

Registered Company No. 07675101 (England and Wales)
Registered Charity No. 1146684

ICENI IPSWICH
ANNUAL REPORT AND ACCOUNTS
YEAR ENDED 31 MARCH 2019

TRUSTEES' ANNUAL REPORT & ACCOUNTS

YEAR ENDED 31 MARCH 2019

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Legal & Administrative Details

Charity Name	:	Iceni Ipswich
Status	:	Company limited by guarantee
Company Number	:	07675101 (England and Wales)
Charity Registration Number	:	1146684
Registered Office & Principal Address	:	74- 78 Foundation Street Ipswich IP4 1BN Tel: 01473 214006

Patron

Sir Michael Bunbury Bt KCVO DL

Trustees (Directors)

Alexander John Scott-Barrett (Chairman)

Inga Lockington

Nigel Bunting (resigned 6 November 2018)

Petra Sharp (see below) (resigned 13 August 2019)

Laurence Bradley

Noel Smith (see below)

At the AGM on 5 November 2018 Petra Sharp and Noel Smith retired by rotation, in accordance with the company's Articles of Association, and were duly re-elected.

Chief Executive

Brian Tobin MBE

Website

www.iceniipswich.org

Independent Examiner

S S Gravener

Scrutton Bland LLP

Fitzroy House

Crown Street

Ipswich

IP1 3LG

Bankers

National Westminster Bank Plc

25 High Street

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Solicitors

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IP1 2AY

CHIEF EXECUTIVE'S REPORT

On behalf of IcenI Ipswich, I am pleased to introduce this annual report for 2018-19. It has been a busy but very successful year, with new initiatives that continue to transform many people's lives. Financial problems remain and whilst we may have difficult times ahead, I am privileged to state that once again IcenI has delivered effective services to more families and children than ever before. We have had a busy programme of events and demand for our services continues to grow which gives us confidence that our services are valued within Ipswich and Suffolk. However, this is tinged with regret that our work is still so very much needed.

The last year has presented many complex challenges in the charity sector and 'charity' has been in the news for the wrong reasons. It has been easy to criticise charities for what appear to be poor practices. We hear about excessive pay of some chief executives, the underhand fundraising tactics of well-known national charities, the huge amounts of donations spent on 'administration' costs, chuggers on every street and the term 'charity fatigue' is being used more often. It's a little tough being tarred with such brushes, however, on the upside IcenI (like the majority of charities) does excellent work. We are staffed by people who work extremely hard, they do not take home huge salaries, neither do they go around moaning about their lot (well not too much!) and how we go about raising funds in these austere times is to be admired. As we move forward, we can play our part in helping to change the perception of many people who are thinking of, or already kindly give to, charitable causes.

Sadly, the financial pressures are hitting small charities hard and further cuts are inevitable; we are already planning how we intend to manage such scenarios. However, we remain steadfast in continuing to provide effective services and opportunities for families and children. I would ask anyone reading this Annual Report to help and support us in any way you can. Through volunteering, or, if you have the means, funding our work, enabling us to run the centre and employ workers who develop and deliver the programmes and activities.

The landscape in which we work continues to evolve with funding streams drying up and competition growing in the pursuit of diminishing funding opportunities. Closer collaboration, and innovation along with sound governance, will play major roles in ensuring IcenI remains a success. If we continue to demonstrate our capabilities and the impact we make, then I believe we will rise to the economic challenges we face.

It is easy to knock parents who misuse substances and whose behaviour impacts negatively on children. However, children are often the 'collateral' damage of poor and chaotic parenting and our work is aimed at working with parents to help them change their behaviour that will provide their children with every opportunity of having a healthy, safe and fulfilling start in life. We know the devastating consequences on children who have been subject to adverse childhood experiences. However, here at IcenI we believe in every person we see, and many are more resilient than given credit for, and they have much to offer. If we don't invest in our children now, then we may well be storing up trouble for later years. It has never been so crucial to give our children the best transition into adulthood; let's hope funders from all sectors see the wisdom in helping IcenI and others prevent our children of today becoming tomorrow's problems.

As we end this year, we remain in choppy financial waters and over the coming year some challenging decisions may have to be made to ensure our sustainability. However, on behalf of the trustees I would like to thank all our stakeholders including funders and partners who are crucial to our success now and in future years. I would like to extend my gratitude to our dedicated staff team, counsellors and volunteers who are committed to meeting the needs of our beneficiaries. Throughout the year they have demonstrated the best traditions of charitable work – commitment, integrity and compassion. My thanks go to them all, particularly those who have given beyond the call of duty over the last 12 months and to the Trustees for their leadership, support and professionalism over the year. As a team they are responsible for delivering the excellent results outlined in this report and their direction will be needed more than ever over the coming years.

