



Salus Fatigue Foundation

Registered Charity No: 1151924

Annual Report 2019

Report of the Trustees for the year ended 30th June 2019

The Trustees present their annual report and financial statements for the year ended 30th June 2019 and confirm they comply with the Charities Act 2011, the trust deed and have been prepared in accordance with all statutory and regulatory requirements.

Reference and Administrative Information

Charity Name	Salus Fatigue Foundation
Charity Registration Number	1151924
Registered Office	26a Lichfield Road Sutton Coldfield Birmingham B74 2NJ
Board of Trustees	Ingeborg Kettner-Wood (Chair) Dr Christine Lloyd Rod Mitchell Dave Woods
Bankers	HSBC 289 Lichfield Road Four Oaks Sutton Coldfield B74 4BY
Independent Examiner	Bissell & Brown Ltd Charter House 56 High Street Sutton Coldfield B72 1UJ

CHAIR'S OVERVIEW OF THE PERIOD ENDED 30th JUNE 2019

Salus Fatigue Foundation and all who work with us are committed to supporting individuals, and those close to them, affected by Chronic Fatigue Syndrome/Myalgic Encephalomyelitis (CFS/ME). We also work hard to increase awareness and information within the community and healthcare sector.

The year ended 30 June 2019 was the final year of our National Lottery Community funding period and we have had great success in meeting the targets set with regard to our core services. We are delighted and grateful to the Lottery for their decision to provide additional funding which will support us enormously to operate for another year and, importantly, also give us some resources to develop our service delivery with the aim of securing our future position.

Our Just BEE project finished this year and after holding a pilot we have learned that it is extremely difficult to engage with larger corporate bodies during tough economic times. We have used this experience to help us review the way we deliver our services.

During the year we were fortunate to receive a grant award from the Wesleyan Foundation / Heart of England Community Foundation which will help us to develop and launch an on-line platform for delivering our service. This is an important reflection of things we have learnt during the past few years regarding how people prefer to engage and listening to our beneficiaries. This will also build on our learning from the Just BEE project.

We were supported during the year by a grant from Sutton Coldfield Charitable Trust which covered our accommodation costs. This grant ended in June 2019 and we were delighted when they agreed a further grant which will support the work that we do for a further three years. We have also received a small amount in individual donations from those we support and others.

Our staff have continued to develop and adapt to the changes made to the way we do business. When we recruit new staff, we ensure that they receive good induction training so that they quickly understand the Salus philosophy and methodology. Our thanks and best wishes go to those who have moved on and our appreciation continues for those who are working with us now. This includes the experts who work with us both in support sessions with beneficiaries and in service development. Special thanks must go to Linda and Lynn for everything they do to develop and promote the work of Salus. Finally, I would like to thank the trustees who support me and the team in the work we do. All of you are critical to our success.

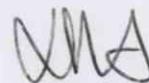
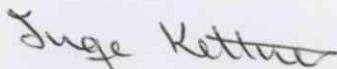
The Trustees and staff are conscious that the main Lottery grant ended in June 2019 and the additional Lottery awards made will finish in June 2020. We are actively seeking alternative funding means while also carefully managing our expenditure for the next year to ensure that all obligations are fulfilled.

Summary of Annual Accounts

Our main source of income for the year to 30th June 2019 was restricted grant funding amounting to £122,612. This was formed of three income streams: the main Big Lottery Fund grant; a grant from Sutton Coldfield Charitable Trust; and a grant from Wesleyan/Heart of England for our SHINE project. The income and expenditure account for the year ended 30th June 2019 shows expenditure of £124,876 against receipts of £124,519. This shows a deficit for the year of £357.

Ingeborg Kettner-Wood, Chair of Trustees

Linda Jones, CEO



Report of the Trustees for the year ended 30th June 2019

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

Salus Fatigue Foundation is constituted as a Charitable Incorporated Organisation (CIO) registered with the Charity Commission on 7th May 2013 under charity number 1151924. It is governed by the Foundation Model Constitution and its only voting members are its charity trustees.

Organisational structure

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits.

