

REGISTERED COMPANY NUMBER: 05347772 (England and Wales)
REGISTERED CHARITY NUMBER: 1051578

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended
31 March 2019
for
Birmingham Centre For Arts Therapies**

Locke Williams Associates LLP
Chartered Accountants
Blackthorn House
St Pauls Square
Birmingham
West Midlands
B3 1RL

Birmingham Centre For Arts Therapies

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**Report of the Trustees
for the Year Ended 31 March 2019**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

This report is also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

OBJECTIVES AND ACTIVITIES

Objectives and aims

"BCAT - The Birmingham Centre for Arts Therapies - opened in September 1993 - is setting out to ensure that a quality arts therapies service is established and maintained throughout the Midlands".

In support of this Mission Statement, BCAT aims to:

- Provide a service to assess and facilitate Arts Therapies sessions for clients
- Serve as a resource centre and teaching establishment for the training, education and support of professionals and carers, on both national and international levels
- Provide a practical link between arts therapies and clients / artists in a community setting, in conjunction with arts in health organisations, providing opportunities for arts in health experience programmes for both leaders and participants.

Arts Therapists work with both children and adults who have a wide range of needs, such as those arising from emotional, behavioural or mental health problems and the effects of stress or trauma.

**Report of the Trustees
for the Year Ended 31 March 2019**

OBJECTIVES AND ACTIVITIES

Significant activities

The General Strategy of BCAT during the year has been:

Services to clients:

- To continue to develop, enhance and market a full range of services; to maintain existing and encourage new / increased client base; in particular the development of the Arts in Health aspect of BCAT's work.
- To make every effort to adopt a policy allowing for the subsidy of clients / delegates unable to afford fees involved, or un-supported through other channels, while maintaining its own self-sufficiency and viability as a non-profit-making organisation

Resource Centre and Teaching Establishment:

- To continue to maintain experiential courses, seminars and educational activities, including those initiated by the Arts Therapies Working Group
- To increase awareness of the value of arts therapies, including general training, research and facilities for volunteers and student placements
- To maintain and up-grade as necessary a library of books relevant to these subjects

Provide a Practical Link between arts therapies and clients / artists in a community setting:

- To promote more strategically the organisation as a whole, looking towards collaborative working with local Arts & Health movements, as well as arts therapies organisations.
- To encourage arts graduates and students to participate in leading arts activities with a variety of special needs clients, providing experience for those who wish to understand more about the use of the arts in health and well-being, possibly as preparation for following a training as a professional arts therapist

Capacity Building:

- To ensure all skills and resources are in place to implement and manage the Centre, including in-service training and capacity building opportunities for staff.

Financial:

- To make every effort to maintain financial sustainability

Public benefit

In setting these objectives and aims, the Trustees have given due regard to the guidance published by the Charity Commission on Public Benefit.

**Report of the Trustees
for the Year Ended 31 March 2019**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Therapy

During the year BCAT helped 243 individuals by providing 3,340 client hours of therapy.

This workload meant reaching out to more therapists in all 5 areas, and we are pleased that 45 therapists have now signed up to provide BCAT with a wide pool of talent to call upon.

During the year we started a 3-year National Lottery Community Fund project to provide arts therapy to assist EAL (English as an Additional Language) students. So far around 40 schools and 118 pupils have benefited with some very positive feedback.

The work with Looked After Children, as part of our dealing with Birmingham Virtual Schools continued, as did our work with several local organisations.

During the year we attended various events to both promote and showcase the ways Arts Therapies can assist with issues and this leads to increasing demand from individuals and new organisations for access to our therapy services.

Arts In Health

With the lottery funding we were able to appoint a full-time administrator. Having built the AIH programme up for 2 years, we were delighted that Richard Mole was able to accept the role.

These sessions are run by facilitators who are not therapists (although many take the opportunity to run the sessions as a way of assisting them to decide on a career as a therapist) and 352 workshops took place, up from 198 last year.

Each month a supervision/feedback meeting run by Dr Angela Fenwick is run to provide the facilitators with support.

Following the receipt of grants and community fundraising, the STARZ project for children ran workshop in 27 local libraries, providing much needed support, whilst our STEP-ON project for the elderly continues, both of which are free to users.

