

**LIVERNORTH Charity
Annual Report 2019**

1. **The financial year to which this report relates:** Start: 1st April 2018 End: 31st March 2019
2. **Brief summary of the main activities and achievements of the charity during the year in relation to the charity's objects:**
 - a) Offering support, advice and information to all those who suffer from liver disease.
 - 1] Free support newsletter 'LIVERNEWS'. 2500 copies were distributed quarterly at a cost to the charity of £11498.87 (this year, as in 2017/18 several research questionnaires were also distributed at the same time and in the same cover as the newsletter). A PDF copy of each newsletter was placed on the LIVERNORTH website and the same copy is sent electronically to 250 members.
 - 2] Meetings of the main group approximately every six weeks at the Freeman Hospital. Each meeting was addressed by a qualified speaker who talked about some aspect of liver disease.

2018	May	Quality of Life in Autoimmune Hepatitis
	June	Effects of the Media on Transplantation
	July	Alcohol Related Liver Disease
	Sept	Human Factors in Surgical Crisis
	Oct	Research Update
2019	Mar	PBC & The Yellow Card Scheme (2 Speakers)
 - 3] Operation of the telephone helpline continued. The helpline coordinator is Revd. Nigel Goodfellow M.A., (a governor of the charity).
 - 4] The charity currently has eleven notice boards/leaflet dispensers: In three wards (7, 16 & 38) and three in the outpatients' clinics (B, D & Phlebotomy) at the Freeman Hospital, Newcastle upon Tyne. One board is located at the RVI, Newcastle upon Tyne, One board has been maintained at James Cook Hospital, Teeside (ward 8), a leaflet dispenser is located at the Cresta Clinic and a two boards with leaflet dispenser are located in the Queen Elizabeth Hospital, Gateshead (one in main OP and one on Ward 11). All information leaflets provided free of charge to patients - approximately 25,000 were distributed during the period. The group now published 19 leaflets covering a wide variety of information for liver patients, carers and family members.
 - 5] The group newsletter 'LIVERNEWS' was available to read online and all advice leaflets were made available to download online via the website.
 - 6] All publications have been made available to read online without downloading via the ISSUU online publishing service.
 - 7] Patient & carer accommodation has been provided within Beechwood House in the grounds of the Freeman Hospital. This has been in use almost every day.
 - 8] One governor (a barrister) has continued to give free consultations to members with respect to disability allowances and other legal matters of relevance to liver patients.
 - 9] The group has continued to distribute copies of a DVD describing the disease PBC (Primary Biliary Cholangitis) both in the UK and abroad (a USA versions has been produced).
 - 10] The contents of the PBC DVD above and several of the lectures given to the group have been made available to watch via YouTube.
 - 11] 5,000+ 'drop cards' were distributed during the period.
 - b) Offering support, advice and information to all formal and informal carers of liver disease sufferers.
 - 1] Carers attend group meetings at the Freeman Hospital often with their charges.
 - 2] The accommodation mentioned in item 2 a) 7] above is used by carers more frequently than by patients.
 - 3] Many of the calls to the helpline are from carers.
 - 4] Carers are supplied with free information leaflets on request and avail themselves of the information displayed on the notice board in the Freeman Hospital Ward 7 day room, Ward 16, the clinics and elsewhere. The website has several leaflets on liver diseases to download free of charge. Carers are encouraged to give patients a drop card as a pathway to further support.
 - 5] An educational grant of £9,880.50 was made during the period.

- c) Assisting in the funding of research into the causes of, treatments for, and prevention of all forms of liver disease.
 - 1] Donations totalling £ 15,478.00 were made to research projects during the period.
 - 2] The charity was officially designated an 'NIHR non-commercial partner'
- e) Assisting with the provision of amenities, equipment and funding for the care of liver patients, their carers and families providing that such provision shall be for the general benefit of a liver patient or liver patients.
 - 1] Christmas gifts to the value of £428.72 were distributed to inpatients on 24th Dec 2018.
 - 2] No medical equipment was purchased during the period.
- f) Advancing the public awareness of liver disease, the treatment of liver disease and the prevention of liver disease.
 - 1] Several articles and interview initiated by the charity regarding liver transplants, alcoholism and organ donation initiatives were published/broadcast by the media.
 - 2] Talks were given to several community groups, schools and clubs (Rotary, W.I., Lions Clubs, Church groups etc).
 - 3] The Charity website www.livernorth.org.uk continues to receive several thousand hits each year with information leaflets, the newsletter (LIVErNEWS) available for download.
 - 4] One member of the group has given many talks on organ donation to various groups and has distributed approximately 200 organ donor register forms.
 - 5] The charity makes full use of social media and regularly issues tweets using twitter and posts using facebook with the hashtag #livernorth and @livernorth.

