

REGISTERED COMPANY NUMBER: 4712486 (England and Wales)
REGISTERED CHARITY NUMBER: 1098399

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019
FOR
RELATE NORTHAMPTONSHIRE**

RELATE NORTHAMPTONSHIRE

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FOR THE YEAR ENDED 31 MARCH 2019**

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RELATE NORTHAMPTONSHIRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The Charity is a company limited by guarantee and is governed by its Memorandum and Articles of Association adopted on the 26th March 2003. Relate Northamptonshire is a constituent of the national organisation, Relate Ltd. The Executive / Management Committee are the governing body of Relate Northamptonshire. The Committee meets four times a year on a quarterly basis to formulate and agree policy. Where necessary, local sub-committees are also formed for specific projects and trustees undertake *delegated responsibilities to ensure that we maximise the effectiveness and efficiency of the Centre*. All trustees of Relate Northamptonshire give their time voluntarily and receive no benefits from the Charity.

Statement of Trustees' Responsibility

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period.

In preparing the financial statements, Trustees have:

- Selected suitable accounting policies and then applied them consistently
- Made judgements and estimates that are reasonable and prudent
- Stated whether applicable accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements
- Prepared the financial statements on the going concerns basis

RELATE NORTHAMPTONSHIRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

OBJECTIVES AND ACTIVITIES

Objectives and Activities

Each year the Trustees review the Charity's objectives and activities and confirm that they have referred to the guidance contained in the Charity Commissions General Guidance on Public Benefit when carrying out this review and in planning future activities.

National research shows that relationship breakdown costs the UK economy over £40billion each year and furthermore that stable relationships make a huge contribution to people's overall health and well-being.

At times of difficulty, support is often necessary, for example, the birth of a child, relationship problems, bereavement, stress at work or retirement from work. Relate offers a complete range of professional, high quality services that support children, young people, adults and families through transitional periods of life and at times of difficulty and support clients to address them before they turn into something which threatens relational breakdown.

Relate is the UK's largest provider of relationship counselling and is the first source of help when people face relationship difficulties. Every year, Relate helps more than 150,000 people of all ages and this work is carried out by a network of 48 Centres in England, Wales and Northern Ireland. As an organisation, we aim to be a preventative service in respect of relationship breakdown, as well as being an organisation which people can turn to in times of crisis. Ultimately, relationships will fare better if people have the skills to see potential problems early on and address them before they turn into something which threatens relational breakdown.

Founded in 1959, Relate Northamptonshire is an independent, registered charity and a member of the national Relate Federation. We continue to support the emotional well-being of the citizens of Northamptonshire by providing counselling, therapy, and advice almost 800 adults, children and young people through the delivery of almost 3600 hours of therapeutic support. Our services include:

- Adult relationship counselling for couples and individuals
- Family counselling
- Counselling for children & young people
- Sex therapy
- Staff Counselling (known as Employee Assist)
- Support for those experiencing domestic violence

Although our activities fall under the above core services, counselling and support takes the shape of many guises including work/life balance problems, stress management, bereavement, anxiety and depression and support for victims of domestic abuse.

RELATE NORTHAMPTONSHIRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

OBJECTIVES AND ACTIVITIES

Review of activities

During the year, we have continued to provide services from Relate's main premises in St. Giles Street, Northampton and at various outreach centres in Kettering, Corby, Rushden, Daventry and Wellingborough.

