Company registration number: 07588144 Charity registration number: 1146410

Nottingham Central Womens Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2019

Community Accounting Plus 7 Mansfield Road Nottingham NG1 3FB

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Reference and Administrative Details

Trustees Mandy Pride

Tarze Edwards

Sonia Bikhu

Senior Management Team Nicki Wilkinson, Refuge Manager, until 30/9/18

Jane Wawszczak, Refuge Manager, from 1/10/2018

Principal Office 7 Mansfield Road

Nottingham

NG1 3FB

Company Registration Number 07588144

Charity Registration Number 1146410

Independent Examiner John O'Brien, employee of

Community Accounting Plus

7 Mansfield Road Nottingham NG1 3FB

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2019.

Trustees

Mandy Pride

Tarze Edwards

Shazia Khan (resigned 11 June 2018)

Marcia Henry (resigned 12 November 2018)

Sonia Bikhu (appointed 14 May 2018)

Louise Norman (appointed 12 November 2018 and resigned 2 April 2019)

Barbara McDonald (appointed 10 December 2018 and resigned 28 March 2019)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 17 March 2011. It has no share capital and the liability of each member in the event of winding-up is limited to £10.

Recruitment and appointment of trustees

Overall management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the memorandum and articles of association. Trustees are recruited through advertising on the website and through informal interest at publicity events and also through the national volunteering 'Do It' website as well as through personal professional recommendations.

Objectives and activities

Objects and aims

- To promote the protection of women and children who have experienced or are experiencing domestic violence and abuse by such means as are charitable;
- To provide temporary refuge on request for women and children who have experienced or are experiencing domestic violence and abuse of a mental, physical, emotional, psychological or financial nature within an intimate or family type relationship or who have been subject to rape or sexual abuse;
- To promote research and education concerning domestic violence and abuse and the publication of useful results of such research;
- To provide advice, support and practical help to any woman who seeks it whether or not she is a resident of the refuge.

Central Womens Aid will operate usually but not exclusively in the area of Nottingham City.

Public benefit

We provide temporary refuge on request for women and children who have experienced or are experiencing domestic violence and abuse of a mental, physical, emotional, psychological or financial nature within an intimate or family type relationship or who have been subject to rape or sexual abuse.

Trustees' Report

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

This year we have supported 34 women and 44 children in the refuge throughout the period from the 1st of April 2018 to the 31st of March 2019 as well as numerous more over the telephone and through email and social media. We have continued to be involved with the R2C project funded by the MHCLG and supported women with complex needs during the period, this has helped us to maintain close partnerships with the homeless health team and other specialist services to support women in refuge, enhancing our service and continue benefiting service users after the funding has ended.

We continue to receive grant funding through the Communities of Identity Partnership and this has enabled us to provide resettlement support for 28 women moving out of refuge and back into the community. We have received funding from Santander to help provide a weekend support worker and materials for activities and workshops for the women and children helping to improve their mental health, well-being and helping them to improve their skills such as healthy living, cookery, budgeting, recycling and building confidence.

Our Big Lotteries Grant awarded has continued to fund support worker posts and successfully develop the service we can offer to women fleeing domestic abuse by running the Freedom programme within the community on a rolling basis, within the past year we have completed three Freedom programme courses in the community with 40 women attending over the duration, 21 women have completed all of the sessions and been given certificates and support letters where required, several women have been referred to for other support as we continue to build partnerships with other organisation who can give ongoing support within the community.

Funding through BBC Children in Need has enabled us to continue providing much needed children's support within refuge whilst developing the children's resettlement service. The Children's Support worker has been able to provide the children in refuge 280 hours of group activities, over 200 hours of individual support or activities, 96 hours of individual support to children resettling into the community, 16-day trips or recreational activities within the community and over 50 hours of parenting/ family support on either a group or individual basis.

Lloyds Bank foundation have funded our complex needs support worker for three years providing specialist support to survivors of domestic abuse with multiple and complex needs.