The trustees meet as a body quarterly and are responsible for the strategy, general control, and management of the charity, taking decisions about what is to be done, how money is to be raised and spent. Amongst these responsibilities is that of identifying and managing any risks to the charity's assets or to the efficient and safe undertaking of its responsibilities.

During the year the Charity currently has six paid staff funded through the continuation three-year Big Lottery Fund grant. This grant has now ended and we have been fortunate to receive some additional funding from the Big Lottery which will enable SALUS to continue operating for at least 12 months. Drawing on our experiences over the past 9 years and looking to the future we have reviewed the way we deliver our services in order to maximize value for money. This has also led to a review of our staffing structure for 2019. Our current positions are:

- Chief Executive Officer
- Quality Director
- Operations Executive
- Operations Support
- Business Executive
- Digital Marketing Officer

The staff are supported by a team of qualified Health Practitioners and a small number of volunteers.

Recruitment and appointment of trustees

The existing trustees are responsible for the recruitment of new trustees in line with our governing document and the National Council for Voluntary Organisations (NCVO) guidelines. Selection criteria for trustee appointment is based on ensuring the right balance of the board based on past experiences, skills, knowledge, strong leadership, the understanding of good governance and individual and team work.

There were no changes to the Board during the reporting period.

Induction and training of trustees

Following appointment, new trustees are inducted to their role and are given copies of the trust deed, the Salus Strategic Plan, and Project Delivery Plans. They are made aware of the Policies and Procedures relating to the Charity. This ensures that new trustees are aware of the scope of their responsibilities under the Charities Act.

Risk Management

The trustees have assessed the risks the charity faced with respect to the strategy and delivery plans and have identified the major areas of risk, the likelihood of these risks occurring, the impact and contingency plans to address them. These are monitored and reviewed regularly at the trustees' meetings. The trustees are satisfied that systems are in place to manage the risks that have been identified.

During the year, particular attention was given to the new General Data Protection Regulations. A detailed review was undertaken using guidance provided by the Information Commissioners Office. Necessary actions were implemented and SALUS is satisfied that it complies in all material respects.

OBJECTIVES AND ACTIVITIES

Our aims and objectives

Our vision is a world in which every person affected by Chronic Fatigue Syndrome/Myalgic Encephalomyelitis (CFS/ME) has access to positive support and the opportunity to participate in all aspects of life. The objects of the charity are set out in the charity's trust deed and are as follows:

"To promote and protect the good health of people who live with Chronic Fatigue and related conditions, their families, friends and carers in particular but not exclusively through advice, support, counselling and educational workshops"

We aim to address the needs of improved health and wellbeing and social participation of a large number of people who have encountered major life changes as a result of the range of issues and multiple disabling symptoms, from severe chronic fatigue, chronic pain to anxiety and depression caused by CFS/ME and related conditions. The social isolation, loss of employment, lack of confidence and self management has a large impact on their and their families' lives.

We have referred to the information contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. The trustees consider how planned activities will contribute to the aims and objectives they have set.

During this reporting period we have worked with external consultants to develop and implement a plan to secure the future of Salus Fatigue Foundation beyond 2019. Whilst it is vitally important that we ensure the future sustainability of the charity, our objectives are set to reflect our aims and the beliefs of the charity. The main objectives for 2018– 2019 were to:

- continue to develop and extend our core services through a digital on-line platform to those affected by fatigue and raise awareness throughout the community and healthcare sector that CFE/ME is real and treatable

- grow ideas, develop partnerships and income generation opportunities beyond June 2019.

ACTIVITIES AND ACHIEVEMENTS

How our activities deliver public benefit

The charity carries out a range of activities in pursuance of its charitable aims. The Trustees consider that these activities, summarised in the section below, provide benefit both to those who access our services directly, GPs, health professionals, clinicians, and the wider community of Birmingham and Solihull, and increasingly across the UK through our on-line support.

Our activities are undertaken to further our charitable purposes for the public benefit and all our charitable activities during the period provided a much-needed range of advice and support for people (and their families, friends, and carers) with severe physical and psychological needs caused by ME/CFS and related conditions, who face a lack of resources to support their recovery or have fallen through the net of support systems from the NHS and other statutory bodies. The multiple disabling symptoms often result in people suffering from social isolation, loss of employment, lack of confidence and self management. This has a huge impact on their and their families' lives.

