding from new donors.
- More than £11,000 raised from 'challenge events' including The Great North Run, Yorkshire Three Peaks and a fire-walking challenge.
- More than £7,000 raised by many local schools and universities.

We have continued to build the capacity of our fundraising team and are looking to achieve growth of a further 20% for 2019-20 compared to the 2018-19 target. We will raise this through a mix of: corporate support, gifts in wills, events, charitable trust and support from generous individuals.

#### Reporting requirements for charities that fundraise

All income generation activities are undertaken in compliance with the requirements of: the Fundraising Regulator; Charities Acts; Charity Commission regulations; HMRC regulations; the Gambling Act; local licensing laws, GDPR and Data Protection legislation. This list is not exhaustive.

### TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2019

We are registered with the Fundraising Regulator and adhere to the Fundraising Code of Practice. The Business Development Manager is a Full Member of the Institute of Fundraising (IOF) and adheres to the Fundraising Code of Conduct, as do the rest of the Fundraising team.

During the year, SASH has not worked with any external professional fundraisers. SASH may from time to time work with a commercial business in return for an agreed donation. Such arrangements are covered by 'Commercial Participation' agreements.

SASH follows the IOF Code of Practice and takes all reasonable steps to treat donors fairly, enabling them to make an informed decision about any donation. We have policies and procedures in place to ensure that we are not unreasonably persistent in seeking donations. Supporters can 'opt out' of communication at any time and all staff are trained to ensure we do not place pressure on people to support. This includes taking into account the needs of any potential donor who may be in vulnerable circumstances or requires additional care and support to make an informed decision. We pay particular attention to an IOF document entitled 'Treating donors fairly; fundraising with people in vulnerable circumstances.' SASH does not take part in face-to-face or telephone fundraising and consequently recognises that it may be difficult in some situations for fundraisers to make a clear-cut decision as to whether or not someone is in a vulnerable circumstance or lacks capacity. Our approach is always to proceed with caution.

During the year ending 31 March 2019, we received no complaints relating to fundraising activity (2018, 0). Furthermore, we know of no failure by the charity or by a person acting on its behalf, to comply with fundraising standards.

#### PLANS FOR FUTURE PERIODS

During the year a mid-point review of SASH's five year strategy was undertaken. This exercise identified that whilst encouraging progress was being made against many of the strategic objectives, in other respects the changing external environment meant that certain objectives were becoming less relevant. Consequently, the trustees and management decided that a new strategy was required. Following a period of consultation with young people, hosts, staff and trustees, a new strategy is in the final stages of drafting. The new strategy recognises that whilst SASH cannot address all of the very many challenges that young people face, nonetheless we believe that we are well placed to work more intensively on areas such as promoting physical and mental well-being, reducing isolation and supporting young people to achieve better qualifications. The strategy will set out new objectives addressing these areas.

#### REFERENCE AND ADMINISTATIVE DETAILS

Charity name Safe and Sound Homes

Working name SASH

Company number 3179309

Charity number 1054890

# TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2019

#### Members of the management committee

The Trustees and Directors are collectively known as the management committee, those who served during the year were:

Andrew Dyer Trustee Resigned 22 May 2019
Simon Leaper Trustee Resigned 26 April 2019

Darren O'Connor Trustee Sue Thompson Chair

Rebecca Van Der Arend Trustee Resigned 30 April 2019 Anthony Woodcock Trustee Resigned 22 May 2019

Barry Graham Trustee Chris Ridgway Trustee Tarnia Hudson Trustee

Martin Jeffery Treasurer Appointed 26 June 2018

Registered office 107-109 Walmgate

and principal address York YO1 9UA

**Director and Company Secretary** Peter Robinson

Bankers Yorkshire Bank plc

46 Coney Street York YO1 9NQ

CAF Bank

25 Kings Hill Avenue

West Malling Kent ME19 4JQ

Auditors UHY Calvert Smith LLP

31 St Saviourgate York YO1 8NQ

#### STATEMENT OF TRUSTEES' AND DIRECTORS' RESPONSIBILITIES

Company and charity law requires the Directors and Trustees respectively to prepare financial statements which give a true and fair view of the Charitable Company's state of affairs at the end of the year and of its financial activities for that year. In preparing those financial statements the Trustees and Directors are required to:

- · select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;

Grean Elhaupson.

- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the Charitable Company will continue in operation.