We have launched our fantastic new website which was funded and built for us by Esendex who have also provided financial support. Another amazing Christmas campaign saw a huge amount of presents donated for the women and children along with financial donations for the festivities creating an unforgettable holiday period.

We have had an overwhelming amount of support from other organisations, charities and individuals including Tara's Angels, Bridgeway Consulting Ltd and others wishing to remain anonymous who have all truly made an enormous difference.

The Soroptimists have continued to support our work with grants for individual women, welcome packs and resettlement packs for each woman in refuge along with improvements to the physical environment within the refuge. We have continued to receive buddy bags so that the children coming in can all receive a bag with pyjamas and a few age appropriate items to help them settle in and feel welcome. Capital One have been providing practical and financial support including decorating the refuge bathrooms and providing new bedding for the refuge, making the refuge more homely.

Trustees' Report

Financial review

Overall, this year has been a good year, allowing us to continue our project purpose and securing additional funding which has helped us to continue co-ordinating new projects and developmental opportunities for the families who need our service in the coming year.

Policy on reserves

NCWA wish to maintain a reserve amount of 6 months running costs to cover unexpected and unplanned events so that the charity's work can continue.

These might include

- Covering unforeseen day-to-day operational costs, for example: employing temporary staff to cover a long-term sick absence.
- A fall in a source of income, such as reduction or cessation in funding arrangements.
- Planned commitments, or designations, that cannot be met by future income alone, for example plans for a major capital project.
- The need to fund potential deficits in a cash budget, for example money may need to be spent before a funding grant is received.

Nottingham Central Women's Aid aims to have between 15% and 20% of annual expenditure held in unrestricted reserves.

In deciding the level of reserves trustees will take into account NCWA's annual budget.

The management committee may designate reserves for an identified purpose (maternity leave/sickness cover/settlement).

The management committee have determined that the appropriate level of unrestricted reserves to be held is 15-20% of total funds to provide sufficient working capital to cover delays in the spending and receipt of grants and to provide a cushion for unexpected emergencies.

The management committee and manager are responsible for ensuring that the level and use of reserves is monitored. They will

- Compare the amount of reserves held with the target amount or target range set for reserves.
- Explain any action being taken or planned to bring reserves into line with target.
- Include this information in the Accounts and Annual Report.

Principal risks and uncertainties

Lack of income

The refuge not being full to capacity for an extended period of time would have a negative affect on our income. We have a number of different grant funding streams and now have a dedicated funding and communications worker to identify future funding opportunities and diversify our income sources for increased stability.

A downturn in the economy can affect fundraising so we are mindful to diversify our funding streams to mitigate this possibility.

Insurance and fraud

Having inadequate insurance cover in the event of a claim could cause financial detriment and fraud is always a concern in business.

We seek to ensure that the insurance protection is viable annually and we also have in place a robust financial management policy and clear processes which include separation of authorisation levels.

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Nottingham Central Womens Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- · select suitable accounting policies and apply them consistently;
- · observe the methods and principles in the Charities SORP;
- · make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 18 11 19 and signed on its behalf by:

Tarze Edwards

Trustee

Independent Examiner's Report to the trustees of Nottingham Central Womens Aid

Independent examiner's report to the trustees of Nottingham Central Womens Aid ('the Company') I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2019.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus

Fellow of the Association of Charity Independent Examiners

7 Mansfield Road Nottingham NG1 3FB

Date: 78/11/19

Statement of Financial Activities for the Year Ended 31 March 2019 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds	Restricted funds £	Total 2019 £	Total 2018 £
Income and Endowments fr	om:				
Donations and legacies	2	18,125		18,125	14,970
Charitable activities	3	80,794	135,494	216,288	209,530
Other trading activities	4	1,292		1,292	129
Investment income	6	-			87
Total Income		100,211	135,494	235,705	224,716
Expenditure on:				*	
Charitable activities	7	(83,909)	(122,165)	(206,074)	(174,505)
Total Expenditure		(83,909)	(122,165)	(206,074)	(174,505)
Net income		16,302	13,329	29,631	50,211
Net movement in funds		16,302	13,329	29,631	50,211
Reconciliation of funds					
Total funds brought forward		97,649	36,846	134,495	84,284
Total funds carried forward	18	113,951	50,175	164,126	134,495

All of the charity's activities derive from continuing operations during the above two periods. The funds breakdown for the period is shown in note 18.

