



SurvivorsUK Ltd

Annual report and financial statements

Year ended 31 March 2019

Company no 03792760

Charity no 1077484

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Legal and administrative information

Charity name	SurvivorsUK
Previous operating names	Survivors U.K. and Survivors (UK) Limited
Charity registration no	1077484 (England and Wales)
Company registration no	03792760
Registered office	11 Sovereign Close London, E1W 3HW
Trustees	<div><div>Daniel Mark Carr (Chair) Sara Brennan Mark Brown Dr James Brock Chisholm Emily McFadden Dr Clare Meraz Matthew Tennant</div><div><i>appointed 15th May 2018</i> <i>appointed 11th September 2018</i> <i>resigned 6th November 2018</i></div></div>
Chief Executive/ Director	Andy Connolly
Independent Examiner	Haines Watts 4 Claridge Court Lower Kings Road Berkhamsted Hertfordshire, HP4 2AF
Accountants	Andy Nash Accounting & Consultancy Ltd The Maltings East Tyndall Street Cardiff, CF24 5EA
Principal bankers	Unity Trust Bank Nine Brindleyplace Birmingham, B1 2HB

A letter from our Chair

2018/2019 was an exciting year of change and growth which saw us begin to lay the foundations for our 5 year plan (launched in the latter half of 2019) and introduce and expand several of our services. Alongside this, we also welcomed many new staff members giving us a fresh opportunity to support even more men and boys who have suffered from sexual violence.

At its core, our organisation offers services designed to support our beneficiaries in crucial ways that are not delivered holistically elsewhere. We continually monitor and develop these services in order to assess and meet the needs of our beneficiaries, and do not fear adaptation, innovation or change. Indeed, this year alone has seen us transition to a staffed counselling model; ensuring staff can be more responsive to client needs and giving enhanced flexibility in our service provision. We have also been able to expand our group work services, partner with the Westminster Homelessness project and launch a get-together project to provide our clients with a regular opportunity to be in a safe space, in the company of others with shared experiences.

Despite a huge increase in media presence, our beneficiaries' needs and the wider context of abuse and power are not always acknowledged or understood by statutory services, and the general public does not consistently acknowledge their existence. We boldly challenge this invisibility, to raise awareness and ensure better service provision and support in the future. Our recruitment of an Engagement and Outreach officer demonstrates this commitment and our powerful 'We See You' campaign has set us on the right course to continue raising awareness and fundraising throughout 2019 and beyond.

Since the year end we have also said goodbye to Andy Connolly after 4 and a half years with the organisation. Andy was the interim CEO/Director of SurvivorsUK for 2 and a half of those years and the charity made great progress under his leadership. We look forward to

welcoming our new CEO - Alex Feis-Bryce - who joins us from Rights Info (and has experience in this sector) on December 2nd 2019.

During 2018/2019 we worked hard to take the Charity to a new level, and the difference we are making for men and boys who find themselves in the most challenging situation is profound. I am so proud of our achievements and would like to thank our staff, our volunteers, donors and my fellow Trustees for their continued support. Their tireless efforts and unwavering commitment and enthusiasm provides the platform that enables us to continue with our much needed work.

Faced with unprecedented demand, and to continue reaching as many people as possible, in the coming years we are set to experience another period of exciting growth. Our plans include the creation of podcasts, the introduction of drop-in services and workshops and an organisational brand refresh in refurbished offices. We will also continue to modernise our existing services to be more flexible and better suited to our beneficiaries' needs. Our ultimate aim is to provide a unified pyramid of services, meaning that the needs of everyone - our existing beneficiaries and those we have yet to reach - can be met with a tailored package of support without sacrificing the provision of quality, longer-term support that is our benchmark.

This is an exciting time in the charity's history and I hope you enjoy reading about our achievements in the past financial year.

Daniel Mark Carr

Daniel Mark Carr

Chair of the Board of Trustees

Trustees' annual report

The Board of Trustees, who are also Directors of the Charity for the purposes of the Companies Act, and Trustees for charity law purposes, submit their annual report and the financial statements of SurvivorsUK for the year ended 31 March 2019. The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Aims and Objectives

Purpose and Aims

SurvivorsUK's objective is to provide practical and emotional support to men and boys who have experienced sexual violence, and to promote any charitable purpose for the benefit of those men and boys and their friends, families and loved ones. We also work to raise awareness of the extent of sexual violence against men and boys – to encourage them to seek the help and support they want and to improve professional practice of those who work with them, such as the police, health and social care professionals.

