



Registered charity no. 1152247

*"For when I was hungry, you gave me food, when thirsty, you gave me drink, when naked, you clothed me..." Matthew 25 v35*

**Ealing Soup Kitchen  
Accounts for the year ended 31st December 2018**

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**Ealing Soup Kitchen  
Trustees Review  
Year ended 31st December 2018**

Over the past year, the Trustees of Ealing Soup Kitchen have been formalising our methodologies for how we help someone go from living on the street, to being fit and capable for a normal life.

We can't do everything, and we can't do it for everybody, but what we do is of enormous value to the individuals involved and to the wider community. We provide much more than food. Our services include help and advice, clothing, sleeping bags, haircuts, Oyster cards, showers, entertainment, referrals, medical attention, and perhaps the most valuable of all – a sense of community.

**Methodologies**

At ESK, we provide three types of assistance:



**1. Solutions to End Homelessness**



About 30% of clients at our sessions are rough sleepers.

Where we can, we direct them to emergency shelters, hostels, housing associations, and private landlords that take DSS.

The Ealing Churches Worker With Homeless People, Andrew Mcleay, is the point person for this. When a client approaches him needing a bed, he works with them to try to find a solution.

**2. Combatting Isolation**

Even once people are housed they can feel isolated. It's important to bring them into a community. We are a 'Soup Kitchen', but a high proportion of our clients are not suffering from hunger. Food is a draw to bring people in.



We encourage them to include us as part of a routine. We give them little jobs and get them involved, don't always treat them like 'others'. We give them things that keep them involved with us after they've left, so that the sense of community doesn't end at the door.

**Ealing Soup Kitchen  
Trustees Review (Continued)  
Year ended 31st December 2018**

**3. Empowering our Clients**



A few 'star' clients are now regular volunteers. We give them routines and responsibilities, so that they can begin to believe in themselves as being capable of leading a normal life. For many clients, change is scary, so it has to be slow and gradual. They need to overcome self-doubt, to (re)learn pride, confidence and purpose



We currently help people by sitting with them as they fill in forms, tutoring them, rather than doing it for them. We also host language classes. We'd like to do even more, such as:-

Help clients learn digital skills by finding partners who will teach them.

Tutor them in digital form filling

Give them tasks within the Hubs.

Give them cooking classes.

Build relationships with others doing this sort of work so that we can refer some of our clients to them, such as: City Harvest, Lido Centre, Besom, Job Club



**A Small, Beautiful Army of Volunteers**

Ealing Soup Kitchen is powered not by money or donations, but by our volunteers. We estimate that somewhere between 200 – 250 people are directly involved with ESK.

Donations are always welcome, of course, but without volunteers we're nothing.

Each weekend, a team from a local church provides food on Saturday and Sunday afternoons. There is about 10 people rotating per team, and there are currently seven teams.



Each Friday, we run a drop-in 'Hub' where people can get help and advice, haircuts, showers and clothes. This is run by a rotating team of about a dozen people. In addition, local businesses come and help with teams of about six. We're had ten throughout the year.

**Ealing Soup Kitchen  
Trustees Review (Continued)  
Year ended 31st December**

On Monday evening, we hold an another Hub serving food and often entertainment, providing a greater sense of community and a place to go in the evening away from malign influences. A rotating team of about 30 volunteer for this.



Every week, others donate their time doing fundraising, cooking food, helping us with websites and social media, taking photographs, making films, representing us politically, and more. Every single one of them is invaluable, and we're grateful for every pair of hands that turns up to help.

### **ESK teams**

- Chosen for Christ Ministries
- Ealing Abbey
- Ealing Christian Centre
- Haven Green Baptist Church
- St. Mary's Church
- St. Paul's Church
- St. Stephen's Church

### **Trustees**

- John Carter, *Chair*
- Alan Simpson
- Julian Lloyd, *Treasurer & Secretary*
- Alan Reynolds
- Richard Sarsons
- Jen Whadcoat
- Naomi Rattrey

Jen Whadcoat who instrumental in the start-up of the Trust throughout 2013 and 2014 decided to step down as one of the trustees during 2018 after 5 years of serving the charity.