Finally, I would like to thank the families and children with whom it is our privilege to work. They keep us true to our core purpose and mission.

Brian Tobin
CEO

TRUSTEES ANNUAL REPORT

The Trustees present their annual report and the financial statements for the year ended 31 March 2019. This report represents a directors' report as required by Section 417 of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 and comply with the Charities Act 2011, the Companies Act 2006, the company's Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), as updated on 1 February 2016.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Iceni Ipswich was incorporated on 20 June 2011 under company number 07675101 (England and Wales) and is a company limited by guarantee. The company became a registered charity on 30 March 2012. The company took over the staff and operations of The Iceni Project (an unincorporated charity) together with that charity's assets, liabilities and commitments on 1 April 2012.

The company is governed by its Memorandum and Articles of Association, as amended by special resolution on 9 March 2012.

The directors of the company are the charity's trustees for the purposes of charity law and throughout this report they are collectively referred to as the trustees. Trustees are recruited in a variety of ways, including introductions from existing trustees and others associated with Iceni Ipswich. A recommendation is then made to the board of trustees, following a meeting with the Chairman and the Chief Executive. Potential trustees will attend a meeting of the board of trustees before appointment. Trustees can be appointed either at a meeting of the board or by the company's members by ordinary resolution at a general meeting.

Trustees are invited to attend a short induction training session and are thereafter encouraged to participate in appropriate training courses. Periodically, trustees participate in strategy workshops which bring together trustees and staff.

The trustees meet on a regular basis in order to review and agree major areas of policy. The role of the board of trustees is principally to:

- ensure that Iceni Ipswich has a clear vision, mission and strategic direction
- monitor and support the Chief Executive in order to achieve these objectives

The day to day running of the charity and the exercise of executive responsibility is delegated by the trustees to the Chief Executive.

The trustees and the executive have joint responsibility for identifying and managing the major risks which are likely to affect the long-term viability of the charity. Where possible, systems and procedures have been introduced to mitigate the potential impact on the charity should those risks materialise. The major risks are considered to be financial in nature. The trustees and executive have continued to seek further grant funding from a variety of sources to ensure that the charity will be able to continue to operate at an appropriate level for the foreseeable future. Efforts have also continued to pursue a diverse mix of funding from local authorities, public bodies and private corporations, donations from individuals, and local fundraising activities.

OBJECTIVES AND ACTIVITIES

The objectives of IcenI Ipswich are as follows:

- to offer care and support to those living in Ipswich and the surrounding area, whose lives have been affected by the misuse of drugs and other forms of addiction, and to promote awareness within the community to prevent an increase in that addiction
- to relieve the needs of families affected by any form of addiction, and to provide them with the help they require to allow family members to become addiction free, and in particular to improve the opportunities for children to fulfil their potential by offering support to allow families to remain together
- to influence policy makers to ensure that national, regional and local strategies on drug addiction and other forms of dependency reflect the evidence-base of what we believe works through promoting the strategic, operational and tactical significance that has emerged from our work and communicating with key decision makers to enable them to see the bigger picture

OUR VISION

Our vision is one of believing in and valuing those families that need our service, that they can be architects of their own futures and that they can engage positively in the process of change that enables them to live fulfilling and healthy lifestyles whilst actively contributing to the communities in which they live.

PUBLIC BENEFIT

The trustees are aware of and have due regard to Charity Commission guidance on public benefit and have taken this into account when designing and delivering services to clients and to the wider public.

ACHIEVEMENTS AND PERFORMANCE

We continue to meet the requirements and agreed outcomes with our funders. This is largely due to the high demand for our services and a willingness of the staff to often exceed their expected caseloads. Funding constraints and the additional demands on our services means we are left with limited options and little room for manoeuvre in relation to introducing new activities to our programme or helping more families who have not yet reached crisis point (Early Intervention). Coupled with the changes to the benefit systems this means we often see families struggle to keep their heads above water and it is these most desperate families on whom we have concentrated our efforts. Early intervention and preventative opportunities remain the most important element of our work, however, we have to be realistic about what we can achieve.

One of the most pleasing successes is the continued increase in demand for our services from families who live in the most deprived neighbourhoods in Ipswich. These are often hard to reach, and the majority of these referrals have been "word" of mouth which means other people are suggesting IcenI to such families. Last year, of the 388 parents who attended IcenI, 94% stated their needs had been met. This is due largely to our philosophy which includes some very distinctive characteristics of our activities that families found to be key to successful interventions -- these include: 'getting', 'keeping' and 'engaging' parents; a strong theory base; more than one method of delivery; and working with both parents and children. Whilst the outcomes requested are largely positive, it is the day to day successes we witness that convinces us that what we do "works". Some may only be small in nature and not measurable, however, simply getting a family onto a programme in the first instance is often a "win".

