



REGISTERED CHARITY

**Report of the Trustees and Financial Statements for the Period 21 February 2018**

**to 31 March 2019**

**for**

**Sunflowers Suicide Support CIO**

GCSD Accountants Limited  
Chartered Accountants  
701 Stonehouse Park  
Sperry Way  
Stonehouse  
Gloucestershire  
GL10 3UT

**Sunflowers Suicide Support CIO**

**Contents of the Financial Statements  
for the Period 21 February 2018 to 31 March 2019**

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## Sunflowers Suicide Support CIO

### Report of the Trustees for the Period 21 February 2018 to 31 March 2019

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The trustees present their report with the financial statements of the charity for the period 21 February 2018 to 31 March 2019. The Financial Statements comprise a Receipts and Payments Account for the period and a Statement of Assets and Liabilities.

#### REFERENCE AND ADMINISTRATIVE DETAILS

##### Registered Charity number

1177266

##### Principal address

Suite 4  
The Counting House  
Bonds Mill Estate, Stonehouse, Gloucestershire  
GL10 3RF

##### Trustees

Ms J Watkins	- appointed 11.9.19 (Chair)
Ms K T Turner	- appointed 20.2.18
Mrs S Bullingham	- appointed 20.2.18
Ms J Kille	- appointed 20.2.18
Mrs W J Morris	- appointed 20.2.18; resigned 18.6.19
Mr N M Gardiner-Clark	- appointed 14.6.18
Mr G Foxley	- appointed 17.1.19
Mr M Clark	- appointed 17.1.19
Mr M Green	- appointed 20.2.18; resigned 29.11.18
Mr H J Sagar	- appointed 11.9.19

##### Independent examiner

Mr J S Owens FCA  
GCSD Accountants Limited  
Chartered Accountants  
701 Stonehouse Park  
Sperry Way  
Stonehouse  
Gloucestershire  
GL10 3UT

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Governing document

The Charity is constituted as a Charitable Incorporated Organisation (CIO) and is governed by a constitution. The Sunflowers Suicide Support was registered with the Charity Commission as a charity on 21st February 2018.

##### Recruitment and appointment of new trustees

New trustees' appointments are shown under trustees' details section. Any new trustees are invited by agreement of the existing trustees having due regard to the skills, knowledge and experience required for the effective administration of the Charity.

## **Sunflowers Suicide Support CIO**

### **Report of the Trustees for the Period 21 February 2018 to 31 March 2019**

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#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Induction and training of new trustees**

Any new trustees are introduced to the Charity Commission trustee guidelines and are provided with a copy of the Charities Commission "Essential Trustee" guidance booklet. New trustees are fully updated on the charity's background, operational framework and its objectives

##### **Organisational structure**

There are currently six trustees and few charity volunteers. The organisational structure of the charity is such that long term strategic decisions are made during regular trustees' meetings attended by both trustees and volunteers.

##### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees acknowledge their responsibility to assess and mitigate the major risks to which the charity is exposed. The trustees have conducted a review of the major risks to which the charity is exposed and, where appropriate, systems or procedures have been established to mitigate those risks. Internal control risks are minimised by the implementation of procedures for authorisation of transactions.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objects of the CIO are to relieve the mental and physical sickness of people bereaved by suicide and those at risk of suicide by provision of counselling and support. To advance the education of the public in all areas relating to suicide and suicide bereavement, in particular but not exclusively among health professionals and those who work with people bereaved by suicide or at risk of suicide. To meet the needs and break the isolation of those bereaved by the suicide of a close relative or friend, by offering a safe confidential environment in which bereaved people can share their experiences and feelings, consequently giving and gaining support from each other. To promote greater awareness for professionals to help them recognise the specific support required for those bereaved by suicide.

##### **Statement on Public Benefit**

The trustees are aware of the Public Benefit provisions of the Charities Act 2011 and of the guidance on them published by the Charity Commission. They are satisfied that the objects of the charity and the activities of the charity are within the definitions of Charitable Purposes as set down in the Act. The trustees are not aware of any public detriment caused by the charity's objects or activities, nor are they aware of anyone receiving private benefit from the charity's activities.

##### **Grant making**

The Charity is not a grant making charity and does not invite grant applications.

##### **Volunteers**

Charity's team of volunteers who have assisted in organising various events and meetings during the period.

## Sunflowers Suicide Support CIO

### Report of the Trustees for the Period 21 February 2018 to 31 March 2019

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#### FINANCIAL REVIEW

##### Reserves policy

There restricted funds have been shown in the statements of assets and income is spent on the charitable activities in accordance with the charity's objectives.