- We delivered 3,600 hours of work directly to adults, children and young people across the county
- We provided almost 800 initial consultations to new clients
- We provided over 400 hours of support via our Employee Assist service
- Over 50% of all appointments were delivered free at the point of access through grants and donations
- Our wonderful volunteers contributed in excess of 2,000 hours of voluntary support to the organisation
- We continued to develop our partnerships with several local consortia and with the Mental Health Northants Collaboration, of which the Relate CEO is a Trustee
- We continue to measure and evaluate our services through a range of industry standard tools (PHQ9 & YP Core)
- We can continue to offer over half our services free of charge for those in greatest need thanks to our wide range of supporters:
 - **Northamptonshire Community Foundation** continue to support us with a range of grants which have supported women struggling with mental health issues, as well as those moving on from domestic abuse (funding was received from the **Avon Women's Fund** and the **Tampon Tax Community Fund**)
 - **Awards For All** lottery funding was received to support families in need of counselling support
 - **Pixel Fund & Sudborough Foundation** kindly granted us funding to provide counselling for young people across Northamptonshire
 - Both the **Northampton Municipal Church Society** and **Frederick & Phyllis Cann Trust** kindly granted us funding to support adults living in Northamptonshire who needed counselling to improve for their mental wellbeing
 - We continue to support both the **NHFT** and **Corby & Nene CCG** in the delivery of counselling for Northamptonshire residence.

Our staff team

Carolyn Benjamin, CEO oversees the work of the charity with the valuable support of the admin team and the counsellors. Carolyn has ensured the Trustees were well advised on all technical matters facing the Organisation and for implementing the Trustee's policies and decisions on a day to day basis.

On behalf of the Board of Trustees, I express our thanks to Carolyn for her leadership and management of the organisation which has enabled us to reach some of the goals and objectives as detailed in the business plan ahead of time in a challenging environment.

In addition, the Trustees would like to thank the administration and accounts team; our thanks and admiration also go to the team of practitioners many of whom have been in our employ for many years. Finally our thanks and appreciation goes to the team of volunteers who give their time freely and have contributed in excess of 2000 hours to the Charity this year.

FINANCIAL REVIEW

Financial position

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period.

Though total incoming resources of £227,959 were slightly lower than the previous year (2018: £234,413), the charity still made a surplus of £14,108 (2018: £38,924) which will be reinvested into future projects.

At the year end the charity presents a strong balance sheet, with total assets of £798,828 (2018: £793,975).

RELATE NORTHAMPTONSHIRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

FINANCIAL REVIEW

Reserves policy

The Directors and Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should not exceed £50,000. The Management Committee will review the level of reserves at six monthly intervals.

At the year end, total funds amounted to £717,900 (2018: £703,792) of which £701,505 were unrestricted (2018: £699,792). After exclusion of those funds committed or invested in tangible fixed assets, at the balance sheet date, the charity had free reserves of £111,078 (2018: £109,312).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The board of trustees identify further skills required and seek to appoint new members to strengthen the board and where necessary to replace any member who decides not to seek re-appointment. New appointments are considered and agreed by all trustees at a meeting of the board. New trustees are invited to attend a trustee meeting prior to appointment. Following appointment new trustees are inducted into the charity.

Risk management

Trustees are responsible for the management of the risks faced by the Charity. Detailed consideration of the major risks to the charity were reviewed by Trustees and classified under the following headings:

- Funding
- Assets
- Resources Management
- Services and Practice
- Governance

The major risks to which Relate Northamptonshire is exposed were evaluated under the headings of likelihood and impact and appropriate measures established to mitigate those risks. The task of managing and monitoring identified risks is delegated to the CEO or her management team and supported by the Trustees.

Independent Examiners

The examiners appointed for financial year 2018/19 annual review are DNG Dove Naish LLP.

Key Messages for 2019-20

Relate champions the importance of strong and healthy relationships as the basis of a thriving society. Personal and social relationships are important in our everyday lives and are central to our wellbeing. We will continue to provide high quality and relevant counselling services to the residents of Northamptonshire to support them through challenging times and empower them to take control of their relationships and mental wellbeing.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

4712486 (England and Wales)