Our awareness raising work with GPs, health care professionals and other relevant agencies and communities of interest in the area is essential to improving understanding of this very misunderstood condition and ultimately to increasing the number of people referred to our services. All staff and volunteers have had the condition, or have supported people affected by it, ensuring that an immediate understanding and compassion is reached with everyone. This has shown to be critical not only in supporting beneficiaries but also for educating health professionals, encouraging them to have increased confidence in diagnosing and referring for support.

Summary of the main activities undertaken for the public benefit

In planning our activities, we keep in mind the Charity Commission's guidance on public benefit and present our summary grouped under four themes.

1. Support and advice on Health and Well-being:

We have increased our team of qualified Health Practitioners through the recruitment of four additional specialists which has enabled us to extend our expertise and bring extended knowledge into the charity and help communities thrive. The core team continued to deliver our range of activities and increased the topics covered through consultation with, and feedback from, beneficiaries and Health Practitioners. Key activities include:

- Regular support groups and drop-in sessions at the Sanctuary, with three support groups in community venues in the Kings Heath, Harborne and Solihull areas of Birmingham for those who cannot travel to the Sanctuary. Support groups were also trialled in Staffordshire and York.
- A range of educational sessions, including practical sessions in a community kitchen in Mere Green Regular monthly

- 'Live' Facebook sessions on a range of themes, including the following topics: immune support; nurturing me; understanding the mind; foods to support mood
- Monthly 'Minute with Mel' short nutrition videos on Facebook
- Scheduled 'Mindful Monday' post on closed Facebook page
- A short series of videos 'Impact well-being' on Facebook including demonstrations on the techniques and benefits of peer massage
- Support groups, workshops and activities aimed at encouraging a self-management approach to improving health and wellbeing include our core areas of nutrition, pacing, supporting the immune system, sleep, and stress and pain management.
- An enquiry line for new and existing beneficiaries.
- A closed Salus Facebook page providing access to 24-hour positive peer support, particularly beneficial to those who require remote support. Membership has now increased to 612 members.
- Seasonal user-led pacing groups which provides the opportunity for social interaction whilst teaching the benefits of pacing through light gentle group walks in the local park.
- A considerable amount of development work has been carried out on website and the use of social media to engage and inform beneficiaries and the general public. The website allows people to subscribe to an electronic newsletter, and all platforms provide easily accessible data on engagement and uptake.
- Monthly newsletter which provides advice, support, and links to the website.

2. Community awareness raising, promotion and networking:

In addition to promotional and keynote speaker activities at the Brain Tumour Charity Annual Conference, at which we engaged with over 200 nurses and health professionals, we have also made presentations to the:

- Physiotherapy team at University Hospital, Birmingham
- Shaw Trust
- Disability Resource Centre
- Gateway Family Services
- Headway
- Promotion and advertising carried out via Community Links networks, articles in various community magazines and social media, for example B13, B14 news, Street Life, Birmingham City Council website calendar of events, the Best of Lichfield, Healthwatch and Citizens Advice Bureau.
- Focused activities with promotional material continuing to be placed in local hospitals, community venues, libraries, schools, shops, and medical centres across Birmingham, Solihull and Staffordshire.
- Promotional stands and Salus staff at a range of community events.
- Over 20 supporters, including beneficiaries' friends and families, continue to volunteer substantial time and commitment to help raise awareness across the Birmingham area through a wide range of activities including activities including focused networking in the Kings Heath and Solihull areas
- Substantial focus on developing a more accessible website and increasing our use of Facebook, Youtube and social media to raise awareness and provide an additional source of support for beneficiaries.

3. Research and Evaluation:

- We ensure regular evaluation, monitoring and feedback is embedded in all our work and used to change, develop and make our services even more effective.
- Links made with Professor Julia Newton, Deputy Medical Director, Newcastle upon Tyne Hospitals NHSFT, and Medical Director, Academic Health Science Network, who is an expert in the field of fatigue and is keen for Salus to be involved in her current field of research. Evaluation of our Just Bee pilot highlighted a number of learning points that have influenced our service delivery, such as the importance of reaching those key people within organisations who can positively influence the uptake of health and wellbeing support.