##### Principal funding sources

The Charity's principal source of funds has been from donations made by individuals and through events such as presentations and quiz events. These will continue to be our primary sources of funding. During the period Gloucestershire Public Health set aside grants due to the Charity in the sum of £4,000 for children and £1,278 for Grief Recovery. The monies were received just after the period end.

Stay in the Sun Annual Suicide Prevention walk was held in September 2018 to mark World Suicide Prevention Day.

In addition, the charity receives funds from the sale of logo bracelets and Christmas cards as well as relevant artwork and reading material.

##### Activities during the period, achievements and performance

The total donations received during the period totalled £33,120.66 with the remaining £2,429.99 being generated from the sale of logo merchandise and £29,269.85 fees from events and talks. The expenditure totalled £30,837.44 resulting in the excess of receipts over payments of £33,983.06. The Charity has not claimed any gift aid on donations during the period.

##### Investment policy and objectives

At present the Charity does not have any funds in equities or other assets. As a new charity, it has chosen to hold funds on reserve in a Charity bank account. This has the benefit of ensuring readily available liquid assets to draw on as required.

Approved by order of the board of trustees on 30 September 2019 and signed on its behalf by:



Mr N M Gardiner-Clark - Trustee

**Independent Examiner's Report to the Trustees of  
Sunflowers Suicide Support CIO**

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I report on the accounts for the period 21 February 2018 to 31 March 2019, which are set out on pages five to six.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention

(1) which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act;
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr J S Owens FCA  
GCSD Accountants Limited  
Chartered Accountants  
701 Stonehouse Park  
Sperry Way  
Stonehouse  
Gloucestershire  
GL10 3UT



September 2019

# Sunflowers Suicide Support CIO

## Receipts and Payments Account for the Period 21 February 2018 to 31 March 2019

	Unrestricted fund £	Restricted fund £	Total funds £
<b>RECEIPTS</b>			
<b>Incoming resources from generated funds</b>			
Voluntary income donations	33,120.66	-	33,120.66
Training fees	5,300.00	-	5,300.00
Events and presentations	23,391.85	-	23,391.85
Grief recovery	578.00	-	578.00
Artwork sale	610.00	-	610.00
Christmas cards sale	1,025.46	-	1,025.46
Charity logo bracelets sale	742.51	-	742.51
Books sale	50.00	-	50.00
Refunds of fees	2.02	-	2.02
<b>Total receipts</b>	<b>64,820.50</b>	<b>-</b>	<b>64,820.50</b>
<b>PAYMENTS</b>			
<b>Costs of generating funds</b>			
Cost of goods sold and other direct costs	1,642.01	-	1,642.01
<b>Charitable activities</b>			
Rents and rates	633.83	-	633.83
Rent deposits paid	1,556.50	-	1,556.50
Insurance	772.38	-	772.38
Advertising and marketing	588.85	-	588.85
Computer costs and website	490.65	-	490.65
Repairs and renewals	55.40	-	55.40
Furniture and fixtures	-	287.95	287.95
Postage and stationery	255.02	3.50	258.52
Bank, finance charges	717.58	-	717.58
Training costs and travel	3,466.38	-	3,466.38
Administrative assistance	7,701.64	-	7,701.64
Events costs	10,242.36	-	10,242.36
Grief support costs	802.08	-	802.08
Accountancy and independent examination	600.00	-	600.00
Legal fees and professional charges	953.00	54.40	1,007.40
Sundries	13.91	-	13.91
<b>Total payments</b>	<b>30,491.59</b>	<b>345.85</b>	<b>30,837.44</b>
<b>Excess of Receipts over Payments</b>	<b>34,328.91</b>	<b>(345.85)</b>	<b>33,983.06</b>
<b>Cash at bank and in hand carried forward</b>	<b>34,328.91</b>	<b>(345.85)</b>	<b>33,983.06</b>

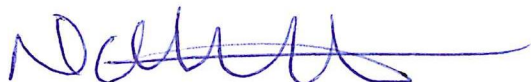
Sunflowers Suicide Support CIO

Statement of Assets and Liabilities  
At 31 March 2019

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	Unrestricted fund £	Restricted fund £	Total funds £
<b>ASSETS</b>			
Cash at bank and in hand	34,328.91	(345.85)	33,983.06
Other monetary assets and grants due	2,500.00	5,278.00	7,778.00
	_____	_____	_____
	36,828.91	4,932.15	41,761.06
	_____	_____	_____
<b>TOTAL ASSETS</b>	36,828.91	4,932.15	41,761.06

The financial statements were approved by the Trustees on <sup>30</sup> September 2019 and were signed on its behalf by:



Mr N M Gardiner-Clark -Trustee