

Report of the Trustees, the examined accounts
for the period 1 September 2018 to 31 August 2019
for Capel Parish Nurses

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Capel Parish Nurses

For the period 1 September 2018 to 31 August 2019

CHARITY INFORMATION as at 4 September 2019

Charity name and number Capel Parish Nurses, Registered Charity 1173638

Trustees

Mr Peter Ellis (Chair) (appointed 30 June 2017)

Mrs Carole Almond (Secretary) (appointed 30 June 2017)

Mrs Gillian Durrant (Treasurer) (appointed 30 June 2017)

No trustees have resigned

Governing Document The charity was formed and registered as a Charitable Independent Organisation on 30 June 2017

Principle Address Capel Methodist Church, The Street, Capel St Mary IP9 2EF

Independent examiner Mr I France
4 Homefield, Capel St Mary IP9 2XE

Report of the trustees of Capel Parish Nurses
for the 1 September 2018 to 31 August 2019

1. Structure, management and governing document

The trustees who held office during the period 30 June 2017 to 31 August 2019 and the governing document are detailed in the charity information on page 2

- a. New trustees are appointed by the existing trustees.
- b. New trustees are inducted by the existing trustee body.

2. Objectives and activities

The main objectives of the charity as set out in the governing document are:

- a. The relief of sickness and the preservation of health, in accordance with a Christian ethos in and around Capel St Mary by the provision of Parish Nurses.

3. Achievements and performance

The main achievements of the charity in the accounting period were:

- a. To pay our Parish Nurse OT to set up and run a Dementia Café using funding received from Suffolk Community Foundation, given by the Dementia Friendly Communities Grant Programme.
- b. To establish a Craft Club aimed at tackling loneliness using specific funding from Suffolk Community Foundation given by East of England Co-op.
- c. Training a volunteer Mental Health Occupational Therapist who is now accredited to Parish Nursing UK.
- d. To maintain our volunteers to work with the Parish Nurses Team and to train a new team to support the work of the Dementia Café.
- e. Serving the community of Capel St Mary by the provision of advocacy support, health education, increasing and maintaining safety and independence within the home and continuing a monthly Hope Hub café to support those with mental health issues.

4. The policy of the trust is to maintain 6 months of expenditure as free reserves.

5. Funds

The reserves from last year included earmarked grants received for specific purposes which were underspent at 31 August 2018. As detailed above these grants have been spent on new initiatives which have become established this year. We are currently in the process of applying for further grant funding to enable these activities to continue.

6. Public Benefit Statement

- a. The trustees have considered the Charity Commissions guidance on public benefits. The trustees are satisfied that the reported activities for the year show that a good level of public benefit is being delivered.

Signed on behalf of the trustees



Date 8.10.2019

Independent Examiner's report to the trustees of Capel Parish Nurses

I report on the accounts for the 1 September 2018 to 31 August 2019

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

Examine the accounts (under section 145 of the Charities Act)

To follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act); and to state whether particular matters have come to my attention.

Basis of the Independent Examiners report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that, in any material respect the requirements

to keep accounting records in accordance with section 130 of the Charities Act

and

to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Date

18. 9. 2019

Mr J I F France, 4 Homefield, Capel St Mary, Ipswich IP9 2XE

Capel Parish Nurses

Receipts and Payments account

For the year ended 31 August 2019

	year to Aug 19 £	year to Aug 18 £
Receipts		
Private Donations & Sponsorship	680.47	1,389.63
Group Donations	120.00	976.13
Donations - Craft Club	252.50	0.00
Grants: Capel Methodist Church	5,000.00	5,000.00
Grants: Golden Sunset Trust	0.00	5,000.00
Grants: Suffolk Community Foundation - Pargiter Trust Fund	0.00	4,887.30
Grants: Suffolk Community Foundation - East of England C-op	0.00	2,500.00
Grants: Suffolk C F - The Dementia Friendly Communities Grant Prog	0.00	1,560.00
Income Tax Refund	0.00	71.80
Gift Aid	323.40	0.00
Total Receipts	<u>6,376.37</u>	<u>21,384.86</u>
Payments		
Salary	9,532.54	7,871.80
Employers Pension Contribution	108.66	0.00
Equipment & Uniform	934.29	926.81
Admin	363.38	96.60
Travel Expenses	277.20	289.17
Training	1,304.85	755.80
PNUK - Membershio + Donation	595.00	527.00
Insurance	615.03	595.28
Advertising	0.00	132.00
Pemises Hire (Dementia Café)	472.50	0.00
Dementia Café Expenses	330.33	0.00
Craft Club Expenses	<u>1,398.96</u>	<u>0.00</u>
Total Expenses	<u>15,932.74</u>	<u>11,194.46</u>
Net of receipts/(payments)	-9,556.37	10,190.40
Cash funds from last yr (<i>in 2018 cash funds from pre charity</i>)	17,214.21	7,023.81
Cash funds this year end	<u>7,657.84</u>	<u>17,214.21</u>