SurvivorsUK was established in 1986 and incorporated as a registered charity in June 1999. Today, the charity is the only specialist service in London to help men and boys deal with the impact of rape, sexual abuse or sexual assault, whether as children or adults. Nationally, we provide help and support through our website, telephone and online counselling and helpline services. Additionally, in London we provide face to face counselling, groupwork, Independent Sexual Violence Advisors (ISVA), outreach and engagement services and clinics for legal advice and sexual health.

Our aim is to help any man or boy over the age of 13 who has experienced sexual violence feel empowered to speak about what has happened to them and to be able to access support, should they want it. When they do, we want to ensure they have access to the kinds of support that they

want, so they can deal with the devastating impact that sexual violence can have on all aspects of life.

Delivering Public Benefit

SurvivorsUK's objectives and activities fully reflect the purposes that the charity was set up to further. There is an inherent public benefit in raising public awareness of the extent of sexual violence against men and boys so that more feel confident to talk about their experiences, seek help, and access appropriate support.

The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and activities, and when planning activities.

Context

Since 2014 Operation Hydrant (the national policing response to non-recent child sexual abuse investigations concerning persons of public prominence, or in relation to those offences which took place within institutional settings) has 8820 victims on its register. Of these, 6156 identify as male and 19 are of unknown sex.

Yet there remains an overwhelming number of unreported and unrecorded cases. A report, *Silent Suffering, Supporting Male Survivors of Sexual Assault*, which launched in November 2015, cited our research on the percentage of men who report their experiences of rape and sexual assault to the police (3.9%). This report shows that in the period 2010-2014, there were 26,483 recorded incidents of men being victims of sexual assault or rape. When taking into account that just 3.9% of men will report the crime to the police, the estimate of actual sexual assaults and rapes against men across the UK is 679,051 incidences from 2010-2014.

The report also highlights a number of barriers to men reporting their experiences in a society where rape, sexual assault and sexual abuse remain taboo. Shame, guilt, isolation, fear of ridicule and not being believed are common barriers that prevent men and boys telling someone and seeking help. Further barriers include societal attitudes towards masculinity (for example, the assumption that men are 'strong' and should be able to fight so they could have fought off the attacker).

Clients have told us about their experiences seeking help from non-specialist organisations. Some report being turned away because their gender identity doesn't fit with the organisation's definitions or target groups. Others have

been asked inappropriate questions or were treated as offenders rather than victims. We aim to highlight the need for greater awareness of how to respond to male victims and survivors among professionals, and for improved responses so that those seeking help have a better experience.

Of the people we help directly, the majority report that they were abused as children. Many present with complex, multiple and acute needs who are experiencing hardship or significant ill-health. The majority of our face to face service users are unwaged, on benefits or receiving a state pension.

The impact of rape and sexual abuse is enormous and can affect all aspects of people's lives. Key issues that people present with include relationship difficulties, self-esteem issues, Post Traumatic Stress Disorder, sexual health problems, severe anxiety, depression, suicide attempts and suicidal thoughts, drug or alcohol problems, anger management issues or declared a mental health diagnosis.

Our service users

What do we mean by sexual violence?

We use the phrase 'sexual violence' to recognise that violence can take many forms, not just physical, and to include any unwanted or non-consensual act performed against a man or boy at any time in his life.

What do we mean by male?

SurvivorsUK was established as a service for male victims and survivors to cater for people not provided for by other services. We are an inclusive service and welcome anyone who identifies as male, trans, non-binary, has identified as male in the past, or anyone who feels that we are the right fit for them.

Additionally we encourage those affected by male sexual violence, such as friends, family or loved ones, to contact our helplines if they themselves need emotional help or are worried about someone they know.

Achievements and Performance

Online

Website

SurvivorsUK's website, which launched in 2015, is for many service users the first step in looking for help and support.

This year we continued to develop the website and make improvements, resulting in a website that is more engaging and easier to navigate. We did this by changing the design and content to target multiple audiences, including clients, friends and family, donors, fundraisers, supporters, campaigners and professionals.

Changes in web traffic during the year:

	2017 – 2018	2018 – 2019	% change
Unique visitors	198,636	236,060	+19%
No. of visits	229,234	337,204	+47%
Page views	363,736	521,309	+43%
Page per session	1.59	1.59	-

Page views:

	2017 – 2018	2018 – 2019	% change
Services			
Online Helpline	4,553	8,111	+78%
Individual counselling	5,667	5,062	-11%
ISVA	4,661	4,656	0%

	2017 – 2018	2018 – 2019	% change
Questions			
Common questions	9,510	8,685	-9%
Male sexual abuse and the law	14,652	16,532	13%
Grooming	9,559	15,381	61%

Social media:

	2017 – 2018	2018 – 2019	% change
Twitter	6108	7248	+19%
Facebook	3722	4950	+33%
Instagram	N/A*	1043	N/A

* No data is available for this period.