Registered Charity number

1098399

RELATE NORTHAMPTONSHIRE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2019

REFERENCE AND ADMINISTRATIVE DETAILS

Registered office

St Giles House
76 St Giles Street
Northampton
Northamptonshire
NN1 1JW

Trustees


D J Bull	- resigned 3/12/18
C Harwood	
P Webb	
J Brame	
I Lowery	
M Smith	
P Kaye	
P Dugmore	
D Melville	- appointed 3/9/18
R Attwood	- appointed 3/9/18

Independent examiner

DNG Dove Naish LLP
Chartered Accountants
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 2/12/19 and signed on its behalf by:


.....
M Smith - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RELATE NORTHAMPTONSHIRE

Independent examiner's report to the trustees of Relate Northamptonshire ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2019.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our independent examination work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our independent examination work, for this report, or for the opinions we have formed.



Nicola Fox ACA
DNG Dove Naish LLP
Chartered Accountants
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 3 December 2019

RELATE NORTHAMPTONSHIRE

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2019

		Unrestricted funds £	Restricted funds £	Total 2019 funds £	Total 2018 funds £
	Not es				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	2,287	-	2,287	5,306
Charitable activities	5				
Counselling		118,180	73,368	191,548	162,911
Employee Assist		11,105	-	11,105	34,958
Other trading activities	4	869	-	869	1,002
Other income		<u>22,150</u>	<u>-</u>	<u>22,150</u>	<u>30,236</u>
Total		154,591	73,368	227,959	234,413
 EXPENDITURE ON					
Raising funds		-	-	-	(132)
Charitable activities					
Counselling		<u>151,413</u>	<u>62,438</u>	<u>213,851</u>	<u>195,621</u>
Total		<u>151,413</u>	<u>62,438</u>	<u>213,851</u>	<u>195,489</u>
 NET INCOME		3,178	10,930	14,108	38,924
Transfers between funds	17	<u>(1,465)</u>	<u>1,465</u>	<u>-</u>	<u>-</u>
 Net movement in funds		1,713	12,395	14,108	38,924
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>699,792</u>	<u>4,000</u>	<u>703,792</u>	<u>664,868</u>
 TOTAL FUNDS CARRIED FORWARD		<u>701,505</u>	<u>16,395</u>	<u>717,900</u>	<u>703,792</u>

The notes form part of these financial statements

RELATE NORTHAMPTONSHIRE

STATEMENT OF FINANCIAL POSITION
AT 31 MARCH 2019

		Unrestricted funds £	Restricted funds £	2019 Total funds £	2018 Total funds £
	Notes				
FIXED ASSETS					
Tangible assets	11	672,571	-	672,571	670,817
CURRENT ASSETS					
Debtors	12	5,961	-	5,961	15,371
Cash at bank and in hand		<u>103,901</u>	<u>16,395</u>	<u>120,296</u>	<u>107,787</u>
		109,862	16,395	126,257	123,158
CREDITORS					
Amounts falling due within one year	13	(18,071)	-	(18,071)	(20,738)
NET CURRENT ASSETS		<u>91,791</u>	<u>16,395</u>	<u>108,186</u>	<u>102,420</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		764,362	16,395	780,757	773,237
CREDITORS					
Amounts falling due after more than one year	14	(62,857)	-	(62,857)	(69,445)
NET ASSETS		<u>701,505</u>	<u>16,395</u>	<u>717,900</u>	<u>703,792</u>
FUNDS	17				
Unrestricted funds				701,505	699,792
Restricted funds				<u>16,395</u>	<u>4,000</u>
TOTAL FUNDS				<u>717,900</u>	<u>703,792</u>

The notes form part of these financial statements

RELATE NORTHAMPTONSHIRE

STATEMENT OF FINANCIAL POSITION - CONTINUED
AT 31 MARCH 2019

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 2/12/19 and were signed on its behalf by:



M Smith - Trustee

The notes form part of these financial statements

1. LEGAL FORM

The charity is a company limited by guarantee registered in England and Wales. Its registered office and charity number is as shown on page 4.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency of these financial statements is British Pound Sterling (£).

