



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/04/2018 Period start date To 31/03/2019 Period end date

Charity name: Heath Hands

Charity registration number: 1173419

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The objects of the CIO (Heath Hands) are: to help, engaging volunteers, to conserve, protect and enhance Hampstead Heath, the Kenwood Estate, Highgate Wood, Keats House and such other areas as the charity trustees may determine from time to time (the "Relevant Open Spaces");</p> <p>to advance education in conserving, protecting and enhancing the environment of the Relevant Open Spaces for the benefit of the members of the CIO and for the benefit of the public at large, and</p> <p>to help the bodies responsible for the Relevant Open Spaces to provide facilities in the interests of social welfare for recreation and leisure time occupation by the members of the CIO and the public at large with the object of improving their conditions of life.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Heath Hands delivers a range of volunteering programmes across the Relevant Open Spaces including a large amount of conservation and estate maintenance, ecological monitoring of wildlife, nature interpretation and public engagement activities, helps with the delivery of public events and sport. There are around 500 volunteer sessions per year.</p> <p>We run a range of learning activities and training workshops throughout the year for our volunteers to learn more about nature and wildlife.</p> <p>Heath Hands also works with local schools to encourage young people to get involved in nature conservation, alongside delivering</p>

		the Community Heath project which supports people and groups with disabilities or social disadvantage to take part in sport, volunteering and recreation.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Heath Hands trustees have had regard to the guidance that has been issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Heath Hands is a volunteer led organisation with a membership of roughly 200 volunteers. This is supplemented by people volunteering for one-off events and in total we contribute up to 14,000 hours of volunteering per year.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Since Heath Hands was founded in 1999 our volunteers have contributed over 100,000 hours to the conservation and maintenance of our green spaces – Hampstead Heath, Kenwood Estate, Keats House and Highgate Wood. We deliver up to 15 volunteer sessions per week.</p> <p>We've had many thousands of people taking part as volunteers – people of all ages and backgrounds to get involved, improving the health and wellbeing of every participant.</p> <p>Our nature interpretation programme (Wild about Hampstead Heath) has helped better connect over 10,000 people to nature and wildlife on the green spaces and elsewhere.</p>

		In 2017 we launched the Community Heath project, which to date has delivered nearly 100 volunteer events and supported over 1,200 people with social disadvantages or disabilities to get involved in volunteering and recreation on our green spaces.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Total cash funds at the end of the period were approximately £72,761. Approximately £65,500 was held in deposit accounts.</p> <p>Total receipts for the period were £13,391 coming from donations, grants, calendar sales, corporate volunteering and bank interest.</p> <p>Total expenditure for the period was £20,455 and included payroll, catering, events, marketing, office expenses, volunteer uniform and equipment, insurance and training.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>The trustees of Heath Hands employ a prudent approach in terms of financial management, retaining a fairly large reserve against risk, but spending a proportion of the reserves on beneficial projects that enhance our green spaces in line with our charitable objectives and Strategic Plan. The reserves were generated from a variety of sources including a major legacy left by our founder Bobby de Joia.</p> <p>Heath Hands will retain reserves to cover three years of operational costs for the charity, and a sum against the risk of losing the benefits in kind of the Dairy office (English Heritage) and secondment of our Projects and Volunteer Manager (City of London Corporation). The secondment is covered in our CoLC partnership agreement, which is due for renewal in March 2020. The Dairy lease was renewed in May 2019 and expires in April 2024.</p> <p>The remainder of the reserves (£20,000) is to be spent by 31st March 2023 on beneficial projects outlined in our Strategic Plan.</p>
Amount of reserves held	Para 1.22	Financial reserves on 31 st March 2019 were approximately £50,000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations, calendar sales, grant funding, plus benefits in kind set out above.

Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution dated 12th May 2017
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>At each AGM of the CIO, the members may elect from amongst themselves a chair, vice-chair, secretary and treasurer who shall also be elected charity trustees and hold office from the conclusion of that meeting. One or two additional trustees may be appointed at the meeting, and the trustees may also co-opt up to three trustees..</p> <p>The chairman of the Hampstead Heath Management Committee and the Superintendent of Hampstead Heath are trustees.</p> <p>English Heritage, The Vale of Health Society, and the Heath and Hampstead Society may appoint a trustee.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Heath Hands has a trustee code of conduct and trustee role description to guide the induction of trustees
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	Heath Hands signed a partnership agreement in 2017 with the City of London Corporation who manage the Relevant Open Spaces
Other		

Reference and Administrative details

Charity name	Heath Hands
Other name the charity uses	
Registered charity number	1173419
Charity's principal address	The Dairy Kenwood House Hampstead Lane London NW3 7JN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Cindy Galvin	Chair		
2	Joanne Maddox	Deputy Chair		
3	Alan Merkel	Secretary		
4	Tony Braca	Treasurer		
5	Ian Greenwood			
6	Bob Warnock			
7	Stuart Clark			
8	Merlin Fox			
9	Rachel Chapman			
10	Jeff Waage			
11	Karina Dostalova			
12	Robert Spigel			
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Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Colin Houston

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	AS Merkel	
Full name(s)	ALAN JOSEPH MERKEL	
Position (eg Secretary, Chair, etc)	Secretary	
Date	21.10.2019	

Heath Hands CIO, registered charity no 1173419
Accounts for the year to 31 March 2019

	Unrestricted Funds £	33 weeks to 31 March <u>2018</u> Unrestricted Funds £
Receipts		
Group Volunteering	6,225	2,340
Calendar	1,803	1,288
Donations	3,438	2,671
Grants	1,250	9,000
Bank Interest	675	4
Total receipts for the year	13,391	15,303
Payments		
Catering	927	467
Events	1,036	917
Marketing and Graphic Design	1,286	904
Conservation Supplies	121	206
Uniform	2,051	1,616
Training	1,164	616
Volunteer Expenses	347	58
Office Expenses	602	305
Insurance	583	-
Employees	8,168	5,064
Projects: Wildlife	501	-
Learning Offer	1,573	1,253
Equipment Upgrade	2,086	91
Total payments for the year	20,445	11,497
Surplus/(deficit) for the period	(7,054)	3,806
Cash funds last year end/transferred	79,815	76,009
Cash funds this year end	72,761	79,815
Cash Funds		
Lloyds Bank	7,246	4,815
Lloyds Bank Deposit	15,000	20,000
United Trust	35,410	35,000
Virgin Money	15,105	20,000
Total Cash funds	72,761	79,815

Heath Hands, the Charitable Incorporated Organisation charity no 1173419, took over all the activities, assets and liabilities of Heath Hands, charity no 1083104, from 11 August 2017

Tony Braca
Treasurer



Tony Ghilchik
Independent Examiner