In 2018-19, the number of page views and page per session decreased despite the increase in unique visitors and number of visits. This is mainly due to a website and Google AdWords clean-up that included the removal of duplicate tracking codes on the platform, which were causing inaccurate analytics reporting, and of negative or unrelated keywords on the Google advertising platform, which were driving non-quality traffic to the website. At the same time, the enhanced design makes the website more user friendly and easier to navigate. Visitors now spend +18.70% more time on it compared to the previous year.

In 2018-19, there were 5,047 searches of the national online database of providers of services for men who've experienced rape and sexual violence. This was a 41% decrease compared to the previous year. These searches were carried out by 4,211 people, an increase of 43% compared to the previous year.

Help pages continue to be the most visited pages with the highest number of unique visitors, with the exception of the new #WeSeeYou awareness campaign page, which is currently the third most visited page on the website with

39,971 page views (after the Homepage and Web Chat page).

This increase in numbers is due to:

- higher levels of engagement on social media;
- more fundraising awareness, on social media, especially Facebook;
- the #GivingTuesday campaign;
- our 26 hour challenge campaign; and,
- paid advertising on Facebook and Google Ads (both for #WeSeeYou and for our general brand).

In summary, there has been more traffic to the website due to online marketing including social media marketing and better SEO optimization.

Helpline services - 'Talk to us'

SurvivorsUK provides a range of emotional support & helpline services which are open everyday (except bank holidays). These services include webchat, telephone, SMS messaging, email and WhatsApp, so that service users can talk to us in a way that feels safe to them.

During 2018-19 demand increased significantly. Overall, 2,569 people contacted us. The majority (1,203) arrived via our webchat services, 701 through WhatsApp, 295 by SMS/Text, 180 by phone, 179 by email. Nine people contacted us directly via Social Media and two people sent requests for help through the post.

Counselling and services

Face-to-face counselling

During 2018-19, we provided a range of counselling services from our centre near Shadwell, E1. Demand for counselling services continues to outstrip availability. During the year, our waiting list fluctuated between 140-200 men at any one time. We have changed our system of engagement to ensure that after referral people are offered an initial assessment within 4-8 weeks. The initial assessment gives us an opportunity to welcome the client, assess risk and signpost as necessary to crisis services and statutory provision, encourage the client to attend the get-together meetings and provide written information and links. The waiting time from initial assessment to being allocated a counsellor is 6-9 months.

During the course of the year, we received referrals for face-to-face counselling. Of this, 131 new clients were assessed, offered and attended counselling. Overall, our counselling service booked 1,821 counselling and assessment sessions.

Telephone Counselling

In 2015, we set up telephone counselling in direct response to the sporadic availability of specialist counselling for men across the UK and the difficulties therefore for people to attend regular counselling sessions. In 2018-19, 40 men accessed telephone counselling. During the year 197 telephone counselling sessions were delivered.

Counselling +

We have increasingly been aware that the sessional counsellor model did not allow for a flexibility of approach which is required by many of our clients in order for them to access the service. In this last year we have moved entirely to a staff counsellor model. This allows staff to be able to be more responsive to client needs in terms of contact outside session times, contact with other professionals in order to provide a wraparound service, flexibility of appointment times to allow for child care and work commitments and for the reality of many of our clients' lifestyles. Many of our clients have complex needs and accessing a traditionally delivered counselling service would be too challenging. We have expanded the reach in terms of who is now able to access the service as well as increasing the number of counsellor hours available.

Groupwork

Our pilot groupwork service started in January 2017 and in 2018/2019 we delivered 60 groupwork sessions. We have gained significant insights into the barriers for men accessing services as well as establishing best practice for groupwork with male survivors. These insights are being used to inform this growing project. Many men spoke of the importance of being able to speak to other male survivors in a safe space and we have seen this peer support last long after group has ended both informally and through the established monthly ongoing groups which are open to anyone who has completed the groupwork programme.

In November 2018 we successfully gained funding to expand and develop our groupwork programme. The expanded programme was launched in April 2019 and builds on the work of the pilot programme.

Partnership work with Westminster Homelessness Projects:

In June 2018 we created a new partnership link with Westminster Homelessness Projects. The holistic trauma outreach programme provides the following service:

- 1:1 therapeutic outreach support to survivors in the context of homelessness;

- A rolling programme of trauma clinics to staff working with homeless communities in the Borough;
- A rolling programme of training to support staff working with homeless communities; and,
- Reflective practice sessions to staff to promote a trauma informed response to their work.

This project provides holistic trauma informed therapeutic support to clients who present with highly complex needs including extreme emotional volatility, multiple and complex psychiatric diagnoses such as personality disorders and schizophrenia, chaotic and multiple drug and alcohol use, criminal justice concerns etc. None of the clients seen through this project would be able to access traditionally delivered counselling services.