4. Quality:

- Quality remains a firm focus in planning all our activities, setting, and maintaining high standards across all of our work.
- A comprehensive review of our policies and procedures has been completed.

Summary of the main achievements of the charity during the year

What another amazing 12 months we have had at Salus! People trust in Salus, with our expertise, knowledge and team of staff with lived experiences, and we listen to what matters to people, partners and communities: we make things happen. We have made a difference to over **4,800** people extending our reach by providing support and education through many different channels. Despite continuing to face huge challenges in terms of ensuring sustainable funding, the Salus team has shown great commitment and deserve enormous praise for their hard work and dedication, working both remotely and as a team whilst one team member down from February 2019.

The team's hard work has helped Salus's success in securing further funding **totaling £200,650** made up as follows:

- **Lottery Extension grant: £106,235** for year 4 of the current project from July 2019- June 2020
- **Lottery Development grant: £49,915** from July 2019
- **Sutton Coldfield Charitable Trust: £35,000** conditional offer from July 2019 for premises costs for three years.
- **Wesleyan/Heart of England grant: £9,500** from January to October 2019.

We have continued to extend our work nationally because we care about the people in our communities and are passionate about making difference. Our Facebook groups continue to grow, and Facebook Live sessions and short educational videos have proved to be highly successful in reaching more people. Practical nutrition sessions in a local community kitchen have also proved to be very popular. We have listened to our beneficiaries and started to restructure the delivery of our activities from January 2019, with a reduced number of face-to-face sessions and increased emphasis on more on-line delivery, and will continue to work with external consultants to set up and manage a digital platform which would provide a central hub for our on-line education, professionally produced videos, blogs etc.

In the first three years of our Big Lottery Fund project (July 2016 – June 2019) we have made a difference to over **4800 people**. We have far exceeded our overall 3-year project targets: **810 people** who have accessed our services have gained new strategies to self-manage their condition and subsequently report improved

health and wellbeing. We are also pleased to report that we have reached over **370 family members or friends**, increasing their knowledge of the condition and how to support their loved one. This is a service that is not available elsewhere. Our closed Facebook community has grown by over 100 during the year, to 612, and our newsletter membership has steadily increased.

'I have family support but little understanding.... I pray they'll never have to suffer such conflict. I say conflict because it does affect us internally, mentally and emotionally... leaving us feeling we are on our own having to deal with this condition. That's why I thank Salus, having time and understanding for us all and helping us to unite'

With our input at national conferences, focused promotional awareness and networking activities, and simpler, more effective pathways, the number of referrals has increased substantially from a wide range of organisations, GPs, healthcare professionals, and clinicians.

The Salus Brand:

We feel particularly proud that the Salus 'brand' continues to become firmly established based on our expertise in fatigue, with a reputation for delivering a unique and professional service. Salus' Chief Executive Officer has continued to be invited as a regular guest speaker at the Big Lottery's Corporate Induction days and has been invited as guest speaker to share our expertise on fatigue and a showcase for Good Causes at a number of national conferences including the Brain Tumour Charity Annual Conference. This event was attended by over 200 health professionals and nurses who gained a greater understanding of fatigue and fatigue management.

The Salus website has been redeveloped to make a more secure, accessible and informative platform. Working with a marketing consultant the Salus brand has been refreshed and marketing material updated to showcase the Salus 5 Steps Programme.

FINANCIAL REVIEW

Introduction

In June 2016 the Big Lottery Fund awarded a three-year grant amounting to more than £300,000. The grant period ended in June 2019, but we have been successful in receiving additional awards from the Lottery Community Fund which will give us time to expand on the changes we have identified in recent years.

Principle Funding Sources

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The income and expenditure account for the year ended 30th June 2019 shows expenditure of £124,876 against receipts of £124,519. This shows a deficit for the year of £357.

