

**LIGHT 4 LIFE
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2019**

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**LIGHT 4 LIFE
COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2019**

Directors	Dr M A Nasir Mariam Shahid
Company Number	5739134 (England and Wales)
Registered Office	14 Belvue Business Centre Belvue Road Northolt Middlesex UB5 5QQ
Accountants	Westlink Associates 21 Broad Mead Luton Beds LU3 1RX

**LIGHT 4 LIFE
DIRECTORS' REPORT
FOR THE YEAR ENDED 31 MARCH 2019**

The directors present their report and accounts for the year ended 31 March 2019.

Directors

The following directors held office during the whole of the period:

Dr M A Nasir
Mariam Shahid

Statement of directors' responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the directors to prepare accounts for each financial year. Under that law, the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Signed on behalf of the board of directors

.....

Dr M A Nasir
Director

Approved by the board on: 13 December 2019

LIGHT 4 LIFE ACCOUNTANTS' REPORT

Accountants' report to the board of directors of Light 4 Life on the preparation of the unaudited statutory accounts for the year ended 31 March 2019

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Light 4 Life for the year ended 31 March 2019 as set out on pages 6 - 7 from the company's accounting records and from information and explanations you have given us.

This report is made solely to the Board of Directors of Light 4 Life, as a body, in accordance with the terms of our engagement. Our work has been undertaken solely to prepare for your approval the accounts of Light 4 Life and state those matters that we have agreed to state to them, as a body, in this report. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Light 4 Life and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Light 4 Life has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and loss of Light 4 Life. You consider that Light 4 Life is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Light 4 Life. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

Westlink Associates

21 Broad Mead
Luton
Beds
LU3 1RX

13 December 2019

**LIGHT 4 LIFE
INCOME STATEMENT
FOR THE YEAR ENDED 31 MARCH 2019**

	2019	2018
	£	£
Turnover	65,660	175,838
Other income	28,561	37,193
Staff cost	(15,300)	(13,800)
Other charges	(83,249)	(189,164)
(Loss)/profit	<u>(4,328)</u>	<u>10,067</u>

LIGHT 4 LIFE
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2019

	2019 £	2018 £
Current assets	10,836	15,664
Creditors: amounts falling due within one year	(21,215)	(21,715)
Net current liabilities	<u>(10,379)</u>	<u>(6,051)</u>
Total assets less current liabilities	<u>(10,379)</u>	<u>(6,051)</u>
Net liabilities	<u><u>(10,379)</u></u>	<u><u>(6,051)</u></u>
Capital and reserves	<u><u>(10,379)</u></u>	<u><u>(6,051)</u></u>

NOTES TO THE ACCOUNTS

1 Average number of employees

During the year the average number of employees was 1 (2018: 1).

For the year ending 31 March 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime.

Approved by the board on 13 December 2019

Dr M A Nasir
 Director

Company Registration No. 5739134

LIGHT 4 LIFE
DETAILED INCOME STATEMENT
FOR THE YEAR ENDED 31 MARCH 2019

This schedule does not form part of the statutory accounts.

	2019	2018
	£	£
Turnover		
Sales	65,660	175,838
Other income		
Other operating income	28,561	37,193
Staff costs		
Wages and salaries	15,300	13,800
Other		
Telephone and fax	655	637
Stationery and printing	700	2,400
Information and publications	-	115
Bank charges	931	1,067
Equipment hire	-	13,000
Sundry expenses	26	78
Accountancy fees	500	500
Consultancy fees	19,991	11,230
Advertising and PR	6,907	3,568
Other direct costs	53,539	156,569
	83,249	189,164