Aside from our own projects, the AIH run sessions for local organisations at their own places and last year over 80 groups benefitted. Due to their fund raising, we can offer 4 free sessions to new organisations who believe their clients will benefit.

Not only are these events providing clients and groups with much needed support, they are also expanding the number of organisations that are aware of BCAT, strengthen our community ties and showcase our full range of services.

Conference

Following on from 2018 conference in conjunction with Canterbury Christ Church University and Royal Society for Public Health, planning started on a conference in early 2019 on commissioning.

We were asked by Birmingham City Council Adult Social Care Directorate to work with them on a conference about commissioning, which took place in late 2019.

Other News

In September 2018 we celebrated 25 years as a charity, with the wonderful news that we had secured the lottery grant for the next 3 years.

The main office continues to be operated by a small team of 4 people. During the year Richard moved to full time as the Arts In Health side continues its growth, whilst Mark moved from 2 to 4 days a month as income rose.

With the founder, Dr Angela Fenwick deciding after 25 years it was time to think about her future, Liz took on dealing with all referrals and therapists, whilst Angela continued to keep every-one in order and deal with other administrative requirements.

**Report of the Trustees
for the Year Ended 31 March 2019**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The future of the Friends Institute in which BCAT is located continued to give rise for concern. This building is owned by a charitable trust run by Birmingham City Council who face their own financial challenges and therefore it has become neglected and out-dated.

Having decided that taking on the building in its current state would not be feasible with our current workload, we have continued our active search for possible new premises. Although several options were visited and explored nothing suitable has come up and the council moves to dispose of the building appear to have stalled.

During late 2018 and continuing into 2019 we have been able to re-start the experiential courses for those wishes to learn more about the various therapies, which have been well received.

Fundraising

In common with many charities, we need an effective fund-raising strategy and continuous stream of income from these to continue offering our services.

Raising funds from Grant giving bodies appears to be harder as each year goes by, with more requests being written, trustee visits and requests to show how we are different.

We continue to be grateful to the various bodies, listed elsewhere in this report who generously donate to our work, especially those who have supported us for many years.

Having the lottery grant has enabled us to work with so many schools and organisations, which see the benefits and want to expand the work, but in times of austerity are stretched themselves.

Many grant applications continue to be written and we are developing a partnership scheme for business sponsors.

FINANCIAL REVIEW

Financial review

Income for the year was up 31% to £206,549, driven by the lottery fund grant, as other grant income decreased by 15%, whilst income from sessional fees rose 6%.

Following the sharp rises in expenditure in 2018, due to several changes and investing in the future, we started to reap the benefit with overall expenditure reduced by 7% for the year.

Last year we noted that the shortfall was temporary and planned, due to several changes. This year we are pleased to report that, as expected, a small surplus was recorded.

The finances are reviewed regularly by the trustees with cash flow reports and is a critical part of our forward planning.

Reserves policy

At the 31 March 2019, BCAT had reserves of £46,658, of which £31,575 were held for restricted purposes. Excluding reserves of £718 invested in fixed assets, this leaves £14,365 available as 'free reserves'

We have instigated a reserves policy whereby we aim to keep as unrestricted reserves 10% of our annual turnover. Whilst these remain slightly below target, there has been an improvement this year.

Going concern

There are no material concerns about the charity's ability to continue. The budgeted income and expenditure for the following year is sufficient for the charity to continue as a going concern.

**Report of the Trustees
for the Year Ended 31 March 2019**

FUTURE DEVELOPMENTS

We continue to see an increase in demand for our services from statutory, third sector bodies and individuals.

The Arts in Health continues to expand and from this, clients are being referred to therapy, whilst some on therapy are moving to a local AIH project.

We continue the search for potential new premises, whilst waiting to hear from the council regarding the future of the Friends Institute.

We have recently had a strategic review completed, which highlighted the recent changes, alongside the dedication of all involved in providing services, the high esteem that BCAT is held in by referrers and the substantial benefits clients receive. It was good to get an outside review and whilst this also showed us the challenges we face in certain areas; it has helped the trustees to plan the next period of change.

Finally, the trustees would like to thank Dr Angela Fenwick for her support and dedication to the charity for the past 25 years, to all therapists, admin staff, volunteers, facilitator, funders, statutory bodies who pay for services and other financial contributors. Without your support, BCAT would not have been able to continue to deliver the services and support so needed at this time.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document and charity constitution

The charity is a Charitable Company, Limited by Guarantee. It was opened September 1993, registered as a Charity in December 1993 and became a Company Limited by Guarantee in January 2005.