Critical accounting judgements and key sources of estimation uncertainty

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

2. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on reducing balance

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The directors consider that the individual carrying values of assets are supportable by their value in use.

Depreciation is not charged on the freehold buildings as the residual value is considered to be not less than the carrying value.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of comprehensive income under administrative expenses.

Financial liabilities are classified according to the substance of the contractual arrangements entered into. Where the contractual obligations of financial instruments (including share capital) are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

RELATE NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

3. DONATIONS AND LEGACIES

	2019	2018
	£	£
Donations	<u>2,287</u>	<u>5,306</u>

4. OTHER TRADING ACTIVITIES

	2019	2018
	£	£
Fundraising events	<u>869</u>	<u>1,002</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2019	2018
		£	£
Grants and contracts	Counselling	191,548	162,911
Grants and contracts	Employee Assist	<u>11,105</u>	<u>34,958</u>
		<u>202,653</u>	<u>197,869</u>

Grants received, included in the above, are as follows:

	2019	2018
	£	£
Other	4,907	12,075
Client Contributions - Individual	99,385	81,671
Client Contributions - Corporate	24,608	13,601
Northamptonshire County Council - Employee assist	-	34,662
Daventry District Council - Employee assist	385	897
Northampton Borough Council	2,000	10,618
NHS Nene Commissioning	22,173	34,345
St James' Palace Corby	-	10,000
Sudborough Foundation	5,000	-
The Pixel Fund	5,000	-
Big Lottery Fund	9,945	-
Northamptonshire Community Foundation	13,000	-
Northampton & District Mind	7,600	-
Manna House	<u>8,650</u>	<u>-</u>
	<u>202,653</u>	<u>197,869</u>

6. SUPPORT COSTS

	Management	Finance	Governance costs	Totals
	£	£	£	£
Counselling	<u>33,701</u>	<u>1,955</u>	<u>2,028</u>	<u>37,684</u>

Support costs, included in the above, are as follows:

RELATE NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

6. SUPPORT COSTS - continued

Management

	2019	2018
	Counselling	Total
	£	activities
	£	£
Hire of plant and machinery	1,471	1,769
Rent, rates and service charge	14,573	13,521
Insurance	1,480	1,418
Light and heat	3,498	4,791
Telephone	6,249	6,196
Postage and stationery	900	1,409
Advertising	2,562	1,981
Depreciation of tangible and heritage assets	1,203	610
Mortgage interest	1,765	1,673
	<u>33,701</u>	<u>33,368</u>

Finance

	2019	2018
	Counselling	Total
	£	activities
	£	£
Bank charges	1,347	921
Loss on sale of tangible fixed assets	608	-
	<u>1,955</u>	<u>921</u>

Governance costs

	2019	2018
	Counselling	Total
	£	activities
	£	£
Accountancy fees	<u>2,028</u>	<u>1,836</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2019	2018
	£	£
Depreciation - owned assets	1,201	611
Hire of plant and machinery	1,471	1,769
Deficit on disposal of fixed asset	<u>608</u>	<u>-</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019**8. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018.

Trustees' expenses

During the year no trustees were paid (2018: £Nil) in respect of expenses.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2019	2018
Employees	16	19
Trustees	<u>6</u>	<u>6</u>
	<u>22</u>	<u>25</u>

No employees received emoluments in excess of £60,000.