Partnerships and Collaborative Arrangements

Iceni are aware and deeply committed to working with those who share similar aims. Troubled and vulnerable families are often known to several agencies. However, being everyone's problem but no-one's responsibility means that such families can bounce around the system without their needs being met. Our experience strongly indicates that successful interventions for this client group involve a high degree of collaborative working across agencies. We want to strongly encourage relationships that build on or create new partnerships across different sectors.

Iceni have well developed links with a range of agencies largely because we recognise that the complexity, co-morbidity and longevity of family problems means no single agency will be able to provide all the services. Partnerships are forged using formal contracts or Memorandum of Understandings.

Examples of partnership links include:

- Housing – Referral routes with housing providers aimed at maintaining tenancies, incl. Representation on the hostel liaison group and close links and referral routes with Ipswich Borough Council's housing team.
- Education – Iceni have excellent relationships with Suffolk College and Suffolk University. Referral routes from schools are open and we work with schools where children are struggling to achieve good attendance.
- Employment – Good working relationships have been formed with the Job Centre Plus and Iceni have referral routes with those that provide back to work activities.
- Realise Futures - They deliver courses in self-esteem and confidence building and a mindfulness course on site to our parents.
- Criminal Justice – We fully participate in joint case working of clients with complex needs, including attendance at child-protection case conferences (LSCB), and Multi-Agency Risk Assessment Conferences (MARAC).
- Domestic abuse – Close links and referral pathways related to domestic abuse are well developed with Partner agencies (Lighthouse Women's Aid)
- Sexual abuse (Survivors in Transition) - We have a good referral relationship with SIT who work with adults who were sexually abused as children
- Other providers working in substance misuse - Our partnership with Turning Point ensures smooth referrals are made between us both. They concentrate on supporting those with drug and alcohol issues with a view to helping people into recovery from such substances. Turning Point is the first point-of-contact for the majority of referrals and initial assessments. They identify the most appropriate treatment options and refer to us if there is a need for our services
- Social Care Services - Due to the nature of our work we have developed effective working relationships with Social Workers. Such relationships enable us to advocate on behalf of parents who often struggle to navigate the Social Care System.
- Mental Health - We have a regular number of clients who require specialist mental health support. We have built up good relationships with Mental Health Services and we will advocate on clients' behalf to ensure they receive an appropriate service.
- Other family services- We work with The Ormiston Trust who provide services for our mothers who have previously had children taken into the statutory care system.
- Family Carers - We work with Suffolk Family Carers who are a part of the formal partnership we share with Turning Point. They can offer services to people including children who may be caring for a family member.

Funders, Partners and Supporters

We wish to thank everyone who has supported Iceni Ipswich during the year. Specifically, I would like to thank Pop Chorus who nominated us as their charity of the year. Apart from having great fun and lots of entertaining events, they raised over £17,000 for us, which was a phenomenal effort.

Our work dealing with addiction, domestic abuse and deprivation is not always at the top of people's lists when they are thinking of making donations, so this support is much welcomed. We appreciate donations from local people as this gives us confidence that people do care about improving the lives and communities in which they live and work. The work carried out by Iceni would not have been possible without the dedication and generosity of our supporters and volunteers, and the support from partner organisations with which we work.

Given the tight financial situation affecting us and others, we do not envisage much real change in the activities we will be delivering. There is unlikely to be any new funding of any magnitude that would allow us to introduce new activities of any great scale. We are good at what we do and whilst we remain keen to introduce new and innovative activities, we feel that at this time we will concentrate on delivering an effective and much needed service. So, we will go with 'if it's not broken why try and fix it' philosophy.

FINANCIAL REVIEW

Income for the year amounted to £370,472 (2018: £381,547) and expenditure amounted to £444,018 (2018: £386,852) giving net expenditure for the year of £73,546 (2018: £5,305). Closing fund balances at 31 March 2019 amounted to £133,526 (2018: £207,072) comprising restricted funds of £11,500 (2018: £25,848) and unrestricted funds of £122,026 (2018: £181,224).

Income for the year was very similar to that of the previous year, however expenditure was far higher. This was due to a number of factors, including the cost of relocation during 2018, increased rental and energy costs following the move, expenses incurred during 2018/19 in connection with the running and evaluation of Venta Project sessions (in excess of restricted funding received to support this work) and one off costs included under building expenses, legal and professional fees, and office and running expenses, as it was necessary to replace or renew various items of equipment, fittings and furniture to make full use of the new facilities. Direct relocation costs amounted to £16,207 and these included necessary rectification costs under the terms of the lease governing the charity's occupation of its former premises. There was also a certain amount of duplication in rent payable to both our former landlords and our new landlords covering the period from mid-April 2018 to the end of September 2018, although the charity is grateful for a grant of £7,818 from the former landlords (The Rope Trust) in recognition of Iceni vacating the premises in advance of the lease end date – the £7,818 is included under income and forms part of grants receivable for the year.