Recruitment and appointment of new trustees

The directors of the company are also charity trustees for the purposes of charity law. They, together with the Charity Director (Company Secretary), the five Heads of Arts Therapies Departments, other post holders and various volunteers, form the Board of Management.

Trustees and Board Members are recruited from persons showing an interest in the work of the Charity, who are willing on a voluntary basis to offer time to assist in the running of the Charity's affairs. They are also chosen to bring personal and professional skills to the Board. If a particular skill is needed within the Charity on a short-term basis, then a suitable person may be co-opted to the Board as appropriate, especially within the fields of fund-raising and capacity building for BCAT.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05347772 (England and Wales)

Registered Charity number

1051578

Registered office

Blackthorn House
St Pauls Square
Birmingham
West Midlands
B3 1RL

Trustees

P Cornell	
Dr J Clarke	
Ms L Scott	- resigned 9.6.18
L Anthony	
Ms A Martin	- resigned 13.8.18
C van den Broek	- appointed 9.6.18
	- resigned 19.1.19
A M Nicholls	- appointed 8.12.18

The above Trustees are also Directors of the company.

**Report of the Trustees
for the Year Ended 31 March 2019**

REFERENCE AND ADMINISTRATIVE DETAILS

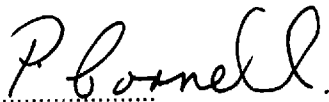
Company Secretary

Dr. A M Fenwick

Independent examiner

Locke Williams Associates LLP
Chartered Accountants
Blackthorn House
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Birmingham
West Midlands
B3 1RL

Approved by order of the board of trustees on20.12.2019..... and signed on its behalf by:



.....
P Cornell - Trustee

**Independent Examiner's Report to the Trustees of
Birmingham Centre For Arts Therapies (Registered number: 05347772)**

Independent examiner's report to the trustees of Birmingham Centre For Arts Therapies ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2019.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

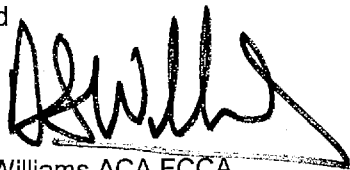
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



David Williams ACA FCCA
Institute of Chartered Accountants in England and Wales
Locke Williams Associates LLP
Chartered Accountants
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West Midlands
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Date: 20/12/19



TRUSTED ACCOUNTING SOLUTIONS

Birmingham Centre For Arts Therapies

**Statement of Financial Activities
for the Year Ended 31 March 2019**

	Notes	Unrestricted fund £	Restricted funds £	31.3.19 Total funds £	31.3.18 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	2,018	109,610	111,628	67,530
Charitable activities	5				
Therapy		54,874	35,116	89,990	76,880
Seminars		2,122	-	2,122	9,940
Room hire		1,545	-	1,545	1,755
Other trading activities	3	444	-	444	1,400
Investment income	4	50	-	50	9
Other income		770	-	770	-
Total		61,823	144,726	206,549	157,514
 EXPENDITURE ON					
Raising funds		-	-	-	80
Charitable activities	6				
Therapy		52,955	126,868	179,823	192,770
Total		52,955	126,868	179,823	192,850
 NET INCOME/(EXPENDITURE)		8,868	17,858	26,726	(35,336)
 RECONCILIATION OF FUNDS					
Total funds brought forward		6,215	13,717	19,932	55,268
 TOTAL FUNDS CARRIED FORWARD		15,083	31,575	46,658	19,932

The notes form part of these financial statements

Birmingham Centre For Arts Therapies (Registered number: 05347772)

**Balance Sheet
At 31 March 2019**

	Notes	31.3.19 £	31.3.18 £
FIXED ASSETS			
Tangible assets	13	718	958
CURRENT ASSETS			
Debtors	14	34,536	21,886
Cash at bank		23,330	2,592
		<u>57,866</u>	<u>24,478</u>
CREDITORS			
Amounts falling due within one year	15	(11,926)	(5,504)
NET CURRENT ASSETS		<u>45,940</u>	<u>18,974</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>46,658</u>	<u>19,932</u>
NET ASSETS		<u><u>46,658</u></u>	<u><u>19,932</u></u>
FUNDS	17		
Unrestricted funds		15,083	6,215
Restricted funds		31,575	13,717
TOTAL FUNDS		<u><u>46,658</u></u>	<u><u>19,932</u></u>

