## **Mens Sheds Cardiff Trustees Report**

No trustee received remuneration of any kind and no funds were received from any source.

The performance of the project throughout the year was very encouraging with the number of members increasing significantly. With the influx of new members, it was decided to introduce a formal training programme that involved detailed instruction on all of the machinery in the workshop. Two members undertook a specialist training course the result of which provided the authority to train other trainers with the result that the project now has eight fully trained trainers. Training includes both Health & Safety and machine and tool competence. During the year the project appointed a Health & Safety Officer who had previously performed the same role in industry for many years prior to his becoming a member.

The project is based in a rented workshop where members meet on two evenings each week. The numbers of female members have increased significantly reaching 10% of the total membership. The quality of training has attracted many new members and whilst no publicity is sought regarding the work that is undertaken in the community it is apparent that the reputation of the project is continuing to grow.

The main beneficiaries of the members work include hospitals, schools and individual members of the community. Projects undertaken ranged from the construction of an outdoor classroom to the making of wig stands for patients undergoing treatment at a local cancer hospital. Austerity measures have impacted heavily on a number of facilities used by the public and members have enjoyed their involvement in activities that have been carried out within the workshop and at various outdoor locations.

The project continues to achieve its principal aims one of which is to counter social isolation, it is felt that many more people could benefit if it was possible to increase membership numbers. The rented workshop we currently use restricts member numbers and efforts to establish our own project building that would allow for a much increased membership has so far been unsuccessful, any suitable space that is identified is apparently earmarked for the building of homes at some point in the future. The project has a growing waiting list, but it has been possible to involve those on the list in activities that we carry out away from the workshop. In addition to hospitals and schools we visit beaches where activities include litter picking. Members continue to exclaim the benefits that they derive from the various activities not to mention the satisfaction in being able to help others and the environment.

Mens Sheds Cardiff Financial Return for 2019

Income for the year was nil

Expenditure for the year was nil