The Directors and Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and to enable them to ensure that the financial statements comply with the Companies Act 2006 and applicable charity law. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

#### **EXEMPTION**

This report has been prepared in accordance with the special provisions of the Companies Act 2006 applicable to small companies.

By order of the Board

S Thompson Chair

29 July 2019

# REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF SAFE AND SOUND HOMES

#### **Opinion**

We have audited the financial statements of Safe and Sound Homes (the 'charitable company') for the year ended 31 March 2019 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2019 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended:
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### **Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

#### Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

# REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF SAFE AND SOUND HOMES

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities Act 2011 requires us to report to you if, in our opinion:

- the information given in the Trustees' Report is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

#### Responsibilities of trustees

As explained more fully in the Statement of Trustees Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

#### Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

#### Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Section 144 of the Charities Act 2011 and regulations made under Section 154 of that Act. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

# REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF SAFE AND SOUND HOMES

UHI Caluert Smith CLP.

UHY Calvert Smith LLP
Statutory Auditor
Chartered Accountants
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
31 St Saviourgate
York
North Yorkshire
YO1 8NQ

Date: 7 AUGUST ZOI9

# STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2019

	Note	Unrestricted funds £	Restricted funds £	2019 Total funds £	2018 Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	2	168,343	143,631	311,974	332,331
Charitable activities	4	100,343	143,031	311,974	332,331
Supported Lodgings and Nightstop	7	812,063	91,821	903,884	975,150
Investment income	3	501	<u>-</u>	501	45
Total		980,907	235,452	1,216,359	1,307,526
EXPENDITURE ON Raising funds Charitable activities	5 6	88,838	-	88,838	76,059
Supported Lodgings and Nightstop	U	812,985	287,410	1,100,395	1,089,112
SASH Active		75,031	16,916	91,947	40,022
Total		976,854	304,326	1,281,180	1,205,193
NET INCOME/(EXPENDITURE)		4,053	(68,874)	(64,821)	102,333
RECONCILIATION OF FUNDS					
Total funds brought forward		194,205	69,699	263,904	161,571
TOTAL FUNDS CARRIED FORWARD		198,258	825	199,083	263,904

### SAFE AND SOUND HOMES (REGISTERED NUMBER: 03179309)

### **BALANCE SHEET AT 31 MARCH 2019**

	Uı	nrestricted funds £	Restricted funds £	2019 Total funds £	2018 Total funds £
CURRENT ASSETS Debtors	Notes	36,640	3,209	39,849	55,861
Cash at bank and in hand		212,646 249,286	<u>17,839</u> 21,048	230,485 270,334	<u>264,320</u> 320,181
CREDITORS Amounts falling due within one year	15	(51,028)	(20,223)	(71,251)	(56,277)
NET CURRENT ASSETS		198,258	825	199,083	263,904
TOTAL ASSETS LESS CURRENT LIABILITIES		198,258	825	199,083	263,904
NET ASSETS		198,258	<u>825</u>	199,083	263,904
FUNDS Unrestricted funds Restricted funds	17			198,258 825	194,205 69,699
TOTAL FUNDS				199,083	263,904

18 continued...

#### SAFE AND SOUND HOMES (REGISTERED NUMBER: 03179309)

#### BALANCE SHEET - CONTINUED AT 31 MARCH 2019

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 144 of the Charities Act 2011.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

Susan Ethaupson

Susan Edith Thompson -Trustee

MIMM

Martin Paul Jeffery - Trustee

# CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2019

	Notes	2019 €	2018 £
Cash flows from operating activities:			
Cash generated from operations	1	(34,336)	73,484
Net cash provided by (used in) operating activities		(34,336)	73,484
Cash flows from investing activities: Interest received		<u>501</u>	45
Net cash provided by (used in) investing activities		501	45
Change in cash and cash equivalents in the reporting period Cash and cash equivalents at the beginning		(33,835)	73,529
the reporting period	, 01	264,320	190,791
Cash and cash equivalents at the end of the	:		
reporting period		230,485	264,320

# NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2019

# 1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

OPERATING ACTIVITIES		
	2019	2018
	£	£
Net income/(expenditure) for the reporting period (as per the		
statement of financial activities)	(64,821)	102,333
Adjustments for:		
Depreciation charges	-	318
Interest received	(501)	(45)
Decrease/(increase) in debtors	16,012	(30,620)
Increase in creditors	14,974	1,498
Net cash provided by (used in) operating activities	(34,336)	73,484

#### 1. ACCOUNTING POLICIES

#### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

#### Preparation of the accounts on a going concern basis

The directors and trustees have considered the financial position and projections of the charity, and have a reasonable expectation that it has adequate resources to support its ongoing activities for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing the financial statements.