The notes form part of these financial statements

**Balance Sheet - continued
At 31 March 2019**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on20.12.2019..... and were signed on its behalf by:


.....
P Cornell -Trustee

**Notes to the Financial Statements
for the Year Ended 31 March 2019**

Basis of preparing the financial statements

Financial reporting standard 102 - reduced disclosure exemptions

- the requirements of Section 7 Statement of Cash Flows.

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

No amount is included in the financial statements for volunteer time in line with the Charities SORP (FRS 102).

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Expenditure on charitable activities includes:

- Direct costs being directly related therapists fees and travel costs incurred in the performance of the therapy programmes
- Support costs, being those costs that assist the work of the charity but do not directly represent charitable activities and include office premises costs, administrative support costs and governance costs. They are incurred directly in support of expenditure on the objects of the charity.

Where costs can not be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment and furniture	- 25% on reducing balance
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The costs of minor additions or those costing below £500 are not capitalised.

Birmingham Centre For Arts Therapies

Notes to the Financial Statements - continued for the Year Ended 31 March 2019

1. ACCOUNTING POLICIES - continued

Taxation

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	31.3.19	31.3.18
	£	£
Donations	57,456	67,530
Grants	54,172	-
	<u>111,628</u>	<u>67,530</u>

Grants received, included in the above, are as follows:

	31.3.19	31.3.18
	£	£
National Lottery Community Fund	<u>54,172</u>	<u>-</u>

3. OTHER TRADING ACTIVITIES

	31.3.19	31.3.18
	£	£
Fundraising events	<u>444</u>	<u>1,400</u>

4. INVESTMENT INCOME

	31.3.19	31.3.18
	£	£
Deposit account interest	<u>50</u>	<u>9</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.19	31.3.18
		£	£
Therapists sessional fees	Therapy	89,990	76,880
Seminars income	Seminars	2,122	9,940
Room hire income	Room hire	1,545	1,755
		<u>93,657</u>	<u>88,575</u>

Birmingham Centre For Arts Therapies

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2019**

6. CHARITABLE ACTIVITIES COSTS

	Direct costs	Support costs (See note 7)	Totals
	£	£	£
Therapy	<u>132,053</u>	<u>47,770</u>	<u>179,823</u>

7. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Therapy	<u>45,837</u>	<u>1,933</u>	<u>47,770</u>

Support costs, included in the above, are as follows:

Management

	31.3.19	31.3.18
	Therapy	Total activities
	£	£
Administration	21,265	29,988
Meetings	84	62
Print and stationery	1,411	636
Communication	1,236	953
Repairs & renewals	3,085	715
Rent & room hire	15,311	15,137
Travel	-	122
Miscellaneous	3,206	3,946
Depreciation of tangible and heritage assets	239	319
	<u>45,837</u>	<u>51,878</u>

Governance costs

	31.3.19	31.3.18
	Therapy	Total activities
	£	£
Accountancy and legal fees (including independent examination)	<u>1,933</u>	<u>2,053</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.19	31.3.18
	£	£
Depreciation - owned assets	<u>240</u>	<u>319</u>

Birmingham Centre For Arts Therapies

Notes to the Financial Statements - continued for the Year Ended 31 March 2019

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018.

10. STAFF COSTS

	31.3.19 £	31.3.18 £
Wages and salaries	<u>12,188</u>	<u>-</u>

The average monthly number of employees during the year was as follows:

	31.3.19	31.3.18
Project staff	<u>1</u>	<u>-</u>

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	6,260	61,270	67,530
Charitable activities			
Therapy	43,364	33,516	76,880
Seminars	9,940	-	9,940
Room hire	1,755	-	1,755
Other trading activities	1,400	-	1,400
Investment income	9	-	9
Total	<u>62,728</u>	<u>94,786</u>	<u>157,514</u>
EXPENDITURE ON			
Raising funds	80	-	80
Charitable activities			
Therapy	82,630	110,140	192,770
Total	<u>82,710</u>	<u>110,140</u>	<u>192,850</u>
NET INCOME/(EXPENDITURE)	<u>(19,982)</u>	<u>(15,354)</u>	<u>(35,336)</u>

Birmingham Centre For Arts Therapies

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2019**

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward			
As previously reported	28,755	26,513	55,268
Prior year adjustment	(2,559)	2,559	-
As Restated	<u>26,196</u>	<u>29,072</u>	<u>55,268</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>6,214</u></u>	<u><u>13,718</u></u>	<u><u>19,932</u></u>

12. PRIOR YEAR ADJUSTMENT

The prior year adjustment in the comparatives reflected the correction of the allocation of income between funds.