Naomi Rattrey from St. Stephen's church was appointed to the trustees during 2018 while also taking over leadership of the St. Stephen's team from Andrew and Jen Whadcoat who are still serving in that team.

**Ealing Soup Kitchen  
Independent Examiners Report  
Year ended 31st December 2018**

**Independent examiner's report to the trustees of Ealing Soup Kitchen**

I report on the accounts of the Trust for the year ended 31st December 2018, which are set out on pages 1 to 7.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Name:** Martyn Verity



**Relevant professional qualification or body:** ACCA, CTA

**Address:** 14 Lynton Avenue, West Ealing, W13 0EB

**Date:** 15 October 2019

**Ealing Soup Kitchen  
Income & Expenditure  
Year ended 31st December 2018**

Notes	2018 £	2017 £
<b>INCOME</b>		
Notting Hill School	557.03	-
Haven Green Baptist Church	2,400.00	2,400.00
Bless Community Church	-	380.00
St Stephen's Church	2,600.00	3,315.00
Tudor Trust	2,000.00	-
The Elim Hoare Trust	5,000.00	-
Ealing Abbey	-	3,004.88
St. Paul's	2,500.00	3,000.00
St. John's and St. James	2,600.00	2,600.00
Hope Church	300.00	600.00
West Ealing Trust	4,072.06	-
Fund raising events	1,065.00	3,586.36
Donations from individuals	7,646.68	29,032.99
Gift Aid	-	1,250.00
Bank interest	1.28	0.17
<b>Total Income</b>	<b>30,742.05</b>	<b>49,169.40</b>
<b>EXPENDITURE</b>		
Rent	384.00	384.00
Events for clients	-	325.13
Fund raising events	-	200.00
Cleaning	75.00	75.00
Food and drink	2,746.52	3,336.24
Worker With Homeless People	20,798.27	20,177.70
Equipment	172.99	-
Bulding Work	10,516.00	-
Bank Charges	20.00	-
Hub expenses	10,103.20	5,158.11
Insurance	578.71	561.85
<b>Total Expenditure</b>	<b>45,394.69</b>	<b>30,218.03</b>
Surplus/(Deficit) for the 12 months	(14,652.64)	18,951.37
Balance B/F	42,828.34	23,876.97
Closing funds	<b>28,175.70</b>	<b>42,828.34</b>

**Ealing Soup Kitchen  
Balance Sheet  
Year ended 31st December 2018**

	<b>Notes</b>	<b>2018</b>	<b>2017</b>
		<b>£</b>	<b>£</b>
<b>Assets</b>			
Bank - current account		26,242.21	41,896.13
Bank - reserve account		1,933.49	932.21
<b>Net Assets</b>		<b><u>28,175.70</u></b>	<b><u>42,828.34</u></b>
<b>Financed by</b>			
Balance brought forward		42,828.34	23,876.97
Surplus/Deficit for the year		(14,652.64)	18,951.37
<b>Reserves</b>	<b>1b</b>	<b><u>28,175.70</u></b>	<b><u>42,828.34</u></b>

**Ealing Soup Kitchen**  
**Notes to the Financial Statements**  
**Year ended 31st December 2018**

**1 Accounting Policies**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)) as amended by Update Bulletin 1, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015. The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn. Ealing Soup Kitchen meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

**Reconciliation with previous Generally Accepted Accounting Practice and date of transition**

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required. There has been no necessity to restate the comparatives. The transition date to FRS 102 was 1 January 2014.

**Incoming Resources**

Incoming resources are included in the Statement of Financial Activities (SOFA) when:

1. the ESK receives the resources;

**Expenditure and Liabilities**

Liabilities are recognised as they are paid.

**1b Funds accounting**

Funds held by the ESK are:

*Unrestricted funds* - general funds which can be used for ESK ordinary purposes

*Restricted funds* - a) donations or grants received for a specific object. The funds may only be expended on the specific object for which they were given. Any balance remaining unspent at the end of the year is carried forward as a balance on that fund.