

**REPORT OF THE TRUSTEES AND**  
**RECEIPTS AND PAYMENTS ACCOUNT**  
**FOR THE YEAR ENDED 28 FEBRUARY 2019**  
**FOR**  
**THE GLOBAL NATURAL HEALTH CARE TRUST**

**THE GLOBAL NATURAL HEALTH CARE TRUST**

**CONTENTS**  
**FOR THE YEAR ENDED 28 FEBRUARY 2019**

	Page
<b>Report of the Trustees</b>	1 – 2
<b>Independent Examiners' Report</b>	3
<b>Receipts and Payments Accounts</b>	4
<b>Statement of Assets and Liabilities</b>	5
<b>Notes to the Financial Statements</b>	6-7

**THE GLOBAL NATURAL HEALTH CARE TRUST**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 28 FEBRUARY 2019**

**Reference and Administrative Details of the Charity, its Trustees and Advisers**

Trustees: Annette Montague-Thomas (chairman)  
Beth Harrison  
Philip Proctor  
Diane Dyckhoff  
Daniella Rubio

Charity Correspondent: Annette Montague-Thomas  
58 Fairmantle Street  
Truro  
Cornwall  
TR1 2EG

Independent Examiners': Kerry Kellow  
Belleville  
Trelowth Road  
Polgooth  
St Austell  
Cornwall  
PL26 7BG

Bankers: Barclays Bank plc  
20 Lemon Street  
Truro  
Cornwall  
TR1 2NB

Charity No: 1107629

# **THE GLOBAL NATURAL HEALTH CARE TRUST**

## **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 28 FEBRUARY 2019**

### **Structure, Governance and Management**

The charity is controlled by its governing document, and it has six trustees who are re-appointed annually at the Annual General Meeting.

### **Objectives and Activities**

The objectives of the charity are as follows:

- Promotion of health and relief of sick, ill and disabled people;
- Education of public on all health matters; and
- Conservation of environment where pollution has an effect on health of population.

The activities of the charity are as follows:

- Operation of free advisory clinics;
- Administration of orphan foster care system; and
- Distribution of clothes and food and the provision of transport for the disabled.

### **Achievements and performance**

The charity has achieved a great deal over the years by:

- Establishing a sponsor system;
- Enlarging a 'Foster Care' system;
- Increasing patient capacity in free clinic;
- Establishing a community centre adjacent to clinic;
- Advising and setting up nutrient vegetable plots to aid defective dietary needs; and
- Establishing a new community service for distressed adults and children.

### **Financial review**

The charity's policy on reserves is that where operationally possible, to hold sufficient funds either in liquid investments, cash or realisable assets to meet the immediate contractual obligations of the charity.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Mr Philip Proctor  
Trustee

Dated: 28 Dec 2019

**THE GLOBAL NATURAL HEALTH CARE TRUST**  
**REPORT OF THE INDEPENDENT EXAMINERS TO THE MEMBERS OF**  
**THE GLOBAL NATURAL HEALTH CARE TRUST**  
**FOR THE YEAR ENDED 28 FEBRUARY 2019**

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Kerry Kellow (AAT)  
Belleville, Trelowth Road, Polgooth,  
St Austell,  
Cornwall  
PL26 7BG  
Date: 28 Dec 2019