13. TANGIBLE FIXED ASSETS

	Office equipment and furniture £
COST	
At 1 April 2018 and 31 March 2019	<u>6,082</u>
DEPRECIATION	
At 1 April 2018	5,124
Charge for year	<u>240</u>
At 31 March 2019	<u>5,364</u>
NET BOOK VALUE	
At 31 March 2019	<u><u>718</u></u>
At 31 March 2018	<u><u>958</u></u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.19 £	31.3.18 £
Clients sessional fees	30,930	18,314
Other debtors	2,830	2,830
Prepayments and accrued income	776	742
	<u><u>34,536</u></u>	<u><u>21,886</u></u>

Birmingham Centre For Arts Therapies

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2019**

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.19	31.3.18
	£	£
Social security and other taxes	2,706	-
Accruals and deferred income	9,220	5,504
	<u>11,926</u>	<u>5,504</u>

Deferred income

	£	£
At 1 April	-	30,000
Released to the income in the year	-	(30,000)
	<u>-</u>	<u>(30,000)</u>
At 31 March	<u>-</u>	<u>-</u>

Income is deferred where it is subject to the performance of certain terms or conditions. Where these have not been met at the balance sheet date, the income is not recognised in the statement of financial activities.

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund	Restricted funds	31.3.19 Total funds	31.3.18 Total funds
	£	£	£	£
Fixed assets	718	-	718	958
Current assets	26,291	31,575	57,866	24,478
Current liabilities	(11,926)	-	(11,926)	(5,504)
	<u>15,083</u>	<u>31,575</u>	<u>46,658</u>	<u>19,932</u>

Birmingham Centre For Arts Therapies

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2019**

17. MOVEMENT IN FUNDS

	At 1.4.18 £	Net movement in funds £	At 31.3.19 £
Unrestricted funds			
General fund	6,215	8,868	15,083
Restricted funds			
Child Development	(4,068)	5,711	1,643
Adult Subsidy	3,296	(2,965)	331
Brainstorm	224	(157)	67
Aston Cluster	800	-	800
Bumble Bees	(12)	60	48
Elderly Clients' (previously known as the Residential Homes Combined Fund)	227	(132)	95
Arts in Health	656	-	656
Laces Main Commission	5,628	(4,858)	770
EAL (English as an Alternative Language)	6,966	(1,621)	5,345
National Lottery Community Fund	-	21,820	21,820
	<u>13,717</u>	<u>17,858</u>	<u>31,575</u>
TOTAL FUNDS	<u>19,932</u>	<u>26,726</u>	<u>46,658</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	61,822	(52,954)	8,868
Restricted funds			
Child Development	18,421	(12,710)	5,711
Adult Subsidy	14,264	(17,229)	(2,965)
Brainstorm	1,310	(1,467)	(157)
Bumble Bees	1,676	(1,616)	60
Elderly Clients' (previously known as the Residential Homes Combined Fund)	5,856	(5,988)	(132)
Laces Main Commission	33,343	(38,201)	(4,858)
EAL (English as an Alternative Language)	15,684	(17,305)	(1,621)
National Lottery Community Fund	54,173	(32,353)	21,820
	<u>144,727</u>	<u>(126,869)</u>	<u>17,858</u>
TOTAL FUNDS	<u>206,549</u>	<u>(179,823)</u>	<u>26,726</u>