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Salus Fatigue Foundation

Financial Report of the Trustees and Independently Examined Financial Statements for year ended 30th June 2019

Registered Charity No: 1151924

Contents of the Financial Statements for period year ended
30th June 2019

1. Reference and Administrative Information
2. Report of the Trustees
3. Receipts and Payments Accounts
4. Statement of Assets and Liabilities
5. Report of the Independent Examiner

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Salus Fatigue Foundation

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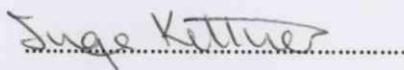
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During the year Salus was successful in obtaining additional funding of:

- **Lottery Extension grant: £106,235** for year 4 of the current project from July 2019- June 2020
- **Lottery Development grant: £49,915** 12 months from July 2019
- **Sutton Coldfield Charitable Trust: £35,000** from July 2019 for premises costs for three years.

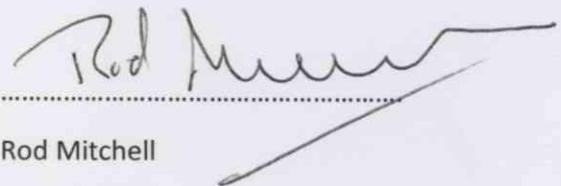
With continued careful financial management this should ensure Salus's future for the next 12 months. We continue to keep the way we deliver our services under review to ensure good value for money. We are also actively seeking other ways to fund Salus's operations.

The financial statements were approved by the Trustees on 21st October 2019 and signed on its behalf by



Ingeborg Kettner-Wood

(Chair)



Rod Mitchell

(Trustee)

Section A	Receipts and Payments			
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Total funds to the nearest £	Last year to the nearest £

A1 Receipts

Grants & Project Funding	£0	£122,612	£122,612	£71,607
Donations inc Easyfundraising	£1,907	£0	£1,907	£2,842
Fundraising activities	£0	£0	£0	£0
<i>Sub total</i>	£1,907	£122,612	£124,519	£74,449
A2 Assets and investments, sales, etc				
<i>Total receipts</i>	£1,907	£122,612	£124,519	£74,449

A3

Payments

Salaries & NI	£1,088	£89,694	£90,782	£91,419
Recruitment & staff training	£0	£395	£395	£537
Rent & Room Hire	£0	£10,554	£10,554	£11,605
Trainers Fees	£0	£6,463	£6,463	£5,934
Literature, samples & handouts	£0	£0	£0	£64 6
Insurance & Accounts	£0	£2,524	£2,524	£3,169
Evaluation & product developot		£1,250	£1,250	
Marketing	£0	£3,636	£3,636	£633
Travel & Subsistence	£0	£2,913	£2,913	£2,188
Consultancy & Advice	£0	£1,399	£1,399	£1,752
General Running Expenses	£0	£1,380	£1,380	£3,229
Accommodation		£804	£804	
Office & IT		£1,970	£1,970	
Utilities	£0	£806	£806	£965
<i>Sub total</i>	£1,088	£123,788	£124,876	£122,077
A4 Assets and investment purchases etc	£0	£0	£0	£2,723
<i>Total payments</i>	£1,088	£123,788	£124,876	£124,800
<i>Net of receipts/(payments)</i>	£819	£-1,176	£-357	£-50,351
A5 Transfers between funds	£-2,188	£2,188	£0	
A6 Cash funds last year end	£8,869	£9,332	£18,201	£68,552
<i>Cash funds this year end</i>	£7,500	£10,344	£17,844	£18,201

Section B Statement of assets and liabilities at the end of the period

		Unrestricted funds to the nearest £	Restricted funds £	Endowment funds to the nearest £
B1 Cash funds	Details			
	HSBC Current Account	£7,500	£10,344	£0
	<i>Total cash funds (agree balances and payments accounts(s))</i>	£7,500	£10,344	£0

		Unrestricted funds to nearest £	Restricted funds £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		0	0	0

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Details			

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 assets retained for the charity's own use	Details			
	Computers and other equipment			
	Furniture, fixtures and fittings			
	Other assets used by the charity in delivering its objectives			