Get-together Project:

In December 2018 we launched our Get-together Project to provide our clients with a regular opportunity to be in a safe space, in the company of others with shared experiences. We wanted to give people the option for a face-to-face support that is less structured than individual or group counselling, with the aims of:

- complementing existing interventions;
- helping with the social isolation reported by many clients; and,
- offering support to those who are waiting for other interventions, or 'graduated' from individual/group counselling.

In this time period, four Get-togethers were held. These were 2-hour sessions in external venues, held on Saturday or Sunday afternoons, and open to all waiting, and current, counselling or groupwork clients. An average of 14 people have attended each session. Feedback forms used to capture people's experiences of each session show that most attendees report a reduction in feelings of isolation and anxiety as a result of coming along. These events are now being held on a monthly basis.

Independent Sexual Violence Advisor Service (ISVA)

The ISVA service helps men who are considering bringing a criminal case to court, or who are already in the criminal justice system and need independent help to navigate through what can be a complex, lengthy and traumatic process.

As a result of changes in London Metropolitan Police, self-referrals overtook police as the main source of referrals. Our ISVA service received 69 self referrals and 43 police referrals. Thanks due to increased outreach work and partnerships with the London Survivors Gateway and

Galop, our referrals for third party organisations was its highest ever at 50.

During the year we supported 260 men.

Overall, 3,951 'contacts' were made with clients such as face to face meetings, phone calls, texts and emails. The level of support we provide to each client varies depending on their need and their engagement with the criminal justice system.

Clinic 26

Clinic26, our partnership with Bart's Health that provides sexual health tests and emotional support services for men who've been raped, sexually abused or assaulted, continued. Thirteen men booked into the clinic over the year.

Civil Law Clinic

Our Civil Law Clinic, run in partnership with Bolt Burdon Kemp, ran until September 2018. Eight men booked into the clinic during this period.

Financial Review

During the current financial year the Charity achieved a surplus of £57,947 (2018: surplus of £108,112), increasing total reserves at year end to £321,253 (2018: £263,306).

Of the reserves held at year end, £3,361 (2018: £15,250) related to restricted funds and £317,892 (2018: £248,056) related to unrestricted funds.

Principal Funding Sources

The main funding sources during the year were:

- Ministry of Justice
- Home Office
- Mayor's Office for Policing and Crime (MOPAC)
- City Bridge Trust
- Comic Relief
- Henry Smith Charity
- Westminster City Council

Reserves Policy

The Trustees have considered Charity Commission guidance on reserves and currently have a policy of holding £100,000 as a general reserve. During the next year the Trustees will be reviewing the current reserve policy and intend to move to a model based on current liabilities and commitments.

The year-end unrestricted reserve was £317,892 which is equivalent to seven months' expenditure. These funds have been set aside in recognition of the risks inherent in receiving annual grants and the need to plan for the eventuality of multi-year grants coming to an end in 2019-20 and beyond.

Structure, Governance and Management

Governing Document

Survivors (UK) is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

SurvivorsUK is a registered charity constituted as a Limited Company under its Memorandum and Articles of Association. The charity registration number is 1077484 (England and Wales) and the company registration number is 03792760 (England and Wales).

Recruitment and Appointment of Trustees

As set out in the Articles of Association, the Chair of Trustees is nominated at the Annual General Meeting

The Trustees are also the directors of Survivors (UK) for the purpose of company law. Survivors (UK) articles of association require a minimum of three trustees. Directors meet every two months, with a quorum of three trustees.

Directors who have been in office for five consecutive years must stand down for at least 12 months before being eligible to stand for office again.

The objective is to have a range of appropriate skillsets across fields that are relevant to the Charity's objectives. When recruiting new trustees, consideration is given to the existing trustees' skills and experiences and trustees are sought with the additional skills required. Their appointment is by resolution of the Board of Directors/Trustees following which the required legal documentation is completed.

Trustee Induction and Training

On their appointment, new Trustees are provided with information, in the form of an induction pack, on their role as a Trustee. Ongoing training is provided as required.

Risk Management

The Trustees have conducted their own review of the major risks to which the Charity is exposed, and systems have been established to mitigate those risks.

The main risks identified by the Trustees are currently:

Charity fails to replace funding as grants come to an end or becomes overly reliant on one funder leading to a significant drop in income.

The Trustees are currently reviewing the reserves policy to ensure it is fit for purpose and provides a suitable cushion to protect the Charity from any sudden drop in income.

In addition, towards the end of the financial year the Charity employed a fundraising consultant to assist the Charity in putting together a sustainable funding model.