#### Significant judgements and estimates

The preparation of the financial statements requires management to make judgement, estimates and assumptions that affect the amounts reported. These estimate and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable in the circumstances.

Areas in which judgement has been applied in preparing these financial statements include an assessment of the appropriate expenditure to recognise against certain restricted grants, and the allocation of supports costs as outlined below.

#### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, any performance conditions attached have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from charitable activities represents amounts receivable in connection with services delivered by the charity, and includes contractual payments from local authorities and performance related grants, and rent and housing benefit received in respect of Supported Lodgings. Income from contracts for the supply of services, and similar performance related grants, are recognised over the period of delivery.

When donors specify that donations and grants are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds when receivable.

Donated services are included at the value to the charity where this can be quantified, and a third party is bearing the cost. No amounts are included in the financial statements for services provided by hosts; further information about their contribution is provided in the Trustees' Report.

#### 1. ACCOUNTING POLICIES - continued

#### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

#### Charitable activities

Cost of charitable activities include those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.

#### Allocation and apportionment of support costs

Support costs include central functions and overheads that assist the work of the charity but which do not directly undertake charitable activities. These include back office costs, finance, personnel, payroll and governance costs.

Support costs are allocated in proportion with the expected direct project worker time involved in each charitable activity. This estimate is considered to reasonably reflect the underlying financial activities of the charity, and provide a reliable basis for allocation in the context of the charity's size and resources.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment

- Straight line over 3 years

Tangible fixed assets costing more than £750 are capitalised and included at cost.

#### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

#### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### **Financial instruments**

The charity has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception, where applicable, of bank loans which are subsequently measured at amortised cost using the effective interest method.

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

#### 2. DONATIONS AND LEGACIES

	2019	2018
	£	£
Corporate fundraising	45,110	26,916
Community fundraising & donations	102,423	87,176
Grants	164,406	218,184
Membership subscriptions	35	55
	311,974	332,331

Grant funding of £164,406 has been recognised in the year; £135,956 being restricted (2018: £206,584), and £28,450 (2018: £11,600) for general purposes. Restrictions relate to geographical area, project or expenditure type. Details of the restricted fund movements are given in note 17.

#### 3. INVESTMENT INCOME

	2019	2018
	£	£
Deposit account interest	501	45

#### 4. INCOME FROM CHARITABLE ACTIVITIES

		2019	2018
	Activity	£	£
Service contracts and grants	Supported Lodgings and Nightstop	668,607	673,483
Housing benefit and rent	Supported Lodgings and Nightstop	235,277	301,667
		002 004	075 150
		903,884	975,150

Service contracts and grants includes amounts receivable under contracts with local authorities to deliver Nightstop and Supported Lodging services, and similar restricted grant funding of £91,821 (2018: £90,824) from the National Lottery, Reaching Communities to deliver services in the East Riding.

#### 5. RAISING FUNDS

#### Raising donations and legacies

	2019 £	2018 £
Staff costs Fundraising expenses	82,154 6,684	71,723 4,336
	88,838	76,059

6.	CHARITABLE ACTIVITIES COSTS				
	Supported Lodgings and Nightstop SASH Active		Direct costs (See note 7) £ 886,634 	Support costs (See note 8) £ 213,761 _ 26,938	Totals £ 1,100,395 91,947
			951,643	240,699	1,192,342
7.	DIRECT COSTS OF CHARITABLE AC	CTIVITIES			
	Staff costs Supported Lodging provider payments Other project expenses			2019 £ 541,860 310,689 99,094 951,643	2018 £ 467,632 358,537 93,105
8.	SUPPORT COSTS				
	Supported Lodgings and Nightstop SASH Active				Support costs £ 213,761 26,938
	Support costs, included in the above, are as	follows:			
	Support costs	Sunnantad		2019	2018
	Office overheads Management support costs Governance costs	Supported Lodgings and Nightstop £ 42,348 161,404 _ 10,009	SASH Active £ 10,720 16,218	Total activities £ 53,068 177,622 10,009	Total activities £ 43,202 158,198 8,460
		213,761	26,938	240,699	209,860

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

#### 9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2019	2018
	t.	t
Depreciation - owned assets	-	318
Auditor's remuneration	4,878	4,800

#### 10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018.

#### 11. STAFF COSTS

The aggregate payroll costs of the charity for the year are as follows:

	2019	2018
	£	£
Wages and salaries	625,577	525,643
Social security costs	56,338	46,060
Pension contributions	55,747	47,902
	737,662	619,605

The average monthly number of employees during the year was 25 (2018: 23).