10. NET INCOME/EXPENDITURE

Net income/(expenditure) is stated after charging/(crediting):

	2019	2018
	£	£
Independent Examiner's remuneration for examination	1,300	1,260
Independent Examiner's remuneration for other services	<u>728</u>	<u>576</u>

11. TANGIBLE FIXED ASSETS

	Freehold property £	Library £	Fixtures and fittings £	Totals £
COST				
At 1 April 2018	668,963	910	32,294	702,167
Additions	-	-	3,563	3,563
Disposals	<u>-</u>	<u>(910)</u>	<u>(3,153)</u>	<u>(4,063)</u>
At 31 March 2019	<u>668,963</u>	<u>-</u>	<u>32,704</u>	<u>701,667</u>
DEPRECIATION				
At 1 April 2018	-	909	30,441	31,350
Charge for year	-	-	1,201	1,201
Eliminated on disposal	<u>-</u>	<u>(909)</u>	<u>(2,546)</u>	<u>(3,455)</u>
At 31 March 2019	<u>-</u>	<u>-</u>	<u>29,096</u>	<u>29,096</u>
NET BOOK VALUE				
At 31 March 2019	<u>668,963</u>	<u>-</u>	<u>3,608</u>	<u>672,571</u>
At 31 March 2018	<u>668,963</u>	<u>1</u>	<u>1,853</u>	<u>670,817</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019**11. TANGIBLE FIXED ASSETS - continued**

No depreciation is charged on the cost of the Charity's Freehold property as in the opinion of the trustees the estimated economic residual value of the property is not less than the value shown in the financial statements.

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Other debtors	2,764	12,156
Prepayments	<u>3,197</u>	<u>3,215</u>
	<u>5,961</u>	<u>15,371</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Bank loans and overdrafts (see note 15)	6,892	6,892
Trade creditors	2,604	1,542
Social security and other taxes	2,615	2,957
Other creditors	2,743	3,701
Accrued expenses	<u>3,217</u>	<u>5,646</u>
	<u>18,071</u>	<u>20,738</u>

14. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2019 £	2018 £
Bank loans (see note 15)	<u>62,857</u>	<u>69,445</u>

15. LOANS

An analysis of the maturity of loans is given below:

	2019 £	2018 £
Amounts falling due within one year on demand:		
Bank loans	<u>6,892</u>	<u>6,892</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>27,568</u>	<u>26,032</u>
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more than 5 years by instalment	<u>35,289</u>	<u>43,413</u>

RELATE NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

16. SECURED DEBTS

The following secured debts are included within creditors:

	2019 £	2018 £
Bank loans	<u>69,749</u>	<u>76,337</u>

The bank loan is secured on the freehold property.

17. MOVEMENT IN FUNDS

	At 1/4/18 £	Net movement in funds £	Transfers between funds £	At 31/3/19 £
Unrestricted funds				
General Fund	699,792	3,178	(1,465)	701,505
Restricted funds				
The Sudborough Foundation	-	5,000	-	5,000
St James' Palace Corby	4,000	(4,000)	-	-
Northampton Borough Council Partnership Fund	-	40	-	40
NHS Nene Commissioning	-	(304)	304	-
Northamptonshire Community Foundation - Avon Female Empowerment Fund	-	(1,161)	1,161	-
Northamptonshire Community Foundation Tampax Tax Fund	-	6,237	-	6,237
The Pixel Fund	-	5,000	-	5,000
Northampton and District Mind	-	118	-	118
	<u>4,000</u>	<u>10,930</u>	<u>1,465</u>	<u>16,395</u>
TOTAL FUNDS	<u>703,792</u>	<u>14,108</u>	<u>-</u>	<u>717,900</u>

RELATE NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	154,591	(151,413)	3,178
Restricted funds			
The Sudborough Foundation	5,000	-	5,000
St James' Palace Corby	-	(4,000)	(4,000)
Northampton Borough Council Partnership Fund	2,000	(1,960)	40
NHS Nene Commissioning	22,173	(22,477)	(304)
Northamptonshire Community Foundation - Avon			
Female Empowerment Fund	3,000	(4,161)	(1,161)
Northamptonshire Community Foundation Tampax Tax Fund	10,000	(3,763)	6,237
Big Lottery Fund	9,945	(9,945)	-
The Pixel Fund	5,000	-	5,000
Northampton and District Mind	7,600	(7,482)	118
Manna House	8,650	(8,650)	-
	73,368	(62,438)	10,930
TOTAL FUNDS	<u>227,959</u>	<u>(213,851)</u>	<u>14,108</u>