Unrestricted income of £197,192 included a grant of £20,000 from Ipswich Borough Council, £7,818 from the Rope Trust (as already mentioned) and grants totalling £6,455 passed on from the Suffolk Community Foundation to support the charity's mainstream work. The charity also benefitted from other donations of around £13,000 (including gift aid tax recoveries) from a number of individual supporters, churches, companies and other organisations. We were also privileged to be chosen as the charity of the year by Pop Chorus, and not only has their fantastic fundraising effort throughout 2018/19 raised well in excess of £16,000 (with more coming in during the early part of 2019/20 – giving a grand total of £17,218) but their involvement with the charity's activities during 2018/19 has enriched the lives of both staff and clients alike. We continued to be contracted by Turning Point during the year, as part of the delivery of the Suffolk Recovery Network, which generated a further £120,000 and this contract continues into 2019/20. We also received £5,250 from Matrix College (for the use of our premises and facilities).

Restricted income of £173,280 comprised further grants of £116,042 from the Big Lottery Fund, in support of our 'Strengthening Families' work, additional grants of £16,500 from the Sir Halley Stewart Trust (in support of our 'Venta Project' work), grants of £25,000 and £12,500 from the Lloyds Bank Foundation and the Henry Smith Charity respectively to help with specific staff salaries during the year, and small grants from Suffolk County Council, the Suffolk Community Foundation, The Rope Trust and Mediterranean Shipping Company to help with equipment costs for Skype working with clients, the running of Freedom Programme courses, and the funding of client activities and support during the year.

Expenditure on charitable activities is detailed under note 6 to the accounts. Apart from the exceptional expenditure already alluded to, most other costs were similar to the level of previous years, in particular salaries, national insurance and pension costs which amounted in total to £282,719 (compared with £280,997 for 2017/18). It is clear, however, that additional income needs to be generated or sourced during the coming year if the charity's activities are to be maintained at their current level, and efforts are continuing to secure additional grant funding, as well as reviewing areas in which costs could be reduced without impacting upon the efficacy of the charity's work.

RESERVES AND FUTURE FUNDING

The trustees have agreed that the charity should aim for a level of unrestricted reserves sufficient to cover normal operating expenses of at least 6 months at any one time. Unrestricted reserves at the end of March 2019 amounted to £122,026, which represents between 3 and 4 months projected operating costs going forward. This is less than the trustees would wish for, however it is anticipated that the charity should have sufficient resources to continue operating for at least 12 months from the date of this report, given the additional efforts currently being made to secure further grant assistance during 2019/20 and beyond, and the possible cost reductions that have been identified should it prove necessary to reduce the charity's outgoings during the coming year. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

PLANS FOR THE FUTURE

The search for additional funding remains a very high priority, given the fact that the grants from the Big Lottery Fund under the current four-year agreement are scheduled to end on 31 August 2020. The charity continues to look at increasing its profile in the local area, and fundraising efforts have been directed at local individuals, businesses and organisations with a view to developing ongoing relationships which will be of real benefit to both IcenI and also to those organisations and their staff. This has already begun to produce useful leads and a few promising connections. The charity's fundraising and business development officer, together with the chief executive, have also been researching new grant possibilities, and this has begun to produce positive results. As part of this exercise, the charity's website presence has been completely redesigned and relaunched, in the expectation that those who access the new website will become more engaged with the charity's work and more likely to support the charity's methods and approach, particularly with respect to the charity's work with local families where an addiction issue causes not only hardship and despair, but also real problems for young children within those families who desperately need our help, in particular the opportunity to develop and mature in a safe environment to allow them to break free from the cycle of poverty, insecurity and uncertainty that so often blights such families.

The charity has now settled into its new premises, and is looking forward to continuing its work in the local area, to pioneer new approaches, and to contribute to the national debate on issues such as drug and alcohol dependence, domestic violence, addictive behaviour, and the affect these have on society as a whole. The charity is also pushing ahead with the development of its 'Venta Project' with additional sessions being run during 2019/20 following the issue of a very positive evaluation report from the University of Suffolk on the results achieved from running the initial pilot sessions during 2018. This seeks to work with male perpetrators of domestic violence who wish to voluntarily address issues of violent, abusive, coercive or controlling behaviour, either as a result of self-referral or referral from the courts or other agencies. As part of this work, the charity is seeking accreditation with RespectUK, a UK domestic abuse membership organisation for those working with perpetrators, male victims and young people's violence in close relationships.