The Charity fails to comply with relevant accounting/HMRC/other regulations leading to reputational damage and/or punitive fines.

Since the year-end the Charity has employed a sector specialist accounting firm to provide ongoing financial book-keeping, management accounting and financial strategic support to ensure it has access to the right support and stays up to date with relevant requirements.

The Charity fails to provide high quality advice leading to a negative impact on reputation and standing in the sector.

The Charity will only employ accredited counsellors and also invests in clinical supervision for relevant staff to ensure all advice is provided at a consistently high level.

In addition, the Charity invests heavily in training and support for all staff and holds weekly staff meetings to enable a safe space for staff to discuss relevant issues and concerns.

Organisational Structure

SurvivorsUK's Board of Trustees meets every 2 months and is responsible for the strategic direction and policy of the Charity, as well as oversight of the Charity's operations.

Board sub-committees are set up as required to consider specific issues. The day to day running of the Charity is delegated to the Chief Executive who is supported with a FTE of four staff who report to the CEO. The CEO in turn reports to the Chair of Trustees.

Statement of Board of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of income over expenditure for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition the trustees confirm that they are happy that content of the annual review in pages 3 to 10 of this document meet the requirements of both the

Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

Information provided to the independent examiner

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as the trustee is aware, there is no relevant audit information of which the company's independent examiner is unaware; and,
- the trustee has taken all the steps he/ she ought to have taken as a trustee in order to make himself/herself aware of any relevant information and to establish that the company's independent examiner is aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of section 418 of the Companies Act 2006.

Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006.

This report was approved and authorised for issue by the Board of Trustees on 13 December 2019 and signed on its behalf by:



Daniel Mark Carr

Chair of the Board of Trustees

Independent Examiner's Report to the Members of SurvivorsUK

I report to the Trustees on my examination of the accounts of SurvivorsUK (charity number 1077484, company number 03792760) for the year ended 31 March 2019 which are set out on pages 12 to 26.

Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and

consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
2. the accounts do not accord with those records; or,
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or,
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Haines Watts

Shaun Brownsmith FCA

For and on behalf of Haines Watts Chartered Accountants
4 Claridge Court
Lower Kings Road
Berkhamsted
Hertfordshire, HP4 2AF

Date: 18 December 2019

Statement of Financial Activities

Incorporating the Income & Expenditure Account and the Statement of Recognised Gains & Losses
For the year ended 31 March 2019

		Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total Funds 2019 £	Total Funds 2018 £
	Notes				
Income from:					
Donations and legacies	2	67,860	531,463	599,323	505,991
Charitable activities	3	27,482	-	27,482	14,135
Total income		95,342	531,463	626,805	520,126
Expenditure on:					
Raising funds	4 & 5	3,074	-	3,074	40,305
Charitable activities:					
Delivery of counselling and other services	4 & 6	17,559	425,301	442,860	287,785
Awareness raising	4 & 7	4,873	118,051	122,924	83,924
Total expenditure		25,506	543,352	568,858	412,014
Net income/(expenditure) for the year		69,836	(11,889)	57,947	108,112
Transfers between funds	12	-	-	-	-
Net movement in funds		69,836	(11,889)	57,947	108,112
Reconciliation of funds:					
Total funds brought forward	12	248,056	15,250	263,306	155,194
Total funds carried forward	12	317,892	3,361	321,253	263,306

All income from investments was unrestricted as to use in both the current and prior year.

The notes on pages 15 to 26 form part of the financial statements.

Balance sheet

As at 31 March 2019

	Notes	Total Funds 2019 £	Total Funds 2018 £
Fixed assets			
Tangible fixed assets	9	4,549	1,196
Current assets			
Debtors and prepayments	10	144,876	53,080
Cash at bank and in hand		250,694	275,969
		<u>395,570</u>	<u>329,049</u>
Creditors - amounts falling due within one year	11	(78,866)	(66,939)
		<u>316,704</u>	<u>262,110</u>
Net current assets		<u>321,253</u>	<u>263,306</u>
Net assets		<u>321,253</u>	<u>263,306</u>
Funds of the charity			
Restricted funds	12	3,361	15,250
Unrestricted funds:			
General funds	12	317,892	248,056
		<u>317,892</u>	<u>248,056</u>
		<u>321,253</u>	<u>263,306</u>

The notes on pages 15 to 26 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2019, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2019 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of the accounts.