**THE GLOBAL NATURAL HEALTH CARE TRUST**

**RECEIPTS AND PAYMENTS**  
**FOR THE YEAR ENDED 28 FEBRUARY 2019**

	Unrestricted Funds £	Restricted Funds £	2019 Total £	2018 Total £
<b><u>Receipts</u></b>				
Grants	-	-	-	-
Donations and collections	18,611	-	18,611	24,959
Fundraising	5,167	-	5,167	3,262
Gift aid repayment	4,234	-	4,234	3,954
Charity aid	350	-	350	200
A Montague-Thomas loan	461	-	461	4,225
P Proctor loan	2,500	-	2,500	-
P Francis loan	-	-	-	-
	<hr/> 31,323 <hr/>	<hr/> - <hr/>	<hr/> 31,323 <hr/>	<hr/> 36,600 <hr/>
<b><u>Payments</u></b>				
Grants	13,214	-	13,214	16,243
Fund raising expenses	541	-	541	4,104
Trustees' expenses	96	-	96	99
Motor expenses	1,812	-	1,812	3,141
Travel expenses	7,300	-	7,300	7,605
Office administration	2,792	-	2,792	2,936
Bank charges and interest	14	-	14	35
Accountancy	1,040	-	1,040	960
A Montague-Thomas loan repayment	1,767	-	1,767	-
P Proctor loan repayment	2,500	-	2,500	-
P Francis loan repayment	-	-	-	-
	<hr/> 31,076 <hr/>	<hr/> - <hr/>	<hr/> 31,076 <hr/>	<hr/> 35,123 <hr/>
<b><u>Assets and investment purchase</u></b>				
Computer equipment	-	-	-	-
HP vehicle payments	-	-	-	-
<b>Total payments</b>	<hr/> 31,076 <hr/>	<hr/> - <hr/>	<hr/> 31,076 <hr/>	<hr/> 35,123 <hr/>
<b>Net of receipts/(payments)</b>	247	-	247	1,477
Cash funds last year	1,754	-	1,754	277
<b>Cash funds this year</b>	<hr/> 2,001 <hr/>	<hr/> - <hr/>	<hr/> 2,001 <hr/>	<hr/> 1,754 <hr/>

**THE GLOBAL NATURAL HEALTH CARE TRUST**

**STATEMENT OF ASSETS AND LIABILITIES**

**AT 28 FEBRUARY 2019**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>2019 Total £</b>	<b>2018 Total £</b>
<b>Cash funds</b>				
Cash at bank	2,001	-	2,001	1,754
<b>Total cash funds</b>	<u>2,001</u>	<u>-</u>	<u>2,001</u>	<u>1,754</u>
	<u><u>          </u></u>	<u><u>          </u></u>	<u><u>          </u></u>	<u><u>          </u></u>
<b>Investment assets</b>				
Loan to establish sister charity	-	-	-	879
	<u>-</u>	<u>-</u>	<u>-</u>	<u>879</u>
	<u><u>          </u></u>	<u><u>          </u></u>	<u><u>          </u></u>	<u><u>          </u></u>
<b>Assets retained for the charity's own use - cost</b>				
Computer equipment	1,201	-	1,201	1,441
Fixtures and fittings	1,716	-	1,716	1,995
Motor vehicles	21,000	-	21,000	21,000
	<u>23,917</u>	<u>-</u>	<u>23,917</u>	<u>24,436</u>
	<u><u>          </u></u>	<u><u>          </u></u>	<u><u>          </u></u>	<u><u>          </u></u>
<b>Liabilities</b>				
Loan from founder member and chairman (note 2)	(3,234)	-	(3,234)	(4,540)
Loan from trustee P Proctor	-	-	-	-
Loan from trustee P Francis	-	-	-	-
Hire purchase loan	-	-	-	-
	<u>(3,234)</u>	<u>-</u>	<u>(3,234)</u>	<u>(4,540)</u>
	<u><u>          </u></u>	<u><u>          </u></u>	<u><u>          </u></u>	<u><u>          </u></u>

**THE GLOBAL NATURAL HEALTH CARE TRUST**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AT 28 FEBRUARY 2019**

**1. MOVEMENT IN FUNDS**

	At 1/3/18 £	Net movement in funds £	Transfers between funds £	At 28/2/19 £
<b>Unrestricted funds</b>				
General fund	<u>1,754</u>	<u>247</u>	<u>-</u>	<u>2,001</u>
	1,754	247	-	2,001
<b>Restricted funds</b>				
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>TOTAL FUNDS</b>	<u><u>1,754</u></u>	<u><u>247</u></u>	<u><u>-</u></u>	<u><u>2,001</u></u>

The general fund:

These funds represent the free funds of the charity, which are not designated for particular purpose.

Restricted funds:

None in the current year.



**THE GLOBAL NATURAL HEALTH CARE TRUST**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AT 28 FEBRUARY 2019**

**2. TRANSACTIONS' WITH TRUSTEE'S**

Within the above payments the following were paid in respect of A Montague-Thomas who was a trustee throughout the year:

	<b>2019</b>	<b>2018</b>
Office Administration paid to Ms Montague-Thomas's business	1,917	1,987
Reimbursement of expenses	1,767	-
Trustees' expenses	96	99

During the year Ms A Montague-Thomas loaned the charity £461 for travel and other incidental expenses. The loan balance carried forward at the year end is £3,234 (2018: £4,540) which is repayable to Ms A Montague-Thomas on demand.