Statement of Financial Activities for the Year Ended 31 March 2019 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

		Unrestricted funds	Restricted funds	Total 2018
	Note	£	£	£
Income and Endowments from:				
Donations and legacies	2	14,970		14,970
Charitable activities	3	69,522	140,008	209,530
Other trading activities	4	129	<u>-</u>	129
Investment income	6	87		87
Total income		84,708	140,008	224,716
Expenditure on:				
Charitable activities	7	(70,493)	(104,012)	(174,505)
Total expenditure		(70,493)	(104,012)	(174,505)
Net income		14,215	35,996	50,211
Net movement in funds		14,215	35,996	50,211
Reconciliation of funds				
Total funds brought forward		83,434	850	84,284
Total funds carried forward	18	97,649	36,846	134,495

(Registration number: 07588144) Balance Sheet as at 31 March 2019

	Note	2019 £	2018 £
Fixed assets			
Tangible assets	13	3,452	4,451
Current assets			
Debtors	14	3,176	3,093
Cash at bank and in hand	_	160,548	129,049
		163,724	132,142
Creditors: Amounts falling due within one year	15	(3,050)	(2,098)
Net current assets		160,674	130,044
Net assets		164,126	134,495
Funds of the charity:			
Restricted funds		50,175	36,846
Unrestricted income funds			
Unrestricted funds	_	113,951	97,649
Total funds	18	164,126	134,495

For the financial year ending 31 March 2019 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect
 to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 7 to 20 were approved by the trustees, and authorised for issue on 1.3.11.19. and signed on their behalf by:

Mandy Pride Trustee

Notes to the Financial Statements for the Year Ended 31 March 2019

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Nottingham Central Womens Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Notes to the Financial Statements for the Year Ended 31 March 2019

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class

Computer equipment Furniture & equipment

Depreciation method and rate

33.3% on a straight line basis 10.0% on a straight line basis

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Notes to the Financial Statements for the Year Ended 31 March 2019

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds		
Donations and legacies;	General £	Total 2019 £	Total 2018 £
Donations from companies, trusts and similar proceeds	18,125	18,125	14,970
	18,125	18,125	14,970

3 Income from charitable activities

	Unrestricted funds			
	General £	Restricted funds £	Total 2019 £	Total 2018 £
Grants & donations	-	135,494	135,494	140,008
Charity shop sales	1,380	-	1,380	-
Housing benefit & rental income	78,859		78,859	68,846
Laundry & payphone income	398	-	398	112
Sundry income	157	-	157	564
	80,794	135,494	216,288	209,530

4 Income from other trading activities

	Unrestricted funds		
	General	Total 2019	Total 2018
	£	£	£
Fundraising	1,292	1,292	129

Notes to the Financial Statements for the Year Ended 31 March 2019

5 Grants & donations

	Unrestricted funds £	Restricted funds	Total
Big Lottery		54,772	54,772
Lloyds Bank Foundation		24,569	24,569
Children in Need	<u>.</u>	17,569	17,569
Comic Relief	-	15,638	15,638
East Midlands Shared Services	<u>.</u>	8,000	8,000
Nottingham City Council	•	5,500	5,500
Santander Foundation		5,000	5,000
Soroptomists		1,950	1,950
Nottingham Women's Centre		1,496	1,496
People's Health Trust	2	1,000	1,000
J N Derbyshire	1,500	-	1,500
Lord Mayor's Charity	4,519		4,519
Capital One	1,240		1,240
Other local businesses	8,424		8,424
New Appeals	500		500
Sundry grants and donations	1,942		1,942
	18,125	135,494	153,619
6 Investment income			
		Total 2019 €	Total 2018 £
Interest receivable and similar income;			-
Interest receivable on bank deposits			87