The charity's ongoing work with Turning Point will continue during 2019/20 and we look to maintain this partnership for the foreseeable future, seeking to help to deliver an effective drug and alcohol treatment service within Suffolk, and in particular within Ipswich and the surrounding area. We are also open to developing collaborative working arrangements with organisations and agencies within the local area, in order to further enhance the effectiveness of the service being provided to clients.

RESPONSIBILITIES OF THE TRUSTEES

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law in England and Wales requires the trustees to prepare financial statements each financial year that give a true and fair view of the state of affairs of the charity and of its income and expenditure for that year. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles set out in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue to operate.

The trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and that enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. The trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. In common with many other similar companies, the charity's Articles of Association permit the purchase of insurance designed to indemnify the trustees in accordance with Section 73F of the Companies Act 2006.

This report represents a directors' report as required by Section 417 of the Companies Act 2006, and has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

This report has been approved by the trustees on 9 December 2019 and signed on their behalf by

Alexander Scott-Barrett
Chairman

Noel Smith
Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ICENI IPSWICH

I report to the trustees (who are also the Directors for the purpose of company law) on my examination of the financial statements of IcenI Ipswich ('the charitable company') for the year ended 31 March 2019 as set out on pages 12 to 23.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the trustees of the charitable company you are responsible for the preparation of the financial statements in accordance with the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiners statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales and of the Association of Chartered Certified Accountants, which are two of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- Accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
- The financial statements do not accord with those records; or
- The financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- The financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Continued/.....

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ICENI IPSWICH
(continued)**

Independent examiners statement (continued)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

S S Gravener FCCA, ACA
Scrutton Bland LLP
Fitzroy House
Crown Street
Ipswich
IP1 3LG

13 December 2019

**STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account)
YEAR ENDED 31 MARCH 2019**

	Notes	Unrestricted Funds	Restricted Funds	Total Funds	2018
Income and endowments from:		£	£	£	£
Donations and legacies	2	47,604	-	47,604	51,198
Other trading activities	3	22,094	-	22,094	11,353
Income from investments	4	204	-	204	57
Income from charitable activities	5	127,290	173,280	300,570	318,939
Total		<u>197,192</u>	<u>173,280</u>	<u>370,472</u>	<u>381,547</u>
Expenditure on:					
Expenditure on raising funds		1,089	-	1,089	594
Expenditure on charitable activities	6	255,301	187,628	442,929	386,258
Total		<u>256,390</u>	<u>187,628</u>	<u>444,018</u>	<u>386,852</u>
Net expenditure for the year	7	(59,198)	(14,348)	(73,546)	(5,305)
Net transfers between funds		-	-	-	-
Net movement in funds		(59,198)	(14,348)	(73,546)	(5,305)
Funds at 1 April 2018		<u>181,224</u>	<u>25,848</u>	<u>207,072</u>	<u>212,377</u>
Funds at 31 March 2019		<u><u>122,026</u></u>	<u><u>11,500</u></u>	<u><u>133,526</u></u>	<u><u>207,072</u></u>

The statement of financial activities includes all gains and losses recognised for the above financial year. Comparative figures for the previous year are further analysed by fund type under Note 19 to the financial statements.

**BALANCE SHEET
AS AT 31 MARCH 2019**

	Notes	£	2018 £
Fixed Assets			
Tangible assets	9	6,776	3,860
Current Assets			
Debtors	10	29,562	23,962
Cash at bank and in hand	11	142,501	223,741
		172,063	247,703
Creditors: amounts falling due within one year	12	(45,313)	(44,491)
Net current assets		126,750	203,212
Total net assets		£133,526	£207,072
Funds			
Restricted funds	14	11,500	25,848
Unrestricted funds	13	122,026	181,224
Total charity funds		133,526	207,072

The trustees are satisfied that, for the year ended 31 March 2019, the charity is entitled to exemption from the provisions of the Companies Act 2006 ('the Act') relating to the audit of financial statements for the year by virtue of Section 477, and that no member or members have requested an audit pursuant to Section 476 of the Act.

The trustees acknowledge their responsibilities for ensuring that the charity keeps proper accounting records which comply with the requirements of Section 386 of the Act, and for preparing financial statements which give a true and fair view of the state of affairs of the charity as at 31 March 2019 and of its surplus or deficit for the year in accordance with the requirements of Sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the charity.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) (updated 1 February 2016), (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and in accordance with the special provisions applicable to the small company regime under Part 15 of the Companies Act 2006.

Under Section 454 of the Companies Act 2006, on a voluntary basis, the trustees can amend these financial statements if they subsequently prove to be defective.