They were approved and authorised for issue by the Board of Trustees on 16 December 2019 and signed on their behalf by:

Daniel Mark Carr

Daniel Mark Carr

Chair of the Board of Trustees

Statement of cash flows

For the year ended 31 March 2019

	Total Funds 2019 £	Total Funds 2018 £
Cash flows from operating activities:		
Net income/(expenditure) for period (as per SOFA)	57,947	108,112
Adjustments for:		
Depreciation charges	751	31
(Increase)/decrease in accounts receivable	(80,389)	(3,872)
(Increase)/decrease in accrued grant income	(9,176)	(26,000)
(Increase)/decrease in prepayments	(2,231)	(2,394)
Increase/(decrease) in accounts payables	(8,135)	10,915
Increase/(decrease) in HMRC and pensions payable	5,950	(2,176)
Increase/(decrease) in accruals	1,190	1,335
Increase/(decrease) in deferred revenue	11,345	9,178
Increase/(decrease) in credit card	1,577	(1,918)
	(79,118)	(14,901)
Net cash used in operating activities	(21,171)	93,211
Cash flows from investing activities:		
Purchase of fixed assets	(4,104)	(1,227)
Net cash used in investing activities	(4,104)	(1,227)
Net cash used in financing activities	-	-
Change in cash and cash equivalents in period	(25,275)	91,984
Cash and cash equivalents at the beginning of the period	275,969	183,985
Cash and cash equivalents at the end of the period	250,694	275,969

Cash and cash equivalents consists of:

	2019 £	2018 £
Cash in hand	250,694	275,969
	250,694	275,969

The notes on pages 15 to 26 form part of the financial statements.

Notes to the financial statements

1. Accounting policies

Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The effect of any event relating to the period ended 31 March 2019, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2019 and the results for the year ended on that date.

The functional currency of the Charity is sterling and amounts in the financial statements are rounded to the nearest pound.

Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment.

Legal status

SurvivorsUK is a charitable company limited by guarantee registered in England & Wales, and meets the definition of a public benefit entity under FRS 102. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity. The registered address is 11 Sovereign Terrace, London, E1W 3HW.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise of unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in note 12 of the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 12 of the financial statements.

Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

Income from charitable activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated proportionate to total direct costs allocated to each project area, as outlined in note 4 of the financial statements.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised other than those purchased using restricted grant funding, which are not capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on a straight-line basis. The useful life used is:

Computer equipment	3 years
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Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

Pensions

The Charity operates several defined contribution pension schemes which are administered by external independent pension providers. Contributions are recognised in the Statement of Financial Activities as they fall due.

Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The annual depreciation charge for property, plant and equipment is sensitive to changes in useful economic lives and residual values of assets. These are reassessed annually.

In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

2. Income from donations and legacies

	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total Funds 2019 £
Grant income	26,000	531,463	557,463
Donations	41,860	-	41,860
	67,860	531,463	599,323
	<i>Unrestricted Funds 2018 £</i>	<i>Restricted Funds 2018 £</i>	<i>Total Funds 2018 £</i>
Grant income	74,000	402,511	476,511
Donations	29,480	-	29,480
	103,480	402,511	505,991

3. Income from charitable activities

	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total Funds 2019 £
Counselling income	26,273	-	26,273
Other income from charitable activities	1,209	-	1,209
	27,482	-	27,482
	<i>Unrestricted Funds 2018 £</i>	<i>Restricted Funds 2018 £</i>	<i>Total Funds 2018 £</i>
Counselling income	14,120	-	14,120
Other income from charitable activities	15	-	15
	14,135	-	14,135

4. Total expenditure

	Direct staff costs 2019 £	Other direct costs 2019 £	Indirect staff costs 2019 £	Other indirect costs 2019 £	Total costs 2019 £
Expenditure on:					
Raising funds	-	2,328	268	478	3,074
Charitable activities					
Delivery of counselling and other services	217,853	117,591	38,567	68,849	442,860
Awareness raising	33,577	59,532	10,705	19,110	122,924
	251,430	179,451	49,540	88,437	568,858
	<i>Direct staff costs 2018 £</i>	<i>Other direct costs 2018 £</i>	<i>Indirect staff costs 2018 £</i>	<i>Other indirect costs 2018 £</i>	<i>Total costs 2018 £</i>
Expenditure on:					
Raising funds	-	28,953	3,892	7,460	40,305
Charitable activities					
Delivery of counselling and					
Delivery of counselling and other services	91,401	115,328	27,792	53,264	287,785
Awareness raising	27,546	32,740	8,105	15,533	83,924
	118,947	177,021	39,789	76,257	412,014

Indirect costs have been allocated based on the proportion of direct costs attributable to each activity.

An analysis of staff costs can be found in note 8.

An analysis of costs of raising funds split between restricted and unrestricted funds can be found in note 5.

An analysis of charitable activities split between restricted and unrestricted funds can be found in notes 6 & 7.