The average number of full-time equivalent employees during the year was 22 (2018: 21).

No employees received emoluments in excess of £60,000.

The key management personnel of the charity comprise the trustees and the Charity Director / Company Secretary. The total employee benefits of the key management personnel, inclusive of pension and employer social security costs, were £45,669 (2018: £44,820).

**13.** 

### 12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds	Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	124,747	207,584	332,331
Charitable activities Supported Lodgings and Nightstop	884,326	90,824	975,150
	ŕ	70,021	
Investment income	45		45
Total	1,009,118	298,408	1,307,526
EXPENDITURE ON Raising funds	76,059	-	76,059
Charitable activities Supported Lodgings and Nightstop SASH Active	869,604 30,821	219,508 9,201	1,089,112 40,022
Total	976,484	228,709	1,205,193
NET INCOME/(EXPENDITURE)	32,634	69,699	102,333
RECONCILIATION OF FUNDS			
Total funds brought forward	161,571	-	161,571
TOTAL FUNDS CARRIED FORWARD	194,205	69,699	263,904
TANGIBLE FIXED ASSETS			Computer equipment
COST At 1 April 2018 and 31 March 2019			24,388
<b>DEPRECIATION</b> At 1 April 2018 and 31 March 2019			24,388
NET BOOK VALUE At 31 March 2019			
At 31 March 2018			

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

14.	DERTORS:	AMOUNTS FALLING DU	IE WITHIN ONE YEAR
17.	DEDICES.	AMOUNTSTALLING DO	DE WILLIAM ONE LEAK

	2019 £	2018 £
Trade debtors	31,201	17,445
Accrued grant income	-	30,000
Prepayments	8,648	8,416
	39,849	55,861

#### 15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019	2018
	£	£
Trade creditors	23,649	23,532
Social security and other taxes	14,714	12,839
Other creditors	1,263	1,460
Pension creditor	6,602	6,045
Accrued expenses	4,800	4,800
Deferred grant income	20,223	7,601
	71.251	56 277

Income from performance related grants is deferred when received in advance of the delivery of the service. The movement of £12,622 from the prior year is reflected in current year income.

#### 16. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2019	2018
	${f \pounds}$	£
Within one year	5,100	8,581

### 17. MOVEMENT IN FUNDS

MOVEMENT IN FUNDS	At 1/4/18 £	Incoming resources	Resources expended £	At 31/3/19 £
Unrestricted funds				
General fund	156,875	980,907	(972,803)	164,979
Designated fund - Relton Trust	37,330	-	(4,051)	33,279
	194,205	980,907	(976,854)	198,258
Restricted funds				
The National Lottery - Reaching				
Communities	-	91,822	(91,822)	-
The Lloyds Bank Foundation for England				
and Wales / Big Lottery Fund	30,000	-	(30,000)	-
Garfield Weston Foundation	-	30,000	(30,000)	-
The Albert Gubay Charitable Foundation	-	25,192	(25,192)	-
The Henry Smith Charity	-	24,200	(24,200)	-
Nationwide Building Society Community				
Foundation	23,620	-	(23,620)	-
Young People grants	-	13,897	(13,144)	753
The Kirkby Foundation	-	10,000	(10,000)	-
Two Ridings Community Foundation	5,000	-	(5,000)	-
The Charity of Jane Wright	-	5,000	(5,000)	-
The Jack Brunton Charitable Trust	-	5,000	(5,000)	-
The Charles & Elsie Sykes Trust	-	5,000	(5,000)	-
The Sir James Reckitt Charity		5,000	(5,000)	-
The Fernhurst Trust	3,700	-	(3,700)	-
Swire Trust	3,300	-	(3,300)	-
The Joseph Rowntree Foundation	1,924	-	(1,924)	-
Sir George Martin Trust	1,500	-	(1,500)	-
York Dungeon - Emergency Fund	655	-	(583)	72
Miscellaneous grants and donations under £5,000	-	20,341	(20,341)	-
	69,699	235,452	(304,326)	825
TOTAL FUNDS	263,904	1,216,359	(1,281,180)	199,083