Approved by the trustees on 9 December 2019 and signed on their behalf by

Alexander Scott-Barrett
Trustee

Noel Smith
Trustee

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019**

1 ACCOUNTING POLICIES

Basis of accounting

The charity is a public benefit entity as defined by FRS 102: an entity whose primary objective is to provide goods or services for the general public, community or social benefit and where any equity is provided with a view to supporting the entity's primary objectives rather than providing a financial return to equity providers, shareholders or members.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) (updated 2 February 2016) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations, but which has since been withdrawn.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

Income

Income from donations and legacies includes donations, gifts, legacies and grants that provide core funding of a general nature, and is recognised where there is entitlement, and where the receipt is probable, and the amount can be measured with sufficient reliability. Income is deferred if the donor has specified that the grant or donation is intended for use in future accounting periods or has imposed conditions that must be met before the charity has unconditional entitlement.

Income arising from other trading activities includes amounts raised from fundraising activities and events organised by supporters of the charity and by the charity itself, together with rent receivable from sub-letting arrangements in respect of property held on lease by the charity primarily for functional use but which was surplus to operational requirements on certain days.

Income from investments is recognised on a receivable basis.

Income from charitable activities includes amounts receivable under contract together with grants receivable for the provision of specific services or where entitlement to grant funding is subject to specific performance conditions. Grants and donations received to support specific services or programmes are credited to income in the period during which the relevant services are to be provided, provided there is entitlement, probability of receipt and the amount can be measured with sufficient reliability. Income is deferred to the extent that it relates to services to be provided in future accounting periods.

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019**

1 ACCOUNTING POLICIES

Expenditure

Expenditure is accounted for on an accruals basis and is recognised when a liability is incurred.

Expenditure on raising funds includes expenses in organising fundraising events and activities, together with minor fundraising trading expenditure.

Expenditure on charitable activities includes expenditure associated with the care and support of those affected by the misuse of drugs, and by other forms of addiction, and they include both direct costs and support costs relating to these activities. Costs which cannot be directly allocated to particular activities are allocated on a basis consistent with the use of resources.

Costs incurred in connection with the governance of the charity and its assets, and which are primarily associated with constitutional and statutory requirements, are included in expenditure on charitable activities and are further detailed in the notes to the financial statements.

Depreciation

Tangible fixed assets are recognised at cost. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life as follows: -

Fixtures, fittings and equipment	-	20.0% on cost
Computer equipment	-	33.3% on cost

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payment for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges.

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019**

1 ACCOUNTING POLICIES

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Taxation

Iceni Ipswich is a charity within the meaning of the Charities Acts 1993 and 2006 and as such is a charity within the meaning of Part 11, Corporation Tax Act 2010. Accordingly, Iceni Ipswich is potentially exempt from taxation in respect of income or gains received within categories covered by Part 11, Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied exclusively to its charitable purposes.

Restricted Funds

Grants and other income received for specific purposes are credited to restricted funds, and any related expenditure is charged to the relevant fund, subject to the level of funds available. Amounts can be restricted either by conditions imposed by the donor or by the charity itself when raising funds for particular purposes.

Unrestricted funds

Unrestricted funds are available for use at the discretion of the trustees in the furtherance of the general objects of the charity and which have not been designated for other purposes.

Operating Lease Agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.

2 DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2018 £
Grants and donations receivable	47,604	-	47,604	49,198
Legacies	-	-	-	2,000
	<u>£47,604</u>	<u>£-</u>	<u>£47,604</u>	<u>£51,198</u>

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019**

3 INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2018 £
Rent receivable	5,250	-	5,250	6,650
Fund raising activities	16,844	-	16,844	4,703
	<u>£22,094</u>	<u>£-</u>	<u>£22,094</u>	<u>£11,353</u>

4 INCOME FROM INVESTMENTS

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2018 £
Interest received	<u>£204</u>	<u>£-</u>	<u>£204</u>	<u>£57</u>

5 INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2018 £
Grants and fees receivable	127,290	173,262	300,552	307,647
Deferred grants brought forward	-	30,025	30,025	41,317
Deferred grants carried forward	-	(30,007)	(30,007)	(30,025)
	<u>£127,290</u>	<u>£173,280</u>	<u>£300,570</u>	<u>£318,939</u>

Unrestricted grants and fees receivable of £127,290 includes £120,000 (2018: £120,000) relating to contracted services provided as part of the Suffolk Recovery Network, a comprehensive drug and alcohol treatment service within Suffolk. Also included here are amounts receivable for arranging drug testing analysis and reports, together with other services. Restricted grants of £173,262 received in the year includes £116,642 (2018: £113,055) received from the Big Lottery Fund (Reaching Communities).