Indirect costs includes:

	Total costs 2019 £	<i>Total costs 2018 £</i>
Staff costs	49,540	39,789
Administrative costs	14,556	12,253
Finance costs	14,315	11,982
Premises costs	26,458	28,325
Other staff costs	19,054	15,125
Governance costs	3,217	1,410
IT costs	10,837	7,161
	137,977	116,045

Governance costs include:

	Total costs 2019 £	<i>Total costs 2018 £</i>
Statutory audit	-	900
Independent examination	900	-
Insurance	605	399
Trustee expenses	192	60
Other	56	51
	1,753	1,410

5. Expenditure on raising funds

	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total Funds 2019 £
Direct other costs	2,328	-	2,328
Indirect costs	746	-	746
	3,074	-	3,074
	<i>Unrestricted Funds 2018 £</i>	<i>Restricted Funds 2018 £</i>	<i>Total Funds 2018 £</i>
Direct other costs	19,753	9,200	28,953
Indirect costs	-	11,352	11,352
	19,753	20,552	40,305

6. Expenditure on delivery of counselling and other services

	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total Funds 2019 £
Direct staff costs	-	217,853	217,853
Direct other costs	-	117,591	117,591
Indirect costs	17,559	89,857	107,416
	17,559	425,301	442,860
	<i>Unrestricted Funds 2018 £</i>	<i>Restricted Funds 2018 £</i>	<i>Total Funds 2018 £</i>
Direct staff costs	-	91,401	91,401
Direct other costs	-	115,328	115,328
Indirect costs	-	81,056	81,056
	-	287,785	287,785

7. Expenditure on awareness raising

	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total Funds 2019 £
Direct staff costs	-	33,577	33,577
Direct other costs	-	59,532	59,532
Indirect costs	4,873	24,942	29,815
	4,873	118,051	122,924

	<i>Unrestricted Funds 2018 £</i>	<i>Restricted Funds 2018 £</i>	<i>Total Funds 2018 £</i>
Direct staff costs	-	27,546	27,546
Direct other costs	-	32,740	32,740
Indirect costs	-	23,638	23,638
	-	83,924	83,924

8. Staff costs

	Total costs 2019 £	<i>Total costs 2018 £</i>
Gross salaries	270,761	144,653
Employer's NIC	23,583	10,518
Employer's pension	6,626	3,565
	300,970	158,736

The average headcount during the year was 9 (2018: 6).

The average number of employees calculated as full-time equivalents during the period was 8 (2018: 5).

No employee received employee benefits of more than £60,000 (2018: NIL).

The total employee benefits paid to key management personnel during the year was £101,946 (2018: £53,973).

9. Tangible fixed assets

Cost

Cost on 1 April 2018
Acquisitions in the year
Cost on 31 March 2019

Computer equipment £	Total fixed assets £
1,227	1,227
4,104	4,104
5,331	5,331

Accumulated depreciation

Accumulated depreciation on 1 April 2018
Charge in the year
Accumulated depreciation on 31 March 2019

31	31
751	751
782	782

Net book value

Net book value on 31 March 2019
Net book value on 1 April 2018

4,549	4,549
1,196	1,196

10. Debtors and prepayments

Accounts receivable
Accrued grant income
Premises deposit
Prepayments

Total 2019 £	<i>Total 2018 £</i>
84,261	3,872
50,176	41,000
3,149	3,149
7,290	5,059
144,876	53,080

Accrued grant income consists of amounts received in the current period from funders that relates to expenditure in the reported financial year.

11. Creditors – amounts falling due within one year

	Total 2019 £	<i>Total 2018 £</i>
Accounts payable	16,873	25,008
Credit card	1,656	79
HMRC payable	8,793	4,297
Pensions payable	1,454	-
Deferred revenue	43,440	32,095
Accruals	6,650	5,460
	78,866	66,939

Deferred revenue consists of:

	Total 2019 £	<i>Total 2018 £</i>
Deferred grant income as at 1st April 2018	32,095	22,917
Amount released to income in the year	(32,095)	(22,917)
Amount deferred in the year	43,440	32,095
Deferred grant income as at 31st March 2019	43,440	32,095

12. Analysis of charity funds

	Balance brought forward 2019 £	Income received in period 2019 £	Resources expended in period 2019 £	Transfers between funds 2019 £	Balance carried forward 2019 £
Unrestricted funds					
General funds	248,056	95,342	(25,506)	-	317,892
	248,056	95,342	(25,506)	-	317,892
Restricted funds					
City Bridge Trust	-	45,000	(45,000)	-	-
Comic Relief	-	30,000	(30,000)	-	-
Henry Smith Foundation	-	37,800	(34,439)	-	3,361
Holistic Trauma Outreach Project	-	32,095	(32,095)	-	-
Kelly Family Charitable Trust	5,000	(5,000)	-	-	-
The London Community Fund	10,250	-	(10,250)	-	-
London Crime Prevention Fund	-	71,004	(71,004)	-	-
Ministry of Justice - Male Rape Support Fund	-	49,901	(49,901)	-	-
Ministry of Justice - Website	-	194,062	(194,062)	-	-
Transformation Fund	-	76,601	(76,601)	-	-
	15,250	531,463	(543,352)	-	3,361
	263,306	626,805	(568,858)	-	321,253

Restricted funds – City Bridge Trust

This is a three-year grant towards the full-time salary of the Director of Clinical Services, therapeutic programme and other costs to support adult male survivors of sexual abuse in the London area.