Birmingham Centre For Arts Therapies

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2019**

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.17 £	Net movement in funds £	Transfers between funds £	At 31.3.18 £
Unrestricted Funds				
General fund	28,755	(19,981)	-	6,215
Restricted Funds				
Child Development	1,982	(7,089)	-	(4,068)
Day Centres combined	998	-	(998)	-
Adult Subsidy	1,881	(5,480)	6,895	3,296
Turning Point	390	-	(390)	-
Breaking the Silence	3,029	(1,144)	(1,885)	-
Brainstorm	224	-	-	224
Birmingham & Districty Nursing	5,177	(557)	(4,620)	-
Aston Cluster	800	-	-	800
Bumble Bees	204	(216)	-	(12)
Elderly Clients' (previously known as the Residential Homes Combined Fund)	4,037	(4,808)	998	227
Arts in Health	656	-	-	656
Laces Main Commission	(164)	4,772	-	5,628
EAL (English as an Alternative Language)	7,299	(833)	-	6,966
	<u>26,513</u>	<u>(15,355)</u>	<u>-</u>	<u>13,717</u>
TOTAL FUNDS	<u><u>55,268</u></u>	<u><u>(35,336)</u></u>	<u><u>-</u></u>	<u><u>19,932</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	62,728	(82,709)	(19,981)
Restricted funds			
Child Development	6,974	(14,063)	(7,089)
Adult Subsidy	13,248	(18,728)	(5,480)
Breaking the Silence	109	(1,253)	(1,144)
Birmingham & Districty Nursing	1,050	(1,607)	(557)
Bumble Bees	1,380	(1,596)	(216)
Elderly Clients' (previously known as the Residential Homes Combined Fund)	1,479	(6,287)	(4,808)
Laces Main Commission	60,546	(55,774)	4,772
EAL (English as an Alternative Language)	10,000	(10,833)	(833)
	<u>94,786</u>	<u>(110,141)</u>	<u>(15,355)</u>
TOTAL FUNDS	<u><u>157,514</u></u>	<u><u>(192,850)</u></u>	<u><u>(35,336)</u></u>

Birmingham Centre For Arts Therapies

Notes to the Financial Statements - continued for the Year Ended 31 March 2019

17. MOVEMENT IN FUNDS - continued

RESTRICTED FUNDS - General

General Restricted Funds are those which relate to a specific range of clients who may have a variety of needs:

CHILD DEVELOPMENT FUND

This is a general fund for the purpose of offering subsidies to child / young person clients (up to 25yrs. of age), who are not able to pay the full fees for therapy sessions.

ADULT SUBSIDY GRANT FUND

This fund exists to enable any adult clients (over 25 yrs. of age) to be offered subsidies towards the cost of therapy sessions.

ELDERLY CLIENTS' FUND (previously known as the Residential Homes Combined Fund)

Work has expanded in this category to include clients with dementia, those who have had a stroke, those suffering from Parkinson's Disease and named individual elderly clients.

ARTS IN HEALTH FUND

The Arts Therapies Working Group - this group was originally established to provide therapeutic rather than therapy sessions and has not met or organised any activities during the year. However, during the year, our new project manager continued this aspect of BCAT's work as part of the general work under the Arts In Health banner. It is our intention to close the Working Group and the funds will be put towards specific AIH projects to ensure that the funds are spent in line with the restrictions. These therapeutic sessions are in less formal settings and offer opportunities for leaders who may not wish to train as arts therapists to participate in assisting those with special needs or to find out if this is an area of work they would be interested in pursuing further.

RESTRICTED FUNDS - Specific Projects

Specific Restricted Funds are for monies donated for a specific Project and not for general allocation, i.e.

"BUMBLE-BEES" PROJECT

The money for this fund was originally donated by the Michael Crawford Fund and the Birmingham Hospital Saturday Fund. It has been continued for Dance Movement Therapy with a specific group of clients. Clients' parents donate to the cost of sessions.

LACES FUND

This highly successful fund providing arts therapies specifically for young people in care (foster homes), is funded by Birmingham City Council through the Looked After Children's Education Service (now known as Birmingham Virtual School). More than 100 young people have been referred since the start of the programme.

THE EAL PROJECT (English as an Alternative Language)

This is a new project designed to assist child refugees and migrants who arrive in this country with little or no ability to speak English (Levels 'A' or 'B' on the DfE English Proficiency scales). These clients often have severe trauma from personal experiences through which they have passed. Funding obtained through a Lottery application is being used firstly to assist clients to communicate through the arts in therapy and become more 'at home' in this country and understand their reactions to life trauma. These sessions are then followed by English language teaching sessions.

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2019.