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019**

6 CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2018 £
Staff salaries, national insurance & pension costs	138,566	144,153	282,719	280,997
Training	2,153	539	2,692	4,026
Conference costs	-	-	-	1,000
Therapy costs	7,346	385	7,731	9,917
Other fees	9,909	11,078	20,987	12,339
Relocation costs	16,207	-	16,207	-
Premises expenses	45,295	9,499	54,794	40,622
Insurance costs	4,045	557	4,602	3,019
Office equipment maintenance	3,394	3,159	6,553	6,606
Communication	8,008	760	8,768	7,966
Travel	2,451	869	3,320	3,115
Project evaluation fees	-	15,000	15,000	-
Independent examination fees	2,632	-	2,632	2,530
Legal and professional fees	2,640	-	2,640	1,127
Affiliation fees & subscriptions	-	-	-	70
Canteen and sundries	6,656	709	7,365	6,848
Advertising & Marketing	325	-	325	1,354
Bank charges	395	-	395	277
Miscellaneous client expenses	774	920	1,694	1,415
Fixtures, fittings and equipment depreciation	1,360	-	1,360	2,434
Computer equipment depreciation	3,145	-	3,145	596
	<u>£255,301</u>	<u>£187,628</u>	<u>£442,929</u>	<u>£386,258</u>

7 NET EXPENDITURE FOR THE FINANCIAL YEAR

Net expenditure for the financial year is stated after charging the following amounts:

	£	2018 £
Depreciation	£4,505	£3,030
Independent examination fees	£2,632	£2,530
Payroll fees	£720	£720
	<u>£7,857</u>	<u>£6,280</u>

No trustee received any remuneration from the charity (2018: £Nil) and no expenses were incurred by or reimbursed to any trustee during the year (2018: £Nil). There were no donations from related parties with conditions. The aggregate amount of donations received without conditions from trustees was £2,820 (2018: £950).

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019**

8 STAFF COSTS

		2018
	£	£
Wages and salaries	261,109	259,790
Social security costs	19,725	20,378
Pension costs (see below)	1,885	829
	<u>£282,719</u>	<u>£280,997</u>
	No.	No.
Average monthly number of employees	<u>11</u>	<u>11</u>

No employees earned in excess of £60,000 during the year. There was no accrued holiday pay at the year end (2018: £Nil). Contributions of £1,885 (2018: £829) have been paid into a defined contribution 'money purchase' pension scheme operated through the National Employment Savings Trust ('NEST'). This commenced on 1 May 2017 and represents a workplace pension scheme. Eligible employees are automatically enrolled into the scheme and are able to opt out if they so wish.

Key management personnel remuneration amounted to £41,000 (2018: £41,000) and comprised the gross salary of the Chief Executive in both years.

9 TANGIBLE FIXED ASSETS

	Fixtures, Fittings and equipment	Computer equipment	Total
	£	£	£
Cost			
At 1 April 2018	15,005	12,847	27,852
Additions	4,288	3,133	7,421
Disposals	(78)	(170)	(248)
	<u>19,215</u>	<u>15,810</u>	<u>35,025</u>
At 31 March 2019			
	<u>19,215</u>	<u>15,810</u>	<u>35,025</u>
Depreciation			
At 1 April 2018	13,801	10,191	23,992
Charge for the year	1360	3,145	4,505
Eliminated on disposals	(78)	(170)	(248)
	<u>15,083</u>	<u>13,166</u>	<u>28,249</u>
At 31 March 2019			
	<u>15,083</u>	<u>13,166</u>	<u>28,249</u>
Net book values			
At 31 March 2019	<u>£4,132</u>	<u>£2,644</u>	<u>£6,776</u>
At 31 March 2018	<u>£1,204</u>	<u>£2,656</u>	<u>£3,860</u>

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019**

10 DEBTORS

		2018
	£	£
Other Debtors	11,528	12,589
Prepayments	15,051	11,189
Accrued income	2,983	184
	<u>£29,562</u>	<u>£23,962</u>

11 CASH AT BANK AND IN HAND

		2018
	£	£
Cash at bank	142,321	223,472
Cash in hand	180	269
	<u>£142,501</u>	<u>£223,741</u>

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

		2018
	£	£
Deferred grant income (see below)	30,007	30,025
Other creditors	8,186	9,353
Accruals	7,120	5,113
	<u>£45,313</u>	<u>£44,491</u>

		2018
	£	£
Deferred grant income at year end relates to:		
Restricted grants (see note 5)	30,007	30,025
	<u>£30,007</u>	<u>£30,025</u>

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019**

13 UNRESTRICTED FUNDS

	1 April 2018 £	Income for year £	Expenditure For year £	31 March 2019 £
General charitable funds	<u>£181,224</u>	<u>£197,192</u>	<u>£(256,390)</u>	<u>£122,026</u>