3. **The name of the charity as it appears on the register:** LIVERNORTH

4. **The number assigned to the charity in the register:** 1087226

5. **The principal address of the charity:** FREEPOST PLUS RTHL - UHKL - JKCR
LIVErNORTH DH9 OBR

6. **The document which regulates the purposes and administration of the charity:**

- a) The objects of the charity dated 30 May 2001 regulates the purposes of the charity.
- b) The constitution of the charity adopted on 18th October 2000 as amended on 30 May 2001 and accepted by the members at the annual general meeting of 4th July 2001 regulates the administration of the charity.

7. **Description of the objects of the charity:**

The relief of persons suffering from liver disease and those persons caring for sufferers, in particular but not exclusively, by;

- a) Offering support, advice and information to all those who suffer from liver disease.
- b) Offering support, advice and information to all formal and informal carers of liver disease sufferers.
- c) Assisting in the funding of research into the causes of, treatments for, and prevention of all forms of liver disease.
- e) Assisting with the provision of amenities, equipment and funding for the care of liver patients, their carers and families providing that such provision shall be for the general benefit of a liver patient or liver patients.
- f) Advancing the public awareness of liver disease, the treatment of liver disease and the prevention of liver disease.

8. **The name and address of the charity's bankers are:**

National Westminster Bank PLC
2 Tavern Street
Ipswich
Suffolk IP1 3BD

9. **The name and address of the charity's independent examiner is:**

Mrs. Julie Elizabeth Diamond ACA BSc
39 Nenthead Close
Great Lumley
Chester le Street
County Durham
DH3 4SP

10. **The names of any person or body of persons entitled by the trusts of the charity to appoint one or more charity trustees and the method provided for such appointments:**

The trustees are the only body entitled to appoint new charity trustees. A candidate is proposed by a trustee and the appointment is approved subject to a majority vote in favour.

11. **The trustees of the charity on the date when this report was signed were:**

John Edward Bedlington	Joan Bedlington	Alf Bennett
Mr. Jeremy French	Rev. Nigel Goodfellow	Marian Godwin-Clifford
Yvonne Gray	Fiona Hale	Sarah Murphy
Siân O'Dea	Peggy Oliver	Alan Rochelle
Linda Turnbull		

12. **The charity has the following relationships with related parties:**

- a) A working relationship with the Freeman Hospital and has ex-gratia use of some facilities (meeting rooms, lecture theatres, seminar rooms, parking and access permits).
- b) The charity actively pursues liaison with many community health care groups and health care information sources, all of which have the charity listed as a resource. The charity is also listed on several community care web sites.
- c) The charity has a medical advisory council to assist in assessing the merit of appeals received from the medical community. All members of the medical advisory council with two exceptions are liver disease specialists (clinicians & surgeons) from the region. The exceptions are one scientist from the University of Newcastle and one governor of the charity. Recommendations from the medical advisory council are considered by the management committee (governors) before any decision is made to give financial support to appeals of this nature.
- d) Members and Governors of the charity represent the views of liver patients, their carers and relatives on various forums and networks both social and professional.

13. **This report has been dated and signed by:**

the chairman of the management committee (governors of the charity), who has been authorised to do so by said management committee.