		Fund to which	Amount due	When due (optional)
B5 Liabilities	Details			

		Signature	Print name	Date of approval
Signed by one or two trustees on behalf of all the trustees		<i>Ingeborg Kettner</i>		21-10-19
		<i>Rod Mitchell</i>		21-10-19

Independent Examiner's Report to the trustees of Salus Fatigue Foundation

I report on the accounts of the charity for the year ended 30 June 2019 which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

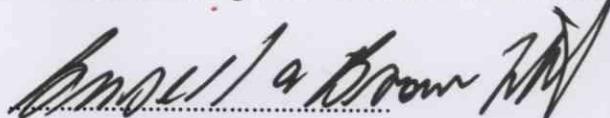
Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act 2011; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



John Taheny FCCA
Bissell & Brown Ltd
Chartered Accountants
56 High Street, Sutton Coldfield, B72 1UJ

Date 23/10/2019



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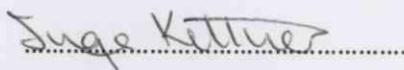
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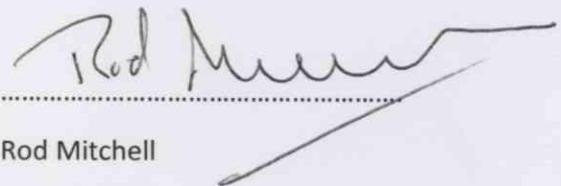
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Recruitment & staff training	£0	£395	£395	£537
Rent & Room Hire	£0	£10,554	£10,554	£11,605
Trainers Fees	£0	£6,463	£6,463	£5,934
Literature, samples & handouts	£0	£0	£0	£64 6
Insurance & Accounts	£0	£2,524	£2,524	£3,169
Evaluation & product developot		£1,250	£1,250	
Marketing	£0	£3,636	£3,636	£633
Travel & Subsistence	£0	£2,913	£2,913	£2,188
Consultancy & Advice	£0	£1,399	£1,399	£1,752
General Running Expenses	£0	£1,380	£1,380	£3,229
Accommodation		£804	£804	
Office & IT		£1,970	£1,970	
Utilities	£0	£806	£806	£965
<i>Sub total</i>	£1,088	£123,788	£124,876	£122,077
A4 Assets and investment purchases etc	£0	£0	£0	£2,723
<i>Total payments</i>	£1,088	£123,788	£124,876	£124,800
<i>Net of receipts/(payments)</i>	£819	£-1,176	£-357	£-50,351
A5 Transfers between funds	£-2,188	£2,188	£0	
A6 Cash funds last year end	£8,869	£9,332	£18,201	£68,552
<i>Cash funds this year end</i>	£7,500	£10,344	£17,844	£18,201

Section B Statement of assets and liabilities at the end of the period

		Unrestricted funds to the nearest £	Restricted funds £	Endowment funds to the nearest £
B1 Cash funds	Details			
	HSBC Current Account	£7,500	£10,344	£0
	<i>Total cash funds (agree balances and payments accounts(s))</i>	£7,500	£10,344	£0

		Unrestricted funds to nearest £	Restricted funds £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		0	0	0

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Details			

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 assets retained for the charity's own use	Details			
	Computers and other equipment			
	Furniture, fixtures and fittings			
	Other assets used by the charity in delivering its objectives			

		Fund to which	Amount due	When due (optional)
B5 Liabilities	Details			

		Signature	Print name	Date of approval
Signed by one or two trustees on behalf of all the trustees		<i>Ingeborg Kettner</i>		21-10-19
		<i>Rod Mitchell</i>		21-10-19

Independent Examiner's Report to the trustees of Salus Fatigue Foundation

I report on the accounts of the charity for the year ended 30 June 2019 which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

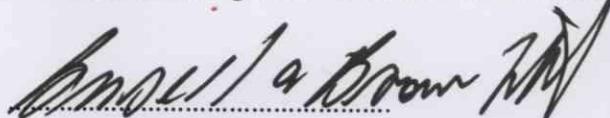
Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act 2011; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



John Taheny FCCA
Bissell & Brown Ltd
Chartered Accountants
56 High Street, Sutton Coldfield, B72 1UJ

Date 23/10/2019