14 RESTRICTED FUNDS

	1 April 2018 £	Income for year £	Expenditure For year £	31 March 2019 £
Strengthening Families fund	-	116,042	(116,042)	-
Building Capabilities fund	11,500	-	-	11,500
Family support workers fund	-	37,500	(37,500)	-
Venta Project fund	14,348	16,500	(30,848)	-
Client activities and support	-	920	(920)	-
Other restricted funds	-	2,318	(2,318)	-
	<u>£25,848</u>	<u>£173,280</u>	<u>£(187,628)</u>	<u>£11,500</u>

The Strengthening Families fund relates to the charity's mainstream work with families where there is an addiction issue affecting one or more family members. Restricted funding of £116,042 relates to a grant from the Big Lottery Fund (Reaching Communities) which commenced on 1 September 2016 and which has been secured for four years up to 31 August 2020. The grant part-funds the salaries of seven members of staff, together with a proportion of staff training, travel costs, general running expenses and allocated overheads.

The Building Capabilities fund relates to a one-off grant of £15,000 received during a previous year from the Big Lottery Fund, to help IcenI Ipswich improve relevant skills, knowledge and confidence, to improve outcomes to beneficiaries. This has been fully utilised during 2019/20.

The family support workers fund relates to grants received towards family support workers' salaries, national insurance costs and pension costs. Grants received for 2018/19 comprise £25,000 from the Lloyds Bank Foundation, and £12,500 from the Henry Smith Charity.

The Venta Project fund relates to a new programme developed by the charity and involves working with men who behave in a violent, abusive, coercive or controlling way. Two courses were run during 2018, and the results have been evaluated externally by the University of Suffolk. Initial funding of £25,500 was received during 2017/18 (£20,000 from the Suffolk Police and Crime Commissioner's Fund and £5,500 from the Sir Halley Stewart Fund) with a further £16,500 being received from the Sir Halley Stewart Fund in 2018/19.

Grants of £920, received towards the cost of client events and support, have been used to help with the cost of running events and activities for clients and their families and for the provision of support when required. Other restricted grants comprise £1,818 received via the Suffolk Community Foundation to help with the cost of Freedom Programmes run by IcenI, and £500 from Suffolk County Council to pay for equipment to allow IcenI to contact clients via Skype.

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019**

15 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	11,500	11,500
Unrestricted funds	6,776	115,250	122,026
	<u>£6,776</u>	<u>£126,750</u>	<u>£133,526</u>

16 COMMITMENTS

At 31 March 2019 the charity had commitments under non-cancellable operating leases as set out below:

Land and Buildings

		2018
Operating leases which expire:	£	£
Within 12 months	-	15,628
Within 5 to 10 years (see below)	<u>141,151</u>	<u>-</u>

The £141,151 relates to rent payable for periods up to 12 April 2023 in respect of two property leases (one for £30,000 per annum and the other for £5,000 per annum) entered into by the charity during 2018 on premises occupied and used by the charity from June 2018. Both leases commenced on 12 April 2018 and are for a term of 10 years, with the option for the tenant to terminate each lease on the 5th and all subsequent anniversaries up to the 9th anniversary.

Equipment

The charity had commitments of £7,059 in respect of office equipment leases expiring within 2 to 5 years of the year end: £3,966 on a five-year lease for a telephone system, commencing December 2016, and £3,093 on a five-year lease for a printer/copier, commencing July 2017.

17 COMPANY STATUS AND MEMBERS

Iceni Ipswich is a company limited by guarantee and accordingly does not have any share capital. Membership of the company is open to individuals and organisations. The only members are currently the directors of the company, who are also the trustees. The liability of each member is limited to a sum not exceeding £1, this being the amount that each member undertakes to contribute to the assets of the charity in the event of it being wound up while they are a member, or within one year of ceasing to be a member.

18 RELATED PARTY TRANSACTIONS

Other than the donations received from trustees, as detailed under note 7 to the financial statements, there were no related party transactions during the current year.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019
19 SOFA COMPARATIVES

	Unrestricted Funds	Restricted Funds	Total Funds
Income and endowments from:	£	£	£
Donations and legacies	51,198	-	51,198
Other trading activities	11,353	-	11,353
Income from investments	57	-	57
Income from charitable activities	129,006	189,933	318,939
Total	191,614	189,933	381,547
Expenditure on:			
Expenditure on raising funds	594	-	594
Expenditure on charitable activities	210,598	175,660	386,258
Total	211,192	175,660	386,852
Net (expenditure)/income	(19,578)	14,273	(5,305)
Net transfers between funds	-	-	-
Net movement in funds	(19,578)	14,273	(5,305)
Funds at 1 April 2017	200,802	11,575	212,377
Funds at 31 March 2018	£181,224	£25,848	£207,072

The above schedule provides a breakdown of comparative figures in respect of the year ended 31 March 2018 for all amounts shown in the Statement of Financial Activities analysed across fund types.