Comparatives for movement in funds

	At 1/4/17 £	Net movement in funds £	At 31/3/18 £
Unrestricted Funds			
General Fund	664,868	34,924	699,792
Restricted Funds			
St James' Palace Corby	-	4,000	4,000
TOTAL FUNDS	<u>664,868</u>	<u>38,924</u>	<u>703,792</u>

RELATE NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	221,913	(186,989)	34,924
Restricted funds			
Northampton Borough Council Restricted Grant	2,500	(2,500)	-
St James' Palace Corby	<u>10,000</u>	<u>(6,000)</u>	<u>4,000</u>
	12,500	(8,500)	4,000
TOTAL FUNDS	<u>234,413</u>	<u>(195,489)</u>	<u>38,924</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/17 £	Net movement in funds £	Transfers between funds £	At 31/3/19 £
Unrestricted funds				
General Fund	664,868	38,102	(1,465)	701,505
Restricted funds				
The Sudborough Foundation	-	5,000	-	5,000
Northampton Borough Council Partnership Fund	-	40	-	40
NHS Nene Commissioning	-	(304)	304	-
Northamptonshire Community Foundation - Avon Female Empowerment Fund	-	(1,161)	1,161	-
Northamptonshire Community Foundation Tampax Tax Fund	-	6,237	-	6,237
The Pixel Fund	-	5,000	-	5,000
Northampton and District Mind	-	<u>118</u>	-	<u>118</u>
	-	<u>14,930</u>	<u>1,465</u>	<u>16,395</u>
TOTAL FUNDS	<u>664,868</u>	<u>53,032</u>	<u>-</u>	<u>717,900</u>

RELATE NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	376,504	(338,402)	38,102
Restricted funds			
The Sudborough Foundation	5,000	-	5,000
Northampton Borough Council Restricted Grant	2,500	(2,500)	-
St James' Palace Corby	10,000	(10,000)	-
Northampton Borough Council Partnership Fund	2,000	(1,960)	40
NHS Nene Commissioning	22,173	(22,477)	(304)
Northamptonshire Community Foundation - Avon			
Female Empowerment Fund	3,000	(4,161)	(1,161)
Northamptonshire Community Foundation Tampax Tax Fund	10,000	(3,763)	6,237
Big Lottery Fund	9,945	(9,945)	-
The Pixel Fund	5,000	-	5,000
Northampton and District Mind	7,600	(7,482)	118
Manna House	8,650	(8,650)	-
	<u>85,868</u>	<u>(70,938)</u>	<u>14,930</u>
TOTAL FUNDS	<u>462,372</u>	<u>(409,340)</u>	<u>53,032</u>

The Northampton Borough Council grant was for people living in NN1 to NN7.

The St James' Palace Corby grant was for the delivery of school counselling in Corby.

The Northampton Borough Council Partnership Fund was for delivery of counselling sessions for people residing within Northampton NN1 - NN8 postcodes.

The Northampton and District Mind grant was for delivery of counselling sessions to people living in Northamptonshire and referred by a NHS Mental Health Navigator.

The NHS Nene Commissioning grant was for delivery of counselling sessions to people living in Northamptonshire and referred by the NHS.

The Northamptonshire Community Foundation Avon Female Empowerment Fund was for delivery of counselling sessions to women living in Northamptonshire to provide post-abusive relationship support.

The Northamptonshire Community Foundation Tampax Tax Fund was for delivery of counselling sessions to women from deprived areas within Northamptonshire.

The Big Lottery Fund was for delivery of counselling sessions to families across Northamptonshire.

The Pixel Fund was for delivery of counselling sessions to young people.

The Sudborough Foundation grant was for delivery of counselling sessions to adults living in Northamptonshire.

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2019 or 31st March 2018.