Signature 

Date 16 December 2019

John Edward Bedlington, Chairman

LIVErNORTH Charities Account for year ended 31/3/2019			
INCOME		EXPENDITURE	
Donations - Charity Draw	£774.50	Telephone Charges	£584.07
Autumn Fair	£2,947.04	Christmas Gifts - inpatients	£428.72
Charity Draw	£3,050.00	Computer Related Expenses	£1,052.83
Coffee Events	£0.00	Costco Card	£60.00
Collecting Cans	£10.00	Charity Daw	£869.60
Donations - Autumn Fair	£1,133.00	Education	£9,880.50
Donations - My Donate	£460.00	Equipment	£46.00
Donations - Flat	£652.50	Fair	£193.25
Donations - General	£9,780.09	Flat	£231.44
Donations - DVD	£30.00	Great North Run	£2,256.10
Costco	£16.80	Internet	£0.00
Gift Aid	£2,745.51	Insurance	£237.64
Great North Run	£10,504.93	Leaflets	£1,001.95
Bequests	£1,000.00	Lotteries Registration	£20.00
In Memoriam	£4,788.08	Newsletter	£11,498.87
Numbers Club	£718.00	Numbers Club	£4,500.00
Pens, Badges & Key Fobs	£165.00	Pens, Badges & Fobs etc	£74.45
Postage	£35.00	Postage	£872.55
Repaid Cheques	£0.00	Research Grants	£15,478.35
Account Transfer	£12,048.90	Stationery	£159.81
Sponsorship	£2,036.08	Travel/Conferences	£999.00
		PBC DVD Copies	£0.00
		Account Transfer	£474.00
		Returned Unpaid Chqs	£0.00
		My Donate	£101.12
Total Credits	£52,895.43	Total Debits	£51,020.25
Balance B/Fwd	£26,711.56	Balance C/Fwd	£28,586.74
	£79,606.99		£79,606.99

LIVErNORTH General Account for year ended 31/3/2019			
INCOME		EXPENDITURE	
Christmas Dinner	£732.00	Christmas Dinner	£960.12
Christmas Dinner Tombola	£222.60	Christmas Dinner Tombola	£230.96
Donations	£0.00	Gifts	£121.46
Raffles	£110.00	Refreshments	£20.99
Refreshments	£83.68	Misc 1	£630.00
Xfr	£600.00		
Total Credits	£1,748.28	Total Debits	£1,963.53
Balance B/Fwd	£858.01	Balance C/Fwd	£642.76
	£2,606.29		£2,606.29
LIVErNORTH Capital Reserve Account for year ended 31/3/2019			
INCOME		EXPENDITURE	
Interest	£87.91		
Account Transfer	£90,000.00		
Total Credits	£90,087.91	Total Debits	£0.00
Balance B/Fwd	£59,146.08	Balance C/Fwd	£149,233.99
	£149,233.99		£149,233.99
LIVErNORTH Clubs and Societies Reserve Account for year ended 31/3/2019			
INCOME		EXPENDITURE	
Donations	£36.00	Account Transfer	£90,000.00
Numbers Club Payments	£8,135.00		
Interest	£98.93		
Total Credits	£8,269.93	Total Debits	£90,000.00
Balance B/Fwd	£85,721.37	Balance C/Fwd	£3,991.30
	£93,991.30		£93,991.30
RAVI KULKARNI SRF Account for year ended 31/3/2019			
INCOME		EXPENDITURE	
Transfer	£450.00	xferred to Charities Account	£12,024.90
Total Credits	£450.00	Total Debits	£12,024.90
Balance B/Fwd	£11,574.90	Balance C/Fwd	£0.00
	£12,024.90		£12,024.90

LIVErNORTH Accounts Balance Sheet for year ended 31/3/2019			
CHARITIES ACCOUNT			
Balance B/Fwd	£26,711.56		
Total Credits	£52,895.43	NatWest Bank Statement to 31/3/2019	£28,586.74
Total Debits	£51,020.25	Cheques not yet presented:	£0.00
Balance	£28,586.74	Balance	£28,586.74
GENERAL ACCOUNT			
Balance B/Fwd	£858.01		
Total Credits	£1,748.28	NatWest Bank Statement to 31/3/2019	£642.76
Total Debits	£1,963.53	Cheques not yet presented:	£0.00
Balance	£642.76	Balance	£642.76
CAPITAL RESERVE ACCOUNT			
Balance B/Fwd	£59,146.08	NatWest Bank Statement to 31/3/2019	£149,233.99
Total Credits	£90,087.91	Transactions not yet posted to account	£0.00
Total Debits	£0.00		
Balance	£149,233.99	Balance	£149,233.99
CLUBS AND SOCIETIES RESERVE ACCOUNT			
Balance B/Fwd	£85,721.37	NatWest Bank Statement to 31/3/2019	£3,991.30
Total Credits	£8,269.93	Transactions not yet posted to account	£0.00
Total Debits	£90,000.00		
Balance	£3,991.30	Balance	£3,991.30
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Examined and found to be correct in accordance with the documents and explanations provided to me			
		J E Diamond ACA BSc	_____ 2019

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