Restricted funds – Comic Relief

This was a three-year grant towards the counselling support for male survivors of sexual abuse.

Restricted funds – Henry Smith Foundation

This is a three-year grant towards the counselling support for male survivors of sexual abuse.

Restricted funds – Holistic Trauma Outreach Project

This is funding from Westminster City Council for a holistic trauma outreach project.

Restricted funds – Kelly Family Charitable Trust

This was a one-off donation to develop a new initiative to support couples and partners. The funds were returned to

the funder in the current period as the work did not take place.

Restricted funds – The London Community Foundation

This was a twelve-month grant to provide counselling for adult male survivors of sexual violence both in childhood and as adults and was funded via the London Community Fund. It was extended for another three months in April 2018.

Restricted funds – London Crime Prevention Fund

This is a grant towards the counselling support for male survivors of sexual abuse via the Mayors Office for Policing and Crime.

Restricted funds – Ministry of Justice – Male Rape Support Fund

A further one-year grant was awarded in 2017-2018 to continue funding the first male client specific Independent Sexual Violence Advisor in London.

Restricted funds – Ministry of Justice - Website

A further one-year grant was awarded in 2017-2018 to develop and run the National Male Survivor website and information project. This included the delivery of a national emotional support service using digital delivery methods.

Restricted funds – Women and Girl's Network

This is a project co-ordinated by the Women and Girl's Network to support counselling work.

	<i>Balance brought forward 2018 £</i>	<i>Income received in period 2018 £</i>	<i>Resources expended in period 2018 £</i>	<i>Transfers between funds 2018 £</i>	<i>Balance carried forward 2018 £</i>
Unrestricted funds					
General funds	150,194	117,615	(19,753)	-	248,056
	<u>150,194</u>	<u>117,615</u>	<u>(19,753)</u>	<u>-</u>	<u>248,056</u>
Restricted funds					
City Bridge Trust	-	60,000	(60,000)	-	-
Comic Relief	-	30,000	(30,000)	-	-
Kelly Family Charitable Trust	5,000	-	-	-	5,000
The London Community Fund	-	42,500	(32,250)	-	10,250
Ministry of Justice - Male Rape Support Fund	-	49,159	(49,159)	-	-
Ministry of Justice - Website	-	194,063	(194,063)	-	-
Stavros Niarchos Foundation	-	22,917	(22,917)	-	-
Transformation Fund	-	3,872	(3,872)	-	-
	<u>5,000</u>	<u>402,511</u>	<u>(392,261)</u>	<u>-</u>	<u>15,250</u>
	<u>155,194</u>	<u>520,126</u>	<u>(412,014)</u>	<u>-</u>	<u>263,306</u>

Restricted funds – Stavros Niarchos Foundation

This is a one-year grant to build on and increase capacity within existing programmes, namely group counselling which started in January 2018.

13. Analysis of net assets

	Unrestricted funds 2019 £	Restricted funds 2019 £	Total funds 2019 £
Fixed assets	4,549	-	4,549
Current assets	348,769	46,801	395,570
Current liabilities	(35,426)	(43,440)	(78,866)
	317,892	3,361	321,253

	<i>Unrestricted funds 2018 £</i>	<i>Restricted funds 2018 £</i>	<i>Total funds 2018 £</i>
Fixed assets	1,196	-	1,196
Current assets	281,704	47,345	329,049
Current liabilities	(34,844)	(32,095)	(66,939)
	248,056	15,250	263,306

14. Other financial commitments

At 31 March 2019, the Charity had annual future minimum lease payments under non-cancellable operating leases (all for office equipment) as set out below:

	Total 2019 £	<i>Total 2018 £</i>
In one year	20,187	15,116
	20,187	15,116

15. Trustee remuneration

During the year, no Trustee received any remuneration (2018: £NIL). Two members of the Board of Trustees

received reimbursement of travel expenses to meetings totalling £192 (2018: One member totalling £60).

16. Related party transactions

During the year there were no transactions carried out with related parties (2018: £NIL).