### 17. MOVEMENT IN FUNDS – continued

#### **Comparatives for movement in funds**

	At 1/4/17	Incoming resources	Resources expended £	At 31/3/18 £
Unrestricted funds				
General fund	121,757	1,009,118	(974,000)	156,875
Designated fund - Relton Trust	39,814	-	(2,484)	37,330
	161,571	1,009,118	(976,484)	194,205
Restricted funds				
The National Lottery - Reaching Communities The Lloyds Bank Foundation for England and	-	90,824	(90,824)	-
Wales / Big Lottery Fund	-	60,000	(30,000)	30,000
Garfield Weston Foundation	-	18,198	(18,198)	-
The Henry Smith Charity	-	24,200	(24,200)	-
Nationwide Building Society Community				
Foundation	-	25,000	(1,380)	23,620
The Big Lottery Fund	-	17,360	(17,360)	-
Evan Cornish Foundation	-	8,411	(8,411)	-
The Sir James Reckitt Charity	-	5,000	(5,000)	-
Two Ridings Community Foundation	-	5,000	-	5,000
The Charity of Jane Wright	-	5,000	(5,000)	-
The Jack Brunton Charitable Trust	-	5,000	(5,000)	-
The Fernhurst Trust	-	5,000	(1,300)	3,700
Swire Trust	-	5,150	(1,850)	3,300
The Joseph Rowntree Foundation	-	6,333	(4,409)	1,924
Sir George Martin Trust	-	1,500	-	1,500
York Dungeon - Emergency Fund	-	1,000	(345)	655
Miscellaneous grants and donations under £5,000	-	15,432	(15,432)	-
		298,408	(228,709)	69,699
TOTAL FUNDS	161,571	1,307,526	(1,205,193)	263,904

#### 17. MOVEMENT IN FUNDS - continued

#### **FUND DETAILS**

#### **Designated fund**

The Relton Trust was established by the Trustees in respect of a legacy of £53,865 from Geoffrey Relton, which was recognised in the accounting years ending 2010 and 2011. The designated fund is used to provide grants for young people to meet particular costs.

#### **Restricted funds**

Restrictions imposed by funders may relate to the geographical area to which the funding may be applied, expenditure type or specific project or activity.

The notes above set out the restricted grants received and utilised in this and the prior year. The balances carried forward relate to funding which has not been utilised for the restricted purpose at the balance sheet date. It is anticipated that these restricted balances will be expended in full in the forthcoming financial year.

Major restricted grants recognised in the year include:

#### The National Lottery - Reaching Communities

Funding for the provision of services in the East Riding over a 5 year period.

#### The Lloyds Bank Foundation for England and Wales / Big Lottery Fund

Contribution towards the salary cost of the Director.

Income recognised in the prior year included £30,000 which had been awarded in that period, but that has been received and used against costs in the 2019 financial year. This was accrued at the balance sheet date in the prior year (see note 14).

#### Nationwide Building Society Community Foundation

Supporting young people into independent living.

#### The Henry Smith Charity

Funding towards the Nightstop project.

#### Garfield Weston Foundation

Funding towards core costs.

#### The Albert Gubay Charitable Foundation

Funding towards the Hull Nightstop service.

#### The Kirkby Foundation

Financial contribution for the charity's website.

#### Young People grants

Various grants received and administered by the charity, but to be used directly by a specified young person for a particular need. Primarily funded by the Buttle Trust.

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

#### 18. RELATED PARTY DISCLOSURES

Chris Ridgway has continued to be a Supported Lodging host throughout the period, and has received provider payments of £16,751 (2018: £12,339) from the charity for young people placed with him during the year. His engagement as volunteer host is subject to the same controls and is on the same basis and financial terms as any other host working with the charity, and is completely distinct from his position as trustee.

The charity received £4,000 in donations in the prior year from a business in which Tarnia Hudson is a director.

#### 19. COMPANY LIMITED BY GUARANTEE

The company has no share capital. The liability of each member is limited to a sum not exceeding £10.