Notes to the Financial Statements for the Year Ended 31 March 2019

7 Expenditure on charitable activities

	Unrestricted funds			
	General £	Restricted funds £	Total 2019 £	Total 2018 £
Activities & workshops	-	3,530	3,530	3,557
Advertising & marketing	20		20	168
Cleaning	1,721	_	1,721	1,284
Charity shop set up costs	95	_	95	1,978
Depreciation	999	<u> </u>	999	999
Equipment purchases	3,940	19	3,959	2,233
Fundraising costs	1,201		1,201	268
Governance, supervision & recruitment	858	70		
Refreshments, gifts & hospitality	232	188	928	1,664
Health & safety	50	100	420	272
Insurance	3,259	8	50	780
Legal & professional	9,900		3,267	3,248
Office expenses	943	2,650	12,550	14,757
Payroll service	1,153	₩.	943	479
Publications & subscriptions	383	-	1,153 383	1,064
Rent, rates & room hire	8,627	926		442
Repairs & maintenance	3,464		9,553	9,600
Residents food & emergencies	408	5,081	8,545	4,729
Sundry expenditure	172	1,898	2,306	543
Telephone, internet & postage	3,804	- - 670	172	351
Training	437	5,672	9,476	4,293
Travel, meetings & refreshments	624	4,393 249	4,830	2,221
Utilities		249	873	1,164
Volunteer expenses	11,117	•	11,117	9,407
Wages, NI & pensions	30,502	97,481	127,983	208 108,796
	83,909	122,165	206,074	174,505
8 Net incoming/outgoing resources				
Net incoming resources for the year in				
g	oude.		2019 £	2018

	2019	2018
	£	£
Depreciation of fixed assets	999	999

Notes to the Financial Statements for the Year Ended 31 March 2019

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

10 Staff costs

The aggregate payroll costs were as follows:

	2019 £	2018 £
Staff costs during the year were:		
Wages and salaries	118,976	101,813
Social security costs	3,196	2,246
Pension costs	5,811	4,737
	127,983	108,796

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2019 No	2018 No
Average number of employees	9	7

7 (2018 - 6) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £5,811 (2018 - £4,737).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £20,816 (2018 - £18,825).

11 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2019 £	2018 £
Independent examination Other financial services	700	625
	1,799	1,588
	2,499	2,213

Notes to the Financial Statements for the Year Ended 31 March 2019

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Tangible fixed assets

8			
	Furniture and equipment £	Computer equipment £	Total £
Cost			
At 1 April 2018	8,292	530	8,822
At 31 March 2019	8,292	530	8,822
Depreciation			
At 1 April 2018	3,841	530	4,371
Charge for the year	999	-	999
At 31 March 2019	4,840	530	5,370
Net book value			
At 31 March 2019	3,452	<u> </u>	3,452
At 31 March 2018	4,451		4,451
14 Debtors			
		2019	2018
Prepayments		£ 3,176	£ 3,093
15 Creditors: amounts falling due within one year			
		2019	2018
		£	£
Other taxation and social security		1,835	836
Other creditors	-	1,215	1,262
		3,050	2,098

16 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

Notes to the Financial Statements for the Year Ended 31 March 2019

17 Commitments

Capital commitments

At 31 March 2017 the charity had non-cancellable commitments under an operating lease for the premises which expires in 2036.

The total amount contracted for but not provided in the financial statements was £144,500 (2018 - £153,500).

18 Funds

	Balance at 1 April 2018	Incoming resources	Resources expended £	Balance at 31 March 2019 £
Unrestricted funds				
General				
General fund	97,649	100,211	(83,909)	113,951
Restricted funds				
Weekend workshops (People's				
Health Trust)		1,000	(1,000)	_
Salaries (Children in Need)		17,569	(17,569)	_
Salaries & materials (Santander)	-	5,000	(5,000)	
Salaries (Lloyds)	_	24,569	(394)	24,175
R2C Complex needs (NCC)	1,546	13,500	(19,303)	(4,257)
Nottingham Women's Centre	_	1,496	(1,496)	(4,237)
Big Lottery	16,201	54,772	(43,344)	27,629
Big Lottery - building capabilities	9,044	- 1,7,72	(9,044)	21,029
Comic Relief	4,045	15,638	(17,055)	2,628
Women's Aid Integrated Services	981	-	(981)	2,020
Soroptomists	5,029	1,950	(6,979)	-
Total restricted funds	36,846	135,494	(122,165)	50,175
Total funds	134,495	235,705	(206,074)	164,126

Notes to the Financial Statements for the Year Ended 31 March 2019

Unrestricted funds

	Balance at 1 April 2017 £	Incoming resources	Resources expended £	Balance at 31 March 2018
Unrestricted funds				
General				
General fund	83,434	84,708	(70,493)	97,649
Restricted funds				
Weekend workshops (People's				
Health Trust)		19,000	(19,000)	_
Salaries (Children in Need)	-	15,529	(15,529)	
Equipment (Nottingham Healthcare)	280		(280)	
R2C Complex needs (NCC)		24,000	(22,454)	1,546
Nottingham Women's Centre		1,496	(1,496)	1,340
Jesse Spencer	570	-	(570)	
Big Lottery	-	42,519	(26,318)	16,201
Big Lottery - building capabilities		15,000	(5,956)	9,044
Comic Relief	_	15,715	(11,670)	4,045
Women's Aid Integrated Services	-	1,000	(19)	981
Soroptomists	-	5,749	(720)	5,029
Total restricted funds	850	140,008	(104,012)	36,846
Total funds	84,284	224,716	(174,505)	134,495

Notes to the Financial Statements for the Year Ended 31 March 2019

The specific purposes for which the funds are to be applied are as follows:

The funding received from the Big Lottery was for 2 Support Worker salaries, the Freedom Programme facilitator's salary and funding for 20 hours of the Out of Hours salaries;

The Big Lottery (Building capabilities) was to increase the capacity of the whole organisation, enhancing overall service delivery which included training, team building and strategy;

The Comic Relief grant is for the Communication and Fundraising worker's salary;

The funding from the People's Health Trust was for the provision of weekend workshops at 6 hours per weekend;

The Lloyds Bank foundation funding was for the salary of the Complex needs support worker;

Funding from WAIS was for Out of Hours Worker activity costs;

The Soroptimists funding was for maintenance and improvements to the refuge accomodation;

The funding from R2C, Nottingham City Council was part of the "Response to Complexity" funding. This mainly covered salary costs to provide the complex needs support;

The Children in Need funding was for the salary of the Children's Support Worker;

The funding received from the Women's Centre was awarded through the Communities of Identity partnership part of the gender and sexual orientation partnership; to provide resettlement support, build confidence and self esteem to women accessing our service and moving on to live back in the community;

And the funding from Santander was for the salary of a part time weekend support worker and materials.

19 Analysis of net assets between funds

	Unrestricted funds		
	General £	Restricted funds £	2019 Total funds £
Tangible fixed assets	3,452	-	3,452
Current liabilities	113,549 (3,050)	50,175	163,724 (3,050)
Total net assets	113,951	50,175	164,126

Notes to the Financial Statements for the Year Ended 31 March 2019

	Unrestricted funds		
	General £	Restricted funds £	2018 Total funds £
Tangible fixed assets	4,451	-	4,451
Current liabilities	94,330 (1,132)	37,812 (966)	132,142 (2,098)
Total net assets	97,649	36,846	134,495

20 Related party transactions

There were no related party transactions in the year.